



NOVEMBER 2008

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**TELESERVICE NEEDS YOU!**

**OPEN SHIFTS--**

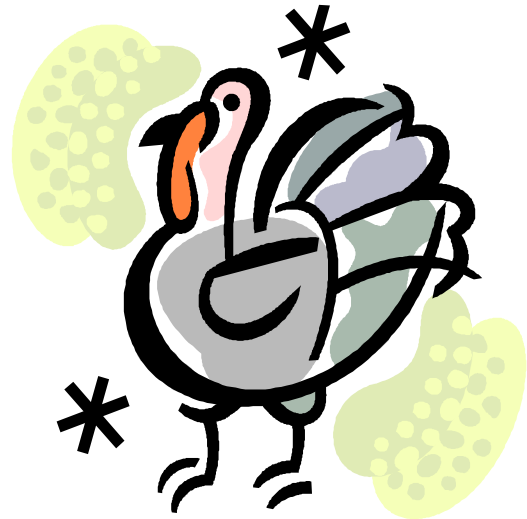
- Tuesday – Midnight to 6am
- Thursday – Midnight to 6am
- Thursday – 5pm to 9pm
- Saturday – Noon to 4pm

**Sobriety requirement is 6 months.  
PLEASE announce at meetings.**

Teleservice is looking for reliable people to do 12-step work when called upon. Please contact Central Office if you want to make yourself available to do 12-step work. We have a waiting list for those folks interested in doing service work. To make yourself available for an open shift on the Teledesk place your name on the shift waiting list by calling Central Office at 454-1771. The Sobriety requirement for shift volunteers and the 12-step list is six months.

Please contact Central Office 916-454-1771, or **Devin G. 916-801-2040 for more information.**

**Gratitude is an Action Word**



**Happy Thanksgiving**



**CENTRAL OFFICE VOLUNTEER SERVICE**

**FLYERS**

NOVEMBER 11TH  
DECEMBER 11th

**BY THE WAY**

NOVEMBER 26TH  
DECEMBER 30th

Central Office would like to have volunteers arrive at 9:00AM on the above dates. Free coffee and donuts are available in exchange for a couple of hours of their time to assist in the monthly mailings. Please call 454-1771 to let us know you plan to attend.

**SERVICE OPPORTUNITIES  
AT THE CCFAA CENTRAL OFFICE**

1. We need volunteers to help with the assembly for mailing of the *Flyers* on: **Tuesday November 11<sup>th</sup>, at 9AM.**
2. We need volunteers to help with the assembly for mailing of the *By the Way* on: **Wednesday November 26<sup>th</sup>, at 9AM.**

**GROUP NEWS – BIRTHDAYS - FLYERS**

We publish *only* annual birthdays in the Birthday Section of the BTW. Groups wishing to submit birthdays of less than one year must include them in the body of their Group News submission. *Soft copy submissions are preferred, especially if you want your item on the website.*

You may fax, e-mail, mail or walk-in your group news, birthdays, or flyers to Central Office. Fax: 916-452-9132. Email: [centraloffice@aaasacramento.org](mailto:centraloffice@aaasacramento.org).

The **Flyer deadline** is 5PM the 10<sup>th</sup> of every month. **We will print your flyers:** Back & white flyers are \$20; Color paper flyers are \$25. Postage is an additional \$12. The **By The Way deadline** is 5PM the *Friday* before the monthly delegates' meeting. **Please include a contact name & phone number with all correspondence.**

**OFFICE OPERATIONS COMMITTEE**

Tuesday November 11<sup>th</sup> at 6:00PM  
9960 Business Park Dr., Suite 110  
Sacramento, CA 95827

**DELEGATE'S MEETING**

Saturday, November 15<sup>th</sup> at 3:00PM  
New Delegates: 2:00PM  
All Delegates: 3:00PM  
2703 El Camino Ave., Sacramento CA

**CNIA Area Committee Meeting**

November 15<sup>th</sup> at 10:00AM  
East Yolo Fellowship  
1040 Soule Street  
West Sacramento, CA

**H&I Monthly Meeting**

November 18<sup>th</sup> at 6:00PM  
Coco's Restaurant  
1830 Arden Way, Sacramento, CA  
(*New Meeting Address*)

**CNIA WINTER ASSEMBLY**

January 17<sup>th</sup> & 18<sup>th</sup>, 2009  
Placerville Fairgrounds  
Contact [DCM@westernsloped22](mailto:DCM@westernsloped22)

*By The Way* is published monthly by the Central California Fellowship of Alcoholics Anonymous, 9960 Business Park Dr. Suite 110, Sacramento, CA 95827. Current subscription rate is \$12.00 per year. Opinions, letters, and stories printed in *By The Way* are not to be attributed to Alcoholics Anonymous, the Central California Fellowship of Alcoholics Anonymous or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.

**GROUP DELEGATES**

Please let us know who you are so we can send your group a **FREE** copy of *By The Way* and the **Flyer mailing** each month. We want to be sure we have up-to-date information about your group meeting location, day, time, and format. CCFAA is here to be of service to you and your group. Does your group have a CCFAA Delegate? Every registered group is entitled to be represented. Your group's participation helps us to do a better job of service to our Alcoholics Anonymous Community. Call us if you would like to know more about the duties and rewards of being a CCFAA delegate.

Please feel free to visit your Central Office.  
9960 Business Park Dr., Suite 110,  
Sacramento, CA 95827

**ALL REGISTERED GROUPS**

Please send us an electronic (soft) copy of your **flyers** so we will be able to put them **on our website.**

Email: [centraloffice@aaasacramento.org](mailto:centraloffice@aaasacramento.org)

**TELESERVICE ACTIVITY REPORT  
September 2008**

|                      | September | YTD  |
|----------------------|-----------|------|
| Telephone Service    |           |      |
| 12 STEP Calls        | 91        | 436  |
| MEETINGS/ INFO Calls | 495       | 4425 |
| TOTAL                | 586       | 4861 |

**TELEDESK ACTIVITY REPORT  
September 2008**

|                      | September | YTD  |
|----------------------|-----------|------|
| Telephone Service    |           |      |
| 12 STEP Calls        | 10        | 46   |
| MEETINGS/ INFO Calls | 472       | 3990 |

**PI/CPC NEEDS YOU!**

MONTHLY MEETINGS EVERY  
2<sup>ND</sup> WEDNESDAY AT 7:00PM  
Citrus Heights City Hall, Kroeger Hall  
6237 Fountain Square Dr. off Greenback

**WEEKLY SPEAKER MEETINGS**

**CAMERON PARK GROUP ~ WHEN:** Every Saturday, 8:00PM to 9:30PM. **WHERE:** Light of the Hills Church, 3100 Rodeo Dr., Cameron Park.

**FOLSOM WAY OF LIFE GROUP ~ WHEN:** Every Thursday, 7:00PM. **WHERE:** Journey Church, 450 Blue Ravine Road, Folsom.

**ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN:** Every Saturday, 8-9:30PM. **WHERE:** 315 Lincoln St., Roseville. Directions: I80 to Riverside; Riverside becomes Vernon; Right on Grant; Left of Oak; Left on Washington under the bridge; Right on Church St.; Right on Lincoln St. There is additional parking in the back. **WHO:** November 1, Rick B. of Sacramento, November 8, Harold of Rio Linda, November 15 Bobby C. of Roseville, November 22 Jeff N. of San Francisco, November 29 Chris R. of Citrus Heights.

**SUNRISE SPEAKER MEETING ~ WHEN:** Every Sunday from 11:00AM-12:00PM. **WHERE:** Sunset No-AI Alano Club, 5809 Gibbons Drive, Carmichael. We have local speakers who inspire and inform. All are welcome.

**MONTHLY SPEAKER MEETINGS**

**ACTION GETS IT GOING ~ WHEN:** Every third Sunday at 7:00PM. **WHERE:** Deterding Park, 1415 Rushden Drive, Sacramento, CA 95864; off Hurley Way at the traffic light between Watt and Morse Avenues.

**AUBURN FELLOWSHIP ~ WHEN:** Every third Saturday at 7:30PM. **WHERE:** 228 Palm Avenue, Auburn, CA 95603.

**DAVIS HOPE GROUP ~ WHEN:** First Saturday of each month at 7:00PM. **WHERE:** St. Martin's Church, 640 Hawthorne at Sycamore, Davis.

**ELK GROVE FELLOWSHIP ~ WHEN:** 3<sup>rd</sup> Saturday of every month. Potluck at 6:30 PM and Speaker at 8:00 PM **WHERE:** Native Sons Hall 9151 Grove St., Elk Grove; corner of Kent and Grove Streets **WHO:** Ted and Annette from Nevada City.

**GALT FELLOWSHIP ~ WHEN:** 1<sup>st</sup> Saturday of every month. Dinner at 6:00PM and Speaker at 7:00PM. **WHERE:** 169 4<sup>th</sup> St., Galt. Our Group will supply the main course; bring your favorite side dish or just yourself and some friends. December 6 dinner is Roast Turkey, speaker is Steve M. of Elk Grove, January 3 dinner is Beef Stew, Speaker is Don R. of Latrobe.

**GROUP ONE ~ WHEN:** Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St., Sacramento.

**HOPE AND SERENITY SPEAKER MEETING ~ WHEN:** First Saturday of the month at 8:00PM. **WHERE:** UC Davis Cancer Center, 4501 X Street, Sacramento. Parking \$2.00 (UCD required). Groups interested in hosting a meeting please contact Harold O. at (916) 991-2709. October speaker is Wayne B. of Santa Monica and the November speaker is Earl H. of Los Angeles.

**MIDTOWN SOLUTIONS GROUP ~ WHEN:** Last Saturday of the month 7:00PM to 8:15PM. **WHERE:** 2903 30th Street. (near Franklin Blvd. & 4th Ave.)

**MONTHLY SPEAKER MEETINGS (cont'd)**

**NEW HOPE GROUP ~ WHEN:** Last Saturday of every month 7PM. **WHERE:** St. Francis Episcopal Church 11430 Fair Oaks Blvd., Fair Oaks

**NORTH HALL GROUP ~ WHEN:** November 15, 2008. **WHERE:** North Hall, 3460 2nd Ave --at the corner of 34th street and 2nd avenue north of Broadway and east of Alhambra. **WHO:** 20 minute speaker is Frank H. and the 40 minute speaker is Bob T. They are both from North Hall.

**NORTH SACRAMENTO GROUP ~ WHEN:** First Saturday of every month 8:00PM. **WHERE:** 2330 Fairfield St., Sacramento, 95814.

**SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN:** 2nd Saturday of every month at 8:00PM. **WHERE:** Centennial Methodist Church, 5401 Freeport Blvd., Sacramento, 1 block North of the intersection of Fruitridge & Freeport Blvd. *November 8* is Mary Ann D. of Yuba City, CA; and *December 13* is Ed V. of Granite Bay, CA. Please join us for dinner with the speaker & committee @ Marie Callender's on Freeport @ 6:00 PM. Please RSVP for the dinner by leaving a message for June M. at 916-543-0003. (Please include your phone number and number of guests.)

**SACYPAA: ~ WHEN:** Saturday October 25<sup>th</sup>, 2008 at 8:00pm. **WHERE:** St Marks United Methodist Church 2391 St. Marks Way, Sacramento. There will be a YPAA-style Halloween costume dance following the speaker meeting. For directions or more information, visit [www.sacypaa.org](http://www.sacypaa.org) or call Jordan at 916-261-2068 or Chelsea at 916-271-2342.

**TRADITIONAL GROUP ~ WHEN:** 4th Sunday of every month at noon. **WHERE:** 2703 El Camino Ave. at Fulton Ave. **WHO:** 10 min. speaker is Jeff S. from Traditional and main speaker is Pat D. from the Phoenix Fellowship.

**NEW MEETINGS NOVEMBER**

**THE SUNRISE SUNSET MEETING: *New meeting in Carmichael Saturdays at 10:00am.*** This is a One hour, Open, Wheelchair accessible, Non-smoking discussion meeting at 5809 Gibbons Drive.

**FRIDAY NIGHT BOOK STUDY: *New meeting in Colfax Fridays at 5:30pm.*** This is a One hour Open book study that is Wheelchair accessible. The meeting is held at the United Methodist Church in the dining hall. The church is located at the corner of West Church and Culver Streets in Colfax.

**GROUP NEWS NOVEMBER**

**BILL'S FRIENDS FELLOWSHIP: *New meeting on Mondays at 660 Florin Road, Saint Anthonys Church.*** This is an Open, Hour, Non-smoking, Wheel-chair accessible meeting.

**COURAGE TO CHANGE:** The current Birthday Chair would like to apologize to the members who celebrated Sept. and Oct. Birthdays that were not recognized.

**OAK PARK FELLOWSHIP: *Effective November 5<sup>th</sup>, the Wednesday meeting will start at 7:00pm instead of 8:00pm.*** This is still an Open, Non-smoking, Handicap accessible, 1 1/2 hour meeting at 39<sup>th</sup> Street and 4<sup>th</sup> Avenue.

**GROUP NEWS NOVEMBER (cont'd.)**

**FOLSOM WEDNESDAY NIGHT GROUP:** *Has moved to Mount Olive Lutheran Church at 320 Montrose Drive, Folsom.* This is still an Open meeting.

**GROUP THREE: Eleventh Step Meditation Meeting on Saturdays from 9:00am to 10:30am.** Instead of a chair, there will be a reading from one of the following: AA Daily Reflections, As Bill Sees It, Came to Believe or Sober Living followed by a 20-minute meditation and discussion.  
8760-D La Riviera Drive (behind Jack in the Box).

**MONDAY NITE CLUB: Meets every Monday Night at 7:00pm** 17<sup>th</sup> and L Street in the Goethe Hall. Birthday night is the last Monday of the month. All are welcome so come and join us for cake and fellowship. Also, a big thank you to our trusted servants that go the extra mile to make our meeting a success!

**ROSEVILLE TUESDAY NIGHT GROUP: Hospitals and Institutions workshop on Saturday December 13<sup>th</sup> from 2:30pm – 4:00pm.** 315 Lincoln Street, Roseville, CA. Spend a couple of hours in fellowship and find out about H&I. We'll provide sodas, water, cookies and snacks. For additional information contact Craig A. (916)344-2566 or Cliff H. (916)295-4742.

**SUNDAY REFLECTIONS: Now meets at 5816 Old Roseville Road.** They will still be meeting Sundays at 4:00pm. This is an Open, Hour meeting. Come join us at the new place!

**SPECIAL EVENTS NOVEMBER**

**ACYPA 2009: 37<sup>th</sup> Annual All California Young People in AA Round-Up. March 12-15, 2009.** Irvine Marriott, 18000 Von Karman, Irvine, CA 92612. 949-533-0100. For more information contact Grace A. 9449-230-9259 or [www.acypaa2009.org](http://www.acypaa2009.org).

**ELK GROVE FELLOWSHIP: Thanksgiving Alkathon, Wednesday November 26<sup>th</sup> to Thursday November 27<sup>th</sup>.** 9151 Grove Street, Elk Grove, CA. Starting at 9:00pm on Wednesday, there will be meetings every 1 ½ hours until Thursday at 9:00pm. It will be a potluck, the main dish is not provided. Please bring a dish to share and join us for some food, fellowship and fun!! Hope to see you there.

**GALT FELLOWSHIP: 37<sup>th</sup> Anniversary Dinner, Speaker Meeting and Dance. Saturday, November 1, 2008.** Doors open at 5:00PM; Roast Beef Dinner served at 5:30PM; Speaker Meeting at 7:00PM, with Addie H. of Pahump, NV.; Dance to follow with music by Antonio. Littleton Civic Center, 123 Civic Dr., Galt. Prizes Galore! 23-inch TV, Leather Bound Big Book; 50/50 Raffle. For more information call: Mary R. 209-748-2698; Richard K. 209-745-7080; John P. 916-687-8104; or Galt AA 209-745-1525. No waiting in line for dinner; a basket will be passed to cover food cost. **Adults Only – No Pets.**

**GALT FELLOWSHIP: Christmas Alkathon! Begins Wednesday, December 24<sup>th</sup> at 7pm** Christmas Eve and goes until December 25<sup>th</sup> at 9pm Christmas Day. One hour meetings with a 15min break in between. Food and snacks will be available throughout the Alkathon. Galt Fellowship is located at 169 4<sup>th</sup> St., Galt.

**GROUP THREE: Thanksgiving Alkathon! Beginning on Wednesday, November 26<sup>th</sup> at 6pm** and going through Thursday, November 27<sup>th</sup> at 8pm. Meetings are every two hours. Bring a favorite dish to share! Located at 8760 La Riviera Dr. right behind the Jack in the Box.

**SPECIAL EVENTS NOVEMBER (cont'd.)**

**NORTH HALL GROUP: Thanksgiving Alkathon! Begins Wednesday, Nov. 26<sup>th</sup> at 8pm** through Thursday Nov. 27<sup>th</sup> 8pm. 1 ½ meetings every 2 hours. Pot luck, so bring a dish to share! 3460 2<sup>nd</sup> Ave. Corner of 35<sup>th</sup> St and 2<sup>nd</sup> Ave. North of Broadway, East of Alhambra Blvd.

**ROSEVILLE MONDAY NIGHT GROUP: 53<sup>rd</sup> Anniversary Speaker Meeting, Dessert Potluck November 17<sup>th</sup>, 2008.** Dessert potluck at 7:00pm, speaker meeting starts at 8pm at 10200 Foothills Boulevard. Speaker will be Jay O. of Lincoln Hills.

**ROUND TABLE AA GROUP: 51<sup>st</sup> Anniversary Celebration, November 10<sup>th</sup> at 7850 Watt Ave. in Antelope.** The potluck will begin at 6:30pm with the speaker meeting following at 8:00pm. All are welcome.

**SIXTY MINUTE SOULUTION GROUP: Traditions Play, Traditions Panel and Potluck, Sunday, November 16, 2008.** St. Francis Church, 11430 Fair Oaks Blvd. Open Meeting, 5:30 – 6:00PM Traditions Play, 6:00 – 7:00PM Potluck, 7:00 – 7:45PM Traditions Panel; 7:45 – 8:00PM Question and Answer. Come see a great play: Ask questions of experienced panel. Ask lots of questions! Learn more about our traditions! Bring yummy food to share!

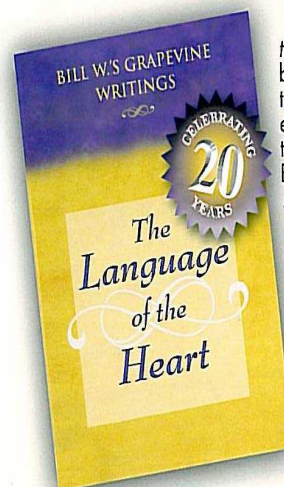
**SPRING FLING 2009:** Visit the Spring Fling website for a list of positions and sobriety requirements.

**TRADITIONAL GROUP: Thanksgiving Alkathon! Beginning at 6pm on Wednesday November 26<sup>th</sup>,** and going through 8pm on Thanksgiving day. Meetings will be held every two hours on the even hour. Bring your favorite snack and join us for fellowship, food, and fun!

**WACYPA XII: Western Area Conference in Reno, NV!! Friday, January 2, 2009.** Banquet, Guest Speaker and Dance. Grand Sierra Resort and Casino, 2500 E. Second St. Reno, NV 89595. [www.grandsierraresort.com](http://www.grandsierraresort.com). For more information contact Scott C. 775-443-5414, Ray H. 775-746-6315 or [www.wacypaaXII.org](http://www.wacypaaXII.org).

**Language of the Heart Celebrates 20 Years...**

*Because of our kinship in suffering, our channels of contact have always been charged with the language of the heart. –Bill W.*



The publication of *The Language of the Heart* in 1988 brought together for the first time virtually every article written for the AA Grapevine by Bill W., co-founder of Alcoholics Anonymous.

Bill W.'s insights are timeless reminders of what it used to be like, what happened and what it is like now, and illuminate the present with the wisdom of AA's experience in its first thirty years.

**November Book of the Month Selection**



# BIRTHDAYS NOVEMBER



## BIRTHDAY CLUB

Jan V. 33 yrs,  
Fritz H. 32 yrs,  
Ann C. 25 yrs,  
Dale M. 25 yrs,  
Larry W. 15 yrs,  
John Q. Jr. 14 yrs

## LATE SUBMISSIONS:

**Kimberly F. 20 yrs**



## CITRUS HEIGHTS GROUP:

Dodie O. 11 yrs, Dave H. 8 yrs,  
John J. 3 yrs, Lily T. 5 yrs,  
Pete A. 5 yrs

## CORDOVA GOOD MORNING GROUP:

Peter L. 1 yr

## COURAGE TO CHANGE:

Richard K. 34 yrs, Shirley B. 22 yrs,  
Susan W. 21 yrs, Nancy W. 10 yrs,  
Jeremy S. 1 yr.

## DAILY ATTITUDE ADJUSTMENT:

Elizabeth R. 23 yrs, Gary B. 8 yrs,  
Bob W. 5 yrs, Pedro 5 yrs,  
Deborah W. 2 yrs, Peter T. 1 yr

## DAVIS FRIDAY NOON GROUP:

Phyl 15 yrs, John McC. 5 yrs

## EAST YOLO FELLOWSHIP:

Michelle V. 26 yrs, Ralph V. 26 yrs,  
Tim S. 22 yrs, Larry S. 19 yrs,  
Joe O. 18 yrs, Pete C. 16 yrs,  
Victor L. 15 yrs, Daren D. 13 yrs,  
Fernando O. 12 yrs, Mike S. 12 yrs,  
Stephanie B. 9 yrs, Trish T. 9 yrs,

## EAST YOLO FELLOWSHIP (cont):

Alyn P. 8 yrs, Mickey F. 8 yrs,  
Travis S. 8 yrs, John W. 7 yrs,  
Albert M. 5 yrs, Kevin G. 5 yrs,  
Vicki A. 4 yrs, John R. 4 yrs,  
Ron M. 4 yrs, Marcus D. 4 yrs,  
Tina S. 1 yr, Jason G. 1 yr

## ELK GROVE FELLOWSHIP:

Karen M. 32 yrs, Sarah J. 23 yrs,  
Teresa D. 17 yrs, Chuck A. 13 yrs,  
Dan W. 13 yrs, Nonie S. 13 yrs,  
Dallas T. 12 yrs, Andrea G. 4 yrs,  
Kris R. 3 yrs, Dan D. 2 yrs,  
Kenny C. 2 yrs, Angie T. 1 yr,  
David G. 1 yr, Heather H. 1 yr,  
Richard H. 1 yr, Tammy M. 1 yr

## GALT FELLOWSHIP:

Chuck L. 23 yrs, Sarah J. 23 yrs,  
Ken 8 yrs, Brian M. 5 yrs, Lea R. 2 yrs,  
Dudley 1 yr

## GIBBONS NOON:

Richard 34 yrs,  
Charlene W. 20 yrs,  
Maureen P. 17 yrs, Mike R. 13 yrs,  
Richard L. 12 yrs, Larry M. 11 yrs,  
Tracy 11 yrs, Ali R. 8 yrs,  
Paul R. 6 yrs, Larry H. 5 yrs,  
Pete A. 5 yrs, Angie S. 4 yrs,  
Matt M. 3 yrs, Kevin T. 1 yr,  
James N. 1 yr, Blain 1 yr

## GROUP THREE:

Sandy M. 33 yrs, Rose V. 32 yrs,  
Leo M. 30 yrs, Michael G. 30 yrs,  
Judee W. 27 yrs, Cynthia R. 22 yrs,  
Pete W. 22 yrs, Mark M. 22 yrs,  
Craig C. 22 yrs, Dorian G. 22 yrs,  
Katherine G. 21 yrs, Judith B. 21 yrs,  
Tim S. 21 yrs, Janet B. 20 yrs,  
Steven K. 18 yrs, Patrick D. 17 yrs,  
Gwen R. 17 yrs, Mary B. 16 yrs,  
James D. 16 yrs, Djuana F. 16 yrs,  
Joan R. 15 yrs, Teresa G. 15 yrs,  
Terri C. 14 yrs, Myra B. 14 yrs,  
Jeff O. 13 yrs, Bobby D. 13 yrs,  
Allyson C. 13 yrs, Randy B. 12 yrs,  
John B. 12 yrs, Criss W. 11 yrs,  
John V. 11 yrs, Jeff S. 11 yrs,  
Bob R. 11 yrs, Bruce R. 11 yrs,  
Shar G. 11 yrs, Tim F. 11 yrs,  
Jon C. 11 yrs, Reid C. 11 yrs,  
David A. 11 yrs, Wayne W. 10 yrs,  
Syndi T. 10 yrs, Gerry S. 10 yrs,  
Brent P. 10 yrs, Steve K. 10 yrs,  
Geri C. 10 yrs, Laura G. 10 yrs,  
Devon G. 10 yrs, Ralph B. 10 yrs,  
Andrea W. 9 yrs, Theresa S. 9 yrs,  
Carla S. 9 yrs, Darleen O. 9 yrs,  
Jack H. 9 yrs, Michael C. 9 yrs,  
David B. 9 yrs, Bill B. 8 yrs,  
Bianca F. 8 yrs, Tim H 8 yrs.  
Julie R. 8 yrs, Julie S. 8 yrs,  
Cathie S. 8 yrs, Henry S. 8 yrs,  
Gayle C. 7 yrs, Paula C 7 yrs,  
Tony C. 7 yrs, Larry L. 7 yrs,  
Angela S. 7 yrs, Tom S. 7 yrs,

## GROUP THREE (cont):

Tyrone W. 7 yrs, Beverly W. 7 yrs,  
Deana C. 6 yrs, Michael B. 6 yrs,  
Spencer G. 6 yrs, Troy M. 6 yrs,  
Steve P. 6 yrs, Dave R. 6 yrs,  
Fhofl S. 6 yrs, Vickie S. 6 yrs,  
Ken B. 5 yrs, Juanita B. 5 yrs,  
Selli B. 5 yrs, Rebecca D. 5 yrs,  
William E. 5 yrs, Henry G. 5 yrs,  
Michelle M. 5 yrs, Monica P. 5 yrs,  
Dale T. 5 yrs, Annie T. 5 yrs,  
Michelle W. 5 yrs, Dona K 4 yrs,  
Chris R. 4 yrs, Ronda N. 4 yrs,  
Jim A. 4 yrs, Katie M. 4 yrs,  
Carlos R. 4 yrs, David C. 3 yrs,  
Al C. 3 yrs, Jennifer H. 3 yrs,  
Wayne H. 3 yrs, Bob H. 3 yrs,  
Shirley R. 3 yrs, Mark G. 2 yrs,  
Nicole T. 2 yrs, Sidney P. 2 yrs,  
Deja S. 2 yrs, Signe W. 2 yrs,  
Jennifer P. 1 yr, Betty M. 1 yr,  
Helen H. 1 yr, Andrea P. 1 yr,  
Alfred V. 1 yr, Jim L. 1 yr,  
Steve H. 1 yr, Eli M. 1 yr, Ana S. 1 yr,  
Kathleen W. 1 yr,

## MONDAY NITE CLUB:

Tim 22 yrs, Sonny I. 7 yrs

## NATOMAS GROUP:

Bud T. 3 yrs, Annie H. 3 yrs

## NORTH HALL:

Jay V. 26 yrs,  
Melonnee P. 25 yrs, Bill R. 25 yrs,  
Evan A. 24 yrs, Laurie O. 23 yrs,  
Don D. 22 yrs, Sue M. 17 yrs,  
KC 16 yrs, Steve S. 14 yrs,  
Steven B. 9 yrs, Rod D. 8 yrs,  
Terri C. 8 yrs, Rita B. 6 yrs,  
John S. 6 yrs, Matt C. 6 yrs,  
Kevin A. 6 yrs, Michael R. 6 yrs,  
Garrett B. 5 yrs, John H. 5 yrs,  
Rick R. 5 yrs, Bruce P. 5 yrs,  
Carlin M. 4 yrs, Shane S. 4 yrs,  
Sorena 4 yrs, Jim P. 4 yrs,  
Christopher H. 3 yrs, David S. 3 yrs,  
Donna B. 3 yrs, Marion D. 3 yrs,  
Darlene O. 3 yrs, Michael Z. 3 yrs,  
Leo B. 2 yrs, Reeni P. 1 yr,  
Darcy F. 1 yr, Donna S. 1 yr,  
Matt B. 1 yr

## OAKTREE FELLOWSHIP:

Melonnee P. 25 yrs, Pete W. 22 yrs,  
Linda D. 21 yrs, Victor L. 15 yrs,  
Gary S. 14 yrs, Nonie 13 yrs,  
Austin S. 9 yrs, Richard A. 7 yrs,  
Govina V. 6 yrs, Timory D. 5 yrs,  
Teri T. 4 yrs, Jim A. 4 yrs,  
Jane T. 3 yrs, Bobby L. 3 yrs,  
Jeff L. 2 yrs, David C. 2 yrs,  
Michele D. 1 yr, Gwen 1 yr

## RIO LINDA FELLOWSHIP:

John F. 22 yrs, Daren D. 13 yrs,  
Paul M. 4 yrs, Ted E. 4 yrs,  
David K. 1 yr



**ROSEVILLE MONDAY NIGHT GROUP:**

Lucille T. 29 yrs, Liz B. 21 yrs

**ROSEVILLE TUESDAY NIGHT**

**GROUP:** Ed K. 41 yrs, Lois S. 32 yrs, Ted L. 32 yrs, Betty M. 26 yrs, Linda G. 26 yrs, Connie F. 21 yrs, Yvonne G. 20 yrs, Wendell 19 yrs, Suzanne L. 18 yrs, Frank C. 17 yrs, Priscilla C. 16 yrs, Geri G. 16 yrs, John Q. 14 yrs, Joe V. 14 yrs, Chris L. 13 yrs, Jeff S. 12 yrs, Ruth P. 10 yrs, Adam C. 8 yrs, Dave C. 8 yrs, Julie W. 5 yrs, Mike F. 5 yrs, Brian M. 4 yrs, Karen S. 4 yrs, Randy C. 4 yrs, Bill G. 4 yrs, Aaron A. 4 yrs, Richard C. 3 yrs, Mary R. 3 yrs, Cecila W. 3 yrs, Jacque G. 3 yrs, Tim L. 3 yrs, Chris F. 3 yrs, Eliony W. 3 yrs, Melissa B. 3 yrs, Marilyn K. 3 yrs, Rob S. 2 yrs, Doc 2 yrs, Vicki T. 2 yrs, Nancy P. 2 yrs, Jayne F. 1 yr, Kimberly 1 yr, Ashley 1 yr, Victoria H. 1 yr, Tyler F. 1 yr, Nancy P. 1 yr, Jim C. 1 yr, Donna C. 1 yr, Michelle E. 1 yr, Carol T. 1 yr, Janet H. 1 yr, Trisha M. 1 yr, Alice B. 1 yr, Gary J. 1 yr, Janet C. 1 yr

**ROUND TABLE AA GROUP:**

Lee L. 28 yrs

**SATURDAY MORNING**

**REFLECTIONS:** Debbie D. 24 yrs, Susan M. 16 yrs, Sue G. 7 yrs, Trish A. 6 yrs, Caren 4 yrs, Jennifer L. 2 yrs, Susan N. 2 yrs, Shelly C. 1 yr, Julie H. 1 yr

**SHARING AND CARING:**

Moria F. 31 yrs, Cheryl F. 23 yrs, Michael D. 22 yrs, Day E. 21 yrs, Connie T. 17 yrs, Gerrie 16 yrs, Paula DM 14 yrs, Greg D. 14 yrs, Kevin S. 7 yrs, Anthony Mc 4 yrs, Dennis B. 1 yr, Karla Z. 1 yr, Jason G. 1 yr, Damas M. 1 yr, Butch 1 yr, Gary V. 1 yr, Ellison 1 yr, Cindy B. 1 yr, William S. 1 yr, Patty R. 1 yr

**SUNSET WOMEN'S HAPPY HOUR:**

Holly 14 yrs, Kay 13 yrs, Ashley 1 yr

**TRADITIONAL GROUP:**

Dale B. 44 yrs, Dale M. 29 yrs, Melonnee P. 25 yrs, Mike L. 23 yrs, Dorian 22 yrs, Tom H. 22 yrs, Rudi R. 21 yrs, Treva K. 21 yrs,

**TRADITIONAL GROUP (cont):**

Lorraine V. 20 yrs, Janet L. 19 yrs, Robert L. 17 yrs, Linda S. G 16 yrs, Greg D. 14 yrs, Alan T. 13 yrs, Nancy W. 10 yrs, Jimmy K. 10 yrs, Robin G. 7 yrs, Joe R. 7 yrs, Larry F. 7 yrs, Susan R. 6 yrs, Tracy B. 6 yrs, Mike M. 6 yrs, Tom F. 5 yrs, Johnny D. 5 yrs, Mike G. 4 yrs, Eddie L. 3 yrs, Jessica V. 3 yrs, John M. 2 yrs, Elizabeth B. 2 yrs, Pat S. 2 yrs, Robert R. 2 yrs, Max P. 2 yrs, Chris K. 1 yr, Adam B. 1 yr, Irene P. 1 yr, Reeni P. 1 yr, Carol M. 1 yr, Steve M. 1 yr, Theresa M. E 1 yr, Julie K. 1 yr, Pam B. 1 yr

**WHAT A WAY TO START A**

**WEEKEND:** Kelly 1 yr

**WINTERS KITCHEN TABLE GROUP:**

Steve P. 23 yrs, Steve B. 14 yrs, Dennis C. 2 yrs, Sarah M. 1 yr, Joseph A. 1 yr, Mike R. 1 yr

**WOODLAND GROUP:**

Veronica R. 22 yrs, Richard M. 11 yrs, Gary M. 7 yrs, Miguel V. 3 yrs, Kat K. 2 yrs, James M. 2 yrs, Tony D. 1 yr, Jason W. 1 yr, Leandra D. 1 yr, Sarah R. 1 yr, Kenny P. 1 yr, Steve G. 1 yr, Jimmy G. 1 yr



**LATE SUBMISSIONS:**

**COURAGE TO CHANGE:**

SEPTEMBER – Faye Mc. 27 yrs, Kevin R. 22 yrs, Marty P. 3 yrs, OCTOBER – Mary 34 yrs, Patricia R. 22 yrs, Ken S. 17 yrs, James D. 4 yrs

**GIBBONS NOON GROUP:**

Richard H. 34 yrs, John A. 20 yrs, Arvis 16 yrs, Bob M. 16 yrs, Phillip H. 10 yrs, Chris R. 5 yrs, Chris K. 5 yrs, Richard O. 2 yrs, Cindy O. 2 yrs, Jeff M. 2 yrs, Georgia B. 1 yr, Kimberly L. 1 yr, Chrissy 1 yr

**MONDAY NITE CLUB:**

Michael O. 4 yrs

***BIRTHDAY CLUB***

*One way members have been expressing their gratitude is by sending a donation to Central Office as their birthday approaches. You may send a dollar for each year or whatever you can afford. If you feel that you would like to make this donation, please fill in and return to Central Office*

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Donation/Yrs \_\_\_\_\_

Phone  
Number \_\_\_\_\_

**Love Everybody?**

Not many people can truthfully assert that they love everybody. Most of us must admit that we have loved but a few; that we have been quite indifferent to the many. As for the remainder – well, we have really dislike or hated them.

We A.A.'s find we need something much better than this in order to keep our balance. The idea that we can be possessively loving of a few, can ignore the many, and can continue to fear or hate anybody at all, has to be abandoned, if only a little at a time.

We can try to stop making unreasonable demands upon those we love. We can show kindness where we had formerly shown none. With those we dislike we can at least begin to practice justice and courtesy, perhaps going out of our way at times to understand and help them.

–As Bill Sees It pg. 230

**I Opening**

- A. Call to Order at 3:00 pm
- B. Open with Serenity Prayer
- C. Traditions Read
- D. 7th Tradition \$54.80
- E. Delegate Check-in/Group Announcements
- F. Birthday Total Years – 85 Yrs

**II Preliminary Business:**

**A. Delegate and visitor Check-in: total delegates = 46**

| <u>Group Name</u>                      | <u>Delegate Name</u> | <u>Last attended</u> |
|--|----------------------|----------------------|
| 12 Traditions/12 Concepts Study        | Absent               | 08/16/08             |
| 4 <sup>th</sup> Dimension              | Absent               | 04/19/08             |
| AA Unity Group                         | Absent               | 08/16/08             |
| <b>Action Gets It Going</b>            | <b>Nancy McO.</b>    | <b>10/18/08</b>      |
| ACYPAA                                 | Absent               | 05/17/08             |
| <b>Auburn Beginner's Group</b>         | <b>Eva K.</b>        | <b>10/18/08</b>      |
| Auburn Fellowship                      | Absent               | 07/19/08             |
| <b>Auburn Wed Night Y P's Group</b>    | <b>Trish P.</b>      | <b>10/18/08</b>      |
| <b>Auburn Women's Step Study GR</b>    | <b>Trish P.</b>      | <b>10/18/08</b>      |
| Bill's Friend's Fellowship             | Absent               | 08/16/08             |
| <b>By The Grace</b>                    | <b>Cheryl W.</b>     | <b>10/18/08</b>      |
| Capital City Men's Group               | Absent               | 01/19/08             |
| <b>Citrus Heights Group</b>            | <b>Terry S.</b>      | <b>10/18/08</b>      |
| Come As You Are Group                  | Absent               | 12/15/07             |
| <b>Cordova Friday Night Group</b>      | <b>Mike R.</b>       | <b>10/18/08</b>      |
| Cordova Serenity Seekers               | Absent               | 09/20/08             |
| Daily Attitude Adjustment- Fair Oaks   | Absent               | 09/20/08             |
| <b>Destiny Group</b>                   | <b>Mike McF.</b>     | <b>10/18/08</b>      |
| Dry Dock Group                         | Absent               | 08/16/08             |
| <b>Downtown Young People's</b>         | <b>Domenica</b>      | <b>10/18/08</b>      |
| <b>East Yolo FWP</b>                   | <b>Rick C</b>        | <b>10/18/08</b>      |
| <b>Elk Grove FWP</b>                   | <b>Greg A.</b>       | <b>10/18/08</b>      |
| <b>Elk Grove Group</b>                 | <b>Robert S.</b>     | <b>10/18/08</b>      |
| Fair Oaks Monday Night                 | Absent               | 09/20/08             |
| Fit For Life                           | Absent               | 09/20/08             |
| <b>Folsom Big Book</b>                 | <b>Debra D.</b>      | <b>10/18/08</b>      |
| <b>Folsom Friday Night Group</b>       | <b>Lee P.</b>        | <b>10/18/08</b>      |
| <b>Folsom Saturday Morning Group</b>   | <b>Michael S.</b>    | <b>10/18/08</b>      |
| <b>Folsom Way Of Life</b>              | <b>Mary R.</b>       | <b>10/18/08</b>      |
| <b>Free Our Minds</b>                  | <b>Alex S.</b>       | <b>10/18/08</b>      |
| Friday Night Book Study                | Absent               | 09/20/08             |
| <b>Friday Night Family Group Of AA</b> | <b>Ray L.</b>        | <b>10/18/08</b>      |
| <b>Galt Fellowship</b>                 | <b>Kimberly F.</b>   | <b>10/18/08</b>      |
| Gibbons Noon                           | Absent               | 04/19/08             |
| <b>Greenhaven Group</b>                | <b>Pamela L.</b>     | <b>10/18/08</b>      |
| Grounded In Recovery                   | Absent               | 07/19/08             |
| <b>Group one</b>                       | <b>Russ C.</b>       | <b>10/18/08</b>      |
| Group Three                            | Absent.              | 09/20/08             |
| Happy Campers                          | Absent               | 09/20/08             |
| <b>Hope &amp; Serenity Spkr Mtg</b>    | <b>Cliff O.</b>      | <b>10/18/08</b>      |
| <b>Keep It Simple</b>                  | <b>Richard K..</b>   | <b>10/18/08</b>      |
| Mad @ Kenneth Group                    | Absent               | 02/16/08             |
| <b>Midtown Solutions</b>               | <b>William</b>       | <b>10/18/08</b>      |
| <b>Monday PM Women Group</b>           | <b>Maurine B.</b>    | <b>10/18/08</b>      |
| <b>Natomas Group</b>                   | <b>Christine H.</b>  | <b>10/18/08</b>      |
| Never On Tuesday                       | Absent               | 02/16/08             |
| <b>New Hope Group</b>                  | <b>Michael K.</b>    | <b>10/18/08</b>      |

**B. Quorum: Met – 46**

**C. Attending Elected Positions:**

|  |                                      |   |
|--|--------------------------------------|---|
| CCFAA Chairperson: Steve B. Present              | Asst. Chairperson: John Q. Present   | Tele-Service Chair Present              |
| Recording Secretary: Darlene O. Present          | OOO Chairperson: Mike K. Present     | Treasurer: Ray L. Present               |
| OOO Member: Lee P. Present                       | PI/CPC Chairperson Chuck Present     | OOO Member: Terry S. Present            |
| By Laws & Procedures Chairperson: Bill D Present | OOO Member: Brian B. Present         | NCAA Delegate: June M. Present          |
| Special Needs Chairperson: Karen Y. Present      | H&I Kimberly Present                 | Birthday Chairperson: Christine Present |
|  | Picnic Chairperson: Diane H. Present |   |

**III. Approval of Minutes:**

- A. Minutes from August approved with changes.
- B. Minutes from September approved with changes.

**IV. Approval of New groups:**

DRC Group located at the Auburn Probation Department

| <u>Group Name</u>                            | <u>Delegate Name</u> | <u>Last attended</u> |
|--|----------------------|----------------------|
| <b>No Legs Just Steps Group</b>              | <b>Ron M.</b>        | <b>10/18/08</b>      |
| <b>North Auburn Group</b>                    | <b>Mike O.</b>       | <b>10/18/08</b>      |
| North Hall Group                             | Absent               | 09/20/08             |
| <b>North Highlands Fireside Group</b>        | <b>Melanie</b>       | <b>10/18/08</b>      |
| North Sacramento Group                       | Absent               | 07/19/08             |
| <b>Oak Park Fellowship</b>                   | <b>Cindy C.</b>      | <b>10/18/08</b>      |
| <b>Oak Tree Group</b>                        | <b>Karen J.</b>      | <b>10/18/08</b>      |
| Orangevale Open Group                        | Absent               | 09/20/08             |
| Other Meeting, The                           | Absent.              | 09/20/08             |
| <b>Rebellion Dogs</b>                        | <b>Eric H.</b>       | <b>10/18/08</b>      |
| Recovery Plain and Simple                    | Absent               | 05/17/08             |
| <b>Rio Linda Fellowship</b>                  | <b>Cliff O.</b>      | <b>10/18/08</b>      |
| <b>Roseville Fifth Street Fellowship</b>     | <b>Tracy D.</b>      | <b>10/18/08</b>      |
| <b>Roseville Tuesday Night Group</b>         | <b>June M.</b>       | <b>10/18/08</b>      |
| <b>Roseville Twelve and Twelve BS</b>        | <b>Peggy R.</b>      | <b>10/18/08</b>      |
| Saturday Morning Reflections                 | Absent               | 08/16/08             |
| SACYPAA                                      | Absent               | 09/20/08             |
| Serenity Book And Study Group                | Absent               | 09/20/08             |
| Sharing And Caring Group                     | Absent               | 05/17/08             |
| <b>Simply AA</b>                             | <b>Karen Y.</b>      | <b>10/18/08</b>      |
| Sisters in Sobriety                          | Absent               | 03/15/08             |
| <b>Sixty Minute Solution</b>                 | <b>Matt N.</b>       | <b>10/18/08</b>      |
| <b>Solutions Weekend group</b>               | <b>June M.</b>       | <b>10/18/08</b>      |
| Southport Serenity                           | Absent               | 07/19/08             |
| <b>Spiritually Speaking</b>                  | <b>Lynn S.</b>       | <b>10/18/08</b>      |
| Spring Fling Group                           | Absent               | 02/16/08             |
| Step Two Men's Group                         | Absent               | 05/17/08             |
| <b>Students Of Sobriety</b>                  | <b>David L.</b>      | <b>10/18/08</b>      |
| Sunday Night Men's Meeting                   | Absent               | 05/17/08             |
| Sunday Reflections                           | Absent               | 07/15/06             |
| <b>Sunset Saturday 11:30</b>                 | <b>Tracy T.</b>      | <b>10/18/08</b>      |
| Sunset Wed. Women's                          | Absent               | 02/16/08             |
| <b>Thank God It's Smoke Free Men's</b>       | <b>John A.</b>       | <b>10/18/08</b>      |
| Thank You, Thank You, Thank You              | Absent               | 03/15/08             |
| The Welcome Group                            | Absent               | 09/20/08             |
| <b>Too Young Group</b>                       | <b>Scott O.</b>      | <b>10/18/08</b>      |
| Traditional Group                            | Absent               | 09/20/08             |
| <b>Traditions &amp; Concepts Study Group</b> | <b>Jan P.</b>        | <b>10/18/08</b>      |
| Tuesday Night Beginners Group                | Absent               | 03/15/08             |
| Tuesday Night Gibbons                        | Absent               | 02/16/08             |
| Twelve Bridges Destiny                       | Absent               | 02/17/07             |
| Twelve Bridges Step Study                    | Absent               | 04/21/07             |
| What A Way Women's Weekend Group             | Absent               | 09/20/08             |
| White Flag Men's Group                       | Absent               | 06/21/08             |
| Women For Women Fair Oaks Group              | Absent               | 07/19/08             |

**V. Reports of Trusted Servants:****A. CCFAA Chairman's Report – Steve B.****10/18/2008**

To open the meeting today we have our new "CCFAA preamble" which reflects our service, structure, and business. I would like to thank Cindy and Christine again for their efforts on our behalf.

As you may know, the CCFAA bookstore at our central office has been open 3 Saturdays including this morning. We are making sales and I hope it will continue to be a success. Please, keep announcing that the CCFAA bookstore is now open on Saturdays from 9 am to 1 pm.

And now a word to our sponsors - group contributions are still off about \$1000.00 a month from previous years, some groups contribute nothing at all. CCFAA and our central office rely upon these funds to provide our primary purpose services. The meeting donations are listed on the back of the BTW, please announce this short fall at any meetings not donating and thank the meetings that can give, how is your group doing?

We have some important business today including the 2009 budget discussion, a couple new business items, and approval of the election staff so let's get to it. As always if you have new business, a motion, or procedural changes for this group please bring them to me or the By Laws chair, Bill D., and we will accommodate you.

*3 pertinent things to take to your groups:*

1. *Central Office is open on Saturday - Yay!*
2. *The Central California Fellowship continues to have shortfalls, way under average contributions, how is your group doing?*
3. *We have elections next month anyone wanting to be of service here should see the qualifications sheet, we need active sober people.*

**B. Assistant Chairperson/CNIA Liaison – John Q.**

New delegate: Lynn from Spiritually Speaking

**C. Office Operations Committee – Mike K.****10/14/08**

The meeting began at 6:00pm with the Serenity Prayer.

Present were as follows: Mike K., Terry S., Bill D., Steve B., Ray L., Brian B., Lee P., Darlene O., and Rae W., Office Manager.

**Office Managers Report:**

1. Book-of-the-Month discussion sessions have not been well attended, but the books are selling and I hear that sponsors are holding discussion with their sponsees.
2. The landlord has credited our account \$825.68 and posted that amount to our account making our October rent payment \$866.32.
3. I will be planning a schedule for weekly volunteer services at the office. We need help with cleaning and stocking shelves on a regular basis and we have had a few newcomers show up and ask for regular service.
4. We still have one unclaimed prize: The \$50 gas card from the Picnic Raffle.
5. The Intergroup Managers' Conference was a valuable training and communications tool. I have gotten a good education on how many ways the same thing can be done!
6. I have also come away with some new ideas for improving our internal controls.
7. The 3<sup>rd</sup> quarter inventory was completed on 9/27. We had no major discrepancies.

**OOO Chairpersons Report:**

1. Briefly discussed the Office Managers report.
2. Talked about the need for an Election Committee.
3. There was some conversation about safeguards at the new Central Office.
4. Ray L. presented the Treasurers Report

**D. Treasurer – Ray L. – Treasurer's Report – September, 2008****Income**

- Income for Sept. was somewhat below target based on budget projections. The primary income items (Literature sales & Group Contributions) continue to be below budget by 5 - 10% year to date.
- The income primarily consists of ----
  - AAWS literature sales; \$6,252 actual vs. \$7,625 projected, well below the monthly projection.
  - Group contributions were \$7,703 actual vs. \$8,416 projected: just about \$700 under projected.
  - Birthday contributions (Please encourage group participation) and Office Services revenue both exceeded projection.
  - The newly initiated Faithful Fivers program continues on a very positive note and has contributed an additional \$6,888 year to date. Please, PLEASE encourage your group members to participate.
- Gross profit for the month was \$10,422; year to date is \$114,360 versus \$112,500 budgeted.

**Expense – Expenses for 2008 will be paid on an "as occurred" basis versus "last minute".**

- Total Expenses for the month of August were \$12,077 versus \$12,500 budgeted.
- Resulting Net Income for the month was \$(1,655) and \$(6,925) year to date.
- Exclusive of the office move, which was NOT anticipated in our budget, our overall Income / Expenses for 2008 thus far are in the ballpark of our projected budget.

For Sept. 2008 Individual contributions continue very strong, please continue to encourage that with your group members.

The office staff and the OOC continue to explore ways to increase revenue and reduce expense for 2008.

**E. By Laws Chairperson – Bill D.**

1. Discussion on groups paying rent for meeting locations. There is nothing in the By-Laws and Procedures about rents.
2. Proposal to change By-Laws and Procedures concerning CCFAA Office being opened on Saturday.
3. Still checking to see if there needs to be changes to By-Laws and Procedures concerning security of new office.

**F. CCFAA PI/CPC minutes – Chuck H.**

October 8, 2008

Citrus Heights City Hall Complex, Kroeger Hall

Meeting called to order at 7:05 p.m. by CCFAA PI/CPC Chair Chuck H. with saying of the Serenity Prayer.



Chair Report: 15 members in attendance, including 3 new members. Hospitals, Libraries, High Schools and Colleges are being serviced with literature in four counties (El Dorado, Placer, Sacramento, and Yolo) by this committee.

PI/CPC Informational Flyers were distributed to committee members to be circulated to groups in the region. We've ordered PI and CPC workbooks from the General Service Office in New York so we can continue to educate our committee members.

The new Women's Brochure is now available for distribution. This brochure has been produced by the PI/CPC Committee and approved by CCFAA for general distribution. Lots of need in the community for this piece of literature.

Racks have been ordered for all 87 high schools in the four county area. We need a lot of help to distribute them to the schools.

Placement priority will be in nurse's office, libraries and counselor's offices.

- Paul F. Report: Literature distributed in the following locations: 9 Schools, 20 health clinics and hospitals and 6 libraries. Great work Paul!
- Mike O. (New Member) Report: First time at meeting, came to check out, has time on his hands and knows he needs to be of service to others. Welcome Mike O.!
- Mary A. (District 29 PI/CPC Rep): PI/CPC efforts are going strong in NW Sacramento County. Reaching out to the African-American community is a priority for District 29. Literature has been placed in Hagginwood Community Center and next is Del Paso Heights Library.
- Literature is being placed in the Town & Country Village/Country Club neighborhoods, including the Arcade Library, Sheriff's Substation, and a food closet. Harriet B., along with Mary A., plans to distribute literature in Kaiser Facilities in Arden Arcade. Requests have been made to both the Natomas and the Rio Linda groups to discuss PI/CPC at a future meeting.
- We're working to participate in health fairs in District 29. Any members or groups aware of health fairs and the like in our district please contact CCFAA immediately. Rebecca is the overall CCFAA coordinator of health fairs and the like and she will pass these on to us.
- Dreigh P., Chair of California Northern Interior Area (CNIA) 07 Report: The Area recently held a CPC workshop in Stockton that was very successful and informative. There was a Superior Court Judge from San Joaquin who was very helpful and we will work to see if he will help us make contact with Sacramento Superior Court Judges.
- Aaron E. Report: Working with Folsom Hospital and Libraries. Racks disappeared from new Emergency Room at Folsom Mercy Hospital. Racks have been replaced and will continue to monitor them.
- Derrick H. Young People Committee Report: Working Colleges, have CRC Health Fair on October 18<sup>th</sup>. Putting literature in the rack in the colleges. New meeting at Sac State 4:30pm-5:30pm on Thursdays.
- Judalynn K. (new member) Report: She'll help with hospitals. New Women's and Children Hospital open so great place to distribute the new Women and Alcoholism pamphlet. Also certain clinics will be great places for the new pamphlet. Welcome Judalynn K.!
- Roger E. District 27 Rep. Report: Providing literature for facilities in District 27. Also need to know if there are specific literature requests.
- Lauren C. Report: Taking care of stocking of literature at Folsom Lake College, signed up for five new facilities where she will be distributing literature. She also has agreed to distribute the PI/CPC Flyers (asking for help from members) and make announcements at meetings.
- Tom D. Report: Worked 9 hospitals and 3 institutions placing literature in 59 places. Institutions were given Big Books and 12 & 12's. Salvation Army and Volunteers of America also had racks placed in them. Work included distributing 3 large boxes of literature. Way to go Tom D.!
- Kelley M. Report: Taking minutes for this meeting. Excited by the growth and activity for the committee. Special thanks to CCFAA for the strong support for this committee.
- Frank S. (New Member) Report: Checking out the meeting. Looking to help distribute literature to new meetings. Welcome Frank S.!
- Justin D. District 17 PI/CPC Liaison Report: With all the literature distributed by Paul F. we've received phone calls requesting help speaking at a High School and a health fair at a Community College. Has a friend active in PI/CPC in Oakland and they have their own website listing events they will be attending. May be some good ideas we could discuss for our committee.
- Ivo V. Past PI/CPC Chair Reports: Restocked Mercy locations and the Roseville library. Currently out of the Women's Pamphlet and need more.

Meeting closed at 8:30 pm with the Serenity Prayer. Next meeting second Wednesday in November, November 12 at 7:05 pm.

Respectfully Submitted, Kelley M.

#### **G. Faithful Fivers and Birthday Club Report September 20, 2008**

\$660.00 was collected for Faithful Fivers and \$203.00 for the Birthday Club. There are still groups without the Faithful Fivers flyers. Please bring them to meetings and leave them if you go to a group without them.

#### **H. Picnic Chairperson – Diane H.**

No Report

#### **I. Special Needs Chairperson– Karen Y.**

There were no calls this month.

#### **J. NCCAA – June M.**

The next NCCAA meeting will be in Jan 2009 at the Stockton Alano Club. There will be a conference in March in Foster City.

#### **VI. Reports Special Committees, Delegates, Liaison & Invited Guests**

##### **A. Hospitals & Institutions –: Area 42 Committee Meeting Coco's, 1830 Arden Way Sacramento, CA**

H&I Report Kimberly

- H&I meets the 3<sup>rd</sup> Thursday of each month at Coco's on Arden at 6:00 pm. I encourage all groups, new and old, to have a representative attend this meeting and also anyone interested in H&I service work.

- Because checks are getting harder to cash please place the new Patriot Act stick on your cans.
- Please see the contact your H&I representative for a list of facilities and their coordinators. Contact the coordinator for the facilities you are interest in.
- The H&I Conference will be held in Galt May 29 – 31, 2009, Freedom from Bondage. We need lots of help. Next planning meeting will be November 16<sup>th</sup> at 1:15 after the noon meeting. We lots of registrations – so register as many times as you want. I will be the closing speaker on Saturday so come and support H&I and me.
- We have no scheduled workshops at this time, but if you are interested in having a workshop, please contact us. The second Sunday in February in Elk Grove we will be having a General Committee meeting for all of Northern California. If interested in how H&I works.

**B. TELESERVICE CHAIRPERSON'S REPORT Devin G.:**

**Status:**

September 2008 Calls

| Service        | Sept       | YTD         |
|----------------|------------|-------------|
| 12 STEP        | 91         | 436         |
| MEETINGS/ INFO | 495        | 4425        |
| <b>TOTAL</b>   | <b>586</b> | <b>4861</b> |

**OPEN SHIFTS: as of 10/18/2008**

|                 |                    |
|-----------------|--------------------|
| Tue             | 0 - 6 am           |
| Thurs           | 0 - 6 am           |
| Thurs           | 5 pm – 9 pm        |
| Sat             | Noon – 4 pm        |
| Substitute List |                    |
| Volunteers 44   | Special Needs None |

**12-Step List:**

Volunteers Special Needs  
 50 Men/60 Women - More Spanish speakers  
 (we have 3 identified)  
 12-step men in W. Sac, NW Sac, E Sac,  
 and Woodland Zip Codes

**Notices:**

*We are planning a Teleservice Workshop in late October, tentatively Saturday, the 25th, 2008.*

**Contacts: Devin 869-1881 or Central Office 454-1771. THANK YOU ALL FOR YOUR SERVICE**

**VII. Old Business:**

1. Discussion of 2009 Budget

**VIII. New Business**

1. Election Committee
2. Election Positions
3. Prayer Chair – Stop meeting at anytime and pray
4. Motion to remove medallions from the budget. Per the By-Laws can't adjust budget this month. Motion tabled to November meeting.

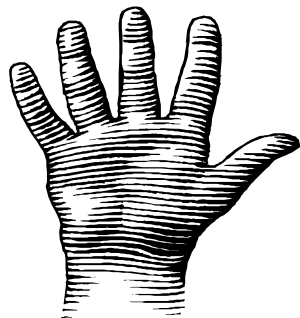
**IX. Closing**

- The next meeting is November 15, 2008 @ 2:00 due to elections @ Traditional Group. New Delegate's meeting 2:00 pm.
- Motion to close, seconded, Motion passes to close the meeting.  
 The meeting closed at 4:50 p.m. with The Lord's Prayer.

Respectfully submitted, Darlene O.

# Faithful Fivers

94 members as of 10/30/08



I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: **I am responsible.**

**Be a Faithful Fiver**

A regular monthly donation is all it takes.

- Register with the Central Office as a Faithful Fiver member so you receive a charitable contribution receipt at the end of the year. You can donate any of the following ways:

▪Mail a check every month to:  
 CCFAA Faithful Fivers,  
 9960 Business Park Dr., Ste. 110,  
 Sacramento, CA 95827

**OR**

- Bring a check or cash into the office

**OR**

- **THE PREFERRED METHOD:** Use your online banking bill pay to set up a recurring payment. Payee: "CCFAA Faithful Fivers" Central Office address, as above; Account #: "your name".

## REGISTER TO PLEDGE YOUR SUPPORT

Please fill in and return with your first contribution to:

CCFAA Central Office  
 Faithful Fivers  
 9960 Business Park Dr., Ste. 110  
 Sacramento, CA 95827

Or e-mail to:  
[centraloffice@aaasacramento.org](mailto:centraloffice@aaasacramento.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

May we acknowledge you as a new member of the Faithful Fivers in our next issue of By The Way? (Mark box for yes, we use first names and last initials only.)

**TREASURER'S REPORT SEPTEMBER 2008**

|                                    |   | September 2008              | Sep 08           | Jan-Sep 08        | Prorated Budget   | Budget            |
|------------------------------------|---|-----------------------------|------------------|-------------------|-------------------|-------------------|
| <b>Ordinary Income/Expense</b>     |   |                             |                  |                   |                   |                   |
| <b>Income</b>                      |   |                             |                  |                   |                   |                   |
|                                    | 4020 - AAWS Literature Sales                  |                             | 6,252.52         | 63,296.96         | 68,625.00         | 91,500.00         |
|                                    | 4025 - In-House Publication Sales             |                             | 1,730.81         | 13814.11          | 15,000.00         | 20,000.00         |
|                                    | 4100 - Group Contributions                    |                             | 7,703.18         | 68,625.25         | 75,750.00         | 101,000.00        |
|                                    | 4110 - Anonymous Contributions                |                             | 0.00             | 641.00            | 2,250.00          | 3,000.00          |
|                                    | 4120 - Birthday Contributions                 |                             | 203.00           | 1,970.00          | 1,500.00          | 2,000.00          |
|                                    | 4125 - Postage & Delivery Income              | Office Services Revenue     | 453.00           | 3,500.00          | 2,175.00          | 2,900.00          |
|                                    | 4130 - Faithful Fivers                        |                             | 660.00           | 6,888.00          | 0.00              | 0.00              |
|                                    | 4440 - Interest Income                        |                             | 144.60           | 1,372.10          | 1,500.00          | 2,000.00          |
|                                    | 4460 - Picnic Revenue                         |                             | 100.00           | 10,999.66         | 6,375.00          | 8,500.00          |
|                                    | <b>Total Income</b>                           |                             | <b>17,247.11</b> | <b>171,107.08</b> | <b>173,175.00</b> | <b>230,900.00</b> |
| <b>Cost of Goods Sold</b>          |   |                             |                  |                   |                   |                   |
| <b>5000 - Literature Costs</b>     |   |                             |                  |                   |                   |                   |
|                                    | 5010 - Cost of AAWS Literature Sold           |                             | 5,472.96         | 45,525.71         | 48,750.00         | 65,000.00         |
|                                    |   | Literature Costs/Adjustment | 14.30            | -660.89           | 150.00            | \$200.00          |
|                                    | <b>Total 5010 - AAWS Literature</b>           |                             | <b>5,487.26</b>  | <b>44,864.82</b>  | <b>48,900.00</b>  | <b>65,200.00</b>  |
| <b>5025 - In-House Publication</b> |   |                             |                  |                   |                   |                   |
|                                    | 5030 - Paper Stock & Staples                  |                             | 326.09           | 3,324.56          | 2,775.00          | 3,700.00          |
|                                    | 5035 - Printing Equipment                     |                             | 431.00           | 4,096.12          | 3,375.00          | 4,500.00          |
|                                    | 5040 - Copy costs                             |                             | 580.61           | 4,461.15          | 5,625.00          | 7,500.00          |
|                                    | <b>Total 5025 - In-House Publication</b>      |                             | <b>1,337.70</b>  | <b>11,881.83</b>  | <b>11,775.00</b>  | <b>15,700.00</b>  |
|                                    | <b>Net Income - 5025 In-House Publication</b> |                             | <b>393.11</b>    | <b>1,932.28</b>   | <b>3,225.00</b>   | <b>4,300.00</b>   |
|                                    | <b>Total Cost Of Goods Sold</b>               |                             | <b>6,824.96</b>  | <b>56,746.65</b>  | <b>60,675.00</b>  | <b>80,900.00</b>  |
|                                    | <b>Gross Profit</b>                           |                             | <b>10,422.15</b> | <b>114,360.43</b> | <b>112,500.00</b> | <b>150,000.00</b> |
| <b>Expense</b>                     |   |                             |                  |                   |                   |                   |
| <b>Equipment Expense</b>           |   |                             |                  |                   |                   |                   |
|                                    | 5670 - Equipment Rental                       |                             | 57.66            | 360.39            | 543.75            | 725.00            |
|                                    | 5765 - Equipment Repairs & Maint.             |                             | 0.00             | 621.50            | 2,010.00          | 2,680.00          |
|                                    | 5675 - Equipment Purchase                     |                             | 110.00           | 1,368.24          | 750.00            | 1,000.00          |
|                                    | <b>Total Equipment Expense</b>                |                             | <b>167.66</b>    | <b>2,350.13</b>   | <b>3,303.75</b>   | <b>4,405.00</b>   |
| <b>Insurance</b>                   |   |                             |                  |                   |                   |                   |
|                                    | 5680 - Worker's Compensation                  |                             | 0.00             | 506.33            | 750.00            | 1,000.00          |
|                                    | 5684 - D & O Insurance                        |                             | 0.00             | 1,002.00          | 1,125.00          | 1,500.00          |
|                                    | 5685 - General Liability                      |                             | 0.00             | 795.00            | 1,125.00          | 1,500.00          |
|                                    | <b>Total Insurance</b>                        |                             | <b>0.00</b>      | <b>2,303.33</b>   | <b>3,000.00</b>   | <b>4,000.00</b>   |
| <b>Meetings/Conference Expense</b> |   |                             |                  |                   |                   |                   |
|                                    | 5620 - Manager Training                       |                             | 315.08           | 340.08            | 412.50            | 550.00            |
|                                    | 5655 - Delegates Meeting                      |                             | 0.00             | 0.00              | 375.00            | 500.00            |
|                                    | 5785 - Employee Travel                        |                             | 0.00             | 788.78            | 750.00            | 1,000.00          |
|                                    | <b>Total Meetings/Conference Expense</b>      |                             | <b>315.08</b>    | <b>1,128.86</b>   | <b>1,537.50</b>   | <b>2,050.00</b>   |

## CCFAA Delegate's Meeting Minutes – October 18, 2008 (cont'd)

|  |                                      |                  |                   |                   |                   |
|--|--------------------------------------|------------------|-------------------|-------------------|-------------------|
|  | <b>Office Expense</b>                |                  |                   |                   |                   |
|  | 5640 · Postage & Delivery            | 329.24           | 2,102.57          | 2,625.00          | 3,500.00          |
|  | 5650 - Licenses & Permits            | 25.00            | 200.00            | 0.00              | 0.00              |
|  | 5700 · Office Supplies               | 64.63            | 1,732.80          | 1,125.00          | 1,500.00          |
|  | 5710 - Moving Expenses               | 0.00             | 7,909.12          | 0.00              | 0.00              |
|  | 5720 · Occupancy Improvement         | 45.00            | 2,072.23          | 1,500.00          | 2,000.00          |
|  | 5740 · Miscellaneous Expense         | 0.00             | 537.43            | 375.00            | 500.00            |
|  | 5760 · Rent                          | 1,692.00         | 12,408.00         | 11,625.00         | 15,500.00         |
|  | 5770 - Office/Network Software       | 193.64           | 626.89            | 375.00            | 500.00            |
|  | <b>Total Office Expense</b>          | <b>2,349.51</b>  | <b>27,589.04</b>  | <b>17,625.00</b>  | <b>23,500.00</b>  |
|  | <b>Utilities - 5770</b>              |                  |                   |                   |                   |
|  | 5782 · Garbage                       | 0.00             | 822.09            | 750.00            | 1,000.00          |
|  | 5790 · Gas & Electric                | 347.79           | 2,715.85          | 2,250.00          | 3,000.00          |
|  | 5790 - Telephone                     | 300.38           | 2,965.89          | 2,850.00          | 3,800.00          |
|  | 5792 · Website Hosting               | 0.00             | 95.40             | 112.50            | 150.00            |
|  | 5796 - Security System               | 107.97           | 107.97            | 0.00              | 0.00              |
|  | <b>Total 5770 Utilities</b>          | <b>756.14</b>    | <b>6,707.20</b>   | <b>5,962.50</b>   | <b>7,950.00</b>   |
|  | <b>Other Committees - 6200</b>       |                  |                   |                   |                   |
|  | 5990 - Picnic Committee              | 50.00            | 4,260.37          | 3,375.00          | 4,500.00          |
|  | 6210 - PI/CPC Expense                | 78.06            | 3,019.64          | 1,500.00          | 2,000.00          |
|  | 6220 - Special Needs Committee       | 0.00             | 0.00              | 112.50            | 150.00            |
|  | 6230 - Teleservice Committee         | 0.00             | 51.35             | 112.50            | 150.00            |
|  | <b>Total Other Committees</b>        | <b>128.06</b>    | <b>7,331.36</b>   | <b>5,100.00</b>   | <b>6,800.00</b>   |
|  | <b>Professional Fees</b>             |                  |                   |                   |                   |
|  | 5610 · Accounting                    | 105.00           | 1,080.00          | 1,875.00          | 2,500.00          |
|  | 5625 - Website Admin                 | 0.00             | 500.00            | 2,250.00          | 3,000.00          |
|  | 5630 - Network Admin                 | 400.00           | 1,200.00          | 720.00            | 960.00            |
|  | 5645 - Office Admin                  | 54.00            | 654.00            | 3,600.00          | 4,800.00          |
|  | <b>Total Professional Fees</b>       | <b>559.00</b>    | <b>3,434.00</b>   | <b>8,445.00</b>   | <b>11,260.00</b>  |
|  | <b>Payroll Expenses - 5400</b>       |                  |                   |                   |                   |
|  | 5410 · Management Salary             | 3,842.50         | 29,543.71         | 34,582.50         | 46,110.00         |
|  | 5415 · Clerical Wages                | 2,879.25         | 31,507.33         | 20,666.25         | 27,555.00         |
|  | 5416 · Payroll Tax Expense           | 537.93           | 6,154.70          | 6,000.00          | 8,000.00          |
|  | 5470 - Retirement Benefits           | 150.00           | 150.00            | 1,350.00          | 1,800.00          |
|  | 5681 · Healthcare Benefits           | 325.00           | 2,700.00          | 4,725.00          | 6,300.00          |
|  | <b>Total 5400 · Payroll Expenses</b> | <b>7,734.68</b>  | <b>70,055.74</b>  | <b>67,323.75</b>  | <b>89,765.00</b>  |
|  | <b>Bad Debt Expense - 5686</b>       | <b>0.00</b>      | <b>0.00</b>       | <b>150.00</b>     | <b>200.00</b>     |
|  | <b>Credit Card Fees - 5695</b>       | <b>67.25</b>     | <b>353.79</b>     | <b>0.00</b>       | <b>0.00</b>       |
|  | <b>Bank Charges - 5690</b>           | <b>0.00</b>      | <b>32.72</b>      | <b>52.50</b>      | <b>70.00</b>      |
|  | <b>Total Expense</b>                 | <b>12,077.38</b> | <b>121,286.17</b> | <b>112,500.00</b> | <b>150,000.00</b> |
|  | <b>Net Income</b>                    | <b>-1,655.23</b> | <b>-6,925.74</b>  | <b>0.00</b>       | <b>0.00</b>       |

**Money – Before and After**

In our drinking time, we acted as if the money supply were inexhaustible, though between binges we'd sometimes go to the other extreme and become miserly. Without realizing it, we were just accumulating funds for the next spree. Money was the symbol of pleasure and self-importance. As our drinking became worse, money was only an urgent requirement which could supply us with the next drink and temporary comfort of oblivion it brought.

\$\$\$\$\$\$ \$\$\$\$\$

Although financial recovery is on the way for many of us, we find we cannot place money first. For us, material well-being always follows spiritual progress; it never precedes.



11:01 AM  
10/30/08  
Accrual Basis

CCFAA  
Balance Sheet  
As of September 30, 2008

|  | <u>Sep 30, 08</u>       |
|--|-------------------------|
| <b>ASSETS</b>                          |                         |
| Current Assets                         |                         |
| Checking/Savings                       |                         |
| 1040 · Certificate of Deposit -0546    | 17,541.61               |
| 1041 · Certificate of Deposit -0438    | 17,756.53               |
| 1042 · Certificate of Deposit -9559    | 16,152.63               |
| 1060 · General Fund                    | 8,296.88                |
| 1065 · Cash Drawer                     | 149.89                  |
| Total Checking/Savings                 | <u>59,897.54</u>        |
| Accounts Receivable                    |                         |
| 1200 · Accounts Receivable             | 1,619.69                |
| Total Accounts Receivable              | <u>1,619.69</u>         |
| Other Current Assets                   |                         |
| 1069 · Undeposited Funds               | 875.21                  |
| 1070 · PrePaid Expense-Picnic          | 380.00                  |
| 1072 · Security Deposits               | 1,440.67                |
| 1220 · Payroll Advance                 | 100.00                  |
| 1500 · Inventory Asset                 | 15,413.93               |
| Total Other Current Assets             | <u>18,209.81</u>        |
| Total Current Assets                   | <u>79,727.04</u>        |
| Fixed Assets                           |                         |
| 1810 · Leasehold Improvements          | 137.92                  |
| 1820 · Furniture & Equipment           | 19,246.44               |
| 1825 · Acc. Depreciation-Furniture ... | -18,891.29              |
| 1840 · Computer Software               | 2,752.02                |
| 1845 · Acc. Depreciation-software      | -2,752.02               |
| Total Fixed Assets                     | <u>493.07</u>           |
| <b>TOTAL ASSETS</b>                    | <u><b>80,220.11</b></u> |
| <b>LIABILITIES &amp; EQUITY</b>        |                         |
| Liabilities                            |                         |
| Current Liabilities                    |                         |
| Accounts Payable                       |                         |
| 2100 · Accounts Payable                | 21.60                   |
| Total Accounts Payable                 | <u>21.60</u>            |
| Other Current Liabilities              |                         |
| 2200 · Payroll Liabilities             | 1,452.22                |
| 2250 · Konica 7155/CIT Lease           | 2,335.90                |
| 2310 · Sales Tax Payable               | 1,714.43                |
| Total Other Current Liabilities        | <u>5,502.55</u>         |
| Total Current Liabilities              | <u>5,524.15</u>         |
| Total Liabilities                      | <u>5,524.15</u>         |
| Equity                                 |                         |
| 3000 · Opening Bal Equity              | 1,081.81                |
| 3300 · Unrestricted Fund Balance       | 60,014.90               |
| 3600 · Retained Earnings               | 20,524.99               |
| Net Income                             | -6,925.74               |
| Total Equity                           | <u>74,695.96</u>        |

**CCFAA 2009 Budget*****Income Opportunities –***

In preparation for this year's budget submission, your staff reviewed the year-to-date Central Office (CO) financial condition and expectations about projected revenue. We determined that the economic conditions in our area will likely have a significant negative affect on our financial situation in the years ahead.

As you know, the major source of CO revenue continues to be Group Contributions & Literature sales which remain at a rather consistent level. During 2008, we instituted the successful Faithful Fivers program and encouraged people to participate in the Birthday Contributions. While these efforts helped lessen our income shortfall, they have not offset the total decline in our revenue.

So, during our review, we analyzed the expense items of our member groups and looked for ways that CO could be of additional service while adding income for the Intergroup. Groups spend their contributions for rent, coffee, refreshments, Literature and birthday chips. After they meet these expenses, they distribute the remainder of the 7<sup>th</sup> Tradition according to group conscience.

We determined the item with the most potential for added revenue on the group expenditure list was birthday chips. It is a popular tradition in many AA groups to recognize anniversaries and milestones by awarding these medallions.

As many of you know, CO does not offer these for sale. This situation has been discussed at/by CCFAA CO in the past but no action was taken. However, sales revenue of these items is an unmistakable income opportunity for CO.

We surveyed a multitude of CO's and found that over half of them offer these items for sale. They consider them an important part of their service to their member groups and the additional income helps a great deal.

Currently, many of groups in the Sacramento area that award medallions order them via the Internet. These groups would benefit if CO offered them as CO will be competitive with the prices on the Internet and save shipping costs, .

Will the sale of these items by CO negatively affect people in the area that currently offer them for sale? It could. But, since most groups order via the Internet, it would be unlikely. If there is a facility selling chips a few blocks or miles from our door, our natural inclination is to shop locally versus driving across town or downtown to purchase what we need. It is our nature to take the easier, softer way.

Would CO be in violation of any Tradition? If buying, selling, and/or using medallions somehow violate AA Traditions, then numerous Inter-groups and individual groups in our area would also appear to be in violation. Nevertheless, in the spirit of the Fellowship, CO is eager to hear any opinions on this matter.

We hope this information clarifies what we propose. We feel confident that the additional sales revenue will occur and that there will not be any negative affect on our associates in the area. We ask for the support of the delegates and their groups to make this program successful in 2009.



|    | B   | C | D | E                   | F                    | H                   | I                    |
|----|---|---|---|---------------------|----------------------|---------------------|----------------------|
| 1  | <b>2009 PROPOSED BUDGET</b>                     |   |   |                     |                      |                     |                      |
| 2  |   |   |   | <b>Jan-Jun 2008</b> | <b>2008 prorate</b>  | <b>Budget 2008</b>  | <b>Budget 2009</b>   |
| 3  |   |   |   |                     | <b>Estimated</b>     |                     | <b>Proposed</b>      |
| 4  | <b>INCOME</b>                                   |   |   |                     |                      |                     |                      |
| 5  | 4020 · AAWS Literature Sales                    |   |   | \$ 43,094.00        | \$ 90,000.00         | \$ 91,500.00        | \$ 91,500.00         |
| 6  | 4025 · In-House Publication Sales               |   |   | \$ 9,277.00         | \$ 20,130.00         | \$ 20,000.00        | \$ 20,000.00         |
| 7  | <b>4030 - Medallion Sales</b>                   |   |   |                     |                      |                     | <b>\$ 4,000.00</b>   |
| 8  | 4100 · Group Contributions                      |   |   | \$ 44,967.00        | \$ 90,000.00         | \$101,000.00        | \$ 90,000.00         |
| 9  | 4110 · Anonymous Contributions                  |   |   | \$ 615.00           | \$ 1,200.00          | \$ 3,000.00         | \$ 2,000.00          |
| 10 | 4120 · Birthday Contributions                   |   |   | \$ 1,247.00         | \$ 2,500.00          | \$ 2,000.00         | \$ 2,500.00          |
| 11 | 4125 · Office Services Revenue                  |   |   | \$ 2,154.00         | \$ 3,500.00          | \$ 2,900.00         | \$ 4,000.00          |
| 12 | 4130 - Faithful Fivers                          |   |   | \$ 4,675.00         | \$ 9,000.00          | \$ -                | \$ 10,000.00         |
| 13 | 4440 - Interest Income                          |   |   | \$ 772.00           | \$ 1,550.00          | \$ 2,000.00         | \$ 1,800.00          |
| 14 | 4460 · Picnic Revenue                           |   |   | \$ -                | \$ 8,500.00          | \$ 8,500.00         | \$ 10,000.00         |
| 15 | <b>4480 · Special Event Revenue</b>             |   |   | <b>\$ -</b>         | <b>\$ -</b>          | <b>\$ -</b>         |                      |
| 16 | <b>Total Income</b>                             |   |   | <b>\$106,801.00</b> | <b>\$ 226,380.00</b> | <b>\$230,900.00</b> | <b>\$ 235,800.00</b> |
| 17 |   |   |   |                     |                      |                     |                      |
| 18 | <b>EXPENSE</b>                                  |   |   |                     |                      |                     |                      |
| 19 | <b>Inventory Expense - 5000</b>                 |   |   |                     |                      |                     |                      |
| 20 | 5010 · Cost of AAWS Literature Sold             |   |   | \$ 31,853.00        | \$ 63,500.00         | \$ 64,000.00        | \$ 63,500.00         |
| 21 | Inventory Adjustment Expense                    |   |   | \$ (82.55)          | \$ (200.00)          | \$ 200.00           | \$ 200.00            |
| 22 | <b>Total 5010 - AAWS Literature Expense</b>     |   |   | <b>\$ 31,770.45</b> | <b>\$ 63,300.00</b>  | <b>\$ 64,200.00</b> | <b>\$ 63,700.00</b>  |
| 23 | <b>Net Income 5010 - AAWS Literature</b>        |   |   | <b>\$ 11,323.55</b> | <b>\$ 26,700.00</b>  | <b>\$ 27,300.00</b> | <b>\$ 27,800.00</b>  |
| 24 | <b>5025 · In-House Publication</b>              |   |   |                     |                      |                     |                      |
| 25 | 5030 · Paper Stock & Staples                    |   |   | \$ 1,757.60         | \$ 3,800.00          | \$ 3,000.00         | \$ 4,200.00          |
| 26 | 5035 · Printing Equipment Lease                 |   |   | \$ 2,412.00         | \$ 4,500.00          | \$ 4,500.00         | \$ 5,000.00          |
| 27 | 5040 - Copy costs                               |   |   | \$ 3,581.03         | \$ 6,000.00          | \$ 7,200.00         | \$ 5,000.00          |
| 28 | <b>Total 5025 · In-House Publication Expens</b> |   |   | <b>\$ 7,750.63</b>  | <b>\$ 14,300.00</b>  | <b>\$ 14,700.00</b> | <b>\$ 14,200.00</b>  |
| 29 | <b>Net Income 5025 · In-House Publication</b>   |   |   | <b>\$ 1,526.37</b>  | <b>\$ 5,830.00</b>   | <b>\$ 5,300.00</b>  | <b>\$ 5,800.00</b>   |
| 30 | <b>5050 - Cost of Medallions</b>                |   |   | <b>\$ -</b>         | <b>\$ -</b>          | <b>\$ -</b>         | <b>\$ 1,400.00</b>   |
| 31 | <b>Total Inventory Expense</b>                  |   |   | <b>\$ 39,521.08</b> | <b>\$ 77,600.00</b>  | <b>\$ 78,900.00</b> | <b>\$ 79,300.00</b>  |
| 32 | <b>Net Income Literature</b>                    |   |   |                     | <b>\$ 32,530.00</b>  | <b>\$ 32,600.00</b> |                      |
| 33 | <b>Equipment Expense</b>                        |   |   |                     |                      |                     |                      |
| 34 | 5670 · Equipment Rental                         |   |   | \$ 149.00           | \$ 300.00            | \$ 725.00           | \$ 300.00            |
| 35 | 5765 · Equipment Repairs & Maint.               |   |   | \$ 318.00           | \$ 1,000.00          | \$ 2,680.00         | \$ 2,680.00          |
| 36 | 5675 · Equipment Purchase                       |   |   | \$ 824.00           | \$ 1,000.00          | \$ 1,000.00         | \$ 1,000.00          |
| 37 | <b>Total Equipment Expense</b>                  |   |   | <b>\$ 1,291.00</b>  | <b>\$ 2,300.00</b>   | <b>\$ 4,405.00</b>  | <b>\$ 3,980.00</b>   |
| 38 |   |   |   |                     |                      |                     |                      |
| 39 | <b>Insurance Expense</b>                        |   |   |                     |                      |                     |                      |
| 40 | 5680 · Worker's Compensation                    |   |   | \$ 487.00           | \$ 1,000.00          | \$ 1,000.00         | \$ 1,000.00          |
| 41 | 5684 · D & O Insurance                          |   |   | \$ 1,002.00         | \$ 1,002.00          | \$ 1,500.00         | \$ 1,100.00          |
| 42 | 5685 · General Liability                        |   |   | \$ 758.00           | \$ 987.00            | \$ 1,500.00         | \$ 1,000.00          |
| 43 | <b>Total Insurance Expense</b>                  |   |   | <b>\$ 2,247.00</b>  | <b>\$ 2,989.00</b>   | <b>\$ 4,000.00</b>  | <b>\$ 3,100.00</b>   |

| Meetings/Conference Expense |  |               |                   |                   |                   |
|-----------------------------|--|---------------|-------------------|-------------------|-------------------|
|                             | 5620 · Manager Training                  | \$0.00        | \$550.00          | \$550.00          | \$550.00          |
|                             | 5655 · Delegates Meeting                 | \$0.00        | \$500.00          | \$500.00          | \$500.00          |
|                             | 5785 · Employee Travel                   | \$0.00        | \$1,000.00        | \$1,000.00        | \$1,000.00        |
|                             | <b>5786 · NCAA Delegate's Expense</b>    | <b>\$0.00</b> | <b>\$0.00</b>     | <b>\$0.00</b>     | <b>\$400.00</b>   |
|                             | <b>Total Meetings/Conference Expense</b> | <b>\$0.00</b> | <b>\$2,050.00</b> | <b>\$2,050.00</b> | <b>\$2,450.00</b> |

|  |  |                    |                    |                    |                    |
|--|--|--------------------|--------------------|--------------------|--------------------|
| <b>Office Expense</b>                  |  |                    |                    |                    |                    |
|  | 5640 · Postage & Delivery              | \$1,614.00         | \$3,300.00         | \$3,500.00         | \$3,500.00         |
|  | 5700 · Office Supplies                 | \$1,042.00         | \$2,000.00         | \$1,500.00         | \$2,000.00         |
|  | 5720 · Occupancy Improvement           | \$160.00           | \$2,000.00         | \$2,000.00         | \$2,000.00         |
|  | 5740 · Miscellaneous Expense           | \$291.00           | \$500.00           | \$500.00           | \$500.00           |
|  | 5760 · Rent                            | \$7,332.00         | \$17,484.00        | \$15,500.00        | \$20,484.00        |
|  | 5780 - Office/Network Software         | \$433.00           | \$433.00           | \$500.00           | \$500.00           |
|  | <b>Total Office Expense</b>            | <b>\$10,872.00</b> | <b>\$25,717.00</b> | <b>\$23,500.00</b> | <b>\$28,984.00</b> |
| <b>Utilities Expense- 5770</b>         |  |                    |                    |                    |                    |
|  | 5782 · Garbage                         | \$744.00           | \$744.00           | \$1,000.00         | \$0.00             |
|  | 5785 - HVAC Maint.                     | \$0.00             | \$0.00             | \$0.00             | \$500.00           |
|  | 5790 · Gas & Electric                  | \$1,560.00         | \$3,000.00         | \$3,000.00         | \$3,000.00         |
|  | 5790 - Telephone                       | \$1,794.18         | \$3,600.00         | \$3,500.00         | \$3,800.00         |
|  | 5792 · Website Hosting                 | \$95.40            | \$95.40            | \$150.00           | \$100.00           |
|  | <b>Total 5770 Utilities Expense</b>    | <b>\$4,193.58</b>  | <b>\$7,439.40</b>  | <b>\$7,650.00</b>  | <b>\$7,400.00</b>  |
| <b>Other Committees Expense - 6200</b> |  |                    |                    |                    |                    |
|  | 5900 - Picnic Committee                | \$400.00           | \$4,000.00         | \$4,000.00         | \$4,000.00         |
|  | 6210 - PI/CPC Expense                  | \$1,983.00         | \$3,500.00         | \$3,500.00         | \$3,500.00         |
|  | 6220 - Special Needs Committee         | \$0.00             | \$0.00             | \$150.00           | \$150.00           |
|  | 6230 - Teleservice Committee           | \$46.00            | \$100.00           | \$150.00           | \$150.00           |
|  | <b>Total Other Committees Expense</b>  | <b>\$2,429.00</b>  | <b>\$7,600.00</b>  | <b>\$7,800.00</b>  | <b>\$7,800.00</b>  |
| <b>Professional Fees Expense</b>       |  |                    |                    |                    |                    |
|  | 5610 · Accounting                      | \$645.00           | \$1,300.00         | \$2,500.00         | \$2,500.00         |
|  | 5625 - Website Admin                   | \$500.00           | \$500.00           | \$3,000.00         | \$3,000.00         |
|  | 5630 - Network Admin                   | \$0.00             | \$0.00             | \$960.00           | \$960.00           |
|  | 5645 - Office Systems Admin            | \$600.00           | \$2,000.00         | \$4,800.00         | \$4,800.00         |
|  | <b>Total Professional Fees Expense</b> | <b>\$1,745.00</b>  | <b>\$3,800.00</b>  | <b>\$11,260.00</b> | <b>\$11,260.00</b> |
| <b>Payroll Expenses - 5400</b>         |  |                    |                    |                    |                    |
|  | 5410 · Management Salary               | \$18,016.00        | \$41,071.00        | \$46,110.00        | \$48,415.00        |
|  | 5415 · Clerical Wages                  | \$21,310.00        | \$37,000.00        | \$27,555.00        | \$32,000.00        |
|  | 5416 · Payroll Tax Expense             | \$2,951.53         | \$6,500.00         | \$8,000.00         | \$7,300.00         |
|  | 5470 - Retirement Benefits             | \$0.00             | \$600.00           | \$1,800.00         | \$1,800.00         |
|  | 5480 · Healthcare Benefits             | \$1,525.00         | \$4,800.00         | \$6,300.00         | \$6,300.00         |
|  | <b>Total 5400 · Payroll Expenses</b>   | <b>\$43,802.53</b> | <b>\$89,971.00</b> | <b>\$89,765.00</b> | <b>\$95,815.00</b> |
| <b>Finance Expenses - 5600</b>         |  |                    |                    |                    |                    |



|  |                                      |                     |                     |                     |                     |
|--|--------------------------------------|---------------------|---------------------|---------------------|---------------------|
|  | <b>Bad Debt Expense - 5686</b>       | <b>\$0.00</b>       | <b>\$150.00</b>     | <b>\$200.00</b>     | <b>\$200.00</b>     |
|  | <b>Credit Card Fees - 5895</b>       | <b>\$138.00</b>     | <b>\$300.00</b>     | <b>\$0.00</b>       | <b>\$400.00</b>     |
|  | <b>Bank Charges - 5690</b>           | <b>\$28.00</b>      | <b>\$50.00</b>      | <b>\$70.00</b>      | <b>\$70.00</b>      |
|  | <b>Total 5600 - Finance Expenses</b> | <b>\$166.00</b>     | <b>\$500.00</b>     | <b>\$270.00</b>     | <b>\$670.00</b>     |
|  |                                      | <b>\$106,267.19</b> | <b>\$219,966.40</b> | <b>\$229,600.00</b> | <b>\$240,759.00</b> |
|  |                                      | <b>\$533.81</b>     | <b>\$6,413.60</b>   | <b>\$1,300.00</b>   | <b>-\$4,959.00</b>  |



## EGO DEFLATION

I came by my sponsor more by good luck than by good management. My first reaction to him was one of mistrust and distaste. He had been sober for over fifteen years; I was still drinking. He was a smiling, well-liked, happy human being--it showed all over him--and I was an unhappy, unpopular, unsmiling, and miserable human being. Also, I hated anyone who could smile or like himself.

Months before I finally admitted defeat and sought help, I discovered that sponsors are tough. I was told by my sponsor-to-be what my problem was--alcoholism--and what I should do about it. In those days, I viewed his opinion as a put-down. It was what he said afterward that stuck with me: "When you get sick enough, punk, call me." Little wonder that, three months later, I had someone else call this man. I could not call, because I was too drunk to talk.

I remember the meeting we had after I surrendered. For the first time in my life, I felt that someone was not standing in judgment over me, nor was he upset by my behavior. Here was a person talking a language I understood. The man talked about himself, and I related. This man got the message across when everyone else had failed, and he was compassionate, understanding, and friendly--but firm. Didn't oversell the program, but left little doubt that he knew what he was talking about. There were many meetings that followed, and always I was left with the impression that this was a man I could not con; in fact, if there was any conning, I was on the receiving end!

I discovered that sponsors seldom give answers; but they can ask all the questions that allow you to find the answers within yourself. My sponsor was slow to give advice; but when he did, I never questioned it.

I recall the first time I spoke at an AA roundup; I was eleven months sober and had all the answers. After I gave my talk, many people told me how great it was, but my sponsor didn't say a word. In those days, I needed his approval above all, and when the compliment did not come I asked for it, ego in full bloom! "How was my talk?"

"What talk?" was his only reply.

"The one I gave," I said.

"You didn't say anything,"

I was shaken but still abloom, "But I talked for twenty minutes!"

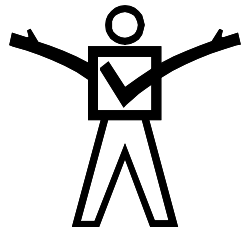
He said very softly, "But you didn't say anything."

"What do I have to do?"

"Learn to listen!"

My sponsor was capable of loving me when I could not like myself. He was capable of giving understanding and of allowing me to find the answers to my life by using the Twelve Steps. He is not only my sponsor, he is my best friend.

*This article is a reprint from Grapevine August 1979.*



# CCFAA Annual Elections

Central California Fellowship of Alcoholics Anonymous

November 15, 2008



Contact your Group's Delegate or phone Central Office, 454-1771, for more information.

Make yourself available-Participate in your own Recovery!!

| Service Position   | Sobriety Requirement | Qualifications  | Term    |
|--|----------------------|---|---------|
| CHAIRPERSON  | 5-years              | Have served as a Group Secretary within, or Group Delegate to the C.C.F.A.A.  | 1-year  |
| ASSISTANT CHAIRPERSON  | 5-years              | Have served as a Group Secretary within, or Group Delegate to the C.C.F.A.A.  | 1-year  |
| TREASURER  | 5-years              | A knowledge of bookkeeping procedures and office experience is desired  | 1-year  |
| RECORDING SECRETARY  | 3-years              | Have served as a Group Secretary within, or Group Delegate to the C.C.F.A.A.  | 1-year  |
| OFFICE OPERATIONS COMMITTEE DELEGATE (2-positions available) | 3-years              | Be an acting CCFAA delegate. Be familiar with financial administration, office management and general business administration | 2-years |
| TELESERVICE CHAIRPERSON                                      | 3-years              | Served at least 6-months as a member of the Teleservice Committee   | 1-year  |
| BY-LAWS PROCEDURES CHAIRPERSON                               | 3-years              | Have served as a Group Secretary within, or Group Delegate to the C.C.F.A.A.  | 1-year  |
| BUCK OF THE MONTH CHAIRPERSON                                | 3-years              | Have served as a Group Secretary within, or Group Delegate to the C.C.F.A.A.  | 1-year  |
| PI/PCP CHAIRPERSON   | 3-years              | Have served as a Group Secretary within, or Group Delegate to the C.C.F.A.A.  | 1-year  |
| NCCAA Delegate   | 5-years              | Have served as a Group Secretary within, or Group Delegate to the C.C.F.A.A.  | 2-years |
| SPECIAL NEEDS CHAIRPERSON                                    | 2-years              | Have an interest in special needs of people   | 1-year  |

Elections held at Traditional Group: 2:00pm to 5:00pm  
2703 El Camino Avenue, (at Fulton end) Sacramento, CA

**Group Contributions October 2008**

|                                 | <b>Gp No</b> | <b>OCT</b> | <b>YTD</b>      |
|---------------------------------|--------------|------------|-----------------|
| AA UNITY GP                     | 10480        | 315.75     | <b>793.31</b>   |
| AA WOMEN'S STEP STUDY (AUBURN)  | 11361        |            | <b>25.00</b>    |
| ACTION GETS IT GOING            | 10480        |            | <b>58.30</b>    |
| ALL TRIBES GROUP                | 10483        |            | <b>30.00</b>    |
| ALMOST FOLSOM SATURDAY AA       | 10079        |            | <b>45.00</b>    |
| ARDEN MORSE GROUP               | 10004        | 200.00     | <b>350.00</b>   |
| AS BILL SEES IT MENS DAVIS      | 10397        |            | <b>45.00</b>    |
| AS BILL SEES IT ORANGEVALE      | 11106        |            | <b>297.75</b>   |
| AS BILL SEES IT PLACERVILLE     | 10314        |            | <b>21.00</b>    |
| ATTITUDE ADJUSTMENT DAVIS       | 10547        |            | <b>452.06</b>   |
| AUBURN DRY DIGGINS              | 10005        |            | <b>50.00</b>    |
| AUBURN FWP                      | 10006        |            | <b>300.00</b>   |
| AUBURN OVER 50 GROUP            | 10010        |            | <b>304.00</b>   |
| AUBURN WEDNESDAY Y P            | 11514        |            | <b>155.43</b>   |
| BEEN THERE DONE THAT            | 10636        |            | <b>428.10</b>   |
| BIG BOOK BASICS                 | 11393        |            | <b>109.90</b>   |
| BIG BOOK SEMINAR                | 15005        |            | <b>0.00</b>     |
| BIG BOOK UNCOVERED              | 11477        |            | <b>0.00</b>     |
| BIG TIME SOBRIETY               | 10335        |            | <b>25.00</b>    |
| BROWNSVILLE SERENITY GRP        | 11536        |            | <b>35.00</b>    |
| CAMERON PARK GROUP              | 10019        |            | <b>75.00</b>    |
| CAMERON PARK WOMEN'S GROUP      | 10372        |            | <b>4.82</b>     |
| CAPITOL CITY MEN'S GROUP        | 11251        | 22.80      | <b>663.38</b>   |
| CATHEDRAL GROUP                 | 10022        | 305.00     | <b>1,205.00</b> |
| CENACLE GROUP                   | 11356        | 60.00      | <b>160.00</b>   |
| CITRUS HEIGHTS AA@NOON          | 10467        | 50.00      | <b>160.00</b>   |
| CITRUS HEIGHTS GROUP            | 10034        | 77.29      | <b>150.51</b>   |
| CLARKSBURG MEETING              | 10531        | 900.00     | <b>1,600.00</b> |
| COLFAX FRIENDS OF BILL          | 11058        | 104.50     | <b>235.50</b>   |
| COME AS YOU ARE GROUP           | 10615        |            | <b>943.00</b>   |
| CORDOVA BIG BOOK STUDY          | 10045        |            | <b>150.00</b>   |
| CORDOVA K.I.S.S. GROUP          | 10042        |            | <b>149.37</b>   |
| CORDOVA LUNCH BUNCH             | 10591        | 40.00      | <b>380.00</b>   |
| CORDOVA ROAD TO FREEDOM         | 10590        |            | <b>303.80</b>   |
| CORDOVA SATURDAY NIGHT          | 10679        |            | <b>25.00</b>    |
| CORDOVA SERENITY SEEKERS        | 10352        |            | <b>178.20</b>   |
| COURAGE TO CHANGE               | 10053        |            | <b>232.50</b>   |
| DAILY ATTITUDE ADJ. - FAIR OAKS | 10381        | 325.23     | <b>3,639.21</b> |
| DAILY DIRECTION AA              | 11276        |            | <b>150.00</b>   |
| DAVIS FRIDAY NOON GROUP         | 10351        |            | <b>400.00</b>   |
| DAVIS HOPE GROUP                | 10054        |            | <b>200.00</b>   |
| DESTINY GROUP                   | 11313        | 120.00     | <b>240.00</b>   |
| DISTRICT 27                     |              |            | <b>0.55</b>     |
| DIXON DRY DOCKS                 | 10530        |            | <b>125.00</b>   |
| DIXON NO NAMES GROUP            | 10057        |            | <b>97.50</b>    |
| DOBBIN'S WILD BUNCH             | 10058        |            | <b>70.00</b>    |
| EAST YOLO FELLOWSHIP            | 10063        |            | <b>505.00</b>   |
| ELK GROVE CAME TO BELIEVE GRP   | 10016        |            | <b>750.00</b>   |
| ELK GROVE FELLOWSHIP            | 10673        | 149.76     | <b>1,197.65</b> |

|                                 |       |        |                 |
|---------------------------------|-------|--------|-----------------|
| ELK GROVE GROUP                 | 10434 | 155.00 | <b>588.00</b>   |
| ELK GROVE POA WOMEN'S           | 10496 | 124.08 | <b>266.23</b>   |
| ELK GROVE SOBRIETY SISTERS      | 11199 |        | <b>197.23</b>   |
| ESPEE FELLOWSHIP                | 10064 |        | <b>20.00</b>    |
| FAIR OAKS BEGINNERS             | 10072 |        | <b>151.68</b>   |
| FAIR OAKS MONDAY                | 10344 |        | <b>52.00</b>    |
| FAIR OAKS VILLAGE GROUP         | 15054 |        | <b>250.00</b>   |
| FIFTH & L GROUP                 | 11043 | 225.00 | <b>375.00</b>   |
| FIRST THINGS FIRST              | 10365 | 137.16 | <b>240.34</b>   |
| FIT FOR LIFE                    | 10330 | 214.68 | <b>731.73</b>   |
| FLYING BLIND BIG BOOK STUDY     | 11479 |        | <b>360.00</b>   |
| FOLSOM BIG BOOK                 | 10545 |        | <b>2,082.40</b> |
| FOLSOM FRIDAY NIGHT             | 10501 |        | <b>1,126.69</b> |
| FOLSOM NOON NEW LIFE            | 10517 |        | <b>200.00</b>   |
| FOLSOM SATURDAY MORNING MTG     | 10607 |        | <b>440.00</b>   |
| FOLSOM TUESDAY NIGHT MEN'S      | 10371 |        | <b>476.97</b>   |
| FOLSOM WAY OF LIFE              | 10557 |        | <b>1,200.00</b> |
| FOLSOM WEDNESDAY NIGHT GROUP    | 10078 |        | <b>206.84</b>   |
| FOLSOM YOUNG PEOPLE             | 10624 |        | <b>196.82</b>   |
| FOURTH DIMENSION GROUP          | 11013 |        | <b>545.83</b>   |
| FOX HALL (YUBA CITY)            | 10311 |        | <b>40.00</b>    |
| FREEDOM GROUP                   | 10083 |        | <b>135.42</b>   |
| FRIDAY NIGHT AA MEETING - CARM. | 10623 |        | <b>50.00</b>    |
| FRIDAY NIGHT DOUBLE A GROUP     | 10288 |        | <b>279.25</b>   |
| FRIDAY NITE FAMILY GROUP AA     | 10655 |        | <b>200.00</b>   |
| FRUITVALE GROUP                 | 10526 |        | <b>165.52</b>   |
| GALT FELLOWSHIP                 | 10090 | 100.00 | <b>1,000.00</b> |
| GIBBONS NOON                    | 10668 |        | <b>544.15</b>   |
| GRANITE BAY/LAKESIDE            | 10097 |        | <b>150.00</b>   |
| GREENHAVEN GROUP                | 10109 |        | <b>1,359.26</b> |
| GROUP ONE                       | 10111 |        | <b>90.00</b>    |
| GROUP THREE                     | 10112 | 161.96 | <b>1,695.86</b> |
| HAPPY CAMPERS                   | 10457 |        | <b>138.00</b>   |
| HAPPY DESTINY                   | 11065 |        | <b>179.02</b>   |
| HAPPY HOUR RANCHO GROUP         | 11024 | 100.00 | <b>300.00</b>   |
| HELPING HANDS                   | 10671 |        | <b>265.42</b>   |
| HIGH FLYERS                     | 10476 |        | <b>325.00</b>   |
| HOLY SMOKELESS                  | 10115 |        | <b>130.00</b>   |
| IN ALL OUR AFFAIRS              | 10396 | 250.00 | <b>510.00</b>   |
| INTO ACTION                     | 10533 |        | <b>200.00</b>   |
| JACKSON RANCHERIA FWP           | 11555 |        | <b>0.00</b>     |
| JUST AA                         | 11622 |        | <b>52.05</b>    |
| KEEP IT SIMPLE SPIRITUALLY      | 11107 |        | <b>630.00</b>   |
| KEEP IT SIMPLE, ELK GROVE       | 11348 |        | <b>66.60</b>    |
| LINCOLN HILLS GROUP             | 11338 |        | <b>76.00</b>    |
| LINCOLN THURSDAY NIGHT GP       | 10539 |        | <b>344.82</b>   |
| LIVING SOBER WOMEN - FRIDAY     | 10345 | 196.00 | <b>196.00</b>   |
| LOOMIS FELLOWSHIP               | 10132 |        | <b>340.00</b>   |
| LOOMIS WED BIG BOOK STUDY       | 10681 |        | <b>60.00</b>    |
| LOOMIS WOMEN'S STEP STUDY       | 11069 |        | <b>180.00</b>   |
| MAD @ KENNETH GROUP             | 10683 |        | <b>146.98</b>   |
| MARYSVILLE SERENITY GP          | 10142 |        | <b>50.00</b>    |
| MEN AT WORK                     | 11016 |        | <b>80.00</b>    |

|                                  |       |        |          |
|----------------------------------|-------|--------|----------|
| MONDAY NIGHT WOMEN'S STEP STUDY  | 10159 |        | 225.00   |
| MONDAY PM WOMENS (GIBBONS)       | 10118 |        | 289.17   |
| MORE WILL BE REVEALED            | 11629 |        | 156.25   |
| MOTHERLODE FELLOWSHIP            | 10186 | 25.00  | 200.00   |
| MYSTIC CHIX                      | 10635 |        | 309.02   |
| NATOMAS GROUP                    | 10411 |        | 358.93   |
| NEVER ON TUESDAY                 | 10653 |        | 1,515.00 |
| NEW HOPE GROUP                   | 10172 |        | 963.10   |
| NORTH AUBURN GROUP               | 10656 | 30.00  | 52.02    |
| NORTH HALL GROUP                 | 10177 | 106.96 | 330.74   |
| NORTH HIGHLANDS FIRESIDE GP      | 10166 |        | 57.99    |
| NORTHERN CA WOMAN TO WOMAN       | 11168 |        | 850.00   |
| OAK TREE GROUP                   | 10180 | 555.18 | 2,292.52 |
| OLD TIME VALUES                  | 0     |        | 83.99    |
| ONE DAY AT A TIME GROUP          | 10387 | 90.00  | 190.00   |
| ORANGEVALE OPEN                  | 10182 |        | 193.00   |
| ORANGEVALE SIXTY MINUTE GP       | 10490 |        | 500.00   |
| PATHWAY TO SPIRITUALITY          | 10191 |        | 99.26    |
| PHOENIX FWP                      | 10193 |        | 460.00   |
| PINE GROVE FELLOWSHIP            | 10651 |        | 10.00    |
| PLACERVILLE HANGTOWN GROUP       | 10198 |        | 96.00    |
| PROMISES GROUP - DIXON           | 11510 |        | 90.00    |
| RAILROAD FLAT AA GROUP           | 11077 |        | 5.00     |
| RANCHERIA FELLOWSHIP             | 11555 |        | 165.20   |
| RANCHO MURIETA GROUP             | 10609 | 362.82 | 1,630.43 |
| RECOVERY PLAIN AND SIMPLE        | 11609 | 25.00  | 25.00    |
| REBELLION DOGS                   | 10363 |        | 493.46   |
| RIO LINDA FELLOWSHIP             | 10203 |        | 50.00    |
| RIVER PARK RECOVERY              | 10553 |        | 405.00   |
| RIVER PINES AA                   | 10955 |        | 20.00    |
| ROCKLIN FWP                      | 10677 | 50.00  | 450.00   |
| ROCKLIN RACE TRACK GP            | 10436 |        | 100.00   |
| ROLOFF TO RECOVERY MEN'S         | 10435 |        | 120.00   |
| ROSEVILLE 5TH STREET FWP         | 10465 |        | 120.00   |
| ROSEVILLE MONDAY NITE FWP        | 10208 |        | 200.00   |
| ROSEVILLE TUESDAY NIGHT          | 10215 | 350.00 | 4,901.60 |
| ROSEVILLE TUESDAY NIGHT 12&12    | 10646 |        | 389.18   |
| ROUND TABLE GROUP                | 10217 |        | 35.00    |
| RULE 62                          | 11083 |        | 500.00   |
| SACRAMENTO DOWNTOWN MEN          | 10640 |        | 393.38   |
| SATURDAY E.D.I.                  | 10527 |        | 546.43   |
| SATURDAY MORNING REFLECTIONS GRP | 11110 |        | 568.85   |
| SECOND CHANCE GROUP              | 10494 |        | 600.00   |
| SERENDIPITY AS BILL SEES IT      | 11111 |        | 255.00   |
| SERENITY BOOK & STEP STUDY       | 10613 | 65.00  | 660.00   |
| SERENITY LUNCH GROUP             | 10233 |        | 100.00   |
| SHARING & CARING FWP             | 10222 |        | 167.00   |
| SIERRA PINES                     | 10687 |        | 404.40   |
| SIERRA STEP SISTERS              | 10678 |        | 96.64    |
| SIERRA WEDNESDAY AM GP           | 10224 |        | 25.14    |
| SIMPLY AA                        | 11335 |        | 67.53    |
| SISTERS OF SOBRIETY              | 10665 | 40.00  | 190.00   |
| SIXTY MINUTE SOLUTION GROUP      | 10500 | 115.22 | 844.85   |

|                                    |       |        |           |
|------------------------------------|-------|--------|-----------|
| SOBRIETY SPEAKS                    | 11567 | 100.00 | 300.00    |
| SOUTHPORT SERENITY                 | 10627 |        | 356.85    |
| SPIRITUALLY SPEAKING GROUP         | 10238 |        | 320.80    |
| STIX CHIX-PLACERVILLE              | 0     |        | 190.40    |
| STRAIGHT MEN'S GROUP               | 10259 |        | 2,000.00  |
| SUNDAY MORNING SERENITY            | 10504 |        | 591.50    |
| SUNDAY NIGHT MENS MEETING          | 10475 | 75.00  | 364.00    |
| SUNDAY NIGHT RECOVERY HOUR         | 10261 |        | 1,256.00  |
| SUNDAY REFLECTIONS                 | 11362 |        | 107.00    |
| SUNRISE SPEAKER MEETING            | 10262 | 30.14  | 559.34    |
| SUNSET HAPPY HOUR WOMEN            | 10267 |        | 185.00    |
| SUNSET SATURDAY                    | 10266 |        | 300.00    |
| SUNSET WEDNESDAY WOMEN 11AM        | 10273 | 210.00 | 468.00    |
| THANK GOD IT'S SMOKE FREE          | 10487 |        | 266.06    |
| THE OTHER MEETING                  | 0     |        | 20.00     |
| THREE LEGACIES GROUP               | 10280 |        | 250.00    |
| THURSDAY NIGHT MEN'S GROUP         | 10281 | 377.50 | 377.50    |
| TIME TO START LIVING               | 11103 |        | 40.00     |
| TOO YOUNG                          | 10682 |        | 116.13    |
| TRADITIONAL GROUP                  | 10283 | 183.57 | 1,318.17  |
| TRADITIONS & CONCEPTS MTG          | 11706 | 12.25  | 55.82     |
| TUESDAY MIDTOWN GROUP              | 11515 |        | 298.46    |
| TUESDAY NIGHT BEGINNERS            | 10459 |        | 40.51     |
| TUESDAY NIGHT BYOB AUBURN          | 11640 | 19.89  | 77.89     |
| TUESDAY NIGHT CARMICHAEL           | 10285 |        | 120.00    |
| TUESDAY NIGHT GRP-PLYMOUTH         | 11327 |        | 25.00     |
| TWELVE BRIDGES STEP STUDY          | 11543 |        | 223.46    |
| TWELVE STEP TO SOBRIETY            | 10971 |        | 175.00    |
| VALLEY SPRINGS FELLOWSHIP          | 11093 |        | 44.00     |
| WE CAN FRIDAY NIGHT GP             | 10660 |        | 20.00     |
| WE CARE GROUP                      | 10293 |        | 200.00    |
| WEDNESDAY NIGHT 12X12 BK STDY      | 11176 |        | 282.00    |
| WEDNESDAY WOMEN'S STEP STUDY DAVIS | 10067 |        | 22.20     |
| WELCOME GROUP                      | 11415 |        | 750.34    |
| WHAT A WAY TO START A WKND         | 10296 |        | 381.50    |
| WHITE FLAG MEN'S GROUP             | 10299 |        | 323.75    |
| WILLING WOMEN                      | 10304 |        | 214.35    |
| WINTERS KITCHEN TABLE              | 10227 | 50.00  | 100.00    |
| WOMAN FOR WOMAN                    | 11104 | 53.03  | 161.96    |
| WOMEN IN RECOVERY                  | 10309 |        | 345.81    |
| WOMEN UNDER CONSTRUCTION           | 10534 |        | 150.00    |
| WOMEN'S CLOSE KNIT GROUP           | 10650 | 50.00  | 500.00    |
| WOODLAND TRADITIONAL GROUP         | 11047 |        | 88.50     |
| ZINFANDEL & CORDOVA LANE GROUP     |       |        | 75,520.87 |



## The Fellowship Celebrates Gratitude Month

“Gratitude should go forward, rather than backward,” wrote Bill W. in a 1959 letter. “In other words, if you carry the message to others, you will be making the best possible repayment for the help given you.”

For many A.A.s, these words, especially when combined with the quote referenced throughout the Big Book that “Faith without works is dead,” serve as a sure-fire recipe for love and service.

Gratitude is an integral part of sobriety – both on an individual and a group level – and over 50 years the Fellowship has officially focused on gratitude in the month of November. This began in 1956 when the Sixth General Service Conference approved a motion asking the General Service Office to designate Thanksgiving Week each year as “A.A. Gratitude Week.”

Grateful for the sobriety they’ve been given and eager to pass it on, countless A.A. groups use the month of November to open the door of gratitude ever wider. Many groups hold Traditions meetings or topic meetings focused on gratitude. Many hold Gratitude Dinners, combining home cooked meals with A.A. speaker meetings and fellowship, renting halls, selling tickets for the meal, and sending any proceeds raised to the General Service Office or their local intergroup/central office. On a personal level, many A.A. members are busier than ever, reaching out to Loners, people with special needs, members of minority groups and previously unreached alcoholics, finding their own special ways to say thank you during Gratitude Month and, indeed, all year long.

Some groups like to take time in November to focus on A.A. history and remembering the vital strands of spiritual influence, information and help that A.A.’s nonalcoholic friends brought to the Fellowship in its early years – help and influence that they continue to provide today. By holding Big Book meetings and meetings centered on A.A. history, or having a group video night showing “Markings On the Journey,” A.A.’s critical legacy of service can be nurtured and expanded, giving newcomers a sense of connection to the Fellowship’s illustrious past.

A couple of Canadian members recently came up with an innovative way to celebrate Gratitude Month (which is October in Canada), suggesting contributing the price of a bottle of beer for each year of their sobriety in order to buy subscriptions to the Grapevine for local institutions. “Many members thought it was a good idea,” wrote Jack S. of Sault Ste. Marie, “because when they were incarcerated the Grapevines they received helped to keep them sober.”

At least twenty members, from two months to forty-three years sober, donated money toward this goal and Jack was happy to report “we collected enough money for ten three-year subscriptions to the local institutions in Ontario, Canada.”

Gratitude can be expressed through actions big and small, and some A.A.s find November to be a good time simply to invite a sponsor or sponsee to lunch, or to reach out to oldtimers and out-of-towners who show up at their home group meetings. As noted in the essay on Step Twelve in Twelve Steps and Twelve Traditions, “We sit in A.A. meetings and listen, not only to receive something ourselves, but to give the reassurance and support which our presence can bring. If our turn comes to speak at a meeting, we again try to carry A.A.’s message. Whether our audience is one or many, it is still Twelfth Step work.

Gratitude. It serves us best when it’s kept alive, in our individual lives and in our group conscience. A.A. is a program of action and while gratitude can’t possibly be confined to a single week, a particular month, or even a given year, a special investment of gratitude during November will often bring a full return.

“I try to hold fast to the truth that a full and thankful heart cannot entertain great conceits,” wrote Bill W. in a March 1962 Grapevine article. “When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know.”

*This article is reprinted from Box 4-5-9, October/November 2008*



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**BIRTHDAY CLUB**

One way members have been expressing their gratitude is by sending a donation to Central Office as their birthday approaches. You may send a dollar for each year or whatever you can afford. If you feel that you would like to make this donation, please fill in and return to Central Office



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