*Central California Fellowship of Alcoholics Anonymous*

# *By The Way*

9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org

**November, 2009**

November is GRATITUDE Month

## In this Issue!

Master Calendar . . . . . 2-3
Speaker Meetings . . . . . 4
Group News . . . . . 5-6
Birthdays . . . . . 6-7
Book of the Month . . . . . 8
Special Events.. . . . . 9
Delegates' Report . . . . . 10-19
Treasurer's Report . . . . . 18-19
2010 Budget . . . . . 16-17
AA Word Search . . . . . *NEW!* . . . . . 21
Group Contributions . . . . . 26-27

HAPPY THANKSGIVING

**We GIVE AWAY TO KEEP.**

**That seems absurd and untrue. How can you keep anything if you give it away?**

**But in order to keep whatever it is we get in AA, we must go about giving it away to others, for no fees or rewards of any kind.**

**When we cannot afford to give away what we have received so freely in AA, we had better get ready for our next "drunk." It will happen every time.**

**We've got to continue to give it away in order to keep it.** - *Experience, Strength and Hope*, p. 156

Thought to Ponder . . .

**We surrender to win; we give away to keep; we suffer to get well; we die to live.**

**Central Office will be**

**OPENED**

**Veterans Day --November 11th**

**CLOSED**

**Thanksgiving --November 26th & 27th**

**WHY ALCOHOLICS ANONYMOUS IS ANONYMOUS**

**--1955—**

**(How Bill W. felt about anonymity 20 years after AA was formed)**

As never before, the struggle for power, importance and wealth is tearing civilization apart. Man against man, family against family, group against group, nation against nation.

Nearly all those engaged in this fierce competition declare that their aim is peace and justice for themselves, their neighbors and their nations … give us power and we shall have justice; give us fame and we shall set a great example; give us money and we shall be comfortable and happy. People throughout the world deeply believe that, and act accordingly. On this appalling dry bender, society seems to be staggering down a dead-end road. The stop sign is clearly marked: It says, "Disaster."

What has this got to do with anonymity and Alcoholics Anonymous?

We of AA ought to know. Nearly every one of us has traversed this identical dead-end path. Powered by alcohol and self-justification, many of us have pursued the phantoms of self-importance and money right up to the disaster stop sign. Then came AA. We faced about and found ourselves on a new high-road where the direction signs said never a word about power, fame or wealth. The new signs read, "This way to sanity and serenity – the price is self-sacrifice." (Continued on page 25)

## 2009 Deadline Dates for Submissions

All submissions need to be in by 5:00PM.

| Month | Flyers | By The Way |
|---|---|---|
| November | Tuesday 10th | Friday 20th |
| December | Thursday 10th | Friday 18th |

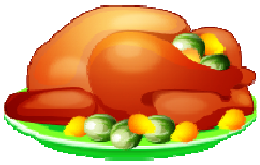
## OPEN SHIFTS/POSITIONS

Teleservice Co-chairperson

**PLEASE announce at meetings.**

**Sobriety requirement is 6 months.**

Teleservice is looking for reliable people to do 12-step work when called upon. Please contact Central Office if you want to make yourself available to do 12-step work. We have a waiting list for those folks interested in doing service work. To make yourself available for an open shift on the Teledesk, place your name on the shift waiting list by calling Central Office at (916) 454-1771. Please contact Central Office at (916) 454-1771 or Carla at (916) 519-7340 for more information.



FROM THE STAFF AND VOLUNTEERS OF CENTRAL OFFICE..

## Central Office Volunteer Service

| Flyers | By The Way |
|---|---|
| November 11th | November 30th |
| December 11th | December 30th |

Central Office would like to have volunteers arrive at 9:00AM on the above dates. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings. Please call (916) 454-1771 to let us know you plan to

## Be of Service at Your Local Central Office!

Volunteers* answer the hotline from 9AM to 1PM and 1PM to 5PM Monday through Friday at the local office.

We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.

*Volunteers need a minimum of six months of sobriety to answer the hotline.

## Teledesk Volunteer Sign Up

**Name:** _____

Address: _____

City/Zip Code: _____

Daytime Phone: _____

Sobriety Date: _____

Days Available: _____

Shifts Available: _____

### What is Central Office?

A Central Office (or Intergroup) is an A.A. service office that involves partnership among groups in a community--just as A.A. groups themselves are partnerships of individuals. A central office is established to carry out certain functions common to all the groups-functions which are best handled by a centralized office--and it is usually maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

**Your Central Office Hours**

Monday-Friday: 9:00 am to 5:00 pm

### Gratitude Quilt Raffle

Saturday, November 28th, 10AM at

**WHAT A WAY TO START A WEEKEND WOMEN'S GROUP** --9849 Fair Oaks Blvd (United Methodist Church Youth Hall)

The proceeds will be going to the CCFAA office. Please check the flyer mailing for details! Or call Central Office at 916-454-1771.

## Service Opportunities at CCFAA!

We need volunteers to help with the assembly of the flyer mailing on Wednesday, November 11th at 9:00AM.
We also need volunteers to help with the assembly of the By the Way mailing on Monday, November 30th at 9:00AM.

## PI/CPC Needs You!

Monthly meetings will be held every 3rd Monday from 7:00PM to 9:00PM in the Citrus Heights Police Dept. Community Meeting Room, 6315 Fountain Square Drive off Greenback.

## Group Delegates

Please let us know who you are so we can send your group a **FREE** copy of By The Way and the flyer mailing each month. We want to be sure we have up-to-date info about your meeting location, day, time, and format. CCFAA is here to be of service to you and your group.

Does your group have a CCFAA Delegate? Every registered group is entitled to be represented. Your group's participation helps us to do a better job of service to our AA community. Call us if you would like to know more about the duties and rewards of being a CCFAA delegate.

Please feel free to visit your Central Office located at 9960 Business Park Dr., Suite 110 in Sacramento!

## CNIA Area Planning Committee

Saturday, December 19th

East Yolo Fellowship

1040 Soule Street, West Sacramento

## H&I Monthly Meeting

3rd Thursday, November 19th at 6PM
Coco's Restaurant, 1830 Arden Way, Sacramento

## Flyers Anyone?

All registered groups are welcome to email us an electronic (soft) copy of your flyers at centraloffice@aasacramento.org so we can add them to our website.

## CCFAA ELECTIONS

Saturday, November 21, 2009
2:00PM
2703 El Camino Ave., Sacramento

## Office Operations Committee

Tuesday, November 17th at 6:00PM at Central Office, 9960 Business Park Dr. Suite 110, Sacramento, CA 95827

*By The Way is published monthly by the Central California Fellowship of Alcoholics Anonymous, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is $12.00 per year. Opinions, letters, and stories printed in By The Way are not to be attributed to Alcoholics Anonymous, the Central California Fellowship of Alcoholics Anonymous or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.*

### 2010 International Convention of Alcoholics Anonymous

The 2010 International Convention of Alcoholics Anonymous will be held July 1-4, 2010 in San Antonio, Texas with the theme, "A Vision for You." AA members and guests from around the world will celebrate AA's 75th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Alamodome. Other meetings, scheduled or informal, will take place throughout the weekend in the San Antonio Convention Center and local hotels.

Convention registration and housing reservations are now open. All necessary information is included in the registration packet available at Central Office. This packet lists numbers to call for answers to specific questions about housing, the program, tours, etc. and has been mailed to A.A. groups, offices and contacts around the world. It also posted to our website: www.aasacramento.org

### CNIA 07

**2009 ELECTION ASSEMBLY**

Friday, November 20- Sunday, November 22

Marriott Sacramento Cal Expo

1782 Tribune Road

Sacramento, CA 95815

## Teleservice Activity Report September 2009

| Teleservice | Sept | YTD |
|---|---|---|
| 12 Step | 52 | 592 |
| Meetings/Info | 652 | 5434 |
| Total Calls | 701 | 6026 |

## Teledesk Activity Report September 2009

| Teledesk | Sept | YTD |
|---|---|---|
| 12 Step | 11 | 86 |
| Meetings/Info | 575 | 4747 |
| Total Calls | 586 | 4833 |

## *WEEKLY SPEAKER MEETINGS*

**CAMERON PARK GROUP ~ WHEN:** Every Saturday, 8:00PM to 9:30PM. WHERE: Light of the Hills Church, 3100 Rodeo Dr., Cameron Park. Last Saturday is Birthday Night – November Speakers: 7th -Mary S.G., Traditional Gp.; Nov 14th--Don W., Group 3; Nov 21st--Larry R., Hangtown Gp.; Nov 28th --Laurie K., Old Time Values Gp.--Please Join Us!!

**FOLSOM WAY OF LIFE GROUP ~ WHEN:** Every Thursday, 7:00PM. **WHERE:** Journey Church, 450 Blue Ravine Road, Folsom.

**ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN:** Every Saturday, 8-9:30PM. **WHERE:** 315 Lincoln St., Roseville. Directions: I80 to Riverside; Riverside becomes Vernon; Right on Grant; Left of Oak; Left on Washington under the bridge; Right on Church St.; Right on Lincoln St. There is additional parking in the back.

**SUNRISE SPEAKER MEETING ~ WHEN:** Every Sunday from 11:00AM-12:00PM. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael. We have local speakers who inspire and inform. All are welcome.

## *MONTHLY SPEAKER MEETINGS*

**ACTION GETS IT GOING: ~ WHEN:** Last Sunday of the month. **WHERE:** Deterding Park, 1415 Rushden Drive, Sacramento, CA 95864; off Hurley Way at the traffic light between Watt and Morse Avenues (at the clubhouse near the swings). The last Sunday is also birthday night, with one 10-minute speaker and one 20-minute speaker.

**AUBURN FELLOWSHIP ~ WHEN:** Every third Saturday at 7:30PM. **WHERE:** 228 Palm Avenue Auburn, CA 95603.

**DAVIS HOPE GROUP ~ WHEN:** First Saturday of each month at 7:00PM. **WHERE:** St. Martin's Church ,640 Hawthorne at Sycamore, Davis.

**ELK GROVE FELLOWSHIP ~ WHEN:** 3rd Saturday of every month. Potluck at 6:30 PM and Speaker at 8:00 PM **WHERE:** Native Sons Hall 9151 Grove St., Elk Grove; corner of Kent and Grove Streets.

**GALT FELLOWSHIP ~ WHEN:** 1st Saturday of every month. Dinner: 6:00 p.m., Speaker Meeting: 7:00 p.m. Group supplies main course; bring a side dish or just yourself and some friends and join us! Located at 169 4th St., Galt. Call 209-745-1525 for more info. . NOVEMBER 7th (Group's 38th Anniversary): Roast Beef Dinner/Speaker Wayne B., Santa Monica. DECEMBER 5th: Turkey Dinner/Speaker Roger R., Herald. Upcoming for Year 2010: JANUARY 2nd: Beef Stew & Biscuits/Speaker Bud A., Modesto. **CALL (209) 745-1525 FOR MORE INFORMATION.**

**GROUP ONE ~ WHEN:** Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St., Sacramento.

**GROUP THREE ~ WHEN:** Saturday, November 21st at 8:00 p.m. **WHERE:** 8760-D La Riviera Drive, Sacramento, CA .

**HOPE AND SERENITY SPEAKER MEETING ~ WHEN:** First Saturday of the month at 8:00PM. **WHERE:** UC Davis Cancer Center, 4501 X Street, Sacramento. Parking $2.00 (UCD required). Groups interested in hosting a meeting please contact Millie F. at (916) 802-1463.

**MIDTOWN SOLUTIONS ~ WHEN:** Last Saturday of the month at 7:00pm to 8:15pm. **WHERE:** 2903 30th Street (near Franklin Blvd. and 4th Ave).

**NEW HOPE GROUP ~ WHEN:** Last Saturday of every month 7PM. **WHERE:** St. Francis Episcopal Church 11430 Fair Oaks Blvd., Fair Oaks

**NORTH HALL GROUP ~ WHEN: Third** Saturday of the month, 8:00 pm, at 3501 2nd Ave., Sacramento 95817.

**NORTH SACRAMENTO GROUP ~** First Saturday of the month, 8:00 pm, at 2330 Fairfield St., Sacramento, 95814.

**RIO LINDA FELLOWSHIP:** Come to our 27th **Anniversary Party at Calvary Lutheran Church, November 20, 2009. Dinner at 6:00 pm, Speaker meeting at 8:00 pm.**

**ROSEVILLE 5TH STREET FELLOWSHIP ~** Last Friday of the month, 8:00 pm, at the Roseville Alano Club, 111 5th St, Roseville, CA.

**SACRAMENTO MONTHLY SPEAKER MEETING ~ Second** Saturday of every month at 8:00 pm at the Centennial Methodist Church, 5401 Freeport Blvd., Sacramento, 1 block North of the intersection of Fruitridge & Freeport Blvd. Please join us for dinner with the speaker & committee @ Marie Callender's on Freeport @ 6:00 PM. Please RSVP for the dinner by leaving a message for Tom P. at 916-798-1663 (include your phone number and number of guests.) Dec 12th (Ingrid P/Penryn).

**SACYPAA: ~ Fourth** Saturday of the month, 8:00 pm, at St Marks United Methodist Church 2391 St. Marks Way, Sacramento. There will be a game night following the speaker meeting. Bring your favorite games (board, cards, etc.). For directions or more information, visit www.sacypaa.org or call Jordan at 916-261-2068 or Chelsea at 916-271-2342.

**TRADITIONAL GROUP ~** . 2703 El Camino Ave. at Fulton Ave. Nov. 22, 2009. Main Speaker is Moira F. from Happy Campers and the 10-minute speaker is Greg M. from the Traditional Group.

## *GROUP NEWS*

**11TH STEP MEDITATION MEETING**: Meets on Wednesday nights at 6PM at Sunlight of the Spirit Books & Gifts, 2314 J St., Sacramento 95816. This is an open, non-smoking, wheelchair-accessible meeting.

**12-SQUARED GROUP**: This open, one-hour, study, non-smoking, wheelchair accessible meeting is held at 6:00PM at St. Stephens Lutheran Church, 1001 Olson Lane, El Dorado Hills.

**ACTION GETS IT GOING**: St. Paul's Episcopal Church, 1430 J St. (at the corner of 15th and J in downtown Sacramento). Our meetings are open, non-smoking, wheelchair accessible, and an hour and a half. We meet Sundays at 7PM (3rd Sunday is a speaker meeting), Tuesdays at 8PM (a 12&12 Study), and Fridays at 8PM (Big Book Study). NOTE: Tuesdays and Fridays are in the portable building next to church; Sunday is in the sanctuary. Newcomers are welcome!

**COLFAX BIG BOOK STUDY**: Is a new group that will be meeting on Thursday nights from 7pm to 8pm. Join us at 59 W. Church St, Colfax CA 95713 (United Methodist Church). This will be a one hour, closed, study meeting.

**DIXON NO NAME GROUP**: Is starting a new meeting on Monday mornings at 6:30AM. Join us at 700 N. Adams St. in Dixon, CA 95620. This will be a Daily Reflections discussion meeting.

**ELK GROVE FELLOWSHIP**: Tuesday Night's 6:30PM Women's 12 & 12 Book Study is now a Guys & Gals 12 & 12 Book Study. Native Sons Hall (corner of Kent & Grove), 9151 Grove St., Elk Grove 95624.

**FEARLESS AND THOROUGH GROUP**: A one-hour book study with help from the Joe and Charlie tapes. Same time and place – new name, new energy. Sundays 6:00PM to 7:00PM at Serna Village, 5836 Dudley Blvd. ( 34th Street ), McClellan Business Park ( N. Highlands ). Meeting room, kitchen, parking lot, bathrooms are all wheelchair accessible. Open to all – J.P. and Tom D. welcome you!

**FRIDAY LUNCH BUNCH**: New open, one hour, non-smoking meeting at noon on Fridays at the American River Alano Club, 9346 Greenback Ln., Suite 8, Room A, Orangevale.

**GALT FELLOWSHIP**: Birthdays are celebrated on the last Saturday of each month. We have 20 regularly scheduled meetings listed in the directory, all one hour, no smoking. Call our 24 hr. answering service at 209-745-1525 for further info.

**HOLY SMOKELESS GROUP**: Meets every Tuesday from 7:30PM to 8:30PM at the Lutheran Church of the Good Shepherd Fireside Room located at Morse Avenue at Arden Way. Please join us for a Step Study Meeting of Alcoholics Anonymous. This is an open, wheelchair accessible, non-smoking meeting.

**NORTH HALL**: Meeting location in a new neck of the woods! As of May 1st, our new location is at 3501 2nd Avenue, Sacramento 95817. This is caddy corner to its old location. We invite you to come by and visit us at our new home.

**PATHWAY TO SPIRITUALITY**: This closed women's meeting which meets on Thursdays in downtown Sacramento at 5:30PM has changed from an hour and a half meeting to an hour meeting. 2529 K St., Sacramento 95816.

**RED EYE BREAKFAST GROUP**: New open discussion meeting meets at 940 Eleanor in N. Sacramento Mon. thru Fri. 8AM to 9AM.

**RIO LINDA FELLOWSHIP** now has air-conditioning! We meet at Calvary Lutheran Church, 515 L St. at 5th St.; Tuesday: 7:00 pm; Wednesday, 7:30 pm; Friday, 7:00 pm, and Sunday, 6 pm. All meetings are open and one-hour.

**ROLOFF TO RECOVERY – Men's Group –** Needs support! We meet every Friday evening, 6:30-7:30 pm at the American River Alano, 9346 Greenback Ln., Orangevale, CA. This is a one hour chair/ discussion group. Guys, please come join us….

**ROSEVILLE FELLOWSHIP MONDAY NIGHT GROUP**: Needs support! We meet every Monday night 7:00PM to 8:00PM at 10020 Foothills Blvd., Roseville 95747.

**ROUND TABLE AA GROUP** meets every Monday night, 8:00-9:00 pm, at St. Andrews Episcopal Church at 7850 Watt Ave. in Antelope, CA. It is a non-smoking, open meeting with wheelchair entrance.

**SHABOT SHALOM:** Mosaic Law Congregation, Education Bldg. Room 6, 2300 Sierra Blvd., Sacramento, CA 95825 (between Fulton & Howe). 1st Thursday of the month- 6:30pm to 8:00 pm. Open step and Big Book study meeting w/ no smoking. Contact Leslie at 972-7279 for more info.

**SHOEMAKERS GROUP**: The address for the Shoemakers Group that meets Sundays at 11AM in Grass Valley is now 155 Glasson Way Sierra Nevada Memorial Hospital).

**SPIRITUALLY SPEAKING GROUP**: Meets every Sunday from 5:30PM to 6:30PM at Kaiser Hospital located at Cottage Way at Morse Ave. This is a Closed Daily Reflections meeting that meets in the conference room next to the cafeteria in the basement.

**STEP 2 MEN'S GROUP**: Has added a closed, men's, one hour, no smoking, wheelchair accessible meeting to their weekly schedule – Thursday at 11:30AM. They are located at 2529 K St, Sacramento 95816.

**STEP SISTERS**: Is a women's, open, one hour, no smoking, study group that will be meeting on Thursdays at 5:00PM at St. Andrews Church, 7850 Watt Ave. in Antelope.

**STUDENTS OF SOBRIETY**: Meet every Wednesday from 4:30PM to 5:30PM in Mendocino Hall, Room 1032 (while the semester is running).

**SUNRISE ATTITUDE ADJUSTMENT GROUP OF PLACERVILLE**: is now meeting at The Senior Center, 937 Spring St., Placerville. We meet seven days a week at 7:00AM.

**THE OTHER MEETING** meets in Folsom every Saturday, 7:00 pm, at Oak Hills Church, Rm. B1 (in the portable building), 1100 Blue Ravine Road, Folsom, CA 95630, at the corner of Blue Ravine and Oak Ave. Please join us for a Step Study Meeting of Alcoholics Anonymous.

**THURSDAY NITE MEN'S GROUP**: As of May 7, our new address is 3022 F St. (Greek Orthodox Church), Sacramento 95816. Parking and entrance in the alley way.

**TOO YOUNG GROUP**: is now meeting at St. Mark's United Methodist Church, 2391 St. Mark's Way, Sacramento.

**TRADITIONAL GROUP:** Will be holding their Annual Alkathon meetings for Thanksgiving, Christmas, and New Years. The dates are: Thanksgiving…Wednesday, November 25 – Thursday, November 26; Christmas, Thursday December 24 and Friday, December 25; New Years, Thursday December 31 –Friday January 1st, 2010

**TURNING POINT GROUP**: ***"We need your support!"*** 20-yr old group meets on Wednesday-5:30-6:30 p.m. in Deterding Park Activities Room, 1415 Rushden Drive, Sacramento.

**UNITY GROUP:** NEW MEETING at HUB Alano Club, 518 12th Street, Marysville, CA 95901 Open Meeting/No Smoking ; Monday thru Friday at noon. (12:00 pm).

**WE CARE GROUP**: invites you to come by and visit us any Sunday evening from 7-8:30pm at Living Hope Church, 5301 Dewey Drive (corner of Palm Ave.), Fair Oaks.

**WHAT A WAY TO START A WEEKEND**: Saturday Open Women's Meeting New timeframe: 10:00-11:30 a.m. Location: 9849 Fair Oaks Blvd Youth Hall, Fair Oaks United Methodist Church. The raffle tickets are here for the GRATITUDE QUILT. Drawing will be November 28, 2009. Please call Kim at 916-454-1100.Single tickets are $3.00 each or $10.00 for five. Remember all proceeds go to the CCFAA!!!

**WOMEN ON WEDNESDAYS**: now meets at the Placer Heights Baptist Church, 2954 Schnell School Rd. in Placerville, at noon.

# Happy Birthday!

**CORDOVA SERENITY SEEKERS**

Marge S. 43 yrs
Elizabeth R. 24 yrs
Delight S. 16 yrs.

**DAILY ATTITUDE ADJUSTMENT**

Elizabeth R. 24 yrs
Pedro 6 yrs
Charlene S. 13 yrs
Deborah W. 3 yrs

**DAVIS FRIDAY NOON GROUP**

Rick B. 19 yrs
Janie M. 2 yrs
Phyl L. 16 yrs
Juan S. 2 yrs
John Mc. 6 yrs

**EAST YOLO FELLOWSHIP**

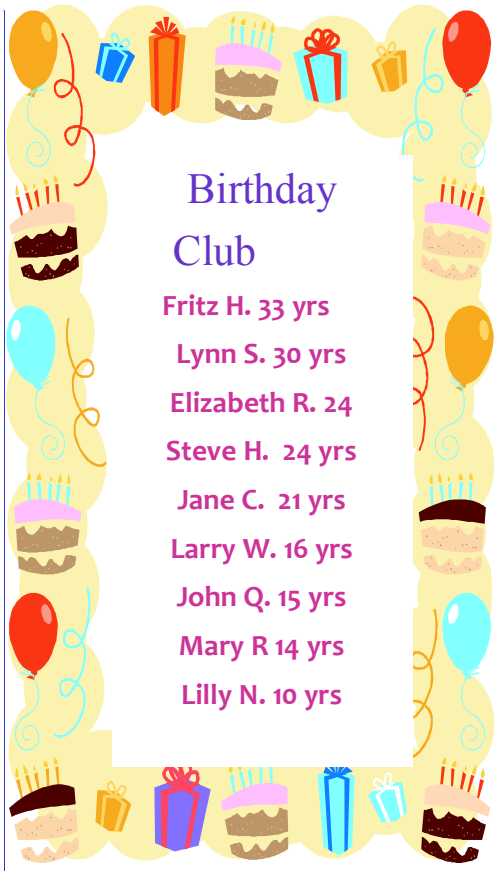
Michele V. 27 yrs
Trish T. 10 yrs
Tim S. 23 yrs
Alyn P. 9 yrs
Ralph V. 22 yrs
Eugene R. 7 yrs
Larry S. 20 yrs
Albert M. 6 yrs
Joe C. 19 yrs
John R. 5 yrs
Victor L. 16 yrs
Vicki A. 5 yrs
Fernando 13 yrs
Lishia R. 3 yrs
Mike S. 13 yrs
Shawn M. 3 yrs
Stephanie B. 10 yrs
Nick L. 3 yrs
Sarah R. 2 yrs

**ELK GROVE FELLOWSHIP**

Michael K. 33 yrs
Larry F. 8 yrs
Carole B. 26 yrs
Andrea G. 5 yrs
Sarah J. 24 yrs
Kris R. 4 yrs
Joop T. 18 yrs
Ken N. 3 yrs
Kevin C. 18 yrs
Ken G. 3 yrs
Teresa D. 18 yrs
Greg B. 3 yrs
Chuck A. 14 yrs
Dan D. 3 yrs
Dan W. 14 yrs
Richard H. 2 yrs
Nonie S. 14 yrs
Dallas T. 13 yrs
Vicki C. 14 yrs

**GALT FELLOWSHIP**

Sara J. 24 yrs
Lea R. 3 yrs
Brian 5 yrs
Alex 2 yrs
Carrie 3 yrs
Tracy D. 2 yrs




## NOVEMBER BIRTHDAYS

**GIBBONS NOON GROUP**

Jim W. 28 yrs
Tiffany S. 1 yr
Ralph V. 27 yrs
Mark B. 1 yr
Beth R.G. 14 yrs
Josh W. 1 yr
Dennis M. 13 yrs
Vanessa A. 1 yr
Gary B. 9 yrs
Stacey C. 1 yr
Pete A. 6 yrs

**GREENHAVEN**

Joe T. 13 yrs
Nancy C. 6 yrs
Will S. 13 yrs
Andrea 2 yrs
Mariano C. 7 yrs
Linda N. 1 yr
Joanna V. 7 yrs

**GROUP ONE**

Connie C. 22 yrs
Bobbie B. 2 yrs
Fernando C. 13 yrs
David L. 2yrs
Gary B. 12 yrs
Cherice C. 2 yrs
Gary B. 5 yrs
Joe A. 2 yrs
Sean G. 5 yrs
Daniel M. 2 yrs
David S. 3 yrs
Joseph P. 1 yr
Jackie A. 3 yrs
Vivien H. 1 yr

**Group 3**

Sandy M. 34 yrs
Beverly S. 8 yrs

**GROUP 3 (cont'd)**

Leo M. 31 yrs
Deana C. 7 yrs
Pete W. 23 yrs
Teresa G. 6 yrs
Mary Ann R. 18 yrs
Clarence R. 5 yrs
Paula R. 16 yrs
Jessica V. 5 yrs
Carla S. 10 yrs
Steve H. 2 yrs
Reid C. 12 yrs
William S. 2yrs
Tim H. 9 yrs
Jim L. 1 yr
Mike S. 1 yr

**NATOMAS GROUP**

Bud T. 4 yrs
Mick L. 1 yr
Pamila J. 4 yrs
Stacy C. 1 yr
Annie H. 4 yrs
Chris O. 1 yr

**NORTH HALL**

Melonnee P. 26 yrs
Jim P. 5 yrs
Laurie O. 24 yrs
Carlin M. 5 yrs
Jay V. 23 yrs
Sorena 5 yrs
Bill R. 22 yrs
Michael Z. 4 yrs
Don D. 22 yrs
Marion D. 4 yrs
Evan A. 21 yrs
David S. 4 yrs
Sue M. 18 yrs
Donna B. 4 yrs
Steve S. 15 yrs
Chris H. 4 yrs
KC 13 yrs
Darlene O. 4 yrs
Emma 9 yrs
Leo B. 3 yrs
Rod D. 9 yrs
Ty R. 2 yrs
Rita B. 7 yrs
Joshua B. 2 yrs
John S. 7 yrs
Lacey M. 2 yrs
Matt C. 7 yrs
Donna S. 2 yrs
Kevin A. 7 yrs
Matt B. 2 yrs
Michael R. 7 yrs
Mike R. 2 yrs
Rick R. 6 yrs
Reeni P. 2 yrs
John H. 6 yrs
Benito R. 2 yrs
Bruce P. 6 yrs
Kim K. 1 yr
Garrett B. 6 yrs
Terry P. 1 yr
Terri C. 5 yrs
Pete C. 1 yr

**OAK TREE FELLOWSHIP**

Melonnee P. 26 yrs
Tim 6 yrs
Pete W. 23 yrs
Terri T. 5 yrs
Linda D. 22 yrs
Jim A 5 yrs
Victor L. 16 yrs
Bobby 4 yrs
Gary S. 15 yrs
Janet T. 4 yrs

**OAK TREE FELLOWSHIP (cont'd)**

Austin S. 10 yrs
David C. 3 yrs
Richard A. 8yrs
Jeff L. 3 yrs
Jovina V. 7 yrs
Gwen 2 yrs
Michele D. 2 yrs

**ORANGEVALE OPEN**

**Fred J. 24 yr**
**Tom G. 5 yrs**
Rod K. 20 yrs
Don B. 2 yrs

**REBELLION DOGS GROUP**

Portia D. 24 yrs
Charlie W. 5 yrs
Jim M. 21 yrs
Virgil N. 4 yrs
Al Y. 21 yrs
Tom W. 4 yrs
James W. 8 yrs
Arnold B. 2 yrs

**ROSEVILLE FELLOWSHIP MONDAY NIGHT GROUP**

Lucille T. 30 yrs
Joe P. 1 yr

**ROSEVILLE TUESDAY NIGHT GROUP**

Ted L. 33 yrs
Brad S. 1 yr
Betty M. 27 yrs.5
Matthew 1 yr
Yvonne G. 21 yrs
Aaron A. 5 yrs
Ruth P. 21 yrs
Karen S. 5 yrs
Wendell A. 20 yrs
Melissa B. 4 yrs
Suzanne L. 19 yrs
Lorri B. 4 yrs
Frank C. 18 yrs
Brian N. 4 yrs
Geri G. 17 yrs
Will J. 3 yrs
John Q. 15 yrs
Vicki T 3 yrs
Dave C. 7 yrs
Ryan S. 3 yrs
Karen S. 5 yrs
Tina S. 1 yr
Carol T. 2 yrs
Kelly 1 yr.
Jim C. 2 yrs
Eric C. 1 yr
Michelle E. 2 yrs
Patrick C. 1 yr
Gary G. 2 yrs
Jeff S. 1 yr
Janet H. 2 yrs
Eddie B. 1 yr
Joe V. 5 yrs

**ROUND TABLE AA GROUP**

Lee L. 29 yrs

**SHARING AND CARING**

Lois S. 33 yrs
Anthony Mc. 5 yrs
Moira F. 32 yrs
Lorena 5 yrs

**SHARING AND CARING (cont'd)**

Cheryl F. 24 yrs
Cindy B. 2 yrs
Tom A. 24 yrs
Ellison 2 yrs
Michael D. 23 yrs
Kevin M. 2 yrs
Day E. 22 yrs
Butch 2 yrs
Connie T. 18 yrs
James D. 2 yrs
Gerrie 17 yrs
Colby L. 1 yr
Paula D.M. 15 yrs
John A. 1 yr
Greg D. 15 yrs
John Paul 1 yr
Kevin S. 8 yrs
John L. 1 yr
Jere E. 8 yrs
Kimberly 1 yr
Sheryl F. 8 yrs
Joseph 1 yr
Bruce N. 6 yrs
Candice 1 yr
Tim N. 6 yrs
Gregory S. 1 yr
Josh 5 yrs

**TRADITIONAL GROUP**

Dale B. 45 yrs
Johnny D. 6 yrs
Dale M. 30 yrs
Bruce N. 6 yrs
Mike L. 24 yrs
Eddie L. 4 yrs
Dorian G. 23 yrs
Jessica V. 4 yrs
Tom H. 23 yrs
Jessica V 4 yrs
Rudi R. 22 yrs
Elizabeth B. 3 yrs
Lorraine B. 21 yrs
Max P. 3 yrs
Janet L. 20 yrs
Gonzo 2 yrs
Robert L. 18 yrs
Janie S. 2 yrs
Linda G. 17 yrs
Rick T. 2 yrs
John Q. 15 yrs
Irene P. 2 yrs
Greg D. 15 yrs
Brianne S. 2 yrs
Alan T. 14 yrs
Mike L. 1 yr
Nancy W. 11 yrs
Justin B. 1 yr
Jimmy K. 11 yrs
Nancy B. 1 yr
Julie R. 10 yrs
Randy T. 1 yr
Robin G. 8 yrs
Ed L. 1 yr
Larry F. 8 yrs
Bill R. 1 yr
Joe R. 8 yrs
Robert L. 1 yr
Mike M. 7 yrs
Paul C. 1 yr
Susan R. 7 yrs
Judy C. 1 yr
Tracy B. 7 yrs
Claudia K. 1 yr
Tom F. 6 yrs
Greg S. 1 yr

**WHAT A WAY TO START A WEEKEND**

Bonnie L. 23yrs
Kelly 2yrs
Yvonne G. 21 yrs
Salli R. 2 yrs

**WINTERS KITCHEN TABLE**

Steve P. 24 yrs
Joseph A. 2 yrs
Steve B. 15 yrs
Mike R. 2 yrs
Dennis C. 3 yrs

**WOODLAND TRADITIONAL**

Paul H. 27 yrs
Jimmy G. 2 yrs
Lori O. 18 yrs
Steve G. 2 yrs
Coco P. 16 yrs
Chandara G. 1 yr
Dennis B. 6 yrs
Beca C. 1 yr
Chris 4 yrs
Steve N. 1 yr
Kat K. 3 yrs
Lillian M. 1 yr
Connie D. 2 yrs
Susan F. 1 yr

**WOODLAND GROUPS**

Veronica R. 23 yrs
Leandra D. 2 yrs
Richard M. 12 yrs
Sarah R. 2 yrs
Gary M. 8 yrs
Kenny P. 2 yrs
Miguel V. 4 yrs
Steve G. 2 yrs
James M. 3 yrs
Jimmy G. 2 yrs
Kat K. 3 yrs
Robert R. 2 yrs
Arthur L. 3 yrs
Beca C. 1 yr
Maia G. 3 yrs
Sarah J. 1 yr
Dolores H. 3 yrs
Vinc J. 1 yr
Jason W. 2 yrs
Raymond D. 1 yr
Herbie L. 1 yr

**LATE SUBMISSIONS--October**

AA UNITY GROUP--Larry L. 1 yr

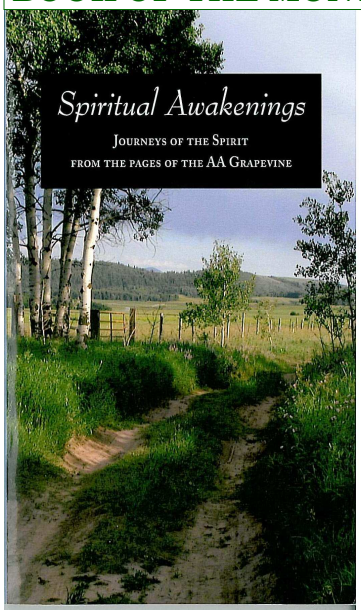
Traditional Group--Lynn S. 30 yrs.

**BELONGING**

**There is no more aloneness, with that awful ache, so deep in the heart of every alcoholic, that nothing, before, could ever reach it. That ache is gone and never need return again...Now there is a sense of belonging...in return for a bottle and a hangover, we have been given the keys of the Kingdom.**

**---Big Book page 276**

## BOOK OF THE MONTH




This compilation from the pages of the AA Grapevine starts with the voices of our co-founders, plus two early friends of AA. One friend, Dr. Harry E. Fosdick, one-time minister of the Riverside Church in New York City, talks about the "essential truths" of our Twelve Steps. "Just as around our bodies there is a physical universe from which replenishing power comes into us," he observes, "so around our souls there is a spiritual Presence in whose fellowship our lives can be sustained and our character transformed."

...According to psychiatrist Dr. Harry Tiebout, another early friend of AA, central to this transformation is our AA principle of anonymity. "The great religions are conscious of the need for nothingness if one is to attain grace," he write, later adding, "the maintenance of a feeling of anonymity --of a feeling 'I am nothing special'--is a basic insurance of humility and so a basic safeguard against further trouble with alcohol."

Dr Bob takes up the topic of humility...Although in Dr Bob's words, "the ego of the alcoholic dies a hard death," " in the transformation of sobriety we can find some measure of humility"...Bill W. is led to comment that the real monument to his life is "one word only, which we AAs have written. That word is sacrifice."

Spiritual presence, transformation, anonymity, humility, simplicity, sacrifice. What better foundation upon which to build new lives? A great read!

**AVAILABLE NOW AT CO**

### That Ain't in the Book!

We hear a lot of stuff said in meetings that can't be reconciled with the program as described in the Big Book of Alcoholics Anonymous, such as: **"This is a selfish program."**

BB page 14-15--*"For if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead."*

*"Selfishness, self-centeredness! That we think is the root of our troubles.* " BB, page 62

**Question:** What we really have is a daily reprieve contingent on the maintenance of our _____ _____.

ANS: spiritual condition

## Faithful Fivers

**123 Members as of October 2009!**
**A regular monthly donation is all it takes!**

Register with Central Office as a Faithful Fiver member so you'll receive a charitable contribution receipt at the end of the year.

You can donate in any of the following ways:

a) Mail a check every month to: CCFAA Faithful Fivers, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827, OR
b) Bring a check or cash into the office every month, OR
c) Try the Preferred Method! Use your online banking bill pay to set up a recurring payment:
   Payee: CCFAA Faithful Fivers
   Central Office address, as above
   Account number: Your Name

## Faithful Fivers are our Grateful Givers

### Register to pledge your support!

Please complete and return with your first contribution to:
CCFAA Central Office, Faithful Fivers
9960 Business Park Dr., Suite 110, Sacramento, CA 95827
OR email to: centraloffice@aasacramento.org

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

❑ May we acknowledge you as a new member of the Faithful Fivers in our next issue of By The Way? Mark the box for yes - we use first names and last initials only.

## SPECIAL EVENTS

### NOVEMBER

**FOLSOM FRIDAY NIGHT MEETING;** 29TH Anniversary. Potluck and Speaker meeting, Friday November 13, 2009. 6pm Potluck, 7:30 pm meeting. Trinity Church, 410 Wool Street, Folsom, CA 95630

**GALT FELLOWSHIP OF ALCOHOLICS ANONYMOUS** 38th Anniversary Roast Beef Dinner. Dinner at 5:30 pm, Speaker at 7:00 pm. Speaker: Wayne B., Santa Monica. Group supplies the main course, bring your favorite side dish or just yourself and some friends and join us. Littleton Civic Center, 123 Civic Drive, Galt. Call 209-745-1525 for more information.

**CNIA 07 2009 ELECTION ASSEMBLY:** Friday, November 20-Sunday, November 22 at Marriott Sacramento Cal Expo, 1782 Tribute Road, Sacramento, CA 95815. Pre-registration $12.00 (closes on November 13), on-site registration $15.00. AA members are welcome to attend this event. All group General Service Representatives are expected to be in attendance. See flyer posted at website, www.aasacramento.org.

**GROUP THREE:** Thanksgiving Alkathon, 8760 La Riviera Dr., Ste. D, Sacramento, CA 95826 (behind the Jack In The Box) Bring your favorite dish. Festivities begin 6pm Wednesday, November 25 and continue through Thursday, November 26, until 8pm. Join us for some great fun, food and fellowship.

**NORTH HALL:** Thanksgiving Day Alk-a-thon begins at 8PM Wednesday , Nov 25th and ends at 8PM on Thursday, Nov 26th. Join us for non-stop meetings. 3501 2nd Avenue, Sacramento.

**REBELLION DOGS GROUP** will be celebrating its 22nd Anniversary with a potluck and meeting on Thursday November 19th, 2009. Potluck at 6:00pm, meeting at 7:00 pm. Bring a dish and join us. At Hagginwood Park Clubhouse, 3271 Del Paso Blvd., Sacramento.

**RIO LINDA FELLOWSHIP:** Come celebrate 27 years of Alcoholics Anonymous in Rio Linda, CA. Join our anniversary party at Calvary Lutheran Church on November 20th. Dinner is at 6:00PM followed by a Speaker Meeting at 8:00PM.

**RIVER CITY ROUNDUP:** Rocketed into the 4th Dimension will be held Nov 6-8 at the Marriot Courtyard Cal Expo, 1782 Tribute Road, Sacramento 95815. Please visit www.info@rcru.com for details of activities and registration info.

**ROSEVILLE EAST SIDE GROUP:** 34TH Anniversary Celebration, Potluck and Speaker Meeting, Sunday, November 8th. 6:00 pm Dinner and Fellowship, 7:00 pm Speakers (Al-Anon and AA) 1300 Cirby Way (Behind Fire Station). AA Speaker, Bud B. from Roseville.

**ROSEVILLE FELLOWSHIP MONDAY NIGHT GROUP:** 54th Anniversary Celebration, Monday, November 16th. Dessert Potluck at 6:30 pm...Speaker Meeting 7:00 pm.

**ROUND TABLE GROUP**: 52nd Anniversary, November 9 with pot luck from 6:30 to 7:45 pm, Guest Speaker Dave C. from Group Three, 8:00 to 9:00 pm. Location at St. Andrews Episcopal Church, 7850 Watt Ave., Antelope, CA.

**WHAT A WAY TO START A WEEKEND :** Gratitude Quilt Raffle--Saturday of Nov. 28th at 10AM. See your CCFAA Rep for tickets or Call Kim at 916-454-1100. All proceeds are going to the CCFAA Office.

### DECEMBER

**GROUP 3:** Christmas Alkathon. Join us for some great fun, food and fellowship. Festivities begin at 6PM, Thursday, December 24th and continue through Friday, December 25th until 8PM.

**HANGTOWN GROUP OF PLACERVILLE:** Celebrating 55 Year Anniversary December 14th at the El Dorado County Fairgrounds--Marshall Building. Potluck Dinner at 6:15PM. Speaker, Marcel A. of San Francisco at 7:15PM. Activities include raffle, sobriety countdown and group history. Please join us for a great celebration!

**HOSPITALS & INSTITUTIONS WORKSHOP:** Spend some time in fellowship and find out what H&I does and what it takes to participate. Saturday, December 5th at the Traditional Group (2703 El Camino Ave@ Fulton--end unit) from 12 Noon to 1:30PM. For more information contact the workshop coordinator, Craig A. 916-344-2566.

### JANUARY 2010

**NORTH AUBURN GROUP:** 10TH Anniversary Potluck & Speaker Meeting. Friday, January 1st. Doors open at 5PM. Potluck at 5:30Pm followed by 7PM speaker--Lauren C. of Roseville. Bring your favorite dish--NAG provides the meat.

**ROSEVILLE TUESDAY NIGHT GROUP:** 65TH Anniversary celebration, Saturday, January 16th, 2010 at Placer County Fairgrounds, Jones Hall. Dessert Potluck at 6PM . Speaker, Mari G. from Canada at 7:30PM. Huge raffle immediately following the meeting. Free Dance starts at 10Pm.

# CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 1)

**I. Opening**

A. Call to Order at 3:00 pm
B. Open with Serenity Prayer
C. Traditions Read
D. 7thTradition – $52.00
E. Delegate Check-in/Group Announcements
G. Birthday Total Years – 82

**II. Preliminary Business:**

A. Delegate and Visitor Check-in: Total Delegates = 36
B. Quorum met - Yes

| Group Name | Delegate | Last attended | Group Name | Delegate | Last attended |
|---|---|---|---|---|---|
| 4th Dimension | Absent | 02/21/09 | Monday PM Women Group | Absent | 01/17/09 |
| 11th Step Meditation Meeting | Absent | 09/19/09 | Natomas Group | Christine H | 10/17/09 |
| 12-Squared Group | Absent | 05/16/09 | Never On Tuesday | Kelly J | 10/17/09 |
| AA Unity Group | Absent | 09/19/09 | New Hope Group | Glen T | 10/17/09 |
| Action Gets It Going | Absent | 08/15/09 | No Legs Just Steps Group | Absent | 11/15/08 |
| ACYPAA | Absent | 05/17/08 | North Auburn Group | Mike O. | 10/17/09 |
| Auburn Beginner's Group | Absent | 07/18/09 | North Hall Group | Absent | 08/15/09 |
| Auburn Fellowship | Absent | 09/19/09 | North Highlands Fireside Group | Absent | 09/19/09 |
| Auburn Wed Night Y P's Group | Absent | 06/20/09 | North Sacramento Group | Absent | 03/21/09 |
| Auburn Women's Step Study Grp | Absent | 06/20/09 | Number One Offenders | Absent | 06/20/09 |
| Bill's Friend's Group | Absent | 11/15/08 | Oak Park Fellowship | Absent | 09/19/09 |
| By The Grace | Carolyn S. | 10/17/09 | Oak Tree Fellowship | Randy E. | 10/17/09 |
| Capital City Men's Group | Absent | 01/19/08 | Orangevale Open Group | Absent | 07/18/09 |
| Citrus Heights Group | Absent | 08/15/09 | Other Meeting, The | Absent | 01/17/09 |
| Colfax Big Book Study | Absent | 03/21/09 | Rancho Cordova Fellowship | Absent | 09/19/09 |
| Come As You Are Group | Chuck H. | 10/17/09 | Rebellion Dogs | Jason M Alt | 10/17/09 |
| Cordova Friday Night Group | Mike | 10/17/09 | Recovery Plain and Simple | Absent | 05/17/08 |
| Cordova Serenity Seekers | Bob H | 10/17/09 | Red Eye Breakfast | Absent | 03/21/09 |
| Daily Attitude Adjustment-Fair Oaks | Valery | 10/17/09 | Rio Linda Fellowship | Jeff L | 10/17/09 |
| Davis Attitude Adjustment | Andre | 10/17/09 | Roseville Fifth Street Fellowship | Absent | 10/12/08 |
| Davis Young People | Absent | 06/20/09 | Roseville Tuesday Night Group | Lisa R. | 10/17/09 |
| Destiny Group | Absent | 08/15/09 | Roseville Twelve & Twelve Study | Absent | 09/19/09 |
| Downtown Young People's | Daniel M. | 10/17/09 | SACYPAA | Casey K. | 10/17/09 |
| Dry Dock Group | Lilly N | 10/17/09 | Saturday Morning Reflections | Absent | 04/18/09 |
| East Yolo FWP | Eric P. | 10/17/09 | Serenity Book And Study Group | Tracy B. | 10/17/09 |
| Elk Grove FWP | Dick L Alt. | 10/17/09 | Shabot Shalom | Leslie M | 10/17/09 |
| Elk Grove Group | Bob | 10/17/09 | Sharing And Caring Group | Absent | 04/18/09 |
| Fair Oaks Monday Night | Absent | 03/21/09 | Simply AA | Absent | 07/18/09 |
| Folsom Big Book | Peggy B | 10/17/09 | Sisters in Sobriety | Absent | 07/18/09 |
| Folsom Friday Night Group | Absent | 06/20/09 | Sixty Minute Solution | Absent | 09/19/09 |
| Folsom Saturday Morning Group | Mike S. | 10/17/09 | Solutions Weekend Group | Absent | 11/15/08 |
| Folsom Way Of Life | Lise M | 10/17/09 | Southport Serenity | Absent | 09/19/09 |
| Free Our Minds | Absent | 09/19/09 | Spiritually Speaking | Lynn S | 10/17/09 |
| Freedom Group | Kirsten | 10/17/09 | Students of Sobriety | David L. | 10/17/09 |
| Friday Fwp of Double AA | Ray L. | 10/17/09 | Sunday Night Men's Meeting | Absent | 05/17/08 |
| Friday Lunch Bunch, Orangevale | Absent | 03/21/09 | Sunrise-Sunset | Absent | 03/21/09 |
| Friday Night Family Group Of AA | Absent | 09/19/09 | Sunset Saturday 11:30 | Absent | 03/21/09 |
| Galt Fellowship | Absent | 07/18/09 | Sunset Wednesday Women | Absent | 02/16/08 |
| Gibbons Noon | Absent | 04/19/08 | Thank God It's Smoke Free Men's | Absent | 06/20/09 |
| Greenhaven Group | Terri D. | 10/17/09 | Thank You, Thank You, Thank You | Absent | 03/15/08 |
| Grounded in Recovery | Absent | 07/19/08 | Too Young Group | Mike O. | 10/17/09 |
| Group One | Absent | 04/18/09 | Traditional Group | Mary A. | 10/17/09 |
| Group Three | Mike M | 10/17/09 | Traditions & Concepts Study Group | Jonathan C. | 10/17/09 |
| H Street Group | Absent | 05/17/08 | Tuesday Night Beginners Group | Absent | 03/15/08 |
| Happy Campers | Absent | 04/18/09 | Tuesday Night Gibbons | Absent | 02/21/09 |
| Hope & Serenity Spkr Mtg | Cliff | 10/17/09 | Tuesday Night Carmichael Group | Absent | 08/15/09 |
| H.O.W. | Clari P | 10/17/09 | Unity Group | Absent | 08/15/09 |
| Just Right Group | Absent | 09/19/09 | Welcome Group | Absent | 09/19/09 |
| Keep It Simple | Absent | 08/15/09 | What A Way Women's Weekend Grp. | Absent | 09/19/09 |
| Mad @ Kenneth Group | Absent | 01/17/09 | White Flag Men's Group | Absent | 07/18/09 |
| Midtown Solutions | Absent | 05/16/09 | Women For Women Fair Oaks Group | Absent | 09/19/09 |
| Monday Night Big Book Study | Absent | 02/16/08 | Women of Extravagant Promises | Absent | 08/15/09 |
| | | | Woodland Group | Absent | 07/18/09 |

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 2)

C. Attending Elected Positions:

| | | | | | | |
|---|---|---|---|---|---|---|
| Asst. Chairperson | Stan B. | Present | | OOC Member | Terry S. | Present |
| Birthday Chairperson | Nancy M. | Present | | PI/CPC Chairperson | Chuck H. | Present |
| By Laws & Procedures | Jonathan C. | Present | | Picnic Chairperson | Dianne H. | Present |
| CCFAA Chairperson | John Q. | Present | | Recording Secretary | Darlene O. | Present |
| H&I Liaison | Julia H. | Present | | Special Needs Chairperson | Carla C Sub | Present |
| NCCAA Liaison Chair | Mary F. | Absent | | Tele-Service Chair | Carla C. | Present |
| OOC Member | Terri D. | Present | | Treasurer | Ray L. | Present |
| OOC Member | Mike S. | Present | | OOC Chairperson | Mary R. | Present |

**III. Approval of Minutes**

A. HOW Group was present at the September 2009 Delegate Meeting.

B. Ray L., Treasurer, Last sentence in September report should be deleted from the report.

**IV. Trusted Servant Reports:**

A. CCFAA Chairman's Report – John Q.AA

Welcome to all CCFAA Delegates and guests. Thank you for showing up and representing your groups today. Thank you all for your service to our CCFAA.

As we enter the last quarter of 2009 I am grateful to report to you that the welfare of the CCFAA has improved greatly over the last few months. You will hear of our positive financial state from our Treasurer today! My wasn't it just a few months ago when our Treasurer reported to us monthly the doom and gloom of our very shaky financial status and let me tell you he did so with a heavy heart but he only gave us the facts as they were and from those facts sprang some tough choices that were presented to you the delegate body and you came through with decisions that were not always popular but these decision were approved nonetheless and forward we trudged with the conviction that failure was not an option!! This is how the CCFAA works, together, with God's direction we have overcome a very tough time and together we shall overcome any future hardships that dare to keep us from delivering the level of service that our membership, groups and future suffering alcoholics who seek our divine solution and service. I truly believe that as a group, God directs us through our group's decisions. We could not receive this direction without our CCFAA delegate's participation, suiting up and showing up every month is vital for our success. Our success today is because all members of this team have done their part to achieve it! Thanks for our Central Office Manager, Staff and Volunteers. Thanks for our dedicated Trusted Servants and thanks for our active and decisive Delegate Body! We could not do this without every one of you!

Today you will approve our Election Committee. Our Office Manager has made the changes required to the Elected Positions /Qualification flyer. Please announce our November elections to your groups. All who meet the qualifications are encouraged to be of service to this wonderful CCFAA team. Show up, volunteer for a position and good luck to all.

Remember that next month's meeting will start at 2:00pm instead of 3:00pm so we can hold our elections. The only business item in next month's meeting other than the elections will be to approve the 2010.

I attended the OOC meeting this month.
I attended the CNIA meeting this morning.
In all that you report to your groups this month, remember to include the following:

1. Central Office needs the group's support; buy your literature from Central Office.
2. Central Office needs volunteers, be of service, call to see how you can be of service.
3. Faithful Fivers needs support - $5 a month is all that is requested from those of us who can afford it.

Always together in service, John Q., CCFAA Chairperson

B. Assistant Chairperson/CNIA Liaison – Reported by: John Q. Assistant Chair - Stan B., Absent

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 3)

Welcome new delegates:

Mike M., Group 3
Lise M., Folsom Way of Life
Dave H., Folsom Way of Life (Alternate)
Peggy B., Folsom Big Book
Bob H., Cordova Serenity Seeks

C. Office Operations Committee – Mary R.

Present: John Q., Terry S., Mary R., Ray L., Jon C., Rae W. Quorum met.

Meeting called to order at 6:00 PM by interim chair, Mary R.

Office Manager's Report - Rae W.

Mailing of the BTW was delayed

BTW reformatted to print on 11 x 17 paper with stapled spine, however the US Postal Service now considers this a book and triples the postage. Rae W. is meeting with the Bulk Mail Facility Supervisor to discuss alternatives;

Revised CCFAA Annual Elections Flyer will be distributed and placed in November's BTW;

Rancho Cordova Police Department is looking into nuisance caller complaint;

Rae W. attended AAWS/Grapevine/Intergroup/Central Office Seminar—look for her report in the next BTW;

Tickets available for the *What a Way to Start a Weekend Women's Group's* raffle for a Gratitude quilt. Proceeds support Central Office.

Thank you Group 3 for showing your dedication and commitment to Central Office by volunteering!

Rancho Cordova Business License applied for on August 25, 2009. To date, no license has been received.

3rd Quarter inventory scheduled for Saturday, October 24th at 9:00 a.m. Thank you John Q., Terri D., Terry S., Jon C., Dennis, and Rae W. for conducting this inventory.

Bylaws and Procedures Chair's Report – Jon C.

- Jon C. will report to delegates.

Treasurer's Report – Ray L.

- Ray L. will report to delegates.

Old Business

62 tickets sold for football event.

Meeting adjourned 7:45 PM

Close with the Serenity Prayer

Thank you for allowing me to be of service--Mary R.

***D.* Office Managers Report – Rae W.**

1.The BTW was late getting out this month because of my absence for a family memorial followed by the Intergroup/AAWS Conference.
2.The BTW was reformatted to print as a booklet on 11x17 paper and now we have a newsletter that doesn't fly apart when opened. Because of the booklet style with stapled spine, the Post Office considers it a booklet and the mailing rate almost triples. I don't have a solution and I won't until I meet with the Bulk Mail Facility Supervisor.
3. What a Way to Start a Weekend Women's Group is moving forward with the raffle of a Gratitude quilt with the proceeds to benefit CO. 4. Flyers and raffle tickets have been distributed and the drawing will take place at the group's meeting on Saturday, Nov. 29th.
4. Thanks to Dick T. of the Greenhaven Group for being persistent enough to have the Rancho PD follow through with our nuisance caller complaint. A detective has been in touch and now has copies of all of our records and logs on the caller.
5. Changes to the Elections Flyer have been made and new copies will be sent to the Delegate's Meeting and included in the Nov 10th flyer mailing.
6.The Intergroup/AAWS/Grapevine Seminar was a great training session and I will highlight some of the information exchanges in the November BTW.
7. Thanks to members of Group 3 for stepping up for volunteer services at Central Office. AAs from this group consistently show up for tele desk shifts, flyer & BTW mailings and literature finishing projects.
8. The business license application for the City of Rancho was mailed with a check for $45 on August 25th. There has been no other correspondence and the license hasn't been issued.

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 4)

9. 3rd Quarter inventory will take place at 9am on Saturday, October 24th.
…And All Is Well—Rae W.

**E. Treasurer's Report – Ray L.**

1. Income--The report for September contains an YTD variance column reflecting actual vs. budgeted income and expenses for each overall category.

- Total Income for September fell below budget projections overall, $16,913 actual vs. $19,650 projected. However YTD we have $178,638 actual vs. $179,350 projected, merely ($712) below target.
- Our new item, Medallion sales, again exceeded projections, $6,438 vs. $3,000 budgeted YTD.
- Several other income items, including individual contributions, were slightly below projections year to date.

The above primarily consist of ----

- AAWS literature sales; $4,670 actual vs. $7,625 projected. This item continues below projection YTD, ($8.890). The sales volumes continue below target due to the AAWS & CO price increases.
- Item 4025 – In-House Sales has increased significantly. The primary source of this income is the sale of Schedules. This should offset the "Copy cost" item in Cost of Goods Sold. This item will also hopefully help to offset declines from other sources.
- Group Contributions monthly fell below budget at $6,801 actual vs. $7,500 projected. YTD we are below projections by ($4,273) approximately 5%.
- Picnic revenue occurred in August and is a significant contributor to 2009 Income. Actual income was $12,895 vs. $10,000 projected. Thank you to all who participated and/or provided the various activities.

Gross income for September was $13,033 versus $13,041 budgeted. YTD stands at $123,773 actual vs. $119,875 projected, $3,898 over budget.

2. Expense --Overall, expense categories are at or below projection YTD.

- Picnic expenses exceeded projections, $5,719 actual vs. $4,000 budgeted. This $1719 was more than offset by the additional $2,574 on the income side. The budget projection for 2010 will be adjusted to reflect rising costs.
- Total Expenses for September were $11,191 versus $13,422 budgeted. YTD is $112,392 vs. $122,644 projected, ($10,252). This is attributable primarily to YTD reduced Payroll and donated services for Professional Fees. All other expense items contribute to the remaining reduction.
- Resulting Net Income for September was $1,842 and $11,381 YTD. We are in the BLACK again for the year; hopefully this amount will carry us for the remainder of 2009.

For September 2009 Group contributions continue below YTD projections; please, please encourage contributions with your groups.
Please encourage Faithful Fivers and Birthday Club participation with individuals in your groups.
The office staff and the OOC continue to explore ways to increase revenue and reduce expense for 2009.

The Balance Sheet for 3rd Qtr. was presented to the delegate body. Our Assets, and corresponding equity, have increased over the quarter from $76,151 to $89,683 at the end of September, primarily due to the cash balance in the overall General Fund.

F. By Laws & Procedures Chairperson – John

1. I received no new motions during the month.
2. A short-handed committee met to go over the By-Laws and Operating Procedures.
3. We found eight items of potential interest through our meeting.
4. I decided that due to the Budget discussion in October and November being taken up with the Elections, we will wait to introduce any new motions until at least December.
5. After the elections, I will work with the next By-Laws and Operating Procedures Chair to see what changes he or she feels is necessary.
6. We are looking for two more delegates to make themselves available for the By-Laws and Operating Procedures Review Committee.

G. **PI/CPC MONTHLY MEETING MINUTES--Chuck C.**

Monday, Sept. 21, 2009 @ 7:00PM; 6315 Fountain Square Drive, Citrus Heights, CA

Facilitator Chuck H. Note taker Christy C.

Attendees Chuck H., Mary A., Paul F., Tom D., Maurine B., Eric, Jon C., Emile C., Kelley M., Christy C., Greg P., Jon S., Greg E.

Chuck C. (Chair)

- PI/CPC flyers by Kelley M. – very professional – take some & pass out @ meetings!

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 5)

- Delegate's Meeting – out of funds but still have literature. Chuck requested more $$. Also requested donations of one Big Book per meeting and one 12x12 per meeting; could place one of each in schools.
- Elections in November 2009 to include Chair of PI/CPC - requires 3 years continuous sobriety and of PI/CPC committee member for at least 6 months. Chuck can go one more year if we want.
- Proposed budget for 2010 for CCFAA – $3500 to PI/CPC (same as 2009)

Mary A.: Represents District 29

- SACYPAA will host a "Unity Day" on Saturday, October 10, 2009, from 10 a.m. until 4 p.m. at Deterding Park (near Watt Avenue and Hurley Way in Arden Arcade). Among the activities is a discussion of PI/CPC.
- Still looking for any District 29er who would like to serve as the District's PI/CPC chair. The PI/CPC chair will serve during Panel 60's term of service; from January 1, 2010, through December 31, 2011.
- Recently shared with Kaiser CDRP pamphlets to be placed in the meeting room. This resulted in a discussion about PI/CPC supplying materials, including pamphlets, to an H&I facility. Turns out that there's a misunderstanding between the H&I contact and CDRP, and the situation should be resolved soon.
- Need volunteers to supply the information cards at the hotels and motels along (1) the I-5 corridor (American River to the Sacramento-Yolo County line), (2) Auburn Boulevard, and (3) Watt Avenue, and around (4) the Arden Way/Cal Expo area.
- Re-establishing contact between District 29 and the Center, Natomas, and Twin Rivers School Districts, especially those staff who deal with teens having an alcohol problem. Will work with those staff to ascertain their needs for the coming school year. So far, the Center Unified School District has responded.

Paul F.

- Head Start on Del Paso Blvd. in Sacramento – preschool for low-income families – made request for literature; Paul F. filled it
- Have been invited by Professional Assn. of Sexual Addiction Treatment to man info table at conference to be held at Warehouse Christian Ministries in Roseville 10/17/09. Looking for another volunteer - contact Paul F if interested
- Yolo County Sheriff and Yolo County Jail refused to place literature at their locations; however, several other law enforcement agencies in Dist. 17 have accepted it.
- Stocked total of 86 locations at 41 entities. Included River City High in West Sac, which has new location and Dixon High for 1st time.

H. Picnic Chairperson – Diane H.

No Report.

I. Special Needs Chairperson – Lynn S.

The committee received one request from a member who wanted a meeting brought to him when he attempted to quit smoking by staying at home. I made an "executive decision" and considered this request an "outside issue", in terms of A.A. service. I will suggest Nicotine Anonymous and/or his Doctor and look to his friends for support. Thank you for allowing me to be of support.

Respectfully submitted, Lynn S.

J. Birthday Club/Faithful Fivers – Nancy M.

- Birthday Club: $142.00 which is down by $206.00 Faithful Fivers: $707.00 which is up $197.00
- Please announcing to your groups about the Birthday Club and Faithful Fivers.

IV. Reports – Special Committees, Delegates, Liaison & Invited Guests

A. Hospitals & Institutions – No Report.

B. Teleservice Chairperson's Report – Report by Carla C.

| Calls September 2009 | | |
|---|---|---|
| SERVICE | September | YTD |
| 12 Step | 52 | 592 |
| Meetings/Info | 652 | 5434 |
| TOTAL | 677 | 6026 |

| Open Shifts as of 10/17/09 | |
|---|---|
| Co-Chairperson | Sunday Shift Coordinator |
| | |
| | |

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 6)

Volunteers needed: Entry level: 6 Months of sobriety.

| | |
|---|---|
| **12-STEP LIST** | Volunteers: 141 (78 men/63woman) |
| **Special Needs** | More Spanish Speakers, 12-step male volunteers in W. Sac, NW Sac, Rancho Murrieta, Lincoln and Woodland Zip Codes<br>12-step female volunteers needed in East Sac, Folsom. El Dorado Hills, Lincoln and Woodland |

Carla C. 916-519-7340 or Central Office 916-454-1771.
Thank you all for your service!

V. Old Business

A. Treasurer Term Proposal: Change 1 year term to 2 year term. Proposal passed. Yes – 29, No - 7

B. 2010 Proposed Budget Discussion. Ray L., Treasurer, answered questions about the budget from the delegates.

C. Elections Committee Approval: Procedures in place for handling elections. Motion to keep Paul as head of the Election Committee. Approved

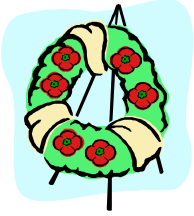
VI. New Business

- Traditional Group reports that their lease is expiring soon and they are attempting to renegotiate the lease but the possibility of the group moving to another location is an option… landlord wants to increase rent by $800.00!

IX. Closing

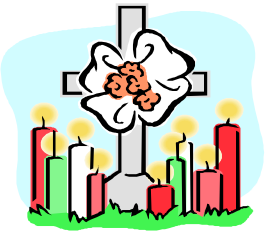
The next meeting is November 21, 2009 @ 2:00 pm @ Traditional Group. Elections will be held for the year 2010.
The meeting closed at 4:50 p.m. with The Lord's Prayer.

Respectfully submitted, Darlene O. – CCFAA Recording Secretary



In Memoriam

Annie Baer of the Cameron Park Group peacefully departed this life at her home on October 27, 2009. She was a sober member of the fellowship for 42 years and was extremely active in General Service and CCFAA. She will be missed by her AA family including many sponsees and thousands



IN MEMORIAM

**Albert M.** of the East Yolo Fellowship transitioned on 10/24/09. He was 502 years old. He would have celebrated 6 yrs. Of sobriety on November 5th. He displayed great courage and grace as he passed from this world. R.I.P

**WINNERS**

Glittering stars and red smiling faces gracing our first reports cards.

Blue ribbons, gold medals and untarnished trophies.

Proud patches and school spirit warming our letterman jackets. Marching band drum majors, cheerleading captains and homecoming dances.

We feel we are winners. We have played one before.

Bachelors of Science or career bachelorettes, honest jobs, responsible lives, and trusting

Companions. Passionate for family or friends of compassion as devoted fathers, coddling mothers, and grateful sons.

Booming in businss or busy with our bodies, working was playing while lovingly living. Keeping our word and earning our keep with caring hearts, comforting shoulders, and considerate ears.

We know we are winners.

We have been one before.

But now we are here.

Searching for us.

Losses surmounting, but surely not lost,

We look for the winners to get a fresh start.

And soon realize that wherever we peer

We only see winners, for together we're here.

Just peek around and abound you will see,

Someone like her, possibly him, or maybe but me.

Gaze in the mirror if you want to believe,

sticking with winners begins with thee.

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 7)

| 2010 PROPOSED BUDGET | Jan-Aug 2009 | 2009 prorate | Budget 2009 | Budget 2010 |
|---|---|---|---|---|
| | | Estimated | | Proposed |
| INCOME | | | | |
| 4020 · AAWS Literature Sales | $55,065 | $90,000 | $91,500 | **$116,000** |
| 4025 · In-House Publication Sales | $13,908 | $20,000 | $20,000 | $25,000 |
| 4030 - Medallion Sales | $5,661 | $8,200 | $4,000 | $8,500 |
| 4100 · Group Contributions | $56,426 | $84,000 | $90,000 | **$84,000** |
| 4110 · Anonymous Contributions | $567 | $1,000 | $2,000 | $1,000 |
| 4120 · Birthday Contributions | $1,527 | $2,500 | $2,500 | $2,500 |
| 4125 · Office Services Revenue | $3,066 | $4,500 | $4,000 | $5,000 |
| 4130 - Faithful Fivers | $6,990 | $10,000 | $10,000 | $10,000 |
| 4440 - Interest Income | $595 | $800 | $1,800 | $1,000 |
| 4460 · Picnic Revenue | $12,574 | $12,588 | $10,000 | $12,000 |
| 4480 · Special Event Revenue | $5,347 | $6,000 | $0 | $0 |
| Total Income | **$161,726** | **$239,588** | **$235,800** | **$265,000** |
| EXPENSE | | | | |
| Inventory Expense - 5000 | | | | |
| 5010 · Cost of AAWS Literature Sold | $37,519 | $67,000 | $64,000 | $77,500 |
| Inventory Adjustment Expense | $384 | $200 | $200 | $500 |
| Total 5010 - AAWS Literature Expense | **$37,903** | **$66,800** | **$64,200** | **$78,000** |
| Net Income 5010 - AAWS Literature | $17,162 | $23,200 | $27,300 | $38,000 |
| 5025 · In-House Publication | | | | |
| 5030 · Paper Stock & Staples | $2,411 | $4,000 | $4,200 | $4,200 |
| 5035 · Printing Equipment Lease | $3,492 | $5,200 | $5,000 | $5,200 |
| 5040 - Copy costs | $4,631 | $6,800 | $5,000 | $7,000 |
| Total 5025 · In-House Publication Expense | **$10,534** | **$16,000** | **$14,200** | **$16,400** |
| Net Income 5025 · In-House Publication | $3,374 | $4,000 | $5,800 | $8,600 |
| 5050 - Cost of Medallions | $2,548 | $3,700 | $1,400 | $3,800 |
| Total Inventory Expense | **$50,985** | **$86,500** | **$79,800** | **$98,200** |
| Equipment Expense | | | | |
| 5670 · Equipment Rental | $1,009 | $1,500 | $300 | $1,500 |
| 5765 · Equipment Repairs & Maint. | $1,132 | $2,000 | $2,680 | $2,700 |
| 5675 · Equipment Purchase | $974 | $1,100 | $1,000 | $1,100 |
| Total Equipment Expense | **$3,115** | **$4,600** | **$3,980** | **$5,300** |
| Insurance Expense | | | | |
| 5680 · Worker's Compensation | $641 | $1,000 | $1,000 | $1,000 |
| 5684 · D & O Insurance | $1,039 | $1,039 | $1,100 | $1,100 |
| 5685 · General Liability | $1,002 | $1,002 | $1,000 | $1,025 |
| Total Insurance Expense | **$2,682** | **$3,041** | **$3,100** | **$3,125** |
| Meetings/Conference Expense | | | | |
| 5620 · Manager Training | $25 | $550 | $550 | $550 |
| 5655 · Delegates Meeting | $0 | $500 | $500 | $500 |
| 5785 · Employee Travel | $247 | $1,000 | $1,000 | $1,000 |
| 5786 · NCAA Delegate's Expense | $150 | $400 | $400 | $400 |
| Total Meetings/Conference Expense | **$422** | **$2,450** | **$2,450** | **$2,450** |

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 8)

| | | | | | |
|---|---|---|---|---|---|
| **Office Expense** | | | | | |
| | **5640 · Postage & Delivery** | $2,186 | $3,500 | $3,500 | $3,500 |
| | **5700 · Office Supplies** | $1,818 | $2,500 | $2,000 | $2,800 |
| | **5720 · Occupancy Improvement** | $590 | $2,000 | $2,000 | $2,000 |
| | **5740 · Miscellaneous Expense** | $479 | $600 | $500 | $700 |
| | **5760 · Rent** | $12,690 | $19,000 | $20,484 | $20,500 |
| | **5780 - Office/Network Software** | $341 | $500 | $500 | $500 |
| | **Total Office Expense** | **$18,104** | **$28,100** | **$28,984** | **$30,000** |
| **Utilities Expense- 5770** | | | | | |
| | **5785 - HVAC Maint.** | $160 | $320 | $500 | $500 |
| | **5790 · Gas & Electric** | $1,478 | $2,700 | $3,000 | $2,800 |
| | **5790 - Telephone** | $2,561 | $3,800 | $3,800 | $3,800 |
| | **5792 · Website Hosting** | $107 | $107 | $100 | $110 |
| | **5796 - Security System** | $256 | $500 | - | $500 |
| | **Total 5770 Utilities Expense** | **$4,562** | **$7,427** | **$7,400** | **$7,710** |
| **Other Committees Expense - 6200** | | | | | |
| | **5900 - Picnic Committee** | $5,749 | $5,749 | $4,000 | $5,500 |
| | **6210 - PI/CPC Expense** | $3,090 | $3,500 | $3,500 | $3,500 |
| | **6220 - Special Needs Committee** | $14 | $100 | $150 | $150 |
| | **6230 - Teleservice Committee** | $31 | $100 | $150 | $150 |
| | **Total Other Committees Expense** | **$8,884** | **$9,449** | **$7,800** | **$9,300** |
| **Professional Fees Expense** | | | | | |
| | **5610 · Accounting** | $880 | $1,500 | $2,500 | $2,500 |
| | **5625 - Website Admin** | $0 | $0 | $3,000 | $3,000 |
| | **5630 - Network Admin** | $0 | $500 | $960 | $960 |
| | **5645 - Office Systems Admin** | $3,112 | $4,000 | $4,800 | $4,800 |
| | **Total Professional Fees Expense** | **$3,992** | **$6,000** | **$11,260** | **$11,260** |
| **Payroll Expenses - 5400** | | | | | |
| | **5410 · Management Salary** | $32,277 | $48,415 | $48,415 | $48,415 |
| | **5415 · Clerical Wages** | $17,253 | $27,000 | $32,000 | $32,000 |
| | **5416 · Payroll Tax Expense** | $5,106 | $7,500 | $7,300 | $7,300 |
| | **5470 - Retirement Benefits** | $1,200 | $1,800 | $1,800 | $1,800 |
| | **5480 · Healthcare Benefits** | $2,600 | $3,900 | $6,300 | $6,300 |
| | **Total 5400 · Payroll Expenses** | **$58,436** | **$88,615** | **$95,815** | **$95,815** |
| **Finance Expenses - 5600** | | | | | |
| | **Bad Debt Expense - 5686** | $12 | $150 | $200 | $200 |
| | **Credit Card Fees - 5895** | $815 | $1,200 | $400 | $1,400 |
| | **Bank Charges - 5690** | $113 | $200 | $70 | $100 |
| | **Total 5600 · Finance Expenses** | **$940** | **$1,550** | **$670** | **$1,700** |
| | **Total Projected** | **$152,122** | **$237,732** | **$241,259** | **$264,860** |
| | **Projected Net** | **$9,604** | **$1,856** | **$5,459** | **$140** |

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 8)

## Treasurer's Report September 2009

| September-09 | | Sep-09 | Jan-Sept 09 | YTD Budget | Annual Budget | YTD Variance |
|---|---|---|---|---|---|---|
| Ordinary Income/Expense | | | | | | |
| INCOME | | | | | | |
| 3 | 4020 · AAWS Literature Sales | 4,670 | 59,735 | 68,625 | 91,500 | ($8,890) |
| 4 | 4025 · In-House Publication Sales | 2,888 | 16,796 | 15,000 | 20,000 | |
| | 4035 - Medallion Sales | 777 | 6,438 | 3,000 | 4,000 | |
| 5 | 4100 · Group Contributions | 6,801 | 63,227 | 67,500 | 90,000 | ($4,273) |
| 6 | 4110 · Anonymous Contributions | 140 | 707 | 1,500 | 2,000 | |
| 7 | 4120 · Birthday Contributions | 142 | 1,669 | 1,875 | 2,500 | |
| 8 | 4125 · Office Services Revenue | 315 | 3,382 | 3,000 | 4,000 | |
| 9 | 4130 - Faithful Fivers | 707 | 7,697 | 7,500 | 10,000 | |
| 10 | 4440 - Interest Income | 46 | 641 | 1,350 | 1,800 | |
| 11 | 4460 - Picnic Revenue | 321 | 12,895 | 10,000 | 10,000 | $2,895 |
| | 4480 - Special Event Revenue | 105 | 5,452 | 0 | 0 | |
| 12 | Total Income | $16,913 | $178,638 | $179,350 | $235,800 | ($712) |
| COST of GOODS SOLD | | | | | | |
| 14 | 5000 - Literature Costs | | | | | |
| 15 | 5010 · Cost of AAWS Literature Sold | 2,461 | 39,980 | 47,625 | 63,500 | |
| 16 | Literature Costs/Adjustment | 40 | 423 | 150 | 200 | |
| 17 | Total 5010 - AAWS Literature | 2,501 | 40,404 | 47,775 | 63,700 | ($7,371) |
| 18 | 5025 · In-House Publication | | | | | |
| 19 | 5030 · Paper Stock & Staples | 593 | 3,004 | 3,150 | 4,200 | |
| 20 | 5035 · Printing Equipment | 431 | 3,923 | 3,750 | 5,000 | |
| 21 | 5040 - Copy costs | 0 | 4,631 | 3,750 | 5,000 | |
| 22 | Total 5025 · In-House Publication | 1,024 | 11,559 | 10,650 | 14,200 | |
| 23 | Net Income - 5025 In-House Publication | 1,864 | 5,238 | 4,350 | 5,800 | |
| | Cost of Medallions | 355 | 2,903 | 1,050 | 1,400 | |
| Total Cost Of Goods Sold | | 3,879 | 54,865 | 59,475 | 79,300 | ($4,610) |
| Gross Income | | $13,033 | $123,773 | $119,875 | $156,500 | $3,898 |
| EXPENSE | | | | | | |
| 28 | Equipment Expense | | | | | |
| 29 | 5670 · Equipment Rental | 85 | 1,094 | 225 | 300 | |
| 30 | 5765 · Equipment Repairs & Maint. | 0 | 1,132 | 2,010 | 2,680 | |
| 31 | 5675 · Equipment Purchase | 0 | 974 | 750 | 1,000 | |
| 32 | Total Equipment Expense | 85 | 3,199 | 2,985 | 3,980 | $214 |
| 33 | Insurance | | | | | |
| 34 | 5680 · Worker's Compensation | 0 | 641 | 750 | 1,000 | |
| 35 | 5684 · D & O Insurance | 0 | 1,039 | 1,100 | 1,100 | |
| 36 | 5685 · General Liability | 0 | 1,002 | 1,000 | 1,000 | |
| 37 | Total Insurance | 0 | 2,682 | 2,850 | 3,100 | ($168) |
| 38 | Meetings/Conference Expense | | | | | |
| 39 | 5620 · Manager Training | 0 | 25 | 413 | 550 | |
| 40 | 5655 · Delegates Meeting | 20 | 20 | 375 | 500 | |
| 41 | 5785 · Employee Travel | 694 | 941 | 750 | 1,000 | |
| | 5786 - NCAA Delegates Expense | 0 | 150 | 300 | 400 | |
| 42 | Total Meetings/Conference Expense | 713 | 1,136 | 1,838 | 2,450 | ($702) |

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 9)
## Treasurer's Report September 2009

| | | | | | | |
|---|---|---|---|---|---|---|
| Office Expense | | | | | | |
| | 5640 · Postage & Delivery | 91 | 1,804 | 2,625 | 3,500 | |
| | 5650 - Licenses & Permits | 0 | 473 | 0 | | |
| | 5700 · Office Supplies | 248 | 2,066 | 1,500 | 2,000 | |
| | 5720 · Occupancy Improvement | 236 | 826 | 1,500 | 2,000 | |
| | 5740 · Miscellaneous Expense | 47 | 525 | 375 | 500 | |
| | 5760 · Rent | 1,658 | 14,348 | 15,363 | 20,484 | |
| | 5770 - Office/Network Software | 0 | 341 | 375 | 500 | |
| | Total Office Expense | **2,280** | **20,383** | **21,738** | **28,984** | **($1,355)** |
| Utilities - 5770 | | | | | | |
| | 5791- HVAC Maint. | 0 | 160 | 375 | 500 | |
| | 5790 · Gas & Electric | 282 | 1,760 | 2,250 | 3,000 | |
| | 5795 - Telephone | 315 | 2,876 | 2,850 | 3,800 | |
| | 5792 · Website Hosting | 0 | 107 | 100 | 100 | |
| | 5796 - Security System | 88 | 344 | 0 | 0 | |
| | Total 5770 Utilities | **685** | **5,248** | **5,575** | **7,400** | **($327)** |
| Other Committees - 6200 | | | | | | |
| | 5990 - Picnic Committee | (30) | 5,719 | 4,000 | 4,000 | **$1,719** |
| | 6210 - PI/CPC Expense | 294 | 3,384 | 2,625 | 3,500 | |
| | 6220 - Special Needs Committee | 0 | 14 | 113 | 150 | |
| | 6230 - Teleservice Committee | 0 | 31 | 113 | 150 | |
| | Total Other Committees | **264** | **9,149** | **6,850** | **7,800** | **$2,299** |
| Professional Fees | | | | | | |
| | 5610 · Accounting | 60 | 940 | 1,875 | 2,500 | |
| | 5625 - Website Admin | 0 | 0 | 2,250 | 3,000 | |
| | 5630 - Network Admin | 0 | 0 | 720 | 960 | |
| | 5645 - Office Admin | 0 | 3,112 | 3,600 | 4,800 | |
| | Total Professional Fees | **60** | **4,052** | **8,445** | **11,260** | **($4,393)** |
| Payroll Expenses - 5400 | | | | | | |
| | 5410 · Management Salary | 4,035 | 36,312 | 36,311 | 48,415 | |
| | 5415 · Clerical Wages | 1,936 | 19,189 | 24,000 | 32,000 | |
| | 5416 · Payroll Tax Expense | 546 | 5,652 | 5,475 | 7,300 | |
| | 5470 - Retirement Benefits | 150 | 1,350 | 1,350 | 1,800 | |
| | 5681 · Healthcare Benefits | 325 | 2,925 | 4,725 | 6,300 | |
| | Total 5400 · Payroll Expenses | **6,991** | **65,427** | **71,861** | **95,815** | **($6,434)** |
| Bad Debt Expense - 5686 | | 0 | 12 | 150 | 200 | |
| Bank Charges - 5690 | | 0 | 178 | 53 | 70 | |
| Credit Card Fees - 5695 | | 112 | 927 | 300 | 400 | |
| Total Expense | | **$11,191** | **$112,392** | **$122,644** | **$161,059** | **($10,252)** |
| Net Income | | **$1,842** | **$11,381** | | **($4,559)** | |
| | | | Prepared by CFO@aasacramento.org | | | |

## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 10)
## 3rd Quarter Balance Sheet

| | Sep 30, 09 | Jun 30, 09 |
|---|---|---|
| ASSETS | | |
| Current Assets | | |
| Checking/Savings | | |
| 1040 · Certificate of Deposit -0546 | 17,943.50 | 17,868.37 |
| 1041 · Certificate of Deposit -0438 | 18,152.63 | 18,120.59 |
| 1043 · Certificate of Deposit #1552 | 12.24 | 12.24 |
| 1060 · General Fund | 27,186.69 | 13,802.02 |
| 1065 · Cash Drawer | 149.89 | 149.89 |
| Total Checking/Savings | 63,444.95 | 49,953.11 |
| Accounts Receivable | | |
| 1200 · Accounts Receivable | 3,464.25 | 2,972.27 |
| Total Accounts Receivable | 3,464.25 | 2,972.27 |
| Other Current Assets | | |
| 1069 · Undeposited Funds | 417.38 | 354.91 |
| 1070 · PrePaid Expense-Picnic | 0.00 | 860.00 |
| 1072 · Security Deposits | 1,582.69 | 1,440.67 |
| 1500 · Inventory Asset | 20,280.45 | 20,076.98 |
| Total Other Current Assets | 22,280.52 | 22,732.56 |
| Total Current Assets | 89,189.72 | 75,657.94 |
| Fixed Assets | | |
| 1810 · Leasehold Improvements | 137.92 | 137.92 |
| 1820 · Furniture & Equipment | 19,246.44 | 19,246.44 |
| 1825 · Acc. Depreciation-Furniture and | -18,891.29 | -18,891.29 |
| 1840 · Computer Software | 2,752.02 | 2,752.02 |
| 1845 · Acc. Depreciation-software | -2,752.02 | -2,752.02 |
| Total Fixed Assets | 493.07 | 493.07 |
| TOTAL ASSETS | 89,682.79 | 76,151.01 |
| LIABILITIES & EQUITY | | |
| Liabilities | | |
| Current Liabilities | | |
| Accounts Payable | | |
| 2100 · Accounts Payable | 21.60 | -3,022.80 |
| Total Accounts Payable | 21.60 | -3,022.80 |
| Other Current Liabilities | | |
| 2200 · Payroll Liabilities | 2,206.36 | 2,085.17 |
| 2310 · Sales Tax Payable | 2,207.94 | 2,552.70 |
| Total Other Current Liabilities | 4,414.30 | 4,637.87 |
| Total Current Liabilities | 4,435.90 | 1,615.07 |
| Total Liabilities | 4,435.90 | 1,615.07 |

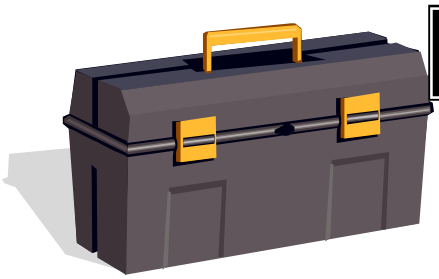
## CCFAA Delegate's Meeting Minutes—October 17, 2009 (Page 10)
## 3rd Quarter Balance Sheet (cont'd)

| | Sep 30, 09 | Jun 30, 09 |
|---|---|---|
| Equity | | |
| 3000 · Opening Bal Equity | 931.81 | 931.81 |
| 3300 · Unrestricted Fund Balance | 60,014.90 | 60,014.90 |
| 3600 · Retained Earnings | 12,993.75 | 12,993.75 |
| Net Income | 11,306.43 | 595.48 |
| Total Equity | 85,246.89 | 74,535.94 |
| TOTAL LIABILITIES & EQUITY | 89,682.79 | 76,151.01 |

**WORD SEARCH: STEP NINE...TRADITION NINE**

| | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| G | H | K | T | Q | K | C | M | A | D | E | M | P | I | T | E |
| G | S | E | F | W | Y | L | J | J | G | Z | Y | Q | D | I | S |
| W | N | W | R | V | O | V | S | E | K | G | J | D | T | T | N |
| G | J | H | Z | F | E | R | T | E | R | S | V | Q | D | P | W |
| X | L | E | B | D | R | A | G | I | C | S | Q | Y | D | E | Y |
| U | S | R | C | O | E | S | H | A | D | I | Q | N | D | C | G |
| Z | J | R | L | R | A | E | E | N | N | A | V | I | Q | X | V |
| H | D | V | C | Q | V | R | E | E | A | I | R | R | Z | E | R |
| Y | F | E | A | R | W | M | D | E | T | E | Z | I | E | H | E |
| Q | Y | R | E | S | A | P | I | S | C | T | F | E | P | S | V |
| P | O | S | S | I | B | L | E | T | W | W | I | Z | D | L | E |
| I | S | L | M | M | Z | K | L | B | S | W | O | M | J | O | N |
| M | X | Z | J | B | O | Y | W | E | M | L | L | M | M | V | N |
| E | L | B | I | S | N | O | P | S | E | R | O | C | N | O | Q |
| E | R | U | J | N | I | Q | S | Z | W | R | X | N | P | W | C |
| M | G | T | S | R | E | H | T | O | T | C | E | R | I | D | W |

| | | | |
|---|---|---|---|
| **Amends** | **Directly** | **Boards** | **Committees** |
| **Create** | **Except** | **Injure** | **Made** |
| **Never** | **Organized** | **Others** | **Possible** |
| **Responsible** | **Serve** | **Service** | **Wherever** |



## The Eleventh Step

***"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."***

What's in your toolbox?

**Perhaps one of the greatest rewards of meditation and prayer is the sense of belonging that comes to us. We no longer live in a completely hostile world. We are no longer lost and frightened and purposeless. The moment we catch even a glimpse of God's will, the moment we begin to see truth, justice, and love as the real and eternal things in life, we are no longer deeply disturbed by all the seeming evidence to the contrary that surrounds us in purely human affairs. We know that God lovingly watches over us. We know that when to turn to Him, all will be well with us, here and hereafter.**

**--Twelve Steps and Twelve Traditions, page**

## The Eleventh Tradition

***"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films."***

Our really great hope lies in the fact that our total experience, as alcoholics and as AA members, has at last taught us the immense power of these forces of self-destruction. These hard-won lessons have made us entirely willing to undertake every personal sacrifice necessary for the preservation of our treasured Fellowship.

This is why we see anonymity *at the general public level* as our chief protection against ourselves, the guardian of all our Traditions and the greatest symbol of self-sacrifice that we know.

Of course, no AA need be anonymous to family, friends, or neighbors. Disclosure there is usually right and good. Nor is there any special danger when we speak at group or semipublic AA meetings, provided, press reports *reveal first names only*.

But before the general public – press, radio, films, television, and the like – the revelation of full names and pictures is the point of peril. This is the main escape hatch for the fearful destructive forces that still lie latent in us all. Here the lid can and must stay down.

We now fully realize that 100% personal anonymity before the public is just as vital to the life of AA as 100% sobriety is to the life of each and every member.

I say all this with what earnestness I can; I say this because I know what the temptation of fame and money really is. I can say this because I was once a breaker of anonymity myself. I thank God that years ago the voice of experience and the urging of wise friends too me out of the perilous path into which I might have led our entire Society. Thus I learned that the temporary or seeming good can often by the deadly enemy of the permanent best. When it comes to survival for AA, nothing short of our very best will be good enough.

We want to maintain 100% anonymity for still another potent reason, one often overlooked. Instead of securing us more publicity, repeated self-serving anonymity breaks could severely damage the wonderful relation we now enjoy with the press and public alike. We could wind up with a poor press and little public confidence at all.

For many years, new channels all over the world have showed AA with enthusiastic publicity, a never-ending stream of it, far out of proportion to the news values involved. Editors tell us why this is. They give us extra space and time because their confidence in AA is complete. The very foundation of that high confidence is, they ay, our continual insistence on personal anonymity at the press level.

Never before had the news outlets and public relations experts heard of a society that absolutely refused personally to advertise its leaders or members. To them, this strange and refreshing novelty has always been proof positive that AA is on the square; that nobody has an angle.

This, they tell us, is the prime reason for their great goodwill. This is why, in season and out, they continue to carry the AA message of recovery to the whole world.

# THE ELEVENTH CONCEPT

***"The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."***

-*Concepts Short Form from Big Book)*

The following are "several principles...which "apply to A.A. World Services, Inc. and the A.A. Grapevine, Inc.( and are commonly accepted practices in other AA entities):

1) The status of executives

No active service can function well unless it has sustained and competent executive direction. This must always head up in one person, supported by such assistants as he needs. That person has to have ample freedom and authority to do his job, and he should not be interfered with so long as his work is done well.

2) Paid workers, how compensated

Each paid executive, staff member or consultant should be recompensed in reasonable relation to the value of his or her similar services or abilities in the commercial world.....Cheap help is apt to feel insecure and inefficient. It is very costly in the long run. This is neither good spirituality nor good business. Assuming service money is available, we should therefore compensate our workers well.

3) Rotation among paid staff workers

At A.A.'s General Service Office, most staff members' assignments are changed every two years. When engaged, each staff member is expected to possess the general ability to do, or to learn how to do, any job in the place—-excepting for office management.

4) Full "Participation" of paid workers is highly important

We have already discussed the necessity of giving key paid personnel a voting representation on our committees and corporate boards. They should enjoy a status suitable to their responsibility, just as our volunteers do.

**"This Step Five may take a while;**

**I would hate for you to fall asleep in the middle of it!"**

*— Joe H., Vancouver, British Columbia*

**GRATITUDE AND WELL-BEING (From Wikipedia)**

A large body of recent work has suggested that people who are more grateful have higher levels of well-being. Grateful people are happier, less depressed, less stressed, and more satisfied with their lives and social relationships. Grateful people also have higher levels of control of their environments, personal growth, purpose in life, and self acceptance. Grateful people have more positive ways of coping with the difficulties they experience in life, being more likely to seek support from other people, reinterpreted and grow from the experience, and spend more time planning how to deal with the problem. Grateful people also have less negative coping strategies, being less likely to try and avoid the problem, deny there is a problem, blame themselves, or cope through substance use.

Grateful people sleep better, and this seems to be because they think less negative and more positive thoughts just before going to sleep.

Whilst many emotions and personality traits are important to well-being, there is evidence that gratitude may be uniquely important. First, a longitudinal study showed that people who were more grateful coped better with a life transitions. Specifically, people who were more grateful before the transition were less stressed, less depressed, and more satisfied with their relationships three months later. Second, two recent studies have suggested that gratitude may have a unique relationship with wellbeing, and can explain aspects of well-being that other personality traits cannot. Both studies showed that gratitude was able to explain more well-being than the Big Five and 30 of the most commonly studied personality traits.

Anonymous…..(cont'd from page 1)

Our new book, "Twelve Steps and Twelve Traditions," states that "Anonymity is the greatest protection our Society can ever have." It says also that "The spiritual substance of anonymity is sacrifice."

Let's turn to AA's 12 twenty years of experience and see how we arrived at that belief, now expressed in our Traditions Eleven and Twelve.

At the beginning, we sacrificed alcohol. We have to, or it would have killed us. But we couldn't get rid of alcohol unless we made other sacrifices. Big shot-ism and phony thinking had to go. We have to toss self-justification, self-pity, and anger right out of the window. We had to quit the crazy contest for personal prestige and big bank balances. We have to take personal responsibility for our sorry state and quit blaming others for it.

Were these sacrifices? Yes, they were. To gain enough humility and self-respect to stay alive at all we had to give up what had really been our dearest possession – our ambitions and our illegitimate pride.

But even this was not enough. Sacrifice had to go much further. Other people had to benefit, too. So we took on some 12th Step work; we began t carry the AA message. We sacrificed time, energy and our own money to do this. We couldn't keep what we had unless we gave it away.

**Did we demand** that our new prospects give us anything? Were we asking them for power over their lives, for fame for our good work, or for a cent of their money? No, we were not. We found that if we demanded any of these things our 12th Step work went flat. So these natural desires had to be sacrificed; otherwise, our prospects received little or no sobriety. Nor, indeed, did we.

Thus, we learned that sacrifice had to bring a double benefit, or else little at all. We began to know about the kind of giving of ourselves that had no price tag on it.

When the first AA group took form, we soon learned a lot more of this. We found that each of us had to make willing sacrifices for the group itself, sacrifices for the common welfare. The group, in turn, found that it had to give up many of its own rights for the protection and welfare of each member, and for AA as a whole. These sacrifices had to be made or AA couldn't continue to exist.

**Out of these experiences and realizations**, the Twelve Traditions of Alcoholics Anonymous began to take shape and substance.

Gradually we saw that the unity, the effectiveness – yes, even the survival – of AA would always depend upon our continued willingness to sacrifice our personal ambitions and desires for the common safety and welfare. Just as sacrifice meant survival for the individual, so did sacrifice mean unity and survival for the group and for AA's entire fellowship.

Viewed in this light, AA's Twelve Traditions are little else than a list of sacrifices which the experience of 20 years has taught us that we must make, individually and collectively, if AA itself is to stay alive and healthy.

In our Twelve Traditions, we have set our faces against nearly every trend in the outside world.

We have denied ourselves personal government, professionalism, and the right to say who our members shall be. We have abandoned do-goodism, reform and paternalism. We refuse charitable money and prefer to pay our own way. We will cooperate with practically everybody, yet we decline to marry our Society to anyone. We abstain from public controversy and will not quarrel among ourselves about those things that so rip society asunder – religion, politics, and reform. We have but one purpose: to carry the AA message to the sick alcoholic who wants it.

We take these attitudes not at all because we claim special virtue or wisdom; we do these things because hard experience has told us that we must – if AA is to survive the distraught world of today. We also give up rights and make sacrifices because we ought to – and, better yet, because we want to. AA is a power greater than any of us; it must go on living or else uncounted thousands of our kind will surely die. This we know.

Now where does anonymity fit into this picture? What is anonymity anyhow? Why do we think it is the greatest single protection that AA can ever have? Why is it our greatest symbol of personal sacrifice, the spiritual key to all our Traditions and to our whole way of life?

The following fragment of AA history will reveal, I deeply hope, the answer we seek.

**Years ago a noted ballplayer** sobered up through AA. Because his comeback was so spectacular, he got a tremendous personal ovation in the press and Alcoholics Anonymous got much of the credit. His full name and picture, as a member of AA, were seen by millions of fans. It did us plenty of good; alcoholics flocked in. We loved this. I was especially excited because it gave me ideas.

Soon I was on the road, happily handing out personal interviews and pictures. To my delight, I found I could hit the front pages, just as he could. Besides, he couldn't hold his publicity pace, but I could hold mine. I only needed to keep traveling and talking. The local AA groups and newspapers did the rest. I was astonished when recently I looked at those old newspaper stores. For two or three years, I guess, I was AA's number one anonymity breaker.

So I can't blame any AA who has grabbed the spotlight since. I set the main example myself years ago.

At the time, this looked like the thing to do. Thus justified, I ate it up. What a bang it gave me when I read those two-column spreads about, "Bill the Broker," full name and picture, the guy who was saving drunks by the thousands!

"Then this fair sky began to be a little overcast. Murmurs were heard from AA skeptics who said, "This guy, Bill, is hogging the big time. Dr. Bob isn't getting his share." Or, again, "Suppose all this publicity goes to Bill's head and he gets drunk on us?"

This stung. How could they persecute me when I was doing so much good? I told my critics that this was America and didn't they know I had the right of free speech? And wasn't this country and every other run by big name leaders? Anonymity was maybe okay for the average AA. But co-founders ought to be exceptions. The public certainly had a right to know who we were.

Real AA power-drivers (prestige-hungry people, folks just like me) weren't long in catching on. They were going to be exceptions, too. They said that anonymity before the general public was just for timid people; all the braver and bolder souls, like themselves, should stand right up before the flashbulbs and be counted. This kind of courage would soon do away with the stigma on alcoholics. The public would right away see what fine citizens recovered drunks could make. So more and more, members broke their anonymity, all for the good of AA. What if a drunk was photographed with the Governor? Both he and the Governor deserved the honor, didn't they? Thus, we

zoomed along, down the dead-end road?

The next anonymity breaking development looked even rosier. A close AA friend of mine wanted to go in for alcohol education. A department of a great university interested in alcoholism wanted her to go out and tell the general public that alcoholics were sick people, and that plenty could be done about it. My friend was a crack public speaker and writer. Could she tell the general public that she was an AA member? Well, why not? By using the name Alcoholics Anonymous, she'd get fine publicity for a good brand of alcohol education and for AA, too. I thought it an excellent idea and, therefore, gave my blessing.

AA was already getting to be a famous and valuable name. Backed by our name and her great ability, the results were immediate. In nothing flat, her own full name and picture, plus excellent accounts of her educational project, and of AA, landed in nearly every large paper in North America. The public understanding of alcoholism increased, the stigma on drunks lessened, and AA got new members. Surely there could be nothing wrong with that.

But there was. For the sake of this short-term benefit, we were taking on a future liability of huge and menacing proportions.

**Presently an AA member** began to publish a crusading magazine devoted to the cause of Prohibition. He thought Alcoholics Anonymous ought to help make the world bone-dry. He disclosed himself as an AA member and freely used the AA name to attack the evils of whiskey and those who made it and drank it. He pointed out that he, too, was an "educator," and that his brand of education was the "right kind." As for putting AA into public controversy, he thought that was exactly where we should be. So he busily used AA's name to do just that. Of course, he broke his anonymity to help his cherished cause along.

That was followed by a proposal from a liquor-trade association that an AA member takes on a job of "education." People were to be told that too much alcohol was bad for anyone and that certain people – the alcoholics – shouldn't drink at all. What could be the matter with this?

The catch was that our AA friend had to break his anonymity; every piece of publicity and literature was to carry his full name as a member of Alcoholics Anonymous. This, of course, would be bound to create the definite public impression that AA favored "education," liquor-trade style.

Though these two developments never happened to get far, their implications were nevertheless terrific. They spelled it right out for us. By hiring out to another cause, and then declaring his AA membership to the whole public, it was in the power of an AA to marry Alcoholics Anonymous to practically any enterprise or controversy at all, good or bad. The more valuable the AA name became, the greater the temptation would be.

Further proof of this was not long in showing up. Another member started to put us into the advertising business. He had been commissioned by a life insurance company to deliver a series of twelve "lectures" on Alcoholics Anonymous over a national radio hook-up. This would, of course, advertise life insurance and Alcoholics Anonymous – and naturally our friend himself – all in one good-looking package.

At AA headquarters, we red the proposed lectures. They were about 50% AA and 50% our friend's personal religious convictions. This could create a false public view of us. Religious prejudice against AA would be aroused. So we objected.

**Our friend shot back a hot letter** saying that he felt "inspired" to give these lectures, and that we had no business to interfere with his right of free speech. Even though he was going to get a fee for his work, he had nothing in mind except the welfare of AA. And if we didn't know what was good for us, that was too bad! We and AA's Board of Trustees could go plumb to the devil. The lectures were going on the air.

This was a poser. Just by breaking anonymity and so using the AA name for his own purposes, our friend could take over our public relations, get us into religious trouble, put us into the advertising business and, for all these good works, the insurance company would pay him a handsome fee.

Did this mean that any misguided member could thus endanger our Society any time or any place simply by breaking anonymity and telling himself how much good he was going to do or us? We envisioned every AA advertising man looking up a commercial sponsor, using the AA name to sell everything from pretzels to prune juice.

**Something had to be done**. We wrote our friend that AA had a right to free speech, too. We wouldn't oppose him publicly, but we could and would guarantee that his sponsor would receive several thousand letters of objection from AA members if the program went on the radio. Our friend abandoned the project.

But our anonymity dike continued to leak. AA members began to take us into politics. They began to tell state legislative committees – publicly, of course – just what AA wanted in the way of rehabilitation, money and enlightened legislation.

Thus, by full name and often by pictures, some of us became lobbyists. Other members sat on benches with police court judges, advising which drunks in the line-up should go to AA and which to jail.

Then came money complications involving broken anonymity. By this time, most members felt we ought to stop soliciting funds publicly for AA purposes. But the educational enterprise of my university-sponsored friend had meanwhile mushroomed. She had a perfectly proper and legitimate need for money and plenty of it. Therefore, she asked the public for it, putting on drives to this end. Since she was an AA member and continued to say so, many contributors were confused. They thought AA was in the educational field or else they thought AA itself was raising money when indeed it was not and didn't want to. (…)

The old files at AA Headquarters reveal many scores of such experiences with broken anonymity. Most of them point up the same lessons.

They tell us that we alcoholics are the biggest rationalizers in the world; that fortified with the excuse we are doing great things for AA we can, through broken anonymity, resume our old and disastrous pursuit of personal power and prestige, public honors, and money – the same implacable urges that when frustrated once caused us to drink; the same forces that are today ripping the globe apart at its seams. Moreover, they make clear that enough spectacular anonymity-breakers could someday carry our whole Society down into that ruinous dead end with them.

So we are certain that if such forces ever rule our Fellowship, we will perish, too, just as other societies have perished throughout human history. Let us not suppose for a moment that we recovered alcoholics are so much better or stronger than other folks; or that, because in 20 years nothing has ever happened to AA, nothing ever can.

# Group Contributions -- October 2009 (Page 1)

| GROUP NAME | Gp No | OCT | YTD |
|---|---|---|---|
| 12-SQUARED GROUP | 11786 | $ 60.00 | 322.05 |
| AA UNITY GP | 10480 | | 317.85 |
| AA WOMEN'S STEP STUDY (AUBURN) | 11361 | | 59.28 |
| ALL TRIBES GROUP | 10483 | | 15.00 |
| ARDEN MORSE GROUP | 10004 | | 275.00 |
| AS BILL SEES IT ORANGEVALE | 11106 | 41.00 | 131.00 |
| AS BILL SEES IT PLACERVILLE | 10314 | | 30.69 |
| ATTITUDE ADJUSTMENT DAVIS | 10547 | | 283.65 |
| AUBURN FWP | 10006 | | 310.00 |
| AUBURN OVER 50 GROUP | 10010 | | 510.34 |
| BEEN THERE DONE THAT | 10636 | | 110.00 |
| BIG TIME SOBRIETY | 10335 | | 69.45 |
| BROWNSVILLE SERENITY GRP | 11536 | 32.50 | 108.50 |
| BY THE GRACE | 10552 | | 125.00 |
| CAMERON PARK WOMEN'S GROUP | 10372 | | 5.00 |
| CAPITOL CITY MEN'S GROUP | 11251 | 51.41 | 432.66 |
| CARRY THE MESSAGE GROUP | 10622 | | 300.00 |
| CATHEDRAL GROUP | 10022 | | 1,420.00 |
| CENACLE GROUP | 11356 | | 60.00 |
| CITRUS HEIGHTS AA@NOON | 10467 | | 190.00 |
| CITRUS HEIGHTS GROUP | 10034 | | 218.28 |
| CLARKSBURG MEETING | 10531 | | 1,600.00 |
| COLFAX FRIENDS OF BILL | 11058 | 75.00 | 305.50 |
| COME AS YOU ARE GROUP | 10615 | 342.00 | 1,003.00 |
| CORDOVA FRIDAY NIGHT GROUP | 10039 | | 54.00 |
| CORDOVA K.I.S.S. GROUP | 10042 | 100.00 | 150.00 |
| CORDOVA LUNCH BUNCH | 10591 | | 547.87 |
| CORDOVA SATURDAY NIGHT | 10679 | | 90.00 |
| CORDOVA SERENITY SEEKERS | 10352 | 81.97 | 199.47 |
| COUNTRY CLUB GROUP | 10051 | 30.00 | 30.00 |
| COURAGE TO CHANGE | 10053 | | 360.00 |
| DAILY ATTITUDE ADJ. - FAIR OAKS | 10381 | 518.00 | 2,667.35 |
| DAILY DIRECTION AA | 11276 | | 300.00 |
| DAVIS FRIDAY NOON GROUP | 10351 | | 100.00 |
| DAVIS HOPE GROUP | 10054 | | 220.00 |
| DAVIS YOUNG PEOPLE | 10482 | | 50.00 |
| DESTINY GROUP | 11313 | | 290.00 |
| DOBBIN'S WILD BUNCH | 10058 | 29.33 | 88.91 |
| DOWNTOWN YOUNG PEOPLE'S GROUP | 11105 | | 57.09 |
| DRY DIGGINS GROUP | 10005 | | 25.00 |
| EAST YOLO FELLOWSHIP | 10063 | 50.00 | 670.00 |
| ELK GROVE CAME TO BELIEVE GRP | 10016 | | 600.00 |
| ELK GROVE FELLOWSHIP | 10673 | 296.58 | 2,361.10 |
| ELK GROVE GROUP | 10434 | | 529.00 |
| ELK GROVE POA WOMEN'S | 10496 | | 166.00 |
| ELK GROVE SOBRIETY SISTERS | 11199 | 70.00 | 305.00 |
| ESPEE FELLOWSHIP | 10064 | 100.00 | 200.00 |
| FAIR OAKS BEGINNERS | 10072 | 70.00 | 198.00 |
| FIRST THINGS FIRST | 10365 | | 90.00 |
| FIT FOR LIFE | 10330 | | 256.20 |
| FLYING BLIND BIG BOOK STUDY | 11479 | | 187.50 |
| FOLSOM BIG BOOK | 10545 | | 972.60 |
| FOLSOM FRIDAY NIGHT | 10501 | | 541.22 |
| FOLSOM NOON NEW LIFE | 10517 | | 350.00 |
| FOLSOM SATURDAY MORNING MTG | 10607 | 200.00 | 460.00 |
| FOLSOM TUESDAY NIGHT MEN'S | 10371 | | 350.00 |
| FOLSOM WAY OF LIFE | 10557 | 900.00 | 3,000.00 |
| FOLSOM WEDNESDAY NIGHT GROUP | 10078 | 195.36 | 685.65 |
| FOLSOM YOUNG PEOPLE | 10624 | 47.73 | 402.52 |
| FORESTHILL BENT NICKEL GROUP | 10081 | | 75.00 |
| FOUNTAIN OF YOUTH GROUP | 10662 | | 112.45 |
| FOURTH DIMENSION GROUP | 11013 | | 375.00 |
| FOX HALL (YUBA CITY) | 10311 | | 66.00 |
| FREEDOM GROUP | 10083 | 236.63 | 416.59 |
| FRIDAY NIGHT DOUBLE A GROUP | 10288 | | 413.15 |
| FRIDAY NITE FAMILY GROUP AA | 10655 | | 200.00 |
| FRUITVALE GROUP | 10526 | | 71.57 |
| GALT FELLOWSHIP | 10090 | 100.00 | 1,100.00 |
| GIBBONS NOON | 10668 | | 594.90 |
| GOING TO ANY LENGTH GROUP | 10091 | | 50.00 |
| GREENHAVEN GROUP | 10109 | | 150.00 |
| GROUP ONE | 10111 | | 120.00 |
| GROUP THREE | 10112 | | 1,577.78 |
| GUSTINE FELLOWSHIP | 11063 | | 125.00 |
| HAPPY CAMPERS | 10457 | | 292.00 |
| HAPPY DESTINY | 11065 | 49.10 | 246.00 |
| HAPPY HOUR RANCHO GROUP | 11024 | 50.00 | 350.00 |
| HAPPY JOYOUS & FREE | 10114 | 26.50 | 26.50 |
| HELPING HANDS | 10671 | 54.00 | 100.00 |
| HIGH FLYERS | 10476 | 30.00 | 60.00 |
| HOLY SMOKELESS | 10115 | | 150.00 |
| HOPE & SERENITY SPEAKER MTG | 10342 | | 25.00 |
| IN ALL OUR AFFAIRS | 10396 | | 200.00 |
| INTO ACTION | 10533 | | 325.00 |
| KEEP IT SIMPLE, ELK GROVE | 11348 | | 3.00 |
| LINCOLN HILLS GROUP | 11338 | | 98.00 |
| LINCOLN THURSDAY NIGHT GP | 10539 | 34.96 | 367.16 |
| LIVING SOBER WOMEN - FRIDAY | 10345 | 175.40 | 451.92 |
| LOOMIS FELLOWSHIP | 10132 | 30.00 | 75.10 |
| LOOMIS WOMEN'S STEP STUDY | 11069 | | 240.00 |
| MARYSVILLE GROUP | 10697 | | 100.00 |
| MARYSVILLE UNITY GROUP | 11869 | | 150.00 |
| MATHER THURSDAY NIGHT | 11016 | | 25.00 |
| MEN AT WORK | 10481 | | 80.00 |
| MIDTOWN SOLUTIONS | 10144 | | 218.00 |
| MONDAY NOON GROUP | 10118 | | 188.01 |

## Group Contributions (cont'd)

| | | | |
|---|---|---|---|
| MONDAY PM WOMENS (GIBBONS) | 10159 | | 135.77 |
| MONDAY WOMEN'S STEP STUDY | 11178 | | 358.71 |
| MORE WILL BE REVEALED | 11629 | | 137.50 |
| MYSTIC CHIX | 10635 | | 162.10 |
| NATOMAS GROUP | 10411 | | 692.17 |
| NEVER ON TUESDAY | 10653 | | 1,281.63 |
| NEW HOPE GROUP | 10172 | 218.65 | 586.90 |
| NORTH AUBURN GROUP | 10656 | 10.00 | 127.55 |
| NORTH HALL GROUP | 10177 | | 891.91 |
| NORTH HIGHLANDS FIRESIDE GP | 10166 | | 61.55 |
| NORTH SACRAMENTO GP | 10178 | | 15.00 |
| OAK PARK FELLOWSHIP | 10179 | 50.00 | 80.00 |
| OAK TREE GROUP | 10180 | | 1,829.06 |
| OLD TIME VALUES | 11627 | 16.57 | 72.36 |
| ONE DAY AT A TIME GROUP | 10387 | | 290.00 |
| ORANGEVALE OPEN GROUP | 10182 | 31.00 | 234.20 |
| ORANGEVALE SIXTY MINUTE GP | 10490 | | 150.00 |
| PATHWAY TO SPIRITUALITY | 10191 | 40.00 | 80.00 |
| PHOENIX FWP | 10193 | | 204.61 |
| PINE GROVE FELLOWSHIP | 10651 | | 50.00 |
| PLACERVILLE HANGTOWN GROUP | 10198 | | 60.00 |
| PLACERVILLE SUNRISE ATT. | 10644 | | 250.00 |
| PRIMARY PURPOSE FELLOWSHIP | 11866 | | 4.58 |
| PROMISES GROUP - DIXON | 11510 | | 70.00 |
| RANCHERIA FELLOWSHIP | 11555 | 68.42 | 403.77 |
| RANCHO MURIETA GROUP | 10609 | 452.64 | 1,661.73 |
| REBELLION DOGS | 10363 | | 59.82 |
| RINGSIDE RECOVERY | 11108 | 75.00 | 75.00 |
| RIO LINDA FELLOWSHIP | 10203 | | 158.21 |
| RIVER PARK RECOVERY | 10553 | | 646.73 |
| RIVER PINES AA | 10955 | 25.00 | 65.00 |
| ROCKLIN FWP | 10677 | 50.00 | 450.00 |
| ROLOFF TO RECOVERY MEN'S | 10435 | | 80.00 |
| ROSEVILLE FELLOWSHIP MONDAY NIGHT GROUP | 10208 | | 150.00 |
| ROSEVILLE MONDAY NITE FWP | 10208 | 150.00 | 150.00 |
| ROSEVILLE TUESDAY NIGHT | 10215 | | 2,100.34 |
| ROSEVILLE TUESDAY NIGHT 12&12 | 10646 | | 446.80 |
| ROUND TABLE GROUP | 10217 | | 26.25 |
| RULE 62 | 11083 | 200.00 | 325.00 |
| SACRAMENTO DOWNTOWN MEN | 10640 | 44.33 | 378.24 |
| SACYPAA | 10647 | | 512.24 |
| SATURDAY MORNING REFLECTIONS GRP | 11110 | | 325.00 |
| SECOND CHANCE GROUP | 10494 | | 1,750.00 |
| SERENDIPITY AS BILL SEES IT | 11111 | | 250.00 |
| SERENITY BOOK & STEP STUDY | 10613 | | 374.00 |
| SIERRA PINES | 10687 | | 26.51 |
| SIERRA STEP SISTERS | 10678 | 43.60 | 103.61 |
| SIERRA WEDNESDAY AM GP | 10224 | | 250.00 |
| SISTERS IN SERENITY | 10540 | | 120.00 |
| SISTERS IN SOBRIETY | 10440 | | 94.00 |
| SIXTY MINUTE SOLUTION GROUP | 10500 | 136.10 | 868.43 |
| SMOKIN' SOBRIETY | 11267 | 40.00 | 220.00 |
| SOBRIETY SPEAKS | 11567 | | 300.00 |
| SOUTHPORT SERENITY | 10627 | | 830.00 |
| SPIRITUALLY SPEAKING GROUP | 10238 | | 553.00 |
| STEP 2 MEN'S GROUP | 11278 | | 500.00 |
| STEPS TO PEACE | 11109 | | 100.00 |
| STIX CHIX-PLACERVILLE | 11630 | 53.20 | 162.68 |
| STRAIGHT MEN'S GROUP | 10259 | 2,000.00 | 4,000.00 |
| STUMBLE IN GROUP | 11500 | | 40.00 |
| SUNDAY MORNING SERENITY | 10504 | | 287.06 |
| SUNDAY NIGHT MENS MEETING | 10475 | 125.00 | 757.02 |
| SUNDAY NIGHT RECOVERY HOUR | 10261 | | 1,290.00 |
| SUNDAY REFLECTIONS | 11362 | | 278.00 |
| SUNRISE SPEAKER MEETING | 10262 | | 158.49 |
| SUNSET HAPPY HOUR WOMEN | 10267 | | 189.00 |
| SUNSET SATURDAY | 10266 | | 100.00 |
| SUNSET WEDNESDAY WOMEN 11AM | 10273 | | 186.17 |
| SUTTER BUTTES ROUNDUP GROUP | 10606 | | 90.00 |
| THANK GOD IT'S SMOKE FREE | 10487 | 44.00 | 220.39 |
| THE OTHER MEETING | 11526 | | 140.00 |
| THREE LEGACIES GROUP | 10280 | | 150.00 |
| THURSDAY MORNING BOOK/STEP STUDY GRP | 10460 | | 97.20 |
| THURSDAY NIGHT MEN'S GROUP | 10281 | | 557.50 |
| TIME TO START LIVING | 11103 | | 39.40 |
| TOO YOUNG | 10682 | | 11.08 |
| TRADITIONAL GROUP | 10283 | | 503.01 |
| TRADITIONS & CONCEPTS MTG | 11706 | 78.95 | 168.62 |
| TRIPLE A SPEAKER/PARTICIPATION MEETING | 11318 | | 250.00 |
| TUESDAY NIGHT BEGINNERS | 10459 | | 618.67 |
| TUESDAY NIGHT CARMICHAEL | 10285 | 100.00 | 200.00 |
| TWELVE BRIDGES STEP STUDY | 11543 | 104.00 | 206.77 |
| TWELVE STEPS TO SOBRIETY | 10971 | | 125.00 |
| VALLEY SPRINGS FELLOWSHIP | 11093 | | 35.00 |
| WAY OUT BIG BOOKS STUDY | 11326 | 50.00 | 100.00 |
| WE CARE GROUP | 10293 | | 230.00 |
| WEDNESDAY NIGHT 12X12 BK STDY | 11176 | 105.00 | 405.00 |
| WEDNESDAY WOMEN'S STEP STUDY DAVIS | 10067 | | 38.97 |
| WELCOME GROUP | 11415 | | 670.15 |
| WEST SLOPE FELLOWSHIP | 10379 | | 45.00 |
| WHAT A WAY TO START A WKND | 10296 | | 212.60 |
| WILLING WOMEN | 11469 | 115.10 | 457.24 |
| WINTERS KITCHEN TABLE | 10304 | | 264.33 |
| WOMEN FOR WOMEN | 10227 | | 50.00 |
| WOMEN IN RECOVERY | 11104 | 54.21 | 206.14 |
| WOMEN OF EXTRAVAGANT PROM. | 11375 | | 100.00 |
| WOMEN ON WEDNESDAYS | 11785 | 20.00 | 60.00 |
| WOODLAND TRADITIONAL GROUP | 10650 | 85.00 | 850.00 |
| ZINFANDEL & CORDOVA LANE GROUP | 11047 | | 145.70 |
| TOTAL | | 8,663.24 | 71,850.33 |

# By The Way Subscription

To have the By The Way delivered to your home or if your group needs additional copies, just fill out this form and mail it to CCFAA, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827.

Please check one:

- Gift Subscription ❑
- New Subscription ❑
- Additional Group Subscription ❑

| | | |
|---|---|---|
| Subscription price (1 year) | $ | 12.00 |
| Number of subscriptions | x | _____ |
| Total | $ | _____ |

Please send By The Way to:

Name: _____

Address: _____

City/State/Zip: _____

# Birthday Club

One way that members have been expressing their gratitude is by sending a donation to Central Office as their birthday approaches. You may send a dollar for each year or whatever you can afford.

If you feel that you would like to make this donation, please fill out the information below and return it to CCFAA, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827.

Name: _____

Address: _____

City/State/Zip: _____

Donation/Years: _____

Phone Number: _____

CENTRAL CALIFORNIA FELLOWSHIP
9960 BUSINESS PARK DR., SUITE 110
SACRAMENTO, CALIFORNIA 95827

***ADDRESS SERVICE REQUESTED**

**NON-PROFIT ORGANIZATION U.S. POSTAGE**
**PAID**
**PERMIT NO. 449 SACRAMENTO CA**