

Central California Fellowship of AA

By The Way

9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org 916-454-1771



AUGUST 2013



IT'S PICNIC TIME!

Sunday, August 18th 9am to 4pm

Elk Grove Park-9950 Elk Grove-Florin Rd

Elk Grove, CA 95624

Self-Pity as a Lifestyle?

Before AA, it seemed that my life could be summarized as a constant series of disasters, interspersed with occasional catastrophes and an unending stream of disappointments and misunderstandings. My world became a dog-eat-dog competitive environment where you did it to them before they did it to you. This situation led me to indulge in self-pity. Why others could not see what a kind, lovable, giving person I wanted to be was a mystery to me. Life was lonely and cold, and my satisfactions were superficial and temporary. I wondered what went wrong!

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What is your date of birth please?

I was born on June 26, 1994 in a homeless shelter in Sacramento, CA.

Although the appearance and condition of my flesh and body looks much older, this is the date of which I believe my life actually began.

Confused? I am not. For while my original conception was some 9 months before December 1957, I believe my first appearance upon this earth was into a womb of darkness and despair in which over the course of 36 years developed into a self-centered, fear trusting, egotistical fetus; feeding off the placenta of the world and never contributing or giving back to those who were kind enough to help me in my development.

As I look back I can see many a opportunity that was put before me that would have allowed me to emerge from said womb much sooner; but who can control the time and place of one's birth? No one has ever been able to yet, and that was certainly my case. I do believe I was born at just the right time, in Gods time.

I started imbibing off the Spirit of liquor around stage 16 of my development and although I do not remember my first drink, by stage 17 I was eagerly searching out anything that would fix me, except the thing that would fix me (God), and was searching anywhere I could find it. Being a mid-term fetus by this point I was certainly not self-supporting so it became a, "family supporting fix," of course, I thought, without their knowledge.

Sneaking and stealing started early for me.

This soon developed into a, friend supporting fix, a relationship supporting fix, and a society supporting fix. What ever worked and whether they knew it or not, it did not matter.

At this time I would like to point out that I did not come from a family of drinkers, so I certainly cannot blame them for my taste in liquor and drugs. I was raised by my uncle and his wife, whom were strict but good parents and I did not lack of opportunity or was never in want, and again they do not drink. If I was to look for a genetic link it might be my natural mother of whom I have very faint memories due to the fact that she died when I was four years old and, from bits and pieces of information I

Cont'd on page 9

Central Office will be CLOSED

August 17 & 19

For The CCFAA Picnic

CCFAA

You can reach us by email at cen-

Deadline Dates for Submissions for the By The Way and monthly flyers

<u>Month</u>	<u>Flyers</u>	<u>By The Way</u>
August	Saturday 8/10	Monday 7/15
September	Tuesday 9/10	Thursday 8/15
October	Thursday 10/10	Sunday 9/15
November	Sunday 11/10	Tuesday 10/15
December	Tuesday 12/10	Friday 11/15

All submissions need to be in by 5:00PM.

Email **ALL** submissions to: centraloffice@aasacramento.org

TELE-SERVICE DESK

Volunteers answer the hotline from 9AM to 1PM or 1PM to 5PM Monday through Friday at Central Office. We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.

*Volunteers need a minimum of six months of sobriety to answer the hotline.

H&I MONTHLY MEETING

3rd Thursday, at 6PM

Coco's Restaurant, 1830 Arden Way, Sacramento

We have an ongoing need for volunteers.

Contact the Area 42 Chairman, Mike H., email at mhanahan@gmail.com for more information.

GROUP DELEGATES

Please let us know who you are so we can send your group a **FREE** copy of the By The Way and the flyer mailing each month.

We want to be sure we have up-to-date info about your meeting location, day, time, and format.

CCFAA is here to be of service to you and your group.

**Please feel free to visit your Central Office located at:
9960 Business Park Dr., Suite 110 in Sacramento!**

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OFFICE OPERATIONS COMMITTEE

Tuesday, July 16th, at 6:00PM at Central Office
9960 Business Park Dr. Suite 110, Sac., CA 95827

PI/CPC COMMITTEE

Meets on the 2nd Monday of the month at 7:00 PM

Citrus Heights Police Department Building

6315 Fountain Square Drive, Citrus Heights

(Off Greenback 2.1 miles east of I-80)

SERVICE OPPORTUNITIES @ CCFAA!

We need volunteers to help with the assembly of the flyer mailing on **THURSDAY, JULY 11th** at 9:30 a.m. and the By The Way mailing on **WEDNESDAY, JULY 31ST** at 9:30 a.m.

Donuts - Coffee - Fellowship - and Fun!

2013 Central Office Volunteer Days

Central Office would like to have volunteers arrive at 9:30AM on the dates below. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

<u>Month</u>	<u>Flyers</u>	<u>By The Way</u>
August	Monday 8/12	Friday 8/30
September	Wednesday 9/11	Monday 9/30
October	Friday 10/11	Thursday 10/31
November	Tuesday 11/12	Wednesday 11/27
December	Wednesday 12/11	Monday 12/30

Please call (916) 454-1771 if you plan to attend.

2013 CENTRAL OFFICE CLOSURES

****CENTRAL OFFICE IS ALWAYS CLOSED HOLIDAY WEEKENDS****

<u>HOLIDAY</u>	<u>DATE</u>	<u>DAY</u>
Day Before Picnic	August 17th	Saturday
Day After Picnic	August 19th	Monday
Labor Day	Aug.31 & Sept. 2	Sat. & Mon.
Veteran's Day	November 11th	Monday
Thanksgiving Day	November 28th	Thursday
Day After Thanksgiving	November 29th	Friday
Floating Holiday	December 24th	Tuesday
Christmas Day	December 25th	Wednesday
New Year's Eve	December 31st	Tuesday

A.A. Teleservice Needs YOU!!



Alcoholics Anonymous Teleservice, also known as the A.A. hotline, services alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.



This is a great way to be of service to your fellow alcoholics. All you need is the use of a phone and a current meeting schedule. From the comfort of your own home on a landline telephone or even while you're out and about with the use of a cell phone you can be of service.



We would love to have you join our team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: hotlinehelpers@gmail.com

"I can't explain why I didn't hang up. I just sat there on the floor, with the receiver to my ear. The next thing I heard was "Good afternoon. Alcoholics Anonymous. May we help you?"

"Came to Believe" PG 23



CCFAA Delegates' Meeting

Saturday, August 17, 2013

Meeting begins at 3:00pm

New Delegates arrive at 2:00pm

2625 Alta Arden Expressway, Sac., CA 95825



7th Annual Hand in Hand

Women's Day of Unity

Saturday, September 21,
2013 8:30a.m. to 4:30 p.m.

New Location: **267 North Mills Avenue**

Lodi, CA 95242

See flyer for details at
www.aasacramento.org



7th Annual Central Foothill

Women's Conference

Saturday, October 5, 2013
8:30 a.m.—4:30 p.m.

American Legion Hall

12134 Airport Road

Sutter Creek, CA

Info & registration at
www.aasacramento.org

NCCAA

(Northern California Council
of Alcoholics Anonymous)

66th Annual Fall Conference
Modesto, CA Oct 11,12,13, 2013

Speaker Lineup:

Friday 8:00 PM Carla R.

Saturday 3:30 PM Tara C.

Saturday 8:00 PM Doug R.

Sunday 10:30 AM Marian G.

Visit: norcalaa.org for more info.



Sunday, August
18th 9am to 4pm
Elk Grove Park
9950 Elk Grove-Florin Rd
Elk Grove, CA 95624

CNIA

AREA COMMITTEE

Saturday

August 17, 2013

1040 Soule Street

W. Sacramento, CA 95691

See website for details:

www.cnia.org

Teleservice Activity Report June 2013

Teleservice	June	YTD
12 Step	59	333
Meetings/Info	353	1,906
Total Calls	412	2,239

Teledesk Activity Report June 2013

Teledesk	June	YTD
12 Step	11	70
Meetings/Info	387	2,062
Total Calls	398	2,132



WEEKLY SPEAKER MEETINGS

CAMERON PARK GROUP ~ WHEN: Every Saturday, 8:00PM to 9:30PM. **WHERE:** Light of the Hills Church, 3100 Rodeo Dr., Cameron Park. Speakers: Last Saturday is Birthday Night. Come join us for great fellowship every

Saturday night. We need your support!

FOLSOM WAY OF LIFE GROUP ~ WHEN: Every Thursday, 7:00PM. **WHERE:** Journey Church, 450 Blue Ravine Road, Folsom.

FOURTH DIMENSION GROUP ~ WHEN: Every Thursday, 8:00pm. Speaker. **WHERE:** Church of Christ, 1799 Cirby Way, Roseville. More details @ fourthdimensiongroup.org.

FOXHALL GROUP ~ WHEN: Tuesdays at 7:00pm. **WHERE:** Church of Christ, 1321 Peachtree Lane (Multipurpose Room), Yuba City 95991.

ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN: Saturday Night Speaker Meeting, 8:00-9:30 pm. **WHERE:** 315 Lincoln St, Roseville, 95678.

SUNRISE SPEAKER MEETING ~ WHEN: Every Sunday from 11:00AM-12:00PM. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael. We have local speakers who inspire and inform.

TRIPLE A SPEAKER/PARTICIPATION MEETING ~ WHEN: Friday night at 7:00pm. **WHERE:** 18014 Applegate Rd., Applegate.

MONTHLY SPEAKER MEETINGS

AUBURN FELLOWSHIP ~ WHEN: Every third Saturday at 7:30PM. **WHERE:** 244 Palm Ave., Auburn.

DAVIS HOPE GROUP ~ WHEN: First Saturday of each month at 7:00PM. **WHERE:** St. Martin's Church, 640 Hawthorne at Sycamore.

ELK GROVE FELLOWSHIP ~ WHEN: 3rd Saturday of every month. Potluck at 7:00 PM and Speaker at 8:00 PM **WHERE:** Native Sons Hall 9151 Grove St., Elk Grove (corner of Kent and Grove Streets).

GALT FELLOWSHIP ~ WHEN: 1st Saturday of every month. Dinner at 6:00pm, speaker at 7:00pm. Group supplies main course, dinner served in the dining hall next to our room. Join us! Bring a side dish or just yourself and some friends. **WHERE:** 908 C St., Galt. -8/3 Assorted Pastas, Speaker: Tamara B. Roseville. 9/7 Chicken Dinner, Speaker: Don W. Sacramento. 10/5 Ham, beans & cornbread, Speaker: Lauren C. Roseville 11/2 42nd Anniversary - Roast Beef Dinner, Speaker: Tom I. Southern Pines, NC

GROUP ONE ~ WHEN: Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St., Sacramento.

GROUP THREE ~ WHEN: Third Saturday of the month at 8:00pm. **WHERE:** 9940 Business Park Drive, Ste. 110, Sacramento (Located in the same parking lot as Central Office). Speakers: July, Maggie A. - Natomas.

HI-FLYERS ~ WHEN: Last Sunday of the month at 7:00pm. **WHERE:** 3077 Alhambra Drive, Suite E, Cameron Park

MIDTOWN SOLUTIONS ~ WHEN: Last Saturday of the month at 7:00pm to 8:15pm. **WHERE:** 2903 30th Street (near Franklin and 4th).

NEW HOPE GROUP ~ WHEN: Last Saturday of every month 7PM. **WHERE:** St. Francis Episcopal Church 11430 Fair Oaks Blvd.

NORTH HALL GROUP ~ WHEN: Third Saturday of the month at 8:00 pm. **WHERE:** 3501 2nd Ave., Sacramento.

NORTH SACRAMENTO GROUP ~ WHEN: First Saturday of the month, 7:00 pm. **WHERE:** 2330 Fairfield St., Sacramento.

PRIMARY PURPOSE GROUP ~ WHEN: Fourth Saturday of the month, 7:00pm. **WHERE:** 10630 Shirra Ave., Classroom #3, Rancho Cordova.

RIO LINDA FELLOWSHIP ~ NEW MONTHLY SPEAKER MEETING ~ WHEN: 2nd Friday of the month. Doors open at 6:00 pm Speaker starts at 7:00pm. **WHERE:** 515 L St. at 5th St. Calvary Lutheran Church.

ROSEVILLE TUESDAY NIGHT ~ WHEN: Last Saturday of the month, 7:00pm. **WHERE:** 315 Lincoln St, Roseville. Young AA Spkr Meeting

SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN: Second Saturday of every month at 8:00 pm **WHERE:** Centennial Methodist Church, 5401 Freeport Blvd., Sacramento. Please join us for dinner with the speaker & committee at Marie Callender's on Freeport at 6:00pm, . Speakers : **August 10**, Sharon A. Redwood City. **September 14**, Ralph W. Los Angeles.

SACYPAA ~ WHEN: Fourth Saturday of the month, 8:00 pm. **WHERE:** St Marks United Methodist Church 2391 St. Marks Way, Sacramento. Please go to sacypaa.org for more info.

TRADITIONAL GROUP SPEAKER MEETING ~ WHEN: Fourth Sunday of the month at 12:00 noon. The 1st speaker will be July, & The main speaker: Mary Jo M. **WHERE:** 2625 Alta Arden Way, Sacramento.

WOODLAND GROUP AA/AL-ANON SPEAKER & POTLUCK ~ WHEN: Second Saturday of the month, potluck at 6:00pm, speakers at 7:00pm: 20 Minute Al-Anon Speaker & 45 Minute AA Speaker. **WHERE:** 241 California St., Woodland, 95695.

WOODLAND TRADITIONAL GROUP ~ WHEN: Last Friday of the month at 7:30pm. **WHERE:** 418-B Main St. in Woodland (Alley entrance).

GROUP NEWS

UPDATES & CHANGES



BIG TIME SOBRIETY~ Discontinued~ The Friday, 7:30meeting at 4623 T, Street, East Sacramento is no longer meeting.

EAST YOLO FWP~ Secretary Workshop~ Every Second Saturday at 12:00 noon Location: 1040 Soule St., West Sacramento, CA 95691

ELK GROVE FWP~ Discontinued~ The Monday 6:30 pm Women's meeting has closed.

FIT FOR LIFE ~ New Location~ 5600 Winding Way, Carmichael, 95608 (St. George's Episcopal Church)

GATTAWANNA MEETING~ Format change~ We are changing our Friday 7:30pm format to a Young Peoples meeting.

GROUP ONE~ New Time~ The Women's meeting on Saturdays at 10:00am has been moved to 4:00pm and is now a Big Book study.

HAPPY CAMPERS~ New Location~ Living Hope Community Church, 5301 Dewey Drive Fair oaks, - 7:00 - 8:30pm Tuesdays.

HOPE & SERENITY ~ Has moved ~ to the "3RD SATURDAY" ~ Plus ~ **New Location~** Courtyard Marriott, 4422 Y Street, Sacramento 95817 Next to Shriner's Hospital. Free parking on top floor of the hospital.

NORTH HALL~ Meeting Time change~ All of the 8:00pm meetings are now one hour.

PATHWAY TO SPIRITUALITY~ Has moved ~ The Women's meeting on Thursday from 5:30 - 6:30 has moved to 4465 H. St. Sacramento, 95819

PHOENIX FELLOWSHIP~ New Location~ the new location is 5600 Winding Way. Carmichael. (St. George Episcopal Church) 1st meeting is July 2nd. This is an open, Women's meeting, Tuesday, 5:00 - 6:30pm

RIO LINDA FELLOWSHIP~ New Time ~ The Wednesday meeting will start at 7:00pm. at 515 L St. at 5th St. Calvary Lutheran Church

ROCKLIN FELLOWSHIP ~ Discontinued ~ The Friday & Saturday 11:00pm meetings have been discontinued .

ROSEVILLE MONDAY NIGHT GROUP~ Needs Support ~ This is an Open, One hour meeting, starts at 7:00pm at 9089 Foothills Blvd. Suite 900 - Restoration Church, Roseville

THANK GOD IT'S SIMPLE GROUP~ New Location ~ 109 Washington Blvd. Roseville, 95678

TRADITIONAL GROUP~ Has a couple of changes... The Sunday 5pm meeting is an open Big Book Study rather than a closed step study & the Friday 10pm meeting is now a Young Peoples meeting.

TRADITIONS & CONCEPTS, STUDY GROUP ~ New Day & location~ The Wednesday meeting has moved to Tuesdays. Same time 7:00pm-8:00pm. The new location is: 11427 Fair Oaks Blvd. Y-3 (was Annex-1) Fair Oaks. This is an open, NS, study meeting, with handicap access.

UNITY GROUP~ Has moved to conference room 3 & 4.

WINTERS KITCHEN TABLE GROUP~ New Location ~ St. Anthony's Parish Hall, 511 Main St. Winters, CA 95694

NEW GROUPS & MEETINGS



BANGOR GROUP ALCOHOLICS ANONYMOUS~ New Meeting ~ **WHEN:** Thursday 7:00pm. This is an open, one hour meeting. **WHERE:** Bangor Community

Church, 7419 Oroville Bangor Hwy., Bangor, 95914

BROWNSVILLE SERENITY GROUP ~ New Meeting ~ WHEN: Friday 7:00pm. This is an open meeting. **WHERE:** Brownsville Lutheran

Community Church of Joy, Nero and La Porte Rd. Brownsville, 95919

LINCOLN SISTER'S IN SOBRIETY~ New Meeting~ When: Wednesday at 5:40pm this is an open, one hour, women's, study meeting with wheelchair access. **Where:** Twelve Bridges Library (fir room) 485 Twelve Bridges Dr. Lincoln, 95648

GOLDEN GIRLS ~ New Meeting ~ WHEN: Monday at 10:00am. This is a closed, Women's meeting. **WHERE:** Sunsets Alano (Gibbons) 5809 Gibbons Drive. Carmichael, 95608

LANGUAGE OF THE HEART ~ New Meeting ~ WHEN: Tuesday at 7:30pm. This is an open one hour meeting. **WHERE:** St. Georges Episcopal Church, 5600 Winding Way, Carmichael, 95608

OAK TREE FELLOWSHIP~ New Meeting~ When: Sundays at 6:30pm. This is an open, one hour, beginners meeting. **Where:** Parkside Community Church, 5700 S. Land Park Dr. Sac. 95822

ROSEVILLE TUESDAY NIGHT GROUP ~ New Meeting ~ Tuesday at 1:00pm. This is a one hour, Women's, 12x12 book study. 1st meeting is July 2nd.



SERENITY SISTERS~ New Meeting~ When: Thursday at 6:30pm this is an open, one hour, women's meeting, wheelchair access. **Where:** 9120 Elk Grove Blvd. Elk Grove, 95624

SHE TALKED MY LANGUAGE~ New Meeting~ WHEN: Tuesday at 7:00pm. This is an open, one hour, women's, young peoples meeting. **WHERE:** The Table - Central United Methodist Church, 5265 H. Street, Room # 204, Sacramento, 95819

WHEATLAND GROUP~ New Meeting~ Monday at 7:00 pm for an open, one hour meeting. They are located at 1654 11th Ave., Olivehurst, 95961 (Grace Episcopal Church)

WOODLAND GROUP~ New Meetings~ We have added a 6:30am meeting every weekday, Monday - Friday. They are open, one hour, non-smoking meetings with handicap access. Also the Tuesday & Thursday 6:30am meetings are both study meetings. The Sunday 7:30pm Big Book meeting has been changed to 6:00pm. We also have a new 6:00pm open Men's meeting. The Hummingbird Hollow now has a 7:30pm open, hour meeting in our fellowship. We are located at 241 California St., Woodland, 95695.

GROUP ANNOUNCEMENTS

CAMERON PARK GROUP~ Needs Support! We meet every Saturday at 8:00pm for an open, non-smoking speaker meeting with handicap access. We are located at 3100 Rodeo Rd. in Cameron Park. Come join us for good fellowship and great speakers!

FOLSOM MONDAY NIGHT BIG BOOK GROUP~ We meet every Monday at 8:00pm for a one hour book study. We meet at the Trinity Episcopal Church in the Trinity Hall, located at 410 Wool St., Folsom, CA. The meeting is a closed meeting where we read the first 164 pages of the Big Book and Dr. Bob's Nightmare every other time.

GROUP ONE~ Free Dance following Birthday night! Every third Friday of the month at 7:00pm. We meet at 2804 T Street, Sacramento. We are also adding a Women's Book study on Saturdays at 4:00pm.

ROUND TABLE GROUP~ Support Us! Meets Monday nights at 8:00pm for an open, one hour, non-smoking, handicap accessible meeting. They meet at St. Andrew's Episcopal Church at 7850 Watt Ave. in Antelope.

TRIPLE A SPEAKER/PARTICIPATION MEETING~ Needs Support! We meet for a weekly, open speaker meeting at 18014 Applegate Rd., in Applegate, 95703 every Friday at 7:00pm.

SPECIAL EVENTS

THE WOODLAND GROUP'S 68TH Annual Anniversary - Dinner Potluck/ Speaker Meeting - WHEN: Saturday, Aug 17th from 5 - 10 PM. **WHERE:** Eagles Hall, 37650 Hwy. 16 (Main St.) AA Speaker: Lorrain M. Magalia. Alanon Speaker: Julia C. Vacaville. (Bring a dish to share)

ANNUAL CCFAA PICNIC - WHEN - August 18, - WHERE: Elk Grove Park. 9950 Elk Grove/Florin Rd. 95624. To help with the picnic, come to the next planning committee meeting at Central Office on Friday Aug 2 & 19, at 6:00pm. For more info. call Central Office 916-454-1771.

ANNUAL CCFAA PICNIC - HORESHOES - RAFFLES - SOFTBALL - WHITE ELEPHANT SALES- WHEN - AUGUST 18, see online flyers to sign-up.

NORTH AUBURN GROUP - QUARTERLY SPEAKER MEETING - WHEN - 8/24, Doors open at 6:00pm. Speaker, 7:00pm Annetta D. from Martinez. WHERE- 4076 Hwy 49 East, Auburn, 95602

FELLOWSHIP OF THE SPIRIT NORCAL, 12- STEP WORKSHOP - WHEN - September 13 & 14. WHERE - Hampton Inn, 155 Placerville Rd, Folsom, 95630 Doors open at 5:00 pm, Friday September 13th. Leaders: Tom U. & Juanita U. of Sante Fe. New Mexico. For more info. contact JR H.

FOLSOM BIG BOOK GROUP 16TH ANNUAL TRADITIONS POTLUCK & SPEAKER MEETING - WHEN: September 21st, Potluck at 6:00pm, speaker at 7:30pm.- **WHERE:** 410 Wool St., Folsom (Trinity Episcopal Church -Trinity Hall). Speaker: Sharon A. Redwood City.

OAK TREE FELLOWSHIP - ANNUAL ANNIVERSARY PICNIC / BBQ - Speaker Meeting - WHEN: 9/21, 4:00pm - 7:30pm. **WHERE:** Parkside Community Church, 5700 South Land Park Dr, Sacramento, 95822

SEVENTH ANNUAL HAND IN HAND - WOMEN'S DAY OF UNITY -

WHEN: 9/21, 8:30 AM - 4:30 PM. **WHERE:** First Baptist Church of Lodi, 267 North Mills Avenue, Lodi, CA. 95242

7TH ANNUAL CENTRAL FOOTHILL WOMEN'S CONFERENCE - WHEN: 10/5, 8:30 am - 4:00pm. **WHERE:** 12134 Airport Road, Sutter Creek (American Legion Hall) Speaker: Lenee', Shingle Springs. Registration forms online at www.AASacramento.org

AA UNITY

Chuck B. 28 yrs Paul S. 19 yrs
 Ed 19 yrs Vince S. 18 yrs
 Sherry D. 14 yrs Jeanie G. 10 yrs
 Lora C. 6 yrs Shawna B. 4 yrs
 Laurie B. 2 yrs Richard T. 2 yrs
 Mitch 1 yr

ALL TRIBES

Owl 46 yrs Frank M. 25 yrs
 Larry M. 24 yrs Bobby R. 16 yrs
 Jimmy S. 7 yrs Herbert W. 6 yrs
 Rowland 5 yrs David L. 3 yrs

CITRUS HEIGHTS GROUP

Al E. 30 yrs

**COURAGE TO CHANGE**

Sherri K. 38 yrs David A. 32 yrs
 Cindy C. 29 yrs Michael D. 11 yrs
 Kim C. 4 yrs Rhia 2 yrs

DAILY ATTITUDE ADJUSTMENT

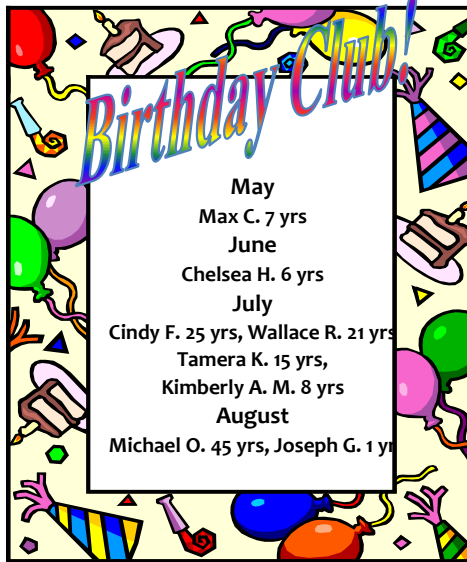
Kevin M. 33 yrs Happy M. 7 yrs
 Arielle E. 6 yrs Bob K. 5 yrs
 Shelby 3 yrs Erin G. 3 yrs
 Tammy B. 1 yr Danielle 1 yr
 Karen E. 1 yr

DAVIS FRIDAY NOON GROUP

Sharon E. 34 yrs Frances G. 33 yrs
 Jodi B. 30 yrs Joan B. 29 yrs
 Lee R. 29 yrs Melanie F. 26 yrs
 Valentina J. 26 yrs Mary Beth H. 24 yrs
 Jo Ann R. 20 yrs Kim F. 11 yrs
 Valerie E. 11 yrs Denise L. 10 yrs
 Jack C. 7 yrs Theresa L. 6 yrs
 Kenneth M. 5 yrs Apryl 3 yrs
 Janie M. 3 yrs

EAST YOLO

Andrey M. 46 yrs Lucy H. 42 yrs
 George K. 39 yrs Peggy L. 29 yrs
 Sally L. 28 yrs Tim L. 28 yrs
 Jesse R. 27 yrs John A. 25 yrs
 Georgia G. 23 yrs Natalie S. 22 yrs
 Rose M. 21 yrs Kimberly H. 20 yrs
 Robert C. 19 yrs Rita J. 19 yrs
 Garland W. 19 yrs Fernando M. 19 yrs
 Chris R. 18 yrs Cynthia E. 17 yrs
 Derek C. 15 yrs Terri W. 13 yrs
 MaryAnn J. 13 yrs Veronica G. 12 yrs



Bonnie R. 11 yrs Kim F. 11 yrs
 Bryant C. 10 yrs Bobbie G. 10 yrs
 Jay S. 9 yrs Jamie P. 8 yrs
 Cynthia M. 7 yrs Steve M. 6 yrs
 Marcia M. 5 yrs Cossette B. 3 yrs
 Peter G. 3 yrs Mike G. 3 yrs
 Joey Z. 2 yrs Michael M. 2 yrs
 Andrea D. 1 yr Dan P. 1 yr

ELK GROVE FELLOWSHIP

Joe B. 36 yrs Lisa G. 30 yrs
 Roseanne B. 23 yrs Eve B. 9 yrs
 Katherine S. 9 yrs Brent H. 8 yrs
 Norm B. 7 yrs Beth M. 4 yrs
 Karen M. 4 yrs Paula W. 3 yrs
 Debbie L. 2 yrs Shannon M. 2 yrs
 Mischelle C. 1 yr

FAIR OAKS BEGINNERS

Al E. 30 yrs

GREENHAVEN GROUP

Dick T. 22 yrs Cynthia B. 19 yrs
 Amy P. 18 yrs George L. 9 yrs
 Matt K. 7 yrs Monica D. 2 yrs
 BJ 2 yrs Laura Y. 2 yrs

GROUP THREE

Michael O. 45 yrs Bill S. 34 yrs
 Jerry 33 yrs Lisa G. 30 yrs
 Tom C. 27 yrs Margie M. 26 yrs

Jeannie A. 25 yrs Steve G. 24 yrs
 Lester H. 24 yrs Patricia W. 22 yrs
 Rod E. 21 yrs Joe D. 19 yrs
 Paul S. 19 yrs Steve S. 18 yrs
 Dan O. 16 yrs Anita T. 14 yrs
 Mary Jo A. 13 yrs Irish H. 12 yrs
 Jennifer B. 11 yrs Jeanie G. 10 yrs
 Michelle R. 10 yrs Brent H. 8 yrs
 Patrick M. 8 yrs Janeen T. 7 yrs
 Tom D. 7 yrs Alex B. 6 yrs
 Nestor D. 6 yrs Bob P. 6 yrs
 Sam S. 6 yrs Marie A. 5 yrs
 William B. 5 yrs Amanda H. 5 yrs
 Ann A. 4 yrs Lenore C. 4 yrs
 Tom R. 4 yrs Pat R. 4 yrs
 Stephanie S. 4 yrs Joss S. 4 yrs
 Jill T. 4 yrs Shelley W. 4 yrs
 Erik A. 3 yrs Rebecca B. 3 yrs
 James B. 3 yrs David D. 3 yrs
 Lisa D. 3 yrs Ben G. 3 yrs
 Amber H. 3 yrs Steve H. 3 yrs
 Jerry H. 3 yrs Ashley L. 3 yrs
 Eusebio L. 3 yrs Karl M. 3 yrs
 Tom S. 3 yrs Lindsay S. 3 yrs
 Nancy A. 2 yrs Summer D. 2 yrs
 Stan M. 2 yrs Walter S. 2 yrs
 Trennie 2 yrs Dale W. 2 yrs
 Monte B. 1 yr Bill 1 yr
 Cathy C. 1 yr Phil D. 1 yr
 Andrew L. 1 yr Olivia 1 yr
 Andrea P. 1 yr Robb P. 1 yr
 Robert S. 1 yr David S. 1 yr

MENS WHITE FLAG GROUP

Dave S. 26 yrs Dean G. 14 yrs

NORTH HALL GROUP

Marianne H. 29 yrs James S. 29 yrs
 Guy C. 25 yrs Tom D. 20 yrs
 Gary P. 15 yrs Hiede C. 14 yrs
 Maurice 9 yrs Larry D. 8 yrs

Leon F. 7 yrs

Ryan R. 6 yrs

Earl C. 4 yrs

Carl E. 4 yrs

Kim B. 5 yrs

Joel H. 4 yrs

Wayne M. 4 yrs

Troy G. 4 yrs

Trevor C. 4 yrs

Kent F. 2 yrs

Kelsey 3 yrs

Sam P. 3 yrs

Brad P. 2 yrs

Kari R. 1 yr

Debbie 3 yrs

Debbie P. 3 yrs

NUMBER 1 OFFENDERS

Omar N. 44 yrs

Sherri KW. 38 yrs

Natalie K. 2 yrs

Cindy N. 2 yrs

Robert M. 32 yrs

Tino R. 4 yrs

Jeff Mc. 1 yr

Jamie S. 2 yrs

Bud R. 4 yrs

Lyla J. 1 yr

Pat J. 1 yr

Tamera R. 1 yr

OAK TREE

Norm G. 30 yrs

Annie D. 21 yrs

SERENITY BOOK AND STEP STUDY

Tita 30 yrs

Lisa G. 30 yrs

John D. 21 yrs

Chuck S. 20 yrs

Sue Ann 29 yrs

Donna M. 24 yrs

Mary O. 13 yrs

Kristine H. 10 yrs

Tom D. 7 yrs

SHARING & CARING

Frank B. 42 yrs

Roland 31 yrs

Sally A. 10 yrs

David P. 1 yr

Joanne M. 30 yrs

Mark P. 29 yrs

ORANGEVALE OPEN

John H. 39 yrs

Jason G. 22 yrs

J J 23 yrs

Brenda W. 17 yrs

Judy F. 13 yrs

Glen S. 11 yrs

Michael D. 11 yrs

Betty E. 10 yrs

Jake L. 11 yrs

Louis D. 9 yrs

Jay T. 8 yrs

Larry D. 8 yrs

Dan H. 2 yrs

Shane R. 2 yrs

Cara M. 5 yrs

Scott S. 5 yrs

Chad W. 1 yr

John R. 1 yr

David L. 3 yrs

Debbie B. 3 yrs

Glen H. 1 yr

RIO LINDA FELLOWSHIP

John B. 20 yrs

Shade A. 5 yrs

Verona 2 yrs

Connie 2 yrs

Eric F. 5 yrs

Tom W. 5 yrs

Carmen H. 2 yrs

Heather M. 1 yr

Ray P. 4 yrs

Megan C. 3 yrs

Pete J. 1 yr

Jay W. 1 yr

Tracie B. 2 yrs

Patrick M. 1 yr

Freddy K. 1 yr

Christina B. 1 yr

Derek H. 1 yr

Aaron L. 1 yr

SOUTHPORT SERENITY GROUP

Justin K. 1 yr

Samuel D. 1 yr

Jenn W. 7 yrs

Marti J. 3 yrs

ROUND TABLE

Joe D. 28 yrs

Cyndy B. 20 yrs

Yuvonda M. 2 yrs

Jeannie S. 2 yrs

ROSEVILLE MONDAY NIGHT GROUP

Bruce A. 32 yrs

TRADITIONAL GROUP

Warren H. 30 yrs

Mary C. 30 yrs

ROSEVILLE TUESDAY NIGHT GROUP

Louie L. 35 yrs

Bruce A. 32 yrs

Trish M. 25 yrs

Stephen O. 25 yrs

Herb P. 28 yrs

Ann S. 27 yrs

Jeannie A. 25 yrs

Gene H. 24 yrs

Sandy H. 26 yrs

June M. 21 yrs

Theo F. 22 yrs

Kirk L. 21 yrs

Amber S. 18 yrs

Lauren C. 16 yrs

Rod E. 21 yrs

Erika P. 20 yrs

Perry M. 16 yrs

Rick W. 14 yrs

Cyndy B. 20 yrs

Mitzi C. 18 yrs

Angela C. 12 yrs

Eric T. 9 yrs

Carolyn M. 17 yrs

Michelle D. 9 yrs

Lisa N. 9 yrs

Ron K. 8 yrs

Martie G. 9 yrs

Chris R. 9 yrs

Dan K. 8 yrs

Kathy A. 7 yrs

Brent H. 8 yrs

Kerri P. 8 yrs

Doc K. 5 yrs

Angela K. 4 yrs

Dirk W. 8 yrs

Pauly C. 6 yrs

Shaun L. 6 yrs

William B. 6 yrs

Lisa L. 5 yrs

Sherree D. 4 yrs

Mike G. 4 yrs

Lonnie G. 4 yrs

David L. 3 yrs

Brian D. 3 yrs

Verona 2 yrs

Patricia B. 1 yr

Elaine J. 1 yr

Shane B. 1 yr

Jenette T. 1 yr

David S. 1 yr

Camille W. 1 yr

Doug F. 1 yr

WINTERS KITCHEN TABLE

Gary P. 15 yrs

John N. 12 yrs

John M. 10 yrs

WOODLAND TRADITIONAL

Jeanne S. 30 yrs

Gary R. 30 yrs

Richard O. 26 yrs

Rick L. 21 yrs

Chuck Z. 17 yrs

Theresa T. 9 yrs

Jen W. 7 yrs

Laurie Z. 4 yrs

Robert D. 3 yrs

Peter G. 3 yrs

Wendell G. 2 yrs

Chris C. 2 yrs

Kevin W. 2 yrs

Tammy R. 2 yrs

Rola M. 2 yrs

Steve D. 2 yrs

Walter S. 1 yr

Misty M. 1 yr

Maureen T. 1 yr

Dianna W. 1 yr

Priscilla M. 1 yr

Bill S. 1 yr

**Late Submissions from July****CORDOVA SERENITY SEEKERS**

Karlos A. 5 yrs

Elizabeth E. 2 yrs

ELK GROVE FELLOWSHIP

Mark T. 25 yrs

Mark B. 14 yrs

Jamie A. 12 yrs

Shane B. 12 yrs

Matthew G. 7 yrs

Jennifer L. 5 yrs

Daniel M. 3 yrs

Doug B. 3 yrs

Kathleen L. 3 yrs

Carolyn V. 1 yr

John C. 1 yr

H. O. W. GROUP

Pamela B. 3 yrs.

MENS WHITE FLAG GROUP

Bill L. 23 yrs

Lee K. 20 yrs

ROUND TABLE

Mic T. 27 yrs

Bill O. 15 yrs

ROSEVILLE TUESDAY NIGHT GROUP

Carol L. 30 yrs

Doreun R. 28 yrs

Susan J. 28 yrs

Tim J. 27 yrs

Karl D. 24 yrs

Will H. 16 yrs

Richard T. 15 yrs

Dave W. 9 yrs

Robyn W. 9 yrs

David L. 9 yrs

Mark D. 8 yrs

Justin 7 yrs

Antoin 7 yrs

Theresa M. 7 yrs

Katie F. 7 yrs

Kurt H. 6 yrs

Samantha 6 yrs

Rick 6 yrs

Deanna D. 6 yrs

Maria 5 yrs

Joe K. 5 yrs

Jeff S. 4 yrs

Tommy B. 4 yrs

Rhonda 3 yrs

Jason G. 2 yrs

Michael K. 2 yrs

Martha M. 2 yrs Les H. 2 yrs
 Elizabeth 1 yr Lynda 1 yr
 Rhonda A. 1 yr Michelle 1 yr

SOUTHPORT SERENITY GROUP

Ed H. 23 yrs Tammie W. 20 yrs
 Kim M. 8 yrs Mike B. 6 yrs
 Jacqui D. 5 yrs Ingrid H. 3 yrs

TRADITIONAL GROUP

Mary S G. 42 yrs Tim M. 40 yrs
 Laura R. 32 yrs Jill M. 32 yrs
 Jim H. 29 yrs July R. Jr. 26 yrs
 Tom H. 25 yrs Sharon S. 24 yrs
 Greg B. 21 yrs Raymond V. 21 yrs
 Annmarie 21 yrs Reggie N. 19 yrs
 Bruce A. 18 yrs Mary McC. 17 yrs
 Richard B. 17 yrs Tamera K. 15 yrs
 Tina G. 13 yrs Wally G. 13 yrs
 John H. 12 yrs Billy J. 11 yrs
 Carrie McD. 10 yrs Rich L. 10 yrs
 Dan B. 9 yrs Dave W. 9 yrs
 Rebecca H. 9 yrs Michael D. B 8 yrs
 Sharon 5 yrs Joe L. 5 yrs
 Doug D. 5 yrs Shauna A. 4 yrs
 Siobhan G. 4 yrs Saeed Y. 4 yrs
 Jenna S. 3 yrs Cheryl E. 3 yrs
 Jessica F. 3 yrs Greg P. 3 yrs
 Rick T. 3 yrs Gene C. 2 yrs
 Kara K. 2 yrs Robert M. 2 yrs
 Mark M. 2 yrs Dave L. 2 yrs
 Carey W. 1 yr Jennifer B. 1 yr
 Janeva T. 1 yr

In Memoriam Birthday Club

IF YOU HAVE A SPECIAL AA MEMBER WHO HAS PASSED & YOU WANT TO REMEMBER THEM ON THE ANNIVERSARY OF THEIR SOBRIETY DATE, YOU CAN SIGN UP FOR THE "IN MEMORIAM BIRTHDAY CLUB"

IT WORKS THE SAME AS THE "BIRTHDAY CLUB" JUST MAKE A NOTE ON THE BIRTHDAY CLUB FORM THAT YOU WANT THIS TO APPEAR IN THE "IN MEMORIAM BIRTHDAY CLUB" AREA OF THE "BY THE WAY" AND WE WILL DO THE REST.

**Self- Pity ...** (Cont'd from page 1)

Upon entering AA the last time, I began a new way of living that required a personal inventory which centered on my responsibility for these difficulties. In my effort of working the Steps I gained some insights which I hope will help someone else in their recovery. The understanding that alcoholism is not the only sickness that is progressive was an epiphany. Feeling sorry for myself was progressive, too -- from self-pity to depression to suicidal ideation, I descended into a personal hell. That feeling of useless and self-centeredness is contradictory and led me to be hard on myself and others. I believed people got what they deserved and did not deserve compassion or understanding on my part. Anger with others for not doing what I wanted, the way I wanted it done, as fast as I wanted it, was also progressive. But what is strange is that when people excelled and received recognition I was envious and resentful. My self-righteousness, false pride, expectations, and judgmentalism all told me that I should be the one receiving accolades.

We don't usually talk about fear as being part of self-pity, but for me it was fundamental. The need to conform so I would fit in and not be considered "different" was in regular conflict with the desire to tell the world to go to hell. Sometimes life happened; and it usually didn't happen in a way that matched my expectations.

Self-deception is another one of those progressive elements that leads to delusions of grandeur. Most of us don't reach a stage where this can be diagnosed as a mental illness. But I have no doubt we sometimes engage in levels of grandiosity that makes others wonder. My first sponsor told me that I could change my life if I did three things: change the way I thought, felt and acted. He was right! Through the Steps of AA I have found a new way of perceiving life. AA has introduced new concepts into my way of thinking and acting. Making gratitude a key element of my life has brought an ability to restrain action until I intuitively know what the right action is. Balance is an element of my recovery that I happily acknowledge -- it no longer is all about me. Thanks to AA, there is a higher power in my life that I turn to each morning when I awaken and I offer myself to Him in the Third Step prayer. In my meditation I ask to be shown how I might be useful to others without thought of "strings" or expectations of return. To be useful to others, my groups, or AA as a whole, without a desire to receive recognition is one aim of mine. I enjoy recognition, but my service is not based on a desire or need for acknowledgement. Today my goal is to use whatever talents God has given me to benefit others.

My character defects separated me from my Higher Power. AA has shown me the way to restore spirituality to my life. God Bless each of you -- **Easy Writer**, Sacramento

Bridging The Gap Workshop

The BTG member arranges to meet the released person at a meeting, welcome and give a meeting schedule. After meeting 3 times, they are encouraged to get a sponsor and keep attending meetings. (Rides, financial help, shopping, etc. are not given.) On July 20, BTG training meeting is 9 a.m. at East Yolo. A Contact List for Districts will be available at July ACM. On August 24, D53 is hosting a BTG Workshop in Fresno.

... **Date of Birth Please** (cont'd from page 1)

I have gleaned over the years, she probably was a drinker and user like me. But I do not blame any of them on my alcoholism, and would not anyway. As it is written in The Big Book, "Men and women drink essentially because they like the effect produced by Alcohol".

It is very easy for me to keep my fetal history of drinking and using short because for the next 19 years of my development it was pretty much the same thing over and over again. Drinking and more drinking, using and more using, lying, stealing (emotionally and materially), conning, cheating, taking without contributing, and doing whatever it took to get what I, in my self-centered state, thought would fix me.

I kicked and struggled in this womb of darkness and despair for the next 19 years until my womb got very small, my options for nourishment got very limited, and I started feeling the "pains of change," which was the labor that led to my spiritual birth.

This was a long and protracted labor which I started around 1989 when I attended my first meeting of Alcoholics Anonymous and met my spiritual family for the first time.

Although not admitting it at the time, I did have a inner sense that these people had something that I needed in order to be born and though, through out my birthing process, I tried to ignore them, I intuitively knew that they and the Power they tapped into could give me life.

This painful and long labor lasted about 5 years until I could not kick and struggle, and deny, and fight, and refuse any longer to admit that I was powerless and my time in the womb was over. It was time to be born and be gathered up into the arms of my new family and be nourished by the Power they had found.

As I have stated before I was slapped into a state of reasonableness and given the spiritual breath of the "Program of Alcoholics Anonymous" on June 26, 1994 which I consider my birthday. I have been nourished by the care of God and the wonderful family that has raise me in the rooms of AA since that time.

Though my spiritual childhood has been difficult at times, I have found that when I struggle and feel pain in my growth it is usually because I am trying to return to that state of depending on self, and on others, rather than on God and the program; and when I am most content it is when I am being of service to my AA family and to the world that I am temporary occupying.

The Program of Alcoholics Anonymous, the Family of which I am privileged to be a part of, and my Higher Power has taught me that in order to be spiritually nourished I must give nourishment, to receive kindness I must be kind, to receive peace I must be tolerant, and to remain sober I must work with others. I owe my life to God, the Program, and my family in the rooms of AA. ON MY OWN I CANNOT SUCCEED!

I am very grateful to be alive in the spirit of God, my AA family, and in the "Presence of Now."

--Bill L.

Thought to Ponder . . .

Expectations are premeditated resentments.

N S O R A E V H O W D V Z C J
 D O T W M W C W O S E M D B A
 V D N A E S N R U P M P S G A
 R N C P H E K L G E R R E R Q
 D E F O R E V E R C A I C B T
 B T D S R O A L L I H N I T Z
 V V H S H Y F N C A N C V J G
 E I X G P Y O E Q L T I R Q W
 P J L A I D O T S U C P E K G
 P T W E B S C L Z S S L S P E
 Q A B A U E R U P H I E W Y O
 P I M D P J X E L M R O U N D
 E X R S N V W M V M E Z N J F
 O E E V I T C A R O Y T N A G
 Q R Q F J D X J K V V D S D L

Step /Tradition & Concept 8

ACTIVE
 EMPLOY
 NONPROFES-
 SIONAL
 PRINCIPLE
 SPECIAL
 ALL
 FOREVER
 OVERSIGHT
 RESPECT
 CUSTODIAL
 BECAME
 HARMED
 OWNERSHIP
 SERVICES
 WORKERS

NEWS FROM VOLUNTEER CENTRAL WHERE GRATITUDE IS AN ACTION WORD!

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

In service during the month of **JULY**

TeleDesk Volunteers & Subs: Donna B. - Joyce H. Dennis O. - Cindy F. - Dlorah B. - Lynn S. - Kevin K. - Karen Y. - Jerry H. - Lori K. - Kathy K. - Emily R. - Amy L. - Daniel Z.

Sales Desk: Ron H. - Karen Y. - Cindy F. - Ray L., Mellissa Z.

BTW & Flyer Mailing: - Bill E. - Pete G. - Sherri KW. - Mike K. - Kevin K. - Carol L. - Craig L. - Theresa L. - Daniel Z.

Bulk Mailing: Marvin S.

Celebrating August Birthdays: Sherri KW.

"When I'm in fear, my sponsor always tells me, 'Maybe you should get a bigger God.'"
--Beginners' Book



WORDSMITHY

RECIDIVSIM: A tendency to relapse into a previous condition or mode of behavior.



Faithful Fivers



87 Members as of JULY!

Welcome, Thank You!

Register with Central Office as a Faithful Fiver member so you'll receive a charitable contribution receipt at the end of the year.

You can donate in any of the following ways:

- Mail a check every month to: CCFAA Faithful Fivers, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827, OR
- Bring a check or cash into the office every month, OR
- Try the Preferred Method! Use your online banking bill pay to set up a recurring payment:
Payee: CCFAA Faithful Fivers
Central Office address, as above
Account number: Your Name



FAITHFUL FIVERS ARE GRATEFUL GIVERS

Register to pledge your support!

Please complete and return with your first contribution to:

CCFAA Central Office, Faithful Fivers

9960 Business Park Dr., Suite 110, Sacramento, CA 95827

OR email to: centraloffice@aasacramento.org

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

☐ May we acknowledge you as a new member of the Faithful Fivers in our next issue of By The Way? Mark the box for yes - we use first names and last initials only.

CCFAA Delegate's Meeting Minutes --- July 20, 2013 (page 1)

I. Opening

A. Call to order at 3:00
 D. CCFAA Preamble read by Tom D
 G. Birthdays – 14 years

B. Open with Serenity Prayer
 E. 7th Tradition -

C. 12 Traditions read by Phil L
 F. Delegate Check-in/Group Announcements

II. Preliminary Business:**A. Delegate Check-in:**

Total Delegates 48

Quorum met: Yes

Group Name	Delegate	Last Attended	Group Name	Delegate	Last Attended
4th Dimension Group	Absent	1/19/2013	Lincoln Thursday Night Group	Absent	5/18/2013
11th Step Meditation Meeting	Absent	9/15/2012	Midtown Solutions	Absent	6/15/2013
5th Tradition Big Book Study Group	Absent	6/15/2013	MNNYPAA	Absent	1/19/2013
12 and 12 Book Study Group	Phil L	7/20/2013	Monday Night Big Book Study	Paul S	7/20/2013
AA Unity Group	Robin F	7/20/2013	Natomas Group	Absent	6/15/2013
As Bill Sees It	Bill B	7/20/2013	New Hope Group	Absent	6/15/2013
Auburn Fellowship	Heather K	7/20/2013	New Meeting	Absent	4/20/2013
Been There Done That	Emily E	7/20/2013	North Auburn Group of AA	Absent	11/17/2012
By The Book	Absent	8/18/2012	North Hall Group	Evan C	7/20/2013
By The Grace	Amy T	7/20/2013	North Highlands Fireside Group	Larry J	7/20/2013
Capital City Men's Group	Rick S	7/20/2013	Number One Offenders	Dolores T	7/20/2013
Citrus Heights Group	Absent	6/15/2013	Oak Park Fellowship	Sara Q	7/20/2013
Cordova Friday Night Group	Ken D	7/20/2013	Oak Tree Fellowship	Absent	6/15/2013
Cordova Serenity Seekers	Bob H	7/20/2013	Orangevale Open Group	Brian B	7/20/2013
Daily Attitude Adjustment-Fair Oaks	Linda J	7/20/2013	Program of Action	Eben W	7/20/2013
Davis Attitude Adjustment	Absent	4/20/2013	Rancho Murrieta Fellowship	Absent	6/15/2013
Davis Hope Group	Joe A	7/20/2013	Rebellion Dogs	Gene B	7/20/2013
Destiny Group	Matt C	7/20/2013	Rio Linda Fellowship	Shade A	7/20/2013
Downtown Young People's	Absent	1/19/2013	River City Round Up Conference	Absent	1/19/2013
Dry Dock Group	Absent	5/18/2013	Rocklin Fellowship	Absent	5/18/2013
East Yolo Fellowship	Jodi S	7/20/2013	Rocklin Racetrack Group	Absent	6/15/2013
Elk Grove Fellowship	VMH	7/20/2013	Roseville Eastside Group	Absent	6/15/2013
Elk Grove Friday Nite Group	Absent	6/15/2013	Roseville Fifth Street Fellowship	Absent	5/18/2013
Fair Oaks Village Group	Mike K	7/20/2013	Roseville Tuesday Night Group	Marilyn D	7/20/2013
Fellowship of the Spirit BB Study	Absent	6/15/2013	Sacramento Spring Fling Committee	George K	7/20/2013
Fit for Life Women's	Absent	12/15/2012	SACYPAA	Leslie V	7/20/2013
Folsom Big Book	Anne	7/20/2013	Serenity Book And Study Group	Dlorah B	7/20/2013
Folsom Friday Night	Don W	7/20/2013	Serenity Sisters	Absent	4/20/2013
Folsom Thursday Nite 12 & 12	Absent	5/18/2013	Sharing And Caring Group	Katie P	7/20/2013
Folsom Saturday Morning Group	Absent	6/15/2013	Simply AA	Karen Y	7/20/2013
Folsom Way of Life	Mary F	7/20/2013	Sixty Minute Solution	Howard H	7/20/2013
Freedom Group	Absent	5/18/2013	Southport Serenity	Shirley A	7/20/2013
Friday Fellowship of Double A	Absent	2/16/2013	Spiritually Speaking	Absent	4/20/2013
Galt Fellowship	Roger M	7/20/2013	Third Tradition Group	Absent	11/17/2012
Gibbons Noon	Absent	5/18/2013	Thursday Night Men's Group	Tom D	7/20/2013
Good Orderly Direction	Absent	8/18/2012	Too Young Group	Absent	4/21/2012
Greenhaven Group	Pamela L	7/20/2013	Traditional Group	Jan V	7/20/2013
Group One	Eben W	7/20/2013	Traditions & Concepts Study Group	Bill P	7/20/2013
Group Three	Karen Y	7/20/2013	Tuesday Cordova KISS Group	Sheila S	7/20/2013
H.O.W. Group	Absent	7/21/2012	We Can Friday Night	Absent	10/20/2012
Happy Hour AA	Joseph S	7/20/2013	We Surrender Men's Group	Sam S	7/20/2013
Head Across Women's Group	Absent	7/21/2012	Wednesday Noon Book Study	Absent	12/15/2012
Holy Smokeless Group	Absent	2/16/2013	Welcome Group	Absent	5/18/2013
Hope & Serenity Monthly Speaker Mtg.	Shade A	7/20/2013	What a Way to Start a Weekend	Chris J	7/20/2013
Into Action-Citrus Heights	Absent	5/18/2013	White Flag Men's Group	Absent	5/18/2013
Lincoln Sisters in Sobriety	Absent	4/20/2013	Woodland Group	Ron S	7/20/2013
Lincoln Thursday Night Group	Absent	5/18/2013			

B. Attending Elected Positions

CCFAA Chair	Stan J	Absent	Special Needs Chair	Tom D	Present
Assistant Chair	Tamera K	Absent	NCCAA Liaison	Roger M	Present
Treasurer	Tom W	Present	Birthdays/Faithful Fivers Chair	Rick S	Present
Recording Secretary	Jeff Y	Present	OOB Chair	Howard H	Present
TeleService Chair	Shade A	Present	OOB Member	Maria	Absent
By Laws & Procedures Chair	Terry	Present	OOB Member	Al Y	Absent
PI/CPC Chair	Bill B	Present	OOB Member	Jeff N	Absent
H&I Liaison	Roger M	Present	Picnic Chair	Betty K	Present

C. New Delegates – No new delegates

D. Visitors – No visitors

III. Approval of Minutes

Motion to approve June 2013 Minutes was made. Motion was passed.

IV. Trusted Servant Reports

A. Chairperson's Report – Stan J, Presented by Tom W. July 20, 2013 Welfare of Central California Fellowship and related items:

Manager's Contract: The OOC Chair conducted the mandatory 6 month review of the Officer Manager's contract. This was done per the current contract had a clause that there would be a review of the contract at 6 months. There was a new and more detailed contract presented to the Office Manager. She opted not to sign the new contract. As a result, the current contract is still in effect with no change and will expire at the end of 2013.

Raffles for Annual CCF Picnic: CCF has filed the necessary documents to conduct raffles. After review of the 50/50 Raffle (orange tickets) it was discovered 50/50 raffles are not legal in California and may result in the loss of our non-profit status. As a result, the 50/50 raffle has been withdrawn. Discussion on how to refund money to anyone who purchased a 50/50 raffle ticket was covered at the Picnic Planning meeting on Friday (07/19/13) and more details regarding this should be in the Picnic Chairs report. Please contact the CCF Picnic Chair, the CCF Chair, or Central Office if you have any questions regarding the 50/50 raffle. The other raffle (blue tickets) is ok and the blue raffle tickets will continue to be sold. On 07/16/13 during the OOC Meeting, the follow steps to resolve this issue were established:

1. Central Office Manager will remove any reference to the 50/50 raffle from our website.
2. OOC Chair will attend the Picnic Planning meeting on 07/19/13 to make them aware of this issue and to establish methods to refund money for any orange tickets already sold and to collect all unsold orange tickets.
3. The CCF Chair will include in the CCF Chair report to delegates on 07/20/13.

Central Office Quarterly Inventory: June inventory went well. I want to thank the OOC Members who were available to help and send a special thank you to Jim from Tuesday Night KISS group and Anna from Mather Thursday Night group who also assisted. Both were called that morning to assist because of low participation and came out to help as soon as they could.

Today's Report: I am unable to give this report today and want to thank Tom for stepping up to give the CCF Chair report and for his help conducting today's CCF Delegate meeting.

Thank you all for your service,
Stan J., CCF Chairperson
www.aasacramento.org

B. Assistant Chair/CNIA Liaison – Tamera K, Presented by Tom W.

New Groups:

Golden Girls, 5809 Gibbons Dr. Carmichael. Mon. @ 10am. Closed women's meeting.
Language of The Heart, St. Georges Episcopal Church, 5600 Winding Way, Carmichael. Tues. @ 7:30pm. One-hour open meeting.

CNIA Report: No report.

C. Office Operations Committee – Howard H July 16, 2013

1. The Office Operations Committee (OOC) was called to order at 6:00 PM, opened with the Serenity Prayer and roll called to determine a quorum, present Rae W, Stan J, Tom W, Terry S, Al Y, Howard H. and Guest Bill B. Absent Jeff N, Maria R
2. Office Manager's Report was given and discussion followed with an item added to new business.
 - a. Fund Raising Raffles must be 90 / 10 per Penal Code section 320.5 (See New Business.)
 - b. Received a check for \$5000.00 from Spring Fling. (See Treasurer's Report.)
3. Treasurer's Report was discussed and the quorum concurred with the Treasurer's CCFAA Income and Expense for June 2013. (See Treasurer's Report.)
 - a. Received \$5000.00 check from Spring Fling Committee
4. OOC Chairman's Report
 - a. No Report Given.
5. Old Business was brought to the table and discussed.
 - a. The Central California Fellowship of Alcoholics Anonymous Inventory was redrawn without prejudice from table.
 - b. The Central California Fellowship inventory of June 30, 2013, was well attended and thanks to all who helped.
6. New Business was added;
 - a. 90/10 Raffles at CCF Picnic; discussion and action taken to have OOC Chair meet with Picnic Committee.
 - b. ~~The Motion to remove 50/50 Raffle from CCF Website; discussion and action taken; Office Manager to remove from Website.~~
- Jun 30, 13 PI/CPC Chairperson presented 2013 Budget and Expense Report. Discussion and action taken; Refer to 2014 Budget Committee for consideration.
- d. CCF Special Needs Committee Budget was addressed and action taken; Refer to 2014 Budget Committee for consideration.
7. Adjourn with Serenity Prayer at 7:26 PM

CCFAA Delegate's Meeting Minutes---July 20, 2013 (page 3)

In Service, Howard H,

To the Delegates of CCF, we invite all to attend our OOC meetings at 6:00 PM on the Tuesday before the Third Saturday at Central Office.

D. Office Manager's Report, July 15, 2013

1. On June 28th, I met with the outgoing Spring Fling Committee Chair, Tony H., and received a check for \$5K. The proceeds from the event were reported to be about the same as last year so the CO contribution will be about the same as last year's. I asked that we be given \$5K and other distribution will be coming after the event accounting is complete.
2. I also had a visit from the incoming Spring Fling Committee Chair, Frank V. It was great to have Frank V. come by and introduce himself.
3. 2nd Quarter financial reporting and deposits for Payroll and sales taxes will be completed by the July 31st due date.
4. Inventory took place on Sunday, June 30th. Results were within acceptable limits.
5. Another literature order has been placed and when that order is received, we will have sufficient stock of AAWS literature that hopefully keep the store supplied until the picnic funds are available.

And All Is Well... Rae

E. Treasurer's Report – Tom W**Income and Expense through June 2013**

Income: AAWS Literature Sales for June of were \$5,808; although trending upwards from the previous five months brings (which averaged \$5,172), Year-to-date sales to \$36,847 is \$(3,153) behind the pro-rated budget. Medallion Sales are ahead of the pro-rated budget by \$1,152. Group Contributions for June of \$5,214 is on par with the previous five months, yet the YTD amount of \$36,066 is still behind the pro-rated budget, by \$(3,934). Birthday Club and Faithful Fivers are still two great ways to contribute directly. Special Events Revenue includes the Spring Fling's preliminary contribution of \$5,000; indications are additional funds are forthcoming, and the pro-rated budget has been adjusted to reflect the \$5,000 received. Total income for the year of \$109,756 is behind the pro-rated budget by \$(4,794). Within the Cost of Goods Sold section, the \$(394) increase for Literature Costs/Adjustments (Line 18) reflects adjustments following the quarterly inventory that took place on June 30; the most likely scenario is that items which were not included in a previous inventory count – and thus inventory had been adjusted then – were counted at the June 30 inventory count and thus increased inventory. Total Cost of Goods Sold (line 28 on the report) of \$39,889 is favorable to the pro-rated budget by \$1,211, resulting in Gross Income (after Cost of Goods Sold) (line 29) of \$69,868 which is \$(3,582) unfavorable to the pro-rated budget.

Expenses: Expenses overall are ahead of the pro-rated budget although some categories may be ahead and others behind. Some spending has yet to come – Picnic Committee, for example. Total Expense (line 92 on the report) is favorable to the pro-rated budget by \$5,810 – an indication that we continue to keep expenses as low as possible. YTD Net Income of \$(6,576) is favorable to the pro-rated budget by \$2,228. Recall the delegates approved a total budget for the year of \$(4,607) (outflow). So even though we're running at a deficit, we're still ahead of where we planned.

Balance Sheet as of June 30:

We review the balance sheet once each quarter. You will recall at the last meeting we reported \$5,000 had been taken out of the prudent reserve; the question came up as to why we don't see that in the Income / Expense report, and I reported it would be in the balance sheet. The first line of the report 1040 · Certificate of Deposit has a balance at June 30 of \$7,234 which compares to \$12,226 from March. This is where the \$5,000 came from. The third line of the report 1060 · General Fund has a balance of \$9,686 which compares to March with \$5,834. This is where the \$5,000 went to. The net change in Total Checking/Savings is a decrease (\$1,134).

Budget timeline:

August 2013 – OOC reviews initial, tentative budget making adjustments based on input

September 2013 – present proposed budget to the delegates

October 2013 – discuss budget as proposed

November 2013 – delegates vote whether to approve budget as proposed

We continue to see a cash outflow, as revenues are not coming in as we expected. Unless conditions change in the next few months, we will need to look at how we can reduce spending to overcome the shortfall in revenue, and it may be the next budget will include cutbacks in several areas. The delegates will need to consider and be prepared for the lower level of service that comes with reduced spending. The time for input and discussion is now, as we will be presenting the budget to the delegates at the September meeting and for your input to be effective we need to get it now, before we start on a proposed budget.

The Office Operations Committee encourages any delegate with an interest in the Central Office operations, or budget process specifically – don't wait for September, come and attend an OOC meeting in advance of the September delegates meeting to see for yourself how it works.

Respectfully submitted,

-Tom W

cfo@aasacramento.org

F. Special Needs Chairperson's Report – Tom D

Brought in flyers to distribute at meetings. Currently in the process of getting the program back up and running.

G. TeleService Chairperson's Report – Shade A

2013 Calls		
Service	June	2013 YTD
12 Step	59	287
Meeting/Info	353	1,632
Total	412	1,919

Volunteers			
Tele Service	Subs	12-Step	Special Needs
35	72	170	

Immediate Needs
Sun 8am - noon
Weds Mid. – 6am
Thurs. 6 – 9am

Shifts are currently available. Contact Central Office for info on open shifts. Contact Kate to be added or removed from 12-Step call list.

Special Needs:

Need Chinese/Mandarin, Ukrainian, Lao, Mien, Hmong, and Vietnamese

Contact Kate P if you would like to be added to the 12-Step call list.

12-Step male and female volunteers needed in Downtown Sacramento, West, East, and North Sacramento, Davis and, Lincoln zip codes.

12-Step male and female volunteers needed under Any Area

Contact: Chair: Shade A; hotlinehelpers@gmail.com

CO-Chair: Kate P.

H. By Laws & Procedures Chairperson's Report – Terry S

No new proposals have been received. The committee continues to review the CCF Personnel Policies/Employee Handbook. Suggestions and recommendations are welcome.

Terry S
Chairman

I. PI/CPC Monthly Meeting Minutes – Bill B

Activities:

1. We have made personal contact with four TV stations and have ordered video public service announcements (PSA's) for their use.
2. Manned an AA table at a UC Davis student health fair
3. Provided literature to the Emergency Department at the UC Davis Medical Center
4. Distributing AA business cards in the card holders on public bulletin boards at libraries, schools, law enforcement offices, hospitals, medical facilities, and other appropriate locations.

We meet every second Monday of the month at 7 PM at the Citrus Heights Police Department. AA's with significant sobriety are invited. Please let others know of the opportunity to serve.

Contact Bill W.

J. Birthday Club/Faithful Fivers – Rick S

Faithful Fiver members contributed \$618 in June, for a year-to-date total of \$3,971. Birthday Club contributions for June totaled \$157, for a year-to-date total of \$942. The totals are behind plan. Your help in promoting these two great programs is very appreciated. Every dollar raised helps Central Office.

Call Rick S.

V. Reports – Special Committees, Delegates, Liaisons & Invited Guests**A. Picnic Committee – Betty K**

See Chairperson's report regarding raffle tickets. Provided and update on the picnic committee status. Shirts are available for sale at Central Office or at the picnic. John Q is taking over the White Elephant. Contact bettykblessed@comcast.net. Sign up your softball and horseshoe teams by August 10. The next Picnic Committee meeting is July 19 at the Central Office.

B. NCCAA Liaison – Roger M

The 66th Annual NCCAA Fall Conference is in Modesto on October 11, 12, and 13, at the DoubleTree Hotel.

C. Hospitals & Institutions – Roger M

Support your home group first. Pass the pink can after the 7th tradition.

D. Spring Fling Committee – George K

The Spring Fling historian is looking for historical Spring Fling items to put on display during the next event. Contact George for more information.

E. 60th Anniversary Committee – Howard H

The first committee meeting will be scheduled after the picnic.

VI. Old Business – No old business.**VII. New Business – No new business.****VIII. Closing – Meeting closed at 4:55 pm**

	Jun 30, 13	Mar 31, 13			
ASSETS			Fixed Assets		
Current Assets			1810 · Leasehold Improvements	138	138
Checking/Savings			1820 · Furniture & Equipment	19,354	19,354
1040 · Certificate of Deposit -0546	7,234	12,226	1825 · Acc. Depreciation-Furniture and	(18,891)	(18,891)
1041 · Certificate of Deposit -0438	18,436	18,429	1840 · Computer Software	2,752	2,752
1060 · General Fund	9,686	5,834	1845 · Acc. Depreciation-software	(2,752)	(2,752)
1065 · Cash Drawer	150	150	Total Fixed Assets	601	601
Total Checking/Savings	35,506	36,639			
			TOTAL ASSETS	64,607	66,927
Accounts Receivable			LIABILITIES & EQUITY		
1200 · Accounts Receivable	2,838	2,710	Liabilities		
Total Accounts Receivable	2,838	2,710	Current Liabilities		
Other Current Assets			Accounts Payable		
1070 · PrePaid Expense-Picnic	1,332	657	2100 · Accounts Payable	62	270
1072 · Security Deposits	1,583	1,583	Total Accounts Payable	62	270
1500 · Inventory Asset	22,747	24,736	Other Current Liabilities		
Total Other Current Assets	25,662	26,976	2200 · Payroll Liabilities	1,844	2,640
			2220 · Accrued Paid Time Off	62	62
Total Current Assets	64,006	66,326	2255 · GE Capital/HP9085 Printer	862	2,155
			2310 · Sales Tax Payable	2,194	2,432
Fixed Assets			Total Other Current Liabilities	4,962	7,289
1810 · Leasehold Improvements	138	138	Total Current Liabilities	5,025	7,559
1820 · Furniture & Equipment	19,354	19,354	Total Liabilities	5,025	7,559
1825 · Acc. Depreciation-Furniture and	(18,891)	(18,891)	Equity		
1840 · Computer Software	2,752	2,752	3300 · Unrestricted Fund Balance	60,015	60,015
1845 · Acc. Depreciation-software	(2,752)	(2,752)	3600 · Retained Earnings	4,451	4,448
Total Fixed Assets	601	601	3610 · Prior Period Adjustments	1,695	1,695
			Net Income	(6,579)	(6,790)
TOTAL ASSETS	64,607	66,927	Total Equity	59,582	59,368
			TOTAL LIABILITIES & EQUITY	64,607	66,927

Where money and spirituality mix - Members celebrate sobriety by giving time, energy and money in support of our Twelfth Step -- carrying the message -- the basic service that the A.A. Fellowship offers. Members assure that group expenses are paid by putting money into the basket passed at each meeting. It is each member's responsibility to support the services that have been requested by the A.A. Fellowship, to help facilitate A.A.'s vital Twelfth Step. Contributions are made in a spirit of sacrifice, and they honor A.A.'s code of "love and service." Contributions also underscore the spiritual nature of our fellowship and our mutual love and trust. We have found that these contributions are as important to each member as they are to the service centers supported.

Supporting A.A.'s Structure - Question; **Why do A.A. groups support A.A.'s essential services?** Answer; because the services benefit all A.A. groups. Our Seventh Tradition states that "Every A.A. Group ought to be fully self-supporting, declining outside contributions."

A.A.'s want our Fellowship to endure, and to be readily available for the still-suffering alcoholic to come. An A.A. group makes this possible by taking care of its basic group expenses: rent, refreshments, A.A. literature, etc. After meeting these basic group expenses and providing a meeting place, may groups participate by supporting the central or intergroup office in their locale, the area and district general service committees, and the General Service Office (G.S.O.)

A.A. FACTOIDS

Aug. 3, 1954 - Brinkley S. gets sober at Towns Hospital after 50th detox.

Aug. 8, 1879 - Dr. Bob S. is born in St. Johnsbury, Vermont.

Aug. 11, 1938 - Akron & NY members begin writing stories for Big Book.

Aug. 16, 1939 - Dr. Bob and Sister Ignatia admit 1st alcoholic to St. Thomas Hospital, Akron, Ohio.

Aug. 19, 1941 - 1st AA Meeting in Colorado is held in Denver.

Aug. 25, 1943 - AA group donates Big Book to public library in Quincy, MA.

Aug. 26, 1941 - Bill writes Dr. Bob to tell him Works Publishing has been incorporated.

1941 - 1st meeting in Orange County, California held in Anaheim

1981 - Sales of the Big Book Passes 3,000,000.

The Eighth Step

Made a list of all persons we had harmed, and became willing to make amends to them all.

We have a list of all persons we have harmed and to whom we are willing to make amends. We made it when we took inventory. We subjected ourselves to a drastic self-appraisal.

--Alcoholics Anonymous, pg 76

The Eighth Tradition

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

The first intergroups or central offices were usually managed by A.A. volunteers; now, most such offices are so busy that full-time employees are needed as well. Naturally, A.A.'s are better suited to such jobs than nonmembers -- but these A.A.'s then being paid for doing twelfth Step work? No. In the office, they are just paving the way for this work.

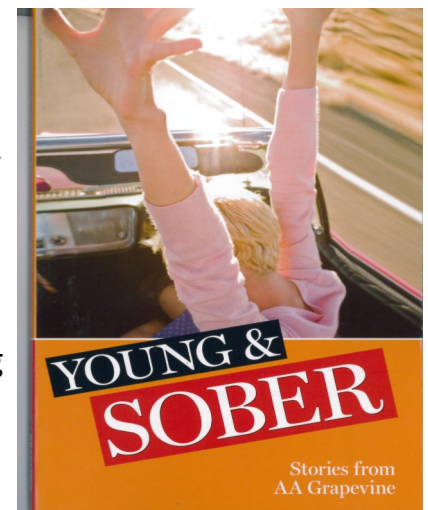
The Twelve Traditions illustrated

The Eighth Concept

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) but with respect to our separately incorporated and constantly active services, the relation of custodial oversight which they exercise through their ability to elect all directors of these entities.

AAGRAPEVINE** Announces****“ Young & Sober ”**

Young & Sober : A collection of grapevine stories about the joys and challenges of getting sober at an early age. AA members talk about recognizing their disease even though their drinking may have only lasted a few years. Written by members who got sober in their teens, 20's and 30's, the articles in this book are about growing up young in AA, finding ways to connect when feeling different, getting involved in service and learning how to live a sober life joyously.



AVAILABLE NOW AT CENTRAL OFFICE 20 % off (while supplies last)

NAME	Jul 13	YTD		
11TH STEP MEDITATION MEETING	0.00	165.00	FIRST THINGS FIRST GROUP	0.00 322.10
12 AND 12 BOOK STUDY (ROCKLIN)	0.00	270.00	FOLSOM BIG BOOK GROUP	285.67 1,500.64
12 AND 12 TOUCHSTONE GROUP	0.00	35.00	FOLSOM NOON NEW LIFE GROUP	200.00 450.00
5TH TRADITION BIG BOOK STUDY	0.00	15.00	FOLSOM SATURDAY MORNING	0.00 180.00
605 CHRISTIAN VALLY GROUP	0.00	180.00	FOLSOM TUESDAY NIGHT MEN'S AA	50.00 100.00
AA UNITY GROUP	0.00	450.00	FOLSOM WAY OF LIFE GROUP	709.28 2,239.28
ARDEN MORSE GROUP	0.00	200.00	FOLSOM WEDNESDAY NIGHT AA GROUP	0.00 253.00
AS BILL SEES IT	0.00	47.40	FOLSOM YOUNG PEOPLE'S GROUP	246.68 246.68
AS BILL SEES IT MEN'S GROUP	0.00	20.00	FORESTHILL BENT NICKEL GROUP	100.00 165.00
AS BILL SEES IT PLACERVILLE	0.00	12.80	FOUNTAIN OF YOUTH GROUP	91.21 181.21
ATTITUDE ADJUSTMENT GROUP OF DAVIS	110.00	185.60	FOXHALL GROUP	0.00 35.00
AUBURN FELLOWSHIP	50.00	300.00	FREE OUR MINDS	0.00 263.74
AUBURN WOMEN'S STEP STUDY	0.00	84.00	FREEDOM GROUP	0.00 240.00
BABES IN RECOVERY	25.00	72.53	FRIDAY FELLOWSHIP OF DOUBLE A	0.00 831.02
BAILEY, LANE	0.00	0.00	FRIDAY NITE AA GROUP - CARMICHAEL	0.00 30.00
BROWNSVILLE SERENITY GROUP	0.00	35.10	GALT FELLOWSHIP	100.00 350.00
BUILDING D GROUP	0.00	325.00	GIBBONS NOON	0.00 225.00
BY THE BOOK GROUP	0.00	61.15	GNO GIRLS NIGHT OUT	0.00 80.90
BY THE GRACE	0.00	150.00	GOOD FOR NOTHING	0.00 146.25
CAME TO BELIEVE GROUP	0.00	240.00	GOOD ORDERLY DIRECTION	0.00 82.07
CAMERON PARK WOMEN'S GROUP	0.00	50.00	GOTTAWANNA GROUP	0.00 5.55
CAPITOL CITY MEN'S GROUP	0.00	339.50	GREENHAVEN GROUP	0.00 85.54
CATHEDRAL GROUP	0.00	825.00	GROUP ONE	0.00 60.00
CITRUS HEIGHTS AA @ NOON	180.00	180.00	GROUP THREE	0.00 720.00
CITRUS HEIGHTS GROUP	44.96	120.07	HAPPY CAMPERS	0.00 480.00
COME AS YOU ARE GROUP	0.00	337.25	HAPPY HOUR RANCHO GROUP	385.19 535.19
CORDOVA FRIDAY NIGHT GROUP	0.00	150.00	HIGH FLYERS GROUP	40.00 140.00
CORDOVA LUNCH BUNCH	0.00	370.00	INTO ACTION GROUP	0.00 400.00
CORDOVA SERENITY SEEKERS GROUP	23.62	46.62	JUST AA	0.00 50.00
COURAGE TO CHANGE GROUP	170.00	583.00	LAGUNA HELPING HANDS GROUP	0.00 275.00
DAILY ATTITUDE ADJUSTMENT GROUP	174.00	1,908.40	LINCOLN THURSDAY NIGHT GROUP	40.60 311.15
DAILY DIRECTION AA	0.00	100.00	LIVING SOBER WOMEN'S FRIDAY GROUP	0.00 139.00
DAVIS FRIDAY NOON GROUP	0.00	40.00	LOOMIS FELLOWSHIP	20.00 20.00
DAVIS HOPE GROUP	30.00	260.00	LOOMIS WOMEN'S STEP STUDY	0.00 331.82
DAVIS YOUNG PEOPLE GROUP	0.00	190.80	MARYSVILLE GROUP	0.00 30.00
DESTINY GROUP	0.00	60.00	MARYSVILLE UNITY GROUP	200.00 400.00
DISTRICT 27	0.00	150.00	MATHER THURSDAY NIGHT GROUP	45.00 87.00
DIXON NO NAMES GROUP	0.00	50.00	MIDTOWN SOLUTIONS	0.00 18.00
DRY DIGGINS' GROUP	0.00	110.00	MONDAY NIGHT BIG BOOK STUDY GROUP	0.00 210.00
EAST YOLO FELLOWSHIP	0.00	48.00	MONDAY NIGHT CLUB	0.00 25.00
ELK GROVE FELLOWSHIP	0.00	807.04	MONDAY PM WOMEN GROUP	0.00 120.09
ELK GROVE GROUP	0.00	300.00	MONDAY WOMEN'S STEP STUDY	97.20 217.60
ELK GROVE SOBRIETY SISTERS	42.70	108.90	MORE WILL BE REVEALED	0.00 125.00
ESPARTO FELLOWSHIP	0.00	15.00	MYSTIC CHIX GROUP	180.30 370.54
FAIR OAKS BEGINNERS GROUP	0.00	88.00	NATOMAS GROUP	0.00 493.18
FAIR OAKS MONDAY NIGHT GROUP	138.00	138.00	NEW HOPE GROUP	0.00 353.86
FAIR OAKS VILLAGE GROUP	0.00	1,500.00	NEWCASTLE FRIDAY NITE GROUP	0.00 25.00
FELLOWSHIP OF THE SPIRIT BIG BOOK STUDY	20.00	60.00	NO WHINERS GROUP	0.00 100.00
			NORTH AUBURN GROUP OF AA	30.00 90.00
			NORTH HALL GROUP	447.72 1,093.64

NAME	Jul 13	YTD
NORTH HIGHLANDS FIRESIDE GROUP	0.00	25.00
NUMBER ONE OFFENDERS	0.00	100.00
OAK TREE GROUP	0.00	300.00
OLD TOWN GROUP	200.00	200.00
ONE DAY AT A TIME GROUP	40.72	113.72
ORANGEVALE 11TH STEP MEDITATION GROUP	45.00	90.00
ORANGEVALE OPEN GROUP	36.92	36.92
ORANGEVALE SIXTY MINUTE	178.00	178.00
OVER 50 GROUP	0.00	400.00
PATHFINDERS MEETING	0.00	300.00
PHOENIX FELLOWSHIP	0.00	165.80
PLACERVILLE SUNRISE ATTITUDE ADJUSTMENT	0.00	360.00
POWERLESS OVER ALCOHOL WOMEN'S GROUP	0.00	242.00
PROMISES GROUP - DIXON	0.00	20.00
RANCHO MURIETA WOMEN'S GROUP	0.00	170.00
REBELLION DOGS GROUP	8.52	17.68
RIGOROUS ACTION	193.11	193.11
RIO LINDA FELLOWSHIP	100.00	200.00
ROCKLIN FELLOWSHIP	100.00	700.00
ROCKLIN RACETRACK GROUP	0.00	75.00
ROLOFF TO RECOVERY MEN'S	0.00	180.00
ROSEVILLE EASTSIDE GROUP	0.00	274.18
ROSEVILLE FELLOWSHIP MONDAY NIGHT GROU	100.00	150.00
ROSEVILLE FIFTH STREET FELLOWSHIP	15.00	403.24
ROSEVILLE TUESDAY NIGHT GP	250.00	1,500.00
ROUND TABLE GROUP	37.50	37.50
RULE 62 GROUP	0.00	250.00
SACRAMENTO DOWNTOWN MEN'S GROUP	0.00	292.80
SACRAMENTO MONTHLY SPEAKER MEETING	0.00	184.00
SATURDAY MORNING REFLECTIONS GP	0.00	302.07
SERENITY BOOK & STEP STUDY GP	70.00	691.00
SIERRA PINES GROUP	0.00	86.09
SIERRA STEP SISTERS GROUP	0.00	40.99
SIERRA WEDNESDAY AM GROUP	0.00	180.00
SIMPLY AA	0.00	262.77
SISTERS IN SOBRIETY	0.00	116.60
SISTERS IN THE CIRCLE	0.00	20.00
SISTERS OF SOBRIETY (PLACERVILLE)	0.00	21.50
SIXTY MINUTE SOLUTION GROUP	49.08	181.39
SOUTHPORT SERENITY	0.00	270.00
SPIRITUALLY SPEAKING ORANGEVALE	0.00	150.00
STATE OF MIND SOBRIETY	0.00	200.00
STEP 2 MEN'S GROUP	200.00	200.00
STEP SISTERS	43.68	72.79
SUNDAY NIGHT MEN'S MEETING	0.00	65.00
SUNDAY REFLECTIONS	0.00	705.28
SUNRISE SPEAKER MEETING	0.00	114.88
SUNRISE SUNSET GROUP	0.00	85.00
THANK GOD IT'S SIMPLE	0.00	75.00
THE OTHER MEETING	0.00	40.00

NAME	Jul 13	YTD
THE TUESDAY NIGHT CARMICHAEL GROUP	0.00	25.00
TIME TO START LIVING GROUP	0.00	62.00
TRADITIONAL GROUP	0.00	1,236.87
TRADITIONS AND CONCEPTS STUDY GRP	0.00	136.60
TUESDAY CORDOVA KISS GROUP	0.00	400.00
TUESDAY NIGHT BEGINNERS GROUP	0.00	393.00
TWELVE BRIDGES STEP STUDY GRP.	0.00	55.00
TWELVE STEPS TO SOBRIETY	0.00	80.00
VALLEY SPRINGS FWP	20.00	20.00
WE SURRENDER MEN'S GROUP	0.00	73.00
WEDNESDAY NIGHT 12X12 BOOK STUDY	15.00	60.00
WEDNESDAY NOON BOOK STUDY	0.00	50.00
WHAT A WAY WEEKEND WOMENS GROUP	184.98	356.02
WILD BUNCH	40.89	74.86
WILD WOMEN	211.00	211.00
WILLING WOMEN GROUP, THE	160.57	293.17
WINTERS KITCHEN TABLE GROUP	62.60	162.50
WOMEN OF EXTRAVAGANT PROMISES	146.45	279.22
WOMEN ON WEDNESDAYS	30.70	60.49
WOODLAND GROUP	10.00	70.00
WOODLAND TRADITIONAL GROUP	0.00	425.00
WOODLAND WOMEN'S GRP	0.00	91.50
ZINFANDEL & CORDOVA LANE GROUP	0.00	40.00
TOTAL	6,826.85	42,712.75

"Once the miracle of sobriety has been received ... Providence expects all of us to work and to grow -- to do our part in maintaining our blessings in full force. A perpetual miracle -- with no effort or responsibility on our part -- simply isn't in the cards. We all understand that the price of both personal and group survival is *willingness and sacrifice, vigilance and work.*" -- Bill W.

Addresses where contributions can be sent:

CENTRAL OFFICE CCFAA
9960 BUSINESS PARK DR., STE. 110
SACRAMENTO, CA 95827-1719

GSO
GENERAL SERVICE OFFICE
PO Box 459
NEW YORK, NY 10163

CNIA 7
CALIFORNIA NORTHERN INTERIOR AREA 7
PO Box 161712
SACRAMENTO, CA 95816-1712

H & I
NORTHERN CA H & I
PO Box 192490
SAN FRANCISCO, CA 94119-2490

DISTRICT INFORMATION IS LISTED ON PAGE 39 OF THE CURRENT MEETING SCHEDULE.

CENTRAL CALIFORNIA FELLOWSHIP
9960 BUSINESS PARK DR., SUITE 110
SACRAMENTO, CALIFORNIA 95827

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AUGUST 2013 BTW



Want to join the Birthday Club?

Send a dollar (+/-) per year of sobriety to:

Central California Fellowship
9960 Business Park Dr., Ste. 110,
Sacramento, CA 95827.



Name: _____
Address: _____
City/State/Zip: _____
Birthday/Years: _____
Phone Number: _____



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