

Central California Fellowship Of Alcoholics Anonymous

By The Way

9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org

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February 2009

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New CCFAA Flyers on sale now!



CCFAA has three new flyers for your 12th step needs:

- What happens at Central Office?
- Volunteer Service Opportunities in the Central California Fellowship of Alcoholics Anonymous
- Young and Feeling Trapped?

At only 10 cents each, they're a perfect addition to any AA literature rack.

Central Office will be closed on President's Day, Monday, February 16th.

TELESERVICE NEEDS YOU!

OPEN SHIFTS:

- Monday – Shift Coordinator
- Monday – Midnight to 6:00AM
- Saturday – 8:00AM to Noon

Sobriety requirement is 6 months.

PLEASE announce at meetings.

Teleservice is looking for reliable people to do 12-step work when called upon. Please contact Central Office if you want to make yourself available to do 12-step work. We have a waiting list for those folks interested in doing service work. To make yourself available for an open shift on the Teledesk, place your name on the shift waiting list by calling Central Office at (916) 454-1771. The Sobriety requirement for shift volunteers and the 12-step list is 6 months.

Please contact Central Office (916) 454-1771 or Carla at (916) 519-7340 for more information.

Central Office Volunteer Service

Flyers	By The Way
February 11 th	February 27 th
March 11 th	March 30 th
April 13 th	April 30 th
May 12 th	May 29 th
June 11 th	June 30 th

Central Office would like to have volunteers arrive at 9:00AM on the above dates. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings. Please call (916) 454-1771 to let us know you plan to attend.



SERVICE OPPORTUNITIES AT THE CCFAA CENTRAL OFFICE

We need volunteers to help with the assembly for mailing of the Flyers on Wednesday, February 11th at 9:00AM.

We need volunteers to help with the assembly for mailing of the By the Way on Friday, February 27th at 9:00AM.

H&I Monthly Meeting

Tuesday, February 17th at 6:00PM

Coco's Restaurant

1830 Arden Way, Sacramento, CA

(Semi-new Meeting Address)

GROUP DELEGATES

Please let us know who you are so we can send your group a **FREE** copy of By The Way and the Flyer mailing each month. We want to be sure we have up-to-date information about your group meeting location, day, time, and format. CCFAA is here to be of service to you and your group.

Does your group have a CCFAA Delegate? Every registered group is entitled to be represented. Your group's participation helps us to do a better job of service to our Alcoholics Anonymous Community. Call us if you would like to know more about the duties and rewards of being a CCFAA delegate.

Please feel free to visit your Central Office:
9960 Business Park Dr., Suite 110
Sacramento, CA 95827

ALL REGISTERED GROUPS

Please send us an electronic (soft) copy of your flyer so we will be able to put them on our website. Email us at centraloffice@aaasacramento.org.

By The Way is published monthly by the Central California Fellowship of Alcoholics Anonymous, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is \$12.00 per year. Opinions, letters, and stories printed in *By The Way* are not to be attributed to Alcoholics Anonymous, the Central California Fellowship of Alcoholics Anonymous or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.

OFFICE OPERATIONS COMMITTEE

Tuesday, February 17th at 6:00PM

9960 Business Park Dr., Suite 110

Sacramento, CA 95827

DELEGATE'S MEETING

Saturday, February 21st

New Delegates: 2:00PM

All Delegates: 3:00PM

2703 El Camino Ave., Sacramento CA

CNIA Area Committee Meeting

February 21st at 10:00AM

East Yolo Fellowship

1040 Soule Street

West Sacramento, CA

TELESERVICE ACTIVITY REPORT December 2008

Teleservice	December	YTD
12 Step	65	636
Meetings/Info	533	6,004
Total Calls	598	6,640

TELEDESK ACTIVITY REPORT December 2008

Teledesk	December	YTD
12 Step	7	73
Meetings/Info	405	5,330
Total Calls	412	5,403



2009 Deadline Dates for Submissions

All submissions need to be in by 5:00PM.

Month	Flyers	By The Way
February	Tuesday 10th	Friday 20th
March	Tuesday 10th	Friday 20th
April	Friday 10th	Friday 17th
May	Monday 11th	Friday 15th
June	Wednesday 10th	Friday 19th
July	Friday 10th	Friday 17th
August	Monday 10th	Friday 14th
September	Thursday 10th	Friday 18th
October	Monday 12th	Friday 16th
November	Tuesday 10th	Friday 20th
December	Thursday 10th	Friday 18th

CNIA 2009 PRE-CONFERENCE ASSEMBLY

April 18th & 19th, 2009

The Heidrick Ag History Center, Woodland, CA

Contact Dan G. at (916) 799-6068
or Paul C. at (530) 867-0960

PI/CPC NEEDS YOU!

Monthly Meetings every 2nd Wednesday at 7:00PM at
Citrus Heights City Hall, Kroeger Hall, 6237 Fountain
Square Drive off Greenback.

38th Annual H&I Conference Planning Committee Meeting

Sunday, February 15th at 1:15PM at 169 4th Street in
Galt. For additional information, call (209) 745-1525.

H&I General Committee Meeting

Sunday, February 8th at 11:00AM at Elk Grove
Fellowship, 9151 Grove Street in Elk Grove.
(Please don't park in front of the house across the
street from the hall.)

32nd Annual Spring Fling Language of the Heart

February 20 - 22, 2009
Sacramento Memorial Auditorium
15th and J Streets



Main Speakers

Friday 2:00 PM - Ron D., CA
Friday 8:00 PM - Jay P., CA
Saturday 10:00 AM - Jack B., MA
Saturday Noon - Marion G., CA
Saturday 8:00 PM - Craig T. N., CA
Sunday 10:00 AM - Beth G., OH

More details: www.sacspringfling.org
Email: registration@sacspringfling.org

“Working with Others - Individuals and Groups”

A special H&I workshop to be held
at San Quentin Prison, San Quentin,
1:00PM to 5:00PM February 6th

Building groups builds members

A workshop with Tom I. of Aberdeen, NC

Meet at the East Gate entrance at 1:00PM.

If you aren't already cleared with a Brown Card
or Gate Clearance at San Quentin, you must go through
the San Quentin clearing process -

submit your request to:

Jeffrey Nilsen - sfdpi@yahoo.com or

Ken Davis - kentedavis@aol.com

High and low, rich and poor, these are future fellows of
Alcoholics Anonymous. Among them you will make life-
long friends. You will be bound to them with new and
wonderful ties, for you will escape disaster together and
you will commence shoulder to shoulder your common
journey. Then you will know what it means to give of
yourself that others may survive and rediscover life. You
will learn the full meaning of “Love thy neighbor as
thyself.”



- The Big Book, pgs. 152-153



WEEKLY SPEAKER MEETINGS

CAMERON PARK GROUP ~ WHEN: Every Saturday, 8-9:30PM. **WHERE:** Light of the Hills Church, 3100 Rodeo Dr., Cameron Park. On Jan. 3rd the speaker will be Karen C. from Daily Attitude Adjustment Group, Jan. 10th Clem T. from Elk Grove Group, Jan 17th Bill P. from Monday Night Big Book Study, Jan. 24th Jack C. from Rancho Murietta Group, and Jan 31st Critter Don from Orangevale Friday Night Group.

FOLSOM WAY OF LIFE GROUP ~ WHEN: Every Thursday, 7:00PM. **WHERE:** Journey Church, 450 Blue Ravine Road, Folsom.

ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN: Every Saturday, 8-9:30PM. **WHO:** Howard O. on Feb. 7th, TBA on Feb. 14, Kris D. from Roseville on Feb. 21st, Julie H. from Folsom on Feb. 28th. **WHERE:** 315 Lincoln St., Roseville. Directions: I80 to Riverside; Riverside becomes Vernon; Right on Grant; Left on Oak; Left on Washington under the bridge; Right on Church St.; Right on Lincoln St. There is additional parking in the back.

SUNRISE SPEAKER MEETING ~ WHEN: Every Sunday from 11:00AM-12:00PM. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael. We have local speakers who inspire and inform. All are welcome.

MONTHLY SPEAKER MEETINGS

ACTION GETS IT GOING ~ WHEN: Last Tuesday of the month. **WHERE:** Deterding Park, 1415 Rushden Drive, Sacramento, CA 95864; off Hurley Way at the traffic light between Watt and Morse Avenues. The last Tuesday will also be birthday night, with one 10 minute speaker and one 20 minute speaker.

AUBURN FELLOWSHIP ~ WHEN: Every 3rd Saturday at 7:30PM. **WHERE:** 228 Palm Avenue, Auburn, CA 95603.

DAVIS HOPE GROUP ~ WHEN: 1st Saturday of each month at 7:00PM. **WHERE:** St. Martin's Church, 640 Hawthorne at Sycamore, Davis.

ELK GROVE FELLOWSHIP ~ WHEN: 3rd Saturday of every month. Potluck beings at 6:30PM and Speaker begins at 8:00 PM. **WHERE:** Native Sons Hall, 9151 Grove St., Elk Grove; corner of Kent and Grove Streets.

GALT FELLOWSHIP ~ WHEN: 1st Saturday of every month. Dinner begins at 6:00PM and speaker begins at 7:00PM. **WHERE:** 169 4th St., Galt. Our group will supply the main course; bring your favorite side dish or just yourself and some friends. **WHO:** February 7th: dinner is spaghetti and meatballs, speaker is Carole H. of Lodi. March 7th: dinner is corned beef and cabbage, speaker is Jason P. of Turlock. April 4th: dinner is chicken, speaker is Noreen A. of Lodi. May 2nd: dinner is a Mexican feast, speaker is Diana D. of Sacramento. June 6th: dinner is ham, speaker is Bill R. L. "Easy" of Sacramento. July 4th: dinner is hamburger/hot dog barbecue, speaker is TBA.

GROUP ONE ~ WHEN: 3rd Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St., Sacramento.

HOPE AND SERENITY SPEAKER MEETING ~ WHEN: 1st Saturday of the month at 8:00PM. **WHERE:** UC Davis Cancer Center, 4501 X Street, Sacramento. Parking \$2.00 (UCD required). Groups inter-

ested in hosting a meeting please contact Harold O. at (916) 991-2709.

MIDTOWN SOLUTIONS ~ WHEN: Last Saturday of the month from 7:00-8:15PM. **WHERE:** 2903 30th Street (near Franklin Blvd. and 4th Ave.).

NEW HOPE GROUP ~ WHEN: Last Saturday of every month at 7:00PM. **WHERE:** St. Francis Episcopal Church, 11430 Fair Oaks Blvd., Fair Oaks.

NORTH HALL GROUP ~ WHEN: 3rd Saturday of the month at 8:00PM. **WHERE:** North Hall, 3460 2nd Ave. (at the corner of 34th Street and 2nd Avenue north of Broadway and east of Alhambra).

NORTH SACRAMENTO GROUP ~ WHEN: 1st Saturday of every month at 8:00PM. **WHERE:** 2330 Fairfield St., Sacramento, 95814.

ROSEVILLE 5TH STREET FELLOWSHIP ~ WHEN: Last Friday of the month at 8:00PM. **WHERE:** Roseville Alano Club, 111 5th St.

SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN: 2nd Saturday of every month at 8:00PM. **WHERE:** Centennial Methodist Church, 5401 Freeport Blvd., Sacramento (1 block North of the intersection of Fruitridge & Freeport Blvd.). **WHO:** February will be Tamara B. from Roseville and March will be Terry D. from Roseville. Please join us for dinner with the speaker & committee @ Marie Callender's on Freeport at 6:00PM. Please RSVP for the dinner by leaving a message for June M. at 916-543-0003 (please include your phone number and number of guests).

SACYPAA ~ WHEN: 4th Saturday of the month. **WHERE:** St. Marks United Methodist Church, 2391 St. Marks Way, Sacramento. They will be playing Gong Show after the meeting. For directions or more information, visit www.sacypaa.org or call Jordan at 916-261-2068 or Chelsea at 916-271-2342.

TRADITIONAL GROUP ~ WHEN: 4th Sunday of every month at noon. **WHERE:** 2703 El Camino Ave. at Fulton Ave. On Feb. 22, the ten minute speaker will be Kerri P. from the Traditional Group and the main speaker will be Kolin M. from the 4th Dimension Big Book Study in Roseville.

GROUP NEWS

AS BILL SEES IT: Has moved to the Senior Citizens Center at 937 Spring Street in Placerville.

BIG TIME SOBRIETY: Will no longer be meeting!

DIXON NO NAME GROUP: No longer has a Monday 7:00PM meeting. The church address is 700 N. Adams in Dixon.

GROUP ONE: New meeting on Saturdays at 9:00PM. This is an open, hour, non-smoking meeting. Come join us at 2804 T Street, Sacramento.

MONDAY NITE CLUB: Meets every Monday night at 7:00PM at 17th and L Streets in the Goethe Hall. Birthday night is the last Monday of the month. All are welcome so come and join us for cake and fellowship. Also, a big thank you to our trusted servants who go the extra mile to make our meeting a success!

NORTH SACRAMENTO GROUP: New women's step study meeting on Saturdays at 2:00PM. This is a 1 ½ hour study meeting. 2330 Fairfield Street, Sacramento.



PRIMARY PURPOSE GROUP: Will no longer be meeting on Friday nights. They will still be meeting on Sundays at 11:00am at 4623 T Street, Jamestown Room.

ROUND TABLE AA GROUP: Meets every Monday night from 8:00-9:00PM. This is an open meeting, non-smoking and wheelchair accessible. We are located in St. Andrews Episcopal Church at 7850 Watt Ave. in Antelope, CA.

SOUTHPORT SERENITY: Has moved to 1275 Starboard Dr. (in the new building of the Center for Spiritual Awareness). We will still be meeting Fridays at 7:30PM. Our chairperson shares and then reads a paragraph or so from AA literature to set the topic for the meeting. Please come visit us and check out our shiny new meeting place.

SPECIAL EVENTS

DAILY ATTITUDE ADJUSTMENT GROUP: 23rd Annual Anniversary Potluck Speaker Meeting and Dance April 4th. Potluck starts at 5:00PM; birthday countdown at 6:15PM; main speaker at 7:00PM and the dance at 8:15PM. The main speaker is Marty J. of Vancouver, BC, and the short speaker is Happy M. of Fair Oaks. Join us at the Fair Oaks Community Clubhouse at 7997 California Ave., Fair Oaks, CA.

NORTH LAKE TAHOE OPEN AA SPEAKER MEETING: On Friday, February 27th. Guest speaker will be Yogi T., originally from Nashville, TN. Doors open at 6:00PM for coffee hour and dessert pot luck; the meeting starts at 7:00PM. Incline Village Elementary School, 771 Southwood Blvd. (at the corner of Tahoe Blvd.), Incline Village, NV 89451. For information or to volunteer for service, email Laura T. at two.fish.thompson@gmail.com or call Abby P. at (775) 832-6753.

OAK PARK FELLOWSHIP: 29th Anniversary Celebration on February 7th. Doors open at 5:00PM for fellowship and fun, potluck dinner at 6:00PM, speaker meeting at 7:00PM, followed by a raffle at 8:00PM. The speaker will be Paulie H. from the Easy Does It Group. 39th Street and 4th Avenue, Oak Park, at the corner church.

ROCKLIN FELLOWSHIP: The Rocklin Fellowship Annual Valentine's Day Ball will be on Saturday, February 14th. The evening includes: elegant dinner, 1 hour swing dance lesson, DJ, gifts, candy, raffles and more. \$20.00 per person. A perfect night for singles AND couples! Call (916) 743-7363 for tickets and details.

SISTERS IN SERENITY: 15th Anniversary Potluck and Speaker Meeting on February 11th. Potluck will begin at 6:00PM and the speaker meeting will begin at 7:00pm. 2020 J Street at the Sacramento Native American Health Center (enter building on parking lot side).

SOLUTIONS WEEKEND: Chili Cook Off and Speaker Meeting February 7th. Chili cook off will begin at 6:00PM and the speaker will begin at 7:30PM. \$5.00 single or \$8.00 a couple (no charge to attend speaker meeting only). To enter your chili, please call Beth at (530) 263-6794 (\$10.00 entry fee). First Congregational Church of Auburn, 710 Auburn Ravine Road, Auburn, CA.

February Book of the Month



The forty-two articles in the booklet, “The Home Group: Heartbeat of AA,” are reprinted from the AA Grapevine magazine, the Fellowship’s monthly “meeting in print.” Written by AA members out of their own experience, they illuminate the many facets of the AA home group.

When we first began to narrow down a selection of material, we were using as a working title, “The Home Group: Key to Unity.” Yet in the process of rereading the articles, the need for a broader concept became clear. The home group is where recovery begins: it is where AA members grow up in sobriety by the time-honored process of trial and error, to discover that they can be loved, “warts and all.” It is where they learn to put the needs of others, especially the needs of the group, ahead of their own desires. It is where they first have the opportunity to serve others, and where they learn of opportunities to serve beyond the group. It is where they begin to adopt the guiding principles of Alcoholics Anonymous as working realities in their own sober lives.

Because this booklet seeks to illuminate the AA group of today with its unique characteristics, strengths, and problems, most of the articles that follow were chosen from Grapevines published in the 1980s and 1990s. The few older articles are those that state timeless principles or that reflect customs and insights from earlier AA times that add a valuable dimension to present-day situations.



February Birthdays



Birthday Club
Michael O. 40 yrs
Nell W. 27 yrs
Tom L. 22 yrs
Cindy Jo M. 15 yrs
Karen Y. 6 yrs
Late Submissions:
Larry G. 28 yrs
Martha N. 5 yrs

BY THE GRACE

Carolyn S. 21 yrs Mary Ann B. 10 yrs
 Mary P. 7 yrs

CORDOVA SERENITY SEEKERS

Carolyn S. 21 yrs

CORDOVA SUNDAY NIGHT GROUP

Patrick M. 5 yrs

COURAGE TO CHANGE

Rhonda B. 22 yrs Michelle G. 3 yrs

DAILY ATTITUDE ADJUSTMENT

Larry S. 20 yrs Kelli W. 17 yrs
 Priscilla B. 11 yrs Margaret Rose 7 yrs
 Kirk C. 6 yrs Linda 4 yrs
 Norm A. 3 yrs Geri A. 3 yrs
 Bo L. 2 yrs David L. 2 yrs
 Tami M. 1 yr

EAST YOLO FELLOWSHIP

Patty P. 41 yrs Helena H. 30 yrs
 George M. 26 yrs Jack C. 24 yrs
 Efren P. 14 yrs Jessica A. 8 yrs
 Georgina Y. 7 yrs Linda G. 4 yrs
 Cliff S. 3 yrs Too Tall Paul 2 yrs

ELK GROVE FELLOWSHIP

Rod C. 29 yrs Greg A. 15 yrs
 Jeanie O. 14 yrs Louie C. 9 yrs
 Nancy AL 9 yrs Scott M. 9 yrs
 Jim C. 6 yrs Dennis O. 5 yrs
 Lorri C. 5 yrs Ron L. 4 yrs
 Liz M. 3 yrs Marti G. 3 yrs
 Carri E. 2 yrs Andrea D. 1 yr
 Andy M. 1 yr Ashley M. 1 yr
 Lynette B. 1 yr

GALT FELLOWSHIP

Mary R. 44 yrs Marcy H. 18 yrs
 John P. 13 yrs Jorge V. 3 yrs
 Ed P. 2 yrs John S. 2 yrs
 Maria S. 2 yrs Michelle D. 2 yrs

GROUP ONE

Jesse S. 27 yrs Jessica A. 8 yrs
 Carlos F. 2 yrs

GROUP THREE

Patty P. 42 yrs Luke F. 37 yrs
 Jack B. 30 yrs Rick M. 30 yrs
 Rod C. 29 yrs Jim F. 28 yrs
 Jesse E. 27 yrs Nick C. 27 yrs
 Julie S. 26 yrs James L. 25 yrs
 Bill B. 24 yrs Bill H. 24 yrs
 Mary M. 23 yrs Carolyn D. 20 yrs
 Gary H. 20 yrs Jennifer G. 20 yrs
 Mickey B. 20 yrs Theresa P. 20 yrs
 Elizabeth B. 19 yrs Lee S. 18 yrs
 Jessica R. 17 yrs Cate S. 16 yrs
 Cindy C. 15 yrs Roger P. 15 yrs
 Henry H. 14 yrs Trevor H. 14 yrs
 Antonio C. 13 yrs Cindy E. 13 yrs
 Donald D. 13 yrs Jeffery M. 13 yrs
 Kathy L. 13 yrs Sondra L. 13 yrs
 Donna A. 12 yrs Kirsten N. 12 yrs
 Larry H. 12 yrs Bill L. 11 yrs
 Cathy C. 11 yrs Chris D. 11 yrs
 Craig S. 11 yrs Gayle D. 11 yrs
 John D. 11 yrs John H. 11 yrs
 James M. 11 yrs Max C. 11 yrs
 Nancy C. 11 yrs Nikolas P. 11 yrs
 Pamela S. 11 yrs Tina H. 11 yrs
 Andrew J. 10 yrs Elizabeth P. 10 yrs
 Forrest H. 10 yrs Lon S. 10 yrs
 Stephen M. 10 yrs Tim H. 10 yrs
 Carmel P. 9 yrs Carol G. 9 yrs
 Cindy S. 9 yrs Eric H. 9 yrs
 Greg R. 9 yrs Jesse S. 9 yrs
 Judian S. 9 yrs Ronald M. 9 yrs
 Sharon W. 9 yrs Skip P. 9 yrs
 Susan M. 9 yrs Darrin F. 8 yrs
 Greg G. 8 yrs Marilyn W. 8 yrs
 Michael G. 8 yrs Ray P. 8 yrs
 Rick J. 8 yrs Ron S. 8 yrs

GROUP THREE (cont'd)

Scott B. 8 yrs Vicki R. 8 yrs
 Charmarie W. 7 yrs George P. 7 yrs
 Jennifer M. 7 yrs Lora L. 7 yrs
 Mike C. 7 yrs Wayne H. 7 yrs
 Chris D. 7 yrs Ashley C. 6 yrs
 Barry R. 6 yrs Bob L. 6 yrs
 Clement V. 6 yrs Greg M. 6 yrs
 Shannon P. 6 yrs Ty W. 6 yrs
 William V. 6 yrs Chris T. 5 yrs
 Julie W. 5 yrs Mary J. 5 yrs
 Sharon M. 5 yrs Tim H. 5 yrs
 Anne O. 4 yrs Eddie A. 4 yrs
 Greg C. 4 yrs James J. 4 yrs
 Joyce W. 4 yrs Lola R. 4 yrs
 Marianne B. 4 yrs Mark M. 4 yrs
 Thomas S. 4 yrs Constance L. 3 yrs
 Donny L. 3 yrs Kim H. 3 yrs
 Merrilee G. 3 yrs Thomas T. 3 yrs
 Yvonne B. 3 yrs Brett B. 2 yrs
 Donna M. 2 yrs Johnny M. 2 yrs
 Katie S. 2 yrs Linda H. 2 yrs
 Lindsay B. 2 yrs Zanehart N. 2 yrs
 Cathy A. 1 yr Debbie R. 1 yr
 Mark C. 1 yr

HEAD ACROSS WOMEN'S GROUP

Darrellynnne B. 15 yrs Debbie S. 6 yrs.
 Roshauda F. 4 yrs Julie W. 3 yrs
 Star L. 1 yr

HOW GROUP

Ann H. 26 yrs Teri T. 10 yrs

MONDAY NITE CLUB GROUP

Bob Y. 23 yrs

NATOMAS GROUP

Charles W. 16 yrs Jack M. 12 yrs
 Ken M. 7 yrs Valerie H. 4 yrs
 Dianna D. 4 yrs Sara G. 1 yr
 Stacie H. 1 yr Jill A. 1 yr
 Kevin B. 1 yr

NORTH HALL

Dan E. 25 yrs Pam M. 24 yrs
 Shannon P. 23 yrs David P. 20 yrs
 Vince H. 17 yrs Nance S. 16 yrs
 Betty H. 13 yrs Cate S. 13 yrs
 Carolyn 9 yrs Geoff 9 yrs
 Glenn M. 9 yrs Jill N. 6 yrs
 Melissa 6 yrs James K. 5 yrs
 Loretta A. 5 yrs Mark H. 5 yrs
 Michael N. 5 yrs Rose 5 yrs
 Bill K. 4 yrs Tomas C. 5 yrs
 Christopher 4 yrs Mike F. 2 yrs



OAKTREE FELLOWSHIP

Nora H. 26 yrs Bruce L. 19 yrs
 Victor 16 yrs Bonnie R. 16 yrs
 Robby B. 14 yrs Fred M. 12 yrs
 Gary R. 9 yrs Michael D. 7 yrs
 Jill L. 6 yrs Marty 5 yrs
 Onissa 4 yrs Scott C. 4 yrs
 Estrella L. 2 yrs Julie S. 2 yrs
 Mike C. 2 yrs Rhonda 2 yrs
 Gary B. 1 yr Liz 1 yr
 Matthew 1 yr

ORANGEVALE OPEN GROUP

Jay L. 27 yrs Mary G. 19 yrs
 Kent S. 14 yrs Bob M. 5 yrs
 Dewey A. 5 yrs Amanda A. 3 yrs
 Clinton B. 3 yrs

RIO LINDA FELLOWSHIP

Darrellyne B. 15 yrs Theresa D 3 yrs
 Star L. 1 yr Pam K. 1 yr

ROSEVILLE EASTSIDE GROUP

Bob V. 6 yrs Debbie S. 5 yrs

ROSEVILLE FELLOWSHIP MONDAY NIGHT GROUP OF AA

Lorna H. 28 yrs Mark A. 26 yrs

ROSEVILLE TUESDAY NIGHT GROUP

Ann H. 26 yrs Mel S. 25 yrs
 Bill D. 15 yrs Darrellyne B. 15 yrs
 Robert B. 15 yrs Sheila A. 15 yrs
 Lizz R. 13 yrs Ginny C. 9 yrs
 Debbie T. 8 yrs Dave K. 4 yrs
 Lori P. 4 yrs Jeff K. 3 yrs
 Edward H. 3 yrs Jerry B. 3 yrs
 Gwen L. 2 yrs Mary O. 2 yrs
 Van S. 2 yrs Debbie M. 2 yrs
 James P. 1 yr Liz R. 1 yr
 Glen H. 1 yr David P. 1 yr
 Heide W. 1 yr Jeff D. 1 yr
 Cam. R. 1 yr

SOUTHPORT SERENITY

Rick 30 yrs Jay F. 21 yrs
 Michelle B. 8 yrs

TRADITIONAL GROUP

Paul O. 34 yrs Donna A. 30 yrs
 Ken P. 26 yrs Gilbert J. 25 yrs
 Kristina A. 24 yrs Jim D. 23 yrs
 Frank M. 21 yrs Ernie R. 20 yrs
 Larry S. 18 yrs Bret R. 16 yrs
 Lance B. 16 yrs Pamela W. 15 yrs
 Shirley F. 15 yrs Cate S. 13 yrs
 Ron R. 12 yrs Melinda C. 9 yrs
 Ron H. 7 yrs Vicki R. 6 yrs

TRADITIONAL GROUP (cont'd)

Adam S. 6 yrs Kelly G. 4 yrs
 Jay G. 4 yrs Valerie G. 4 yrs
 Clifford W. 2 yrs LindaLu D. 2 yrs
 William R. 2 yrs Rick K. 2 yrs
 Phil W. 2 yrs Carlos F. 2 yrs
 Ronnie D. 2 yrs Beverly F. 1 yr
 Greg S. 1 yr Robin T. 1 yr
 Melissa S. 1 yr Shawn S. 1 yr
 Mary E. 1 yr Beth C. 1 yr
 Richard A. 1 yr Bridget S. 1 yr
 Dennis J. 1 yr Mark M. 1 yr
 Star L. 1 yr Debbie S. 1 yr

WINTERS KITCHEN TABLE

Sheryl Sue 14 yrs Cyndi G. 11 yrs
 Chuck D. 9 yrs Jesus 8 yrs
 Steve W. 3 yrs Beth B. 1 yr
 Alfredo 1 yr

WOODLAND TRADITIONAL

Ron St. 34 yrs Donna A. 30 yrs
 Marion C. 24 yrs Peggy R. 22 yrs
 Frank E. 20 yrs Ken B. 19 yrs
 Neil Z. 16 yrs Kirsten M. 12 yrs
 Martha Q. 4 yrs Peggy R. 3 yrs
 Joseph K. 3 yrs Vaugh W. 3 yrs
 Brandon 3 yrs Richie V. 3 yrs
 James H. 3 yrs Kimberly D. 2 yrs
 Lisa M. 2 yrs James M. 1 yr
 Nancy L. 1 yr

JANUARY LATE SUBMISSIONS

CITRUS HEIGHTS GROUP

Ken W. 22 yrs Tim O. 14 yrs
 Patty O. 3 yrs Natalie G. 1 yr
 Cassie G. 1 yr

CORDOVA SERENITY SEEKERS

Mike Mc. 21 yrs Patricia F. 19 yrs
 Jason I. 6 yrs

EAST YOLO FELLOWSHIP

Tracy 25 yrs Sandra G. 24 yrs
 Mike P. 18 yrs Richard S. 12 yrs
 Andrea S. 8 yrs Laura B. 6 yrs
 Bob B. 3 yrs

HEAD ACROSS WOMEN'S GROUP

Judy C. 12 yrs Joyce T. 3 yrs
 Kelly E. 1 yr

SOUTHPORT SERENITY

Kitty C. 21 yrs Mike P. 19 yrs
 Debbie D. 18 yrs Barbara M. 13 yrs
 Maribeth D. 4 yrs

From "Confessions of a Reluctant Newcomer"

March 2003

After treatment, I became, for the second time, a newcomer to AA. A little more desperate than I had been during my first "visit," I made a little more effort to, as Eddie B. said, join the group. In time, I made the shocking discovery that I had little to offer anyone in AA. I knew a lot about books, philosophy, and politics, but nothing about staying or living sober. And until I had acquired a degree of humility and became a student, not a teacher; a patient, not a doctor, I would remain ignorant. Intellectually astute (though not as astute as I thought), I was, and sometimes still am, an emotional basket case. I discovered that I was emotionally disturbed, my personality discolored by my reactions to the things that happened to me. I applied the ointment of the Twelve Steps to try to bring my emotions to maturity (and have made progress, but little perfection). No longer a newcomer, I now know through experience that with the help of the Fellowship, the Twelve Steps, and a Higher Power ... I do not have to be a newcomer again.

Wayne B., Montpelier, Vermont

Grapevine Digital Archive
 (www.AAGrapevine.org)



CCFAA Delegate's Meeting Minutes—January 17, 2009 (Page 1)

I. Opening

A. Call to Order at 3:00 pm
E. 7th Tradition – \$66.45

B. Open with Serenity Prayer
F. Delegate Check-in/Group Announcements

C. Traditions Read
G. Birthday Total Years – 70 Yrs

II. Preliminary Business:

A. Delegate and Visitor Check-in: Total Delegates = 44

Group Name	Delegate Name	Last attended
12 Traditions/12 Concepts Study	Absent	08/16/08
4 th Dimension	Absent	04/19/08
AA Unity Group	Vince S.	01/17/09
Action Gets It Going	Absent	12/20/08
ACYPA	Absent	05/17/08
Auburn Beginner's Group	Absent.	11/15/08
Auburn Fellowship	Kathy Z.	01/17/09
Auburn Wed Night Y P's Group	Leah S.	01/17/09
Auburn Women's Step Study GR	Trish P.	01/17/09
Bill's Friend's Fellowship	Absent	11/15/08
By The Grace	Carolyn S.	01/17/09
Capital City Men's Group	Absent	01/19/08
Citrus Heights Group	Terry S.	01/17/09
Come As You Are Group	Absent	12/15/07
Cordova Friday Night Group	Mike R.	01/17/09
Cordova Serenity Seekers	Michael M.	01/17/09
Daily Attitude Adjustment- Fair Oaks	Terry S.	01/17/09
Destiny Group	Mike McF.	12/20/08
Dry Dock Group	Leisa M.	01/17/09
Downtown Young People's	Absent	11/15/08
East Yolo FWP	Eric P.	01/17/09
Elk Grove FWP	Dallas T.	01/17/09
Elk Grove Group	Robert S.	12/20/08
Fair Oaks Monday Night	Absent	11/15/08
Fit For Life	Absent	09/20/08
Folsom Big Book	Melissa A.	01/17/09
Folsom Friday Night Group	Matt H.	01/17/09
Folsom Saturday Morning Group	Michael S.	12/20/08
Folsom Way of Life	Mary R.	01/17/09
Folsom Wednesday Night	Cindy F.	01/17/09
Free Our Minds	Absent.	10/18/08
Friday Night Book Study	Absent	09/20/08
Friday Night Family Group Of AA	Aaron P.	01/17/09
Galt Fellowship	Kimberly F.	12/20/08
Gibbons Noon	Absent	04/19/08
Greenhaven Group	Pamela L.	12/20/08
Grounded In Recovery	Absent	07/19/08
Group one	Absent	11/15/08
Group Three	Leslie M.	01/17/09
Happy Campers	Gordon L.	01/17/09
Hope & Serenity Spkr Mtg	Cliff O.	12/20/08
Keep It Simple	Steve B.	01/17/09
Mad @ Kenneth Group	Chuck H.	01/17/09
Midtown Solutions	Noel P.	12/20/08
Monday PM Women Group	Maurine B.	01/17/09
Natomas Group	Maria R .	01/17/09
Never On Tuesday	Absent	02/16/08

Group Name	Delegate Name	Last attended
New Hope Group	Michael K.	01/17/09
No Legs Just Steps Group	Absent	11/15/08
North Auburn Group	Mike O.	01/17/09
North Hall Group	Nancy G.	01/17/09
North Highlands Fireside Group	Mike L.	12/20/08
North Sacramento Group	Jim M.	01/17/09
Oak Park Fellowship	Cindy C.	01/17/09
Oak Tree Group	Randy E.	01/17/09
Orangevale Open Group	Mike H.	01/17/09
Other Meeting, The	Derek S.	01/17/09
Rebellion Dogs	Eric H.	01/17/09
Recovery Plain and Simple	Absent	05/17/08
Rio Linda Fellowship	Stanley B.	01/17/09
Roseville Fifth Street Fellowship	Absent.	10/18/08
Roseville Tuesday Night Group	Lorri A.	01/17/09
Roseville Twelve and Twelve BS	Absent	12/20/08
Saturday Morning Reflections	Absent	08/16/08
SACYPA	Absent	11/15/08
Serenity Book and Study Group	Tom D.	01/17/09
Sharing And Caring Group	Absent	12/20/08
Simply AA	Karen Y.	01/17/09
Sisters in Sobriety	Absent	03/15/08
Sixty Minute Solution	Michael S.	01/17/09
Solutions Weekend Group	Absent	11/15/08
Southport Serenity	Absent	11/15/08
Spiritually Speaking	Lynn S.	01/17/09
Spring Fling Group	Absent	02/16/08
Step Two Men's Group	Absent	05/17/08
Students in Sobriety	David L.	01/17/09
Sunday Night Men's Meeting	Absent	05/17/08
Sunday Reflections	Absent	07/15/06
Sunset Saturday 11:30	Chuck	12/20/08
Sunset Wed. Women's	Absent	02/16/08
Thank God It's Smoke Free Men's	John A.	12/20/08
Thank You, Thank You, Thank You	Absent	03/15/08
The Welcome Group	Absent	09/20/08
Too Young Group	Absent	11/15/08
Traditional Group	Mary A.	01/17/09
Traditions & Concepts Study Group	Jonathan C.	01/17/09
Tuesday Night Beginners Group	Absent	03/15/08
Tuesday Night Gibbons	Absent	02/16/08
Twelve Bridges Destiny	Absent	02/17/07
Twelve Bridges Step Study	Absent	04/21/07
What A Way Women's Weekend Group	Kathy K.	01/17/09
White Flag Men's Group	Terry W.	01/17/09
Women of Extravagant Promises	Jennifer L.	01/17/09
Women For Women Fair Oaks Group	Absent	07/19/08



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B. Quorum met - Yes, 28

C. Attending Elected Positions:

Asst. Chairperson	John Q.	Present
Birthday / Faithgull Fivers Chairperson	Nancy M.	Present
By Laws & Procedures Chairperson	Cindy C.	Present
CCFAA Chairperson	Steve B.	Present
H&I		Absent
NCCAA Liaison Chair	Dianne H.	Present
OOO Chairperson	Brian B.	Present
OOO Member	Karen Y.	Present

OOO Member	Mary R.	Absent
OOO Member	Terry S.	Present
PI/CPC Chairperson	Chuck H.	Present
Picnic Chairperson		Absent
Recording Secretary	Darlene O.	Present
Special Needs Chairperson	Lynn S.	Present
Tele-Service Chair	Devin G.	Present
Treasurer	Ray L.	Present

III. Approval of Minutes

Minutes approved with corrections.

IV. Approval of New Groups:

- A. Sunlight of the Spirit Meditation, Open, Wheelchair, Wednesday, 6:00 pm. Approval not passed due to conflict as bookstore has the same name: 13 Yes, 16 No. Requested to change name and come back next month.
- B. Medicines in AA Groups, Open, Beginner's Meeting, 12-Step Study. Vote 1 Yes, 27 No. Requested to go back and change name and return next month.

V. Trusted Servant Reports:

A. CCFAA Chairman's Report – Steve B. (January 2009)

1. FIRST THINGS FIRST – Glad we all made it through the Holidays and here we are in 2009. We have all the officers and many new delegates trudging the path into the year ahead.

We held the first OOC meeting of the new year at the office this week and according to tradition we elected a new OOC chairman; Brian for a three year term, just kidding it is only one year... way to step up, Brian B.

As you may know, the CCFAA bookstore at our central office has been open on Saturdays including this morning. We are making sales and I hope it will continue to be a success. Please, keep announcing that the CCFAA bookstore IS OPEN on Saturdays from 9 am to 1 pm. Our office manager also asked for more reliable volunteers and the twelfth step call list needs people in many areas.

A quick review of the 2008 budget continues to show group contributions were off about \$1000.00 a month from previous years, some groups contribute nothing at all. We need to find a way to reconnect with our groups and get them involved again. The Spring Fling is coming up February 20-22nd, we need to have a strong showing of support for them.

We have a couple new and old business items, so let's get to it. As always if you have new business, a motion, or procedural changes for this group please bring them to me or the By Laws chair, Cindy., and we will accommodate you.

4 pertinent things to take to your groups:

- a) Central Office is open on Saturdays; 9-1pm - Yeah!
- b) Our Fellowship continues to have shortfalls and under average contributions.
- c) We need more volunteers at the office and for the twelfth step list.
- d) Spring Fling is coming and needs out support.

Yours in service, Steve B.

B. Assistant Chairperson/CNIA Liaison – John Q.

I would like to welcome 15 new delegates:

Jim M., North Sac Group
Maria R., Natomas Group



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Jamie A., Auburn Fellowship
 Leah S., Auburn Wednesday Night Young Peoples Group
 Lydia A., Auburn Wednesday Night young Peoples - Alternate Delegate
 Mary A., Traditional Group
 Terry W. White Flag Men's Stag
 Nancy G., North Hall Group
 Cindy F., Wednesday Folsom Group
 Matt H., Folsom Friday Night
 Dallas T., Elk Grove Fellowship
 Dick L., Elk Grove Fellowship - Alternate Delegate
 Carolyn S., By the Grace Group
 Jennifer L., Women Of Extravagant Promises - Alternate Delegate
 Valerie G., Daily Attitude Adjustment - Alternate Delegate

Welcome new delegates and thank you for your service!

Thank you for allowing me to be of service, John Q. -- CCFAA Assistant Chair

C. Office Operations Committee Chair

D. Office Managers Report – January 13, 2009

1. Grace B. has joined our staff as a permanent part-time office assistant.
2. We have completed 2 new brochures: What Happens at Central Office and Volunteer Service Opportunities in the Central California Fellowship. These brochures should help us better serve and inform our AA community. One copy of each brochure will be distributed at the Delegates Meeting so the reps can inform their groups of the availability of these items. The brochures will be available for sale at the Bookstore for 10 cents each.
3. The medallions have been entered into inventory for 2009 and we began sales on January 2nd.
4. On January 3rd, the 4th quarter inventory was taken. The results were consistent with our normal range of adjustments.
5. To better meet the needs of the Fellowship we are developing materials to address the frequent requests that are made. A Newcomer Packet and How to Start a Meeting or Group Packet are in the works.
6. A trip to the Bulk Mailing Facility in West Sac yielded a pleasant surprise. The USPS file on our bulk mailing permit contained the original copy of our California Articles of Incorporation issued on January 28, 1965! The articles will be framed in acid-free matting and put on display at CO.
7. 2009 Calendars are available with exact BTW and Flyer Submission and Mailing Deadlines. Hopefully this will cut down on late submissions and increase volunteer participation in the bimonthly mailings.
8. Officer Nichol of the Rancho Sheriff's Dept contacted the nuisance caller and issued him a verbal warning on December 30th. If he resumes calling, a restraining order from Civil Court will be required before a phone trap can be issued. Unfortunately he has resumed calling. He called on Monday and again on Wednesday of last week.
9. Both part-time employees are returning to college for the spring semester and will not be available to fill-in for non-scheduled hours. We need reliable backup volunteers for teledesk and for office work.
10. For 2009, it is my hope that the OOC will take on more of its duties and make the outreach to increase 7th Tradition participation through volunteer services at Central Office from the groups in this Fellowship.
11. Year-end accounting close, quarterly and annual tax return filings will be completed on or before January 30, 2009.
12. Faithful Fiver contribution letters will be mailed on January 28th.

E. Treasurer's Report – Ray L.

Treasurer's Report – Dec. 2008 & 2008 Overall
 Income

- Income for 2008 was below budget due primarily to reduced Group Contributions down by roughly 10%, \$9,281. Literature sales were also down roughly 12%, \$12,296, for the year.
- The above decreases were somewhat offset by increased individual Faithful Fivers, \$10,158, contributions, Special Events Revenue, \$4,942 and increased 2008 Picnic revenue, \$2500. An additional \$17,600 combined.



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- Gross income, less Cost of goods sold, for the year was \$149,078 versus \$150,000 budgeted. Under by just (\$922).

Expense

- Insurance cost was less by \$1,278 due to a reduced General Liability & other policy costs.
- Equipment Expense was less by \$1,684 as outdated equipment was replaced during the Office move.
- Office Expense was over, \$10,360, as the result of the Office Move, \$7,909 and increased rent expense, \$1,158.
- Professional fees were under by \$6,328 due to donated Accounting and System Admin. services.
- Payroll expenses were over by \$4,858 due to increased hours by part-time staff and replacing the Office Manager earlier in 2008.
- Other committee cost was over by \$734 primarily attributable to approved increased expenditures for PI/CPC.
- Expenses for the year were \$156,624 versus \$150,000 budgeted. \$6,624 over projected budget.
- Resulting Net Income for the year was (\$7,546). This is primarily attributable to the Move of Central Office.

Overall financially for CCFAA 2008 was a very positive year, progress was made in several areas of our service.

- Central Office was relocated to a much more accessible business-like environment which is being favorably received by the members.
- The Faithful Fivers program was initiated and has resulted in significant increased income to offset our increasing expenses.
- The annual Picnic was a resounding success and was a very positive contributor to our income.
- Our new Office Manager has considerable business and financial experience and is a welcome addition to the management of Central Office.

For January 2009 Group & Individual Contributions are very strong, please continue to encourage that with your groups & members.

The office staff and the OOC are looking at ways to increase revenue and reduce expense for the coming year.

F. By Laws Chairperson – Bill D.

Need changes to By Laws due to security issues because of move to new location and to Central Office being opened on Saturdays.

G. PI/CPC MEETING

PI/CPC MEETING – January 14, 2009

Not All "A.A. Literature" Is Conference-Approved

Central offices and intergroups do write and distribute pamphlets or booklets that are not Conference-approved. If such pieces meet the needs of the local membership, they may be legitimately classified as "A.A. literature." There is no conflict between A.A. World Services, Inc. (A.A.W.S. – publishers of Conference-approved literature), and central offices or intergroups – rather they complement each other. The Conference does not disapprove of such material. (Service material from the General Service Office)

Chuck opened the meeting at 7:10 PM with the Serenity Prayer. There were 15 people attending. Chuck brought up the idea of helping the area with a PI workshop sometime this year and because most of the group had very busy schedules it was decided the idea should be presented to the districts. We are hoping that maybe one or two districts will spearhead the planning for a workshop.

Paul: Celebrated 4 years this month. He did another outstanding job again hitting 23 locations in the Yolo, Davis area and refilled a total of 53 racks.

Tim: Worked the downtown Sacramento area delivering literature to C.A.R.E.S. (Center for Aids Research and Education) He also placed some special literature at the "Gay and Lesbian Center" and related service agencies.

Kris: Re-stocked numerous facilities in the Foresthill, Colfax, Truckee and Tahoe areas. He made sure the high schools in the areas were re-stocked and is going to try to get a list of the libraries along his route.



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Tom: Hit both Mather and McClellan air force bases. He placed racks in the teen centers and the housing centers and would have placed more but he ran out of literature. He re-stocked his supply at the meeting. Thanks to Chuck everyone left fully supplied.

Ivo: Re-stocked his locations at Sylvan Library and Mercy Hospital on Coyle Ave. He noticed that some of the literature had been removed at Mercy and he is not sure who or why anyone would have done this. He re-placed a few racks and is going to keep an eye on them to see if it happens again.

Kelley: Brought in a stack of PI and CPC workbooks that district 27 had ordered last year. He plans to attend the area assembly meeting and talk to Melanie again about the proposal of a PI workshop.

Emile: (The new Dist. 21 PI/CPC representative.) Emile is still working with members in his district sparking the PI/CPC outreach. He is working hard to develop some type of schedule to keep track of the facilities that have literature racks. He has found a lot of interest from the folks in the various PACK groups he has met. They work with new parolees and have been grateful for the literature he provides. Emile suggested that other districts may want to check with Parole agents and see if there is a need for AA literature in their areas. Emile reported that Rod had re-stocked all the libraries in the district and that Mike had placed racks in several law enforcement agencies.

Rebecca: E-mailed that she re-stocked 4 high schools and made contact with the "On Site Instructor" at Casa Roble and gave her a lot of literature. Her e-mail ended with a phrase worth noting. "Life is short, break the rules, forgive quickly, kiss slowly, love truly, laugh uncontrollably, and never regret anything that made you smile."

Jim: Re-stocked Sutter Hospital in Roseville, the UCD office in Roseville and the CWA union hall.

Mary: E-mailed that the Natomas, North Sacramento and Del Paso Heights libraries have been re-stocked along with all of the high schools in district 29. They will continue their outreach to the senior, Russian, and African-American communities in the following months.

Aaron: Reported that the Folsom Mercy re-model is complete the new racks are up and have been fully re-stocked.

Russ: E-mailed that he re-stocked literature at the Main Branch Library and the McKinley Branch Library twice. He noted that McClatchy would be fine until February.

Derrick: Re-stocked several colleges in the area and volunteered to check on the Kaiser hospital in Roseville.

Harriet: Celebrated 15 years this month. She made contact with Shelly Andrews at the Carmichael library and provided her with a Big Book a 12x12 and a rack of literature.

Chuck: Re-stocked the Carpenters Union and has been working with Judge Lamond in Superior Court 19 to try and get literature into this DUI court. Chuck again encouraged us all to think of other areas that may need literature, possibly clubs like the Lions, or the Elks. Another idea--Post Offices--Laundry mats?

The meeting was closed with the Lords' Prayer at 8:43 PM.

Yours in service, Jim W.

H. Faithful Fivers and Birthday Club Report – Nancy

Faithful Fivers = \$340.00 Collected

Birthday Club = \$95.00 Collected

I. Picnic Chairperson – Position Open

J. Special Needs Chairperson – Lynn

1. One call which resulted in visit to hospital and home.

2. We now have someone who does American Sign Language (ALS Services).

K. NCCAA – Dianne

Conference in Foster City March 13, 14, 15, 2009. Hopefully a group will attend from this area. Please pass flyers out to your groups. Marilyn S. from Los Angeles will be the speaker.

IV. Reports Special Committees, Delegates, Liaison & Invited Guests

A. Hospitals & Institutions – Area 42 Committee Meeting Coco's, 1830 Arden Way Sacramento, CA

B. Teleservice Chairperson's Report

Chairperson: Devin G.



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Report by: Chairperson, Devin G.
 Designee:

Status

Teleservice Chair for 2009 is vacant
 Contacts: Carla C. (916) 519-7340 or Central Office (916) 454-1771

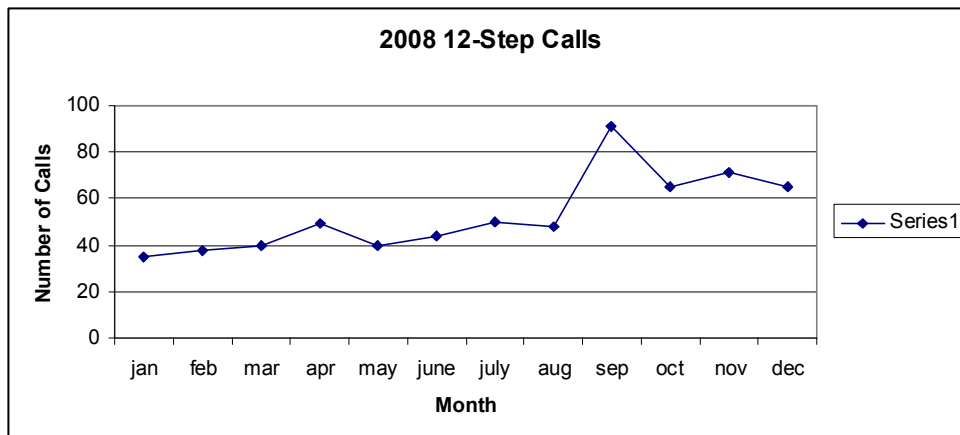
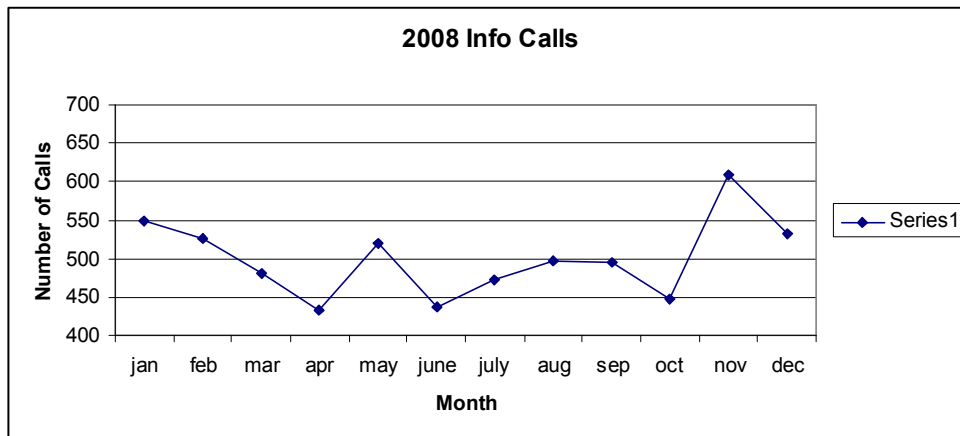
THANK YOU ALL FOR YOUR SERVICE

Calls December 2008		
Service	December	2008
12 Step	65	636
Meetings/Info	533	6,004
Total	598	6,640

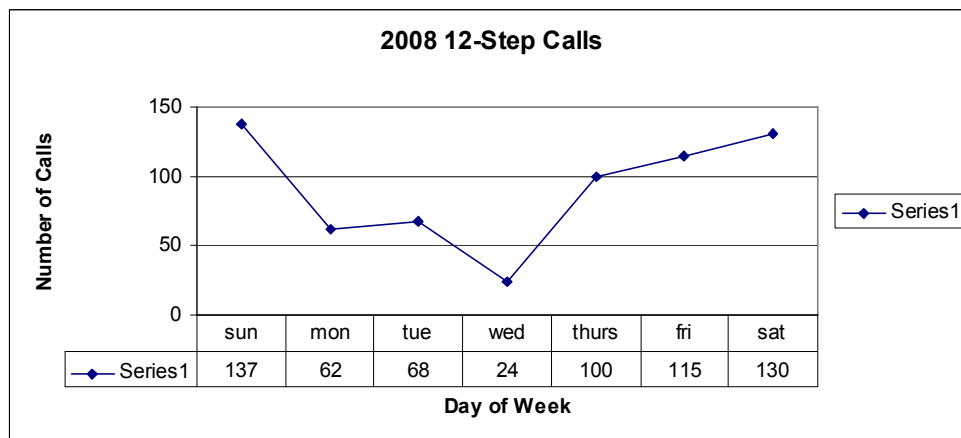
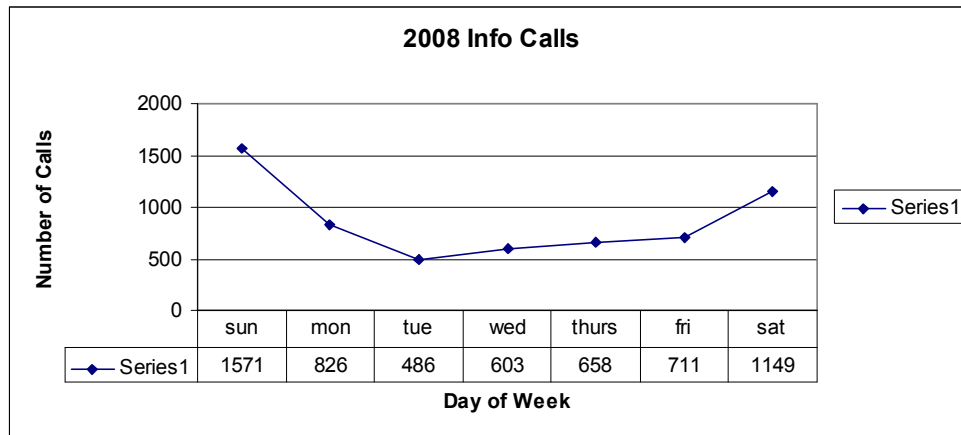
Open Shifts as of 1/17/09	
Day	Time
Monday	Shift Coordinator
Monday	Midnight to 6:00AM
Saturday	8:00AM to Noon

Substitute List	
Volunteers	Special Needs
44	None

12 Step List	
Volunteers	Special Needs
113 (49 Men/64 Women)	<ul style="list-style-type: none"> • More Spanish speakers (we have 3 identified) • 12 step men in W Sac, NW Sac, E Sac and Woodland zip codes



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**VII. Old Business**

1. Teleservice Chair open.
2. Picnic Chair open.
3. Prayer Chair and Trustee's being dropped from the Agenda.
4. Faithful Fiver's proposal discussed and will be voted on February 21, 2009 meeting.
5. PI/CPC proposal discussed. Will be voted on at the February 21, 2009 meeting.

VIII. New Business

Spring Fling Conference being held Feb. 20, 21, and 22nd. Please attend. Support requested.

IX. Closing

- The next meeting is February 21, 2008 @ 3:00 pm @ Traditional Group. New Delegate's meeting 2:00 pm.
- Motion to close, seconded, motion passes to close the meeting.
- The meeting closed at 4:50 p.m. with The Lord's Prayer.



We moved last May but we've had a few folks go to our old office so, a friendly reminder! We are located at 9960 Business Park Drive, Suite 110, in Sacramento. Thanks for supporting CCFAA!



Are you moving?
Do you have a By The Way subscription? If so, please call, email or mail to give us your new address!
(916) 454-1771
officeassistant@aasacramento.org
9960 Business Park Drive, Suite 100
Sacramento, CA 95827



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Treasurer's Report December 2008

December 2008		Dec 08	Jan-Dec 08	Budget	YTD Variance
1	Ordinary Income/Expense				
2	Income				
3	4020 · AAWS Literature Sales	6,624.15	82,218.87	91,500.00	(9,281)
4	4025 · In-House Publication Sales	1,416.74	17,892.28	20,000.00	(2,108)
5	4100 · Group Contributions	7,980.71	88,704.24	101,000.00	(12,296)
6	4110 · Anonymous Contributions	0.00	641.81	3,000.00	(2,358)
7	4120 · Birthday Contributions	200.00	2,446.00	2,000.00	446
8	4125 · Postage & Delivery Income	474.00	4,843.00	2,900.00	1,943
9	4130 · Faithful Fivers	1735.00	10,158.00	0.00	10,158
10	4440 · Interest Income	128.17	1,759.65	2,000.00	(240)
11	4460 · Picnic Revenue	0.00	10,999.66	8,500.00	2,500
	4480 · Special Events Revenue	343.41	4,942.41	0.00	4,942
12	Total Income	18,902.18	224,605.92	230,900.00	(6,294)
13	Cost of Goods Sold				
14	5000 · Literature Costs				
15	5010 · Cost of AAWS Literature Sold	4,683.12	58,990.05	65,000.00	
16	Literature Costs/Adjustment	5.60	-655.29	\$200.00	
17	Total 5010 - AAWS Literature	4,688.72	58,334.76	65,200.00	(6,865)
18	5025 · In-House Publication				
19	5030 · Paper Stock & Staples	281.08	4,901.97	3,700.00	1,202
20	5035 · Printing Equipment	431.00	5,798.02	4,500.00	1,298
21	5040 · Copy costs	914.41	6,493.39	7,500.00	(1,007)
22	Total 5025 · In-House Publication	1,626.49	17,193.38	15,700.00	1,493
23	Net Income - 5025 In-House Publication	-209.75	698.90	4,300.00	(3,601)
24	Total Cost Of Goods Sold	6,315.21	75,528.14	80,900.00	(5,372)
25	Gross Income	12,586.97	149,077.78	150,000.00	(922)
26					
27	Expense				
28	Equipment Expense				
29	5670 · Equipment Rental	23.00	651.06	725.00	
30	5765 · Equipment Repairs & Maint.	0.00	1,368.24	2,680.00	
31	5675 · Equipment Purchase	0.00	701.50	1,000.00	
32	Total Equipment Expense	23.00	2,720.80	4,405.00	-1,684
33	Insurance				
34	5680 · Worker's Compensation	418.65	924.98	1,000.00	
35	5684 · D & O Insurance	0.00	1,002.00	1,500.00	
36	5685 · General Liability	0.00	795.00	1,500.00	
37	Total Insurance	418.65	2,721.98	4,000.00	-1,278
38	Meetings/Conference Expense				
39	5620 · Manager Training	0.00	410.87	550.00	
40	5655 · Delegates Meeting	0.00	120.00	500.00	
41	5785 · Employee Travel	0.00	788.78	1,000.00	
42	Total Meetings/Conference Expense	0.00	1,319.65	2,050.00	-730



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Treasurer's Report December 2008 (cont'd)

December 2008		Dec 08	Jan-Dec 08	Budget	YTD Variance
43	Office Expense				
44	5640 · Postage & Delivery	42.46	2,354.06	3,500.00	
	5650 - Licenses & Permits	0.00	200.00	0.00	
45	5700 · Office Supplies	201.44	2,857.14	1,500.00	
	5710 - Moving Expenses	0.00	7,909.12	0.00	7,909
46	5720 · Occupancy Improvement	0.00	2,072.23	2,000.00	
47	5740 · Miscellaneous Expense	355.50	1,182.58	500.00	
48	5760 · Rent	1,692.00	16,658.32	15,500.00	1,158
49	5770 - Office/Network Software	0.00	626.89	500.00	
50	Total Office Expense	2,291.40	33,860.34	23,500.00	10,360
51	Utilities - 5770				
52	5782 · Garbage	0.00	822.09	1,000.00	
53	5790 · Gas & Electric	201.50	3,316.92	3,000.00	
54	5790 - Telephone	314.62	3,902.23	3,800.00	
55	5792 · Website Hosting	0.00	95.40	150.00	
	5796 - Security System	77.97	185.94	0.00	
56	Total 5770 Utilities	594.09	8,322.58	7,950.00	373
57	Other Committees - 6200				
58	5990 - Picnic Committee	0.00	4,260.37	4,500.00	
59	6210 - PI/CPC Expense	0.00	3,222.14	2,000.00	
60	6220 - Special Needs Committee	0.00	0.00	150.00	
61	6230 - Teleservice Committee	0.00	51.35	150.00	
62	Total Other Committees	0.00	7,533.86	6,800.00	734
63	Professional Fees				
64	5610 · Accounting	60.00	1,365.00	2,500.00	
65	5625 - Website Admin	0.00	500.00	3,000.00	
66	5630 - Network Admin	400.00	2,400.00	960.00	
67	5645 - Office Admin	0.00	666.95	4,800.00	
68	Total Professional Fees	460.00	4,931.95	11,260.00	-6,328
69	Payroll Expenses - 5400				
70	5410 · Management Salary	3,842.50	41,071.21	46,110.00	
71	5415 · Clerical Wages	4,457.97	41,444.30	27,555.00	
72	5416 · Payroll Tax Expense	481.65	7,832.29	8,000.00	
73	5470 - Retirement Benefits	150.00	600.00	1,800.00	
74	5681 · Healthcare Benefits	325.00	3,675.00	6,300.00	
75	Total 5400 · Payroll Expenses	9,257.12	94,622.80	89,765.00	4,858
76	Bad Debt Expense - 5686	0.00	-0.01	200.00	
77	Bank Charges - 5690	0.00	32.72	70.00	
	Credit Card Service Fees - 5695	49.19	557.24	0.00	
78	Total Expense	13,093.45	156,623.91	150,000.00	6,624
79	Net Income	-506.48	-7,546.13	0.00	



Trapped

A group that i have close ties with is the Riverside Group of Alcoholics Anonymous. Their meetings are held at the Federal Penitentiary in Leavenworth, Kansas.

At a recent meeting, we were discussing the Sixth Step. One of the members opened up a soft-cover "Twelve and Twelve" and there, in pencil on the inside front cover, a previous inmate had written the following:

"My character defects were hidden behind all those hurts and injustices I'd saved up through the years and which I regularly brought out and relived with all the original emotion. Not only that, I accumulated any and every new hurt--real or imagined. In fact, I took a kind of perverse pleasure from feeling sadness and self-pity. I was giving power to people who were long gone. Then I realized that these people gave me my favorite excuses for why I did what I did or couldn't do what I should have been doing. I used them to justify my actions and blamed them for my failures. Every time something went wrong in my life or I failed to live up to some responsibility, I took out the list of abuses I'd suffered and used it as an excuse. I became very adept at hiding my guilt behind these real or imagined hurts. I was a classic victim.

"The problem with blaming my frustrations and failures on what others did to me is that it kept me small. I stayed a little boy trapped in a man's body--a self-centered, selfish little boy who expected people to live up to his fantasies of them and got hurt when they didn't cater to his every want and whim.

"Although I had made a Third Step decision, I couldn't really turn my life and will over to my Higher Power because it didn't belong to me. Unknowingly, over the years, I'd turned my will over to all those people whom I felt had injured me in some way.

"Fortunately, I reached a point where I was choking on all this garbage. With the help of my Higher Power and the AA program, I chose to grow up. It was about time! I opened up that imaginary closet in my mind where I kept these well-nurtured hurts and tossed them into my past where they belonged.

"Into this newly cleaned-out space, I started storing my goals and the hopes and dreams of what I wanted to achieve in life. Now, instead of looking backward into the dreariness of my past, I'm looking forward to a bright future because I've finally taken responsibility for my life."

AA Grapevine, April 2007

Roger H. Merriam, Kansas

Faithful Fivers		96 Members as of 12/30/2008!
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Register with the Central Office as a Faithful Fiver member so you'll receive a charitable contribution receipt at the end of the year.

You can donate in any of the following ways:

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9960 Business Park Dr., Suite 110
Sacramento, CA 95827
OR
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OR
- c) Try the Preferred Method! Use your online banking bill pay to set up a recurring payment:
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Sacramento, CA 95827
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May we acknowledge you as a new member of the Faithful Fivers in our next issue of By The Way? Mark the box for yes - we use first names and last initials only.



Inquiring minds want to know...

The Ego & The AA

Self-centeredness can be the most baffling of character defects.

The pain and misery and horrible loneliness I experienced prior to my first meeting, sixteen years ago, finally convinced me of the need to honestly look at my drinking. But that battle and every one since has been hard-fought. At times it seems to take a great deal of suffering for me before I'll even acknowledge the existence of those defects of character I'm still fond of, and even more before I'll consider giving them up.

Looking back, it becomes clear to me that ego, before and since I gave up the bottle, has been the chief architect of my problems in life. Though I've not often thought of myself as an egotist (what egotist ever really does?), I begin to see the many small but dangerous ways my ego has conspired against me, and does to this day. It has every bit the power to alter my perceptions of reality that alcohol ever did — and ultimately is just as deadly, perhaps more so.

I've come to believe that even during times I think I'm trying to give God and AA a fair trial, ego truly warps my thinking and makes me only appear to be open-minded; I might search for answers, but I often go for those that bolster my own arguments, and avoid those that argue against my views, or, I search for ways to weaken those arguments.

That's why the ability to think a great deal (what I always thought of as "intelligence), with no real humility, seems to be more a liability than an asset: A "smart person has more bricks in his arguments, and can therefore more readily build the wall between himself and God. My sponsor once told me that no one is too stupid for AA — but we bury the smart ones all the time. I finally begin to see what he meant.

After all, no matter how "smart I may think I am, the reality is that the selfish side of my nature, the ego, is far smarter still, not to mention devious, dishonest, and very patient and enduring in its battle to survive. As evidence, how readily do I believe my own weak reasoning when the thing I want to do wins out in favor of the thing I ought to do?

How many times have I rehearsed an argument — I call it a "discussion — with someone before he is in the room? I've done this with sponsors, AA peers, and others I have gone to as spiritual mentors — yet the moment I ask for their help, my ego does everything it can to avoid it, giving me the "freedom to decide — knowing that if I discussed it fully, leaving nothing out, the right decision would probably reveal itself to be other than what I want?

And even knowing from experience that doing what I want eventually leads me to misery, while making the sacrifice and giving up that cherished plan eventually leads to greater joy, how many times do I still lose the argument with myself?

I've given plenty of lip service to the destructive power of ego over the years, but rarely truly examined it to understand even a portion of the full implications of that concept. It's the real secret, I believe, to the reason for hitting bottom, and the real gift behind the "gift of desperation — the momentary reduction of ego enough to finally view a glimpse of reality, and allow for the smallest portion of surrender to happen.

May I remain ever teachable, never "cured".

AA Grapevine, February 2009

Greg M., Fort Myers, Florida

Be of Service at Your Local Central Office!

Volunteers* answer the hotline from 9AM to 1PM and 1PM to 5PM Monday through Friday at the local office.

We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.

*Volunteers need a minimum of six months of sobriety to answer the hotline.



Teledesk Volunteer Sign Up

Name: _____

Address: _____

City/Zip Code: _____

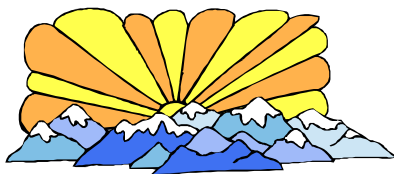
Daytime Phone: _____

Sobriety Date: _____

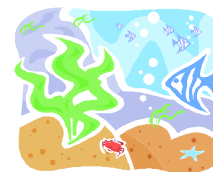
Days Available: _____

Shifts Available: _____





We found, too, that we had been worshippers. What a state of mental goose-flesh that used to bring on! Had we not variously worshipped people, sentiment, things, money, and ourselves? And then, with a better motive, had we not worshipfully beheld the sunset, the sea, or a flower? Who of



us had not loved something or somebody? How much did these feelings, these loves, these worships, have to do with pure reason? Little or nothing, we saw at last. Were not these things the tissue out of which our lives were constructed? Did not these feelings, after all, determine the course of our existence? It was impossible to say we had no capacity for faith, or love, or worship. In one form or another we had been living by faith and little else.

Imagine life without faith! Were nothing left but pure reason, it wouldn't be life. But we believed in life - of course we did. We could not prove life in the sense that you can prove a straight line is the shortest distance between two points, yet, there it was.



- The Big Book, pg. 54

Accepting Our Present Circumstances



Our very first problem is to accept our present circumstances as they are, ourselves as we are, and the people about us as they are. This is to adopt a realistic humility without which no genuine advance can even begin. Again and again, we shall need to return to that unflattering point of departure. This is an exercise in acceptance that we can profitably practice every day of our lives.

Provided we strenuously avoid turning these realistic surveys of the facts of life into unrealistic alibis for apathy or defeatism, they can be the sure foundation upon which increased emotional health and therefore spiritual progress can be built.

- As Bill Sees It, pg. 44



Yes, there is a long period of reconstruction ahead. We must take the lead. A remorseful mumbling that we are sorry won't fill the bill at all. We ought to sit down with the family and frankly analyze the past as we now see it, being very careful not to criticize them. Their defects may be glaring, but the chances are that our own actions are partly responsible. So we clean house with the family, asking each morning in meditation that our Creator show us the way of patience, tolerance, kindness and love. The spiritual life is not a theory. We have to live it.

- The Big Book pg. 83

Special Needs Committee

Hi, my name is Lynn S. and I'm the incoming special needs committee chairperson. I am looking for volunteers to help carry the message to our special needs members. I need your help. Please contact me at Central Office at 916-454-1771 or 916-534-5692.

The purpose of this committee is to help member groups carry the AA message to alcoholics with special needs and to help CCFAA and its member groups include and serve those with special needs. AA members with special needs are defined as persons who are visually or hearing impaired, have mobility challenges, are chronically ill or homebound, have limited skills, or are alcoholics who speak languages other than English. The committee provides meetings to AAs who are hospitalized, or at home recuperating.

If you have a need for a meeting and you are not sure if it's under the umbrella for special needs, please don't hesitate to call and ask. AA is always here to help you.



Group Contributions -- January 2009 (Page 1)

	Gp No	JAN	YTD
AA UNITY GP	10480		
AA WOMEN'S STEP STUDY (AUBURN)	11361	25.00	25.00
ACTION GETS IT GOING	10480		
ALL TRIBES GROUP	10483		
ARDEN MORSE GROUP	10004	150.00	150.00
AS BILL SEES IT MENS DAVIS	10397		
AS BILL SEES IT ORANGEVALE	11106		
AS BILL SEES IT PLACERVILLE	10314		
ATTITUDE ADJUSTMENT DAVIS	10547		
AUBURN DRY DIGGINS	10005		
AUBURN FWP	10006		
AUBURN OVER 50 GROUP	10010		
AUBURN WEDNESDAY Y P	11514		
BEEN THERE DONE THAT	10636		
BIG BOOK BASICS	11393		
BIG TIME SOBRIETY	10335		
BROWNSVILLE SERENITY GRP	11536		
CAMERON PARK GROUP	10019		
CAMERON PARK WOMEN'S GROUP	10372		
CAPITOL CITY MEN'S GROUP	11251	70.88	70.88
CARRY THE MESSAGE GROUP	10622	300.00	300.00
CATHEDRAL GROUP	10022		
CENACLE GROUP	11356		
CITRUS HEIGHTS AA@NOON	10467		
CITRUS HEIGHTS GROUP	10034		
CLARKSBURG MEETING	10531	500.00	500.00
COLFAX FRIENDS OF BILL	11058		
COME AS YOU ARE GROUP	10615	132.00	132.00
CORDOVA BIG BOOK STUDY	10045		
CORDOVA K.I.S.S. GROUP	10042		
CORDOVA LUNCH BUNCH	10591	40.00	40.00
CORDOVA ROAD TO FREEDOM	10590		
CORDOVA SATURDAY NIGHT	10679		
CORDOVA SERENITY SEEKERS	10352	57.50	57.50
COURAGE TO CHANGE	10053		
DAILY ATTITUDE ADJ. - FAIR OAKS	10381	408.02	408.02
DAILY DIRECTION AA	11276		
DAVIS FRIDAY NOON GROUP	10351		
DAVIS HOPE GROUP	10054		
DESTINY GROUP	11313		
DISTRICT 27			
DIXON DRY DOCKS	10530		
DIXON NO NAMES GROUP	10057		
DOBBIN'S WILD BUNCH	10058	35.00	35.00
DOWNTOWN YOUNG PEOPLE'S GROUP	11105	0.04	0.04
EAST YOLO FELLOWSHIP	10063	220.00	220.00
ELK GROVE CAME TO BELIEVE GRP	10016		
ELK GROVE FELLOWSHIP	10673	256.56	256.56
ELK GROVE GROUP	10434		
ELK GROVE POA WOMEN'S	10496	64.00	64.00
ELK GROVE SOBRIETY SISTERS	11199	79.00	79.00
ESPEE FELLOWSHIP	10064		
FAIR OAKS BEGINNERS	10072	38.00	38.00

	Gp No	JAN	YTD
FAIR OAKS MONDAY	10344		
FAIR OAKS VILLAGE GROUP	15054		
FIFTH & L GROUP	11043		
FIRST THINGS FIRST	10365		
FIT FOR LIFE	10330	256.20	256.20
FLYING BLIND BIG BOOK STUDY	11479		
FOLSOM BIG BOOK	10545	559.20	559.20
FOLSOM FRIDAY NIGHT	10501		
FOLSOM NOON NEW LIFE	10517		
FOLSOM SATURDAY MORNING MTG	10607		
FOLSOM TUESDAY NIGHT MEN'S	10371		
FOLSOM WAY OF LIFE	10557		
FOLSOM WEDNESDAY NIGHT GROUP	10078		
FOLSOM YOUNG PEOPLE	10624		
FOUR REASONS GROUP	10549		
FOURTH DIMENSION GROUP	11013		
FOX HALL (YUBA CITY)	10311	60.00	60.00
FREEDOM GROUP	10083		
FRIDAY NIGHT AA MEETING - CARM.	10623		
FRIDAY NIGHT DOUBLE A GROUP	10288	113.15	113.15
FRIDAY NITE FAMILY GROUP AA	10655		
FRUITVALE GROUP	10526	71.57	71.57
GALT FELLOWSHIP	10090	200.00	200.00
GIBBONS NOON	10668		
GOING TO ANY LENGTH GROUP	10091		
GRANITE BAY/LAKESIDE	10097		
GREENHAVEN GROUP	10109	150.00	150.00
GROUP ONE	10111	30.00	30.00
GROUP THREE	10112	950.81	950.81
HAPPY CAMPERS	10457		
HAPPY DESTINY	11065		
HAPPY HOUR RANCHO GROUP	11024		
HELPING HANDS	10671		
HIGH FLYERS	10476		
HOLY SMOKELESS	10115		
IN ALL OUR AFFAIRS	10396		
INTO ACTION	10533		
JUST AA	11622		
KEEP IT SIMPLE SPIRITUALLY	11107		
KEEP IT SIMPLE, ELK GROVE	11348	3.00	3.00
LINCOLN HILLS GROUP	11338		
LINCOLN THURSDAY NIGHT GP	10539		
LIVING SOBER WOMEN - FRIDAY	10345	17.08	17.08
LOOMIS FELLOWSHIP	10132	45.00	45.00
LOOMIS WED BIG BOOK STUDY	10681		
LOOMIS WOMEN'S STEP STUDY	11069	240.00	240.00
MAD @ KENNETH GROUP	10683		
MARYSVILLE SERENITY GP	10142		
MEN AT WORK	11016		
MONDAY NIGHT WOMEN'S STEP STUDY	10159		
MONDAY PM WOMENS (GIBBONS)	10118		
MORE WILL BE REVEALED	11629		
MOTHERLODE FELLOWSHIP	10186		



Group Contributions -- January 2009 (Page 2)

	Gp No	JAN	YTD
MYSTIC CHIX	10635		
NATOMAS GROUP	10411	239.68	239.68
NEVER ON TUESDAY	10653	453.00	453.00
NEW HOPE GROUP	10172	217.92	217.92
NEWCASTLE BIG BOOK GP	10648		
NORTH AUBURN GROUP	10656	37.55	37.55
NORTH HALL GROUP	10177		
NORTH HIGHLANDS FIRESIDE GP	10166		
NORTH SACRAMENTO GP			
NORTHERN CA WOMAN TO WOMAN	11168		
OAK TREE GROUP	10180		
OLD TIME VALUES	11627		
ONE DAY AT A TIME GROUP	10387	100.00	100.00
ORANGEVALE OPEN	10182	68.20	68.20
ORANGEVALE SAT. NIGHT GRP.	10079		
ORANGEVALE SIXTY MINUTE GP	10490		
PATHWAY TO SPIRITUALITY	10191		
PHOENIX FWP	10193		
PINE GROVE FELLOWSHIP	10651	20.00	20.00
PLACERVILLE HANGTOWN GROUP	10198		
PLACERVILLE SUNRISE ATT.	10644	125.00	125.00
PROMISES GROUP - DIXON	11510		
RAILROAD FLAT AA GROUP	11077		
RANCHERIA FELLOWSHIP	11555	40.30	40.30
RANCHO MURIETA GROUP	10609	437.51	437.51
RECOVERY PLAIN AND SIMPLE	11609		
REBELLION DOGS	10363		
RIO LINDA FELLOWSHIP	10203		
RIVER PARK RECOVERY	10553	340.00	340.00
RIVER PINES AA	10955		
ROCKLIN FWP	10677		
ROCKLIN RACETRACK GP	10436		
ROLOFF TO RECOVERY MEN'S	10435		
ROSEVILLE 5TH STREET FWP	10465		
ROSEVILLE MONDAY NITE FWP	10208		
ROSEVILLE TUESDAY NIGHT	10215		
ROSEVILLE TUESDAY NIGHT 12&12	10646		
ROUND TABLE GROUP	10217		
RULE 62	11083	125.00	125.00
SACRAMENTO DOWNTOWN MEN	10640		
SACRAMENTO MONTHLY SPEAKER	15028		
SACYPAA	10647		
SATURDAY E.D.I.	10527		
SATURDAY MORNING REFLECTIONS GRP	11110		
SECOND CHANCE GROUP	10494		
SERENDIPITY AS BILL SEES IT	11111	150.00	150.00
SERENITY BOOK & STEP STUDY	10613		
SERENITY LUNCH GROUP	10233		
SHARING & CARING FWP	10222		
SIERRA PINES	10687		
SIERRA STEP SISTERS	10678	8.75	8.75
SIERRA WEDNESDAY AM GP	10224		
SIMPLY AA	11335		

	Gp No	JAN	YTD
SISTERS IN SERENITY	10540	120.00	120.00
SISTERS OF SOBRIETY	10665	49.00	49.00
SIXTY MINUTE SOLUTION GROUP	10500	60.96	60.96
SOBRIETY SPEAKS	11567	40.00	40.00
SOUTHPORT SERENITY	10627		
SPIRITUALLY SPEAKING GROUP	10238		
STEPS TO PEACE	11109	100.00	100.00
STIX CHIX-PLACERVILLE	11630	42.00	42.00
STRAIGHT MEN'S GROUP	10259		
SUNDAY MORNING SERENITY	10504	287.06	287.06
SUNDAY NIGHT MENS MEETING	10475		
SUNDAY NIGHT RECOVERY HOUR	10261		
SUNDAY REFLECTIONS	11362		
SUNRISE SPEAKER MEETING	10262		
SUNSET HAPPY HOUR WOMEN	10267	96.00	96.00
SUNSET SATURDAY	10266		
SUNSET WEDNESDAY WOMEN 11AM	10273		
THANK GOD IT'S SMOKE FREE	10487		
THE OTHER MEETING	11526	20.00	20.00
THREE LEGACIES GROUP	10280		
THURSDAY NIGHT MEN'S GROUP	10281		
TIME TO START LIVING	11103		
TOO YOUNG	10682		
TRADITIONAL GROUP	10283		
TRADITIONS & CONCEPTS MTG	11706	25.00	25.00
TUESDAY MIDTOWN GROUP	11515		
TUESDAY NIGHT BEGINNERS	10459		
TUESDAY NIGHT BYOB AUBURN	11640		
TUESDAY NIGHT CARMICHAEL	10285		
TUESDAY NIGHT GRP-PLYMOUTH	11327		
TWELVE BRIDGES STEP STUDY	11543		
TWELVE STEP TO SOBRIETY	10971		
VALLEY SPRINGS FELLOWSHIP	11093		
WE CAN FRIDAY NIGHT GP	10660		
WE CARE GROUP	10293	50.00	50.00
WEDNESDAY NIGHT 12X12 BK STDY	11176		
WEDNESDAY WOMEN'S STEP STUDY DAVIS	10067		
WELCOME GROUP	11415	141.23	141.23
WHAT A WAY TO START A WKND	10296		
WHITE FLAG MEN'S GROUP	10299		
WILLING WOMEN	11469	79.83	79.83
WINTERS KITCHEN TABLE	10304	92.00	92.00
WOMAN FOR WOMAN	10227		
WOMEN IN RECOVERY	11104	23.99	23.99
WOMEN OF EXTRAVAGANT PROM.			
WOMEN ON WEDNESDAYS	11806		
WOMEN UNDER CONSTRUCTION	10309		
WOMEN'S CLOSE KNIT GROUP	10534		
WOMEN'S STEP STUDY II GROUP	10489		
WORKING THE STEPS GROUP	11554		
WOODLAND TRADITIONAL GROUP	10650	85.00	85.00
ZINFANDEL & CORDOVA LANE GROUP	11047		
		7,804.88	7,804.88



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One way that members have been expressing their gratitude is by sending a donation to Central Office as their birthday approaches. You may send a dollar for each year or whatever you can afford.

If you feel that you would like to make this donation, please fill out the information below and return it to CCFA, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827.

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