Central California Fellowship of Alcoholics Anonymous

By The Way

9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org

May 2010

In this Issue!

Master Calendar	2-3
Speaker Meetings	4
Group News	4-5
Special Events	6
Birthdays	7-9
Book of Month.	12
Word Search	13
Minutes.	14-25
Tool Box	26
Group Contributions	30-31

In Honor of the Fallen

THE INSANITY OF ALCOHOLISIM

The INSANITY of alcoholism is NOT the goofy behavior that people exhibit when they are drunk. Everyone who ingests enough alcohol will act goofy.

The insanity of alcoholism is the alcoholic's persistent return to alcohol in the face of overwhelming evidence that it is destroying his or her life, over and over again.

There are some in our fellowship of AA who have serious mental problems, but most of us joke about how "insane" or crazy or "goofy" we are or have been, when what we really are talking about is our emotional immaturity, our impulsiveness, our lack of self discipline...our character defects if you will. Most of us would have a hard time describing many of our thoughts and actions as being insane. In fact, in some areas of life, we may exhibit a high degree of sanity.

However, there is something about the way we perceive the world around us that has always caused us a great deal of discomfort in simply living our lives.

Cont'd on Pg 27

Building an Arch

Step Five - Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

I first heard about Step Five from my sponsor. He had recently taken his. It didn't sound like fun. Not being one to suffer alone, my sponsor's immediate reaction to his own "spiritual house cleaning" was to launch me upon a Fourth step. He wanted to give away what he'd received. I thought, "What happened to 'this is a selfish program'?"

Step Four took a very long time. At all of it I balked. I thought I could find an easier, softer way, but I could not. With all the earnestness at his command, my sponsor became cunning, baffling, and powerful, constantly reminding me that half measures availed me nothing. I hated him.

The day finally came when even *I* had to admit that I'd completed Step Four to the best of my ability. That's what had me so upset. The best of my ability didn't look so hot in those days. I called my sponsor to tell him I'd finished, expecting to take a six-month to one-year sabbatical from the Steps after this arduous trek into my life. That's when he lowered the boom. "Great," he said. "The best time to take the Fifth Step is right after you finish the Fourth. Meet me at my home tomorrow at six."

Son of a gun! Who do you think you are? I thought, but aloud, I said, "Oh--kay, I'll be there."

Cont'd on Pg 29

Central Office Closed

Saturday, May 29th thru Monday, May 31st for Memorial Day

Deadline Dates for Submissions

Month	Flyers	By The Way
May 2010	Monday 5/10	Saturday 4/15
June 2010	Thursday 6/10	Tuesday 5/15
July 2010	Saturday 7/10	Thursday 6/15
August 2010	Tuesday 8/10	Sunday 7/15
September 2010	Friday 9/10	Wednesday 8/15
October 2010	Sunday 10/10	Friday 9/15
November 2010	Wednesday 11/10	Monday 10/15
December 2010	Friday 12/10	Wednesday 11/15

All submissions need to be in by 5:00PM.

Central Office Volunteer Service

Central Office would like to have volunteers arrive at 9:30AM on the above dates. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings. Please call (916) 454-1771 to let us know you plan to attend.

Month	Flyers	By The Way
May 2010	Tuesday 5/11	Tuesday 6/1
June 2010	Friday 6/11	Wednesday 6/30
July 2010	Monday 7/12	Friday 7/30
August 2010	Wednesday 8/11	Tuesday 8/31
September 2010	Monday 9/11	Thursday 9/30
October 2010	Monday 10/11	Friday 10/29
November 2010	Friday 11/12	Wednesday 12/1
December 2010	Monday 12/13	Friday 12/31

The staff at Central Office makes every effort to get your information published correctly. Help us by submitting your information on time, formatted correctly and, whenever possible, accurate the first time around. Check the newsletter and website to insure your group/meeting information is correct and up-to-date. Please let us know of any updates and changes that might effect the information we pass on to those seeking help.

Be of Service at Your Local Central Office!

Volunteers* answer the hotline from 9AM to 1PM or 1PM to 5PM Monday through Friday at Central Office.

We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.

*Volunteers need a minimum of six months of sobriety to answer the hotline.

Annual CCFAA Picnic!

The Annual CCFAA Picnic will be held August 15, 2010 at Elk Grove Park. Three baseball fields have been reserved. Want to be involved in planning the event of the season? If so, the Picnic Planning Committee will be meeting on Friday evenings at 6:00PM on the following dates: May 14th, June 18th, July 16th and August 13th. The meetings will be held at Central Office. For more info, call Casey K. at (310) 748-6939.

2010 Central Office Closures

HOLIDAY	DATE	DAY
Memorial Day	May 31st	Monday
Independence Day	July 5th	Monday
Day After Picnic	August 16th	Monday
Labor Day	September 6th	Monday
Veterans Day	November 11th	Thursday
Thanksgiving Day	November 25th	Thursday
Day After Thanksgiving	November 26th	Friday
Christmas Holiday	December 24th	Friday
Floating Holiday	December 27th	Monday

H O P E = **H**ang **O**n! **P**eace **E**xists.

Group Delegates

Please let us know who you are so we can send your group a **FREE** copy of By The Way and the flyer mailing each month. *We want to be sure we have up-to-date info about your meeting location, day, time, and format.* **CCFAA is here to be of service to you and your group.**

OPEN SHIFTS/POSITIONS

Volunteers are needed for these shifts:

Check the website : www.aasacramento.org for up-to-date shift openings.

12-Step Work

Teleservice is looking for reliable people to do 12-step work when called upon. Please contact Central Office if you want to make yourself available to do 12-step work. We have a waiting list for those folks interested in doing service work. To make yourself available for an open shift on the Teledesk, place your name on the shift waiting list by calling Central Office at (916) 454-1771. Please contact Central Office at (916) 454-1771 or Carla at (916) 519-7340 for more information.

PI/CPC Needs You!

Monthly meetings will be held every 3rd Monday from 7:00PM to 9:00PM in the Citrus Heights Police Dept. Community Meeting Room, 6315 Fountain Square Drive off Greenback.

Service Opportunities at CCFAA!

We need volunteers to help with the assembly of the flyer mailing on
Tuesday, May 11th at 9:30AM.
We also need volunteers to help with the assembly of the By the Way mailing on Tuesday, June 1st at 9:30AM.

H&I Monthly Meeting

3rd Thursday, at 6PM
Coco's Restaurant, 1830 Arden Way, Sacramento

CCFAA Delegate's Meeting

Saturday, May 15th
New Delegates 2:00PM
All Delegates 3:00PM
2625 Alta Arden Expy- Sacramento 95825

Office Operations Committee

Tuesday, May 11th at 6:00PM at Central Office, 9960 Business Park Dr. Suite 110, Sacramento, CA 95827

CNIA

AREA POST-CONFERENCE ASSEMBLY

May 15-16, 2010

Fresno, CA

See website for details:

www.cnia.org

NEW YOUNG PEOPLES COMMITTEE

YP PI/CPC COMMITTEE

Monthly meetings will be held every 2nd Saturday of the month at Peet's Coffee (inside the Raley's) .
8870 Madison Avenue, Fair Oaks
(Corner of Hazel & Madison)
7PM

By The Way *is published monthly by the Central California Fellowship of Alcoholics Anonymous, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is $12.00 per year. Opinions, letters, and stories printed in By The Way are not to be attributed to Alcoholics Anonymous, the Central California Fellowship of Alcoholics Anonymous or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.*

Teleservice Activity Report March 2010

Teleservice	Mar.	YTD
12 Step	96	221
Meetings/Info	552	1562
Total Calls	648	1783

Teledesk Activity Report March 2010

Teledesk	Mar	YTD
12 Step	17	43
Meetings/Info	745	2053
Total Calls	762	2096

July 1-4, 2010

For details visit:

www.aa.org

NCCAA 63rd Annual Summer Conference 2010

June 11,12,&13 , 2010

San Jose, Ca

Parkside Hall

180 Park Ave

San Jose, CA

Register online at www.ncc-aa.org

WEEKLY SPEAKER MEETINGS

CAMERON PARK GROUP ~ WHEN: Every Saturday, 8:00PM to 9:30PM. WHERE: Light of the Hills Church, 3100 Rodeo Dr., Cameron Park. Last Saturday is Birthday Night. May 1 Tom H. Traditional; May 8 Tinna M.4th Dimension Big Book; May 15 Celebrate 29th Anniversary at 6:30pmDessert, 8:00pm meeting Kathie T. Folsom Saturday Morning ; May 22 Shane K. Hi Flyers; May 29 Eddie A. El Dorado Hills Group.

FOLSOM WAY OF LIFE GROUP ~ WHEN: Every Thursday, 7:00PM. WHERE: Journey Church, 450 Blue Ravine Road, Folsom.

ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN: Every Saturday, 8-9:30PM. **WHERE:** 315 Lincoln St., Roseville. This month's speakers are: May 1--Enid R. May 8 --M Jean. May 15th--TBA. May 22--Sean M., May 29 TBA.

SUNRISE SPEAKER MEETING ~ WHEN: Every Sunday from 11:00AM-12:00PM. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael. We have local speakers who inspire and inform. All are welcome.

MONTHLY SPEAKER MEETINGS

ACTION GETS IT GOING: ~ WHEN: Last Sunday of the month. **WHERE:** St. Paul's Episcopal Church, 1430 J St. (at the corner of 15th and J in downtown Sacramento).The last Sunday is also birthday night, with one 10-minute speaker and one 20-minute speaker.

AUBURN FELLOWSHIP ~ WHEN: Every third Saturday at 7:30PM. **WHERE:** 228 Palm Avenue Auburn, CA 95603.

DAVIS HOPE GROUP ~ WHEN: First Saturday of each month at 7:00PM. **WHERE:** St. Martin's Church ,640 Hawthorne at Sycamore, Davis.

ELK GROVE FELLOWSHIP ~ WHEN: 3rd Saturday of every month. Potluck at 6:30 PM and Speaker at 8:00 PM **WHERE:** Native Sons Hall 9151 Grove St., Elk Grove; corner of Kent and Grove Streets.

GALT FELLOWSHIP ~ WHEN: 1st Saturday of every month. Dinner: 6:00 p.m. Speaker Meeting: 7:00 p.m. Group supplies main course; bring a side dish or just yourself and some friends and join us! Located at 169 4th St., Galt. Call 209-745-1525 for more info. May 1st: Mexican Food, Speaker-Chester M. Manteca CALL (209) 745-1525 FOR MORE INFORMATION.

GROUP ONE ~ WHEN: Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St., Sacramento.

GROUP THREE~WHEN: Third Saturday of the month at 8pm. WHERE: 8760-D La Riviera Drive, Sacramento (Behind the Jack-in-the-Box.) May 15 Speaker -James W. Folsom- Sandy E. Group 3.

HOPE AND SERENITY ~ UC Davis Cancer Center, 4501 X Street, Sacramento. Parking $2.50 (UCD required). Groups interested in hosting a meeting please contact Millie F. at (916) 802-1463.

MIDTOWN SOLUTIONS ~ WHEN: Last Saturday of the month at 7:00pm to 8:15pm. **WHERE:** 2903 30th Street (near Franklin Blvd. and 4th Ave).

NEW HOPE GROUP ~ WHEN: Last Saturday of every month 7PM. **WHERE:** St. Francis Episcopal Church 11430 Fair Oaks Blvd.

NORTH HALL GROUP ~ WHEN:8:00 pm, **WHERE:**3501 2nd Ave., Sacramento Saturday, May 15th 20min speaker, Jesus P. and 40min speaker David W.

NORTH SACRAMENTO GROUP ~WHEN: First Saturday of the month, 8:00 pm, at 2330 Fairfield St., Sacramento.

ROSEVILLE 5TH STREET FELLOWSHIP ~ Last Friday of the month, 8:00 pm, at the Roseville Alano Club, 111 5th St, Roseville, CA.

SACRAMENTO MONTHLY SPEAKER MEETING ~ Second Saturday of every month at 8:00 pm at the Centennial Methodist Church, 5401 Freeport Blvd., Sacramento, Please join us for dinner with the speaker & committee @ Marie Callender's on Freeport @ 6:00 PM. Please RSVP for the dinner by leaving a message for Tom P. at 916-798-1663 (include your phone number and number of guests.) May 8 - TBA; June 12 - James T. Auburn.

SACYPAA: ~ WHEN: Fourth Saturday of the month, 8:00 pm,**WHERE:**St Marks United Methodist Church 2391 St. Marks Way, Sacramento. There will be a game night following the speaker meeting. Bring your favorite games (board, cards, etc.). For directions or more information, visit www.sacypaa.org or call Jessica D.(916)871-9449 or Trent P. (530)-320-7522.

TRADITIONAL GROUP ~ WHEN: Last Sunday of each month at Noon. 10 min. speaker, is Carlos F. Traditional and the main speaker is Dan B. Fox Hall Yuba City **WHERE:2625 Alta Arden Exp way.**

WE CARE GROUP~ WHEN: Sunday , May 23rd at 7:00pm at 5301 Dewey Drive Fair Oaks . Speaker is Milton B. San Jose.

GROUP NEWS

UPDATES & CHANGES

AA UNITY GROUP ~Has moved to a ***new meeting location*** with new meeting start times: Wyndham Building 2nd Floor conf. Room 5 7300 Wyndham Drive Tuesdays and Thursdays 7:00pm to 8:30pm, Open meeting Non smoking Wheelchair accessible

COLFAX BIG BOOK STUDY~ .*CLOSED*. This meeting is removed from the schedule.

GROUP ONE~ Has added a Sunday Step-study Meeting at 7:00am, and CLOSED Meetings Fridays at 10:00pm, and Saturdays. at 9:00pm

NEVER ON TUESDAYS~ Has moved to 2804 T street Monday- Friday at 6:30am.Open meeting, Non smoking.

NORTH SACRAMENTO GROUP~ Has added a meeting on Wednesdays at 5:00pm,Open meeting, Non smoking .

OAKPARK FELLOWSHIP GROUP~ Has changed meeting times on Mondays and Wednesdays to 7:00pm,Open meeting Non smoking Wheelchair accessible.

SUNDAY MORNING SERENITY:~Has moved to 9120 Elk Grove Blvd, Elk Grove. Sundays at 9:00am Open meeting, Non smoking.

UPDATES & CHANGES

Cordova KISS Group to Tuesday Cordova KISS Group: 6:30pm & 8:00pm One hour, No Smoking, Wheel Chair Access. 6:30pm no longer a study meeting.

SISTERS IN SERENITY MEETING: Has found a new location at 2218 E Street (River City Recovery House). This is a one-hour, open women's meeting on Wednesdays at 7pm except the third Wednesday of each month. No parking allowed on E Street or side streets. Please park down the street at Rite-Aid.

WOODLAND WEDNESDAY WOMENS GROUP: New address: 620 North St., Woodland, 5:30 - 6:30 pm.

NEW GROUPS & MEETINGS

BUILDING D GROUP: NEW MEETING at 1100 Blue Ravine Rd., Building D, Folsom, CA 95630. Open, Study Meeting/ No Smoking/ One Hour/ Wheel Chair Access; Saturdays at 7:30 AM.

GODS MIRACLE IN DUNNIGAN: NEW MEETING at 5130 County Road 99W, Country Fair Estates, Dunnigan, CA 95937. Open Meeting/ No Smoking/ One Hour/ Wheel Chair Access; 1st, 3rd and 5th Tuesdays at 6:30 PM and Thursdays at 1:00 PM.

GNO – GIRLS NIGHT OUT: NEW MEETING at 5645 Rocklin Road, Loomis, CA 95650. Open Meeting/ Women Only; Mondays at 6:30 PM.

GOOD BOOK/BIG BOOK SOLUTION SEEKERS: 2401 Olympus Dr., Valley Springs Church, Roseville. . Sunday, 7:00 pm, Open, Big Book Study.

LAND PARK MENS MEETING~ NEW MEETING at Holy Spirit Church, 3159 Land Park Drive , Sacramento, CA 95818, Closed Meeting , One hour, Men Only, Non smoking, Wheel Chair Access, Sundays at 7:00pm.

LAST HOUSE ON THE BLOCK~ NEW MEETING at Grace Lutheran Church, 2201 Benita Way, Rancho Cordova, CA 95670 Open Meeting One and half hour, Friday at 8:00 pm.

NEWCASTLE SUNDAY ~ 410 Buena Vista Ave., United Methodist Church, Sunday @ 3:00 pm.

NORTH HIGHLANDS FIRESIDE~NEW MEETING 6201 Hillsdale Blvd, Sat at 7:00pm Open Meeting, Non smoking.

POWERLESS OVER ALCOHOL WOMENS GROUP~ NAME CHANGE FROM P.O.A. at Kaiser South Wyndham Bldg, 7300 Wyndham Way, Conf Room #2, Sacramento, CA 95823, One hour, Non smoking, Wheel Chair Access Thursdays at 6:30pm.

RANCHO MURIETA WOMEN'S GROUP ~ NEW MEETING .Saturdays at 9 AM. Location change: 15160 Jackson Rd (Community Services Bldg). Closed Meeting/ Women only/ One Hour.

SATURDAY NIGHT SERENITY MEDITATION ~ NEW MEETING at Greenhaven Lutheran Church, 475 Florin Rd., Sacramento, CA 95831. Open Meeting/ One Hour; Saturdays at 5:00 PM.

THE FELLOWSHIP OF THE SPIRIT~ NEW MEETING at Parkside Community Church , 5700 So. Land Park Drive, Sacramento, CA 95822. Open Meeting Two Hours-Saturdays at 6:30pm.

UNITY GROUP: NEW MEETING at HUB Alano Club, 518 12th Street, Marysville, CA .Open Meeting/No Smoking ; Monday thru Friday at noon.

GROUP ANNOUNCEMENTS

11TH STEP MEDITATION MEETING ~ Meets on Wednesday nights at 6PM at Sunlight of the Spirit Books & Gifts, 2314 J St., Sacramento 95816. This is an open, non-smoking, wheel-chair-accessible meeting.

12 & 12 Book Study~ Meets Tuesdays at The First Church of the Nazarene 1301 Main Street Roseville. Fellowship at 7pm, meeting is from 8pm-9pm. This is a closed weekly study group, wheel-chair accessible. We study a step each week and tradition the last Tuesday of the month. Awesome meeting. Newcomers wanted and are welcome! We hope to see you there.

ACTION GETS IT GOING ~ St. Paul's Episcopal Church, 1430 J St. (at the corner of 15th and J in downtown Sacramento). Our meetings are open, non-smoking, wheelchair accessible, and an hour and a half. We meet Sundays at 7PM (3rd Sunday is a speaker meeting), Tuesdays at 8PM (a 12&12 Study), and Fridays at 8PM (Big Book Study).

AS BILL SEES IT WOMENS MEETING ~ One of the oldest meetings in Sacramento, needs support!! Join us for recovery & fellowship Sundays 2:00 pm at Sunset Club, 5809 Gibbons Dr., Carmichael.

AUBURN FELLOWHIPS ANNUAL UNITY DAY~Planning meetings for Unity Day will be the second Sunday of each month leading up to Unity Day from 1-2pm. Please join us Sunday , April 11th and May 9th . Contact Trish at (530)613-5251.

BY THE GRACE WOMENS GROUP ~Meets on Saturday at 7:30am **at** United Methodist Church, 2101 Zinfandel Dr. Rancho Cordova, CA 95670.

FEARLESS AND THOROUGH GROUP ~ A one-hour book study with help from the Joe and Charlie tapes. Same time and place – new name, new energy. Sundays 6:00PM to 7:00PM at Serna Village, 5836 Dudley Blvd. (34th Street), McClellan Business Park (N. Highlands). Open to all – J.P. and Tom D. welcome you!

FRIDAY LUNCH BUNCH ~ Open, one hour, non-smoking meeting at noon on Fridays at the American River Alano Club, 9346 Greenback Lane, Suite 8, Room A, Orangevale.

GALT FELLOWSHIP ~ Birthdays are celebrated on the last Saturday of each month. We have 20 regularly scheduled meetings listed in the directory, all one hour, no smoking. Call our 24 hr. answering service at 209-745-1525 for further info.

MONDAY NIGHT CLUB GROUP ~ We meet every Monday night at 7PM, St. Paul's Episcopal Church located at 1430 J. Street. We are a one hour, wheelchair accessible meeting in the portable behind the church on 15th Street. Birthday night is the last Monday of the month.

NUMBER ONE OFFENDERS~ We Desperately Need Your Support! Saturdays at 11:00am one hour, open meeting. South Natomas Community Center , 2901 Truxel Road in Natomas.

... MORE ANNOUNCEMENTS

PATHWAY TO SPIRITUALITY ~ Has a closed women's meeting on Thursdays in downtown Sacramento at 5:30PM (changed from an hour and a half meeting to an hour meeting). 2529 K St., Sacramento.

RIO LINDA FELLOWSHIP ~ We meet at Calvary Lutheran Church, 515 L St. at 5th St.; Tuesday: 7:00 pm; Wednesday, 7:30 pm; Friday, 7:00 pm, and Sunday, 6 pm. All open and one-hour.

ROSEVILLE FELLOWSHIP MONDAY NIGHT GROUP ~ Needs support! We meet every Monday night 7:00PM to 8:00PM at 10020 Foothills Blvd., Roseville 95747.

ROUND TABLE AA GROUP ~ meets every Monday night, 8:00-9:00 pm, at St. Andrews Episcopal Church at 7850 Watt Ave. in Antelope, CA. It is a non-smoking, open meeting with wheel-chair entrance.

SATURDAY MEDITATION~ meets at Greenhaven Lutheran Church at 6:30pm.

SHOEMAKERS GROUP ~ The address for the Shoemakers Group that meets Sundays at 11AM in Grass Valley is now 155 Glasson Way (at Sierra Nevada Memorial Hospital).

SPIRITUALLY SPEAKING GROUP ~ Meets every Sunday from 5:30PM to 6:30PM at Kaiser Hospital located at Cottage Way at Morse Ave. This is a Closed Daily Reflections meeting that meets in the conference room next to the cafeteria in the basement.

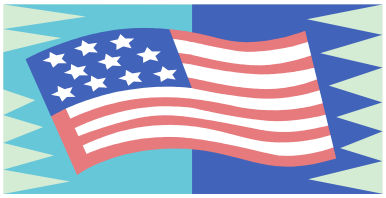
STUDENTS OF SOBRIETY: Meet every Wednesday from 4:30PM to 5:30PM in Mendocino Hall, Room 1032 (while the semester is running).

THE OTHER MEETING meets in Folsom every Saturday, 7:00 pm, at Oak Hills Church, Rm. B1 (in the portable building), 1100 Blue Ravine Road, Folsom, CA 95630, at the corner of Blue Ravine and Oak Ave. Please join us for a Step Study Meeting of Alcoholics Anonymous.

TURNING POINT GROUP: "***We need your support***!" 20-yr old group meets on Wednesday-5:30-6:30 p.m. in Deterding Park Activities Room, 1415 Rushden Drive, Sacramento.

WE CARE GROUP: invites you to come by and visit us any Sunday evening from 7-8:30pm at Living Hope Church, 5301 Dewey Drive (corner of Palm Ave.), Fair Oaks.

WHAT A WAY TO START A WEEKEND: Saturday Open Women's Meeting New timeframe: 10:00-11:30 a.m. Location: 9849 Fair Oaks Blvd Youth Hall, Fair Oaks United Methodist Church.



SPECIAL EVENTS

MAY 2010

ELK GROVE FELLOWSHIP: History Workshop, Sun. May 9th at 10:00 am at Native Son's Hall, 9151 Grove St., Elk Grove, CA. Discussion on the background and history of those who inspired the founders.

ELK GROVE FELLOWSHIP 8 year Anniversary Potluck & Speaker Meeting: 8 year Anniversary Potluck & Speaker Meeting, Sat. May 15th at 6:30pm Speaker 8:00pm Leslie K. Modesto. at Native Son's Hall, 9151 Grove St., Elk Grove, CA.

RANCHO CORDOVA FELLOWSHIP: " Springtacular 2010 "May 8th at United Methodist Church, 2101 Zinfandel Drive Rancho Cordova, Ca, at 6:30pm-9:30pm Bring the family for some fun, food and Fellowship.

REBELLION DOGS GROUP: Mother's Day Potluck Alkathon-Sunday, May 9 at 9:30am-2:30pm, Hagginwood Park Community Center,3271 Marysville Blvd. Open 1hr meetings at 10:00am,11:30am and 1:00pm. Contact Mary S. 916 643-3584

JUNE 2010

AUBURN FELLOWHIPS ANNUAL UNITY DAY: Saturday, June 5, at The First Congregational Church in Auburn Ca from 12:00-9:30pm. YP meeting at 4-5pm, Main Speaker 7pm.

39th ANNUAL H & I CONFERENCE: June 4-6, "Recover in Action" H&I Conference, San Ramon ,CA.

66th yr ANNIVERSARY NORTH SACRAMENTO GROUP: June 5, Potluck at 4:00pm, speaker Meeting at 8:00pm Ed C. Freedom Group, and Cavi Simply AA.

GROUP THREE: 65th Anniversary Celebration, June 19 at 5:00pm at La Sierra Community Center, 5325 Engle Rd. Carmichael, Ca . Doors open at 5:00pm, Dinner:5:30pm, Meeting: 7:00pm, Raffle & 50/50 drawing Free Dance 9-11Pm. Speaker Patty O. Laguna Niguel.

NATOMAS GROUP: We're celebrating our 22nd Anniversary! Join us in celebration and fellowship for a potluck, picnic and speaker meeting on Sunday, June 6th, from 12PM to 4PM at Natomas Oaks Park (2230 River Plaza Drive, off I-5 and Garden Highway, across the road from Chevy's on the River). Bring your favorite meat for the grill, a favorite dish, salad or dessert. We'll provide the basics (hot dogs, hamburgers, condiments, and beverages). Bring a blanket/chair and games; and Children are Welcome!

SANTA CLARA COUNTY AA: 1st Annual Founder's Day-June 4-6 at Baylands Park, Sunnyvale. Special presentation by Gail L (former A.A. Archivist from Akron, OH) The Writing of the Bid Book and the History of A.A. in Akron. This Presentation includes Photos and Memorabilia From the Akron Archives.

ORANGEVALE OPEN

Randy L. 12 yrs
David C. 10 yrs
Alicia K. 8 yrs
Jody M. 6 yrs
Nick L. 3 yrs
Rick E. 3yrs
Barbie V. 2 yrs
Linda O. 1 yr

BY THE GRACE WOMENS GROUP

Amy T. 28 yrs
Yolanda M. 8 yrs
Cheryl W. 5 yrs

CITRUS HEIGHTS GROUP

Bill S. 18 yrs
Dave S. 4 yrs
Greg B. 3 yrs
Joshua J. 1 yr
David D. 1 yr
Shonda R. 1 yr

CORDOVA SERENITY SEEKERS

Jerry K. 35 yrs
Doug B. 22yrs

COURAGE TO CHANGE

John T. 32 yrs
Bill C. 18 yrs
Dorie H. 12 yrs
Cathy C. 4 yrs

DAVIS FRIDAY NOON GROUP

Shorty G. 36 yrs
Elizabeth S. 24 yrs
Laurie H. 21 yrs

EAST YOLO FELLOWSHIP

Zeb F. 27 yrs
Oscar C. 26 yrs
Tracy G. 25 yrs
Jerry B. 24 yrs
Pat C. 24 yrs
Steve W. 20 yrs
Linda P. 14 yrs
Mary H. 14 yrs
Olive M. 13 yrs
Robert G. 9 yrs
Tim G. 8 yrs
Carl G. 8 yrs
Earl S. 8 yrs
Guy P. 8 yrs
Beth A. 6 yrs
Jerry W. 6 yrs
David K. 5 yrs
Heather S. 5 yrs
Paula W. 4 yrs
John S. 4 yrs
Duncan C. 3 yrs
Paul T. 3 yrs
DeAnna H. 3 yrs
John G. 2 yrs
Bryan R. 2 yrs
Daniel M. 1 yr

Birthday Club

JANUARY

Matthew S. 15 yrs

APRIL

Teresa W. 9 yrs
Kimberly Q. 5 yrs

MAY

Amy T. 28 yrs
Jean D. 21 yrs
Julia H. 10 yrs
Kimberly F. 9 yrs
Pauline D. 8 yrs

ELK GROVE FELLOWSHIP

Betty K. 21 yrs
Kiki M. 19yrs
Barbara L. 9 yrs
Dick L. 11 yrs
Renee P. 8 yrs
James L. 6 yrs
Fabian M. 6 yrs
Billy G. 5 yrs
John F. 5 yrs
Hyman D. 1 yr
Robin D. 2 yrs
Laura K. 1 yr
Darren S. 1 yr
Matt P. 1 yr
Rob C. 1 yr

GALT FELLOWSHIP

Nancy K. 38 yrs
Greg F. 22 yrs
Alfredo M. 7 yrs
Kimberly F. 9 y rs
Floyd W. 2 yrs
Al P. 1 yr
Rick K. 1 yr

GIBBONS NOON

Susan S. 29 yrs
Richard G. 14 yrs
Marta S. 9 yrs
Ken Y. 5 yrs
Skip K. 4 yrs
Geno B. 3 yrs
Laurie S. 4 yrs
Jay Z. 3 yrs
Jeremy U. 1 yr
Layfayette U. 1 yr

GREENHAVEN GROUP

Arturo 39 yrs
Mike B. 34 yrs
Gill H. 24yrs
Ross K. 15 yrs
Mike E. 10 yrs
Dave D. 8 yrs
Robert G. 9 yrs
Lorraina 4 yrs
Bobby C. 2 yrs
Sheila L. 2 yrs
Jessica O. 2 yrs
Tammy J. 2 yrs
Nicole F. 2 yrs
Dionne D. 1 yr
David C. 2 yrs
Charlsey 1 yr

GROUP ONE

Jerry B. 24 yrs
Chris H. 18 yrs
Mark C. 14 yrs
John C. 8 yrs
Bill H. 11 yrs
Ernest B. 4 yrs
Mike "Cisco" 3yrs
Crystal H. 3yrs
Dean R. 3yrs
Felix R. 2 yrs
Toni D. 3yrs
Selwyn N. 2yrs
Larry D. 2yrs
Tina B. 2yrs
Mandi H. 2yrs
Brian G. 2yrs
Lindi S. 2yrs
Traci B. 2yrs
Dennis O. 2yrs
Sarah P. 2yrs
Lyly 1yr
Tracy B. 2yrs
Mitchell S. 1yr
David S. 1yr
Steve S. 1yr
Keith S. 1 yr
Zechariah 1yr
Dustin H. 1yr

GROUP THREE

Frank G. 33 yrs
Judie H. 27 yrs
Tom W. 17 yrs
Marcia H. 25 yrs
Kirk B. 11 yrs
David B. 7 yrs
Ed K. 4 yrs
Zach W. 6 yrs
Brian M. 4 yrs
T.J. J. 3 yrs
Heidi Jo 3 yrs
Michele K. 3 yrs
Doug M. 2 yrs
Brian F. 1 yr
Joanie F. 2 yrs
Rita H. 1 yr
Daisy B. 1 yr
Therese H. 1 yr
Michael B. 1 yr
Daniel F. 1 yr
Arlene E. 1 yr
Kat 1 yr
Sean R. 1 yr
Debra M. 1 yr
Mandy S. 1 yr
Julia M. 1 yr
Fran S. 1 yr
Dawn W. 1 yr

GROUP THREE CONT

Alira W. 1 yr
Laura M. 1 yr
Stan M. 1 yr
Whitney M. 1 yr
Heidi W. 1 yr
Ed L. 1 yr
Tom W. 1 yr

H.O.W. GROUP

Bruce K. (1) 26 yrs
Julie B. 10 yrs
Sheri M. 16 years

LINCOLN THURSDAY

John S. 34 yrs
Jim C. 10 yrs
Eric A. 6yrs
Ricardo C. 6 yrs
Kathi S. 4 yrs
Randi L. 3 yrs

MONDAY NITE CLUB

Brent 2 yrs
Mandi H. 2 yrs

NORTH HALL

Ralph H. 30 yrs
Mickey S. 30 yrs
Jack D. 26 yrs
Karen G. 25 yrs
Gary 21 yrs
Theresa R. 22 yrs
Jean D. 21 yrs
Jo R. 17 yrs
Herb B. 16 yrs
Brian B. 14 yrs
Gilbert H. 13 yrs
Edison K. 10 yrs
Jon S. 10 yrs
Jennifer N. 8 yrs
Linda S. 7 yrs
Robert B. 6 yrs
Joshua B. 6 yrs
Richard P. 6 yrs
Dave A. 6 yrs
Joey S. 5 yrs
John P. 5 yrs
Brenda G. 5 yrs
Maya R. 4 yrs
Logan R. 4 yrs
Rick A. 4 yrs
John W. 4 yrs
Tony C. 4 yrs
Susan S. 3 yrs
Mike R. 3 yrs
Robin E. 3 yrs
Laura M. 3 yrs
Violet G. 3 yrs
Katie V. 2 yrs
Brian K. 2 yrs
Sheila 2 yrs
Sean M. 2 yrs

OAKTREE FELLOWSHIP

Joy S. 30 yrs
Nancy B. 27 yrs
Gill H. 24 yrs
Anne-Marie P.23 yrs
Ross K. 15 yrs
Shawn S. 12 yrs

OAKTREE FELLOWSHIP

Michael 9 yrs
Kellie R. 8 yrs
James L. 6 yrs
Patti K. 5 yrs
Tammy J. 2 yrs
Nicole F. 2 yrs
Charlsey 1 yr

REBELLION DOGS GROUP

Greg S. 23 yrs
Lencho M. 18 yrs
Mary S. 1 yr
Walter P. 1 yr

ROSEVILLE EAST SIDE

Clark 21 yrs
Monica R. 5 yrs

ROSEVILLE TUESDAY NIGHT GROUP

Dana M. 37 yrs
Linda B. 25 yrs
Cathy D. 21 yrs
Chuck B. 21 yrs
David L. 18 yrs
Jerry H. 9 yrs
E.J. 6 yrs
Betty F. 6 yrs
Monica R. 5 yrs
Jill T. 5 yrs
Beckie B. 4 yrs
Gill I. 4 yrs
Isaac E. 4 yrs
Nina C. 3 yrs
Angela W. 2 yrs
Steve S. 2 yrs
Anthony D. 1 yr
John M. 1 yr
Madelyn N. 1 yr
Megan C. 1 yr
Sean 1 yr
Miles C. 1 yr
Vickie T. 1 yr
Dennis P. 1 yr
Bryan A. 1 yr
Patty H. 1 yr
Tina W. 1 yr
Gary J. 1 yr
Tina R. 1 yr
Tosha T. 1 yr

SOUTHPORT SERENITY GROUP

Ron H. 15 yrs
Linda P. 14 yrs
Liana H. 12 yrs
Alice B. 10 yrs

SUNDAY NIGHT RANCHO CORDOVA GROUP

Tim H. 12yrs
Clay D. 2 yrs

TRADITIONAL GROUP

Mary S. 29 yrs
Alice N. 24 yrs
Meghan H. 23 yrs
Mary P. 23 yrs

TRADITIONAL GROUP CONT

Doug L. 22 yrs
Billy F. 22yrs
Larry J. 21 yrs
Sarah D. 21 yrs
Elaine S. 18 yrs
Tom W. 17 yrs
Karen H. 17 yrs
Brian S. 16 yrs
Ray M. 15 yrs
Julie H. 10 yrs
Sally T. 9 yrs
Mark B. 9 yrs
Terri M. 6 yrs
John C. 6 yrs
Bette F. 6 yrs
Ann W. 6 yrs
Zack C. 5 yrs
Autumn B. 3 yrs
Henry K. 3 yrs
Tim F. 2 yrs
Jenny W. 2 yrs
Dave D. 1 yr

WHAT A WAY TO START A WEEKEND WOMEN

Dee A. 26yrs
Cynthia R. 11 yrs
Sara P. 3 yrs

WINTERS KITCHEN TABLE GROUP

Glen H. 24 yrs
Marianne H. 23 yrs
Chris R. 1 yr

WOODLAND GROUP

Gerald G. 36 yrs
Leo R. 23 yrs
Eileen E. 10 yrs
Shelly C. 6 yrs
Heather S. 5 yrs
John M. 2 yrs
Howard B. 2 yrs
Scott T. 2 yrs
Chelsea V. 2 yrs
Melanie H. 2 yrs
Elise C. 1 yr
Nancy D. 1 yr
Eileen R. 1 yr
Joanie M. 1 yr
David S. 1 yr
Nikko V. 1 yr
Andrew V. 1 yr

WOODLAND TRADITIONAL GROUP

Terry H. 27 yrs
Barb N. 24 yrs
Anne T. 23 yrs
Joe V.18yr
Vince O. 17 yrs
Ron H. 15 yrs
Sammy H. 12 yrs
Eileen E. 10 yrs
Daniel T. 8 yrs
Billy G. 5 yrs

Happy Birthday!

WOODLAND TRADITIONAL GROUP

David M. 5 yrs
Laura Mc. 4 yrs
Bernice G. 4 yrs
Don B. 3 yrs
Esperanza Y. 3 yrs
Shannon F. 3 yrs
Mike T. 2 yrs
Melanie H. 2 yrs
Julie B. 2yrs
Kim J. 2 yrs
John M. 2 yrs
Howard B. 2 yrs
David S. 1 yr
Milk M.L. 1 yr

WOODLANDS WOMENS GROUP

Barb N. 24 yrs
Shanti H. 15 yrs
Eileen E. 10 yrs
Shelly C. 6 yrs
Bernice G. 4 yrs
Louanne N. 4 yrs
Nancy D. 1 yr
Joanie M. 1 yr

LATE SUBMISSIONS

CORDOVA SERENITY SEEKERS

April John M. 14 yrs

DAILY ATTITUDE ADJUSTMENT

Glenn T. 26 yrs
Mo W. 18yrs
Craig S. 15 yrs
Gary A. 7 yrs
Geno B. 3 yrs
Alberto G. 2 yrs
Betsy T. 1 yr
Kim B. 1 yr
Jimmy K. 1 yr

GIBBONS NOON APRIL

Maurine B. 44 yrs
Valorie B. 20 yrs
Jackson 21 yrs
Bill 16 yrs
Robin 5 yrs
Winnie M. 4 yrs
Katie O. 4 yrs
Trudy S. 3 yrs
Dolly L. 3 yrs
Jim V. 1 yr
Jill B. 2 yrs
Tom H. 1 yr
Mike A. 1 yr

N U T S = Not Using The Steps

SORRY ! We Goofed Again and Again and….

The Grateful members of the Natomas Group have faithfully sent in their monthly birthdays each time , on time and we have somehow managed to exclude their birthdays in the BTW. We're sorry. Here are the birthdays for February & April:

February 2010	April 2010	May 2010
Charles W. 17 yrs.	Candi E. 22 yrs.	Elizabeth J. 30 yrs
Jack M. 13 yrs.	Denis C. 20 yrs.	Megan 23 yrs
Christina C. 7 yrs.	Janet S. 6 yrs.	Charley E. 19 yrs
Valerie H. 5 yrs.	Christine H. 4 yrs.	WilliamS. 15yrs
Dianna D. 5 yrs.	Mary B. 4 yrs.	Alice B. 10yrs
Stacie H. 2 yrs.	Leisa McC. 3 yrs.	Mike F. 6 yrs
Jill A. 2 yrs.	Willie T. 2 yrs.	Cynthia Z. 1 yr
Sara F. 2 yrs.	Melissa M. 1 yr.	Joanie 1 yr
Kevin B. 2 yrs.	Ellen W. 1 yr.	Becky B. 1yr
Norwarren 1 yr		Randy P. 1 yr
John S. 1 yr.		Brandy M. 1yr
Randy M. 1 yr.		Steve R. 1 yr
Josh C. 1 yr.		
Steve P. 1 yr		

Call for Art

Great way to do service! Please send us your art.

The Grapevine and La Viña are interested in non-published work from artists (…) who can create professional-quality images from assigned story lines.

How to submit your art:

Send a sample sheet or your links to Art Editor, AA Grapevine, 475 Riverside Drive, New York, NY 10115, or email ArtEditor@aagrapevine.org.

We also use members' photographs, line drawings and paintings when they relate to specific articles, or for "If Walls Could Talk," the Grapevine's gallery of meeting places around the world. Original cartoons, never published elsewhere, also are welcome. **Format:**

Original black and white or color photographs, slides and art in any size. Emailed art must be in a JPEG or GIF format, and photographs must be scanned using a very high resolution (at least 300 dpi). Each photo or piece of artwork should be clearly marked with the contributor's name and address.

A MESSAGE FROM THE CHAIR...

"This we owe to AA's future; To place our common welfare first; to keep our Fellowship united. For on AA unity depend our lives, And the lives of those to come."

CCFAA UNITY/OUTREACH PANEL MISSION

To promote unity within the Central California Fellowship by reaching out and being available to our valued registered groups by way of a panel composed of various CCFAA Trusted Servants, Central Office Manager, and CCFAA Delegates. This panel would be available to meet with any CCFAA registered group during that group's business meeting to answer any direct questions concerning the operations of the CCFAA and/or Central Office.

CCFAA PANEL –
The panel will be led by the current CCFAA Chairperson and/or the CCFAA Assistant Chairperson. Panel members would include any CCFAA Trusted Servant (including OOC Committee Members), the Office Manager or CCFAA Delegate. Panel members would be specifically determined by the nature of the question(s) submitted by the inviting registered group.

PROCESS –
Any CCFAA registered group can invite a CCFAA panel to attend their business meeting and answer any questions concerning the CCFAA/Central Office operations. The invitation will be submitted in writing and will state the nature of the concerns or questions the group would like addressed by the CCFAA panel. During the group's business meeting, the CCFAA panel will give a brief overview of the operations of the CCFAA/Central Office and then answer the submitted questions or discuss the concerns of the group.

HOPES –
Our hope is that the CCFAA panel will be able to build unity within the CCFAA by:

- Being eagerly and readily available to our groups to address their concerns.
- Dispelling rumors that often come up as a result of the CCFAA Delegate body votes.
- Explain the process of how decisions are made within the CCFAA.
- Explain the duties of the CCFAA Trusted Servants, OOC and Office Manager/Staff.
- Inform our groups of the committed daily work performed by our Central Office Staff.

——John Q.

NEWS FROM VOLUNTEER CENTRAL

WHERE GRATITUDE IS AN ACTION WORD!

We at CO are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service.

In service on the TeleDesk during April

49er Jim—Carmen B.—Jon S.—Jane B.—Emily W. —Kathy K.—Dennis O.—Kim E. —Lynn S., and Larry W.

Tim H. continues to be a big help at the Sales Desk on Tuesdays and Thursday. Thank you, Tim!

TeleDesk substitutes for the month are : Karlos A., Melanie H. and Carol J. and June R.

Marvin S. continues to deliver our mail to the Bulk Mail Center twice a month. Kathy K. does double duty on the phones and document publications.

Our Flyer & BTW mailing volunteers

The Twelve Steps Revisited/Step 4 ***(Cont'd from April BTW)***

The founders of AA attached great importance to *writing our inventory down on paper*. We can't stay sober unless we do something about the behavior that so antagonized people. To do this we must examine ourselves the bad parts as well as the good. The human mind tends to exclude attention to anything bad about itself. Paper, however, ignores mental whimsy. Once it's written down it stays--a helpful reminder and a goad to complete an unfinished job.

So, practicing a little of what I'm preaching, I'll write down a little of my current inventory. Bear in mind that the title of this series is "The Twelve Steps Revisited." It's something for the older guy and gal, mainly, and has to do with some of the problems of getting on in AA, and in years.

When I take inventory these days, the most persistent of the useless items found is an outdated self-image. As a young man I was a flat-bellied, lean-jawed, wavy-haired egotist, more or less constantly, and more or less successfully, on the make. I married late in my twenties, after years of thinking of myself as a handsome rogue. I am appalled at the persistence of self-images formed when we were young. Today I am no longer handsome and trying hard *not* to be a rogue. My paunch cannot be concealed, a bag of wrinkled skin resembling a turkey's wattle is forming under my chin, my hair is almost white, and attractive young women always call me "Sir." Yet, in spite of myself, the old habit of wanting to play juvenile heroes persists; there are times when, compulsively, I think of myself as an up-and-coming young man.

Years of inventory-taking have taught me that an unrealistic self-image is a prime source of fear and resentment. When we live in a sand castle made of fantasy, or of memories of yesteryear, waves of truth are always threatening to wash it away. The impending loss of our stronghold makes us fearful. Resentfully, we defend it against the rising tide of reason. However, the minute I adjust my self-image to what I really am--a middle-aged alcoholic, grateful for his recovery and aware of his limited importance--fear and resentment begin to dissolve. When my notions about myself are in line with the truth about myself, I am relatively at peace.

I think that understanding this has helped me to be a little more patient with other people. The old-timer who got sore when I suggested a group inventory is a case in point. Rich, distinguished-looking and retired, he had become a little smug in his AA cocoon. He thought of the group as a band of angels living in perfect harmony, with himself presiding benignly as chief angel. Scared when his illusion was threatened, he resentfully denied that dissension existed. My guess is that he'll simmer down when he begins to see himself and the group as we really are--a group of former drunks still short of sainthood. As for myself, I'm beginning to see that I could have proposed the group inventory more tactfully.

In the past seven years I have come to a new idea about the meaning of "moral." I used to be afraid of that word. It had an accusing quality that made me cringe. I now see that it has to do with my own notion of my reason for being on earth. If I'm doing what I think I'm for, I'm moral. If not, I'm immoral.

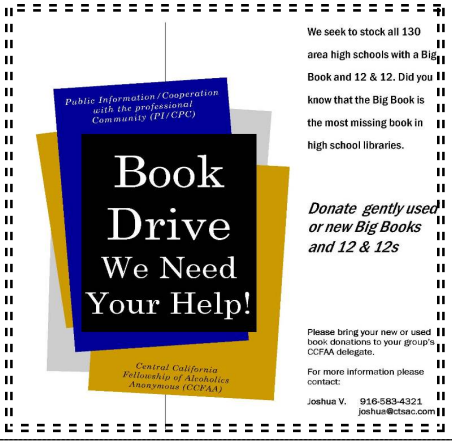
People, I have found, can have all sorts of ideas about what they're for, therefore all sorts of moralities. To the hedonistic philosopher, the highest morality is to have a good time. As I have worked it out, with AA's help, a Higher Power is busy at something called evolution, which is mainly helping creatures, including myself, to improve. I conceive my purpose in life to be cooperating in this work. So, when I take a "moral" inventory, I judge my actions on a basis of whether they help or hinder someone in this journey toward becoming something better.

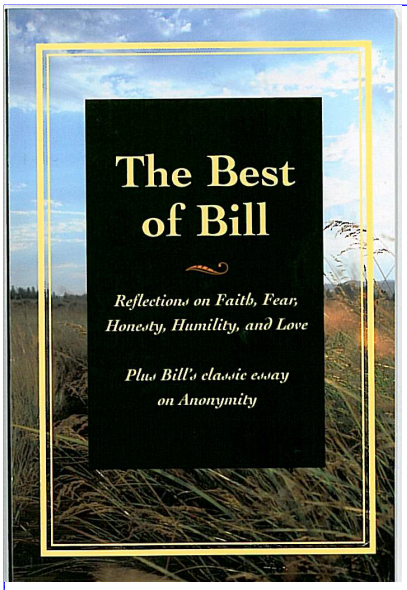
When I was small, I was severely scolded or beaten up when I did something wrong. In taking some of my early inventories I tended to raise hob with myself when I discovered obvious character defects. This, I eventually learned, was the self-castigation that leads to despair, not the self-examination that leads to improvement. I now believe that the greatest defects are intolerance and unforgiveness. We have to leave the door open for good-humored acceptance of our shortcomings, once we've discovered them, as a preliminary to getting rid of them. Self-scolding only makes us miserable.

There is good reason for us to be self-forgiving. Some of our worst character defects were not of our own making, but were taught by social custom from our birth. All the slogans that make for self-centeredness--Paddle Your Own Canoe; God Helps Those Who Help Themselves; Stand On Your Own Two Feet; Get Ahead; The Early Bird Gets the Worm; Devil Take the Hindmost; Freedom of Choice--were hammered into us from childhood and taught as high virtues. Little wonder that we turn out to be inconsiderate of others. Little wonder that we have trouble changing, once we decide to try to be a little more friendly, a little more human. I have come to think that I have relatively little freedom of choice and action, and very little power of my own. What matters in Step Four, I believe, is how we use what little power we have.

Seen in this way, there is nothing about Step Four to be afraid of. That being the case, we can make an inventory that is really fearless, as well as really searching. And we ought to write it down.

J. E. Guilford, CT





BOOK OF THE MONTH

" An energetic and prolific writer, Bill W. authored nearly 150 articles in the Grapevine. In its pages, he chronicled the events of AA's pioneer years, and out of that early, arduous process of trial and error, he derived the principles that would unite and sustain this extraordinary fellowship. Ranging over a wide variety of topics, from the basic principles of AA's Steps and Traditions to the personal search for "emotional sobriety," Bill's words hold meaning not only for AA members but for anyone on a spiritual quest.

In 1988, as a result of the many requests over the years for reprints of five of these articles—"Faith," "Fear." "Honesty," "Humility," and "Love"—a collection entitled *The Best of Bill* was compiled. The enduring popularity of this little booklet has prompted the current editors of the Grapevine to issue [this ...] a gift edition. As a fitting complement to these inspiring reflections on the spiritual life, [there] is included Bill's classic essay *Why Alcoholics Anonymous is Anonymous.*

AVAILABLE NOW AT CO

WORDSMITHY

"Exact Nature"

"precise type/completely truthful description/specific and factual qualities, properties, kinds, and characteristics."

The Little 12 n 12 Dictionary

Notable Quote

"The thing that frightens a lot of alcoholics about AA's Steps is the specter of onrushing sainthood, which is probably as good an illustration as any of alcoholic presumption--or arrogance."

-- *AA Grapevine,* November 1968

Faithful Fivers

Faithful Fivers are Grateful Givers

137 Members as of April!
A regular monthly donation is all it takes!

Register with Central Office as a Faithful Fiver member so you'll receive a charitable contribution receipt at the end of the year.

You can donate in any of the following ways:

a) Mail a check every month to: CCFAA Faithful Fivers, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827, OR
b) Bring a check or cash into the office every month, OR
c) Try the Preferred Method! Use your online banking bill pay to set up a recurring payment:
   Payee: CCFAA Faithful Fivers
   Central Office address, as above
   Account number: Your Name

Register to pledge your support!

Please complete and return with your first contribution to:
CCFAA Central Office, Faithful Fivers
9960 Business Park Dr., Suite 110, Sacramento, CA 95827
OR email to: centraloffice@aasacramento.org

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

❑ May we acknowledge you as a new member of the Faithful Fivers in our next issue of By The Way? Mark the box for yes - we use first names and last initials only.

WORD SEARCH

S N I K P O H T I M E H A S P

E V I T I S O P C J I J Y A I

K T Q E F E T I H G U O R H T

I Y G Z N I E C D R W L C H C

L V S O O Y U T U R P D C C H

S Y D N D M N N H T A U T I O

A N I L O I N A H E R R H H R

A A E S F I R E E R W Z E W M

E R T W N A S E E K L H J G A

S O E G W E L N C R I E O P N

N R Z U A I T T E T H L R L L

E E Q O L T C J D M I T D Q E

O V F A O Q K Y T C I O A E Y

I I G N A G N I V I G D N A F

E R O F E R E H T S I T I X G

TIME HAS THREE DIMENSIONS AND ONE POSITIVE PITCH OR DIRECTION. IT IS THEREFORE NOT SO MUCH LIKE ANY RIVER OR ANY SEA AS LIKE THE SEA OF GALILEE, WHICH HAS THE JORDAN RUNNING THROUGH IT AND GIVING A CURRENT TO THE WHOLE.

(GERARD MANLEY HOPKINS)

A A = **A**chieve **A**nything

"... And in fifty-seven months and six days, I'll have five years!"

T --Teaching
R--Recovery
U--Using
S--Steps and
T--Traditions

Thought to Ponder . . .

The smallest package in the world is an alcoholic all wrapped up in himself.

CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 1)

I. Opening

A. Call to Order at 3:00 pm
B. Open with Serenity Prayer
C. Traditions Read by Kristin
D. CCFAA Preamble read by Carla
E. 7th Tradition—$161.86
F. Delegate Check-in/Group Announcements
G. January Birthdays—62 yrs,

II. **Preliminary Business:**

Delegate Check-in: Total Delegates = 45
B. Quorum met - Yes

Group Name	Delegate	Last Attended	Group Name	Delegate	Last Attended
#1 Offenders	Dolores T.	04/17/10	Natomas Group	Christine H.	04/17/10
11th Step Meditation Meeting	Mary F.	04/17/10	Never On Tuesday	Kelly J.	04/17/10
2nd Chance Group	Absent	02/20/10	Newcastle Sunday	Absent	01/16/10
AA Unity Group	Absent	02/20/10	New Hope Group	Joe G.	04/17/10
Arden & Morse Group	Cindy P.	04/17/10	North Auburn Group	Absent	03/20/10
Auburn Fellowship	Absent	03/20/10	North Hall Group	Absent	03/20/10
Auburn Wed. Night YP's Group	Absent	03/20/10	North Highlands Fireside Group	Darlene O.	04/17/10
Auburn Women's Step Study Group	Absent	03/20/10	North Sacramento Group	Douglas M.	04/17/10
Been There Done That Group	Jimmy K.	04/17/10	Oak Park Fellowship	Dana M.	04/17/10
Building D Group	Absent	12/19/09	Oak Tree Fellowship	Randy E.	04/17/10
By The Grace	Amy T.	04/17/10	Orangevale Open Group	Absent	11/21/09
Capital City Men's Group	Rick S.	04/17/10	Rancho Murieta Fellowship	Cate M.	04/17/10
Citrus Heights Group	Absent	02/20/10	Rancho Murieta Women's Group	Cate M.	04/17/10
Come As You Are Group	Chuck H.	04/17/10	Rebellion Dogs	Bridgette M.	04/17/10
Cordova Friday Night Group	Absent	10/17/09	Rio Linda Fellowship	Stanley B.	04/17/10
Cordova Serenity Seekers	Bob H.	04/17/10	Roseville Tuesday Night Group	Absent	03/20/10
Daily Attitude Adjustment-Fair Oaks	Terry S.	04/17/10	Roseville Twelve & Twelve Study	Peggy R.	04/17/10
Davis Attitude Adjustment	Absent	11/21/09	SACYPAA	Casey K.	04/17/10
Davis Young People	Absent	01/16/10	Saturday Serenity	Absent	12/19/09
Destiny Group	James H.	04/17/10	Serenity Book And Study Group	Tracy B.	04/17/10
Downtown Young People's	Absent	11/21/09	Shabot Shalom	Absent	03/20/10
Dry Dock Group	Lilly N.	04/17/10	Sharing And Caring Group	Absent	01/16/10
East Yolo Fellowship	Absent	03/20/10	Simply AA	Absent	03/20/10
Elk Grove Fellowship	Dick L.	04/17/10	Sisters in Sobriety	Chris B.	04/17/10
Elk Grove Group	Scott G.	04/17/10	Sixty Minute Solution	Dave F.	04/17/10
Fair Oaks Village Group	Michael K.	04/17/10	Solutions Weekend Group	Absent	01/16/10
Fellowship of the Spirit	Absent	02/20/10	Southport Serenity	Absent	01/16/10
Folsom Big Book	Absent	03/20/10	Spiritually Speaking	Mike W.	04/17/10
Folsom Saturday Morning Group	Mike S.	04/17/10	Students of Sobriety	Absent	10/17/09
Folsom Way of Life	Lise M.	04/17/10	Sunrise-Sunset	Chuck M.	04/17/10
Folsom Wednesday AA	Absent	02/21/09	Thank God It's Smoke Free Men's Group	Absent	03/20/10
Freedom Group	Kendyce M.	04/17/10	Thursday Night Men's Group	Tom W.	04/17/10
Friday Fellowship of Double AA	Ray L.	04/17/10	Too Young Group	Jessica S.	04/17/10
Friday Night Family Group of AA	Rick C.	04/17/10	Traditional Group	Pam N.	04/17/10
Galt Fellowship	Absent	03/20/10	Traditions & Concepts Study Group	Glenn H.	04/17/10
Gibbons Noon	Absent	03/20/10	Tuesday Cordova KISS Group	Absent	03/20/10
GNO - Girl's Night Out	Absent	12/19/09	Un Nuevo Camino	Absent	03/20/10
Good Book/Big Book Solution Seekers	Absent	01/16/10	We Can Friday Night	Randy L.	04/17/10
GOD's Miracle in Dunnigan	Ron S.	04/17/10	We Care Group	Ralph V.	04/17/10
Greenhaven Group	Joyce G.	04/17/10	We Surrender Men's Group	Absent	02/20/10
Group One	Absent	02/20/10	Welcome Group	Stacey W.	04/17/10
Group Three	Mike M.	04/17/10	What A Way Women's Weekend Group	Absent	03/20/10
H.O.W.	Absent	03/20/10	White Flag Men's Group	Absent	02/20/10
Hope & Serenity Spkr Mtg	Absent	02/20/10	Willing Women	Absent	02/20/10
Into Action-Citrus Heights	Patty R.	04/17/10	Women For Women Fair Oaks Group	Absent	11/21/09
Land Park Men's Meeting	Absent	02/20/10	Women of Extravagant Promises	Absent	11/21/09
Last House on the Block	Jason H.	04/17/10	Woodland Group	Absent	03/20/10

C. Attending Elected Positions

CCFAA Chair	John Q.	Present	Special Needs Chair	Leisa Mc.	Absent
Assistant Char	Stan J.	Present	NCCAA Liason	Mary F.	Present
Treasurer	Ray L.	Present	Birthday/Faithful Fivers Chair	Darlene O.	Present
Recording Secretary	Mike O.	Present	OOC Chair	Mary R.	Present
Teleservice Chair	Carla C.	Present	OOC Member	Christine H.	Present
By Laws & Procedures Chair	Mike K.	Present	OOC Member	Mike S.	Absent
PI/CPC Chair	Chuck H.	Present	OOC Member	Terry S.	Present
H & I Liaison	Julia H.	Absent	Picnic Chair	Casey K.	Present

CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 2)

D. New Delegates
1. Judy B. – Rebellion Dogs
2. William R. – Rebellion Dogs (Alternate)
3. Ralph V. – We Care Group

Welcome new delegates!!

E. Visitors

Dale, Matt and Georgia

III. Approval of Minutes

Corrections:

- Birthday Club and Faithful Fiver's reported contributions were for February not January.
- OOC Chair Mary R. was present at the meeting
- PI/CPC Chair Chuck H. was present at the meeting

Minutes approved with no further corrections

Trusted Servant Reports

A. CCFAA Chairperson's Report – John Q.

Welcome all to this month's CCFAA Delegate's meeting. Your continued participation is vital in managing the affairs of the CCFAA. Thanks to everybody for your continued service to the CCFAA!

Welfare of the CCFAA – Is good! It is a fact that we are in better shape this year than we were last year at this same time. Thanks to Rae and the staff/volunteers at the Central Office for their continued committed work they do daily in delivering our services to our groups and fellowship. Every position within the CCFAA is being effectively manned as God intended so as our message of recovery from alcoholism is able to reach all those who seek it. The challenges that are sure to come up in our future days will easily be overcome with our continued commitment and service.

CCFAA Picnic Committee – Still needs help! Casey is doing a great job getting the nuts and bolts of the picnic set but she still needs help from us. Plan on attending the next committee meeting even if your group cannot take on a function. There is much to do and we need your support to ensure a successful picnic this year.

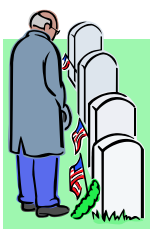
Saturday office hours – The Central Office Bookstore open on Saturday trial is currently failing! The Office Manager reports that business has been "slow to no". Please announce Saturday hours to your groups if you want the office to remain open Saturdays. We will take another look at this in a couple months to see if the fellowship increases support for this service. If not we will consider closing the office on Saturdays.

CCFAA Unity/Information Panel – Please continue to remind your groups of the existence of this panel. You have all received the information last month about this panel and the information will be available in the By The Way.

Central Office Spring Cleaning – positions still open to be of service and do a deep cleaning at the office. Carpets, painting and windows it's time to make the office shine. Call the office if you can be of service – (916)454-1771 no date set yet but it is close!

CCFAA website – www.aasacramento.org

I attended the OOC meeting on Tuesday



CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 3)

In all that you report to your groups this month, remember to include the following:

1. Central Office needs the group's support; buy your literature from Central Office.
2. Central Office needs volunteers, be of service, call to see how you can be of service.
3. Faithful Fivers needs support - $5 a month is all that is requested from those of us who can afford it.

Always together in service,
John Q., CCFAA Chairperson

B. Assistant Chair/CNIA Liaison – Stan B.
Approval of New Groups:
No new groups this month

C. Office Operations Committee – Mary R.
Present: John Q., Terry S., Mary R., Mike S., Ray L. Quorum met
Also present: Mike K., Stan J., Rae W. (staff)

Meeting called to order at 6:00 PM by chair, Mary R.
Open with the Serenity Prayer

Office Manager's Report - Rae W. (see handout for full report)

1. Registration/Renewal Fee form (RRF-1) filed with CA Registry of Charitable Trusts with appropriate fees for tax years 2003 – 2009.
2. 2009 tax forms Federal 990 and CA 199 filed with appropriated fees.
3. Federal and State First Quarter 2010 Payroll Tax Payments and Returns filed.
4. First Quarter Sales Tax Return will be filed by April 30, 2010.
5. Secretary of State Information Form filed.
6. Saturday "Bookstore" hours resumed March 6. Sales have been slow to zero.
7. First Quarter Inventory was done on April 11, 2010. Awaiting final results.
8. Office Manager attended the Northern CA Central Office Manager's Workshop in Fresno.
9. Applied for the permit for the Picnic Raffle. Raffle tickets should be available soon.
10. OOC Chair will conduct the office procedural audit with Office Manager on 4/27/10.

Treasurer's Report – Ray L.
Ray L. will report to delegates.

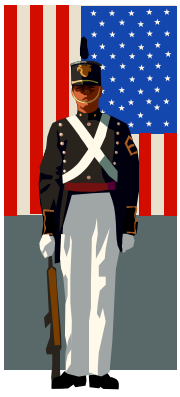
Bylaws and Operating Procedures Committee

Mike K. will report to delegates.

Old Business
Amendments to CCFAA Bylaws and Operating Procedures--will be covered in above report

New Business
Reviewing specific area of Operating Procedures Manual –Item tabled.

Meeting adjourned 7:28 PM, close with the Serenity Prayer



CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 4)

D. Office Manager's Report – Rae W.

1. Form RRF-1 for CA Department of Justice Registry of Charitable Trusts has been filed with fee payment for tax years 2003-2009.
2. The Federal 990 Return and the CA Form 199 (with fee payment) for the 2009 tax-year have been filed. Both (Federal & State) First Quarter 2010 Payroll Tax Payments & Returns have also been completed and filed.
3. The First Quarter Sales Tax Return is in progress and will be completed before April 30th.
4. The Secretary of State Information Form and filing fee have been completed and filed. A tickler system has been established to ensure that the Information Return is filed in January when the new trusted servants start their term.
5. Saturday Bookstore hours resumed on March 6th. So far the first 6 Saturdays have been mixed between slow and no sales and it may take a few months for the change to catch on.
6. Volunteer participation is great. Thanks to all who come to do service.
7. First quarter inventory took place on April 11th and the results are being processed.
8. The NCCOM Workshop that was held in Fresno was a great opportunity to share information and exchange ideas with other managers. The CNIA Delegate, Melody T., gave an outstanding review of selected Conference Agenda items and shared about the relationship between Intergroups/Central Offices and GSO.
9. The application for the permit for the Picnic Raffle has been filed. Raffles tickets should be available soon.

And all is well… Rae W.

Treasurer's Report – March 2010

Income 2010

REMEMBER, Gratitude is an ACTION word. Give those with double digit Sobriety an opportunity to contribute to the Birthday Club and maybe even Faithful Fivers. Those who can afford it will contribute if asked.

a. Total Income for March fell just below budget projections overall, $21,468 actual vs. $22,083 projected.

b. Several other income items, including individual contributions, were slightly above projections for the month.

c. The above primarily consist of -----

1. AAWS literature sales; $5,597 actual vs $9,667 projected. This item continues below projection, ($4,070) for the month. The sales volumes continue below target due to the AAWS & CO price increases and the general economy overall. A REMINDER, the CO price increase for the Big Book & the 12 & 12 were voted in to help offset the decline in Group Contributions and other declining income due to the current economic situation.

2. Item 4025 – In-House Sales were well above projection. $3,378 actual vs. $2,083 budgeted. The primary source of this income is the sale of Schedules. This should offset the "Copy cost" item in Cost of Goods Sold. This item will also hopefully help to offset declines from other sources.

3, Group Contributions exceeded budget at $8,437 actual vs $7,000 projected for the month. YTD (1st Qtr.) we are just slightly above budget at $1,021

Gross income for the month; $15,556 actual vs. $13,900 projected, $1,656 above. YTD we are $58 above our projection.

Expense 2010

a. Overall, expense categories are at or somewhat below projection YTD.
b. Numerous Expense categories reflect no costs to-date as many items occur on a quarterly or annual basis. Various expenses will begin to occur, such as Insurance, Travel & Professional Fees as we progress into the year.
c. Total Expenses for March were $13,445 actual vs $13,888 projected, ($433).

Resulting Net Income for March was $2,101, YTD we stand at ($205). This is significantly better than where we were at this time in 2009.

Please encourage Faithful Fivers and Birthday Club participation with individuals in your groups.

The office staff and the OOC continue to explore ways to increase income and reduce expense for 2010.

Please send ANY financial questions you or your group might have via E-mail to CFO@aasacramento.org

CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 5)

F. By Laws & Procedures Chairperson's Report – Mike K.

The Committee agreed to propose changes to Article IV, Membership, 4.1, 4.2 of the CCFAA By-laws and to Section VI, Membership. These changes, to be presented to the CCFAA Delegates on Saturday, April 17, 2010, are shown on the accompanying documents.
Gratefully, Mike K., Chairperson

Proposal to amend BY-LAWS OF CENTRAL CALIFORNIA FELLOWSHIP of AA ARTICLE IV MEMBERSHIP
CURRENT: ARTICLE IV MEMBERSHIP, page 3 of 7

4.1 As suggested by the General Service Office Pamphlet "The AA Group", any group located in the Central California Fellowship area is eligible for membership in the Central California Fellowship of AA intergroup. If a group desires membership in Central California Fellowship and all the privileges afforded members, they must register as a group with Central Office (5) days prior to the Intergroup Delegates Committee meeting to which it intends to send a voting representative.
4.2 Groups or meetings not presently registered but desiring to be a member of Central California Fellowship of AA shall be approved by the Delegates at a regular business meeting. They shall be able to vote on any issue at the next monthly meeting.

2. **PROPOSED:**

4.1 As suggested by the General Service Office Pamphlet "The AA Group", any group located in the Central California Fellowship area is eligible for membership in the Central California Fellowship of AA intergroup. ~~If a group desires membership in Central California Fellowship and all the privileges afforded members, they must register as a group with Central Office (5) days prior to the Intergroup Delegates Committee meeting to which it intends to send a voting representative.~~

4.2 ~~Groups or meetings not presently registered but desiring to be a member of Central California Fellowship of AA shall be approved by the Delegates at a regular business meeting. They shall be able to vote on any issue at the next monthly meeting~~.

3. **RATIONAL:**
This proposed amendment eliminates redundant language and offers consistency with proposed amendments to OPERATING PROCEDURES

Proposal to amend OPERATING PROCEDURES OF CENTRAL CALIFORNIA FELLOWSHIP of AA SECTION VI MEMBERSHIP IV
CURRENT: SECTION VI MEMBERSHIP, page 6 of 33

6.1 As suggested by the General Service Office Pamphlet "The AA Group", any group located in the Central California Fellowship area is eligible for membership in the Central California Fellowship of AA intergroup. If a group desires membership in Central California Fellowship of AA and all of the privileges afforded its members, they must register as a group with Central Office (5) days prior to the Delegates Committee meeting to which it intends to send a voting representative.

6.2 Groups or meetings not presently registered, but desiring to be a member of Central California Fellowship of AA shall be approved by the Delegates at the regular business meeting. They shall be able to vote on any issue at the next monthly meeting.

PROPOSED: Strike all 6.1 and 6.2 and replace with:

6.1 If a group desires membership in Central California Fellowship of AA and all of the privileges afforded its members, they shall obtain a "Group Information Update Form" from the Central Office or the Assistant Chairperson at a Delegate Meeting and submit the completed form to the Assistant Chairperson for review prior to the start of the Delegates Meeting.

6.2 New Groups or meetings desiring to be a member of Central California Fellowship of AA shall be presented to the Delegates by the Assistant Chairperson for consideration and approval. A representative from the new group or meeting shall be in attendance at the Delegates Meeting to respond to Delegate inquiries. The Assistant Chairperson shall submit approved new group or meeting information to Central Office.

6.3 New Groups or meetings approved by the Delegates shall be able to vote on any issue at the next monthly Delegates Meeting.

CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 6)

RATIONAL:

The OOC and the Office Manager advises that new group or meeting membership requests are not being consistently handled as defined in the By-laws. It is requested by the OOC to rewrite the membership article(s) to reflect the current practice for accepting new memberships to CCFAA.

G. PI/CPC Monthly Meeting Minutes

Monday, April 19, 2010 @7 PM, 6315 Fountain Square Drive, Citrus Heights, CA
Facilitator: Chuck H.
Note Taker: Paul F.
Attendees: Chuck H., Paul F., Tom D., Wyn S., Jon S, Tim C., Bill B., Jon C, Stan B., Nick O., Lauren C., Josh V., Zach P., Derrick H., Lee P.

Chuck H.

- Per Paul's written report presented at CCFAA mtg., we have about $970 left of our original budget, which will fund literature only through July
- Chuck preparing proposal to CCFAA for another $2,000, will take about 2 months before final decision is made by CCFAA
- Vets pamphlet needs to be kept in color, even though it costs more than black/white; Committee agreed; looking to revise it to include female military icon
- Presented a draft flyer appealing for donations from districts/groups/individuals for Big Books and 12&12s for Young People (YP) Committee's distribution to high schools; suggested it also be published in By-the- Way when finalized; Committee offered comments & suggested changes, and new YP member Josh will revise it & forward draft copy to Chuck

Josh V.

- Will revise the Big Book and 12&12 donation appeal flier (see above) and will be responsible for maintaining list of high schools to which deliveries have been made as well as those still in need
- looks forward with enthusiasm to working with the YP and the overall PI/CPC effort

Tom D.

- Distributes mostly in Districts 24 and 25 in Sacramento
- Several large hospitals and clinics (UCD medical complex, Kaiser, Sutter, Mercy), as well as Salvation Army & other entities
- Main method is to pre-package (i.e., rubber-band) packets of pamphlets to save time when doing distribution

Paul F.

- District 17 (Yolo Co. plus Dixon) PI/CPC Rep., currently has 67 entities for literature distribution and averages about 40 per month (not all need visits each month, e.g., small entities where it doesn't "move" that fast)
- Distributed lit to 6 hospitals/clinics (6 total locations), 12 high schools (12 total locations - Note: included Big Book & 12&12s as well as posters on behalf of YP Committee), 1 college (UC Davis, 44 total locations), 5 law enforcement agencies (5 total locations), 3 libraries (3 total locations), and 13 "other" entities (14 total locations). Grand totals: 40 entities and 84 locations.
- Delivered literature to AA member in Rio Linda for distribution to 4 churches plus the local high school

Wyn S.

- Has gotten 5 TV and 7 radio stations for possible Public Service Announcements (PSAs)
- Needs another $57 for to purchase more PSA tapes
- Planning to approach Open Sacramento channel and Access Sacramento

Jon S.

- Trying to negotiate contribution to PI/CPC from District 24, decision has been put off until next business meeting
- Distributed literature to 5 entities, plus there are several other volunteers distributing literature in the district
- Trying to get volunteers from his home group to help the YP committee with Big Book and 12&12 distribution to the high schools

CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 7)

Tim C.
- District 21 Alternate PI/CPC Rep.
- Chuck and Paul's appeal for funds at the Rocklin Group's business meeting on April 1 was well received; decision on contribution will be on next meeting agenda
- District 21 hosting Unity Day in Auburn on June 5
- Still looking into possibility & costs of placing AA info on panels inside Regional Transit buses

Bill B.
- Has 13 individuals lined up for CPC Speakers Board
- Provided hard copies of draft powerpoint slide presentation on AA and alcoholism and will distribute to all Committee members via e-mail (i.e., including those not in attendance); solicited input from Committee
- Needs suggestions for associations and professional groups for possible presentations (e.g., Vets, human resources professionals, medical professionals, counselors, etc.)

Jon C.
- Distributing literature to several locations in El Dorado County, including Placerville, Georgetown and Pollack Pines
- Has contacted high schools in Black Oak Mine School District, but has yet to receive response

Stan B.
- Assistant CCFAA Chair, wants to be more involved with the PI/CPC efforts
- Understands that we're growing and need bigger budget; suggested that for groups to contribute, they need to have specific info on what money is used for and how it is budgeted (Chuck noted that we do not budget and simply spend it as needed; Paul noted that total budget and expenditures-to-date are included as line item on CCFAA budget published in By-the-Way, as well as the PI/CPC activities reports)
- Asked if we have Mission Statement - Chuck responded that there is one that was produced some time ago that lists both activities accomplished and desired - Wyn S. will update the statement and distribute in draft for comment

Nick O.
- PI/CPC Chair for District 29, large area that includes Natomas, Rio Linda, Arden/Arcade
- Distributed literature to various entities, including Heritage Oaks Hospital, Kaiser Outpatient Clinic, Vets Center, El Camino and Mira Loma and Inderkum high schools
- Will contact high schools for YP Panel presentations
- Got one Big Book and 12&12 contribution for the YP effort

Lauren C.
- YP PI/CPC Chair
- Sacramento YPAA (SACYPAA) hosting a June event that will include contributions of Big Books and 12&12s for the YP high school distribution project, and has offered to add YP info to their website
- Still need 65 Big Books and 86 12&12s
- YP planning Summer workshop to inform people about what they do
- Currently, YP down to 4 members, having trouble sustaining interest, need help with the Big Book & 12&12 distribution and help in general with how to sustain interest in their efforts
- Need help in approaching high schools for YP Panels - Nick offered to help in District 29 (Note: Paul suggested that they not feel overwhelmed, just do what they can; Chuck suggested maybe concentrate on just one or 2 schools for YP panels for now and said Committee will offer help and support, because we don't want the YP committee to die)

Derrick H.
- Went to General Service Pre-Conference in Mt. Shasta, got a lot of useful info from other PI committees, will e-mail it to Chuck to forward to the rest of the PI/CPC

Lee P.
- District 27 PI/CPC liaison
- District 27 meeting tomorrow, still discussing contribution to PI/CPC
- Looking at doing a Unity Day with 2 other districts

CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 8)

H. Picnic Chairperson's Report – Casey K.

- Picnic is off to a great start but we need all the help we can get
- Traditional will be doing the White Elephant
- Freedom Group will be doing ticket sales
- Tracy B. has locked down the morning and afternoon speakers
- Anthony will be doing DJing and sound
- Sound Solutions is not available this year so we're working on that
- The picnic subcommittee meetings are held the 3rd Friday of the month at 6pm at Central Office
- I still need a co-chair so please see me if you or someone you know might be interested
- Please go back to your groups and find out if they're interested in participating this year

I. Special Needs Chairperson's Report – Leisa M.

3 calls were received and handled in March

J. Birthday Club/Faithful Fivers - Darlene O.

Birthday Club Contributions for March: $243
Up $102 from Feb. 2009.

Faithful Fivers Contributions for March: $769
Down $48 from Feb. 2009.

Please announce to your groups how the Birthday Club and Faithful Fivers contributions help Central Office. Let's try to make April a record month for contributions!!!

Yours in Service,
Darlene O.

7. Reports – Special Committees, Delegates, Liaisons & Invited Guests

A. Hospitals & Institutions

Not provided

B. Teleservice Chairperson's Report – Report by Carla C.

March 2010 Calls		
Service	Mar. 2010	2010 YTD
12 Step	96	221
Meetings/Info	552	1562
Total	**648**	**1783**

Open shifts as of 3/20/10	
Monday	12:00am - 6:00am
Tuesday	12:00am - 6:00am
Tuesday	9:00pm - midnight

Volunteers		
Teleservice	Special Needs	12-Step
36	9	156 (86 men / 70 women)

Special Needs

12-step ***male*** volunteers needed in West Sac., Yolo, Davis and Lincoln zip codes.
12-step ***female*** volunteers needed in East Sac., Downtown and Broadway zip codes.

Carla C. 916-519-7340 or Central Office 916-454-1771. Entry level: 6 Months of sobriety.
Thank you all for your service!

CCFAA Delegate's Meeting Minutes—April 17, 2010 (Page 9)

C. NCCAA Liaison – Mary F.

NCCAA Needs Your Support

- These conferences are self-supporting
- No group money is used to pay for the event
- The cost of the event is paid through registration fees and the 7th Tradition
- Attendance is voluntary and as responsible AA members "We are self-supporting through our own contributions" and "We do pay our own way"
- Please help us carry the message to as many people as possible by registering and giving generously in the basket

Good News – Newsletter

- The Good News Newsletter is one of the nation's oldest conference related AA newsletters
- Many have found the information printed in the newsletter to be very useful and it helps to keep them informed of upcoming conferences, member sobriety birthdays, Northern California regional information and more
- It has also provided a format for interested individuals to submit information about their area and local groups
- The cost is only $4 per year and you can register at www.ncc-aa.org

Next NCCAA Conference

- 63rd Annual Summer Conference
- San Jose California on June 11, 12 and 13th 2010
- Cost is $10 per person for pre-registration and $15 at the door
- Pre-register using the coupon on the flyer or online at www.ncc-aa.org
- Please take a flyer to hang up at your home group

8. Old Business

No old business

9. New Business

Delegates are requested to take the proposed changes to the By-Laws and Operating Procedures back to their groups for presentation.

10. Closing

The next meeting will be held at Traditional's new location (2625 Alta Arden Way) on May 15th, 2010.

The meeting closed at 4:20pm with The Lord's Prayer

Respectfully submitted by Mike O., CCFAA Recording Secretary

STICK WITH THE WINNERS

When I hear the phrase; "stick with the winners", the word surrender comes to mind, which in turn goes full circle back to the winners.

In the Military, surrender means that the "losers" (which is how many of us think of ourselves when brand new) put their hands up, maybe wave a white flag---go to the winning side...and once there, "stick with the winners."

In this case, the winners are the members of Alcoholics Anonymous who have worked the 12 Steps, practice the Principles in all their affairs, and carry the message to other alcoholics still suffering some of whom consider themselves losers, but through the spiritual philosophy of AA, and the work of the "winners"---have only to cross over to our side and then stick with us---the winners of sobriety at sobriety, one day at a time.

The only requirement for membership is the desire to stop drinking as the preamble says. This group of winners is always, always ready, willing and able to share our experience, strength and hope...to extend the hand of Alcoholics Anonymous to anyone, in any city, in any state, or in any country in the entire world who is ready to "give up".

Come join us here on the winning side---and stick with us---the winners---as we stick with each other carrying the message of Alcoholics Anonymous---day or night---night or day---come with us.

Life is full of change, it's full of growth, it's full of lessons learned, so if you stick with the winners, it's all waiting for you...to grow into all God has planned for you this year and the next and the next---blessing, after blessing---and once here with the winners, there is all the support and encouragement one needs to keep us in the winners circle of Alcoholics Anonymous. We have never to go it alone any more. How does that happen, you might ask---one day at a time---all you have to do is; "stick with the winners".

Danette G.

CCFAA Delegate's Meeting Minutes—April 17, 2010 TREASURER'S REPORT (Page 10)

March 2010	Mar-10	Jan-Mar 10	Prorate Budget	Budget	YTD Variance
Ordinary Income/Expense					
Income					
4020 · AAWS Literature Sales	5,597	18,025	29,000	116,000	(10,975)
4025 · In-House Publication Sales	3,378	7,242	6,250	25,000	
4030 - Medallion Sales	1,634	3,326	2,125	8,500	
4100 · Group Contributions	8,437	22,021	21,000	84,000	1,021
4110 · Anonymous Contributions	1,002	1,394	250	1,000	
4120 · Birthday Contributions	243	431	625	2,500	
4125 · Postage & Delivery Income Office Services Revenue	367	1,090	1,250	5,000	
4130 - Faithful Fivers	769	2,283	2,500	10,000	
4440 - Interest Income	26	77	250	1,000	
4460 - Picnic Revenue	15	(125)	0	12,000	
4480 - Special Event Revenue	0	0	0	0	
Total Income	21,468	55,765	63,250	265,000	(7,485)
Cost of Goods Sold					
5000 - Literature Costs					
5010 · Cost of AAWS Literature Sold	3,471	11,270	19,375	77,500	
Literature Costs/Adjustment	11	54	125	500	
Total 5010 - AAWS Literature	3,482	11,323	19,500	78,000	(8,177)
Net Income AAWS Literature	2,115	6,701	9,500	38,000	(2,799)
5025 · In-House Publication					
5030 · Paper Stock & Staples	361	1,210	1,050	4,200	
5035 · Printing Equipment	431	1,293	1,300	5,200	
5040 - Copy costs	864	1,348	1,750	7,000	
Total 5025 · In-House Publication	1,656	3,851	4,100	16,400	(249)
Net Income In-House Publication	1,722	3,391	2,150	8,600	
Cost of Medallions	774	1,832	950	3,800	
Total Cost Of Goods Sold	5,912	17,006	24,550	98,200	(7,544)
Gross Income (after literature costs)	15,556	38,758	38,700	166,800	58
Expense					
Equipment Expense					
5670 · Equipment Rental	75	320	375	1,500	
5765 · Equipment Repairs & Maint.	202	331	675	2,700	
5675 · Equipment Purchase	0	90	275	1,100	
Total Equipment Expense	277	740	1,325	5,300	(585)
Insurance					
5680 · Worker's Compensation	0	0	250	1,000	
5684 · D & O Insurance	0	1,002	1,100	1,100	
5685 · General Liability	1,256	1,256	1,025	1,025	
Total Insurance	1,256	2,258	2,375	3,125	(117)
Meetings/Conference Expense					
5620 · Manager Training	0	0	138	550	
5655 · Delegates Meeting	0	0	125	500	
5785 · Employee Travel	143	143	250	1,000	
5786 - NCAA Delegate's Expense	246	246	100	400	
Total Meetings/Conference Expense	389	389	613	2,450	(224)

CCFAA Delegate's Meeting Minutes—April 17, 2010 TREASURER'S REPORT --CONT'D (Page 11)

Office Expense	Mar-10	Jan-Mar 10	Prorate Budget	Budget	Variance
5640 · Postage & Delivery	109	354	875	3,500	
5650 - Licenses & Permits	0	510	0		
5700 · Office Supplies	120	880	700	2,800	
5720 · Occupancy Improvement	118	354	500	2,000	
5740 · Miscellaneous Expense	0	146	175	700	
5760 · Rent	1,703	5,110	5,125	20,500	
5770 - Office/Network Software	0	337	125	500	
Total Office Expense	2,051	7,691	7,500	30,000	191
Utilities - 5770					
5785 - HVAC Maint.	0	0	125	500	
5790 · Gas & Electric	235	524	700	2,800	
5790 - Telephone	331	984	950	3,800	
5792 · Website Hosting	0	119	28	110	
5796 - Security System	108	108	125	500	
Total 5770 Utilities	674	1,735	1,928	7,710	(192)
Other Committees - 6200					
5990 - Picnic Committee	0	0	1,375	5,500	
6210 - PI/CPC Expense	595	2,060	875	3,500	
6220 - Special Needs Committee			38	150	
6230 - Teleservice Committee			38	150	
Total Other Committees	595	2,060	2,325	9,300	(265)
Professional Fees					
5610 · Accounting	0	105	625	2,500	
5625 - Website Admin	0	0	750	3,000	
5630 - Network Admin	0	285	240	960	
5645 - Office Admin	0	0	1,200	4,800	
Total Professional Fees	0	390	2,815	11,260	(2,425)
Payroll Expenses - 5400					
5410 - Management Salary	4,035	12,104	12,104	48,415	
5415 - Clerical Wages	2,750	7,284	8,000	32,000	
5416 · Payroll Tax Expense	632	2,069	1,825	7,300	
5470 - Retirement Benefits	150	450	450	1,800	
5681 · Healthcare Benefits	525	1,575	1,575	6,300	
Total 5400 · Payroll Expenses	8,091	23,481	23,954	95,815	(473)
Bank Charges -					
Bad Debt Expense - 5686	0	(99)	50	200	
Credit Card Fees - 5895	122	330	350	1,400	
Bank Charges - 5690	0	(12)	25	100	
Total Expense	13,455	38,964	41,665	166,660	(2,701)
Net Income	2,101	(205)		140	

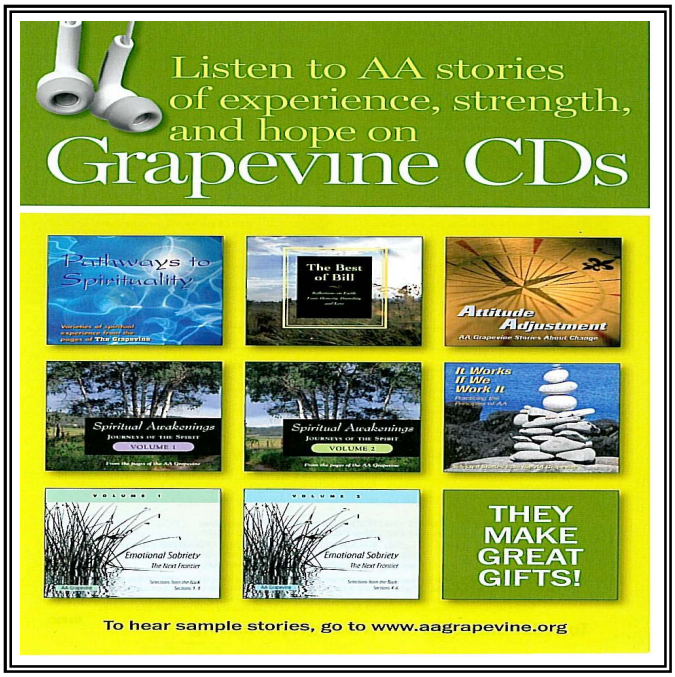
Prepared by CFO@aasacramento.org

CCFAA Delegate's Meeting Minutes—April 17, 2010 TREASURER'S REPORT --CONT'D (Page 12)

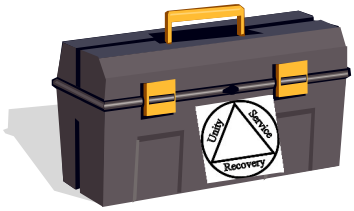
BALANCE SHEET Mar 31, 10

ASSETS	
Current Assets	
Checking/Savings	
1040 · Certificate of Deposit -0546	18,036.70
1041 · Certificate of Deposit -0438	18,261.58
1043 · Certificate of Deposit #1552	12.24
1060 · General Fund	23,320.38
1065 · Cash Drawer	149.89
Total Checking/Savings	59,780.79
Accounts Receivable	
1200 · Accounts Receivable	1,944.63
Total Accounts Receivable	1,944.63
Other Current Assets	
1069 · Undeposited Funds	43.94
1070 · PrePaid Expense-Picnic	811.20
1072 · Security Deposits	1,582.69
1500 · Inventory Asset	23,696.20
Total Other Current Assets	26,134.03
Total Current Assets	87,859.45
Fixed Assets	
1810 · Leasehold Improvements	137.92
1820 · Furniture & Equipment	19,246.44
1825 · Acc. Depreciation-Furniture and	-18,891.29
1840 · Computer Software	2,752.02
1845 · Acc. Depreciation-software	-2,752.02
Total Fixed Assets	493.07
TOTAL ASSETS	88,352.52

LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Accounts Payable	
2100 · Accounts Payable	360.65
Total Accounts Payable	360.65
Other Current Liabilities	
2200 · Payroll Liabilities	2,738.30
2310 · Sales Tax Payable	2,335.73
Total Other Current Liabilities	5,074.03
Total Current Liabilities	5,434.68
Total Liabilities	5,434.68
Equity	
3300 · Unrestricted Fund Balance	60,014.90
3600 · Retained Earnings	23,108.40
Net Income	-205.46
Total Equity	82,917.84
TOTAL LIABILITIES & EQUITY	88,352.52



What's in your toolbox?



The Fifth Step

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs"

"A.A. experience has taught us we cannot live alone with our pressing problems and the character defects which cause or aggravate them. If we have swept the searchlight of Step Four back and forth over our careers, and it has revealed in stark relief those experiences we'd rather not remember, if we have come to know how wrong thinking and action have hurt us and others, then the need to quit living by ourselves with those tormenting ghosts of yesterday gets more urgent than ever. We need to talk to someone about them."

Twelve Steps and Twelve Traditions, pg.55

The Fifth Tradition

"Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

" Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying the message to the alcoholic who still suffers."

Twelve Traditions—Short Form

The Fifth Concept

"Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration."

"We believe the spirit of democracy in our Fellowship and in our world service structure will always survive, despite the counter forces which will no doubt continue to beat upon us. Fortunately we are not obliged to maintain a government that enforces conformity by inflicting punishments. We need to maintain only a structure of service that holds aloft our Traditions, that forms and executes our policies thereunder, and so steadily carries our message to those who suffer. Hence we believe that we shall never be subjected to the tyranny of either the majority or the minority, provided we carefully define the relations between them and forthwith tread the path of world service in the spirit of our Twelve Steps, our Twelve Traditions, and our Conference Charter—..."

Twelve Concepts for World Service—by Bill W.

Insanity of Alcoholism (CONT'D FROM PG 1)

Our general discomfort with living has much to do with the way we perceive the effects of alcohol. Our falling short of what is called "well adjusted" is definitely a part of our makeup as an alcoholic. However, that alone does not separate us much from the general population. It is our physical as well as our mental response to alcohol that is insane, and that is what separates the alcoholic from the non-alcoholic. There are two problems alcoholics have with alcohol (1) the obsession of the mind, and (2) the compulsion of the body-an incomprehensible craving. Somewhere along the line, early or late, we develop obsession with the idea that alcohol eases our minds and solves our problems. Then, our physical response to alcohol manifests in what the "Big Book" calls an allergy. Our alcoholic bodies process the alcohol in a manner which causes us to crave more, and more. The alcoholic insanity of our minds tells us that it is a good idea to drink to relieve our stress and to have fun. Once we start, our alcoholic bodies tell us we must drink more to satisfy the craving.

As every alcoholic should know, that is where the well known cycle begins, and continues over and over again, leading to death, incarceration. Or "wet brain" insanity. What Dr. Silkworth called the phenomenon of craving", manifesting as an "allergy", is so overpowering that all else comes in second to our primary concern of getting the next drink, even life itself takes second place.

That, my friends is the "INSANITY OF ALCOHOLISM". It is only relieved and arrested by Total abstinence, and as we have found, by and through the application of the 12 Steps of AA in our lives, in all our affairs. To achieve a psychic change, a "spiritual wakening," leading to growth and maturity, and a firm grasp of the reality of life and the world about us.

As a young man (with tears in his eyes) in his first AA meeting said, "I'm here because I just want to live. That's it. I just want to live." It is as simple as that.

-Barefoot Bob, Denver CO.--Reprinted from The Last Drop, Denver CO.

WE ARE ONLY AS SICK AS OUR SECRETS

"If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about our lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items in stock. They only *thought* they had lost their egoism and fear; they only *thought* they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone else all their life story.

More than most people, the alcoholic leads a double life. He is very much actor. To the outer world he presents his stage character. This is the one he likes his fellows to see. He wants to enjoy a certain reputation, but knows in his heart he doesn't deserve it.

> **Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."**

The inconsistency is made worse by the things he does on his sprees. Coming to his senses, he is revolted at certain episodes he vaguely remembers. These memories are a nightmare. He trembles to think someone might have observed him. As far as he can, he pushes these memories far inside himself. He hopes they will never see the light of day. He is under constant fear and tension—-that makes for more drinking…

...We must be entirely honest with somebody if we expect to live long or happily in this world."

B I G The Gift

" No amount of money or fame could equal what has been given to me.

Today I can walk down any street, anywhere, without the fear of meeting someone I've harmed.

Today my thoughts are not consumed with craving

IN MEMORIAM

Ron Lemaster

of the Carmichael Family group passed on April 7, 2010. ...R.I.P

DID YOU KNOW

Intergroups/Central Offices:

It's in Conference-Approved Literature

PURPOSE AND RELATIONSHIP within SERVICE STRUCTURE

The following statements are from, "AA Guidelines: Intergroups and Central Offices," which are "compiled from the shared experience of AA members throughout the US and Canada to assist in reaching an informed group conscience."

"Nearly 1000 Intergroups/Central Office worldwide perform vital AA services, constituting a network of service outlets and AA contacts to help carry the AA message."

INTERGROUPS…

"Exist to aid the groups in their common purpose of carrying the Alcoholics Anonymous message to the alcoholic who still suffers."

INTERGROUPS ARE…

"Established to carry out functions which are best handled by a central Office."

INTERGROUPS ARE…

"An AA service office that involves *partnership among groups in a* community --just as AA groups themselves are partnerships of individuals."

INTERGROUPS IN RELATION TO THE GENERAL SERVICE OFFICE:

"Direct group contact with GSO doesn't take the place of services provided By a local service office, but helps GSO to keep in closer touch with all groups."

INTERGROUPS IN RELATION TO THE GENERAL SERVICE STRUCTURE:

"In 1990 the General Service Conference stressed the importance of communication and recommended that delegates establish and maintain contact with offices in their Areas to share Conference information and assure that Intergroups/Central Offices have A voice in the Fellowship through their existing service structure."

"It is not important who does the work (the General Service Committee or the Central Office or Intergroup Committee in your area) but that the work gets done--that help is There for the next alcoholic who needs us and our Fellowship."

"Central Offices and General Service Area Committees are complementary, rather Than competitive, AA operations. Both exist to help insure AA unity and fulfill AA's primary purpose of carrying the message."

"In general service areas where PI (Public Information) and CPC (Cooperation with the Professional Community) committees are under the auspices of a General Service Committee, the central office works in close cooperation with these committees."

Building an Arch (cont'd from p. 1)

I hung up the phone and said to myself, "I bet Bill W. didn't have to go through this!" I used to think the Big Book referred to Step Five when it said, "What an order! I can't go through with it." I thought, how can talking about all this junk that I never wanted to write down in the first place make any difference?

By the time I finished Step Five, I knew that I was well on my way toward "building an arch" through which I would "walk a free man." What happened? Did God convert me into a religious AA dervish. Was I brainwashed by some mystical technique into an AA true believer? Did I go into permanent shock? None of these things happened. The truth is much simpler. Step Five simply accomplished exactly what I was promised, based on the tried and tested experience of Alcoholics Anonymous.

This is what happened. For starters, I had prepared for Step Five by making a beginning on the previous Steps. I had my Fourth Step inventory which had given me a new awareness, albeit a not completely objective one. Nevertheless, I had it. Though the temptation to avoid sharing with "another human being" was nearly overwhelming, my fear of not following my sponsor's instructions to the letter was even greater.

I arrived at my sponsor's home promptly at six. I didn't want to be late for my "funeral." He ushered me into the living room and I sat in what was obviously the condemned man's chair. Given to redundancies in times of hysteria, I commented on the weather at least twice, and God only knows how many times I mentioned the state of local AA affairs. Then my sponsor said those terrible words: "Why don't you get out your Fourth Step so we can get started."

I feared that doors automatically sealed themselves during Fifth Steps. But I prayed to God and "asked His protection and care with complete abandon." "Okay, where do you want to begin," I asked, hoping for mercy. "Why don't we begin with your grudge list," my sponsor said. "But before we begin," he added, "why don't we pray and ask our Higher Power for guidance. After all, this is a three-way deal. God is very much a part of this. It's his grace that brought you here."

Sometimes sponsors can really surprise you. This was one of those rare times. We prayed, then he became his old self again, indicating that it was time I began. We went over my grudge list, item by item. I discovered that he liked "item by item." I read and explained. He listened and commented.

Before we were halfway through the list, I began to realize that the advice, counseling, and experience he shared was not only his, but that of others as well. It was the experience of one drunk talking to another, but it was more than that. It was the resonating voices of countless men and women in AA who had shared their experience, strength, and hope with each other. Was this God-consciousness? I wondered, as I continued my disclosures.

Finishing the grudge list, we assailed my list of fears. To my surprise, I discovered my sponsor and I shared some of the same ones. By this time, occasional laughter interspersed the more serious portions of the unfolding panorama of my life. I was beginning to feel a sense of relief. It continued to grow even as we discussed pertinent aspects of my "list of major human failings--the Seven Deadly Sins."

It was incredible! As years of humiliation, pride, and fear fell away into harmless debris, my sense of isolation actually began to dissipate. I no longer felt like a freak, a pathetic caricature of humanity, incapable of integrating myself into the world about me. The existence of God's presence was no theory; it was fact. God was with us and my cup did indeed run over. It overflowed with his love as it was translated into the experience, strength, and hope of two twentieth-century alcoholics joined in the miracle of a spiritual awakening known as recovery.

Those secrets that I'd sworn to take to my grave were now dead and buried under the fertile soil of a new freedom nurtured by truth and sharing and laughter, moistened by tears of relief and joy, and warmed by the sunlight of the spirit. "Step Five works! It really does!" I marvelled. I knew now that the man who was leaving was not the same man who had fearfully entered this Fifth Step sanctuary just a few hours previously.

Today, after many revisits to Step Five, I know that my initial experience was no fluke, that "God does move in a mysterious way His wonders to perform," and that Step Five is one of those.

I have also been privileged to share in the Fifth Step experiences of others. Since there is nothing like personal experience to qualify one for this extremely personal spiritual awakening, I would suggest having done a Fifth Step as a prerequisite for hearing someone else's. We must be prepared to share our own Fifth Step disclosures, laughter, and tears that the experience of others might be as profound as our own. Being able to keep confidential the disclosures of others is also essential. This experience is only between God and ourselves.

Franklin D. Roosevelt said, in his first inaugural address, "The only thing we have to fear is fear itself. "If we're willing to expose the pages of our lives to the love and understanding of our Higher Power and a fellow alcoholic, we'll surely know a new freedom and a new happiness. We'll discover that love is never having to feel alone again; that God's presence in our lives has become profound; and that the unity of the Fellowship of the spirit can be ours so long as we are willing to "pass it on."

Chico C.--West Palm Beach, Florida

GROUP CONTRIBUTIONS (Through April 27, 2010)

Group Name	Gp No	APRIL	YTD
11TH STEP MEDITATION MTG.	11831		60.00
12-SQUARED GROUP	11786	93.00	162.00
ALL TRIBES GROUP	10483		20.00
ARDEN MORSE GROUP	10004		158.00
AS BILL SEES IT MENS DAVIS	10397		30.00
AS BILL SEES IT PLACERVILLE	10314	20.35	20.35
ATTITUDE ADJUSTMENT DAVIS	10547		84.00
AUBURN FWP	10006	50.00	100.00
AUBURN WEDNESDAY Y P	11514		1.83
BEEN THERE DONE THAT	10636		100.00
BROWNSVILLE SERENITY GRP	11536	35.00	55.25
BY THE GRACE	10552		50.00
CAMERON PARK WOMEN'S GROUP	10372		5.00
CAPITOL CITY MEN'S GROUP	11251		99.65
CARRY THE MESSAGE GROUP	10622	60.00	60.00
CATHEDRAL GROUP	10022		1,005.00
CITRUS HEIGHTS GROUP	10034	27.83	124.63
CLARKSBURG FELLOWSHIP	10531	200.00	200.00
COLFAX FRIENDS OF BILL	11058	200.00	200.00
COME AS YOU ARE GROUP	10615	240.00	540.00
CONSCIOUS CONTACT GROUP		5.00	5.00
COOL MEETING	10957		225.00
CORDOVA LUNCH BUNCH	10591		173.00
CORDOVA SERENITY SEEKERS	10352	58.00	134.00
COUNTRY CLUB GROUP	10051		45.00
COURAGE TO CHANGE	10053		270.00
DAILY ATTITUDE ADJ. - FAIR OAKS	10381	259.00	1,934.68
DAILY DIRECTION AA	11276	50.00	50.00
DAVIS HOPE GROUP	10054	20.00	95.00
DAVIS WEDNESDAY WOMENS STEP STUDY			31.75
DESTINY GROUP	11313	85.00	85.00
DIXON DRY DOCK GROUP	10530		250.00
DIXON NO NAMES GROUP	10057		100.00
DOBBIN'S WILD BUNCH	10058	54.36	54.36
EAST YOLO FELLOWSHIP	10063	30.00	130.00
ELK GROVE CAME TO BELIEVE GRP	10016		318.00
ELK GROVE FELLOWSHIP	10673	19.01	101.44
ELK GROVE GROUP	10434		155.00
ELK GROVE POA WOMEN'S	10496		110.40
ELK GROVE SOBRIETY SISTERS	11199		54.00
ESPEE FELLOWSHIP	10064	150.00	210.00
FAIR OAKS BEGINNERS	10072		100.00
FIT FOR LIFE	10330		540.51
FLYING BLIND BIG BOOK STUDY	11479		255.00
FOLSOM BIG BOOK	10545		547.21
FOLSOM FRIDAY NIGHT	10501		489.89
FOLSOM NOON NEW LIFE	10517		250.00
FOLSOM SATURDAY MORNING MTG	10607		150.00
FOLSOM WEDNESDAY NIGHT GROUP	10078		141.66
FOLSOM YOUNG PEOPLE	10624		99.52
FOX HALL (YUBA CITY)	10311		10.00
FREEDOM GROUP	10083	365.81	688.11
FRIDAY FELLOWSHIP OF DOUBLE A	10288		197.15
GALT FELLOWSHIP	10090		200.00
GIBBONS NOON	10668		340.00
GOD'S MIRACLE IN DUNNIGAN	1980	25.00	100.00
GOTTAWANNA	10095		698.42
GROUP ONE	10111		30.00
GROUP THREE	10112		89.13
HAPPY DESTINY	11065	112.71	234.57
HAPPY HOUR RANCHO GROUP	11024		150.00
HAPPY JOYOUS & FREE	10114		25.00
HEAD ACROSS WOMEN'S GROUP	10505	100.00	200.00
HELPING HANDS	10671	140.08	140.08
INTO ACTION	10533		50.00
KEEP IT SIMPLE (MARYSVILLE)	11426		13.22
LINCOLN HILLS GROUP	11338		60.00
LINCOLN THURSDAY NIGHT GP	10539	31.00	172.57
LIVING SOBER WOMEN - FRIDAY	10345		226.14
LOOMIS FELLOWSHIP	10132		22.00
MIDTOWN SOLUTIONS	10144		20.00
MONDAY WOMEN'S STEP STUDY	11178		115.35
MORE WILL BE REVEALED	11629		75.00
MYSTIC CHIX	10635		83.96
NATOMAS GROUP	10411		303.95
NEW HOPE GROUP	10172		160.46
NO LEGS, JUST STEPS GROUP	11782		278.57
NORTH AUBURN GROUP	10656	10.00	40.00
NORTH HALL GROUP	10177		151.77
NUMBER ONE OFFENDERS GROUP	10611		80.00
OLD TIME VALUES	11627		25.91
ONE DAY AT A TIME GROUP	10387		50.00
ORANGEVALE OPEN GROUP	10182	81.00	122.00
ORANGEVALE SIXTY MINUTE GP	10490	208.62	208.62
PATHWAY TO SPIRITUALITY	10191		72.00
PLACERVILLE HANGTOWN GROUP	10198		50.00
PLACERVILLE SUNRISE ATT.	10644		250.00
PRIMARY PURPOSE FELLOWSHIP	11866	40.00	40.00
PROMISES GROUP - DIXON	11510		20.00
RANCHERIA FELLOWSHIP	11555	6.49	37.11
RANCHO CORDOVA FELLOWSHIP	11951		76.00
RANCHO MURIETA GROUP	10609	228.46	677.48
RIO LINDA FELLOWSHIP	10203		100.00
RIVER PARK RECOVERY	10553		215.29
ROCKLIN FWP	10677	50.00	1,650.00
ROCKLIN RACETRACK GP	10436	37.50	37.50
ROSEVILLE FWP MONDAY NIGHT GROUP	10208		50.00
ROSEVILLE TUESDAY NIGHT	10215	500.00	2,250.00

ROUND TABLE GROUP	10217	50.00	50.00
SACRAMENTO DOWNTOWN MEN	10640		98.10
SATURDAY E.D.I.	10527		392.15
SATURDAY MORNING REFLECTIONS GRP	11110		151.00
SERENDIPITY AS BILL SEES IT	11111	80.00	80.00
SERENITY BOOK & STEP STUDY	10613	42.00	111.00
SHABOT SHALOM	11788		11.00
SIERRA STEP SISTERS	10678	9.05	27.29
SIERRA WEDNESDAY AM GP	10224	120.00	220.00
SIXTY MINUTE SOLUTION GROUP	10500	109.60	251.52
SOBER DRUNKS	11206		150.00
SOBRIETY SPEAKS	11567	100.00	250.00
SOUTHPORT SERENITY	10627		480.00
SPIRITUALLY SPEAKING GROUP ORANGEVALE			237.38
SPRING FLING	15038	3,672.67	3,672.67
STEPS TO PEACE	11109		50.00
STIX CHIX-PLACERVILLE	11630	21.27	59.37
SUNDAY MORNING SERENITY	10504		324.66
SUNDAY NIGHT MENS MEETING	10475		114.00
SUNRISE SPEAKER MEETING	10262		243.94
SUNRISE SUNSET GRIOUP		20.00	120.00
SUNSET SATURDAY	10266	21.47	21.47
THANK GOD IT'S SMOKE FREE	10487		54.06
THREE LEGACIES GROUP	10280		60.00
TRADITIONS & CONCEPTS MTG	11706		20.91
TUESDAY CORDOVA K.I.S.S. GROUP	10042		50.00
TUESDAY NIGHT BYOB AUBURN	11640		102.36
TUESDAY NIGHT CARMICHAEL	10285		50.00
TWELVE BRIDGES STEP STUDY	11543		106.13
TWELVE STEPS TO SOBRIETY	10971		75.00
WE CAN GROUP	10293		70.00
WE SURRENDER MEN'S GROUP	10601	50.00	200.00
WEDNESDAY NIGHT 12X12 BK STDY	11176		105.00
WILLING WOMEN	11469	125.86	297.65
WINTERS KITCHEN TABLE	10304	95.27	95.27
WOMEN IN RECOVERY	11104		45.85
WOMEN KEEPING IT REAL	11598		25.00
WOMEN OF EXTRAVAGANT PROM.	11375		93.13
WOMEN ON WEDNESDAYS	11785		45.00
WOODLAND TRADITIONAL GROUP	10650	85.00	340.00
WOODLAND WOMEN'S GROUP	1982		22.29
ZINFANDEL & CORDOVA LANE GROUP	11047		100.00
TOTAL		8,195.41	30,141.69

Self-Support:

Where Money and Spirituality Mix

Q: Does GSO have any specific information for our group or group treasurer about how to handle our group's finances?

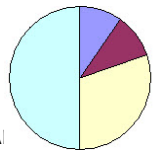
A: Yes. There are two excellent publications available from GSO - AA Guidelines on Finance and the pamphlet, "The AA Group Treasurer," that provide specific information to groups regarding practical matters related to their group finances, such as setting up bank accounts, obtaining tax ID numbers, and outlining the responsibilities of a group treasurer.

Q: Doesn't all AA money go into one pot? In other words, when our group contributes to central office (intergroup), isn't our money distributed to the area, district and GSO as well?

A: No. Each AA entity - group, district, area, central office, and GSO - provides a specific service and is autonomous. Each is separate from the other.

Examples of Group Contributions to AA Service Entities

Distribution of funds from groups that support four service entities:



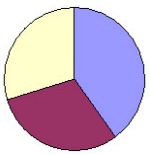
10% to district

10% to area committee

30% to GSO

50% to intergroup or central office

If you have no intergroup/central office, distribution of funds from groups that support three service entities:



40% to district

30% to area

30% to GSO

Q: After group expenses, what is your informed group conscience for distribution of excess funds?

A: An example is as follows:

Distribution Plan of: _____

(YOUR GROUP NAME)

Your Group Service #: _____

District _____%

Area _____&

GSO _____%

Intergroup/Central Office _____%

Other _____%

CCFAA and send to: CCFAA, 9960 Business Park Drive, Suite 110, Sacramento, CA 95827-1719. *Excerpt from Pamphlet F-3, "Self-Support: Where Money and Spirituality Mix"*

CENTRAL CALIFORNIA FELLOWSHIP
9960 BUSINESS PARK DR., SUITE 110
SACRAMENTO, CALIFORNIA 95827

***CHANGE SERVICE REQUESTED**

NON-PROFIT ORGANIZATION U.S. POSTAGE PAID PERMIT NO. 449 SACRAMENTO CA

Birthday Club

One way that members have been expressing their gratitude is by sending a donation to Central Office as their birthday approaches. You may send a dollar for each year or whatever you can afford.

If you feel that you would like to make this dona-

Name: _____

Address: _____

City/State/Zip: _____

Donation/Years: _____

Phone Number: _____

By The Way Subscription

To have the By The Way delivered to your home or if your group needs additional copies, just fill out this form and mail it to CCFAA, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827.

Please check one:

Gift Subscription ❑

New Subscription ❑

Subscription price (1 year) $ 12.00

Number of subscriptions x _____

Total $ _____

Please send By The Way to:

Name: _____

Address: _____

City/State/Zip: _____