Central California Fellowship of AA

By The Way

9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org 916-454-1771

JANUARY 2016

Central Office will be closed

JANUARY 18TH
For Martin Luther King Day

WHAT'S INSIDE ?

Master Calendar	2-3
Speaker Meetings	4
Group News	4-5
Special Events	5-6
Birthdays	7-9
Minutes	13-16
Treasurer's Income & expense Report	16-17
Group Contributions	18-19

" Singleness of Purpose "

What about those members that chose to identify themselves as something other that just an alcoholic, most commonly "alcoholic-addict"?

As is true with most of the challenges we're faced with today, the solution can be found by educating ourselves through the study of our principles and their origins, and of always considering our primary purpose: To stay Sober and carry the Message to the Alcoholic who still suffers.

In this case we're talking specifically about two of our Traditions. Tradition Three, in the short form that most A.A. members are familiar with: The only requirement for A.A. membership is a desire to stop drinking. The Third Tradition, first published in 1946, it its original form, stated: Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. Group, provided that, as a group, they have no other affiliation.

It's interesting to note that this question had been around for a very long time. It was in 1937 that we first ran into the situation that led directly to our Third Tradition. A person had shown up at the Akron Group and confessed to having another addiction in addition to that of alcohol. The group's inclination was to bar that person from joining us. But Dr. Bob was there, and after talking to some of the other men, he asked the question "What would the Master do?". Keep in mind that at that time most of the members considered themselves to be Christians. That man was accepted into the Group and became an active member.

At the beginning of our Fellowship, groups, mostly out of fear, tried to impose many rules regarding membership. So many, in fact, that if all of them were combined not a single one of us would have ever been allowed to become members. It was out of all of these experiences that the Third Tradition came into being.

Tradition Five, in the short form: "Each group has but one primary purpose - to carry its message to the alcoholic who still suffers."

(cont'd pg.6)

Deadline Dates for Submissions for the By The Way and Monthly flyers 2015

MONTH	FLYERS DEADLINE	*BY THE WAY* DEADLINE
January	Sunday 10th	Tuesday, Dec.15th
February	Wed 10th	Friday, Jan. 15th
March	Thursday 10th	Monday Feb 15th
April	Sunday 10th	Tues, Mar 15th
May	Tuesday 10th	Friday, April 15th
June	Friday 10th	Sun, May 15th
July	Sunday 10th	Wed, June 15th
August	Wed 10th	Friday, July 15th
September	Saturday 10th	Mon, Aug. 15th
October	Monday 10th	Thurs, Sept. 15th
November	Thursday 10th	Sat, Oct. 15th
December	Saturday 10th	Tues, Nov. 15th

All submissions need to be in by 5:00PM. **Email ALL submissions to: *centraloffice@aasacramento.org***

2016 Central Office Volunteer Days

Central Office would like to have volunteers arrive at 9:30AM on the dates above. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

Please call (916) 454-1771 if you plan to attend.

Volunteer Dates for 2015 Mailings

	Flyer Mailing	By The Way Mailing
January	Monday 12th	Friday, Jan. 30th
February	Thursday 11th	February 29th
March	Friday 11th	Friday, April 1st
April	Monday 11th	Friday 29th
May	Wed 11th	Tuesday 31st
June	Monday 13th	Thursday 30th
July	Monday 11th	Friday 29th
August	Monday 11th	Friday Sept. 2nd
September	Monday 12th	Friday 30th
October	Tuesday 11th	Monday 31st
November	Monday 14th	Friday, Dec. 2nd
December	Monday 12th	Friday, Dec. 30th

By The Way *is published monthly by the Central California Fellowship (CCF), 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is $12.00 per year. Opinions, letters, and stories printed in By The Way are not to be attributed to Alcoholics Anonymous, the Central California Fellowship or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.*

TELE-SERVICE DESK

Volunteers answer the hotline from 9AM to 1PM or 1PM to 5PM Monday through Friday at Central Office. We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.

*Volunteers need a minimum of six months of sobriety to answer the hotline.

hotlinehelpers@gmail.com

H&I MONTHLY MEETING

3rd Thursday, at 6PM
Denny's Restaurant
7900 College Town Dr., Sacramento, 95826
(Howe Ave & Hwy 50)
We have an ongoing need for volunteers. Contact the Area 42 Chairman, Mike H. for more information

CCFAA HOTLINE GROUP MONTHLY MEETING

2nd Saturday from 10:00am to Noon at Central Office

9960 Business Park Dr. # 110 Sacramento, 95827

GROUP DELEGATES

Please let us know who you are so we can send your group a **FREE** copy of the By The Way and the flyer mailing each month.

We want to be sure we have up-to-date info about your meeting location, day, time, and format.

CCFAA is here to be of service to you and your group.
Please feel free to visit your Central Office located at: 9960 Business Park Dr., Suite 110 in Sacramento!

PI/CPC COMMITTEE

Meets on the 3rd Friday of the month at 6:00 PM
Faith Presbyterian Church
625 Florin Road, Sacramento 95831
(Florin Rd. in the Greenhaven Neighborhood)

OFFICE OPERATIONS COMMITTEE

Tuesday, **January 12th** at 6:00PM at Central Office
9960 Business Park Dr. Suite 110, Sac., CA 95827

CCFAA Delegates' Meeting

Saturday, January 16, 2016

Meeting begins at 3:00pm

New Delegates arrive at 2:00pm

Traditional Group Meeting Hall

2625 Alta Arden Expressway, Sac., 95825

CCF SPECIAL EVENTS COMMITTEE

2nd Wednesday of each month;

Mimi's Cafe

2029 Alta Arden Expy, 95825 (Between Howe & Ethan)

The next meeting will be January 13th.

A.A. Teleservice Needs YOU!!

☎ Alcoholics Anonymous Teleservice, also known as the A.A. hotline, services alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.

☎ This is a great way to be of service to your fellow alcoholics. All you need is the use of a phone and a current meeting schedule. From the comfort of your own home on a landline telephone or even while you're out and about with the use of a cell phone you can be of service.

☎ We would love to have you join our team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: hotlinehelpers@gmail.com

"I can't explain why I didn't hang up. I just sat there on the floor, with the receiver to my ear. The next thing I heard was "Good afternoon. Alcoholics Anonymous. May we help you?"
"Came to Believe" PG 23

SERVICE OPPORTUNITIES @ CCFAA!

We need volunteers to help with the assembly of the flyer mailing on ***Monday, January 12th*** at 9:30 a.m. and the **By The Way** mailing on ***Friday, January 30th*** at 9:30 a.m.
Donuts - Coffee - Fellowship - and Fun!

California Northern Interior Area Calendar 2016

Winter Assembly (D 11) Jan. 16-17 2016 Red Bluff
Area Committee Mtg. Feb. 20th W. Sacramento
PRAASA Mar. 4-6 Spokane, WA
NCCAA Mar. 18-20 San Ramon, CA
Area Committee Mtg. Mar 19th W. Sacramento
(W. Sacramento Meets at the East Yolo Fellowship, 1040 Soule St. at Jefferson Blvd.)

THANK YOU NEW FAITHFUL FIVERS

NEWS FROM VOLUNTEER CENTRAL

WHERE GRATITUDE IS AN ACTION WORD!

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

In service during the month of **December:**

TeleDesk Volunteers & Subs: Cindy F. - Cindy Jo M. - Joyce H. Dlorah B. - Lynn S. - Karen Y. - Kathy K. - Beth B. -Cathy N. - Cheryl G. - Karla S. - Norma A. - Merlie T.

Sales Desk: Ron H. - Karen Y. - Cindy F. - Cathy N. - Melissa Z. - Daniel Z. - Cindy Jo M. - Robin T.

BTW & Flyer Mailing: Beth B. - Bill E. - Pete G. - Mike K. - Karla S. - Carol L. - Sherri KW.- Michael P. Jim D. - Cristin C. - Elaine A.

Bulk Mailing: - Beth B.

BTW : Layout & Design - Karina K. - Robin T.

Celebrating January Birthdays:

None this month.

WORDSMITHY

- Rationalize -

(rash uh nuh lyze)-351 - explain /justify/ to devise self-satisfying but incorrect reasons for one's behavior / to interpret from a 'reasoning' standpoint / to offer reasons for or a cause of /using 'reason' to make rational.

(from The Little Big Book Dictionary)

Teleservice Activity Report (YTD Data Unavailable)

Teleservice	November	YTD
12 Step	51	N/A
Meetings/Info	165	N/A
Total Calls	216	N/A

Teledesk Activity Report November 2015

Teledesk	November	YTD
12 Step	21	183
Meetings/Info	340	4,806
Total Calls	361	4,989

WEEKLY SPEAKER MEETINGS

CAMERON PARK GROUP ~ WHEN: Every Saturday, **WHERE:** Light of the Hills Church, 3100 Rodeo Dr. Cameron Park. Last Saturday is Birthday Night. Come We need your support!

FOLSOM WAY OF LIFE GROUP ~ WHEN: Every Thursday, 7:00PM. **WHERE:** Journey Church, 450 Blue Ravine Road, Folsom.

FOURTH DIMENSION GROUP ~ WHEN: Every Thursday, 8:00pm. Speaker. **WHERE:** Church of Christ, 1799 Cirby Way, Roseville. More details @ fourthdimensiongroup.org.

FOXHALL GROUP ~ WHEN: Tuesdays at 7:00pm. **WHERE:** Church of Christ, 1321 Peachtree Lane (Multipurpose Room), Yuba City

ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN: Saturday Night. Meeting, 8:00-9:30 pm. **WHERE**: 315 Lincoln St, 95678

SUNRISE SPEAKER MEETING ~ WHEN: Every Sunday from 11:00AM-12:00PM. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael. We have local speakers who inspire and inform.

TRIPLE A SPEAKER/PARTICIPATION MEETING ~ WHEN: Friday night at 7:00pm. **WHERE:** 18014 Applegate Rd., Applegate.

MONTHLY SPEAKER MEETINGS

AUBURN FELLOWSHIP ~ WHEN: Every third Saturday at 7:30pm. **WHERE:** 244 Palm Ave., Auburn, CA.

BEEN THERE DONE THAT FWP~ WHEN: 1/16/16 6:30 pm. Speaker John O'C. of fair Oaks **WHERE: (** Madhouse) - 8938 Madison Ave. Fair Oaks.

DAVIS HOPE GROUP ~ WHEN: First Saturday of each month at 7:00pm. **WHERE:** St. Martin's Church, 640 Hawthorn / Sycamore.

ELK GROVE FELLOWSHIP ~ WHEN: 3rd Saturday of every month. Potluck at 7:00 PM and Speaker at 8:00 PM **WHERE:** Native Sons Hall, 9151 Grove St., Elk Grove (corner of Kent and Grove St).

GALT FELLOWSHIP ~ WHEN: 1st Saturday of every month. Dinner: 6:00pm, **Speaker:** 7:00pm Speaker : TBA. Group supplies main course, dinner served in the dining hall next to our room. Join us! Bring a side dish or just yourself and some friends. **WHERE**: 908 C St. Suite F, Galt, CA.

GROUP ONE ~ WHEN: Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St., Sacramento.

GROUP THREE ~ WHEN: 3rd Saturday of the month at 6:00pm. Speaker: **WHERE**: 9940 Business Park Dr., Ste. 110, Sac.

HI-FLYERS ~ WHEN: Last Sunday of the month at 7:00pm. **WHERE:** 3077 Alhambra Drive, Suite E, Cameron Park

HOPE & SERENITY SPEAKER MEETING ~ WHEN: First Saturday of the Month. At 7:00pm **WHERE:** Marriott Courtyard , 4422 Y St. Sacramento, 95817. (Free Parking top floor of Hospital)

MIDTOWN SOLUTIONS ~ WHEN: Last Saturday of the month at 7:00pm to 8:15pm. **WHERE:** 2903 30th Street.

NEW HOPE GROUP ~ WHEN: Last Saturday of every month 7PM. **WHERE:** St. Francis Episcopal Church 11430 Fair Oaks Blvd.

NORTH HALL GROUP ~ WHEN: Third Saturday of the month at 8:00 pm. 20 min Speaker: Dan B., 40 min Speaker: Gaynail J., **WHERE:** 3501 2nd Ave., Sac

NORTH SACRAMENTO GROUP ~ WHEN: First Saturday of the month, 7:00 pm. **WHERE:** 2330 Fairfield St., Sacramento.

MONTHLY SPEAKER MEETINGS Cont'd

RIO LINDA MONTHLY SPEAKER MEETING ~ WHEN: 2nd Friday. Doors open at 6:00pm. **WHERE:** Rio Linda fellowship, 515 L. St. (5th St. Calvary Lutheran Church.)

SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN: Second Saturday of every month at **8:00 pm WHERE:** Centennial Methodist Church, 5401 Freeport Blvd., Sacramento. Please join us for dinner with the speaker & committee at Marie Callender's (at 6:00pm.) on Freeport. For dinner Reservations contact: Andy H. or Rachel H. **Speakers:** 1/9, Mo W. of Fair Oaks. 2/13, Kiki G. of Folsom. 3/9 Penny P. of Livermore. 4/12, Dan Mc. of Lathrop. 5/14, Monica H. of Fair Oaks. 6/11, Adrian L. of Sacramento.

SACYPAA ~ WHEN: Fourth Saturday of the month, 8:00 pm. **WHERE:** Please go to sacypaa.org for more info.

TRADITIONAL GROUP SPEAKER MEETING ~ WHEN: Fourth Sunday of the month at 12:00 noon. WHERE: 2625 Alta Arden Way. Speakers: 20 min. Pam P., Main Speaker: Pat D.

QUARTERLY SPEAKER MEETING

EAST YOLO FELLOWSHIP ~ WHEN: Quarterly - March, June, September and December on the Third Saturday of the month at 7:00pm. **WHERE:** 1040 Soule St., West Sacramento, CA. Potluck at 6:00pm. Bring a dish to share and enjoy the fellowship.

NORTH AUBURN GROUP ~ WHEN: January 30th, Doors open at 5:00pm Potluck 6:00, Speaker 7:00, Sharon A. of Hayward. **WHERE:** 4076 Hwy 49 E., Auburn.

GROUP UPDATES & CHANGES

WOODLAND TRADITIONAL GROUP ~ Birthday Night will now be on the Last Thursday of the month.

NEW GROUPS AND MEETINGS

ALL TRIBES AA FWP ~ New Book Study Meeting ~ WHEN: Friday Nights at 7:00pm - 8:30pm **WHERE:** 2627 J. St. Sac. (Parking & entrance in the Alley)

West Slope Fellowship ~ New Meeting ~ WHEN: Saturday, NOON. **WHERE:** 5581 Gail Rd., Pollock Pines, CA. off Forebay Rd. Senior Citizen Ctr. Meeting is an open, one-hour women's meeting.

GROUP ANNOUNCEMENTS

CAMERON PARK GROUP ~ *Needs Support!* We meet every Saturday at 8:00pm for an open, non-smoking speaker meeting with handicap access. We are located at 3100 Rodeo Rd. in Cameron Park. Join us for fellowship and great speakers!

EAST YOLO FWP ~ Secretary Workshop ~ Every Second Saturday at 12:00pm **WHERE**: 1040 Soule St. W. Sacramento, 95691

FOLSOM BIG BOOK GROUP ~ We meet every Monday at 8:00pm for a one hour book study. We meet at the Trinity Episcopal Church in the Trinity Hall located at 410 Wool St., Folsom, CA. This is a closed meeting where we read the first 164 pages of the Big Book and Dr. Bob's Nightmare every other time. Hope to see you there!

GROUP ANNOUNCEMENTS Cont'd

GOLDEN GIRL'S GROUP ~ This is a very Special AA meeting for Women age Fifty & older. But open to all interested recovering women. **WHEN:** Mondays, 10:00am to 11:30am. **WHERE:** Sunset No-Al Club, 5809 Gibbons Dr., Carmichael

GROUP ONE ~ Birthday night! Every third Friday at 7:00pm. We meet at 2804 T Street, Sacramento.

Newcastle Friday Night Meeting of Alcoholics Anonymous ~ Invites you to join us! ~ WHEN: Fridays, 7-8:15pm. **WHERE:** Newcastle United Methodist Church - 410 Buena Vista Ave. (off Old State Hwy) Speaker and Discussion

PROGRAM OF ACTION ~ Discontinued Meeting ~ WHEN: Sundays, 5:00pm **WHERE:** 1017 10th St. Sacramento

ROUND TABLE AA GROUP ~ *Support Us!* The Round Table Alcohol Anonymous (A.A.) Group meet *every* Monday night, 8-9 PM, at St Andrew's Episcopal Church, 7850 Watt Avenue, Antelope, CA. Our A.A. meeting is an open meeting, one hour long, non-smoking, with handicap access. 916.454.1100.

SIXTY MINUTE SOLUTION GROUP ~ Sundays at 7:00pm at the St. Francis Episcopal Church, 11430 Fair Oaks Blvd., Fair Oaks. The first meeting of the month is the tradition for that month, and the topic for the last meeting of the month is the step for that month. Other topics from The Big Book, 12 & 12, AA Comes of Age

SO THIS IS IT GROUP ~ *Needs Support!* WHEN: Thursdays at 8:00pm WHERE: Advent Lutheran Church, 5901 San Juan Ave., Citrus Heights.

WE AGNOSTICS ~ Discontinued Meeting ~ WHEN: Tuesday, 7:30pm. **WHERE:** 4706 Arden Way at Mission Gethsemane Lutheran Church

WOODLAND GROUP AA/ Birthday Meeting ~ WHEN: Last Saturday of the month, 6:30 Potluck. Birthday meeting at 7:30pm. **WHERE:** 96 West Main St., Woodland, 956

SPECIAL EVENTS

JANUARY

GREENHAVEN 35TH ANNIVERSARY~POTLUCK/ SPEAKER MEETING

WHEN: January 17th, 6:00pm Potluck 7:30pm Speaker: **Tamara B. of Roseville. WHERE: Faith Presbyterian,625 Florin Rd. Sacramento**

NORTH AUBURN GROUP 16th ANNIVERSARY~ WHEN: January 1st, Doors open at 5:00pm **Potluck** 5:30 pm, **Speaker** 7:00, Annetta D. of Martinez. **WHERE:** 4076 Hwy 49 E., Auburn.

ROSEVILLE TUESDAY NIGHT GROUP'S 71ST ANNIVERSARY Dessert Potluck/Speaker Meeting~ WHEN: Saturday January 23rd. Speaker: Howard P. Gilbert AZ. WHERE: Placer County Fairgrounds, Jones Hall, 800 All America City Blvd. Roseville.

OUR EXPERIENCE HAS TAUGHT US~A SENSATIONAL HISTORY OF THE TWELVE TRADITIONS By Jackie B. WHEN: Saturday January 30th 7:00pm WHERE: The Guild Theater, 2828-35th St. Sacramento. Tickets: $15.00 call Central Office at 916-454-1771

SPECIAL EVENTS Cont'd

FEBRUARY

39TH ANNUAL SPRING FLING "Language of the Heart" ~ WHEN: February 12-14, 2016 **WHERE:** 2001 Point West Way, Sacramento, CA 95825 (Double Tree Hotel)

The Voice

I knew that I was separate…

Connected to nothing - I knew that I controlled - I knew that I was alone -

For years I thought I managed well - I was a survivor, I was strong, I endured - I believed that this was as it should be-

Gradually my world crumbled about me - Fear was suffocation - I no longer was strong, I no longer endured - The black hole appeared -

Alcohol was my God - Alcohol was my friend - Alcohol eradicated my fear and pain -

I knew nothing of God, until The Voice - It came to me in the night, In the midst of my pain - As the arm slipped around my shoulders, The Voice said - "Everthing will be Okay" - I knew at that moment who the voice was, but later denied it -

The Voice was patient for the next five years - Alcohol changed from my friend to my enemy - Alcohol no longer suppressed the pain and fear - Alcohol enslaved and controlled me - The black hole was immense -

Eventually I surrendered… and with that surrended gained my freedom - The door to spirituality opened - The black hole dissipated and… - I wanted to know The Voice.. What my connection was and what my truth is -

My Truth is…

I am not Alone -

I am not Separate -

I am one with You -

I am one with God -

The Spirit indwells within me as I indwell within the spirit-

The Voice spoke and Patiently Waited…. I Am Okay !

By Joyce H.

AA Thought for the Day

Carry the Message

Carrying the message is gift of myself, no matter how many years of sobriety I may have accumulated. . . My wish to help another drunk is the key to my spiritual health.
But I never forget that God acts through me. I am only His instrument. - *Daily Reflections*, p. 352

Our Experience Has Taught Us

A Sensational History of the Twelve Traditions

By Jackie B.

SATURDAY ~~JANUARY 30TH ~~7PM

THE GUILD THEATER

2828 – 35th Street, Sacramento, CA

(between 3rd & 4th Ave.)

TICKETS: $15 ADV Call (916) 454-1771

or visit

Central Office, 9960 Business Park Dr. Ste. 110

Questions please contact CCFAA special events chairperson: Terri N.@ ccfspecialevent@gmail.com

or 916-514-0861

Online Intergroup of Alcoholics Anonymous

The Online Intergroup

<http://www.aa-intergroup.org/> is a service entity established pursuant to Tradition Nine of Alcoholics Anonymous (AA) to operate on behalf of the participating online AA groups in accordance with AA's Twelve Traditions and Twelve Concepts since 1996. The Intergroup exists to aid the online groups in their common purpose of carrying the AA message to the alcoholic who still suffers.

Thought to Ponder . . .

The joy is in the journey, so enjoy the ride.

"Singleness of Purpose" (Cont'd from pg. 1)

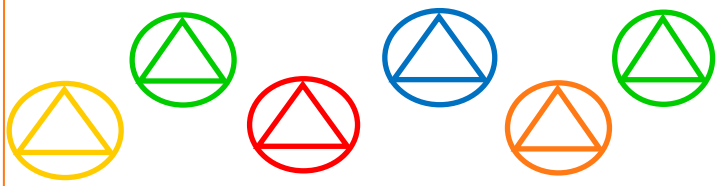
The original form stated: "Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose - that of carrying its message to the alcoholic who still suffers."

What really drove us to this Tradition was when we became aware of the Washingtonian Movement, beginning in 1840, an organization founded on the idea that alcoholics helping each other could get sober. They were very successful initially, and grew at a fantastic rate, reaching a membership of over 500,000. But in less than ten years they had collapsed completely, due to the fact that they became embroiled in a number of causes, primarily the temperance movement and the abolition of slavery. In other words, they neglected their primary purpose.

Over the years many groups, and I include my own Home Group, adopted what I now consider to be a deplorable practice of forcing members to identify themselves as alcoholics. When a member is asked to share in a meeting, but just happens to begin sharing without saying their name another member (or members) of the group will loudly call out saying "who are you?", and thus expects the member to say their name and that they're an alcoholic. This is embarrassing and especially uncomfortable for newcomers, who may still be in process of deciding for themselves if they are in fact alcoholics, something that can be very difficult for many of us.

About ten years ago my Home Group made a conscious decision to forego this practice, and to never force anyone to identify themselves, and to give them time to identify for themselves that they suffer from alcoholism. We did this after carefully considering the implications of our Third Tradition, and the fact that nowhere in our literature is it ever written that a member must identify themselves as an alcoholic. What it does say (in our book Twelve Steps and Twelve Traditions, on page 139) is "You are an A.A. member if you say so. You can declare yourself in; nobody can keep you out".

The way I like to explain it is if you're an alcoholic it doesn't matter what other problems you might have. If you're able to address your alcoholism in many cases those other problems will simply cease to exist, or you'll be put in the position of getting outside help for those other problems. **(Cont'd on pg.11)**



Review the Day

When we retire at night, we constructively review our day. Were we resentful, selfish, dishonest or afraid? . . .
What could we have done better? . . .
After making our review, we ask God's forgiveness and inquire what corrective measures should be taken.

- Big book, pg. 86

AA UNITY

Clem, 42 yrs.
Carol, 27 yrs.
Doug, 19 yrs.
Saria Q., 30 yrs.
Mark, 26 yrs.

ALL TRIBES

Bob D., 18 yrs.
Amy B., 3 yrs.
Aaron, 2 yrs.
Kalilah F., 1 yr.
Janet H., 3 yrs
Jeff M., 2 yrs.
Shanna D., 1 yr.

BABES IN RECOVERY

Renne R., 3 yrs.

GIBBONS NOON

Cyndi S., 23 yrs.
Sam H., 7 yrs.
Ellen K., 3 yrs.
Jim L., 12 yrs.
John D., 5 yrs.
Larry H., 2 yrs.

CORDOVA GOOD MORNING

Shasta N., 1 yr.

CORDOVA KISS

Pam Q., 5 yrs.
Gaylen, 5 yrs.

CORDOVA SERENITY SEEKERS

Mike Mc., 28 yrs.

CITRUS HEIGHTS GROUP

Ken R., 29 yrs.
Bob P., 26 yrs.
Patty O., 10 yrs.
John R., 2 yrs.
Mercedes J., 1 yr.
Patricia W., 26 yrs.
Darin T., 12 yrs.
Kim R., 5 yrs.
Jen R., 1 yr.
Taylor K., 1 yr.

COURAGE TO CHANGE

Joan L., 18 yrs.
Maira E., 9 yrs.
Vicky J., 5 yrs.
Arlienne W., 14 yrs.
Richard M., 8 yrs.

DAILY ATTITUDE ADJUSTMENT

Don F., 39 yrs.
Annie G., 18 yrs.
Randall C., 11 yrs
Lisa G., 9 yrs.
Wendy, 6 yrs.
Valerie, 2 yrs.
Nick S., 2 yrs.
Jeff S., 1 yr.
Ralph P., 25 yrs.
Ben, 14 yrs.
Todd S., 10 yrs.
Linda J., 7 yrs.
Emily B., 6 yrs.
Meleane, 2 yrs.
Nick S., 2 yrs.

DAVIS HOPE GROUP

David D., 41 yrs.
Helen H., 31 yrs.
John D., 22 yrs.
Stephan, 15 yrs.
Katelyn, 13 yrs.
Dora D., 12 yrs.
Judy D., 10 yrs.
Jennifer M., 10 yrs.
Jennifer M., M. 8
Julia T., 6 yrs.
Ginger, 6 yrs.
Steve C., 5 yrs.
Robert M., 3 yrs.
Alison, 2 yrs.
Bob R., 38 yrs.
Lisa M., 29 yrs.
Michael K., 16 yrs.
Marta, 14 yrs.
Bonnie J., 12 yrs.
De D., 12 yrs.
Laura C., 10 yrs.
Robin I., 10 yrs.
Doreen B., 8 yrs.
Rachel F., 6 yrs.
Colin W., 5 yrs.
Joe B., 4 yrs.
Betty F., 3 yrs.

ELK GROVE FELLOWSHIP

Mary M., 30 yrs.
Robert G., 12 yrs.
Chris Z., 9 yrs.
Jeanette D., 3 yrs.
Brandon A., 1 yr.
Toni L., 29 yrs.
Courtney W., 10 yrs
Mark T., 5 yrs.
David W., 2 yrs.
Nancy MD., 1 yr.

ELK GROVE SOBRIETY SISTERS

Laura C., 38 yrs.
Petey C., 30 yrs
Trisha L., 15 yrs.
Stacie A., 6 yrs.
Carol S., 2 yrs.
Sherry Mc., 34 yrs.
Sue K., 23 yrs.
Cathy B., 9 yrs.
Karen R., 3 yrs.

FOLSOM FRIDAY NIGHT GROUP

Michelle F., 26 yrs.
Tom C., 11 yrs.
Ilana S., 4 yrs.

GREENHAVEN

Jim R., 39 yrs.
Sarah S., 21 yrs.
Pam L., 13 yrs.
Dennis V., 11 yrs.
Gary B., 9 yrs.
Kelley S., 5 yrs.
Manny P., 4 yrs.
Jude W., 4 yrs.
Sarah L., 4 yrs.
Renne T., 3 yrs.
Jill P., 3 yrs.
Richard E., 2 yrs.
Carol Ann R., 37 yrs.
Lisa S., 15 yrs.
Harry B., 13 yrs.
Traci T., 7 yrs.
Chuck B., 5 yrs.
Frank L., 5 yrs.
Morgan M., 4 yrs.
Sam L., 4 yrs.
Jillian H., 3 yrs.
Betsy V., 3 yrs.
Laura L., 2 yrs.

GROUP ONE

Greg M., 39 yrs.
Jerry S., 30 yrs.
Frank H., 29 yrs.
Charles G., 19 yrs.
Bud H., 11 yrs.
Jacki L., 8 yrs.
Josh B., 5 yrs.
Amy B., 4 yrs.
Anthony G., 4 yrs.
Jessie S., 1 yr.
Marshall M., 1 yr.
Asher A., 1 yr.
Ronald N., 30 yrs.
Peter R., 29 yrs.
Spanky A., 19 yrs.
John L., 13 yrs.
Adrian A., 8 yrs.
Jennifer J., 7 yrs.
Tony V., 5 yrs.
Jennifer M., 4 yrs.
Jesse S., 1 yr.
Skyblu W., 1 yr.
Brian R., 1 yr.
Nicole R., 1 yr.

GROUP THREE

Jim D., 41 yrs.
Paula A., 27 yrs.
Frank T., 25 yrs.
Kevin F., 20 yrs.
Richard V., 17 yrs.
Don W., 15 yrs.
Lester D., 13 yrs.
Kevin E., 12 yrs.
Sissy H., 10 yrs.
Julie B., 8 yrs.
Brianne M., 8 yrs.
Roger B., 7 yrs.
Jack G., 7 yrs.
Angela H., 7 yrs.
Ed L., 7 yrs.
Ken P., 7 yrs.
Joanna M., 35 yrs.
Cavi C., 27 yrs.
Craig H., 21 yrs.
June S., 18 yrs.
Sam M., 15 yrs
Laura B., 13 yrs.
Advlah F., 13 yrs.
Cardon G., 10 yrs
Tracy B., 9 yrs.
Gerry B., 8 yrs.
Devon B., 7 yrs.
Marcia F., 7 yrs.
John G., 7 yrs.
Julie K., 7 yrs.
Chris M., 7 yrs.
Amanda S., 7 yrs.

Chelsea W., 7 yrs.
Melva B., 6 yrs.
Troy D., 6 yrs.
Shannon D., 6 yrs.
Gregory F., 6 yrs.
Patrick L., 6 yrs.
John T., 6 yrs.
Jennifer B., 5 yrs.
Patricia B., 5 yrs.
Lee G., 5 yrs.
Carol V., 7 yrs.
Brandon D., 6 yrs.
Danny, 6 yrs.
Darren D., 6 yrs.
Joe H., 6 yrs.
David R., 6 yrs.
Linda A., 5 yrs.
Carrie B., 5 yrs.
Michele D., 5 yrs.
Sebastian G., 5 yrs.

DECEMBER TOTAL YEARS OF SOBRIETY

6,129 YEARS

Happy Birthday!

GROUP THREE

Rodney H., 5 yrs.
Chris M., 5 yrs.
Mark S., 5 yrs.
Dennis T., 5 yrs
Fran S., 5 yrs,
Marcella S., 5 yrs.
Nikki T., 4 yrs.
Freddie C., 4 yrs.
Erin O., 3 yrs
Ken W., 3 yrs.
Brandon B., 2 yrs.
Ben H., 2 yrs.
Rafael, 2 yrs.
Davey K., 1 yr.
Chad P., 1 yr.
Jean W., 1 yr.

Cont'd

Frank M., 5 yrs.
Laurie Y., 5 yrs.
Amy S., 5 yrs.
James S., 5 yrs.
Donnice S., 5 yrs.
Jul Z., 5 yrs.
James W., 4 yrs.
Matt E., 3 yrs.
Allan T., 3 yrs.
Lance U., 3 yrs.
Ivan C., 2 yrs.
Nancy H., 2 yrs.
Casey W., 2 yrs.
Mike L., 1 yr.
Sharon S., 1 yr.
Nick W., 1 yr.

EAST YOLO

Bob, 34 yrs.
Mike P., 26 yrs.
Richard, 20 yrs.
Andrea H., 15 yrs.
Darrel, 6 yrs.
Kelly, 5 yrs.
Tiffany P., 3 yrs.
Blyn P., 3 yrs.
Joan H., 2 yrs.
Shannon, 2 yrs.

Tracy B., 32 yrs.
Claudette, 21 yrs
Gloria, 19 yrs.
Melissa, 11 yrs.
Debra, 5 yrs.
Ed B., 4 yrs.
Shane B., 3 yrs.
Rita E., 3 yrs.
Addie S., 2 yrs

MIDTOWN SOLUTIONS

Thomas S., 32 yrs.
Mark F., 17 yrs.
Berlinda C., 13 yrs.
Ed B., 9 yrs.
Robert B., 8 yrs.
Mikell C., 5 yrs.
John D., 5 yrs.
Renne M., 4 yrs.
Edward D., 4 yrs.
Michael K., 4 yrs.
Tim P., 4 yrs.
Keith L., 4 yrs.
Lonnie G., 3 yrs.
Samuel K., 3 yrs.
Daniel U., 3 yrs.
Josh Y., 2 yrs.
Debra G., 2 yrs.
Sandy B., 2 yrs.
Jordan A., 2 yrs.
Emilio L., 2 yrs.
Doreen M., 2 yrs.
Isaac J., 1 yr.
Bryan R., 1 yr.
Kim F., 1 yr.

Jan, 22 yrs.
Mark B., 16 yrs.
Kathleen B.,10 yrs
Daniel A., 9 yrs.
Amanda, 5 yrs.
Kelly V., 5 yrs.
Fred G., 4 yrs.
Xavia B., 4 yrs.
Mary W., 4 yrs.
Kenneth A., 4 yrs.
April , 4 yrs.
Mary G., 3 yrs.
Alina A., 3 yrs.
Angelic N., 3 yrs.
Jospeh L., 2 yrs.
Bianca Mc., 2 yrs.
Elizabeth C., 2 yrs.
Nyle S., 2 yrs.
Kassie M., 2 yrs.
Jessie S., 2 yrs.
Chuck H., 2 yrs.
Austin S., 1 yr.
Stephanie G., 1 yr.
Renne M., 1 yr.

NORTH HALL

Carol H., 40 yrs.
Lauri S., 30 yrs.
Greg W., 24 yrs.
Maureen M., 22 yrs.
Deanna J., 15 yrs.
Laura B., 12 yrs.
Robin., 8 yrs.
Mathew C., 6 yrs.
Kent M., 5 yrs.
Cassondra H., 4 yrs.
Jillian E., 4 yrs
Margaret P., 4 yrs.
Derek H., 4 yrs.
Jennifer T., 3 yrs.
Patricia B., 3 yrs.
David H., 3 yrs.
David L., 3 yrs
Troy D., 1 yr.
Mike M., 1 yr.

Ken L., 32 yrs.
Gina B., 25 yrs.
Susan P., 24 yrs.
Harriet B., 21 yrs.
David S., 14 yrs.
Andy H., 10 yrs.
Roxanan W., 7 yrs.
Owen T., 5 yrs.
Sean M., 4 yrs.
Jema K., 4 yrs.
Vera H., 4 yrs.
Bret L., 4 yrs
Kurt, 4 yrs.
April W., 3 yrs.
Mike R., 3 yrs.
Shannon G., 3 yrs.
Armando V., 2 yrs,
Emilio L., 1 yr.

OAKTREE FELLOWSHIP

BJ, 31 yrs.
Kitty., 28 yrs.
Kristen C., 23 yrs.
Melody J., 14 yrs.
Buzz G., 11 yrs.
Gary, 9 yrs.
Jen B., 6 yrs.
Kelly K., 5 yrs.
April W., 4 yrs.
Christopher W., 4 yrs
Morgan M., 4 yrs.
Rosie M., 2 yrs.
Tim K., 1 yr.
Joan R., 1 yr.
Steve R., 1 yr.

Sue H., 30 yrs.
Adrienne S., 24 yrs.
Carl W M., 18 yrs.
Pamela L., 13 yrs.
Katherine, 11 yrs.
Ken P., 8 yrs.
Debra D., 6 yrs.
Autom., 5 yrs.
Mike H., 4 yrs.
Lori K., 4 yrs.
Robert S., 3 yrs.
Alan, 1 yr.
Karen C., 1 yr.
Joseph M., 1 yr.
Dwayne W., 1 yr.

ROCKLIN FELLOWSHIP

Rick W., 29 yrs.
Dana S. 27 years
Will W., 15 yrs.
Alex B., 3 yrs.
Will W. 15 years
Kryst K. 11 years
Cindi M., 2 yrs
Keri A., 1 yr.
Annie C., 1 yr.
Amber K., 1 yr

Bob L., 29 yrs.
Gary C., 21 yrs.
Kryst K., 11 yrs
Jody C., 3 yrs.
Lester W., 3 yrs.
Becky B., 3 yrs.
Mel C., 2 yrs.
Ebony B., 1 yr.
Renee, 1 yr.
Kyle, 1 yr.

ROSEVILLE FIFITH ST.

Terry J., 33 yrs.
Tracie J., 19 yrs.
Darin T., 12 yrs.
Louis G., 11 yrs.
Amanda O., 5 yrs.
Alex B., 3 yrs.
David V., 3 yrs.
Mike C., 2 yrs.
Danielle A., 1 yr.
Annie C., 1 yr.
Elizabeth A., 1 yr.
Ben G., 1 yr.
Melissa A., 1 yr.
Allan O'N., 1 yr.

Bob P., 26 yrs.
Robi, 16 yrs.
Gordon C., 12 yrs.
Kenny F., 9 yrs.
Matt O., 4 yrs.
Travis M., 3 yrs.
Raul L., 3 yrs.
Jimmy P., 2 yrs.
Taylor K., 1 yr.
Kian Z., 1 yr.
Clarence K., 1 yr.
Kyle R., 1 yr.
Kelly M., 1 yr.
Bryanne B., 1 yr.

ROSEVILLE TUESDAY NIGHT GROUP

Bob S., 49 yrs.
Shirley P., 35 yrs.
Myron J., 29 yrs.
Pat Y., 24 yrs.
Bobby A., 23 yrs.
Pamela L., 22 yrs.
Vicki R., 20 yrs.
Tracie J., 19 yrs.
Cynthia B., 17 yrs.
Tomas, 16 yrs.
Marylin D., 13 yrs
Alan K., 12 yrs.
Denae, 9 yrs.
Theresa H., 7 yrs.
Melanie, 7 yrs.
Brian H., 5 yrs.
Dave O., 5 yrs.
Brian Z., 4 yrs.
Shelly B., 3 yrs.
Natalie C., 3 yrs.
Kimberly H., 2 yrs.

Ray R., 35 yrs.
Jim V., 32 yrs.
Gayle N., 28 yrs.
Anna G., 23 yrs.
Doug L., 22 yrs.
Jim P., 21 yrs.
Aaron F., 19 yrs.
Cliff H., 18 yrs.
Shirleen, 16 yrs.
Trudy G., 15 yrs.
Jennifer A., 13 yrs.
Rick W., 11 yrs.
Jeff R., 8 yrs.
Tom H., 7 yrs.
John B., 6 yrs.
Miles C., 5 yrs.
Janis., 5 yrs.
Jon D., 4 yrs.
Jim S., 3 yrs.
Ray P., 3 yrs
Elizabeth A., 1 yr.

SERENITY BOOK STUDY

Barbara W., 32 yrs.
Pat G., 28 yrs.

Susan K., 29 yrs.

SHARING AND CARING

Lana D., 45 yrs.
Donnie P., 31 yrs.
Jeff J., 22 yrs.
Tomas B., 16 yrs.
Darin, 12 yrs.
Aaron X., 6 yrs.
Shawn M., 4 yrs.
Crystal U., 3 yrs.
Eric C., 2 yrs.
Shelbi F., 1 yr.
Christine S., 1 yr.
Stephen C., 1 yr.
Cindy O., 1 yr.
Daniel B., 1 yr.

Orlando A., 33 yrs.
Robert D., 29 yrs.
Harriet B., 22 yrs.
Bob W., 14 yrs.
Reta R., 12 yrs
Randy B., 5 yrs.
Janet H., 3 yrs.
Jenny E., 2 yrs.
Mac M., 2 yrs.
Matt L., 1 yr.
Terry S., 1 yr.
Eric D., 1 yr.
Brian H., 1 yr.

STUDENTS OF SOBRIETY

Julie H., 4 yrs.

SOUTHPORT SERENITY

Clem T., 42 yrs.
Rosalie Mc., 2 yrs.
Mary H., 6 yrs.

TAHOE PARK GROUP

Pete 29 yrs
Virgil N., 10 yrs
Jeff E., 7 yrs
Michael L., 4 yrs
Al Y., 27 yrs
Tom W., 10 yrs
Paul D., 5 yrs
Gary F., 2 yrs

TRADITIONAL

Ted D., 44 yrs.
Christine P., 27 yrs.
Blaine D., 24 yrs.
Brad C., 23 yrs.
Jean B., 21 yrs.
Al C., 19 yrs.
Debbie F., 18 yrs.
Shirleen P., 16 yrs.
Jeff B., 14 yrs.
John T., 12 yrs.
Tracy B., 9 yrs.
Aaron X., 6 yrs.
Anthony A., 4 yrs.
Danielle M. 4 yrs.
Lonnie G., 3 yrs.
Betsy V., 3 yrs.
Verona 2 yrs.
Jeffrey R., 2 yrs
Steven K., 1 yr
Nikki S., 1 yr
Cyrus B., 1 yr
Ramona E., 1yr
Theodore M. 1 yr
Lisa Mc., 1 yr
W. Terry D., 1 yr
Keith L., 1 yr
Kathy M., 30 yrs.
Paula J., 27 yrs.
Karen C., 24 yrs.
Harriet B., 22 yrs.
Lance D., 21 yrs.
Linda G., 19 yrs.
Tommy N., 16 yrs.
Jeff K., 14 yrs.
Gregory M. 13 yrs.
Brad S., 11 yrs.
Emily R., 6 yrs.
Mikell C., 5 yrs.
Stephen C., 4 yrs.
Edward D., 4 yrs.
Janet H., 3 yrs.
Greg E., 2 yrs.
Mike F., 2 yrs
Chris W., 1 yr
Kathy H., 1 yr
Andrew S., 1 yr
Theresa B., 1y
Nathan T., 1 yr
Robert Y. 1 yr
Ben G. 1 yr
Rochelle R., 1 yr
Kyle B., 1 yr

WINTERS

Albert S., 18 yrs

KITCHEN TABLE

WOODLAND TRADITIONAL

Scott G., 38 yrs.
Joel F., 35 yrs.
Paula H., 26 yrs.
Lydia P., 19 yrs.
Judi J., 10 yrs.
Jim C., 7 yrs.
Garrett V., 6 yrs.
David M., 4 yrs.
Chystal M., 4 yrs.
Starla H., 3 yrs.
Alana G., 3 yrs.
Eric H., 2 yrs.
James H., 2 yrs.
Jay B., 1 yr.
Don C>, 33 yrs.
Mary G., 27 yrs.
Anne M., 23 yrs.
Ken S., 15 yrs.
Lance H., 10 yrs.
Pat C., 7 yrs.
Michael G., 5 yrs.
Robert D., 4 yrs.
William M., 4 yrs.
Maureen T., 3 yrs.
Jesse A., 3 yrs.
Chasity V., 2 yrs.
David L., 2 yrs.
Kenny H., 1 yr.

WOODLAND TRADITIONAL

Myron K., 42 yrs.
Dennis W., 26 yrs.
Chris F., 15 yrs.
Joe G., 10 yrs.
Althea B., 8 yrs.
Stacie J., 6 yrs.
Maureen T., 3 yrs.
Bethanne P., 2 yrs.
Tim Y., 1 yr.
Porsha S., 1 yr
Jonny M., 1 yr.
Millie C., 27 yrs.
Toni C., 22 yrs.
Jay B., 10 yrs.
Debbie V., 9 yrs.
Tim Mc., 8 yrs.
Justin A., 4 yrs.
Dave L., 3 yrs.
Anita L., 1 yr.
Freddi I., 1 yr.
Molly S., 1 yr.

WOODLAND GROUP

Connie V., 36 yrs
Paula H., 26 yrs
Paul F., 11yrs
Sean S., 6 yrs
Samson M. 4 yrs
Alana 3 yrs
Melissa S., 2 yrs
David S., 2 yrs
Toby H., 2 yrs`
Laura V., 1 yr
Kenny H., 1 yr
Mercedes J., 1 yr
Val R., 31 yrs
Gregory R., 15 yrs
Lance H., 10 yrs
Raul C., 5 yrs
Maureen T., 3 yrs
Starla H., 3 yrs
Paul A., 2 yrs
Ricardo C., 2 yrs
Aaron J., 2 yrs
Michael S. 1 yr
Matt L. 1yr

The First Step

"We admitted we were powerless over alcohol-that our lives had become unmanageable"

Despite all we can say, many who are real alcoholics are not going to believe they are in that class. By every form of self-deception and experimentation, they will try to prove themselves exceptions to the rule, therefore nonalcoholic. If anyone who is showing inability to control his drinking can do the right-about-face and drink like a gentleman, our hats are off to him. Heaven knows, we have tried hard enough and long enough to drink like other people!

--Alcoholics Anonymous (Big Book, pg. 31)

The First Tradition

"Our common welfare should come first; personal recovery depends upon A.A. unity."

Tradition One (The Long form) Our A.A. Experience has taught us that; Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

--Alcoholics Anonymous (Big Book, pg. 562-563)

The First Concept

A.A.'s Twelve Steps are principles for personal recovery. The Twelve Traditions ensure the unity of the fellowship. Written by co-founder Bill W. in 1962 the Twelve Concepts for World service provide a group of related principles to help ensure that *Various elements of A.A.'s service structure remain responsive and responsible to those they serve.*

"Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole fellowship."

--Alcoholics Anonymous (Big Book, pg. 574)

S	J	S	Y	Q	A	B	P	T	Y	L	C	S	R	T
J	G	M	R	L	E	L	C	I	T	A	V	U	T	W
R	V	R	T	C	H	I	E	M	D	U	E	R	Y	U
W	A	W	O	S	V	T	X	D	N	T	S	V	R	A
L	H	M	E	U	E	W	W	A	W	I	H	I	M	N
T	E	S	E	L	P	I	C	N	I	R	P	V	N	Q
N	Y	D	P	N	F	D	M	A	O	I	S	E	L	Y
O	O	M	M	M	Z	A	W	O	D	P	T	G	T	U
W	O	I	H	M	F	I	R	S	T	S	X	I	T	L
C	L	D	S	U	G	S	R	E	R	T	N	C	Z	M
J	V	P	R	S	B	Z	P	K	T	U	O	S	K	G
W	Q	Y	U	T	E	B	X	S	E	C	L	B	P	H
T	A	E	F	E	D	S	U	Q	G	R	R	E	P	F
K	Y	O	U	V	Q	A	B	A	L	L	E	R	G	Y
C	Z	B	F	B	O	E	G	O	B	Q	B	R	V	I

WORD SEARCH:

Step One - Tradition One & Concept One

ADMIT
BOTTOM
FIRST
OBSESSION
SURVIVE
ALLERGY
COMPLETE
GROUP
PRINCIPLES
UNITY
BECOME
DEFEAT
MUST
SPIRITUAL
WELFARE

IN MEMORIAM

In memory of Alan W.

In God's care you rest above, In our hearts you rest with love. You will be remembered for 22 years of sobriety at the Traditional Group.

A Potluck celebration of Dick Edmondson's life will be held January 7th at Noon at the V.F.W. Hall at 2784 Stockton Blvd. After 47 years of sobriety, he is shuffling off to the Big Meeting. Whistling, Red River Valley. But before he goes through the door, he turns and says, "Everything's gonna be alright"

In Memoriam Birthday Club

IF YOU HAVE A SPECIAL AA MEMBER WHO HAS PASSED & YOU WANT TO REMEMBER THEM ON THE ANNIVERSARY OF THEIR SOBRIETY DATE, YOU CAN SIGN UP FOR THE "IN MEMORIAM BIRTHDAY CLUB" IT WORKS THE SAME AS THE "BIRTHDAY CLUB" JUST MAKE A NOTE ON THE BIRTHDAY CLUB FORM THAT YOU WANT THIS TO APPEAR IN THE "IN MEMORIAM BIRTHDAY CLUB" AREA OF THE "BY THE WAY" AND WE WILL DO THE REST.

Email:
centraloffice@aasacramento.org

Please be responsible. If there are any changes to your meeting location, mailing address, format, or if your meeting is discontinued, please contact Central Office ASAP and update your information, ASAP. Don't send a newcomer to an empty room! Thank you!

Red Flags

Many years later, although alcohol is not part of my life and I no longer have the compulsion to drink, it can still occur to me what a good drink tastes like and what it can do for me, from my stand-at-attention alcoholic taste buds right down to my stretched out tingling toes. As my sponsor used to point out, such thoughts are like red flags, telling me that something is not right, that I am stretched beyond my sober limit. It's time to get back to basic AA and see what needs changing.

- Alcoholics Anonymous, pg. 396-397

Quote of the Month

"Our spiritual way of life is safe for future generations if, as a Society, we resist the temptation to receive money from the outside world. But this leaves us with a responsibility - one that every member ought to understand. We cannot skimp when the treasurer of our group passes the hat. Our groups, our areas, and AA as a whole will not function unless our services are sufficient and their bills are paid."

AA Co-Founder, Bill W., November 1957

"Singleness of Purpose" (Cont'd from pg. 6)

In my Group the meeting format states, in part "This is an open meeting of Alcoholics Anonymous. We ask that only A.A. members share." Then we invite all who are present to go around the room and introduce ourselves. If a person identifies themselves as anything other than a alcoholic, be it Addict, Al-Anon, or anything else, that person will most likely not be asked to share during the meeting.

If new members arrive and identify themselves as alcoholic/addicts this usually goes away on its own as they notice that no one else is doing it, or when they start working with a Sponsor and learn about our Traditions, and why it's not necessary to add anything to "alcoholic".

And of course sometimes they decide that another Fellowship can be more helpful to them. In other words, we don't worry about it, and we certainly don't tell them they can't do it.

As the Big Book says "Love and Tolerance is our Code".

As I travel to other places I notice that some groups have evidently taken a similar approach as my Home Group, and others don't seem to care. Practically anything goes at those groups, and I suspect they won't last very long. As someone once said "At a Group where anything goes, pretty soon nobody goes."

In 2002 George E. Vaillant, M.D., a psychiatrist and then a non-alcoholic trustee on the General Service Board of Alcoholics Anonymous, wrote the following, which I quote from in part, in "About A.A.", our newsletter for Professionals. It provides further clarification as to why it is critical that we maintain our singleness of purpose.

"Singleness of purpose" is essential to the effective treatment of alcoholism. The reason for such exaggerated focus is to overcome denial. The denial associated with alcoholism is cunning, baffling, and powerful and affects the patient, helper, and the community. Unless alcoholism is kept relentlessly in the foreground, other issues will usurp everybody's attention. Put differently, the experimentally documented success of A.A. in the treatment of alcoholism is in part because A.A. groups are the only place in the world where the focus is on alcoholism and nothing but alcoholism. There is simply no other way to overcome the denial."

We have a lot of work to do, carrying the message to the alcoholic who still suffers!

I feel we need to continue to be an open society for all those coming to us for help, and understand that we often arrive very confused, and it often takes time for a person to accept their alcoholism. We cannot afford to be rigid in our acceptance of others. On page 6 of the Report of the 1986 GSC, Bob Pearson, then Manager of the General Service Office in New York, in his farewell remarks at the closing brunch on Saturday morning, in a talk with the title of "Our Greatest Danger: rigidity", made the following statement: "I echo those who feel that if this Fellowship ever falters or fails, it will not be because of any outside cause… If we ever falter and fail, it will be simply because of us. It will be because we can't control our own egos or get along well enough with each other. It will be because we have too much fear and rigidity and not enough trust and common sense."

We need to continue to educate our own members, or even potential members, about our Traditions, and about why they are so important. And we must be compassionate and kind to all.

I know a number of A.A. members who also participate in our sister Fellowship (N.A.), and respect each of the Fellowships in their words and actions. I would hope that we would take the above as an invitation to do the same. We are a spiritual fellowship, and every day alcoholics are approaching us desperately seeking a solution to their powerlessness. We need to continue to receive them with open arms and hearts, and to share our experience, strength and hope with them that they might too receive what has been so freely given to us.

Thank you for my sobriety and for my life. Lee D.

PEACE OF MIND AND A QUIET HEART

In my early days of sobriety, in a small group in Los Angeles Ca., I was hearing a lot of words that were unfamiliar to me and I didn't pay much attention to them at the time since I had bigger fish to fry. I had a drinking problem and everything else took a back seat to that. I was overwhelmed by marital, legal, responsibility, and economic problems. Words like love, patience, spirituality, and forgiveness were foreign to me and I didn't see how they mattered when all I wanted to do was quit drinking. I stayed close to that group and they started calling me *the fortunate one***.** At the age of 28, I was the youngest one in that group and it stayed that way for quite a while as drug problems hadn't evolved enough at the time (1969) to affect the influx of younger members. I felt like the elders of that group took a special interest in me and that endeared me to them in a special way.

I was always listening for the magic word that would inspire me and give me a purpose in life and one day it happened. Tears come to my eyes when I recall the memory of the gentle voice of *an old farmer named Harlan*. As he talked about all of the trials and tribulations in the past, that he had endured, he explained how he had stumbled into A.A. and that all the answers were there, but he didn't understand it until he had a goal to reach for, and the next words that came out of his mouth changed my life forever. He said "ALL I WANT FROM LIFE IS PEACE OF MIND AND A QUIET HEART". The next thought that came to me was, *what more could a person want***?** To this day, I still quote Harlan and credit him with the inspiration. He passed away in 2007 being sober 51 years.

I have been through the big book and the 12x12 many times and have made a slow but very purposeful attempt to rid my mind of all the tormenting memories and regrets of the past, and as I processed each and every one of them, the more I realize that *peace of mind* is the natural result of living by these principals. Clearing the wreckage of the past, and changing those behaviors that caused it, and practicing unselfish behaviors, with the help of seasoned veterans like Harlan, I move closer and closer to the promise*: We will comprehend the word serenity and we will know peace.*

My books are marked and hi-lighted over the years as I evolved through the step study meetings or checked out the references to the big book in the Daily Reflections. Recently I have been focusing on the word *peace* and underlining it, and it is amazing how often it is linked to other words that seem to get more attention. *Peace of mind encompasses the spirit of recovery in alcoholics anonymous* and I will be forever grateful that God saw fit to lead me to this wonderful program**.** *Harlan, rest in peace* and *thank you for the inspiration.* *Rick R.*

Samples of Group Contributions to A.A. Service Entities

Distribution Plan of _____ (YOUR GROUP NAME)

Your Group Service # _____

(Be sure to write group name and service # on all contributions.)

To be determined by YOUR group

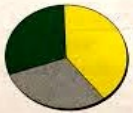
____% to district
____% to area committee
____% to G.S.O.
____% to intergroup or central office
____% other A.A. service entities
____% other A.A. service entities

OR

10% to district
10% to area committee
30% to G.S.O.
50% to intergroup or central office

OR

If you have no intergroup/central office.



40% to district
30% to area
30% to G.S.O.

Thought to Ponder . . .

Every day is a gift. That is why we call it the present.

WHERE CONTRIBUTIONS CAN BE SENT:

CENTRAL OFFICE CCFAA
9960 BUSINESS PARK DR., STE. 110
SACRAMENTO, CA 95827-1719

GSO GENERAL SERVICE OFFICE
PO BOX 459 NEW YORK, NY 10163

CNIA 7
CALIFORNIA NORTHERN INTERIOR AREA 7
PO BOX 161712 SACRAMENTO, CA 95816-1712

H & I NORTHERN CA H & I
PO BOX 192490 SAN FRANCISCO, CA 94119-2490

DISTRICT INFORMATION IS LISTED ON PAGE 39 OF THE CURRENT MEETING SCHEDULE.

I. Opening

A. Call to order at 3:00 PM
B. Open with Serenity Prayer
C. 12 Traditions read by Stan J
D. CCFAA Preamble read by Pam L
E. 7th Tradition -
F. Delegate Check-in/Group Announcements
G. Birthdays – 79 years

II. Preliminary Business:

A. Delegate Check-in:

Total Delegates - 41	Quorum met: Yes

Group Name	Delegate	Last Attended	Group Name	Delegate	Last Attended
4th Dimension Book Study	Absent	3/21/2015	Natomas Group	Mick L	12/19/2015
2nd Chance Group	Absent	1/17/2015	New Hope Group	Dustin T	12/19/2015
329 Yuba City Group	Absent	1/17/2015	North Hall Group	Tom J	12/19/2015
AA Unity Group	Absent	11/21/2015	North Highlands Fireside Group	Linda M	12/19/2015
All Tribes	Bobby R	12/19/2015	North Sacramento Group	Frank - Alt	12/19/2015
Auburn Fellowship	Absent	9/19/2015	Oak Park Fellowship	Absent	11/21/2015
Auburn Young People	Absent	4/18/2015	Oak Tree Fellowship	Absent	11/21/2015
Brace Yourself	Absent	6/20/2015	One Day at a Time	Absent	11/21/2015
By The Grace	Amy T	12/19/2015	One Step Closer	Absent	2/21/2015
Capital City Men's Group	Absent	6/20/2015	Orangevale Open Group	Absent	2/21/2015
Cathedral Group	Kim M	12/19/2015	Original Rebellion Dogs	Absent	2/21/2015
Citrus Heights Group	Steve R	12/19/2015	Rio Linda Fellowship	Absent	11/21/2015
Come As You Are	Absent	10/17/2015	Rocklin Fellowship	Absent	11/21/2015
Cordova Friday Night Group	John R	12/19/2015	Rocklin Racetrack Group	Ivan Y	12/19/2015
Cordova Good Morning Group	Absent	9/19/2015	Roseville Eastside	Absent	8/15/2015
Cordova Lunch Bunch	Steve S	12/19/2015	Roseville 5th Street Fellowship	Absent	3/21/2015
Cordova Serenity Seekers	Bob H	12/19/2015	Roseville Tuesday Night Group	Absent	9/19/2015
Cordova Thursday Night Group	Ken D	12/19/2015	Sacramento Spring Fling	Absent	11/21/2015
Daily Attitude Adjustment – Fair Oaks	Mike K	12/19/2015	SACYPAA	Absent	6/20/2015
Davis Attitude Adjustment Group	Sally S	12/19/2015	Saturday Morning Reflections	Olivia S	12/19/2015
Davis Hope Group	Daniel P	12/19/2015	Serenity Book and Study Group	Dlorah B	12/19/2015
Davis Young People's	Absent	10/17/2015	Serenity in the Mountains	Absent	4/18/2015
Destiny Group	Matt C	12/19/2015	Sharing and Caring	Absent	11/21/2015
Downtown Young People's	Carlos A	12/19/2015	Simple But Not Easy	Absent	5/16/2015
East Yolo Fellowship	Absent	11/21/2015	Sixty Minute Solution	Absent	7/18/2015
Elk Grove Fellowship	Absent	10/17/2015	Sober Legacy	Absent	5/16/2015
Elk Grove Friday Night Group	Mark B	12/19/2015	SOS Students of Sobriety	Absent	7/18/2015
Entirely Ready Group	Roger M	12/19/2015	Southport Serenity	Aune C	12/19/2015
Folsom Big Book	Kathryn C	12/19/2015	Sunday Morning Serenity	Les G	12/19/2015
Folsom Friday Night	Absent	10/17/2015	Sunrise Sunset Gibbons	Chuck M	12/19/2015
Folsom Saturday Morning Group	Absent	11/21/2015	Sunset Saturday Group	Sherrie B	10/17/2015
Folsom Way of Life	Absent	8/15/2015	Tahoe Park Group	Absent	9/19/2015
Folsom Wednesday Night Group	Amy T	12/19/2015	Thank You, Thank You, Thank You	Absent	2/21/2015
Freedom Group	Jacob O	12/19/2015	Thursday Night Men's Group	Absent	9/19/2015
Friday Fellowship of Double A	Absent	6/20/2015	Too Young Group	Absent	11/21/2015
Galt Fellowship	Absent	8/15/2015	Traditional Group	Vic L	12/19/2015
Gibbons Noon	Harriet B	12/19/2015	Triangle Group	Absent	9/19/2015
Greenhaven Group	Pam L	12/19/2015	Tuesday Cordova KISS Group	Absent	11/21/2015
Group One	Karen G	12/19/2015	Tuesday Night Beginners	Absent	9/19/2015
Group Three	Joan T	12/19/2015	We Surrender Men's Group	Sam H	12/19/2015
Happy Hour AA	Absent	11/21/2015	Welcome Group	Dreigh P	12/19/2015
Into Action – Citrus Heights	Tricia C	12/19/2015	What a Way to Start a Weekend Women	Absent	8/15/2015
M.L.K.A.A. Group	Johnny S	12/19/2015	Wholesale Miracles	Nikki M	12/19/2015
Midtown Solutions	Cathy T	12/19/2015	White Flag Men's Group	Erik C	12/19/2015
Mommy & Me	Absent	10/17/2015	Willing Women	Sharon Z	11/21/2015
Monday PM Women	Absent	9/19/2015	Woodland Group	Absent	6/20/2015

B. Attending Elected Positions

CCFAA Chair	Tamera K	Present	NCCAA Liaison	Dreigh P	Present
Assistant Chair	Leon N	Present	Birthdays/Faithful Fivers Chair	Amy T	Present
Treasurer	Tom W	Present	OOC Chair	Sam H	Present
Recording Secretary	Karen Y	Present	OOC Member	Roger M	Present
TeleService Chair	John R	Present	OOC Member	Dlorah B	Present
By Laws & Procedures Chair	Stan J	Present	OOC Member	Mike K	Present
CPI/CPC Chair	Pamela L	Present	Picnic Chair	Kimberly F	Absent
H&I Liaison	Terri N	Present	Special Events Chair	Terri N	Present
Special Needs Chair	Matt C	Present			

C. New Groups\New Delegates –

Nikki M	Wholesale Miracles	M Daniel R		North Highlands Fireside Group
Harriet B	Gibbons Noon	Vic L		Traditional Group

D. Visitors –

III. Approval of Minutes

Motion to approve November minutes was made and passed.

IV. Trusted Servant Reports

A. Chairperson Report – Tamera K

It has been an exciting couple of years and I have seen so much growth and change within CCF. I see unification between the groups and support enjoying more events.

I have learned and grown so much myself it has been an experience that I will never forget. I am not going too far and will still be involved with CCF as the recording secretary and I am looking forward to continue supporting CCF.

Continue making announcements regarding purchasing literature from Central Office, Tele-service and also the mention of Birthday Club and Faithful Fivers. Making these announcements has assisted John in being able to step up and get tele-service organized and get shifts covered, and also has assisted in the Faithful Fivers for the first time in a long time making and exceeding the its 2015 goal. Good Job Amy.

Thank you all for your support these last 2 years and Thank you

Thank you for allowing me to be of service.

Tamera K, CCF Chairperson

Phone-

E-mail- CCFChair2014@Gmail.com

B. Assistant Chair/CNIA Liaison – Leon N

No CNIA Report

New Groups: Wholesale Miracles, Lambda Center, 1927 L Street, Sacramento, CA 95811. Open, One hour, Gay, No smoking, Study Meeting.

C. Office Operations Committee – Sam H

Meeting of Tuesday, December 15, 2015, 6:00 p.m., Central Office

Thanks to Tamara for taking minutes of the meeting as I was absent due to illness.

Some comments on the Manager's Report to the OOC Committee on Tuesday last:

Item #1. The luncheon for the volunteers was indeed a delightful affair, and hopefully it will be continued as an annual event.

Item #3. The website is under competent management with Pete, Josh and Robin. Congratulations to all who have assisted in getting it up and running, especially Robin for her many hours of work and dogged dedication. Thanks also to you and your groups for your patience throughout.

Item #4. The year-end inventory (the 4th quarter one) will take place on Sunday, January 3, 2016 @ 9:00, Central Office. There will be coffee and donuts!

Item #6. The Central Office will be very busy through the end of December with many activities associated with ending the fiscal year. Kindly be patient with the office staff during this time.

Items #7, 8, and 9. Please examine these instructions carefully if you desire insurance for meetings and/or events.

Finally, the OOC Committee thanks you all for allowing us to be of service. It has been an excellent year financially for the Central Office, and the interpersonal relationships have been superb. We wish you Happy Holidays and may 2016 be peaceful and prosperous.

OOC Committee Chair for 2015

D. Office Manager's Report – Rae W

Office Manager's Report

December 15, 2015

The office volunteer appreciation luncheon took place on Saturday, December 12th at Central Office. Many thanks to those who come again and again to help make 12-step work possible.

We missed getting out the cans for Gratitude Month at October Delegate's Meeting, but to date we have received $213.74 in contributions.

We have added the meeting search plug-in to the web site test area and it is working well! We have to train staff and volunteers on site updates before we go live (upload the new site) on January 6, 2016. A huge thanks to Pete B., our webmaster, Josh R. (San Jose Webmaster) and Robin T. (our office volunteer).

Yearend inventory will take place at the office on Sunday, January 3rd at 9am.

Thank you to the outgoing Trusted Servants and welcome to incoming group.

December 31st marks the end of the 4th quarter and the end of the year. We have lots of clerical and administrative tasks associated with this time. Please be patient and give us time to respond to your requests.

Groups interested in our insurance program should email their request to: centraloffice@aasacramento.org. Our policy period begins 2-14-2016. Requests for coverage will be processed through March 30, 2016.

If you currently have coverage with Central Office, your certificate will be renewed and you will be invoiced automatically.

Event Certificates may be requested at any time.

From the staff and volunteers at Central Office: Merry Christmas and Happy New Year ~~And all is well. Rae W.

E. Treasurer's Report –Tom W

Note: as no reports were presented at the November delegates' meeting – in favor of budget vote and elections – this narrative report will cover the period up through November, to include both October and November results.

Income / Expense:

Revenues: AAWS Literature Sales of $74,347 for the year is behind the Prorate Budget of $76,083 – November was a slow month. Likewise In-House publications are behind from the budget. The revenue shortfall in those categories is more than offset by Medallion Sales, Group Contributions, Office Services Revenue, Faithful Fivers, Picnic Revenue, and Special Events Revenue (see further down in the report for expenses associated with Picnic and Special Events). Overall, Total Income (line 14 on the report) through November of $250,839 is $12,899 ahead of the prorate budget – largely on the strength of Group Contributions.

Cost of Goods Sold: Cost of AAWS Literature Sold reflects the cost of the AAWS Literature sales, and YTD is $(3,120) higher than the pro-rate budget. This reflects the increase in the price to CCF of literature it buys from GSO; the 2015 budget was prepared prior to those price increases. This results in Net Income AAWS Literature being $(4,967) behind the budget. Total Cost of Goods Sold of $86,172 for the year compares to the budget of $79,933 for a $(6,238) unfavorable variance – primarily due to the AAWS Literature price increase. YTD Gross Income (after cost of goods) of $164,667 is ahead of the pro-rated budget by $6,661 – due largely to the strength of Group Contributions, Picnic Revenue, and Special Events Revenue.

Expenses: most expenses categories are tracking close to budget. Special Events expense for the year of $5,353 includes costs of the Hawaii conference raffle prize, and contributes to the $(5,442) variance in Total Other Committees for the year; this is more than offset by the Special Events revenue at the top of the report. Within the Total Professional Fees, website admin for the year of $2,519 compares to a budget of $3,000. Within Salaries and Wages, October and November amounts are right on track with the budget. Total Expense for the year of $164,198 is higher than the pro-rated budget of $160,288 by $(3,910).

Bottom line, whereas the budget anticipated a $(2,281) "loss" through the end of September, Net Income of $410 YTD is $2,751 favorable to the pro-rated budget.

Grateful to be of service

F. Special Needs Chairperson's Report – Matt C

November: One call this month for a woman in a care facility needing assistance locating and getting to a meeting. One of our committee members got her to a meeting and got her in contact with other ladies in the area.

December: One call this month for a gentleman who was housebound due to health. He declined a meeting being brought to him and has since been able to get back to outside meetings.

G. TeleService Chairperson's Report – John R

Calls this past month: 215 meeting calls and 61 12-Step calls.

Open Shifts – Tuesday 6:00 - 9:00 AM
Thursday 6:00 - 9:00 AM
Friday 6:00 - 9:00 AM

H. By-Laws & Procedures Chairperson's Report –Stan J

Nothing to report.

I. PI/CPC – Pamela L

The PI/CPC Financials show an ending December balance of $27.84 after purchasing 4 PI/CPC kits @ 12.00 each.

The committee was unable to attend "Families In Recovery" on Dec. 5, 2015 and distributing AA schedules to West Sacramento Hotels on 12/12/15 has been placed on hold due to committee members availability.

The PI/CPC Chairperson position is OPEN and I invite you to look towards this as an ideal commitment for personal growth and carrying the AA message in 2016.

Thank you for letting me be of service the past 2 years.

J. Birthday Club/Faithful Fivers – Amy T

The Birthday Club is donating a dollar or more for each year you are sober to the Central Office in the month of your anniversary (make the donation by 15th of the previous month to get your name in the BTW in your birthday month), there is also In Memoriam, donating for loved ones who have passed. Faithful Fivers is another great way to support AA throughout the year.

V. Reports – Special Committees, Delegates, Liaisons & Invited Guests –

A. Picnic Committee –

B. NCCAA Liaison – Dreigh P

The next NCCAA Conference will be in San Ramon, March 18, 19 & 20, 2016. The San Ramon NCCAA Host Committee Spaghetti Feed will be January 9, 2016, and the speaker will be Father Tom G. More information at website: norcalaa.org.

C. Hospitals & Institutions – Terri N

The H&I Committee meet on the third Thursday at 6 PM at Denny's, 7900 Collegetown Drive, Sacramento (Howe Ave & Hwy 50). Please feel free to attend to learn more about H & I and open positions. Thank you for allowing me to be of service. Look for the pink sheet, a table of coordinators and facilities for detailed information. Come out and enjoy.

D. Special Events Chair – Terri N

November:

Saturday January 30, 2016 –

Our Experience Has Taught Us

A Sensational History of the Twelve Traditions by Jackie B.

7 P.M @ Guild Theater

This is the same play that was performed in Sacramento on June 20, 2015. We were provided two dates for 2016 for early in the year and chose to take this date since the other date is one week prior to Spring Fling.

Tickets are available for sale starting Monday, November 30, 2015 and will be $15.00/each. Only 200 are available for purchase.

They can be purchased by contacting Central Office at 916-454-1771.

There will also be a limited amount available for purchase at the December 5 Legacy continues speaker meeting.

The theater only allows water for a beverage inside the venue and we will have water available for purchase for $1.00/bottle. Also there will be some snack items as well..

Attached are fliers for both events. The black and white flier for the play can be hung up at your home group. Please do so and help announce at meetings. If you need or want more copies of any flier contact Terri N. – Special events chairperson or contact Central office. Feel free to make your own copies.

We want and need to get the word out that the play is returning for this one night and get the 200 available tickets sold.

All events are supporting CCFAA and most importantly to bring fellowship to Central California region of AA. Please spread the word!

Yes we are working through another Raffle idea. FYI – Akron Founders day in June. We will hopefully be able to get details worked through to have Raffle tickets available for sale soon!

December:

December 5, 2016 – 2nd annual Legacy continues speaker meeting - big success

Total net revenue from event: approx. $200.00 after rental agreement and expenses which included a $100.00 gift card as the grand raffle prize

Literature was available from H&I, Central office and representatives from Spring Fling and Women to Women conference were there. They were able to get pre registrations' and Spring fling also sold some cups and souvenir chips with the 2016 logo.

We sold 13 tickets for the play at the event.

Play – Please get the word out regarding the upcoming play on Saturday January 30, 2016 7 p.m. at the Guild Theater. Tickets are $15.00 each. Fliers are available. Please take some and get the word out please. Please announce at your home groups, especially during the business meetings. Tickets are purchased through Central office. I do have some tickets available at today's meeting.

Would like to thank everyone for supporting CCFAA through the events we have had during 2015 and look forward to another successful year in 2016.

Thank you, Terri N

E. Web/Tech Committee Chair –

VI. Old Business **–**

Vacant Positions:

PI/CPC Chair- Joan T volunteered and was approved by the Delegates.

Teleservice Chair- remains open

PI/CPC request for change in verbiage to Operating Procedures Section 15.7.5 was tabled till next month.

VII. New Business –

The request for support of SACYPAA's bid for the 2016-2017 WACYPAA Conference was withdrawn as the submission date had passed.

VIII. Closing – Meeting closed at 4:26 PM

Respectfully submitted,, Karen Yerkes, Recording Secretary

	Nov-15	YTD	Prorate Budget	Budget	YTD Variance
Income					fav / (unfav)
4020 · AAWS Literature Sales	6,658	74,347	76,083	83,000	(1,736)
4025 · In-House Publication Sales	1,054	14,290	16,133	17,600	(1,843)
4035 - Medallion Sales	2,231	34,287	33,000	36,000	1,287
4100 · Group Contributions	6,445	87,305	79,750	87,000	7,555
4110 · Anonymous Contributions	0	1,563	1,375	1,500	188
4120 · Birthday Contributions	130	2,243	2,292	2,500	(49)
4125 · Office Services Revenue	594	6,886	5,042	5,500	1,845
4130 - Faithful Fivers	863	9,332	8,250	9,000	1,082
4440 - Interest Income	0	8	15	16	(7)
4460 - Picnic Revenue	41	10,906	9,500	9,500	1,406
4480 - Special Event Revenue	60	9,671	6,500	6,500	3,171
Total Income	**18,077**	**250,839**	**237,940**	**258,116**	**12,899**
Cost of Goods Sold					
5000 - Literature Costs					
5010 · Cost of AAWS Literature Sold	4,718	55,370	52,250	57,000	
Literature Costs/Adjustment	0	386	275	300	
Total 5010 - AAWS Literature	**4,718**	**55,756**	**52,525**	**57,300**	**(3,231)**
Net Income AAWS Literature	**1,940**	**18,591**	**23,558**	**25,700**	**(4,967)**
5015 · Other Literature	449	1,993	1,100	1,200	
5025 · In-House Publication					
5030 · Paper Stock & Staples	317	4,600	3,208	3,500	
5035 · Printing Equipment	999	10,989	11,000	12,000	
5040 - Copy costs	0	1,570	2,017	2,200	
Total 5025 · In-House Publication	**1,316**	**17,159**	**16,225**	**17,700**	**(934)**
Net Income In-House Publication	**(262)**	**(2,869)**	**(92)**	**(100)**	**(2,778)**
Cost of Medallions	735	11,264	10,083	11,000	1,180
Net Income Medallion Sales	**1,496**	**23,023**	**22,917**	**25,000**	**107**
Total Cost Of Goods Sold	**7,218**	**86,172**	**79,933**	**87,200**	**(6,238)**
Gross Income (after cost of goods)	**10,858**	**164,667**	**158,006**	**170,916**	**6,661**
Expense					
Equipment Expense					
Total Equipment Expense	**40**	**2,916**	**3,758**	**4,100**	**842**
Insurance					
Total Insurance	**0**	**3,544**	**3,140**	**3,425**	**(405)**
Meetings/Conference Expense					
Total Meetings/Conference Expense	**0**	**2,002**	**2,338**	**2,550**	**336**
Office Expense					
Total Office Expense	**2,039**	**25,752**	**27,469**	**29,966**	**1,717**
Utilities - 5770					
Total 5770 Utilities	**795**	**8,546**	**6,921**	**7,550**	**(1,625)**
Other Committees - 6200					
5900 · Special Events	84	5,353	500	500	
5990 - Picnic Committee	0	7,128	6,500	6,500	
6210 - PI/CPC Expense	145	474	504	550	
6220 - Special Needs Committee	0	51	138	150	
6230 - Teleservice Committee	0	166	138	150	
Total Other Committees	**229**	**13,221**	**7,779**	**7,850**	**(5,442)**
Professional Fees					
Total Professional Fees	**329**	**3,954**	**5,958**	**6,500**	**2,004**
Payroll Expenses					
Salaries and wages	7,414	85,481	84,271	91,932	(1,210)
Taxes and Benefits	1,459	17,114	16,958	18,500	(156)
Total 5400 · Payroll Expenses	**8,873**	**102,595**	**101,229**	**110,432**	**(1,366)**
Bad Debt Expense - 5686	0	-	92	100	
Credit Card Fees - 5895	144	1,635	1,558	1,700	
Bank Charges - 5690	0	-	46	50	
Other	32	32			
Total Expense	**12,481**	**164,198**	**160,288**	**174,223**	**(3,910)**
Net Other Income / (Expense)	**0**	**0**	0	**0**	
Net Income	**(1,622)**	**470**	**(2,281)**	**(3,307)**	**2,751**

As of December 29, 2015

Group Name	Dec 15	Jan - Dec 15
11TH STEP MEDITATION MEETING	0.00	155.00
12 AND 12 BOOK STUDY (ROCKLIN)	0.00	240.00
12 AND 12 TOUCHSTONE GROUP	0.00	302.91
2ND CHANCE GROUP	0.00	390.20
5TH TRADITION BIG BOOK STUDY	0.00	45.00
605 CHRISTIAN VALLEY GROUP	0.00	100.00
A WAY OUT	32.50	202.50
AA NEWCASTLE/LOOMIS GROUP	0.00	50.00
AA NOONER	0.00	77.00
AA UNITY GROUP	0.00	562.00
AMADOR COUNTY SPEAKER MEETING	25.00	25.00
ARDEN MORSE GROUP	200.00	500.00
AS BILL SEES IT	0.00	141.00
AS BILL SEES IT MEN'S GROUP	0.00	50.00
ATTITUDE ADJUSTMENT GROUP OF DAVIS	275.54	649.54
AUBURN FELLOWSHIP	0.00	650.00
AUBURN WEDNESDAY NIGHT YOUNG PEOPLE	172.00	564.26
AUBURN WOMEN'S STEP STUDY	55.00	190.00
BABES IN RECOVERY	0.00	206.00
BANGOR GROUP	0.00	39.10
BEEN THERE DONE THAT	140.00	1,917.00
BENT NICKLE GROUP	100.00	100.00
BROWNSVILLE SERENITY GROUP	0.00	104.00
BY THE GRACE	0.00	50.00
CAME TO BELIEVE GROUP	0.00	90.00
CAMERON PARK GROUP	0.00	165.00
CAMERON PARK WOMEN'S GROUP	0.00	25.00
CAPITOL CITY MEN'S GROUP	242.00	445.00
CATHEDRAL GROUP	0.00	2,986.00
CENACLE GROUP	0.00	83.51
CENTRAL FOOTHILL WOMEN'S CONF.	0.00	121.47
CITRUS HEIGHTS AA @ NOON	34.76	34.76
CITRUS HEIGHTS GROUP	0.00	373.89
CLARKSBURG FELLOWSHIP	0.00	600.00
COME AS YOU ARE GROUP	0.00	818.95
CORDOVA GOOD MORNING GROUP	50.00	200.00
CORDOVA LUNCH BUNCH	126.00	1,489.00
CORDOVA ROAD TO FREEDOM	0.00	124.00
CORDOVA SERENITY SEEKERS GROUP	0.00	169.00
COTTAGE 12X12 STEP STUDY	0.00	25.00
COURAGE TO CHANGE GROUP	59.25	658.30
DAILY ATTITUDE ADJUSTMENT GROUP	0.00	1,782.00
DAILY DIRECTION AA	0.00	724.75
DAVIS FRIDAY NOON GROUP	0.00	254.78
DAVIS HOPE GROUP	80.00	133.89
DAVIS WEDNESDAY WOMENS STEP STUDY	0.00	23.58
DAVIS YOUNG PEOPLE GROUP	0.00	319.70
DESTINY GROUP	0.00	360.00
DIXON NO NAMES GROUP	0.00	100.00
DRY DIGGINS GROUP	0.00	0.00
EAST YOLO FELLOWSHIP	16.00	176.00
EDEN VALLEY AT APPLEGATE GROUP	0.00	33.61
EL DORADO HILLS GROUP	0.00	150.57
ELK GROVE FELLOWSHIP	0.00	2,293.16
ELK GROVE GROUP	225.00	825.00
Elk Grove Old Town grouo	0.00	361.94
ELK GROVE SOBRIETY SISTERS	0.00	280.00
ENTIRELY READY GROUP	500.00	500.00
ESPEE FELLOWSHIP	0.00	220.00
FAIR OAKS BEGINNERS GROUP	0.00	640.50
FAIR OAKS VILLAGE GROUP	0.00	462.00
FELLOWSHIP OF THE SPIRIT BIG BOOK STUDY	0.00	20.00
FIRST THINGS FIRST GROUP	0.00	88.88
FIT FOR LIFE GROUP	0.00	516.09
FOLSOM BIG BOOK GROUP	0.00	2,086.26
FOLSOM FRIDAY NIGHT GROUP	0.00	767.41
FOLSOM SATURDAY MORNING	0.00	1,650.00
FOLSOM SERENITY	0.00	378.00
FOLSOM TUESDAY NIGHT MEN'S AA	150.00	550.00
FOLSOM WAY OF LIFE GROUP	0.00	3,404.01
FOLSOM WEDNESDAY NIGHT AA GROUP	0.00	550.00
FOLSOM YOUNG PEOPLE'S GROUP	0.00	231.12
FORESTHILL BENT NICKEL GROUP	0.00	185.00
FOUNTAIN OF YOUTH GROUP	163.85	450.51
FOURTH DIMENSION GROUP	113.15	451.64
FOXHALL GROUP	0.00	20.00
FREE OUR MINDS	0.00	230.00
FREEDOM GROUP	261.00	261.00
FRIDAY FELLOWSHIP OF DOUBLE A	0.00	597.53
FRIDAY WAY OUT GROUP	0.00	165.15
FRUITVALE GROUP	245.93	245.93
GALT FELLOWSHIP	0.00	450.75
GIBBONS NOON	0.00	750.00
GNO GIRLS NIGHT OUT	0.00	133.37
GO TO ANY LENGTH GROUP	0.00	97.06
GOOD FOR NOTHING	0.00	572.00
GOOD ORDERLY DIRECTION	0.00	168.66
GOTTAWANNA GROUP	0.00	163.30
GREENHAVEN GROUP	0.00	440.28
GROUP ONE	0.00	30.00
GROUP THREE	0.00	600.00
HAND IN HAND WOMEN'S DAY OF UNITY	655.55	655.55
HAPPY DESTINY GROUP	0.00	221.26
HAPPY HOUR RANCHO GROUP	0.00	1,254.81
HAPPY HOUR WOMEN	0.00	493.25
HELPING HANDS GROUP	0.00	364.22
HIGH FLYERS GROUP	40.00	796.24
HOPE & SERENITY SPEAKER MTG.	0.00	50.00
Individuals	19.45	23.96
INTO ACTION GROUP	0.00	550.00
IONE-CAMANCHE GROUP	0.00	130.00
JUST AA	0.00	200.00
KEEP IT SIMPLE	0.00	85.00
KEYSTONE GROUP	0.00	25.00
LAND PARK MEN'S MEETING	0.00	467.46
LINCOLN THURSDAY NIGHT GROUP	0.00	623.43
LIVING SOBER WOMEN'S FRIDAY GROUP	0.00	451.34
LOOMIS BYO 12&12 BOOK STUDY	0.00	180.00

LOOMIS WEDNESDAY BIG BOOK	0.00	130.00
LOOMIS WOMEN'S STEP STUDY	0.00	294.49
MARYSVILLE UNITY GROUP	0.00	250.00
MATHER THURSDAY NIGHT GROUP	0.00	125.58
MIDTOWN SOLUTIONS	0.00	0.00
MNNYPAA	0.00	100.00
MONDAY NIGHT BIG BOOK STUDY GROUP	0.00	41.33
MONDAY NIGHT CLUB	0.00	60.00
MONDAY PM WOMEN GROUP	0.00	15.00
MONDAY WOMEN'S STEP STUDY	17.25	367.25
MORE WILL BE REVEALED	0.00	120.00
MYSTIC CHIX GROUP	0.00	416.00
NATOMAS GROUP	0.00	514.71
NEW HOPE GROUP	0.00	425.00
NEWCASTLE BIG BOOK GP	0.00	174.00
NO WHINERS GROUP	0.00	40.00
NORTH AUBURN GROUP OF AA	0.00	145.41
NORTH HALL GROUP	33.38	1,048.75
NORTH HIGHLANDS FIRESIDE GROUP	30.00	60.00
NUMBER ONE OFFENDERS	0.00	450.00
OAK PARK FELLOWSHIP	0.00	877.62
OAK TREE GROUP	0.00	1,433.05
ONE DAY AT A TIME GROUP	59.24	119.24
ORANGEVALE 11TH STEP MEDITATION GROUP	0.00	235.00
ORANGEVALE OPEN GROUP	0.00	143.88
ORANGEVALE SIXTY MINUTE	0.00	523.00
OVER 50 GROUP	0.00	294.00
PATHFINDERS MEETING	0.00	300.00
PATHWAY TO SPIRITUALITY GROUP	0.00	50.00
PHOENIX FELLOWSHIP	0.00	957.20
PLACERVILLE SUNRISE ATTITUDE ADJUSTMENT	0.00	485.00
PROGRAM OF ACTION	0.00	2.50
PROMISES GROUP - DIXON	0.00	80.00
RANCHO MURIETA GROUP	0.00	1,603.45
RIGOROUS ACTION	0.00	223.00
RIO LINDA FELLOWSHIP	200.00	350.00
RIVER CITY ROUNDUP	0.00	277.27
RIVER PARK RECOVERY	145.00	557.00
ROAD TO FREEDOM	0.00	45.00
ROCKET TO THE 4TH DIMENSION	0.00	96.07
ROCKLIN FELLOWSHIP	0.00	4,529.16
ROCKLIN RACETRACK GROUP	0.00	336.00
ROCKLIN YOUNG PEOPLE	0.00	181.81
ROSEVILLE EASTSIDE GROUP	0.00	160.00
ROSEVILLE FIFTH STREET FELLOWSHIP	134.18	666.85
ROSEVILLE FRIDAY NIGHT WOMEN'S GROUP	16.00	16.00
ROSEVILLE TUESDAY NIGHT GP	0.00	1,750.00
ROUND TABLE GROUP	150.00	250.00
SACRAMENTO DOWNTOWN MEN'S GROUP	93.00	849.45
SACRAMENTO MONTHLY SPEAKER MEETING	0.00	237.88
SACYPAA	0.00	780.00
SATURDAY EDI GROUP	0.00	371.00
SATURDAY MORNING MEN'S BIG BOOK STUDY	0.00	2.15
SATURDAY MORNING REFLECTIONS GP	0.00	341.65
SECOND CHANCE GROUP	0.00	150.00
SERENITY BOOK & STEP STUDY GP	0.00	1,116.77
SHARING AND CARING FELLOWSHIP	0.00	50.00
SIERRA STEP SISTERS GROUP	0.00	100.77
SIERRA WEDNESDAY AM GROUP	0.00	240.00
SIMPLY AA	0.00	300.00
SISTERS IN SOBRIETY	0.00	105.51
SISTERS OF SOBRIETY (PLACERVILLE)	0.00	66.40
SISTERS OF SOBRIETY GROUP	125.00	125.00
SIXTY MINUTE SOLUTION GROUP	83.20	780.71
SMOKIN SOBRIETY	0.00	41.68
SOBRIETY SPEAKS GROUP	0.00	100.00
SOUTHPORT SERENITY	0.00	191.00
SPIRITUALLY SPEAKING ORANGEVALE	0.00	491.00
SPRING FLING GROUP	0.00	6,014.00
STATE OF MIND SOBRIETY	0.00	125.12
STEP 2 MEN'S GROUP	0.00	100.00
STEP SISTERS	0.00	92.66
STEPS TO PEACE	0.00	180.00
STUDENTS OF SOBRIETY	0.00	45.24
SUNDAY MORNING SERENITY GROUP	5.00	840.91
SUNDAY NIGHT RECOVERY HOUR	0.00	600.00
SUNRISE SPEAKER MEETING	0.00	71.50
SUNRISE SUNSET GROUP	0.00	232.00
SUNSET SATURDAY	0.00	100.00
TAHOE PARK GROUP	0.00	63.76
THANK GOD IT'S SIMPLE	0.00	150.00
THE OTHER MEETING	0.00	159.79
THREE LEGACIES GROUP	0.00	45.00
THURSDAY MORNING BOOK/STEP STUDY GROUP	0.00	10.00
THURSDAY NIGHT MEN'S GROUP	300.00	550.00
TIME TO START LIVING GROUP	0.00	74.00
TOO YOUNG GROUP	0.00	52.49
TRADITIONAL GROUP	0.00	803.06
TRADITIONS AND CONCEPTS STUDY GRP	0.00	121.55
TRIANGLE GROUP	0.00	249.82
TRIPLE A SPEAKER/PARTICIPATION MEETING	0.00	95.69
TUESDAY CORDOVA KISS GROUP	0.00	160.00
TUESDAY MIDTOWN GROUP	180.00	180.00
TURNING POINT GROUP	0.00	100.00
TWELVE STEPS TO SOBRIETY	0.00	320.00
WE CARE GROUP	0.00	52.10
WE SURRENDER MEN'S GROUP	0.00	134.34
WEDNESDAY NIGHT 12X12 BOOK STUDY	0.00	30.00
WELCOME GROUP	0.00	255.88
WEST SLOPE FELL0WSHIP	0.00	170.10
WHAT A WAY WEEKEND WOMENS GROUP	0.00	734.22
WHEATLAND GROUP	0.00	25.00
WHITE FLAG MEN'S GROUP	0.00	330.98
WILD BUNCH	0.00	67.80
WILD WOMEN	0.00	418.95
WILLING WOMEN GROUP, THE	71.00	702.26
WINTERS KITCHEN TABLE GROUP	0.00	410.53
WOMEN FOR WOMEN FAIR OAKS GROUP	0.00	25.00
WOMEN IN RECOVERY	0.00	157.56
WOMEN IN RECOVERY, MARYSVILLE	0.00	251.56
WOMEN OF EXTRAVAGANT PROMISES	0.00	232.38
WOMEN OF WORTH	0.00	180.00
WOMEN SEEKING SERENITY	77.25	77.25
WOMEN UNDER CONSTRUCTION	0.00	319.27
WOODLAND GROUP	0.00	100.00
WOODLAND TRADITIONAL GROUP	30.00	490.96
WOODLAND WOMEN'S GRP	0.00	162.50
YUBA CITY 329 GROUP	0.00	6.07
ZINFANDEL & CORDOVA LANE GROUP	0.00	222.35
TOTAL	5,731.48	93,040.58

CENTRAL CALIFORNIA FELLOWSHIP
9960 BUSINESS PARK DR., SUITE 110
SACRAMENTO, CALIFORNIA 95827

***CHANGE SERVICE REQUESTED**

NON-PROFIT ORGANIZATION U.S. POSTAGE PAID PERMIT NO. 449 SACRAMENTO CA

2016 BTW JANUARY

Want to join the Birthday Club?

Send a dollar (+/-) per year of sobriety to:

Central California Fellowship
9960 Business Park Dr., Ste. 110,
Sacramento, CA 95827.

Name: _____

Address: _____

City/State/Zip: _____

Birthday/Years: _____

Phone Number: _____

Have you moved?

Be sure to tell us so you don't miss your next issue of By The Way!

Name: _____

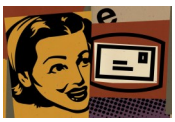
Old Address: _____

New Address: _____

City/State/Zip: _____

Phone Number: _____

By The Way Subscription



To have the By The Way delivered to your home or if your group needs additional copies, just fill out this form and mail it to Central California Fellowship, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Please check one:

- Gift Subscription ❑
- New Subscription ❑
- Additional Group Subscription ❑
- Renewal Subscription ❑

Subscription price (1 year) $ 12.00

Number of subscriptions x _____

Total $ _____

Please send By The Way to:

Name: _____

Address: _____

City/State/Zip: _____