



## ***DISTRICT 27 WORKSHOP*** ***Emotional Sobriety***

**What is emotional sobriety?  
What can I do to obtain and maintain emotional sobriety?**



**Sunday, April 24th  
1:30 - 3:00 PM**

**American River Alano Club  
9346 Greenback Lane, Suite 8  
Orangevale, CA 95662**

**Panel Speakers w/Q&A afterward**

**TERRY D. – YUBA CITY  
LAURA C. – FOLSOM  
KATIE B. – NEVADA CITY  
PATRICK H. – LAND PARK**

**Open to men and women**



***Finger foods and Desserts – Coffee and refreshing lemonade will be served.***  
**\*\*Hosted by: Orangevale Saturday Morning Daily Reflections Women's Group**