



FEBRUARY 2017



Happy Valentines Day

CENTRAL OFFICE WILL BE CLOSED

FEBRUARY 20TH FOR THE PRESIDENTS DAY HOLIDAY

- | | |
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How AA Began in Sacramento

“Once upon a time” a Sacramento man was driven to Berkeley by his sister. The motivation for this trip was the end result of that man, having read an article, by chance only, in a well known magazine of that day. Sounds like a simple statement, does it not? It is! But, as a result of that visit, thousands upon thousands of “human beings” in Sacramento and the surrounding areas were given the opportunity to return to being just that – “Living, Loving, and Productive Human Beings”. So because of a magazine, a man who saw no hope, and a journey to the City of Berkeley, all of our lives were subsequently affected, in one way or the other.

Elliott T. was at the end of his rope, and saw no hope or relief from this thing called alcoholism, or the many other names that the disease was called in those days. They ranged from inebriate, to drunk, to sot, and yes, even to alcoholic. There were others in the same boat in Sacramento. Elliott T. read the article by Jack Alexander in the “Saturday Evening Post” about a unique approach to those who had a drinking problem. Elliott was only one of thousands who read that article, all over the U.S. and Canada, but we are glad that he not only read the article, but also took some action. Through some vague sources in Sacramento, he discovered that a “Chapter” of Alcoholics Anonymous was in Oakland. He called and was put in touch with Nick N. from Oakland. Elliott was invited to come to their meeting, and his sister volunteered to drive him to his first meeting.

When he arrived, he found that the Chapter was meeting each week in a different member’s home. They had no place else to meet. He attended the meeting and was impressed, even though he realized that this was all something new to the group, and the approach was a little bit on the haphazard side. He returned to Sacramento with a feeling that just possibly there was hope. He based this assumption on the fact that a couple of the attending members of that AA Chapter had been continuously sober for almost a year!

(cont'd on pg. 17)



February 10, 11, & 12, 2017

Doubletree Hotel
2001 Point West Way
Sacramento 95825
VISIT WWW.SACSPRINGFLING.ORG
FOR REGISTRATION AND HOTEL
RESERVATION INFO
Chairperson: Frank V. Co-Chair: Jeff B.
Registration: Chris V.

**Deadline Dates for Submissions
for the By The Way and Monthly flyers 2017**

MONTH	FLYERS DEADLINE	BY THE WAY DEADLINE
February	Friday 10th	Sun. Jan. 15th
March	Friday 10th	Wed. Feb. 15th
April	Monday 10th	Wed. March 15th
May	Wed 10th	Sat. April 15th

All submissions need to be in by 5:00PM. Email ALL submissions to: centraloffice@aasacramento.org

2017 Central Office Volunteer Days

Central Office would like to have volunteers arrive at 9:30AM on the dates below. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

Please call (916) 454-1771 if you plan to attend.

Volunteer Dates for 2017 Mailings

	Flyer Mailing	By The Way Mailing
February	Monday 13th	Friday March 3rd
March	Monday 13th	Thursday 30th
April	Tuesday 11th	Friday 28th
May	Thursday 11th	Friday June 2nd

By The Way is published monthly by the Central California Fellowship (CCF), 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is \$12.00 per year. Opinions, letters, and stories printed in *By The Way* are not to be attributed to Alcoholics Anonymous, the Central California Fellowship or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.



TELE-SERVICE DESK

Volunteers answer the hotline from 9AM to 1PM or 1PM to 5PM Monday through Friday at Central Office. We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.



*Volunteers need a minimum of six months of sobriety to answer the hotline.
hotlinehelpers@gmail.com

CCFAA Delegates' Meeting

Saturday, February 18, 2017

Meeting begins at 3:00pm

New Delegates arrive at 2:00pm

Traditional Group Meeting Hall

2625 Alta Arden Expressway, Sac., 95825

GROUP DELEGATES

Please let us know who you are so we can send your group a **FREE** copy of the By The Way and the flyer mailing each month.

We want to be sure we have up-to-date info about your meeting location, day, time, and format.

CCFAA is here to be of service to you and your group.

Please feel free to visit your Central Office located at: 9960 Business Park Dr., Suite 110 in Sacramento!

PI/CPC COMMITTEE

Meets on the 2nd Friday of the month at 6:00 PM

Faith Presbyterian Church

625 Florin Road, Sacramento 95831

OFFICE OPERATIONS COMMITTEE

Tuesday, **February 14th** at 6:00PM at Central Office
9960 Business Park Dr. Suite 110, Sac., CA 95827

H&I MONTHLY MEETING

3rd Thursday, at 6PM

Denny's Restaurant

7900 College Town Dr., Sacramento, 95826
(Howe Ave & Hwy 50)

We have an ongoing need for volunteers.


Contact the Area 42 Chairman, Roger M., for more information:


CCFAA 2017 Annual Picnic Planning Committee Meetings


9960 Business Park Dr., Suite 110, Sacramento. 6:15pm

April 14th	August 4th
May 19th	August 11th
June 16th	August 18th
July 14th	

A.A. Teleservice Needs YOU!!

 Alcoholics Anonymous Teleservice, also known as the A.A. hotline, services alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.

 This is a great way to be of service to your fellow alcoholics. All you need is the use of a phone and a current meeting schedule. From the comfort of your own home on a landline telephone or even while you're out and about with the use of a cell phone you can be of service.

 We would love to have you join our team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: hotlinehelpers@gmail.com

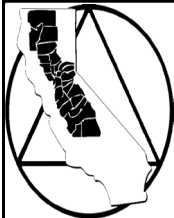
"I can't explain why I didn't hang up. I just sat there on the floor, with the receiver to my ear. The next thing I heard was "Good afternoon. Alcoholics Anonymous. May we help you?"
 "Came to Believe" PG 23



SERVICE OPPORTUNITIES @ CCFAA!

We need volunteers to help with the assembly of the flyer mailing on **Monday, February 13th** at 9:30 a.m. and the **By The Way** mailing on **Friday, March 3rd** at 9:30 a.m. **Donuts - Coffee - Fellowship - and Fun!**

PI/CPC Committee is looking for Russian Speaking AA members to participate with PI/CPC Committee to start Russian Speaking AA meeting. If interested contact Central Office at 916-454-1771.



NCCAA

Area Planning Meeting, February 18th, West Sac.
 (West Sac. Meets at the East Yolo Fellowship, 1040 Soule St. At Jefferson Blvd.)



NEWS FROM VOLUNTEER CENTRAL WHERE GRATITUDE IS AN ACTION WORD!

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

In service during the month of December:

TeleDesk Volunteers & Subs: Cindy F. - Joyce H. - Dlorah B. - Lynn S. - Kathy K. - Cheryl G. - John F. - Marie G. - Kathy P. - Peter G. - Norma A.

Sales Desk: Ron H. - Karen Y. - Cindy F. - Cathy N. - Cindy Jo M. - Beth B. - Melissa Z. - Carlos A.

BTW & Flyer Mailing: Pete G. - Mike K. - Carol L. - Craig L. - Beth B. - Steven O. - Dale M. - Bill E. - Gay W. - Sherri KW

Bulk Mailing: - Beth B. **Webmaster:** Pete B.

BTW : Layout & Design - Karina K.

Celebrating February Birthdays:
 Karen Y. 14 yrs., Ron H. 14 yrs.,



PRAASA 2017

MARCH 3-5, 2017

McCLELLAN CONFERENCE CENTER
 5411 LUCE AVENUE
 McCLELLAN PARK, SACRAMENTO, CA
 95652

For lodging go to: cniia.org



Teleservice Activity Report December 2016

Teleservice	Nov.	YTD
12 Step	58	499
Meetings/Info	322	2,666
Total Calls	380	3,165

Teledesk Activity Report December 2016

Teledesk	Nov.	YTD
12 Step	8	141
Meetings/Info	374	4,530
Total Calls	382	4,671

WEEKLY SPEAKER MEETINGS

CAMERON PARK GROUP ~ WHEN: Every Saturday, 8:00pm. **WHERE:** Light of the Hills Church, 3100 Rodeo Dr. Cameron Park. Last Saturday is Birthday Night. Come! We need your support!

FOLSOM WAY OF LIFE GROUP ~ WHEN: Every Thursday, 7:00pm.

WHERE: Journey Church, 450 Blue Ravine Road, Folsom,.

FOURTH DIMENSION GROUP ~ WHEN: Every Thursday, 8:00pm.

Speaker Meeting. **WHERE:** Church of Christ, 1799 Cirby Way, Roseville, . More details @ fourthdimensiongroup.org.

FOXHALL GROUP ~ WHEN: Tuesday, 7:00pm. **WHERE:** Church of Christ, 1321 Peachtree Lane (Multipurpose Room), Yuba City, .

ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN: Every Saturday, 8:00pm-9:30pm. **WHERE:** 315 Lincoln St, Roseville, 2/4- Ted K. of Roseville, 2/11- Dewey A. of Orangevale, 2/18- Brenda of Folsom, 2/25- Marion D. of Carmichael, 3/4- Tom H. of Roseville, 3/11- Shawnee C. of Auburn

SUNRISE SPEAKER MEETING ~ WHEN: Every Sunday from 11:00am-12:00pm. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael, . We have local speakers who inspire and inform.

TRIPLE A SPEAKER/PARTICIPATION MEETING ~ WHEN: Friday, 7:00pm. **WHERE:** 18014 Applegate Rd, Applegate, .



MONTHLY SPEAKER MEETINGS

AUBURN FELLOWSHIP ~ WHEN: Every third Saturday, 7:30pm. **WHERE:** 244 Palm Ave, Auburn, .

BEEN THERE DONE THAT FWP ~ WHEN: Third Saturday of each month 6:30pm-7:30pm. **WHERE:** (Madhouse) - 8934 Madison Ave. Fair Oaks, . **Speaker:** Timmy P. from Good For Nothing Group

DAVIS HOPE GROUP ~ WHEN: First Saturday of each month at 7:00pm. **WHERE:** St. Martin's Church, 640 Hawthorn Ln, Davis, .

ELK GROVE FELLOWSHIP ~ WHEN: Fourth Saturday of every month. Potluck at 6:00pm. Speaker at 8:00pm. **WHERE:** Native Sons Hall, 9151 Grove St, Elk Grove, . (corner of Kent and Grove St).

GALT FELLOWSHIP ~ WHEN: First Saturday of every month. Dinner: 6:00pm. **Speaker:** 7:00pm. Group supplies main course. Join us! Bring a side dish or just yourself and some friends. **WHERE:** 229 4th St, Galt, .

GROUP ONE ~ WHEN: Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St, Sacramento

GROUP THREE ~ WHEN: Third Saturday of the month at 6:00pm. **WHERE:** 9940 Business Park Dr, Ste. 110, Sacramento. Feb Speaker Wes Y. of West Sacramento

HI-FLYERS ~ WHEN: Last Sunday of the month at 7:00pm. **WHERE:** 3077 Alhambra Drive, Suite E, Cameron Park, .

MIDTOWN SOLUTIONS ~ WHEN: Third Saturday, 7:00pm-8:15pm. 20 min. Speaker: **WHERE:** 2903 30th St, Sacramento, .

NEW HOPE GROUP ICE CREAM SOCIAL/BIRTHDAY/SPEAKER MEETING ~ WHEN: Last Saturday of every month, 7:00pm. **WHERE:** St. Francis Episcopal Church, 11430 Fair Oaks Blvd, Fair Oaks, . **Ice Cream is served at 5:30pm**

NORTH HALL GROUP ~ WHEN: Third Saturday of the month, 8:00pm. **WHERE:** 3501 2nd Ave, Sacramento, .

NORTH SACRAMENTO GROUP ~ WHEN: First Saturday of the month, 7:00pm. **WHERE:** 2330 Fairfield St, Sacramento, .



MONTHLY SPEAKER MEETINGS Cont'd

RIO LINDA MONTHLY SPEAKER MEETING ~ WHEN: Second Friday. Doors open at 6:00pm. **WHERE:** Rio Linda Fellowship, Calvary Lutheran Church, 515 L St, Rio Linda, .

SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN: Second Saturday of every month, 8:00pm. **WHERE:** Centennial Methodist Church, 5401 Freeport Blvd, Sacramento, CA. Please join us for dinner with the speaker & committee at Marie Callender's (at 6:00pm.) on Freeport. For dinner Reservations contact: Andy H. or Rachel H. **Speakers:** 2/11 Will S. of Stockton. 3/11 Angie P. of Cincinnati OH., 4/8 Clancy I. of Venice Beach, CA., 5/13 Johnny H. of Long Beach, CA.

WACYPA ~ WHEN/WHERE: Please go to wacypaaxx.com for more info.

TRADITIONAL GROUP SPEAKER MEETING ~ WHEN: Fourth Sunday of the month, 12:00 noon. **WHERE:** 2625 Alta Arden Expy, Sacramento, .

QUARTERLY SPEAKER MEETING

EAST YOLO FELLOWSHIP ~ WHEN: Quarterly - March, June, September and December on the Third Saturday of the month at 7:00pm. **WHERE:** 1040 Soule St, West Sacramento, . Potluck at 6:00pm. Bring a dish to share and enjoy the fellowship. *March Speakers Jean and Greg B. of the Traditional Group.*

WEST SLOPE UNITY GROUP ~ WHEN: Quarterly - January, April, July and October on the Fourth Saturday of the month at 7:00pm.

WHERE: 3734 China Garden Rd, Diamond Springs, . Doors open at 6:00pm. Dessert Potluck. Please bring a sweet treat to share. Gift Basket Raffle and DJ following meeting. We encourage each group to donate a themed basket for our annual spring raffle.

GROUP UPDATES & CHANGES

ANTELOPE WOMEN'S GROUP ~ Discontinued ~ WHEN: Wednesday at 6:30pm. **WHERE:** 7850 Watt Ave, Antelope

BLISSED OUT; GUIDED MEDITATION MEETING ~ New Location ~

WHEN: Mondays 7:30pm. 1 hour. **WHERE:** 2391 St. Marks Way, Rm: E-23, Sacramento.

BOTTLE TO THE BOOK AA ~ Discontinued ~ WHEN: Monday at 7:00pm. **WHERE:** 720 7th St, Sacramento

FOUNTAIN OF YOUTH ~ New Location ~ WHEN: Thursday 7:00pm. **WHERE:** 914 Cirby Way, Roseville

GALT FELLOWSHIP ~ New Location ~ All Meetings. Speaker Meeting - 1st Saturday of the Month; Birthday Meeting - Last Saturday of the Month. **WHERE: 229 4th St, Galt. (by railroad tracks between B and C Streets)**

HOPE & SERENITY SPEAKER MEETING ~ Discontinued ~ WHEN: First Saturday of the month at 7:00pm. **WHERE:** Marriott Courtyard, 4422 Y St, Sacramento.

LINCOLN SISTERS IN SOBRIETY ~ New Room ~ WHEN: Wednesday, 5:40pm. **WHERE:** 485 Twelve Bridges Dr, Lincoln. Meeting will be held in the WILLOW ROOM.

MONDAY NIGHT BIG BOOK ~ Discontinued ~ WHEN: Monday at 7:00pm. **WHERE:** 7300 Wyndham Dr, Sacramento

NORTH SACRAMENTO GROUP ~ Time Change ~ WHEN: Sunday Book Study start time moved to 6:30pm. 1 & 1/2 hour, open meeting. **WHERE:** 2330 Fairfield Street, Sacramento.

GROUP UPDATES & CHANGES Cont'd

NORTH SACRAMENTO GROUP ~ Time Change ~ WHEN: Saturday Men's meeting start time moved to 10:00am. One hour, Open mtg. **WHERE:** 2330 Fairfield Street, Sacramento.

OAK PARK FELLOWSHIP ~ New Time ~ WHEN: Saturdays, 8:00pm. Open discussion. Birthday Meeting last Saturday of the month 8:00-9:30pm. **WHERE:** First English Lutheran Church, 4th Ave. & 39th St, Sacramento.

OAK TREE FELLOWSHIP ~ Discontinued ~ WHEN: Mondays, 7:45pm. **WHERE:** Parkside Community, 5700 South Land Park, Sacramento.

PRIMARY PURPOSE GROUP ~ Time Change ~ WHEN: Sunday, 11:00am. **WHERE:** 1120 Rodeo Way, Sacramento.

RIGOROUS ACTION GROUP ~ Discontinued ~ WHEN: Friday, 5:30pm. **WHERE:** 28th L St. Sutter General Hospital, Buhler building

SHARING AND CARING ~ Update ~ WHEN: Mondays, 10:00pm. This meeting is now a *Young People* meeting. **WHERE:** 4955 Marconi Avenue Suite A, Carmichael

SHARING AND CARING ~ New Location ~ WHEN: 7 days a week, All Times **WHERE:** 4955 Marconi Avenue Suite A, Carmichael

SIMPLE BUT NOT EASY ~ Discontinued ~ WHEN: Tuesdays, 7:00pm.

WHERE: 890 Morse Ave Sierra Arden, United Church of Christ

TAHOE PARK GROUP ~ Time Change ~ WHEN: Thursday will be 7:00pm and change to one hour. **WHERE:** Journey Church, Fellowship Hall, 5801 2nd Ave, Sacramento.

TAHOE PARK GROUP ~ Discontinued ~ WHEN:

Monday 7:00pm **WHERE:** Journey Church, Fellowship Hall, 5801 2nd Ave, Sacramento.

THANK GOD IT'S SIMPLE ~ New Location ~ WHEN:

Friday 7:00pm **WHERE:** 9001 Foothills Blvd, Roseville.

THURSDAY NITE MEN'S ~ New Location ~ WHEN: Thursday's, 7:00pm. **WHERE:** 1300 N Street, Downtown Sacramento. (Westminster Presbyterian Church)

TRADITIONS & CONCEPTS GROUP ~ Discontinued ~ WHEN: 1st & 2nd Tuesdays, 7:00pm. **WHERE:** 11427 Fair Oaks Presbyterian Church

TRADITIONAL GROUP ~ Meeting Change ~ WHEN: Saturday's 6:00pm **WHERE:** 2625 Alta Arden Expressway. This meeting has been changed from a men's meeting to an Open Step Study.

TRADITIONAL GROUP ~ Discontinued ~ WHEN: Tuesday 9:00pm and Friday 8:00pm **WHERE:** 2625 Alta Arden Expressway.

11th STEP MEDITATION MEETING ~ Time Change ~ Meeting starts at 5:30pm. This is an open one hour meeting. **WHERE:** 2314 J St. Sunlight of the Spirit, Sacramento.

WOODLAND BIG BOOK GROUP ~ Discontinued ~ WHEN: Thursday, 7:00pm **WHERE:** St. John's Church 434 Cleveland Street, Woodland.

WOODLAND GROUP ~ Discontinued ~ WHEN: Friday, 6:00pm.

WHERE: 96 West Main Street, Woodland

WOODLAND TRADITIONAL GROUP ~ Birthday Night will now be on the Last Thursday of the month.

Sacramento,

NEW GROUPS AND MEETINGS

ALL TRIBES AA FWP ~ New Book Study Meeting ~ WHEN: Friday, 7:00pm-8:30pm. **WHERE:** 2627 J St, Sacramento. (Parking & entrance in the Alley)



NEW GROUPS AND MEETINGS Cont'd

ANTELOPE WOMEN'S GROUP ~ New Meeting ~ WHEN: Wednesday, 6:30pm-7:30pm. **WHERE:** 7850 Watt Ave, Antelope. This is a one hour, open, women's meeting.

BACK TO BASICS ROCKLIN ~ New Meeting ~ WHEN: Monday, 7:00pm **WHERE:** Life House Church 4800 Sierra College Blvd, Rocklin

FAIR OAKS BEGINNERS GROUP ~ New Meeting ~ WHEN: Monday's 6:00pm. This is an open, beginners, study meeting. **WHERE:** Advent Lutheran Church, 5901 San Juan Ave, Citrus Heights.

FRIDAY NIGHT FREETHINKERS ~ New Meeting ~ WHEN: Friday's 8:00pm. This is an open, one hour, non-smoking wheelchair access meeting **WHERE:** St. Paul's Episcopal Church, 1430 J St., Sacramento.

GROUP ONE ~ "We Agnostics" ~ New Meeting ~ WHEN: Friday, 9:00pm-10:00pm. This is an open meeting. **WHERE:** 2804 T St, Sacramento.

NORTH SACRAMENTO GROUP ~ New Meeting ~ WHEN: Saturday, 5:00pm. **WHERE:** 2330 Fairfield Street, Sacramento. Open, Non-smoking, Wheelchair access.

RED ROAD RECOVERY ~ New Meeting ~ WHEN: Saturday, 3:30pm. **WHERE:** 2330 Fairfield Street, Sacramento. Open, Non-smoking, Wheelchair access, *emphasis on Native American Recovery*

TOO YOUNG ~ New Group ~ WHEN: Thursdays, 7:30pm-8:30pm. Open, one-hour group, non-smoking, wheelchair access, young people. **WHERE:** St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento.

West Slope Fellowship ~ New Meeting ~ WHEN: Saturday, NOON. **WHERE:** Senior Citizen Center, 5581 Gail Rd, Pollock Pines. off Forebay Rd. Meeting is an open, one-hour women's meeting.

WHOLESALE MIRACLES ~ New Group ~ WHEN: Friday, 6:00pm-7:00pm. This is an open, study meeting for gay members. **WHERE:** Lambda Center, 1927 L. St. Sacramento.

WOODLAND GROUP ~ New Meeting ~ WHEN: Sunday, 6:30am. This is an Open, one-hour, study meeting. **WHERE:** 96 West Main Street, Woodland.

GROUP ANNOUNCEMENTS

DRY DIGGINS GROUP ~ We've Moved! WHEN: Thursday, 7:00pm. **WHERE:** Auburn Grace Community Church Rm 100, 2376 Zinfandel Dr, Rancho Cordova.

EAST YOLO FELLOWSHIP ~ Secretary Workshop ~ Second Saturday of March, June, September and December at Noon. WHERE: 1040 Soule St, West Sacramento.

EAST YOLO FELLOWSHIP ~ Change to 1 Hour Meetings~ WHEN: Monday 8pm, Tuesday 8pm, Wednesday 8pm and Saturday 9pm **WHERE:** 1040 Soule St, West Sacramento. *These meetings will now be 1 hour meetings*

GOLDEN GIRL'S GROUP ~ This is a very Special AA meeting for Women age Fifty & older. But open to all interested recovering women. WHEN: Monday, 10:00am-11:30am. **WHERE:** Sunset No-Al Club, 5809 Gibbons Dr, Carmichael.

STUDENTS OF SOBRIETY ~ Needs Support! ~ WHEN: Saturday at 9:00pm **WHERE:** American River Alano Club 9346 Greenback Ln, Ste. 8, Orangevale. *A safe place for fellowship, late on Saturday night.*

GROUP THREE NCCAA SUMMER CONFERENCE HOST COMMITTEE MEETINGS ~Volunteers Needed ~ WHEN: Sundays -2/5, 3/5, 4/2, 5/7 and 6/4, 12:00 noon. **WHERE:** 9940 Business Park Drive, Sacramento.

Newcastle Friday Night Meeting of Alcoholics Anonymous ~ Invites you to join us! ~ WHEN: Friday, 7:00-8:15pm. **WHERE:** Newcastle United Methodist Church - 410 Buena Vista Ave. (off Old State Hwy) Speaker and Discussion.

ROUND TABLE AA GROUP ~ Needs Support! WHEN: Monday, 8-9pm. **WHERE:** 7850 Watt Ave, Antelope,. St. Andrew's Episcopal Church. Open, one hour, non-smoking, wheelchair accessible meeting.

SPECIAL EVENTS

FEBRUARY

COOPERATION WITH THE COURTS WORKSHOP ~ WHEN: February 4th **WHERE:** Journey Church 5801 2nd Ave., Sacramento. Refreshments at 12:30pm, Workshop 1pm-3pm. Presented by CCFAA and CNIA

SACRAMENTO SPRING FLING 40TH ANNIVERSARY ~ WHEN: February 10th-12th **WHERE:** 2001 Point West Way, Sacramento (Doubletree Hotel) Pre-registration \$20 **BEFORE** January 31st, \$25 **AFTER** January 31st. Details at www.sacspringfling.org

TRIANGLE GROUP 21ST ANNIVERSARY POTLUCK/SPEAKER MEETING ~ WHEN: February 3rd. Potluck at 5:30pm Speaker meeting at 6:30pm. Victor S. of Sacramento **WHERE:** 5770 Carlson Drive, Sacramento (Fremont Presbyterian Church)

MARCH

TELESERVICE WORKSHOP ~ WHEN: Saturday, March 4th 2:30pm-4:30pm **WHERE:** 2625 Alta Arden Expressway, Sacramento (Traditional Group Meeting Hall). Orientation starts at 2:30pm Workshop starts at 3:00pm.

TOO YOUNG GROUP 1ST ANNUAL POTLUCK/SPEAKER MEETING CELEBRATING 17TH YEARS ~ WHEN: Thursday, March 16th 6:00pm-10:00pm **WHERE:** St. Mark's Methodist Church, 2391 St. Mark's Way, Sacramento. Potluck at 6:00pm, Speaker Meeting 7:00pm- 20 min speaker: Brittni P. from Sacramento, 40 min speaker: Tony K from Auburn. After the meeting we will have some indoor fun with dodgeball!

2017 PACIFIC REGION ALCOHOLICS ANONYMOUS SERVICE ASSEMBLY-Hosted by California Northern Interior Area 07 ~ WHEN: March 3rd-5th. **WHERE:** 5411 Luce Ave, McClellan Park

APRIL

37th ANNUAL NORTHERN CALIFORNIA WOMAN TO WOMAN CONFERENCE ~ WHEN: April 28th-30th. **WHERE:** 5321 Date Ave, Sacramento (Crowne Plaza Hotel)

DAILY ATTITUDE ADJUSTMENT 31ST ANNIVERSARY POTLUCK/SPEAKER MEETING ~ WHEN: April 1st 5:00pm-10:00pm **WHERE:** 6826 Hazel Ave, Orangevale (Orangevale Community Center)

LATE SUBMISSIONS (JANUARY BIRTHDAYS)

CITRUS HEIGHTS GROUP

Patty O., 11 yrs	Kim R., 7 yrs
Greg O., 7 yrs	John R., 3 yrs
Jen R., 2 yrs	Tina R., 1 yr

SERENITY BOOK & STEP STUDY

Barbara W., 33 yrs	Susan K., 30 yrs
Pat G., 29 yrs	Kevin T., 1 yr

GROUP THREE

Maureen W., 38 yrs	Jerry T., 5 yrs
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SHARING & CARING

Lana 46., yrs	Orlando A., 34 yrs
Donnie D., 32 yrs	Shirleen P., 17 yrs
Tomas B. 17 yrs	Aaron X. 7 yrs
Shawn M. 5 yrs	Cindy O. 2 yrs
Justine S. 2 yrs	Reno 2 yrs
Amy M. 1 yr	Heather L. 1 yr



Note to the Editor...

When I come to the [Central] office and see the organization, the professional equipment, the order, instead of chaos, it tells me that you are doing the best job possible for me (an AA) in a work environment.

I never understood why our meeting places often look like we're not deserving of a clean/modern place to meet. That's more about how they feel about themselves. I want to be proud! Thanks for making me proud!

How will the world ever see us differently if we don't see ourselves that way. Even the Big Book says "we are not doormats" We live and work in the world, and are proud of our standing!

Grateful Recovered AA in Sacramento



Online Intergroup of Alcoholics Anonymous

The Online Intergroup

<<http://www.aa-intergroup.org/>> is a service entity established pursuant to Tradition Nine of Alcoholics Anonymous (AA) to operate on behalf of the participating online AA groups in accordance with AA's Twelve Traditions and Twelve Concepts since 1996. The Intergroup exists to aid the online groups in their common purpose of carrying the AA message to the alcoholic who still suffers.

AA UNITY

Jim D., 31 yrs
Marty R., 13 yrs

ALL TRIBES

Karen C., 24 yrs
James R., 11 yrs
Kenzie W., 2 yrs
Ben H., 1 yr

CITRUS HEIGHTS GROUP

Debbie T., 15 yrs
Rick K., 10 yrs
Kathy J., 7 yrs
Michael D., 4 yrs

CORDOVA SERENITY SEEKERS

Bob B., 38 yrs
Jennifer Q., 22 yrs

CORDOVA KISS

Sheila S., 21 yrs

COURAGE TO CHANGE

Sharon H., 31 yrs
Dana N., 1 yr

DAILY ATTITUDE ADJUSTMENTS

Larry S., 28 yrs
Lance B., 24 yrs
Margaretrose, 15 yrs
Catherine, 12 yrs
Timo H., 4 yrs
Linda S., 2 yrs
Sandy R., 1 yr

DAVIS HOPE GROUP

Jodi R., 38 yrs
Laura L., 24 yrs
Marc M., 16 yrs
Ruthy, 14 yrs
Dina C., 13 yrs
Randy S., 12 yrs
Shelly F., 10 yrs
Giselle G., 10 yrs
Joe A., 8 yrs
Molly G., 8 yrs
Kendall, 7 yrs
Eleanor L., 5 yrs
Bert, 4 yrs
Jenn D., 4 yrs
Austin, 2 yrs
Alex G., 1 yr

EAST YOLO

Patty P., 50 yrs
George M., 34 yrs
Fred S., 29 yrs
Bill H., 18 yrs
Georgina Y., 15 yrs
Ann F., 14 yrs
Linda B., 12 yrs
Cari Mc., 10 yrs
Paul D., 10 yrs

Nancy L., 17 yrs



Stacie H., 13 yrs
Jennifer, 2 yrs
Niel, 1 yr

Colleen L. 12 yrs
Johnhenry J., 7 yrs
Maurice N., 6 yrs

Carolyn S., 29 yrs

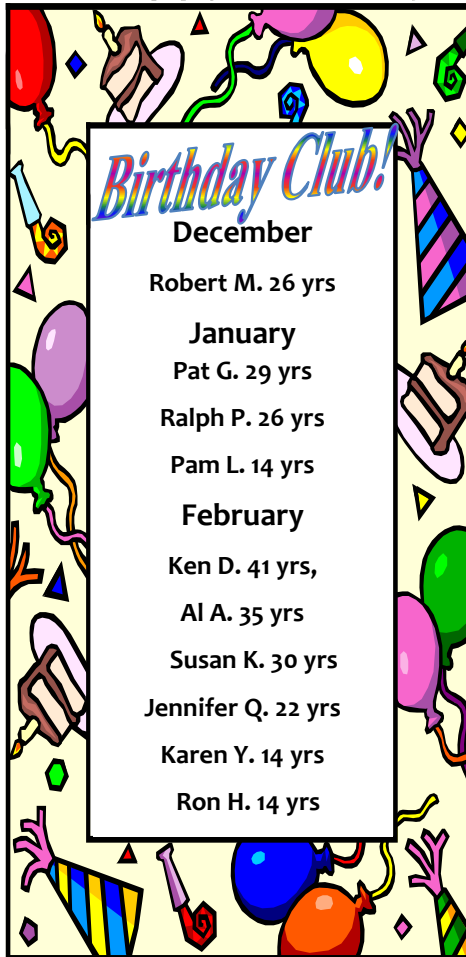
Kevin B., 20 yrs

Rhonda B., 30 yrs
Lorrie D., 1 yr

Kelly W., 25 yrs
Priscilla B., 19 yrs
Linda M., 14 yrs
Phil H., 5 yrs
Loyd K., 4 yrs
John K., 2 yrs

Doug, 31 yrs
Barbara B., 23 yrs
Jeff S., 16 yrs
Rob M., 13 yrs
Ava C., 12 yrs
Yvonne S., 11 yrs
Sameer A., 10 yrs
Amy G., 10 yrs
Jennifer, 8 yrs
Kathleen C., 7 yrs
David L., 5 yrs
Melanie H., 5 yrs
Susan, 4 yrs
Yousef, 4 yrs
Carolyne K., 2 yrs

Helena H., 38 yrs
Inez Y., 30 yrs
Efren P., 22 yrs
Christina M., 15 yrs
Lowell M., 15 yrs
Otto B., 13 yrs
Cliff S., 11 yrs
Kathy H., 10 yrs
Jamie M., 9 yrs



EAST YOLO

Hillbilly C., 8 yrs
Michele B., 6 yrs
Amy B., 5 yrs
Lahlanda B., 5 yrs

ELK GROVE

Jim D., 31 yrs
Louie C., 17 yrs
Kennya Y., 12 yrs
Guy K., 8 yrs
Hilstreet 6 yrs
Lucy C., 3 yrs
Rosita I., 1 yr

GALT FELLOWSHIP

Mary R., 52 yrs
John P., 21 yrs
Jeannine, 5 yrs
Mike H., 3 yrs

GIBBONS NOON

Mitzi B., 30 yrs
Bill L., 19 yrs
Carlin J., 13 yrs
Rick S., 10 yrs
Jeff M., 4 yrs
Lucky 2, yrs
Larry H., 1 yr
Bill C., 1 yr

Cont'd

Matthew B., 8 yrs
Jason P., 6 yrs
Gary S., 5 yrs
Leticia T., 3 yrs

Nancy A., 17 yrs
Dennis O., 13 yrs
Julia S., 9 yrs
Eric B., 8 yrs
Richard M., 4 yrs
Ashley L., 3 yrs



Ray R., 42 yrs
Randall, 6 yrs
Angelina, 5 yrs
Lea, 1 yr

Shaun J., 19 yrs
Chuck B., 17 yrs
Liao O., 12 yrs
Mary E., 9 yrs
Brandon W., 2 yrs
Peggy S., 2 yrs
Lorrie, 1 yr
Sandy R., 1 yr

GREENHAVEN GRP

Jim B., 40 yrs
Andy H., 29 yrs
Jessica H., 16 yrs
Anna Leah, 7 yrs
Suzy B., 6 yrs
Jodi R., 6 yrs
Jack O., 5 yrs
Brian G., 4 yrs
Taihisha, 1 yr

GROUP ONE

John G., 23 yrs
Andrew M., 3 yrs
Kiersten K., 2 yrs
Bob C., 1 yr
Mario C., 1 yr
Zach B., 1 yr

GROUP THREE

Patty P., 49 yrs
George M., 34 yrs
Jim D., 31 yrs
Sue M., 27 yrs
Antonio C., 21 yrs
Bill L., 19 yrs
Karen Y., 14 yrs
Kevin S., 9 yrs
Jim D., 8 yrs
Karen H., 8 yrs

Angela V., 8 yrs
Karen C., 7 yrs
Kerri G., 7 yrs
Eli M., 7 yrs
Shawn M., 7 yrs
Allyson B., 6 yrs
Dawnie, 6 yrs
Ivan H., 6 yrs
Jannie, 6 yrs
Amy B., 5 yrs
Candice M., 5 yrs
Liz O., 5 yrs
Kathi S., 5 yrs

Eizabeth W., 5 yrs
Nithallo C., 4 yrs
Wes L., 4 yrs
Jennifer P., 4 yrs
Clement V., 4 yrs
Anna G., 3 yrs
Robert K., 3 yrs
Frankie P., 3 yrs
Sheri D., 2 yrs
Burton L., 2 yrs
Rick M., 2 yrs
Michelle C., 1 yr
Scan G., 1 yr

Florence G., 36 yrs
Scott C., 20 yrs
Rob S., 15 yrs
Robert W., 6 yrs
Matthew W., 6 yrs
Paul M., 5 yrs
Lamont B., 5 yrs
John B., 1 yr
Sonia, 1 yr

James R., 11 yrs
David P., 2 yrs
Allie G., 2 yrs
Sam A., 1 yr
Collin H., 1 yr



Rod C., 37 yrs
Gilbert J., 33 yrs
Bob O., 30 yrs
Leslie C., 25 yrs
Judy lynn K., 16 yrs
Vicki R., 16 yrs
Debbie R., 9 yrs
Jennifer B., 8 yrs
Mike S., 8 yrs
Florence M., 8 yrs

Signe W., 8 yrs
Mark G., 7 yrs
Scott H., 7 yrs
Kathy M., 7 yrs
Matthew P., 7 yrs
Kurt C., 6 yrs
Wes D., 6 yrs
Mike H., 6 yrs
Olivia M., 6 yrs
Becky H., 5 yrs
Edward N., 5 yrs
Tonya P., 5 yrs
Kep W., 5 yrs

Jack A., 4 yrs
Kevin K., 4 yrs
Nina M., 4 yrs
Pam T., 4 yrs
Maria D., 3 yrs
Debbie H., 3 yrs
Doug K., 3 yrs
Jason S., 3 yrs
Jason K., 2 yrs
Britton L., 2 yrs
John W., 2 yrs
Alex G., 1 yr
Kristi G., 1 yr



HAPPY DESTINY

Diane P., 38 yrs
Al A., 35 yrs

INTO ACTION

Terri T., 18 yrs
Rich S., 10 yrs

NEW HOPE

Rene D., 4 yrs
Dana N., 1 yr

OAK TREE

Dalise G., 34 yrs
Mary R., 27 yrs
Val H., 12 yrs
Wendy H., 8 yrs
Michael S., 6 yrs
Robert W., 1 yr

RIO LINDA

Bart W., 27 yrs
David C., 12 yrs
Amy S., 3 yrs
DeShon B., 3 yrs
Dennis C., 2 yrs
Cristal H., 1 yr

ROSEVILLE 5th ST.

Rod C., 37 yrs
Mel S., 34 yrs
Ron R., .22 yrs
Rick K., 10 yrs
Robert K., 8 yrs
Wille D., 7 yrs
Holly C., 5 yrs
Candy M., 4 yrs
Tony, 4 yrs
Dana R., 4 yrs
Jeff C., 3 yrs
Taylor C., 2 yrs
Eric N., 2 yrs
Craig W., 2 yrs
Brandon E., 2 yrs
Haley H., 1 yr
Rob L., 1 yr
Mercedes F., 1 yr
Mark P., 1 yr
Mike M., 1 yr
Gwon L., 1 yr

ROSEVILLE TUES. NIGHT GROUP

Ann H., 34 yrs
Keith, 28 yrs
Bill D., 23 yrs
Dave K., 12 yrs
Edward, 11 yrs
Van S., 10 yrs
Clinton, 8 yrs
Katie, 6 yrs
Jesse A., 5 yrs

Jay O., 36 yrs
Mark A., 34 yrs

Ken H., 13 yrs

Timo H., 3 yrs
Kano B., 1 yr

Bruce L., 27 yrs
Joana P., 20 yrs
Liz H., 9 yrs
Bob G., 7 yrs
Paul Mc., 5 yrs
Megan F., 1 yr

Mike K., 26 yrs
Pam R., 9 yrs
Jamie H., 3 yrs
Susan E., 2 yrs
Erin O., 1 yr

FWP

Kevin F., 35 yrs
John G., 34 yrs
Jack M., 20 yrs
Paul J., 8 yrs
Chelsea M., 7 yrs
Brittany B., 6 yrs
David P., 4 yrs
Mike S., 4 yrs
Mike D., 4 yrs
Franchesca A., 4 yrs
Kristi R., 3 yrs
Mike N., 2 yrs
Daniel G., 2 yrs
Corey J., 2 yrs
Scott M., 1 yr
Kyle Mc., 1 yr
Tyler G., 1 yr
Nancy B., 1 yr
Marline M., 1 yr
David H., 1 yr

SERENITY BOOK & STEP STUDY

Marvin P., 31 yrs
Bob O., 30 yrs

SHARING AND CARING

Rick M., 38 yrs
Bev B., 32 yrs
George M., 30 yrs
Ken H., 13 yrs
Michele B., 6 yrs
Sherrie B., 5 yrs
Alicia C., 3 yrs
Jessica R., 1 yr

SOUTHPORT SERENITY

Kathy R., 7 yrs
Linda L., 35 yrs
Mike C., 4 yrs

TAHOE PARK GROUP

Steve D., 22 yrs
Jerry H., 1 yr

TRADITIONAL

Kristina A., 34 yrs
Bev B., 32 yrs
Shannon P., 31 yrs
Dave McP., 29 yrs
Ernie R., 28 yrs
Bret R., 26 yrs
Robert M., 16 yrs
Valerie G., 12 yrs
Kelly G., 12 yrs
Carlos F., 10 yrs
Kerri G., 7 yrs
Geraldine M., 5 yrs
Emily S., 4 yrs
Josette F., 3 yrs
Frank L., 3 yrs
Chris T., 2 yrs
Nathan, 2 yrs
Kandis S., 1 yr
Marie J., 1 yr
Carrie G., 1 yr

WHITE FLAG

Dave W., 34 yrs
Tommy E., 10 yrs
Tim T., 2 yrs

WINTERS KITCHEN TABLE

Cyndi G., 20 yrs
Austin B., 2 yrs

WOODLAND GROUP

Jay F., 29 yrs
Shaska R., 1 yr



Mitch D., 29 yrs
Terri D., 2 yrs

Noralee H., 34 yrs
Jim D., 31 yrs
George M., 30 yrs
Larry S., 28 yrs
Victor L., 27 yrs
Chuck B., 17 yrs
Robert V., 15 yrs
Jay G., 12 yrs
Ronnie D., 10 yrs
Mike G., 10 yrs
David R., 5 yrs
Jaime P., 5 yrs
Kristen F., 3 yrs
Rick A., 3 yrs
Kevin M., 2 yrs
Karen McG., 2 yrs
Vick S., 1 yr
Alexandra J., 1 yr
Mike L., 1 yr
Laurie R., 1 yr

The Second Step

“Came to believe that a Power greater than ourselves could restore us to sanity.”

If a mere code of morals or a better philosophy of life were sufficient to overcome alcoholism, many of us would have recovered long ago. But we found that such codes and philosophies did no save us, no matter how much we tried. We could wish to be moral, we could wish to be philosophically comforted, in fact, we could will these things with all our might, but the needed power wasn't there. Our human resources, as marshaled by the will, were not sufficient; they failed utterly.

Lack of power, that was our dilemma. We had to find a power by which we could live, and it had to be a Power greater than ourselves. Obviously.

- Big Book page 44-45

The Second Tradition

“For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”

AA is both a democracy and, in Bill W's words, “a benign anarchy.” A group elects its own officers – who have no power to order anybody to do anything. In most groups, most of the slate rotates out of office at the end of six months, and new officers are elected.

If a group wants to be a part of the whole AA service structure, it elects a GSR (general service representative with a 2-yr term). GSRs elect area committee members and then join them in electing a delegate from their area to the annual General Service Conference. The Conference is about the closest approximation of a government that AA has. It produces opinions on important matters of policy. It approves the choice of some trustee nominees for the General Service Board and directly elects others. But neither the Conference nor the board can give orders to any AA group or member.” 12 Traditions Illustrated

The Second Concept

When, in 1955, the A. A. groups confirmed the permanent charter for their General Service conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the conference—excepting for any change in the Twelve Traditions or Article 12 of the Conference Charter—the actual voice and the effective conscience for our whole society.

The General Service Conference of A. A. has become, for nearly every practical purpose, the active and the effective conscience of our whole Society in its world affairs.

--Big Book, page 574

February Birthdays

5,025 Total years!!



M Y T W B S E W L A D V S J X
 P A O M H A S N A V L X H A B
 H A I J R J O N M S O N J G L
 S J X N L S H A B U L A E U T
 P H E B S L Y P A I L D C N C
 R S Z T D P I G S B S I E L Y
 T W W Z W W R K T U D T C L O
 D E S P A L E I E D A J S D I
 H L I T A N Y L N L C I P E D
 X X A R Z X R W L G Y T F O L
 H V M Z O G A H B S V H B D O
 S R F A I L K H E D T F S N G
 T S S J B Q X M Z M X C P N E
 I K B W E N D X M H V D G W N
 Y N F E Y U Y Y J Q G T V Q L

WORD SEARCH:

Step Two - Tradition Two & Concept Two

- DUBIUS
- EGO
- LAMBASTE
- LITANY
- LUCID
- DWELL
- ELAPSED
- LATENT
- LOFTY
- MAINSRING
- EARNEST
- KILLJOY
- LEST
- LOLLS



WORDSMITHY

- vainglory -
 (vain glor ee)

Regarding ourselves with undue favor/ boastfulness/ baseless pride in one's accomplishments or qualities

Pg. 44 12 x 12

From the 12 n 12 dictionary

Quote of the Day

"Sincerity of purpose, humility in the knowledge of our own power to help, and confidence in our understanding of our capacities in AA are likely to help in working with others."

"St. Paul's Four Discussion Groups," St. Paul, Minn., December 1945

The Home Group: Heartbeat of AA

5 Faithful Fivers 5

86 Members!

Register with Central Office as a Faithful Fiver member so you'll receive a charitable contribution receipt at the end of the year.

You can donate in any of the following ways:

- a) Mail a check every month to: CCFAA Faithful Fivers, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827, OR
- b) Bring a check or cash into the office every month, OR
- c) Try the Preferred Method! Use your online banking bill pay to set up a recurring payment:

Payee: CCFAA Faithful Fivers
Central Office address, as above
Account number: Your Name

LIFE

Life is amazing. And then it's awful. And then it's amazing again. And in between the amazing and the awful it's ordinary and mundane and routine. Breathe in the amazing, hold on through the awful, and relax and exhale during the ordinary. That's just living. Heartbreaking, soul-healing, amazing, awful, ordinary life. And it's breathtakingly beautiful.

I. Opening

A. Call to order at 2:00 PM
 D. CCFAA Preamble read by
 G. Birthdays –

B. Open with Serenity Prayer
 E. 7th Tradition -

C. 12 Traditions read by
 F. Delegate Check-in/Group Announcements

II. Preliminary Business:**A. Delegate Check-in:**

Total Delegates – 42

Group Name

Quorum met: Yes

Group Name	Delegate	Last Attended	Group Name	Delegate	Last Attended
AA Unity Group	Steven M.	1/16/2017	M.L.K.A.A. Group	Johnny	1/16/2017
All Tribes	Bobbie	1/16/2017	Midtown Solutions	Bill D.	1/16/2017
Antelope Women's Group	Absent	8/20/2016	MNNYPAA	Aaron	1/16/2017
As Bill Sees It Men's Group	Absent	10/15/2016	Natomas Group	Absent	8/20/2016
Auburn Fellowship	Sharon D.	1/16/2017	New Hope Group	Adam J.	1/16/2017
By The Grace	Absent	12/17/2016	North Hall Group	Absent	4/16/2016
Capital City Men's Group	Absent	12/17/2016	North Highlands Fireside Group	Absent	1/16/2016
Cathedral Group	Absent	12/17/2016	North Sacramento Group	Frank	1/16/2017
Cenacle Group	Chelsea	1/16/2017	Oak Park Fellowship	Jeremey	1/16/2017
Citrus Heights Group	Steve	1/16/2017	Oak Tree Fellowship	Absent	8/20/2016
Cordova Friday Night Group	Absent	2/20/2016	Orangevale Open Group	Richard D	1/16/2017
Cordova Good Morning Group	Absent	12/17/2016	Rio Linda Fellowship	Michael R	1/16/2017
Cordova Lunch Bunch	Steve	1/16/2017	Rocklin Fellowship	Lindsay S	1/16/2017
Cordova Serenity Seekers	Jennifer Q.	1/16/2017	Rocklin Racetrack Group	Dave W	1/16/2017
Cordova Thursday Night Group	Ken D	1/16/2017	Roseville Eastside	Rinda	1/16/2017
Daily Attitude Adjustment – Fair Oaks	Wendy S	1/16/2017	Roseville 5 th Street Fellowship	Absent	12/17/2016
Davis Attitude Adjustment Group	Absent	3/19/2016	Roseville Tuesday Night Group	Absent	12/17/2016
Davis Hope Group	Absent	10/15/2016	Sacramento Spring Fling	Absent	12/17/2016
Destiny Group	Kelly M.	1/16/2017	Saturday Morning Reflections	Absent	8/20/2016
Downtown Young People's	Carlos A.	1/16/2017	Serenity Book and Study Group	Dlorah	1/16/2017
East Yolo Fellowship	Ron B.	1/16/2017	Sharing and Caring	Absent	12/17/2016
Elk Grove Fellowship	Skylar J.	1/16/2017	Sixty Minute Solution	Adam	1/16/2017
Elk Grove Friday Night Group	Absent	2/20/2016	Southport Serenity	Kathryn	1/16/2017
Fair Oaks Beginners	Alan	1/16/2017	Sunday Morning Serenity	Steve S.	1/16/2017
Fit For life	Absent	4/16/2016	Sunrise Sunset Gibbons	Absent	10/15/2016
Folsom Big Book	Bill	1/16/2017	Sunset Saturday Group	Absent	4/16/2016
Folsom Saturday Morning Group	Jill J.	1/16/2017	Tahoe Park Group	Absent	4/16/2016
Freedom Group	Absent	11/19/2016	Thursday Night Men's Group	David	1/16/2017
Free Thinkers	Absent	12/17/2016	Too Young Group	Absent	9/17/2016
Galt Fellowship	Absent	11/19/2016	Traditional Group	Michael C	1/16/2017
Gibbons Noon	Absent	10/15/2016	Triangle Group	Rachel P	1/16/2017
Girls Night Out	LeeAna G	1/16/2017	Tuesday Cordova KISS Group	Absent	12/17/2016
Good For Nothing	Sam	1/16/2017	We Surrender Men's Group	Absent	11/19/2016
Greenhaven Group	Absent	10/15/2016	Welcome Group	Dreigh P	1/16/2017
Group One	Jeff S.	1/16/2017	We Care Group	Absent	12/17/2016
Group Three	Matt	1/16/2017	What a Way to Start a Weekend Women	Sharon H	1/16/2017
Happy Hour AA	Andre	1/16/2017	Woodland Group	Absent	11/19/2016
Into Action – Citrus Heights	Bill B	1/16/2017	White Flag Men's Group	Charlie	1/16/2017
Into Action Group Foresthill	Absent	10/15/2016	Willing Women	Rene H	1/16/2017

B. Attending Elected Positions

CCFAA Chair	Kathryn C	Present	NCCAA Liaison	Roger M	Present
Assistant Chair	Amy T	Absent	Birthdays/Faithful Fivers Chair	Wendy S	Present
Treasurer	John G	Absent	OOB Chair	Carlos A	Present
Recording Secretary	Karen Y	Absent	OOB Member	Dreigh P	Present
TeleService Chair	Al E	Present	OOB Member	Dlorah B	Absent
By Laws & Procedures Chair	Kim M	Absent	OOB Member	David B	Present
PI/CPC Chair	Joan T	Present	Picnic Chair	Betty K	Present
H&I Liaison	Terri N	Present	Special Events Chair	Tamera K	
Special Needs Chair	Erik C	Present			

C. New Delegates –

Auburn Fellowship	Sharon D.	Oak Park Fellowship	Jeremey
Destiny	Kelly M.	Rio Linda Fellowship	Michael R.
East Yolo Fellowship	Ron B.	Rocklin Fellowship	Lindsay S.
Folsom Big Book	Bill	Rocklin Racetrack	Dave W.
Folsom Saturday Morning	Jill J.	Roseville 5 th Street FWP	Dan
GNO-Girls Night Out	LeeAna G.	60-minute Solution	Adam S.
Group 1	Jeff S.	Southport Serenity	Kathryn M.
Lincoln Sisters in Sobriety	Mari G.	White Flag Men's Group	Charlie S.
Midtown Solutions	Bill D.	What a Way to Start a Weekend	Sharon H.
MNNYPAA	Aaron B.	Willing Women	Rene H.

III. Approval of Minutes**IV. Trusted Servant Reports****A. Chairperson Report – Kathryn C**

Welcome to the first Central California Fellowship Delegate's meeting of 2017!

I was excited to see all the new names on the agenda today! I look forward to working with all of you and being of service to the groups of northern California.

As we head into the New Year I would like to remind you to keep your groups informed of what we do here. Giving consistent reports to your groups reminds all AA members that they have a voice in intergroup and keeps us attached to AA as a whole. As they say "Resentments are like negatives, they develop in the dark!" (I don't know how long I can use that quote in the age of digital photography) I would also like to reiterate that I am here to help you. If you have any questions, comments, or concerns, please don't hesitate to contact me (see below) or talk to me before or after the meeting.

Thank you all for your service and I know we will have a productive year!

It is a great day to be sober!
Kathryn C, CCF Chairperson, 2017-

"...principles before personalities."

B. Assistant Chair/CNIA Liaison – Amy T

No Report

C. Office Operations Committee – Carlos A

No Report

D. Office Manager's Report – Rae W

- Applications for Elk Grove Park picnic space and softball fields have been completed and submitted for the August 20, 2017 Picnic.
- If your group or meeting is interested in obtaining or renewing your meeting insurance certificate, please download and complete the form on our website (aasacramento.org) under the Resources tab. Send or bring the form with payment to Central Office. The deadline for requests and renewals for this policy period is Friday, March 30th. Special Events certificates can be obtained throughout the year.
- The PCI Compliance for our credit card processing will be completed by the February 2, 2017 deadline.
- The outgoing Special Needs Chair, Tricia C., has volunteered her expertise and designed for us a banner and display to be used at conferences and special events. It looks like the materials will be available for the Spring Fling event. Thank you, Tricia.
- Quarterly and annual payroll reports, deposits and filings will be completed by the January 31st deadline.
- Sales tax deposit and filings will be completed by the January 31st deadline.
- The Statement of Information Filing will be completed with the Secretary of State by the January 31st deadline to report new officers (Trusted Servants).

And all is well... .Rae W.

E. Treasurer's Report – John G

- Central Office closed the 2016 year with Revenues of \$265,514 and a net profit of \$2,844. Revenues for Books and Medallions were \$70,287 and \$40,218. Revenues from this region's AA membership were \$99,618 from groups, \$10,856 from Faithful Fivers and \$2,416 from Birthday Folks and \$3,275 from anonymous.
- Thank you for your strong group and individual support this year. It is the area groups that kept the Sacramento Central Fellowship viable and in the black. And, group contributions exceeded expectations and so did the budget. We face the challenge each year to keep CCFAA strong and viable, and while costs have a way of slowly creeping up, each year our members find ways to respond in

F. Special Needs Chairperson's Report – Erik C

- ASL Interpreters: To request an interpreter for a meeting. email: ASLinterpreterAA@gmail.com for the Sacramento, Citrus Heights, and Roseville area. Current ASL meetings are:
- Citrus Heights Group: 3rd Wednesday of the month. 7:30 p.m.
- Traditional Group: 2nd Monday of the month. 6:00 p.m.
- Tuesday Night Group: 3rd Saturday of the month, speaker meeting. 8:00 p.m.
- Reports on ASL Interpreted Citrus Heights Group Meeting – There were 2 people at the new Citrus Heights meeting, which was held on 1/14/17. It was a powerful meeting about carrying the message, and removing barriers. After the message of availability was given, there was a large round of applause and an additional 7th Tradition contribution.
- Report on table at WACYPAA - There was a lot of interest about meetings for the deaf shown by attendees, and that the display was well received. An easel needs to be purchased which will allow the display to be behind or beside the booth and not a barrier, as it takes up too much table space.
- Spring Fling With a Table – Volunteers are needed to assist at our booth on Feb 10-12. A sign-up sheet will be sent around for those available to help.
- 5th Street Fellowship Next Steps – Discussion was that we have enough evening meetings now approved, and having a daytime meeting was discussed. Possibly the 11:30am meeting.
- There was discussion about attending meetings listed as handicapped access to look at paths of travel for the mobility challenged. This project would be observational in nature and only used to gather information. In Service,

Erik C., Chair, Special Needs Committee

G. TeleService Chairperson's Report – Al E

October 2016 Calls			Volunteers	
Service	Dec-16	2016YTD	Special Needs	9
12 Step	58	499	12-Step	34
Meeting/Info	322	2,666	Tele-Service	153
Total	380	3,165		

Next CCFAA Holiday Closure:

- Presidents Day Monday 2/20/17 - No shifts filled as of 1/16/17

New Business:

- Currently have 1 open Teleservice shift + 1 open Shift Coordinator
- Welcome to Cathy T. as Orientation Coordinator, great to have Cathy on board!
- Spring Teleservice Workshop Saturday, March 4th from 3-4p, at Traditional. A special invite for Teleservice Newcomers Orientation at 2:30p!
- Insure Teleservice has (shared) table + 2 chairs for Spring Fling

H. By-Laws & Procedures Chairperson's Report –Kim M

No Report

I. PI/CPC – Joan T

- Feb 4, 2017, 2801 2nd Ave Sacramento, at 12:30 - 3:00 at Journey Church Fellowship. All are welcome. We are hosting for Delta Intergroup we will be discussing working with the courts and BTG.
- Mark a member of the Committee spoke to library officials and found that Sacramento County has 12 Big Books and 12 12x12's and they think that is sufficient. Folsom library would like 2 Big Books and 2 12x12's and we will get them to them as soon as possible. Next Mark will see if they would like any AA literature at any of the libraries.
- Ron is ready to get the Russian Speaking meeting started, we in the process of looking for a location. That is the main business the Committee is working on at this time. New Year is off to a good start.

In Love and Service, Joan T... -Chairperson

J. Birthday Club/Faithful Fivers – Wendy S

No Report

V. Reports – Special Committees, Delegates, Liaisons & Invited Guests –**A. NCCAA Liaison – Roger**

A. Picnic Committee- Betty
No Report

B. Hospitals & Institutions – Terri M
No report

C. District 23 Liaison- Carlos
No report

D. Special Events Chair – Tamera K
No report

VI. Old Business –
Nothing to Report

VII. New Business –
Nothing to Report

III. Closing – Meeting closed at 4:15PM
Respectfully submitted, Karen Y, Recording Secretary



BACK TO BASICS HOUSING

The Pacific Region A.A. Service Assembly is coming to Sacramento March 3-5. We are looking for A.A. members who would be willing to provide housing for out-of-town members who are coming but are unable to pay for hotels. We call this Back-To-Basics housing. If you might be willing to participate in this service please contact Lee W. - Chairperson of PRAASA, at (530) 681-2786. See praasa.org for more details on this event.



	DEC.	YTD	Prorate Budget	Budget	YTD Variance
Income					fav / (unfav)
4020 · AAWS Literature Sales	4,829	70,287	83,000	83,000	(12,713)
4025 · In-House Publication Sales	1,514	15,681	17,600	17,600	(1,919)
4035 - Medallion Sales	3,442	40,218	38,000	38,000	2,218
4100 · Group Contributions	9,084	99,618	92,000	92,000	7,618
4110 · Anonymous Contributions	3,000	3,275	1,500	1,500	1,775
4120 · Birthday Contributions	133	2,416	2,600	2,600	(184)
4125 · Office Services Revenue	301	7,002	7,000	7,000	2
4130 - Faithful Fivers	1,603	10,856	10,000	10,000	856
4440 - Interest Income	(0)	9	12	12	(3)
4460 - Picnic Revenue	12	9,625	11,000	11,000	(1,375)
4480 - Special Event Revenue	0	6,528	8,000	8,000	(1,472)
Total Income	23,917	265,514	270,712	270,712	(5,198)
Cost of Goods Sold					
5000 - Literature Costs					
5010 · Cost of AAWS Literature Sold	3,770	53,168	58,500	58,500	
Literature Costs/Adjustment	85	394	300	300	
Total 5010 - AAWS Literature	3,855	53,561	58,800	58,800	5,239
Net Income AAWS Literature	974	16,725	24,200	24,200	(7,475)
5015 · Other Literature	262	2,832	1,500	1,500	
5025 · In-House Publication					
5030 · Paper Stock & Staples	65	2,814	3,500	3,500	
5035 · Printing Equipment	1,084	11,512	12,000	12,000	
5040 - Copy costs	0	1,162	2,000	2,000	
Total 5025 · In-House Publication	1,149	15,488	17,500	17,500	2,012
Net Income In-House Publication	365	193	100	100	93
Cost of Medallions	1,143	12,188	13,000	13,000	(812)
Net Income Medallion Sales	2,299	28,031	25,000	25,000	3,031
Total Cost Of Goods Sold	6,409	84,069	90,800	90,800	6,731
Gross Income (after cost of goods)	17,508	181,445	179,912	179,912	1,533
Expense					
Equipment Expense					
Total Equipment Expense	192	3,274	5,200	5,200	1,926
Insurance					
Total Insurance	252	4,367	4,000	4,000	(367)
Meetings/Conference Expense					
Total Meetings/Conference Expense	60	1,987	2,550	2,550	563
Office Expense					
Total Office Expense	4,156	28,383	28,500	28,500	117
Utilities - 5770					
Total 5770 Utilities	540	8,566	8,750	8,750	184
Other Committees - 6200					
5900 · Special Events	240	4,668	3,000	3,000	
5990 - Picnic Committee	0	6,698	6,500	6,500	
6210 - PI/CPC Expense	127	322	550	550	
6220 - Special Needs Committee	0	135	150	150	
6230 - Teleservice Committee	0	103	150	150	
Total Other Committees	367	11,925	10,350	10,350	(1,575)
Professional Fees					
Total Professional Fees	36	2,125	5,000	5,000	2,875
Payroll Expenses					
Salaries and wages	11,143	97,714	94,932	94,932	(2,782)
Taxes and Benefits	1,839	18,282	18,500	18,500	218
Total 5400 · Payroll Expenses	12,982	115,996	113,432	113,432	(2,564)
Bad Debt Expense - 5686	0	-	100	100	
Credit Card Fees - 5895	161	1,938	1,700	1,700	
Bank Charges - 5690	0	40	50	50	
Other					
Total Expense	18,746	178,601	179,632	179,632	1,031
Net Other Income / (Expense)	0	0	0	0	
Net Income	(1,238)	2,844	280	280	2,564

Prepared by Treasurer CCFAA

	<u>Dec 30, 16</u>	<u>Dec 31, 15</u>	<u>\$ Change</u>
ASSETS			
Current Assets			
Checking/Savings			
001060 · General Fund	19,385.75	8,000.96	11,384.79
1030 · Savings Acct 5905	10,001.64	8,001.31	2,000.33
1040 · Certificate of Deposit -0546	7,251.90	7,249.24	2.66
1041 · Certificate of Deposit -0438	18,465.09	18,459.53	5.56
1065 · Cash Drawer	<u>145.16</u>	<u>188.36</u>	<u>-43.20</u>
Total Checking/Savings	<u>55,249.54</u>	<u>41,899.40</u>	<u>13,350.14</u>
Accounts Receivable			
1200 · Accounts Receivable	<u>2,816.10</u>	<u>4,039.60</u>	<u>-1,223.50</u>
Total Accounts Receivable	<u>2,816.10</u>	<u>4,039.60</u>	<u>-1,223.50</u>
Other Current Assets			
1069 - Undeposited Funds	0.00	35.88	-35.88
1070 · Pre-Paid Exp. Picnic	0.00	0.00	0.00
1072 · Security Deposits	1,582.69	1,582.69	0.00
1075 · Advance Payments	2,698.26	2,720.40	-22.14
1500 · Inventory Asset	<u>26,946.74</u>	<u>29,510.57</u>	<u>-2,563.83</u>
Total Other Current Assets	<u>31,227.69</u>	<u>33,849.54</u>	<u>-2,621.85</u>
Total Current Assets	<u>89,293.33</u>	<u>79,788.54</u>	<u>9,504.79</u>
Fixed Assets			
1810 · Leasehold Improvements	137.92	137.92	0.00
1820 · Furniture & Equipment	19,354.19	19,354.19	0.00
1825 · Acc. Depreciation-Furniture and	-18,891.29	-18,891.29	0.00
1840 · Computer Software	2,752.02	2,752.02	0.00
1845 · Acc. Depreciation-software	<u>-2,752.02</u>	<u>-2,752.02</u>	<u>0.00</u>
Total Fixed Assets	<u>600.82</u>	<u>600.82</u>	<u>0.00</u>
TOTAL ASSETS	<u>89,894.15</u>	<u>80,389.36</u>	<u>9,504.79</u>
LIABILITIES & EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable			
2100 · Accounts Payable	<u>3,108.40</u>	<u>-735.69</u>	<u>3,844.09</u>
Total Accounts Payable	<u>3,108.40</u>	<u>-735.69</u>	<u>3,844.09</u>
Other Current Liabilities			
2200 · Payroll Liabilities	2,105.37	2,153.64	-48.27
2220 · Accrued PTO	2,946.81	0.00	2,946.81
2253 · Event Funds Payable	6.25	6.26	-0.01
2310 · Sales Tax Payable	<u>2,625.35</u>	<u>2,707.36</u>	<u>-82.01</u>
Total Other Current Liabilities	<u>7,683.78</u>	<u>4,867.26</u>	<u>2,816.52</u>
Total Current Liabilities	<u>10,792.18</u>	<u>4,131.57</u>	<u>6,660.61</u>
Total Liabilities	<u>10,792.18</u>	<u>4,131.57</u>	<u>6,660.61</u>
Equity			
3300 · Unrestricted Fund Balance	61,710.25	61,710.25	0.00
3600 · Retained Earnings	14,547.54	14,144.85	402.69
Net Income	<u>2,844.18</u>	<u>402.69</u>	<u>2,441.49</u>
Total Equity	<u>79,101.97</u>	<u>76,257.79</u>	<u>2,844.18</u>
TOTAL LIABILITIES & EQUITY	<u>89,894.15</u>	<u>80,389.36</u>	<u>9,504.79</u>

The Steps Were My Answer

On a February day, many years ago, I was living in absolute dread of going back to the bar. Just a few weeks previous, I had marched into a saloon just off Hollywood Boulevard with the words, “gin & tonic” pursed on my lips—I was just six months sober. In terror, I rushed home and prayed on my knees for God to help me. I had been going to lots of meetings and trying to figure out how to do the steps from the clubhouse walls. I now realize that I was simply surviving on the fellowship which I have come to believe is untreated alcoholism. I had lots of untreated alcoholism, but on the other hand, if I wouldn’t have gone to lots of meetings I believe that I would have been drunk in short order. Yet, what was my answer? The mental obsession was running rampant!

The answer came with a new sponsor named Carl who took me home and discussed **Step One** and asked if I believed that God could help me (**Step Two**); when I answered yes, we prayed the **Third Step** Prayer and at once had me begin a form of spontaneous (automatic) writing. I was told to go home and pray: “God help me I am doing my inventory.” I was told not to scribble more than one word at a time and surprisingly: “Do not think!” If you think it doesn’t count—the words must come from the nothing happened but all at once floodgates of In a few minutes, more honesty was imprinted my good-keen-intellectual-mind. Of course, this reliable information to be used for Step Four!



My next visit with Carl resulted in doing **Step** Four, from the Big Book, then, directly afterwards, in Step Five, he helped me expound and enlarge, on those blaring character defects so I knew immediately what dangerous character traits to ask God to remove in **Steps Six and Seven**. Carl had me copy on paper the names of people I had harmed (**Step Eight**) and prepare to start making amends (**Step Nine**), of course, asking which ones were appropriate as weeks passed. **Steps Ten, Eleven and Twelve** were briefly discussed and I was sent home.

Not much changed right away, except Carl made sure I found a job, but that next summer, I had an amazing release for that dreadful mental obsession, and it has yet to return— “If I should drink” has been removed from my emotional vocabulary! Apparently, I have had a personality change sufficient to recover from the mental obsession. I believe I will remain free so long as I practice the essence of AA: “**Out of self—Into God—Into others.**”

~~ Bob S., Richmond, IN

GRAPEVINE QUOTE

"I am finally learning really to live one day at a time and to appreciate and be alert to the beautiful, marvel-filled, albeit sometimes infuriating world around me."

*"Beyond the Generation Gap," Saratoga, Calif., August 1985
The Home Group: Heartbeat of AA*

Surrender

On the face of it, surrendering certainly does not seem like winning. But it is in AA. Only after we have come to the end of our rope, hit a stone wall in some aspect of our lives beyond which we can go no further; only when we hit "bottom" in despair and surrender, can we accomplish sobriety, which we could never accomplish before. We must, and we do, surrender in order to win.

- Experience, Strength & Hope, pp. 153-154

Samples of Group Contributions to A.A. Service Entities

Distribution Plan of _____
(YOUR GROUP NAME)

Your Group Service # _____
(Be sure to write group name and service # on all contributions.)

<input type="checkbox"/>	% to district
<input type="checkbox"/>	% to area committee
<input type="checkbox"/>	% to G.S.O.
<input type="checkbox"/>	% to intergroup or central office
<input type="checkbox"/>	% other A.A. service entities
<input type="checkbox"/>	% other A.A. service entities

OR

<input type="checkbox"/>	10% to district
<input type="checkbox"/>	10% to area committee
<input type="checkbox"/>	30% to G.S.O.
<input type="checkbox"/>	50% to intergroup or central office

OR

If you have no intergroup/central office.

<input type="checkbox"/>	40% to district
<input type="checkbox"/>	30% to area
<input type="checkbox"/>	30% to G.S.O.

How AA Began in Sacramento (cont'd from pg. 1)...

On his return to Sacramento he got in contact with a few of the other “problem drinkers”, to put it mildly, whom he knew in the city. So the following week he had an ally by the name of Del P. accompany him to the meeting. When they arrived in Oakland they were pleasantly surprised to find that the local YMCA had made a room available to them for their meeting. No longer did they have to meet in homes of the members in Oakland and Berkeley! They were solid in stature in a regular meeting room. Elliott and Del attended that meeting, and both found themselves enthused and sober. Quite a feat, in their eyes and the eyes of those who knew them well.

Upon their return to Sacramento, they began calling others who had read the article, or were encouraged by the stories of Elliott and Del, who really emphasized the idea of a couple of the Chapter members being continuously sober for almost a year. As a result of this interest, a total of five Sacramento men made the drive to the YMCA in Oakland. At that time it was decided that a chapter of AA should be formed in Sacramento, and they set their minds to doing just that. With no directions or format, or guidance, and very little past experience to use as a reference, they began to put together the embryo of an AA Chapter in Sacramento. They were fortunate, however, in that they did not have to meet in members' homes. Elliott was a good friend of Reginald West, who was the director of the YMCA in Sacramento. So our start was given a bit of help from a non-alcoholic, a situation that was prevalent all over the U.S. at that time, and still is.

With a small nucleus for membership, the Sacramento Chapter met, argued, organized, and re-organized, made rules, broke rules, and generally operated in complete and utter confusion. But, through it all, they were taking a bit of the Chapter meeting time to devote to discussion of the 12 Steps. Again there was no past experience, nor length of sobriety to rely on or ask for advice and direction. The growth of the Chapter was marked by some successes and many failures and disappointments, but they continued to meet at the old YMCA at the corner of 5th and J Streets. The Original Group centered around the two original members, Elliott and Del, and two others by the name of Pete D. and Hugh B. The Group had hopes of becoming one of the “Big” Groups like their counterpart in Oakland, because they remembered that the meeting in that city had attendance as high as 12 to 15 all at one time in their meetings. They were determined to get at least an even dozen by the end of the first year. In spite of their mistakes, failures, and limited knowledge of what they were doing, they met that goal in December 1941.



The initial years of Sacramento AA were filled with a tremendous amount of frustration and discouragement. In fact, the survival of AA for the first years was very shaky. As those who were there have verified, they did not have the luxury of having too many sober members at those first meetings. It seems that a sober drunk, or alcoholic, was the exception rather than the rule. In fact, the ratio of sober participants to those who had imbibed to various degrees was about 50-50. This did not deter those in charge of the meetings whatsoever. There was no real precedent to “sober status”, and it was felt that having half of the members in some state of sobriety was pretty darned good. Although this might sound discouraging as an effort to get AA off the ground, it would seem that it would behoove us to remember that these people were the ones who kept AA alive in the beginning, one way or the other, sober or drunk, and it seems that if part of the membership were periodically drinking, the other part would pull up their bootstraps and hold it all together.

In the first couple of years, AA arrived at the “crucial” point in its existence and probably survived by a matter of a minute or two. A very active and enthusiastic man came to AA by the name of Ray P., or as most of us have known him, “Doc. P.” He kept the YMCA room open for a meeting, even when there was no one else in the room. He, too, eventually became discouraged, but he called Roland McK, and asked if he would come, which he did. Ray and Roland waited at the YMCA for a third drunk to show up so that they could have a meeting. Finally, they decided to give up. Ray said, “We will wait five more minutes, and if no one shows up, we will go home and terminate AA in Sacramento.” Just as Ray and Roland started to close the room and leave, they were met by two men who were in need of a meeting! One of those men was Ray H., from San Francisco, who had been sober for almost a year, and this was his first trip out of town and away from his regular AA group. Needless to say all four returned to the room in the YMCA and had a meeting, resulting in a new start for AA growth.

--From Confusion Corner

Note from the Editor: We invite you to share the history of your group with the Fellowship. In recognition our the 60th anniversary of CCF Intergroup, we would like to offer any group or meeting an opportunity to share its experience, strength and hope on the growth of AA in the Greater Sacramento Area. Check the Master Calendar for submission deadlines for the March and April newsletters. Thank You.

IN SEARCH OF

Seldom have I been in a meeting where someone hasn't referred to *his or her higher power*, and as I see it, most people that stay around for any length of time come to some sort of terms with, or an understanding of a power greater than themselves that *works for them*. Once that hurdle is cleared, they seem to settle into a more comfortable way of life. There are also those that come to us with a strong religious affiliation, and they sometimes share that the A.A. program helps them to *enhance their faith*. Others come here that are *atheist or agnostic*, and the program works for them as well as it does for anyone else. Then there are those who, for whatever reason, have trouble clearing those hurdles and sometimes spend years *struggling with this issue of, God as we understand him*.

I believe that as long as A.A. exists, we will witness these kind of quandaries in new members who are conditioned by the environments from which they came, and I don't claim to have a surefire answer to what makes us different, other than what I have learned about myself, and how I have come to see things as I attempt to resolve my own mental blocks. I know that I was biased myself when I first

entered the program probably religion as a child. This had little to do with the fact that I was not understand it at the age of six. early in my sobriety, that I could with the minimum understanding all, that's what it tells me in the got through the hoop with room

I was at a meeting recently when how he had come to terms with he was poking fun at himself make sense of it so everyone his hands up in the air and said, with a smile, "Well, that's how it works for me". We all joined him in laughter for we have seen it so many times before.



due to my failed attempt at to do with the religion but more mentally evolved enough to Fortunately for me I recognized, take the steps of the program of God, or a higher power, after 12X12. It says that even an atheist to spare.

a member was trying to articulate his faith in a higher power and as trying to fit it all together and could understand, he finally threw

As I was listening to him, *a thought came to me* as the result of what he shared, and as we were leaving the meeting, I was following closely behind him, I offered *that thought to him*. I said "Maybe if, instead of calling it A POWER GREATER THAN MYSELF, we could just refer to it as A PROGRAM GREATER THAN MY OWN". He laughed and said; that's what I was trying to say.

It's clear to me now, that it wasn't as important to identify what or who God is, or what my concept of a power greater than myself was at the time. I found it more important at the time to proceed through the rest of the program, and do the things that are suggested. The main thing that I had to do was to accept outside guidance, especially when it is based on sound, well established principles. Many successful people in the program have come to understand a concept of a higher power in that way. Sometimes it's hard to grasp it all at once. Don't let that stop you. I would encourage anyone who is having trouble with this issue to consider the "PROGRAM GREATER THAN MY OWN" idea. Time and experience will help you along the road to understanding. I can almost guarantee that if you *stop fighting and practice the rest of the AA program as enthusiastically as you can*, (12X12 pg 27) you will come to terms with a power greater than yourself and put this issue to rest

RICK R.

By The Way	GROUP	CONTRIBUTIONS
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	Jan 17		Jan 17
Group Contributions		Group Contributions	
11TH STEP MEDITATION MEETING	20.00	SACRAMENTO DOWNTOWN MEN'S GROUP	200.00
A WAY OUT	25.00	SERENITY BOOK & STEP STUDY GP	114.45
AA NOONER	182.50	SIERRA STEP SISTERS GROUP	62.70
AA UNITY GROUP	420.00	SIERRA WEDNESDAY AM GROUP	60.00
ARDEN MORSE GROUP	100.00	SIXTY MINUTE SOLUTION GROUP	80.55
BABES IN RECOVERY	55.93	SO THIS IS IT	10.00
BANGOR GROUP	60.42	SOUTHPORT SERENITY	192.00
BROWNSVILLE SERENITY GROUP	40.00	STEP SISTERS-ANTELOPE	38.26
BY THE GRACE	50.00	TOO YOUNG GROUP	50.00
CENACLE GROUP	142.50	TRADITIONAL GROUP	91.54
CORDOVA LUNCH BUNCH	78.99	TRIANGLE GROUP	17.02
COURAGE TO CHANGE GROUP	150.86	WELCOME GROUP	66.50
DAILY ATTITUDE ADJUSTMENT GROUP	133.00	WHITE FLAG MEN'S GROUP	200.00
DAILY DIRECTION AA	75.00	WILD WOMEN	206.34
DAVIS YOUNG PEOPLE GROUP	97.04	WILLING WOMEN GROUP, THE	79.15
DESTINY GROUP	60.00	WINTERS KITCHEN TABLE GROUP	180.20
EAST YOLO FELLOWSHIP	16.00	WOMEN IN RECOVERY, MARYSVILLE	102.20
ELK GROVE FELLOWSHIP	510.00	WOMEN UNDER CONSTRUCTION	306.91
FIRST THINGS FIRST GROUP	236.00	WOODLAND TRADITIONAL GROUP	10.00
FIT FOR LIFE GROUP	202.19	TOTAL	<u>10,951.71</u>
FOLSOM BIG BOOK GROUP	1,098.11		
FOLSOM FRIDAY NIGHT GROUP	50.00		
FOLSOM WEDNESDAY NIGHT AA GROUP	111.56		
FREEDOM GROUP	95.32		
FRIDAY FELLOWSHIP OF DOUBLE A	160.60		
GIBBONS NOON	300.00		
GNO GIRLS NIGHT OUT	233.88		
GROUP ONE	20.00		
GROUP THREE	600.00		
HANGTOWN AA GROUP	100.00		
HAPPY DESTINY GROUP	115.25		
HAPPY HOUR RANCHO GROUP	93.31		
HIGH FLYERS GROUP	209.87		
LIVING SOBER WOMEN'S FRIDAY GROUP	63.57		
LOOMIS WOMEN'S STEP STUDY	361.04		
MONDAY WOMEN'S STEP STUDY	33.20		
NORTH HALL GROUP	378.51		
NORTH HIGHLANDS FIRESIDE GROUP	25.00		
OAK TREE GROUP	886.47		
PATHWAY TO SPIRITUALITY GROUP	14.94		
RANCHO MURIETA GROUP	1,031.08		
ROSEVILLE FIFTH STREET FELLOWSHIP	246.75		

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9960 BUSINESS PARK DR., STE. 110
SACRAMENTO, CA 95827-1719

GSO
GENERAL SERVICE OFFICE
PO Box 459
NEW YORK, NY 10163
CNIA 7

CALIFORNIA NORTHERN INTERIOR AREA 7
PO Box 161712
SACRAMENTO, CA 95816-1712

DISTRICT INFORMATION IS LISTED ON PAGE 39 OF THE CURRENT MEETING SCHEDULE. OR VISIT CNIA.ORG

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