



MARCH 2017



Happy St Patrick's Day

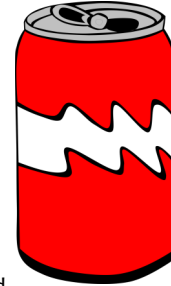
CENTRAL OFFICE WILL BE CLOSED

FRIDAY MARCH 31st FOR THE CAESAR CHAVEZ DAY HOLIDAY

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THE SPEED OF LIFE

I'm seven years old and every adult in my immediate environment is drinking daily and it isn't hard for me to get a taste of beer, if I wanted, but I don't necessarily like the taste, so no problem. *I'm ten years old* and beer is beginning to taste better but still not my favorite. But a little sip of whiskey, now and then, tastes o.k. but it's harder to get the adults to give it up. *I'm thirteen years old* and my friend and I talk an old drunk into buying us a few quarts of beer, and we commence to get drunk for the first time in our lives and now I know why all those adults drink this stuff every night. I was giddy, sloppy, stupid, sick and eventually unconscious. I woke up the next morning and went off to school with a nasty hangover. I was in the eighth grade at that time. Still it was no problem.



From that time on my thoughts of how I was wonderful experience. As I worked in a bowling alley pm, setting up pins and would go straight to a get someone to buy beer would go to an abandoned till all the beer was gone, get into fist fights with each other, wake up the next morning with black eyes, skinned up knuckles and elbows, go back to school and come up with some ridiculous story about what had happened.

mind was consumed with going to repeat that started high school I from six pm till ten thirty when we got off, we sleazy bar where we could for us. From there, we school building and drink

I'm sixteen years old and I'm allowed to party with the adults and shortly after getting my driver's license, I am asked to drive someone home, and on the return trip, I missed a turn and smashed into a parked car. I continue to drink unabated, I quit school in May of my senior year with almost no resistance, Joined the navy in August of that same year, was locked up for gang fighting, had my second drunk driving accident when I drive into a gas station and hit a car at the pump.

Continued on page 17.

PRAASA 2017

MARCH 3-5, 2017

McCLELLAN CONFERENCE CENTER

5411 LUCE AVENUE

McCLELLAN PARK, SACRAMENTO, CA

95652

For lodging go to: cniia.org

**Deadline Dates for Submissions
for the By The Way and Monthly flyers 2017**

MONTH	FLYERS DEADLINE	BY THE WAY DEADLINE
March	Friday 10th	Wed. Feb. 15th
April	Monday 10th	Wed. March 15th
May	Wed 10th	Sat. April 15th

All submissions need to be in by 5:00PM. Email ALL submissions to: centraloffice@aasacramento.org

2017 Central Office Volunteer Days

Central Office would like to have volunteers arrive at 9:30AM on the dates below. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

Please call (916) 454-1771 if you plan to attend.

Volunteer Dates for 2017 Mailings

	Flyer Mailing	By The Way Mailing
March	Monday 13th	Thursday 30th
April	Tuesday 11th	Friday 28th
May	Thursday 11th	Friday June 2nd

By The Way is published monthly by the Central California Fellowship (CCF), 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is \$12.00 per year. Opinions, letters, and stories printed in *By The Way* are not to be attributed to Alcoholics Anonymous, the Central California Fellowship or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.



TELE-SERVICE DESK

Volunteers answer the hotline from 9AM to 1PM or 1PM to 5PM Monday through Friday at Central Office. We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.



*Volunteers need a minimum of six months of sobriety to answer the hotline.
hotlinehelpers@gmail.com

CCFAA Delegates' Meeting

Saturday, March 18, 2017

Meeting begins at 3:00pm

New Delegates arrive at 2:00pm

Traditional Group Meeting Hall

2625 Alta Arden Expressway, Sac., 95825

GROUP DELEGATES

Please let us know who you are so we can send your group a **FREE** copy of the By The Way and the flyer mailing each month.

We want to be sure we have up-to-date info about your meeting location, day, time, and format.

CCFAA is here to be of service to you and your group.

Please feel free to visit your Central Office located at: 9960 Business Park Dr., Suite 110 in Sacramento!

PI/CPC COMMITTEE

Meets on the 2nd Friday of the month at 6:00 PM

Faith Presbyterian Church

625 Florin Road, Sacramento 95831

OFFICE OPERATIONS COMMITTEE

Tuesday, **March 14th** at 6:00PM at Central Office

9960 Business Park Dr. Suite 110, Sac., CA 95827

H&I MONTHLY MEETING

3rd Thursday, at 6PM

Denny's Restaurant

7900 College Town Dr., Sacramento, 95826

(Howe Ave & Hwy 50)

We have an ongoing need for volunteers.


Contact the Area 42 Chairman, Roger M., for more information:


CCFAA 2017 Annual Picnic Planning Committee Meetings


9960 Business Park Dr., Suite 110, Sacramento. 6:15pm

April 14th	August 4th
May 19th	August 11th
June 16th	August 18th
July 14th	

A.A. Teleservice Needs YOU!!

 Alcoholics Anonymous Teleservice, also known as the A.A. hotline, services alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.

 This is a great way to be of service to your fellow alcoholics. All you need is the use of a phone and a current meeting schedule. From the comfort of your own home on a landline telephone or even while you're out and about with the use of a cell phone you can be of service.

 We would love to have you join our team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: hotlinehelpers@gmail.com

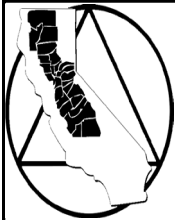
"I can't explain why I didn't hang up. I just sat there on the floor, with the receiver to my ear. The next thing I heard was "Good afternoon. Alcoholics Anonymous. May we help you?"
"Came to Believe" PG 23



SERVICE OPPORTUNITIES @ CCFAA!

We need volunteers to help with the assembly of the flyer mailing on **Monday, March 13th** at 9:30 a.m. and the **By The Way** mailing on **Thursday, March 30th** at 9:30 a.m. **Donuts - Coffee - Fellowship - and Fun!**

PI/CPC Committee is looking for Russian Speaking AA members to participate with PI/CPC Committee to start Russian Speaking AA meeting. If interested contact Central Office at 916-454-1771.



NCCAA 70th Anniversary Spring Conference

March 10,11, & 12, 2017

Foster City, CA, 94404

Crowne Plaza Hotel, 1221 Chess Dr.



In service during the month of **February:**

TeleDesk Volunteers & Subs: Cindy F. - Joyce H. - Dlorah B. - Lynn S. - Kathy K. - Cheryl G. - John F. - Marie G. - Kathy P. - Peter G. - Dale M. - Dennis O.—Lorrie D.

Sales Desk: Ron H. - Karen Y. - Cindy F. - Cindy Jo M. - Beth B. - Melissa Z. - Carlos A.

BTW & Flyer Mailing: Pete G. - Mike K. - Carol L. - Craig L - Beth B. - Steven O. - Dale M. - Bill E. - Gay W. - Sherri KW

Bulk Mailing: - Mike K, Jason S **Webmaster:** Pete B.

BTW : Layout & Design - Karina K.

Celebrating March Birthdays:

Cathy N 37 yrs, Steven O. 30 yrs, Mike K 15 yrs, Kathy P. 2 yrs, Diana G. 1 yr.



NEWS FROM VOLUNTEER CENTRAL WHERE GRATITUDE IS AN ACTION WORD!

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

Fearless and Thorough

At some of these we balked. We thought we could find an easier, softer way. But we could not. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.

- Alcoholics Anonymous, p. 58



Teleservice Activity Report

January 2017

Teleservice	Jan.	YTD
12 Step	43	43
Meetings/Info	294	294
Total Calls	337	337

Teledesk Activity Report

January 2017

Teledesk	Jan.	YTD
12 Step	17	17
Meetings/Info	395	395
Total Calls	412	412

WEEKLY SPEAKER MEETINGS

CAMERON PARK GROUP ~ WHEN: Every Saturday, 8:00pm. **WHERE:** Light of the Hills Church, 3100 Rodeo Dr. Cameron Park. Last Saturday is Birthday Night. Come! We need your support!

FOLSOM WAY OF LIFE GROUP ~ WHEN: Every Thursday, 7:00pm.

WHERE: Journey Church, 450 Blue Ravine Road, Folsom,.

FOURTH DIMENSION GROUP ~ WHEN: Every Thursday, 8:00pm. Speaker Meeting. **WHERE:** Church of Christ, 1799 Cirby Way, Roseville, . More details @ fourthdimensiongroup.org.

FOXHALL GROUP ~ WHEN: Tuesday, 7:00pm. **WHERE:** Church of Christ, 1321 Peachtree Lane (Multipurpose Room), Yuba City,.

ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN: Every Saturday, 8:00pm-9:30pm. **WHERE:** 315 Lincoln St, Roseville, 3/4- Tom H. of Roseville, 3/11- Shawnee C. of Auburn

SUNRISE SPEAKER MEETING ~ WHEN: Every Sunday from 11:00am-12:00pm. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael, . We have local speakers who inspire and inform.

TRIPLE A SPEAKER/PARTICIPATION MEETING ~ WHEN: Friday, 7:00pm. **WHERE:** 18014 Applegate Rd, Applegate,.

MONTHLY SPEAKER MEETINGS



AUBURN FELLOWSHIP ~ WHEN: Every third Saturday, 7:30pm.

WHERE: 244 Palm Ave, Auburn,.

BEEN THERE DONE THAT FWP ~ WHEN: Third Saturday of each month 6:30pm-7:30pm. **WHERE:** (Madhouse) - 8934 Madison Ave. Fair Oaks, . **Speaker:** Timmy P. from Good For Nothing Group

DAVIS HOPE GROUP ~ WHEN: First Saturday of each month at 7:00pm. **WHERE:** St. Martin's Church, 640 Hawthorn Ln, Davis,.

ELK GROVE FELLOWSHIP ~ WHEN: Fourth Saturday of every month. Potluck at 6:00pm. Speaker at 8:00pm. **WHERE:** Native Sons Hall, 9151 Grove St, Elk Grove, . (corner of Kent and Grove St).

GALT FELLOWSHIP ~ WHEN: First Saturday of every month. Dinner: 6:00pm. **Speaker:** 7:00pm. Group supplies main course. Join us! Bring a side dish or just yourself and some friends. **WHERE:** 229 4th St, Galt, . Contact info: (209)745-1525.

GROUP ONE ~ WHEN: Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St, Sacramento

GROUP THREE ~ WHEN: Third Saturday of the month at 6:00pm. **WHERE:** 9940 Business Park Dr, Ste. 110, Sacramento.

HI-FLYERS ~ WHEN: Last Sunday of the month at 7:00pm. **WHERE:** 3077 Alhambra Drive, Suite E, Cameron Park,.

MIDTOWN SOLUTIONS ~ WHEN: Third Saturday, 7:00pm-8:15pm. 20 min. Speaker: **WHERE:** 2903 30th St, Sacramento,.

NEW HOPE GROUP ICE CREAM SOCIAL/BIRTHDAY/SPEAKER MEETING ~ WHEN: Last Saturday of every month, 7:00pm. **WHERE:** St. Francis Episcopal Church, 11430 Fair Oaks Blvd, Fair Oaks, . **Ice Cream is served at 5:30pm**

NORTH HALL GROUP ~ WHEN: Third Saturday of the month, 8:00pm. **WHERE:** 3501 2nd Ave, Sacramento,.

NORTH SACRAMENTO GROUP ~ WHEN: First Saturday of the month, 7:00pm. **WHERE:** 2330 Fairfield St, Sacramento,.

RIO LINDA MONTHLY SPEAKER MEETING ~ WHEN: Second Friday. Doors open at 6:00pm. **WHERE:** Rio Linda Fellowship, Calvary Lutheran Church, 515 L St, Rio Linda,.

MONTHLY SPEAKER MEETINGS Cont'd

SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN: Second Saturday of every month, 8:00pm. **WHERE:** Centennial Methodist Church, 5401 Freeport Blvd, Sacramento, CA. Please join us for dinner with the speaker & committee at Marie Callender's (at 6:00pm.) on Freeport. For dinner Reservations contact: Andy H. 916-398-7321 or Rachel H. 916-398-7320 **Speakers:** 3/11 Angie P. of Cincinnati OH., 4/8 Clancy I. of Venice Beach, CA., 5/13 Johnny H. of Long Beach, CA.

WACYPA ~ WHEN/WHERE: Please go to wacypaaxx.com for more info.

TRADITIONAL GROUP SPEAKER MEETING ~ WHEN: Fourth Sunday of the month, 12:00 noon. **WHERE:** 2625 Alta Arden Expy, Sacramento,.

QUARTERLY SPEAKER MEETING

EAST YOLO FELLOWSHIP ~ WHEN: Quarterly - March, June, September and December on the Third Saturday of the month at 7:00pm. **WHERE:** 1040 Soule St, West Sacramento, . Potluck at 6:00pm. Bring a dish to share and enjoy the fellowship. *March Speakers Jean and Greg B. of the Traditional Group.*

NORTH AUBURN GROUP POTLUCK/QUARTERLY SPEAKER MEETING ~ WHEN: Quarterly - March, June, September and December on the First Saturday of the month. Doors open at 5:00pm. **WHERE:** 4076 HWY 49 E., Auburn. Potluck at 6:00pm. Bring a dish to share and enjoy the fellowship. *March Speaker Ian C. from Sacramento*

WEST SLOPE UNITY GROUP ~ WHEN: Quarterly - January, April, July and October on the Fourth Saturday of the month at 7:00pm.

WHERE: 3734 China Garden Rd, Diamond Springs, . Doors open at 6:00pm. Dessert Potluck. Please bring a sweet treat to share. Gift Basket Raffle and DJ following meeting. We encourage each group to donate a themed basket for our annual spring raffle.

GROUP UPDATES & CHANGES

ANTELOPE WOMEN'S GROUP ~ Discontinued ~ WHEN: Wednesday, 6:30pm-7:30pm. **WHERE:** 7850 Watt Ave, Antelope.

BOTTLE TO THE BOOK AA ~ Discontinued ~ WHEN: Monday at 7:00pm. **WHERE:** 720 7th St, Sacramento

DRY DIGGINS GROUP ~ New Location ~ Starting Feb.6th, will be at Bethlehem Lutheran Church, 1279 High St, Auburn. **WHEN:** Thursday at 7:00pm

FOUNTAIN OF YOUTH ~ New Location ~ WHEN: Thursday 7:00pm. **WHERE:** 914 Cirby Way, Roseville

GALT FELLOWSHIP ~ New Location ~ All Meetings. Speaker Meeting - 1st Saturday of the Month; Birthday Meeting - Last Saturday of the Month. **WHERE:** 229 4th St, Galt. by railroad tracks, between B and C

HOPE & SERENITY SPEAKER MEETING ~ Discontinued ~ WHEN: 1st Sat. of the month at 7:00pm. **WHERE:** Marriott Courtyard, 4422 Y St,

MONDAY NIGHT BIG BOOK ~ Discontinued ~ WHEN: Monday at 7:00pm. **WHERE:** 7300 Wyndham Dr, Sacramento

MONDAY NIGHT CLUB ~ Time Change ~ WHEN: Monday, 6:00pm. **WHERE:** 1430 J St, Sacramento (St. Paul's Episcopal Church)

PRIMARY PURPOSE GROUP ~ Time Change ~ WHEN: Sunday, 11:00am. **WHERE:** 1120 Rodeo Way, Sacramento,.



GROUP UPDATES & CHANGES cont'd

SHARING AND CARING ~ Update ~ WHEN: Mondays, 10:00pm. This meeting is now a **Young People** meeting. **WHERE:** 4955 Marconi Avenue Suite A, Carmichael

SHARING AND CARING ~ New Location ~ WHEN: 7 days a week, All Times **WHERE:** 4955 Marconi Avenue Suite A, Carmichael

TAHOE PARK GROUP ~ Discontinued ~ WHEN: Monday 7:00pm **WHERE:** Journey Church, Fellowship Hall, 5801 2nd Ave, Sacramento.

THANK GOD IT'S SIMPLE ~ New Location ~ WHEN: Friday 7:00pm **WHERE:** 9001 Foothills Blvd, Roseville.

TRADITIONS & CONCEPTS GROUP ~ Discontinued ~ WHEN: 1st & 2nd Tuesdays, 7:00pm. **WHERE:** 11427 Fair Oaks Presbyterian Church

WOODLAND TRADITIONAL GROUP ~ Birthday Night will now be on the Last Thursday of the month. Sacramento,



NEW GROUPS AND MEETINGS

ALL TRIBES AA FWP ~ New Book Study Meeting ~ WHEN: Friday, 7:00pm-8:30pm. **WHERE:** 2627 J St, Sacramento. (Parking & entrance in the Alley)

BACK TO BASICS ROCKLIN ~ New Meeting ~ WHEN: Monday, 7:00pm **WHERE:** Life House Church 4800 Sierra College Blvd, Rocklin

CENTER PARKWAY AA BOOK STUDY ~ New Meeting ~ WHEN: Saturday, 2:00pm **WHERE:** 7595 Center Pkwy, Sacramento. This is an Open, 1 1/2 hour Book Study

DUBIOUS LUXURY GROUP ~ New Meeting ~ WHEN: Wednesday 12:00pm **WHERE:** (The Crossing Church) 1227 N Market Blvd, Sacramento. This is an Open, One hour, Book study.

FAIR OAKS BEGINNERS GROUP ~ New Meeting ~ WHEN: Monday's 6:00pm. This is an open, beginners, study meeting. **WHERE:** Advent Lutheran Church, 5901 San Juan Ave, Citrus Heights.

FRIDAY NIGHT FREETHINKERS ~ New Meeting ~ WHEN: Friday's 8:00pm. This is an open, one hour, non-smoking wheelchair access meeting **WHERE:** St. Paul's Episcopal Church, 1430 J St., Sacramento.

GROUP ONE ~ "We Agnostics" ~ New Meeting ~ WHEN: Friday, 9:00pm-10:00pm. This is an open meeting. **WHERE:** 2804 T St, Sacramento.

NORTH SACRAMENTO GROUP ~ New Meeting ~ WHEN: Saturday, 5:00pm. **WHERE:** 2330 Fairfield Street, Sacramento. Open, Non-smoking, Wheelchair access.

RED ROAD RECOVERY ~ New Meeting ~ WHEN: Saturday, 3:30pm. **WHERE:** 2330 Fairfield Street, Sacramento. Open, Non-smoking, Wheelchair access, **emphasis on Native American Recovery**

TOO YOUNG ~ New Group ~ WHEN: Thursdays, 7:30pm-8:30pm. Open, one-hour group, non-smoking, wheelchair access, young people. **WHERE:** St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento.

West Slope Fellowship ~ New Meeting ~ WHEN: Saturday, NOON. **WHERE:** Senior Citizen Center, 5581 Gail Rd, Pollock Pines. off Forebay Rd. Meeting is an open, one-hour women's meeting.

WHOLESALE MIRACLES ~ New Group ~ WHEN: Friday, 6:00pm-7:00pm. This is an open, study meeting for gay members.

WHERE: Lambda Center, 1927 L. St. Sac.

WOODLAND GROUP ~ New Meeting ~ WHEN: Sunday, 6:30am. This is an Open, one-hour, study meeting. **WHERE:** 96 West Main Street, Woodland.



GROUP ANNOUNCEMENTS

DRY DIGGINS GROUP ~ We've Moved! WHEN: Thursday, 7:00pm. **WHERE:** Auburn Grace Community Church Rm 100, 2376 Zinfandel Dr, Rancho Cordova.

EAST YOLO FELLOWSHIP ~ Secretary Workshop ~ Second Saturday of March, June, September and December at Noon. **WHERE:** 1040 Soule St, West Sacramento.

EAST YOLO FELLOWSHIP ~ Change to 1 Hour Meetings~ WHEN: Monday 8pm, Tuesday 8pm, Wednesday 8pm and Saturday 9pm **WHERE:** 1040 Soule St, West Sacramento.

GOLDEN GIRL'S GROUP ~ This is a very Special AA meeting for Women age Fifty & older. But open to all interested recovering women. **WHEN:** Monday, 10:00am-11:30am. **WHERE:** Sunset No-Al Club, 5809 Gibbons Dr, Carmichael.

SO THIS IS IT GROUP ~ Needs Support! ~ WHEN: Thursday at 8:00pm **WHERE:** Advent Lutheran Church, 5901 San Juan Ave, Citrus Heights.

STUDENTS OF SOBRIETY ~ Needs Support! ~ WHEN: Saturday at 9:00pm **WHERE:** American River Alano Club 9346 Greenback Ln, Ste. 8, Orangevale. *A safe place for fellowship, late on Saturday night.*

GROUP THREE NCCAA SUMMER CONFERENCE HOST COMMITTEE MEETINGS ~Volunteers Needed ~ WHEN: Sundays - 3/5, 4/2, 5/7 and 6/4, 12:00 noon. **WHERE:** 9940 Business Park Drive, Sacramento.

Newcastle Friday Night Meeting of Alcoholics Anonymous ~ Invites you to join us! ~ WHEN: Friday, 7:00-8:15pm. **WHERE:** Newcastle United Methodist Church - 410 Buena Vista Ave. (off Old State Hwy) Speaker and Discussion.

ROUND TABLE AA GROUP ~ Needs Support! WHEN: Monday, 8-9pm. **WHERE:** 7850 Watt Ave, Antelope,. St. Andrew's Episcopal Church. Open, one hour, non-smoking, wheelchair accessible meeting.

WOMEN FOR WOMEN GROUP ~ Come Join Us! ~ WHEN: Wednesday Mornings from 8:00am-9:00am **WHERE:** St. Francis Church, 11438 Fair Oaks Blvd, Fair Oaks. Open 60 minute meeting just for women every Wednesday. Easy parking, easy access and lots of fellowship.

SPECIAL EVENTS

MARCH

2017 PACIFIC REGION ALCOHOLICS ANONYMOUS SERVICE

ASSEMBLY-Hosted by California Northern Interior Area 07 ~ WHEN: March 3rd-5th. **WHERE:** 5411 Luce Ave, McClellan Park

NORTH SACRAMENTO GROUP SPAGHETTI FEED AND SPEAKER MEETING ~ WHEN: March 4th 6:00pm-8:00pm. **WHERE:** 2330 Fairfield St, Sacramento

TELESERVICE WORKSHOP ~ WHEN: Saturday, March 4th 2:30pm-4:30pm **WHERE:** 2625 Alta Arden Expressway, Sacramento (Traditional Group Meeting Hall). Orientation starts at 2:30pm Workshop starts at 3:00pm.

TOO YOUNG GROUP 1ST ANNUAL POTLUCK/SPEAKER MEETING CELEBRATING 17TH YEARS ~ WHEN: Thursday, March 16th 6:00pm-10:00pm **WHERE:** St. Mark's Methodist Church, 2391 St. Mark's Way, Sacramento. Potluck at 6:00pm, Speaker Meeting 7:00pm- 20 min speaker: Brittini P. from Sacramento, 40 min speaker: Tony K from Auburn. After the meeting we will have some fun with dodgeball.

SPECIAL EVENTS Cont'd**APRIL**

22nd ANNUAL SUTTER BUTTES ROUNDUP ~ WHEN: April 1st 11:00am-8:30pm **WHERE:** Yuba-Sutter Fairgrounds (Franklin Hall) 442 Franklin Ave, Yuba City . *Pre-registration \$10, \$12 at the door*

37th ANNUAL NORTHERN CALIFORNIA WOMAN TO WOMAN CONFERENCE ~ WHEN: April 28th-30th. **WHERE:** 5321 Date Ave, Sacramento (Crowne Plaza Hotel)

DAILY ATTITUDE ADJUSTMENT 31ST ANNIVERSARY POTLUCK/SPEAKER MEETING ~ WHEN: April 1st 5:00pm-10:00pm **WHERE:** 6826 Hazel Ave, Orangevale (Orangevale Community Center)

NORTH SACRAMENTO GROUP SPAGHETTI FEED AND SPEAKER MEETING ~ WHEN: April 1st 6:00pm-8:00pm. **WHERE:** 2330 Fairfield St,

MAY

NORTH SACRAMENTO GROUP 73rd ANNIVERSARY BARBECUE AND SPEAKER MEETING ~ WHEN: May 6th 4:30pm-8:00pm. **WHERE:** 2330 Fairfield St, Sacramento

45th ANNUAL HOSPITAL AND INSTITUTION CONFERENCE ~ WHEN: May 5th, 5pm- May 7th, 12 noon. **WHERE:** 770 Montague Expressway, San Jose. www.handinorcal.org/Events/Events.php

ROSEVILLE 5TH STREET FELLOWSHIP OF AA 26TH ANNIVERSARY CELEBRATION ~ WHEN: May 6th 6:00pm-10:00pm **WHERE:** (Johnson Hall) 800 All American City Blvd, Roseville. Dessert potluck at 6pm, Speaker meeting at 8pm, dance and raffle to following meeting.

**Note to the Editor...**

When I come to the [Central] office and see the organization, the professional equipment, the order, instead of chaos, it tells me that you are doing the best job possible for me (an AA) in a work environment.

I never understood why our meeting places often look like we're not deserving of a clean/modern place to meet. That's more about how they feel about themselves. I want to be proud! Thanks for making me proud!

How will the world ever see us differently if we don't see ourselves that way. Even the Big Book says "we are not doormats" We live and work in the world, and are proud of our standing!

Grateful Recovered AA in Sacramento

Online Intergroup of Alcoholics Anonymous**The Online Intergroup**

<<http://www.aa-intergroup.org/>> is a service entity established pursuant to Tradition Nine of Alcoholics Anonymous (AA) to operate on behalf of the participating online AA groups in accordance with AA's Twelve Traditions and Twelve Concepts since 1996. The Intergroup exists to aid the online groups in their common purpose of carrying the AA message to the alcoholic who still suffers.

Step Three is Only a Beginning

After twenty-eight years of mind-obliterating alcoholism, I finally attended my first AA meeting. Within a few weeks, I became capable of memorizing the Third Step Prayer that I had positioned on my refrigerator door. I would repeat it quite often throughout the day. My idea was that in so doing, I was turning my will, and my life, over to God . . . then, He would remove my problem—and that would be that!

This erroneous notion was justified by an overwhelming new happiness—please spell that (A. A. h-o-n-e-y-m-o-o-n). After all, my phone was ringing off the hook and I had new AA friends galore! Of course, I was surviving on the fellowship by keeping my telephone real hot and at every chance I was necessary, I would have to the bar room).

Step 3

I thought this groovy-groovy (*that was an expression back then*) feeling was going to provide permanent protection from king alcohol, so I had sort of short-shrimped the rest of the steps and waited for that persistent nagging mental obsession to disappear. **Well, it didn't!** I was six-months sober and just after a parade on Hollywood Blvd, I marched into a bar and almost ordered a drink! I didn't, but I was so terrified that I found a new sponsor to take me through the rest of the steps, el pronto.

The Big Book speaks of the Great Reality (God) deep within (p. 55). I believe this means I need to delve deep into my subconscious self by working the rest of the Twelve Steps with a sponsor. I believe that Step Three was only a beginning. This was only carried out by learning to do steps Four through Nine with my heart (not just my head), then continuing to put these directions into action by living in the spirit of Steps Ten, Eleven and Twelve. By the bye, the last three steps include the essential elements of the first nine.

At some point during the first year or so of my new-found sobriety, I experienced a release from all obsession to drink; inexplicably it no longer exists in my emotional vocabulary! However, I am convinced that if I lose contact with the "Great Reality deep within," I will be back where I started—or worse!

Bob S., Richmond, IN

AA UNITY

Don J., 38 yrs Bill H., 28 yrs
 Verle, 23 yrs Diane G., 11 yrs
 Teri., 1 yr

BY THE GRACE

Georgia H., 40 yrs Sharon I., 12 yrs

Nancy S., 3 yrs

CITRUS HEIGHTS

GRP

John N., 37 yrs Phil L., 27 yrs
 Randy L., 26 yrs Marnie, 19 yrs
 Betty H., 17 yrs Scott S., 8 yrs
 Dana M., 2 yrs

CORDOVA SERENITYSEEKERS

Bob H., 40 yrs Georgia H., 40 yrs

CORDOVA KISS

Mike D., 19 yrs Steve B., 10 yrs

COURAGE TO CHANGE

Olita D., 53 yrs Tom K., 47 yrs
 Ron U., 31 yrs Holly S., 29 yrs
 Norm J., 25 yrs Sharon S., 21 yrs

DAILY ATTITUDE

Carol A., 28 yrs Shirley R., 19 yrs
 Mike K., 15 yrs Jimmy F., 13 yrs
 Jenny C., 10 yrs Susan G., 5 yrs

EAST YOLO

Judith V., 35 yrs Rick C., 19 yrs
 Kathy G., 16 yrs John H., 12 yrs
 Nico P., 11 yrs Dan G., 11 yrs
 Luis P., 7 yrs Tinia S., 6 yrs
 Chuck H., 6 yrs Bailey, 4 yrs
 Malcolm M., 4 yrs Lindsay M., 3 yrs
 Danielle, 3 yrs Roxsi, 3 yrs

ELK GROVE

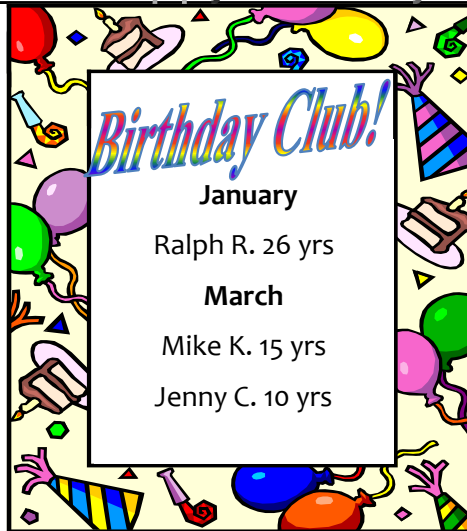
Tina B., 30 yrs Sandy T., 28 yrs
 Eve G., 27 yrs Carla C., 20 yrs
 Carrie R., 9 yrs Roger N., 6 yrs
 Kent A., 4 yrs Bradley O., 4 yrs
 Karin S., 3 yrs Bill L., 2 yrs

GALT FELLOWSHIP

Wally P., 54 yrs Jim S., 27 yrs
 John D., 13 yrs John Sr., 13 yrs
 Susan B., 13 yrs Dave B., 13 yrs
 Brian F., 10 yrs Tammi D., 9 yrs
 Gerald, 8 yrs Lisa B., 1 yr

GROUP ONE

Starbuck C., 15 yrs Sheila A., 5 yrs
 Chris A., 4 yrs Terrance M., 4 yrs
 Chris C., 4 yrs Karen G., 4 yrs
 Matt C., 2 yrs Desiree R., 2 yrs
 Chris P., 1 yr Joann P., 1 yr
 Kristi P., 1 yr John M., 1 yr



GROUP ONE

Lorna K., 1 yr
 Joe P., 1 yr
 Andrea P., 1 yr

GROUP THREE

Rick B., 42 yrs Leslie M., 36 yrs
 Tom S., 36 yrs Robert S., 36 yrs
 Jerry J., 33 yrs Tom K., 31 yrs
 John D., 32 yrs Toby T., 27 yrs
 Diana D., 28 yrs Wendy G., 25 yrs
 Melissa B., 25 yrs Eugene M., 25 yrs
 Brooke M., 25 yrs Kelly I., 20 yrs
 Karen B., 18 yrs Kristine F., 17 yrs
 Rayna R., 17 yrs Joseph D., 15 yrs
 Glenn P., 15 yrs Connie S., 15 yrs
 Elaine B., 14 yrs Nathan B., 13 yrs
 Lisa D., 13 yrs Paula G., 13 yrs
 Greg F., 12 yrs Darryl L., 12 yrs
 Kelly H., 11 yrs Terry H., 11 yrs
 Elizabeth N., 10 yrs Becca R., 9 yrs
 Carrie R., 9 yrs Scott G., 9 yrs
 Julia A., 8 yrs Kurt A., 8 yrs
 Jeremy B., 8 yrs Kevin D., 8 yrs
 Ryan H., 8 yrs Kate H., 8 yrs
 Vasily K., 8 yrs Jay Jay P., 8 yrs
 Debra R., 8 yrs Todd R., 8 yrs
 Scott S., 8 yrs Bob B., 7 yrs
 Joan B., 7 yrs Chelsea C., 7 yrs
 Brenda F., 7 yrs Lorraine G., 7 yrs
 Misty H., 7 yrs Jamie J., 7 yrs
 Jolin N., 7 yrs Rick V., 7 yrs
 Randy W., 7 yrs Amy D., 6 yrs
 Angel H., 6 yrs Michael H., 6 yrs
 Robert M., 6 yrs Shannon N., 6 yrs
 Liz O., 6 yrs Troy S., 6 yrs
 Patti S., 6 yrs Phoebe Y., 6 yrs
 Tenisha T., 5 yrs Tristen K., 4 yrs

Graham B., 4 yrs Phillip M., 4 yrs

Cont'd

Ben T., 1 yr
 Dwayne B., 1 yr

John M., 4 yrs
 Neil M., 4 yrs

GROUP THREE

Tabitha M., 4 yrs
 Cindy W., 4 yrs
 Joe Y., 3 yrs
 Charlene A., 2 yrs
 Christian M., 1 yr
 Mary M., 1 yr
 Connie R., 1 yr

HAPPY DESTINY

Bill B., 33 yrs
 Peter R., 30 yrs
 Patty G., 2 yrs

INTO ACTION

Cynthia, 19 yrs
 Candy M., 13 yrs
 Becky W., 5 yrs
 Lindsay H., 4 yrs

OAK TREE

Linda M., 33 yrs
 Susan R., 13 yrs
 Joel S., 8 yrs
 Kimi F., 6 yrs
 Kari H., 2 yrs
 Marvin D.R., 1 yr

ORANGEVALE OPEN

Jeff T., 31 yrs

RIO LINDA

Pat G., 13 yrs
 Linda W., 5 yrs
 Lloyd M., 4 yrs
 Chris P., 4 yrs
 Joseph N., 2 yrs

ROCKLIN RACETRACK

Wendy R., 35 yrs
 Amy F., 25 yrs
 Thomas K., 15 yrs
 Michelle G., 1 yr

ROSEVILLE TUESDAY

Terry W., 37 yrs
 Dan B., 34 yrs
 Dennis C., 30 yrs
 Kathryn C., 27 yrs
 Jeff W., 17 yrs
 Heather S., 11 yrs
 Shane K., 8 yrs
 Tim G., 7 yrs
 Lucy B., 5 yrs
 Tigger, 4 yrs
 Cara B., 3 yrs
 Dana M., 2 yrs
 Trudy L., 1 yr
 Greg S., 1 yr
 Shawn, 1 yr
 Hayley S., 1 yr
 Cyndi W., 1 yr

Cont'd

Stacy B., 3 yrs
 Zeb, 3 yrs
 Jonathan J., 2 yrs
 Sharon A., 1 yr
 Gayle M., 1 yr
 Chris P., 1 yr
 Steve S., 1 yr

Dave B., 31 yrs
 Jeff P., 23 yrs

Nancy H., 13 yrs
 Sue M., 7 yrs
 Kristi G., 4 yrs
 Shovonda, 1 yr

Patrick H., 30 yrs
 Lisa A., 9 yrs
 Joan G., 7 yrs
 Angela F., 2 yrs
 Brian P., 1 yr
 Steve J., 1 yr

Alvie R., 8 yrs
 Barb D., 4 yrs
 Tabatha E., 4 yrs
 Marie C., 2 yrs
 Matt P., 1 yr

Mike C., 27 yrs
 Gordie M., 23 yrs
 Cap W., 7 yrs
 Ashley C., 1 yr

NIGHT GROUP

Michael D., 35 yrs
 Renee H., 31 yrs
 Joe S., 29 yrs
 Lew F., 22 yrs
 Lisa D., 13 yrs
 Terry P., 9 yrs
 Sarah V., 8 yrs
 Megan M., 7 yrs
 Ben B., 5 yrs
 Jenn R., 3 yrs
 Schrene G., 2 yrs
 Don M., 2 yrs
 Patti R., 1 yr
 Bruce H., 1 yr
 Noreen D., 1 yr
 Bob R., 1 yr

ROUND TABLE

Chris H., 25 yrs

SERENITY BOOK & STEP STUDY

Loretta C., 30 yrs Phil L., 27 yrs
Diana D., 4 yrs

SOUTHPORT

Sharon D., 24 yrs Terri T., 19 yrs

SUNRISE SUNSET

Chuck M., 34 yrs Bob F., 25 yrs
Brian H., 10 yrs Jersey Bill, 5 yrs

TAHOE PARK

Tom S., 36 yrs Lynne S., 35 yrs
Tim W., 16 yrs Dan G., 11 yrs
Robert W., 7 yrs Graham B., 4 yrs

TRADITIONAL

Tom S., 36 yrs Keith D., 28 yrs
John D., 28 yrs Harriet B., 27 yrs
Jeff Cox, 26 yrs Randy L., 28 yrs
Jay C., 26 yrs Sharon D., 24 yrs
Cynthia H., 19 yrs Tonja S., 15 yrs
Chuck R., 15 yrs Pauline D., 15 yrs
Mark N., 13 yrs Tina C., 12 yrs
Brooke B., 12 yrs Jutta B., 10 yrs
Kelly B., 9 yrs Shelly M., 9 yrs
Shannon J., 7 yrs Ann L., 6 yrs
Isabell S., 5 yrs Marc J., 4 yrs
Michelle L., 4 yrs Sarah B., 4 yrs
Nancy S-W., 3 yrs James O., 3 yrs
Derek B., 3 yrs Jennifer S., 2 yrs
Luana M., 2 yrs Greg E., 2 yrs
Tracie D., 2 yrs Michele, 1 yr
Katrina T., 1 yr Ashley C., 1 yr
Claudia K., 1 yr Richard M., 1 yr
Darrin F., 1 yr

WHITE FLAG

Randy J., 27 yrs Don J., 25 yrs

WINTERS KITCHEN TABLE

Matt B., 28 yrs Merry J., 27 yrs
Paul K., 19 yrs Andrea Q., 8 yrs
Matt K., 4 yrs

WOODLAND

Susie R., 22 yrs Bob R., 17 yrs
Alan S., 17 yrs Dan R., 15 yrs
Krista K., 9 yrs Vaughn W., 1 yr
Jerry J., 1 yr

WOODLAND

John Mc, 11 yrs Deb K., 11 yrs
Charles M., 10 yrs Micheal M., 8 yrs
Jenelle M., 8 yrs Glen G., 7 yrs
Lorrie K., 4 yrs Jennifer M., 2 yrs
Daniel N., 1 yr Sheila C., 1 yr
Steve V., 1 yr Jerry S., 1 yr

LATE SUBMISSIONS (FEBRUARY)



ORANGEVALE OPEN

Dewey A., 13 yrs Mike W., 8 yrs
Joey P., 2 yrs

ROUND TABLE

Karen M., 2 yrs Mark L., 2 yrs

March Birthdays

Total years!!

3,952



Tolerance

We begin to see that all people, including ourselves, are to some extent emotionally ill as well as frequently wrong, and then we approach true tolerance and see what real love for our fellows actually means. It will become more and more evident as we go forward that it is pointless to become angry, or to get hurt by people who, like us, are suffering from the pains of growing up.

~ Twelve Steps and Twelve Traditions, p. 92



The Third Step

“Made a decision to turn our will and our lives over to the care of God as we understood Him.”

The first requirement is that we be convinced that any life run on self-will can hardly be a success. On that basis we are almost always in collision with something or somebody, even though our motives are good. Most people try to live by self-propulsion. Each person is like an actor who wants to run the whole show; is forever trying to arrange the lights, the ballet, the scenery and the rest of the players in his own way. If his arrangements would only stay put, if only people would do as he wished, the show would be great. Everybody, including himself, would be pleased. Life would be wonderful. In trying to make these arrangements our actor may sometimes be quite virtuous. He may be kind, considerate, patient, generous; even modest and self-sacrificing. On the other hand, he may be mean, egotistical, selfish and dishonest. But, as with most humans, he is more likely to have varied traits.

- Big Book, page 60-61

The Third Tradition

“The only requirement for A.A. membership is a desire to stop drinking.”

(The Long Form)

“Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.”

-Big Book , page 562-563

The Third Concept

“To insure effective leadership, we should endow each element of A.A. — the Conference, the General service Board and its service corporation, staffs, committees, and executives — with a traditional “Right of Decision.”

They can “decide which problems they will dispose of themselves and upon which matters they will report, consult, or ask specific directions.” This is “the essence of ‘The Right of Decision.’”

-Big Book, page 574, & The Twelve Concepts for World Service illustrated - Concept III.

Y U V N T R C E A B C P R P K
 F L Y W H E H Q C U V I W O S
 M T N G H Q T Z N R I G H T Y
 E U G O N U W D R E V O D S J
 R R L U F I E N O I S I C E D
 I N A F L R K T T L C Y I T L
 S I Y L S E R N R O O W H X L
 E S O T Y M M U I S Y S P B E
 D I O S T E O A E R B E D B R
 W O O I I N P V D J D D R P R
 D M Z Y C T I F Z E Q I V N A
 F I Y H A L L I H Y D C R X F
 C D N L M D K N H N Q T D V O
 O W K X Q V E T Y K G L I I H
 Y E Y O G G A R I C I H W J G

WORD SEARCH

**Step Three -Tradition Three
& Concept Three**

- DECISION
- LIVES
- OUR
- RIGHT
- UNDERSTOOD
- DESIRE
- MADE
- OVER
- STOP
- WILL
- DRINKING
- ONLY
- REQUIREMENT
- TURN



WORDSMITHY

- Serenity -

(suh ren uh tee)

calm/quiet/unruffled/peaceful/peacefulness/peace of mind/at peace/composure/dignity

Pg. 68. of the Big Book
From the Big Book dictionary

5 Faithful Fivers 5

86 Members!

Register with Central Office as a Faithful Fiver member so you'll receive a charitable contribution receipt at the end of the year.

You can donate in any of the following ways:

- a) Mail a check every month to: CCFAA Faithful Fivers, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827, OR
- b) Bring a check or cash into the office every month, OR
- c) Try the Preferred Method! Use your online banking bill pay to set up a recurring payment:

Payee: CCFAA Faithful Fivers
 Central Office address, as above
 Account number: Your Name



Quote of the Day

"The welcome I received in AA was real. Neither my youth, my race, my newness, nor my foreignness concerned them. All they appeared to see was that I finally admitted my powerlessness over alcohol. That was enough for them."

What Do I Like Best?," Port of Spain, March 2003
 Beginner's Book: Getting and Staying Sober in AA

A Design for Living

We, in our turn, sought the same escape with all the desperation of drowning men. What seemed at first a flimsy reed, has proved to be the loving and powerful hand of God. A new life has been given us or, if you prefer, "a design for living" that really works.

~ Alcoholics Anonymous, p 28

I. Opening

A. Call to order at 3:00 PM
 D. CCFAA Preamble read by Sophie B
 G. Birthdays – 33

B. Open with Serenity Prayer
 E. 7th Tradition -

C. 12 Traditions read by Johnny S
 F. Delegate Check-in/Group Announcements

II. Preliminary Business:**A. Delegate Check-in:**

Total Delegates – 42

Quorum met: Yes

<u>Group Name</u>	<u>Delegate</u>	<u>Last Attended</u>	<u>Group Name</u>	<u>Delegate</u>	<u>Last Attended</u>
AA Unity Group	Absent	1/21/2017	Into Action – Citrus Heights	Bill B	2/18/2017
All Tribes	Bobbie	2/18/2017	Into Action Group Foresthill	Absent	10/15/2016
Antelope Women's Group	Absent	8/20/2016	Lincoln Sisters in Sobriety	Absent	1/21/2017
As Bill Sees It Men's Group	Absent	10/15/2016	M.L.K.A.A. Group	Johnny S	2/18/2017
Auburn Fellowship	Angelena	2/18/2017	Midtown Solutions	Bill D	2/18/2017
Babes in Recovery	Debralee D	2/18/2017	MNNYPAA	Aaron B	2/18/2017
Back to Basics Rocklin	Absent	1/21/2017	Natomas Group	Absent	8/20/2016
Been There Done That	Absent	1/21/2017	New Hope Group	Adam J	2/18/2017
By The Grace	Absent	12/17/2016	North Hall Group	Bill S	2/18/2017
Capital City Men's Group	Absent	12/17/2016	North Sacramento Group	Absent	1/21/2017
Cathedral Group	Absent	12/17/2016	Oak Park Fellowship	Jeremy M	2/18/2017
Cenacle Group	Chelsea	2/18/2017	Oak Tree Fellowship	Absent	8/20/2016
Center Parkway AA Book Study	Bob S	2/18/2017	Orangevale Open Group	Absent	1/21/2017
Citrus Heights Group	Steve	2/18/2017	Rio Linda Fellowship	Michael R	2/18/2017
Cordova Friday Night Group	Absent	2/20/2016	Rocklin Fellowship	Absent	1/21/2017
Cordova Good Morning Group	Absent	12/17/2016	Rocklin Racetrack Group	Dave W	2/18/2017
Cordova Lunch Bunch	Steve S	2/18/2017	Roseville Eastside	Absent	1/21/2017
Cordova Serenity Seekers	Bob H	2/18/2017	Roseville 5 th Street Fellowship	Dan O	2/18/2017
Cordova Thursday Night Group	Absent	1/21/2017	Roseville Tuesday Night Group	Marilyn D	2/18/2017
Creekside	Absent	12/17/2016	SACYPAA	Terren G	2/18/2017
Daily Attitude Adjustment – Fair Oaks	Wendy S	2/18/2017	Sacramento Spring Fling	Absent	12/17/2016
Davis Attitude Adjustment Group	Absent	3/19/2016	Saturday Morning Reflections	Absent	8/20/2016
Davis Hope Group	Absent	10/15/2016	Serenity Book and Study Group	Dlorah B	2/18/2017
Davis Young People's	Sophie B	2/18/2017	Sharing and Caring	Emily L	2/18/2017
Destiny Group	Kelly C	2/18/2017	Sixty Minute Solution	Adam S	2/18/2017
Downtown Young People's	Carlos A	2/18/2017	Southport Serenity	Absent	1/21/2017
Dubious Luxury	Bryon F	2/18/2017	Sunday Morning Serenity	Absent	1/21/2017
East Yolo Fellowship	Ron B	2/18/2017	Sunrise Sunset Gibbons	Absent	10/15/2016
Elk Grove Fellowship	Steve S	2/18/2017	Sunset Saturday Group	Absent	4/16/2016
Fair Oaks Beginners	Alan	2/18/2017	Tahoe Park Group	Absent	4/16/2016
Fit For Life	Absent	4/16/2016	Thursday Night Men's Group	David B	2/18/2017
Folsom Big Book	Bill M	2/18/2017	Too Young Group	Absent	9/17/2016
Folsom Saturday Morning Group	Jill J	2/18/2017	Traditional Group	Michael C	2/18/2017
Fourth Dimension Group	Kreeana B	2/18/2017	Triangle Group	Rachel P	2/18/2017
Freedom Group	Absent	11/19/2016	Tuesday Cordova KISS Group	Stan J	2/18/2017
Friday Night Free Thinkers	Absent	1/21/2017	Tuesday Night Beginners	Sam N	2/18/2017
Galt Fellowship	Julie C	2/18/2017	We Care Group	Absent	12/17/2016
Gibbons Noon	Absent	10/15/2016	We Surrender Men's Group	Absent	11/19/2016
Girls Night Out	LeeAna G	2/18/2017	Welcome Group	Dreigh P	2/18/2017
Good For Nothing	Absent	1/21/2017	What a Way to Start a Weekend Women	Absent	1/21/2017
Greenhaven Group	Absent	10/15/2016	White Flag Men's Group	Charlie	2/18/2017
Group One	Jeff S	2/18/2017	Willing Women	Absent	1/21/2017
Group Three	Matt	2/18/2017	Woodland Group	Kathleen	2/18/2017
Happy Hour Group of AA	Andre B	2/18/2017			

B. Attending Elected Positions

CCFAA Chair	Kathryn C	Present	NCCAA Liaison	Roger M	Present
Assistant Chair	Amy T	Present	Birthdays/Faithful Fivers Chair	Wendy S	Present
Treasurer	John G	Present	OOO Chair	Carlos A	Present
Recording Secretary	Karen Y	Present	OOO Member	Dreigh P	Present
TeleService Chair	Al E	Present	OOO Member	Dlorah B	Present
By Laws & Procedures Chair	Kim M	Absent	OOO Member	David B	Present
PI/CPC Chair	Joan T	Present	Picnic Chair	Betty K	Absent
H&I Liaison	Terri N	Present	Special Events Chair	Vacant	
Special Needs Chair	Erik C	Present			

C. New Groups and Delegates –

New Groups- Center Parkway AA Book Study, 7595 Center Parkway, Sac, Sat 2:00 PM, open, study, wheelchair, no smoking.
Dubious Luxury, 1227 N Market Blvd, Sac, Wednesday Noon, 1hr, study.

New Delegates-

Babes in Recovery	Debralee D	Babes in Recovery Alternate	Carolyn C
Davis Young People's	Sophie B	Destiny Group	Kelly C
Fourth Dimension Group	Kreeana B	Elk Grove Fellowship	Steven S
Rio Linda Fellowship	Michael R	SACYPAA	Terren G
Sharing and Caring	Emily L	Sharing and Caring Alternate	Jessie P
Traditional Group Alternate	Zack C		

III. Approval of Minutes

Corrections to January 21, 2017 Meeting Minutes: Roger M reported for Teri N. Personnel Policy Handbook updates reflecting changes regarding sobriety requirements (pgs 13 & 14) were distributed to delegates.

January Meeting Minutes were approved with corrections.

IV. Trusted Servant Reports**A. Chairperson Report – Kathryn C**

Welcome to the February CCF Delegate's meeting!

As we move into the year, I would like to remind all delegates that you can contact me with questions, comments, concerns, or items to be put on the agenda. My contact information is below.

We are still looking for a Special Events Chair if you meet the sobriety requirement, please consider serving. Terri has made it clear that she would happy to be a resource of information for anyone who steps up. Special events are a great way for people to get out of their meeting monotony and meet people from other groups and areas!

Thank you all for your dedication and service.

Today is a great day to be sober!

Kathryn C

CCF Chairperson, 2016

“...principles before personalities.”

B. Assistant Chair/CNIA Liaison – Amy T

PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) is at McClellan Park, 5411 Luce Ave, Sacramento March 3-5, 2017.

The conference opens for registration at 2pm on Thursday, March 2 with Early Bird Meeting at 7pm. It runs Friday at 11:30 am through Sunday at 12:15 pm closure.

C. Office Operations Committee – Carlos A

Group insurance information is available on the website aasacramento.org under the 'resources' tab. The deadline is March 30, 2017.

The OOC manned a table at the Spring Fling. CCF spent \$12,800 on literature in January 2017 and had an unscheduled closure on 2/4/2017.

The General Service Office has issued a memorandum, SMF-209, titled Safety and A.A.: Our Common Welfare. Copies were available at the meeting and can be located at aa.org under A.A. Literature: Service Material from the G.S.O. It is recommended that this information be discussed at home group business meetings.

D. Office Manager's Report – Rae W

A. Elk Grove Park picnic space and softball fields secured and the rental fees paid for the August 20, 2017 Picnic.

If your group or meeting is interested in obtaining or renewing your meeting insurance certificate, please download and complete the form on our website (aasacramento.org) under the Resources tab. Send or bring the form with payment to Central Office. The

- A. deadline for requests and renewals for this policy period is Friday, March 30th. Special Events certificates can be obtained throughout the year.
- B. The PCI Compliance for our credit card processing was completed on January 27th.
- C. Tricia C. completed the Central Office display and table runner. Thank you, Tricia.
- D. Quarterly and annual payroll reports, deposits and filings were completed on January 31st.
- E. Sales tax deposit and filings were completed on January 31st.
- F. The Statement of Information Filing to report new officers (Trusted Servants) was completed with the Secretary of State on January 31st.
- G. For the month of January, we have ordered \$12800.00 in literature.
- H. The PRAASA Committee host has contacted CO regarding literature sales at the service assembly. I have contacted former host areas to see what and how much literature they sold during their events.
- I. We had an unscheduled office closure on Saturday, February 4th due to staffing shortage.
And all is well....Rae W.

E. Treasurer's Report –John G

Income / Expense:

January 2017:

January was a good revenue month for CCFAA and we got a lot of rain. Looks like a few of us got cozy with some AA literature because book sales were strong. If you have questions about the income statement, ask your CCFAA representative about it, or find me at a meeting using our new Web-Site Meeting finder.

-Sincerely,

John G.

F. Special Needs Chairperson's Report – Erik C

- There are currently 3 ASL (American Sign Language) meetings weekly and we are informing the deaf community of them.
- We shared a table with CCF at the Spring Fling.
- The committee needs more people, especially women, willing to take meetings to AA members that are hospitalized or homebound. We could also use Spanish speakers.

G. TeleService Chairperson's Report – Al E

Submitted by: Al E. Teleservice Chair & Pete B - Teleservice Co-Chair

Date submitted: 2/14/17

Website: <http://aasacramento.org/service-opportunities/teleservice/>

Shift Call Numbers: Jan 2017 (as of 2/15/17)

12 Step = 43 YTD 43

Info = 294 294

Total = 337 337

New Business:

- Currently have all shifts covered
- We have ~ 10 potential volunteers in queue
- Welcome to Cathy T. as Orientation Coordinator, great to have Cathy on board!
- Spring Teleservice Workshop Saturday, March 4th from 3-4 p, at Traditional. A special invite for Teleservice Newcomers Orientation at 2:30p!
- Teleservice Survey sent to ~40 volunteers (Shift Coordinators and TS Volunteers)
Survey feedback at the 3/18/17 Delegates meeting
- Spring Fling Update 13 sign ups & lot's of great feedback at the Teleservice table.
and ... Looking forward to same setup and fun August Picnic

Next CCFAA Holiday Closure :

- Presidents Day Monday 2/20/17 - Both shifts covered as of 1/22/17

Regular Business:

Weekly Meetings with Chair, Co Chair & Orientation Coordinator as check in

We are always looking for 12 Step Volunteers

Bi-weekly Sunday: Teleservice updates sent to 32 Shift Volunteers + 7 Shift Coordinators and CCFAA Office. These bi-weekly updates include Updated Teleservice (TS) Flyer, Shift, Sub and 12 Step Lists. CCFAA Teleservice Web page is updated with open shifts.

Teleservice Volunteer Online Form submission works very well, very grateful for that!.

H. By-Laws & Procedures Chairperson's Report –Absent

No Report

I. PI/CPC – Joan T

The workshop went well, it was very informative. It was a learning experience for the Committee.

The Committee gave the church \$75.00 for offering since we pay no rent. Mitch is still working on getting us in the DUI School that he attends.

Kathryn CCF Chair knows the boundaries of the Committee and has made them known to us. Ron has simulated a professional letter from our kit CPC for the Russian Speaking Churches. The whole Committee is putting together professional letters for judges and probation officers.

J. Birthday Club/Faithful Fivers – Wendy S

Spread the message of the Birthday Club and Faithful Fivers to your home groups. The Birthday Club is \$1 per year of sobriety and you get your name in the ByTheWay. The Faithful Fivers is \$5, \$10, \$100 or whatever you deem affordable, given monthly to support the Central California Fellowship in caring the message to alcoholics.

V. Reports – Special Committees, Delegates, Liaisons & Invited Guests –

A. NCCAA Liaison – Roger

- The next NCCAA Conference is in Foster City March 10, 11 & 12, 2017 at the Crowne Plaza Hotel, 1221 Chess Drive, Foster City. More information is available at norcalaa.org. This maybe the last conference in Foster City due to the increasing cost of hotels.
- Sacramento will be hosting the 70th Anniversary Summer Conference June 9, 10 & 11, 2017 at McClellan Park. The Planning Committee Meetings are held the first Sunday of the month at Group Three at noon. Please come out and be of service. There are several positions still available and many volunteers are needed.

B. Picnic Committee- Absent

The Elk Grove Regional Park has been secured for the August 20, 2017 Annual CCF Picnic.

C. Hospitals & Institutions – Terri M

- The H&I Committee Meeting is held the 3rd Thursday at Denny's (Howe Ave & Hwy 50) at 6:00 pm. The 45th H&I Conference will be held in San Jose on May 5, 6 & 7, 2017. Information is available at handinorcal.org.
- In November 2016 H&I proposed to distribute excess funds in one of three ways. In February at the General Committee Meeting it was voted 51 ayes – 6 nays to distribute \$50,000 to the intergroup offices of northern California.

D. District 23 Liaison- Carlos

Sign up to volunteer at PRAASA!!

E. Special Events Chair – Vacant

No report

VI. Old Business –

Special Events Chair position remains vacant for the second month. If anyone is interested, please contact the CCF Chair.

VII. New Business –

No New business

III. Closing – Meeting closed at 4:30 PM

Respectfully submitted, Karen Y, Recording Secretary

BACK TO BASICS HOUSING

The Pacific Region A.A. Service Assembly is coming to
Sacramento March 3-5.

We are looking for A.A. members who would be willing to provide housing for out-of-town members who are coming but are unable to pay for hotels. We call this Back-To-Basics housing. If you might be willing to participate in this service please contact Lee W. Chairperson of PRAASA, See praasa.org for more details on this event.



	Jan	YTD	Prorate Budget	Budget
Income				
4020 · AAWS Literature Sales	8,161	8,161	6,083	73,000
4025 · In-House Publication Sales	1,178	1,178	1,292	15,500
4035 - Medallion Sales	4,405	4,405	3,500	42,000
4100 · Group Contributions	12,291	12,291	8,167	98,000
4110 · Anonymous Contributions	0	-	25	300
4120 · Birthday Contributions	252	252	200	2,400
4125 · Office Services Revenue	270	270	717	8,600
4130 - Faithful Fivers	814	814	958	11,500
4440 - Interest Income	0	0	0	0
4460 - Picnic Revenue	18	18	0	9,300
4480 - Special Event Revenue	0	-	0	6,000
Total Income	27,389	27,389	20,942	266,600
Cost of Goods Sold				
5000 - Literature Costs				
5010 · Cost of AAWS Literature Sold	6,119	6,119	4,333	52,000
Literature Costs/Adjustment	582	582	25	300
Total 5010 - AAWS Literature	6,701	6,701	4,358	52,300
Net Income AAWS Literature	1,460	1,460	1,725	20,700
5015 · Other Literature	367	367	125	1,500
5025 · In-House Publication				
5030 · Paper Stock & Staples	707	707	292	3,500
5035 · Printing Equipment	1,117	1,117	1,000	12,000
5040 - Copy costs	815	815	167	2,000
Total 5025 · In-House Publication	2,640	2,640	1,458	17,500
Net Income In-House Publication	(1,461)	(1,461)	(167)	(2,000)
Cost of Medallions	1,731	1,731	1,042	12,500
Net Income Medallion Sales	2,674	2,674	2,458	29,500
Total Cost Of Goods Sold	11,438	11,438	6,983	83,800
Gross Income (after cost of goods)	15,951	15,951	13,958	182,800
Expense				
Equipment Expense				
Total Equipment Expense	359	359	304	3,650
Insurance				
Total Insurance	0	0	455	5,457
Meetings/Conference Expense				
Total Meetings/Conference Expense	0	0	142	1,700
Office Expense				
Total Office Expense	2,793	2,793	2,450	29,400
Utilities - 5770				
Total 5770 Utilities	655	655	704	8,450
Other Committees - 6200				
5900 · Special Events	0	-	0	3,000
5990 - Picnic Committee	0	-	0	6,200
6210 - PI/CPC Expense	98	98	46	550
6220 - Special Needs Committee	65	65	32	380
6230 - Teleservice Committee	47	47	17	200
Total Other Committees	210	210	94	10,330
Professional Fees				
Total Professional Fees	126	126	290	3,476
Payroll Expenses				
Salaries and wages	5,127	5,127	8,223	98,672
Taxes and Benefits	1,715	1,715	1,611	19,335
Total 5400 · Payroll Expenses	6,842	6,842	9,834	118,007
Bad Debt Expense - 5686	0	-	8	100
Credit Card Fees - 5895	142	142	188	2,250
Bank Charges - 5690	0	-	4	50
Other				
Total Expense	11,125	11,125	14,473	182,870
Net Other Income / (Expense)	0	0	0	0
Net Income	4,826	4,826	(514)	(70)

Prepared by Treasurer CCFAA

Knock! Knock! -- Who's There?

We have finally had all the fun we can stand. We have bought the ticket that is required for admission to Alcoholics Anonymous; that longing, that yearning, that burning desire to quit drinking for good and all. Wouldn't we like to know who is going to be there to answer that most important question, "What do I have to do to avoid death or insanity from drinking?" What other legitimate reason is there for seeking help through Alcoholics Anonymous? There is none. The ONLY requirement for membership in Alcoholics Anonymous is a desire to stop drinking. It doesn't say "and" anything nor does it say "or" anything. Just a burning desire to stop starting. What's the answer to that question, "Who will be there to help the serious drinker?" It appears that in many groups, there will be five (5) types of folks the one seeking help will encounter. They are:

1. There will be the "Players". These are the ones who have the answer because they KNOW what is in the Basic Text for Alcoholics Anonymous. They will KNOW because they have and do study the Text and apply the directions they find there to their lives day in and day out. They have RECOVERED and have been given the Power to help others. They are the ones who not only are the real leaders of their Group but they are the ones who go to the wind-up places searching out, going to, approaching the suffering serious drinker to try to carry the message, "I have been where you are. I truly understand. I have had a spiritual awakening as the result of the Twelve Steps of Alcoholics Anonymous and I'd like to help you, if you will let me." They make for the kind of Sponsors we all wish we could find. Unfortunately, in today's Fellowship, they are few.

2. Then there are the "Sayers". They have read the Big Book, the Twelve & Twelve and probably a lot of other stuff. They sound real good in meetings. They know all the right things to say. But their time is far too important to go to the Alano Clubs, Salvation Army, Soup Kitchens, Shelters, etc. They believe it is best to sit in the comfort of their meeting place and wait for the ones seeking help to show up. The message they have to pass on is varied but most likely will NOT be, "Are you willing to go to any length for victory over alcohol? If you are, let me explain the problem (alcoholism) as it is described in the 'Doctor's Opinion' and then we'll talk about the Solution we have found". No, they will most likely suggest that you don't drink and go to meetings and maybe you can recover by osmosis. Just sit and listen to us talk.

3. Then there are the "Fakers". They may at some point in their life but they are not places in the Big Book, specifically on pages or a "drunk". The main difference between is very simple. The "drunk" could quit drinking if we could. They do in the Twelve Steps to stay away from drink and go to meetings" or far worse, "you "You shouldn't rush into taking the Steps." what this thing is all about." "I've never had a drink since God dug the river." They ston calls the, "Get out the tissues -- I've got are bad enough but we have one other type and they are:



have had a little trouble with drinking alcoholic. They are described several 20 - 21. They might be a hard drinker the "real alcoholic" and the "drunk" ing if they would. The "real alcohol-not have to take the action outlined ing. They are strong for "don't drink should go to 90 meetings in 90 days." "Take your time until you figure out had to take the Steps and I haven't are the ones my good friend in Hou-some issues" bunch. These phonies of individual sitting in our meetings

4. Those who have absolutely no business of sitting in a meeting of Alcoholics Anonymous. They have never had a problem with drinking alcoholic liquids. They may have problems with drugs or narcotics or gambling or dependency on other people or sex or any number of other types of problems. But a problem with alcohol is not one of them. And, unfortunately, in some groups, they are permitted to talk about whatever is bothering them at that moment.

5. Then there are the "undecided". They are the newcomers who sit in meetings trying to figure out what the "Program" is all about. They see the "Steps" and "Traditions" on the wall but are unsure of what it takes to recover. The more they listen in meetings, the more confused they become. Many of us have qualified for membership in Alcoholics Anonymous because we have hit that point in our life where we are willing to go to any length to never have to try to sober up ever again. We ask that question, "What do I have to do to never go through this misery again?" And the answer we are given is, "Just keep coming back," or "Don't drink and go to meetings," or "You really need to go to 90 meetings for 90 days." And they might even hear someone say, "If you really want to whip this drinking problem, let's get you a Big Book, read it and then I'll help you take the action those recovered alcoholics report they took and see if this Program will work for you as well as it did for them and for me." But that voice is in the minority. When over 90% of the folks who are in meetings or sitting around drinking coffee, smoking cigarettes and telling how awful their drinking was but haven't had to take the Steps to recover from a seemingly hopeless state of mind an body, who will the newcomer listen to?

Well, the undecided are the ones our meetings are suppose to be for. To help them understand the difference between the alcoholic and the non-alcoholic and if they are, in fact, real alcoholics, here is our Solution. The question is then asked, "Are you willing to go to any length for victory over alcohol?" If the answer is yes, let's get busy in taking the Steps so you too can become a recovered alcoholic. That is what we are here for. To protect our sobriety by trying to carry "this message," "Yes, I have had a spiritual awakening as the result of taking the Steps and I'll help you if you want what I have." What do I have? "I know a new freedom and a new happiness. I don't regret the past nor wish to shut the door on it. I comprehend the word serenity and I know peace. No matter how far down the scale I had gone, I see how my experience can benefit others. That feeling of uselessness and self-pity has disappeared. I have lost interest in selfish things and gained interest in my fellows. Self seeking has slipped away. My whole attitude and outlook upon life has changed. Fear of people and economic insecurity has left me. I normally intuitively know how to handle situations that used to baffle me. Today, I fully realize that God is doing for me what I could not and can not do for myself. If that is what you want more than anything on earth, I'll help you get it." Be a "PLAYER"!!!!

**“God will constantly disclose
more to you and to us.” BB p.164**

My A.A. Anniversary is March 5th. I would like to share some quotes from our literature that have been very helpful throughout my sober life, one day at a time:

“This is the baffling feature of alcoholism as we know it—this utter inability to leave it alone, no matter how great the necessity or the wish.” BB p.34

“We learned that we had to fully concede to our innermost selves that we were alcoholics. This is the first step in recovery. The delusion that we are like other people, or presently may be, has to be smashed. We alcoholics are men and women who have lost the ability to control our drinking.” BB p.30

“Henry Ford once made a wise remark to the effect that experience is the thing of supreme value in life. That is true only if one is willing to turn the past to good account....Cling to the thought that, in God’s hands, the dark past is the greatest possession you have—the key to life and happiness for others. With it you can avert death and misery for them.” BB p.124

“All of us, without exception, pass through times when we can pray only with the greatest exertion of will. Occasionally we go even further than this. We are seized with a rebellion so sickening that we simply won’t pray. When these things happen we should not think too ill of ourselves. We should simply resume prayer as soon as we can, doing what we know to be good for us.” 12x12 p.53 (I have also been seized with anger, fear, etc. and defiantly won’t call or help someone else, but resume right action as soon as I can).

“Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles.” BB p.60

“We need not be discouraged when we fall **A A** into the error of our old ways, for these disciplines are not easy. We shall look for progress, not for perfection.” 12x12 p.91

“Almost any experienced A.A. will tell how his affairs have taken remarkable and unexpected turns for the better as he tried to improve his conscious contact with God. He will also report that out of every season of grief or suffering, when the hand of God seemed heavy or even unjust, new lessons for living were learned, new resources of courage were uncovered, and that finally, inescapably, the conviction came that God does ‘move in a mysterious way His wonders to perform.’” 12x12 pgs.104-105

“Those of us who have come to make regular use of prayer would no more do without it than we would refuse air, food, or sunshine. And for the same reason. When we refuse air, light, or food, the body suffers. And when we turn away from meditation and prayer, we likewise deprive our minds, our emotions, and our intuitions of vitally needed support. As the body can fail its purpose for lack of nourishment, so can the soul. We all need the light of God’s reality, the nourishment of His strength, and the atmosphere of His grace. To an amazing extent the facts of A.A. life confirm this ageless truth.” 12x12 pgs.97-98

“Let’s not louse it all up with Freudian complexes and things that are interesting to the scientific mind, but have very little to do with our actual AA work. Our 12 Steps, when simmered down to the last, resolve themselves into the words love and service. We understand what love is and we understand what service is. So let’s bear those two things in mind.” From Dr. Bob’s brief remarks on Sunday, July 30, 1950, at the First International A.A. Convention, in Cleveland, Ohio

A.A. is the best thing that ever happened to me.

Vaun I. – Tustin, 3/5/71

The Speed of Life Cont'd from page 1.

I continue this kind of behavior for ten more years and am lucky to have survived after more trips to jail, failed marriage, broken bones, cuts and bruises and broken relations with almost everyone that means anything to me. I'm twenty eight years old surrender and show up at A.A. coming out of a blackout. I am greeted on the front lawn of a little yellow house in the suburbs that is being used to hold meetings, by three people who welcome this stranger with opened arms as though they are expecting me. They began to listen patiently to my tales of woe, nodding as they seem to understand. Their eyes are soft and gentle and I feel their compassion.

At the young age of twenty eight, I believed that my life was over but, one of them says "life isn't passing you by near as fast as you think it is" and they say, come inside and have a cup of coffee. They were right; I had a profound change of perception and all of those bad days are but a distant memory. The obsession was gone and it has never returned. In my first year of sobriety I met a young lady who was divorced, had a young child, and was an alcoholic, The more we talked about my aspirations and the type of principles I was learning to live by, the closer we became. We were married on October 31, 1970 and have been together ever since. She is the happiest wife I know and needless to say, I hit the Jackpot. Since embracing the program we have gained the love and respect of my first wife and we have been kind and understanding towards her as well and my son has been witness to all of this.



Since that very first day in the program I have been practicing the twelve steps to the best of my ability and understanding and it has been a wonderful experience. I wouldn't trade places with the richest man on this planet. I couldn't be more grateful for the way I was welcomed when I needed hope and understanding. I felt safe for the first time in my life. My hope is that all who arrive at the doors of A.A. can be accepted with the same love and kindness that I experienced. I'm seventy five years old and on my way to one hundred +and life is awesome.

Rick R.

Tradition Three: The Only Requirement for AA Membership Is a Desire to Stop Drinking

I've recently started attending a Traditions Study meeting. Like most Step Study meetings, our format is to read out of Twelve Steps and Twelve Traditions (familiarily known as the 12x12). I marvel at how much my new understanding of the traditions has increased my respect for AA in general. It's also come in quite handy (and will continue to, I imagine), at the fellowship level.

To be honest (always a goal of recovery, right?), I must admit to having been blissfully ignorant of how the traditions guide our group actions. This is quite amazing, really, considering how many business meetings I've attended at my home group over the years! Perhaps I simply wasn't ready to expand my knowledge. It was so much easier to depend on others (another classic alcoholic trait). You see, there has always been a small but vocal cadre of elder statesmen in my home group. These wise folks could always be relied upon to school the group as required to guide our thinking toward a group conscience.

And so they did in a powerful way not too many months ago. My home group was wrestling with a seemingly polarizing dilemma. Being the alcoholics we are, we had divided into two camps. There was a "pro" camp and a "con" camp. Both came to the business meeting prepared to obtain justice.

As presented, the issue was the fitness of a certain member of our group to continue as a member of our group. This member's behavior was causing concern (alarm, even) among certain factions. Representatives of that faction came and presented their case. Some folks presented it as a safety issue. They simply didn't feel safe with this person in our midst. Others framed the issue in terms of disruption of group meetings. With this member constantly distracting us, how could we listen and absorb the message? This person, it was strongly suggested, was messing with the group's serenity! His presence among us was a threat to our collective recovery.

Cont'd on pg. 18

Samples of Group Contributions to A.A. Service Entities

Distribution Plan of (YOUR GROUP NAME)

Your Group Service # (Be sure to write group name and service # on all contributions.)

- % to district
% to area committee
% to G.S.O.
% to intergroup or central office
% other A.A. service entities
% other A.A. service entities

- 10% to district
10% to area committee
30% to G.S.O.
50% to intergroup or central office

- 40% to district
30% to area
30% to G.S.O.

GRAPEVINE QUOTE

"Consider the problem of the fast-growing overseas centers just now emerging from their pioneering time -- how they have slowly gained the confidence of medicine, religion, and the press; how they have finally grown into unity through an ever better application of our Twelve Traditions; how they have tried to make good their desperate lack of language translations; and how they have well begun to cross all barriers of race, creed, or social condition."

"Our Pioneers Overseas," AA Co-Founder, Bill W., October 1960

The Language of the Heart

Cont'd from pg 17 Tradition Three: The Only Requirement for AA Membership Is a Desire to Stop Drinking

The fears and concerns expressed were, of course legitimate. These members deserved to be heard.

Now the other side of this issue was represented by several senior members of the fellowship. Senior in number of years of sobriety, certainly. That's one definition. But I use the word "senior" more to reference their fuller and broader understanding of the program of Alcoholics Anonymous. These members came prepared not to fight, but to find a solution. They didn't engage in emotional combativeness. They stayed calm. In doing so, they kept the focus of the discussion on principles, not personalities.

Like many others in the room, I had seen and read the Third Tradition dozens, if not hundreds of times. Although we don't read them at our meetings (as many fellowships do), The Twelve Traditions hang in a place of honor right next to the Twelve Steps at every meeting. The answer to this dilemma had, thus, been hiding in plain sight all along.

The Third Tradition is brilliant in its membership in AA is a desire to stop drinking, you qualify to impose any other requirement on

You don't have to dress a certain way. Heck, you don't even have The one and only requirement is the sober, but to simply stop drinking.

As we know, that is a daunting task lot of hard work. It is, by definition, quires help (and cooperation and

Now, we are all sick people. We are sicker than others. Some of us tional difficulties over and above our doesn't preclude us from member-

Tradition Three teaches us that AA that is not a country club. It's not a secret society. We are not here to keep anyone out, but to invite suffering alcoholics in. Instead of putting up barriers, let's look for the similarities. Our commonality of purpose is to learn how to stop drinking. Period.

I'm glad the hand of AA reached out for me when I finally admitted I wanted and needed to quit drinking. Tradition Three reminds me to be tolerant and welcoming. Whew! That feels so much better than judging!



simplicity: the only requirement for drinking. As long as you express a as a member. No one has the right you.

way, act a certain way, or be a cer- to be sober to be a member of AA. **desire** to get sober. Or not even get

for us "real" alcoholics. It requires a a "we" program. Getting sober re- support) from our fellow alcoholics.

come to AA to get well. Some of us suffer from grave mental and emo- alcoholism. That's a fact. But it ship in AA.

Sally B.

GROUP NAME	Feb 17	TOTAL	GROUP NAME	Feb 17	TOTAL
11TH STEP MEDITATION MEETING	0.00	20.00	RANCHO MURIETA GROUP	0.00	1,031.08
12 AND 12 BOOK STUDY (ROCKLIN)	240.00	240.00	RIO LINDA FELLOWSHIP	100.00	100.00
A WAY OUT	41.00	66.00	ROCKLIN FELLOWSHIP	50.00	50.00
AA NOONER	0.00	182.50	ROSEVILLE FIFTH STREET FELLOWSHIP	314.34	561.09
AA UNITY GROUP	0.00	420.00	SACRAMENTO DOWNTOWN MEN'S GROUP	0.00	200.00
ARDEN MORSE GROUP	0.00	100.00	SERENITY BOOK & STEP STUDY GP	92.69	207.14
ATTITUDE ADJUSTMENT GROUP OF DAVIS	55.00	55.00	SIERRA STEP SISTERS GROUP	0.00	62.70
AUBURN FELLOWSHIP	50.00	50.00	SIERRA WEDNESDAY AM GROUP	0.00	60.00
BABES IN RECOVERY	0.00	55.93	SIXTY MINUTE SOLUTION GROUP	0.00	80.55
BANGOR GROUP	0.00	60.42	SO THIS IS IT	0.00	10.00
BROWNSVILLE SERENITY GROUP	0.00	40.00	SOUTHPORT SERENITY	0.00	192.00
BY THE GRACE	0.00	50.00	STEP SISTERS-ANTELOPE	0.00	38.26
CENACLE GROUP	0.00	142.50	SUNSET SATURDAY	100.00	100.00
CITRUS HEIGHTS AA @ NOON	0.00	510.00	THANK YOU, THANK YOU, THANK YOU	60.00	60.00
CORDOVA GOOD MORNING GROUP	65.00	65.00	THREE LEGACIES GROUP	90.00	90.00
CORDOVA LUNCH BUNCH	282.88	361.87	THURSDAY MORNING BOOK/STEP STUDY GROUP	50.00	50.00
COURAGE TO CHANGE GROUP	0.00	150.86	TOO YOUNG GROUP	0.00	50.00
DAILY ATTITUDE ADJUSTMENT GROUP	0.00	133.00	TRADITIONAL GROUP	37.88	129.42
DAILY DIRECTION AA	100.00	175.00	TRIANGLE GROUP	0.00	17.02
DAVIS YOUNG PEOPLE GROUP	0.00	97.04	TUESDAY MIDTOWN GROUP	220.00	220.00
DESTINY GROUP	0.00	60.00	WELCOME GROUP	0.00	66.50
EAST YOLO FELLOWSHIP	16.00	32.00	WHITE FLAG MEN'S GROUP	0.00	200.00
ELK GROVE FELLOWSHIP	0.00	510.00	WILD WOMEN	0.00	206.34
FIRST THINGS FIRST GROUP	0.00	236.00	WILLING WOMEN GROUP, THE	0.00	79.15
FIT FOR LIFE GROUP	0.00	202.19	WINTERS KITCHEN TABLE GROUP	0.00	180.20
FOLSOM BIG BOOK GROUP	0.00	1,098.11	WOMEN FOR WOMEN FAIR OAKS GROUP	0.00	33.00
FOLSOM FRIDAY NIGHT GROUP	0.00	50.00	WOMEN IN RECOVERY, MARYSVILLE	0.00	102.20
FOLSOM SATURDAY MORNING	441.00	441.00	WOMEN OF EXTRAVAGANT PROMISES	76.00	76.00
FOLSOM WEDNESDAY NIGHT AA GROUP	0.00	111.56	WOMEN UNDER CONSTRUCTION	0.00	306.91
FREEDOM GROUP	0.00	95.32	WOODLAND GROUP	30.00	30.00
FRIDAY FELLOWSHIP OF DOUBLE A	0.00	160.60	WOODLAND TRADITIONAL GROUP	10.00	20.00
GIBBONS NOON	0.00	300.00	TOTAL	5,478.29	17,773.98
GNO GIRLS NIGHT OUT	0.00	233.88			
GO TO ANY LENGTH GROUP	163.00	163.00			
GROUP ONE	0.00	20.00			
GROUP THREE	0.00	600.00			
HAND IN HAND WOMEN'S DAY OF UNITY	0.00	795.98			
HANGTOWN AA GROUP	0.00	100.00			
HAPPY DESTINY GROUP	0.00	115.25			
HAPPY HOUR RANCHO GROUP	0.00	93.31			
HAPPY HOUR WOMEN	50.00	50.00			
HELPING HANDS GROUP	466.44	466.44			
HIGH FLYERS GROUP	240.00	449.87			
LINCOLN THURSDAY NIGHT GROUP	345.00	345.00			
LIVING SOBER WOMEN'S FRIDAY GROUP	0.00	63.57			
LOOMIS WOMEN'S STEP STUDY	0.00	361.04			
MIDTOWN SOLUTIONS	202.90	202.90			
MONDAY WOMEN'S STEP STUDY	0.00	33.20			
NEW HOPE GROUP	825.00	825.00			
NORTH HALL GROUP	216.71	595.22			
NORTH HIGHLANDS FIRESIDE GROUP	0.00	25.00			
NUMBER ONE OFFENDERS	280.45	280.45			
OAK TREE GROUP	0.00	886.47			
PATHWAY TO SPIRITUALITY GROUP	67.00	81.94			
PLACERVILLE SUNRISE ATTITUDE ADJUSTMENT	100.00	100.00			

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