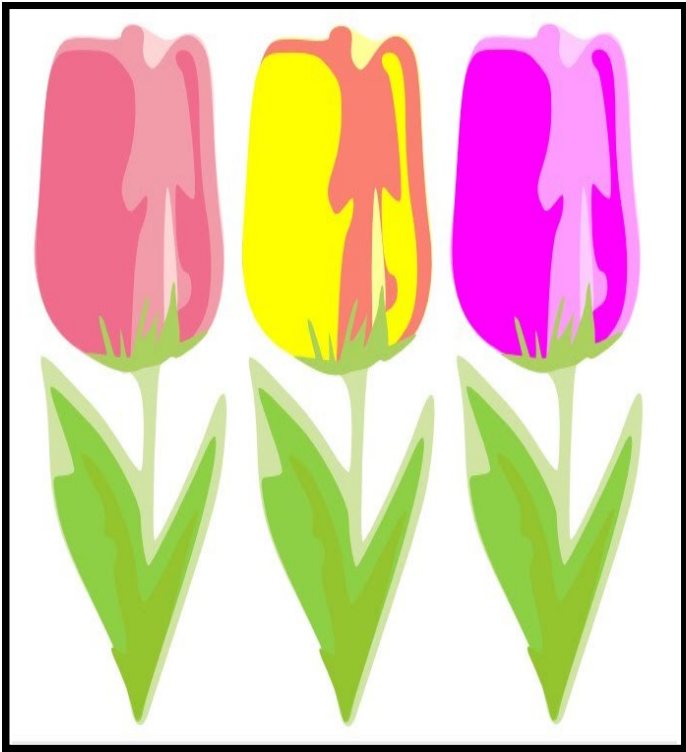


By The Way



9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org 916-454-1771

APRIL 2017



It's Spring !!!!

AA = Answer Available

AA-related 'Alconym' . . .

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DR. BOB'S LAST MAJOR TALK:

Detroit, MI - Dec. 1948

(His words on service and the four absolutes)

I think the kind of service that really counts is giving of yourself, and that almost invariably requires effort and time. It isn't a matter of just putting a little quiet money in the dish. That's needed, but it isn't giving much for the average individual in days like these, when most people get along fairly well. I don't believe that type of giving would ever keep anyone sober. But giving of our own effort and strength and time is quite a different matter. And I think that is what Bill learned in New York and I didn't learn in Akron until we met.

The four absolutes, as we called them, were the only yardsticks we had in the early days, before the Steps. I think the absolutes still hold good and can be extremely helpful. I have found at times that a question arises, and I want to do the right thing, but the answer is not obvious. Almost always, if I measure my decision carefully by the yardsticks of absolute honesty, absolute unselfishness, absolute purity, and absolute love, and it checks up pretty well with those four, then my answer can't be very far out of the way. If, however, I do that and I'm still not too satisfied with the answer, I usually consult with some friend whose judgment, in this particular case, would be very much better than mine. But usually the absolutes can help you to reach your own personal decision without bothering your friends.

Suppose we have trouble taking the First Step; we can't get quite honest enough to admit that John Barleycorn really has bested us. The lack of absolute purity is involved here – purity of ideas, purity of motives. Absolute unselfishness includes the kind of service I have been talking about – not the dime or two bits to the bum, but actually giving of yourself.

As you well know, absolute love incorporates all else. It's very difficult to have absolute love. I don't think any of us will ever get it, but that doesn't mean we can't try to get it. It was extremely difficult for me to love my fellowman. I didn't dislike him, but I didn't love him, either. Unless there was some special reason for caring, I was just indifferent to him.

Continued on page 16.

**Deadline Dates for Submissions
for the By The Way and Monthly flyers 2017**

MONTH	FLYERS DEADLINE	BY THE WAY DEADLINE
April	Monday 10th	Wed. March 15th
May	Wed 10th	Sat. April 15th
June	Sat 10th	Mon. May 15th

All submissions need to be in by 5:00PM. Email ALL submissions to: centraloffice@aasacramento.org

2017 Central Office Volunteer Days

Central Office would like to have volunteers arrive at 9:30AM on the dates below. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

Please call (916) 454-1771 if you plan to attend.

Volunteer Dates for 2017 Mailings

	Flyer Mailing	By The Way Mailing
April	Tuesday 11th	Friday 28th
May	Thursday 11th	Friday June 2nd
June	Monday 12th	Friday June 30th

By The Way is published monthly by the Central California Fellowship (CCF), 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is \$12.00 per year. Opinions, letters, and stories printed in *By The Way* are not to be attributed to Alcoholics Anonymous, the Central California Fellowship or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.



TELE-SERVICE DESK

Volunteers answer the hotline from 9AM to 1PM or 1PM to 5PM Monday through Friday at Central Office. We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.



*Volunteers need a minimum of six months of sobriety to answer the hotline.
hotlinehelpers@gmail.com

CCFAA Delegates' Meeting

Saturday, April 15, 2017

Meeting begins at 3:00pm

New Delegates arrive at 2:00pm

Traditional Group Meeting Hall

2625 Alta Arden Expressway, Sac., 95825

GROUP DELEGATES

Please let us know who you are so we can send your group a **FREE** copy of the By The Way and the flyer mailing each month.

We want to be sure we have up-to-date info about your meeting location, day, time, and format.

CCFAA is here to be of service to you and your group.

Please feel free to visit your Central Office located at: 9960 Business Park Dr., Suite 110 in Sacramento!

PI/CPC COMMITTEE

Meets on the 2nd Friday of the month at 6:00 PM

Faith Presbyterian Church

625 Florin Road, Sacramento 95831

OFFICE OPERATIONS COMMITTEE

Tuesday, **April 11th** at 6:00PM at Central Office

9960 Business Park Dr. Suite 110, Sac., CA 95827

H&I MONTHLY MEETING

3rd Thursday, at 6PM

Denny's Restaurant

7900 College Town Dr., Sacramento, 95826

(Howe Ave & Hwy 50)

We have an ongoing need for volunteers.


Contact the Area 40 Chairman, Roger M., for more information:


CCFAA 2017 Annual Picnic Planning Committee Meetings


9960 Business Park Dr., Suite 110, Sacramento. 6:15pm

April 14th	August 4th
May 19th	August 11th
June 16th	August 18th
July 14th	

A.A. Teleservice Needs YOU!!

 Alcoholics Anonymous Teleservice, also known as the A.A. hotline, services alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.

 This is a great way to be of service to your fellow alcoholics. All you need is the use of a phone and a current meeting schedule. From the comfort of your own home on a landline telephone or even while you're out and about with the use of a cell phone you can be of service.

 We would love to have you join our team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: hotlinehelpers@gmail.com

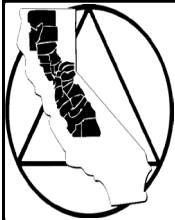
"I can't explain why I didn't hang up. I just sat there on the floor, with the receiver to my ear. The next thing I heard was "Good afternoon. Alcoholics Anonymous. May we help you?"
"Came to Believe" PG 23



SERVICE OPPORTUNITIES @ CCFAA!

We need volunteers to help with the assembly of the flyer mailing on **Tuesday, April 11th** at 9:30 a.m. and the **By The Way** mailing on **Friday, April 28th** at 9:30 a.m. **Donuts - Coffee - Fellowship - and Fun!**

PI/CPC Committee is looking for Russian Speaking AA members to participate with PI/CPC Committee to start Russian Speaking AA meeting. If interested contact Central Office at 916-454-1771.



NCCAA 70th Annual Summer Conference June 9 - 11, 2017
Lions Gate Hotel , McClellan, CA
3410 Westover St. McClellan Park, 95652



NEWS FROM VOLUNTEER CENTRAL WHERE GRATITUDE IS AN ACTION WORD!

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

In service during the month of **March:**

TeleDesk Volunteers & Subs: Cindy F. - Joyce H. - Dlorah B. - Lynn S. - Kathy K. - Cheryl G. - John F. - Marie G. - Kathy P. - Peter G. - Dale M. - Dennis O. - Lorrie D.

Sales Desk: Ron H. - Karen Y. - Cindy F. - Cindy Jo M. - Beth B. - Melissa Z. - Carlos A.

BTW & Flyer Mailing: Pete G. - Mike K. - Carol L. - Craig L - Beth B. - Steven O. - Dale M. - Bill E. - Gay W. - Sherri KW

Bulk Mailing: - Mike K, Jason S **Webmaster:** Pete B.

BTW : Layout & Design - Karina K.

Celebrating April Birthdays:

Cindy F. 31 years and Gay W. 14 years



Watch

Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help.

- Alcoholics Anonymous, pg.84



Teleservice Activity Report February 2017

Teleservice	Feb.	YTD
12 Step	46	89
Meetings/Info	238	532
Total Calls	284	621

Teledesk Activity Report February 2017

Teledesk	Feb.	YTD
12 Step	8	25
Meetings/Info	359	754
Total Calls	367	779

WEEKLY SPEAKER MEETINGS

CAMERON PARK GROUP ~ WHEN: Every Saturday, 8:00pm. **WHERE:** Light of the Hills Church, 3100 Rodeo Dr. Cameron Park. Last Saturday is Birthday Night. Come! We need your support!

FOLSOM WAY OF LIFE GROUP ~ WHEN: Every Thursday, 7:00pm.

WHERE: Journey Church, 450 Blue Ravine Road, Folsom,.

FOURTH DIMENSION GROUP ~ WHEN: Every Thursday, 8:00pm. Speaker Meeting. **WHERE:** Church of Christ, 1799 Cirby Way, Roseville, . More details @ fourthdimensiongroup.org.

FOXHALL GROUP ~ WHEN: Tuesday, 7:00pm. **WHERE:** Church of Christ, 1321 Peachtree Lane (Multipurpose Room), Yuba City,.

ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN: Every Saturday, 8:00pm-9:30pm. **WHERE:** 315 Lincoln St, Roseville, 3/4- Tom H. of Roseville, 3/11- Shawnee C. of Auburn

SUNRISE SPEAKER MEETING ~ WHEN: Every Sunday from 11:00am-12:00pm. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael, . We have local speakers who inspire and inform.

TRIPLE A SPEAKER/PARTICIPATION MEETING ~ WHEN: Friday, 7:00pm. **WHERE:** 18014 Applegate Rd, Applegate, .



MONTHLY SPEAKER MEETINGS

AUBURN FELLOWSHIP ~ WHEN: Every third Saturday, 7:30pm. **WHERE:** 244 Palm Ave, Auburn,.

BEEN THERE DONE THAT FWP ~ WHEN: Third Saturday of each month 6:30pm-7:30pm. **WHERE:** (Madhouse) - 8934 Madison Ave. Fair Oaks, . **Speaker:** Timmy P. from Good For Nothing Group

DAVIS HOPE GROUP ~ WHEN: First Saturday of each month at 7:00pm. **WHERE:** St. Martin's Church, 640 Hawthorn Ln, Davis,.

ELK GROVE FELLOWSHIP ~ WHEN: Fourth Saturday of every month. Potluck at 6:00pm. Speaker at 8:00pm. **WHERE:** Native Sons Hall, 9151 Grove St, Elk Grove, . (corner of Kent and Grove St).

GALT FELLOWSHIP ~ WHEN: First Saturday of every month. Dinner: 6:00pm. **Speaker:** 7:00pm. Group supplies main course. Join us! Bring a side dish or just yourself and some friends. **WHERE:** 229 4th St, Galt,.

GROUP ONE ~ WHEN: Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St, Sacramento

GROUP THREE ~ WHEN: Third Saturday of the month at 6:00pm. **WHERE:** 9940 Business Park Dr, Ste. 110, Sacramento.

HI-FLYERS ~ WHEN: Last Sunday of the month at 7:00pm. **WHERE:** 3077 Alhambra Drive, Suite E, Cameron Park,.

MIDTOWN SOLUTIONS ~ WHEN: Third Saturday, 7:00pm-8:15pm. 20 min. Speaker: **WHERE:** 2903 30th St, Sacramento,.

NEW HOPE GROUP ICE CREAM SOCIAL/BIRTHDAY/SPEAKER MEETING ~ WHEN: Last Saturday of every month, 7:00pm. **WHERE:** St. Francis Episcopal Church, 11430 Fair Oaks Blvd, Fair Oaks, . **Ice Cream is served at 5:30pm**

NORTH HALL GROUP ~ WHEN: Third Saturday of the month, 8:00pm. **WHERE:** 3501 2nd Ave, Sacramento,.

NORTH SACRAMENTO GROUP ~ WHEN: First Saturday of the month, 7:00pm. **WHERE:** 2330 Fairfield St, Sacramento,.

RIO LINDA MONTHLY SPEAKER MEETING ~ WHEN: Second Friday. Doors open at 6:00pm. **WHERE:** Rio Linda Fellowship, Calvary Lutheran Church, 515 L St, Rio Linda,.

MONTHLY SPEAKER MEETINGS Cont'd

SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN: Second Saturday of every month, 8:00pm. **WHERE:** Centennial Methodist Church, 5401 Freeport Blvd, Sacramento, CA. Please join us for dinner with the speaker & committee at Marie Callender's (at 6:00pm.) on Freeport. For dinner Reservations contact: Randy J **Speakers:** 4/8 Clancy I. of Venice Beach, CA., 5/13 Johnny H. of Long Beach, CA.

SACYPAA ~ WHEN/WHERE: Please go to sacypaa.org for more info.

TRADITIONAL GROUP SPEAKER MEETING ~ WHEN: Fourth Sunday of the month, 12:00 noon. **WHERE:** 2625 Alta Arden Expy, Sacramento,.

QUARTERLY SPEAKER MEETING

EAST YOLO FELLOWSHIP ~ WHEN: Quarterly - March, June, September and December on the Third Saturday of the month at 7:00pm. **WHERE:** 1040 Soule St, West Sacramento, . Potluck at 6:00pm. Bring a dish to share and enjoy the fellowship. *March Speakers Jean and Greg B. of the Traditional Group.*

NORTH AUBURN GROUP POTLUCK/QUARTERLY SPEAKER MEETING ~ WHEN: Quarterly - March, June, September and December on the First Saturday of the month. Doors open at 5:00pm. **WHERE:** 4076 HWY 49 E., Auburn. Potluck at 6:00pm. Bring a dish to share and enjoy the fellowship. *March Speaker Ian C. from Sacramento*

WEST SLOPE UNITY GROUP ~ WHEN: Quarterly - January, April, July and October on the Fourth Saturday of the month at 7:00pm.

WHERE: 3734 China Garden Rd, Diamond Springs, . Doors open at 6:00pm. Dessert Potluck. Please bring a sweet treat to share. Gift Basket Raffle and DJ following meeting. We encourage each group to donate a themed basket for our annual spring raffle. **April Speaker:** Astrid H from Los Angeles

GROUP UPDATES & CHANGES

ANTELOPE WOMEN'S GROUP ~ Discontinued ~ WHEN: Wednesday, 6:30pm-7:30pm. **WHERE:** 7850 Watt Ave, Antelope.

BOTTLE TO THE BOOK AA ~ Discontinued ~ WHEN: Monday at 7:00pm. **WHERE:** 720 7th St, Sacramento

CORDOVA THURSDAY NIGHT GROUP ~ New Location starting April 6th ~ WHEN: Thursday at 7:00pm. **WHERE:** United Methodist Church 2101 Zinfandel Dr, Rancho Cordova

DRY DIGGINS GROUP ~ New Location ~ Starting Feb.6th, will be at Bethlehem Lutheran Church, 1279 High St, Auburn. WHEN: Thursday at 7:00pm

FOUNTAIN OF YOUTH ~ New Location ~ WHEN: Thursday 7:00pm. **WHERE:** 914 Cirby Way, Roseville

FORESTHILL INTO ACTION GROUP ~ Time Change ~ WHEN: Thursday 7:00pm-8:00pm. **WHERE:** 20801 Todd Valley Rd, Foresthill

GALT FELLOWSHIP ~ New Location ~ All Meetings. Speaker Meeting - 1st Saturday of the Month; Birthday Meeting - Last Saturday of the Month. WHERE: 229 4th St, Galt. by railroad tracks, between B and C

HOPE & SERENITY SPEAKER MEETING ~ Discontinued ~ WHEN: 1st Sat. of the month at 7:00pm. **WHERE:** Marriott Courtyard, 4422 Y St,

MONDAY NIGHT BIG BOOK ~ Discontinued ~ WHEN: Monday at 7:00pm. **WHERE:** 7300 Wyndham Dr, Sacramento

MONDAY NIGHT CLUB ~ Time Change ~ WHEN: Monday, 6:00pm. **WHERE:** 1430 J St, Sacramento (St. Paul's Episcopal Church)



GROUP UPDATES & CHANGES cont'd

ORANGEVALE 11TH STEP MEDITATION ~ Time Change ~ WHEN: Thursday, 6:30pm-7:30pm. **WHERE:** American River Alano Club, 9346 Greenback Ln, Orangevale.

PRIMARY PURPOSE GROUP ~ Time Change ~ WHEN: Sunday, 11:00am. **WHERE:** 1120 Rodeo Way, Sacramento.

SERENITY SISTERS ~ New Location ~ WHEN: Thursday 6:30pm-7:30pm **WHERE:** (Elk Grove Congregational Church) 9524 Melrose Ave, Elk Grove

SHARING AND CARING ~ Update ~ WHEN: Mondays, 10:00pm. This meeting is now a **Young People** meeting. **WHERE:** 4955 Marconi Avenue Suite A, Carmichael

TAHOE PARK GROUP ~ Discontinued ~ WHEN: Monday 7:00pm **WHERE:** Journey Church, Fellowship Hall, 5801 2nd Ave, Sacramento.

THANK GOD IT'S SIMPLE ~ New Location ~ WHEN: Friday 7:00pm **WHERE:** 9001 Foothills Blvd, Roseville.

TRADITIONS & CONCEPTS GROUP ~ Discontinued ~ WHEN: 1st & 2nd Tuesdays, 7:00pm. **WHERE:** 11427 Fair Oaks Presbyterian Church

WOODLAND TRADITIONAL GROUP ~ Birthday Night will now be on the Last Thursday of the month. Sacramento,

**NEW GROUPS AND MEETINGS**

ALL TRIBES AA FWP ~ New Book Study Meeting ~ WHEN: Friday, 7:00pm-8:30pm. **WHERE:** 2627 J St, Sacramento. (Parking & entrance in the Alley)

BACK TO BASICS ROCKLIN ~ New Meeting ~ WHEN: Monday, 7:00pm **WHERE:** Life House Church 4800 Sierra College Blvd, Rocklin

CENTER PARKWAY AA BOOK STUDY ~ New Meeting ~ WHEN: Saturday, 2:00pm **WHERE:** 7595 Center Pkwy, Sacramento. This is an Open, 1 1/2 hour Book Study

DEBIOUS LUXURY GROUP ~ New Meeting ~ WHEN: Wednesday 12:00pm **WHERE:** (The Crossing Church) 1227 N Market Blvd, Sacramento. This is an Open, One hour, Book study.

FAIR OAKS BEGINNERS GROUP ~ New Meeting ~ WHEN: Monday's 6:00pm. This is an open, beginners, study meeting. **WHERE:** Advent Lutheran Church, 5901 San Juan Ave, Citrus Heights.

FRIDAY NIGHT FREETHINKERS ~ New Meeting ~ WHEN: Friday's 8:00pm. This is an open, one hour, non-smoking wheelchair access meeting **WHERE:** St. Paul's Episcopal Church, 1430 J St., Sacramento.

GROUP ONE ~ "We Agnostics" ~ New Meeting ~ WHEN: Friday, 9:00pm-10:00pm. This is an open meeting. **WHERE:** 2804 T St, Sacramento.

NORTH SACRAMENTO GROUP ~ New Meeting ~ WHEN: Saturday, 5:00pm. **WHERE:** 2330 Fairfield Street, Sacramento. Open, Non-smoking, Wheelchair access.

RED ROAD RECOVERY ~ New Meeting ~ WHEN: Saturday, 3:30pm. **WHERE:** 2330 Fairfield Street, Sacramento. Open, Non-smoking, Wheelchair access, **emphasis on Native American Recovery**

TOO YOUNG ~ New Group ~ WHEN: Thursdays, 7:30pm-8:30pm. Open, one-hour group, non-smoking, wheelchair access, young people. **WHERE:** St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento.

West Slope Fellowship ~ New Meeting ~ WHEN: Saturday, NOON. **WHERE:** Senior Citizen Center, 5581 Gail Rd, Pollock Pines. off Forebay Rd. Meeting is an open, one-hour women's meeting.

**NEW GROUPS AND MEETINGS Cont'd**

WHOLESALE MIRACLES ~ New Group ~ WHEN: Friday, 6:00pm-7:00pm. This is an open, study meeting for gay members. **WHERE:** Lambda Center, 1927 L. St. Sacramento.

WOODLAND GROUP ~ New Meeting ~ WHEN: Sunday, 6:30am. This is an Open, one-hour, study meeting. **WHERE:** 96 West Main Street, Woodland.

GROUP ANNOUNCEMENTS

DRY DIGGINS GROUP ~ We've Moved! WHEN: Thursday, 7:00pm. **WHERE:** Auburn Grace Community Church Rm 100, 2376 Zinfandel Dr, Rancho Cordova.

EAST YOLO FELLOWSHIP ~ Secretary Workshop ~ Second Saturday of March, June, September and December at Noon. WHERE: 1040 Soule St, West Sacramento.

EAST YOLO FELLOWSHIP ~ Change to 1 Hour Meetings~ WHEN: Monday 8pm, Tuesday 8pm, Wednesday 8pm and Saturday 9pm **WHERE:** 1040 Soule St, West Sacramento. **These meetings will now be 1 hour meetings**

GOLDEN GIRL'S GROUP ~ This is a very Special AA meeting for Women age Fifty & older. But open to all interested recovering women. WHEN: Monday, 10:00am-11:30am. **WHERE:** Sunset No-Al Club, 5809 Gibbons Dr, Carmichael.

SO THIS IS IT GROUP ~ Needs Support! ~ WHEN: Thursday at 8:00pm **WHERE:** Advent Lutheran Church, 5901 San Juan Ave, Citrus Heights.

STUDENTS OF SOBRIETY ~ Needs Support! ~ WHEN: Saturday at 9:00pm **WHERE:** American River Alano Club 9346 Greenback Ln, Ste. 8, Orangevale. *A safe place for fellowship, late on Saturday night.*

GROUP THREE NCCAA SUMMER CONFERENCE HOST COMMITTEE MEETINGS ~Volunteers Needed ~ WHEN: Sundays - 3/5, 4/2, 5/7 and 6/4, 12:00 noon. **WHERE:** 9940 Business Park Drive, Sacramento.

Newcastle Friday Night Meeting of Alcoholics Anonymous ~ Invites you to join us! ~ WHEN: Friday, 7:00-8:15pm. **WHERE:** Newcastle United Methodist Church - 410 Buena Vista Ave. (off Old State Hwy) Speaker and Discussion.

ROUND TABLE AA GROUP ~ Needs Support! WHEN: Monday, 8-9pm. **WHERE:** 7850 Watt Ave, Antelope., St. Andrew's Episcopal Church. OPEN, one hour, non-smoking, wheelchair accessible meeting.

WOMEN FOR WOMEN GROUP ~ Come Join Us! ~ WHEN: Wednesday Mornings from 8:00am-9:00am **WHERE:** St. Francis Church, 11438 Fair Oaks Blvd, Fair Oaks. Open 60 minute meeting just for women every Wednesday. Easy parking, easy access and lots of fellowship.

SPECIAL EVENTS**APRIL**

22nd ANNUAL SUTTER BUTTES ROUNDUP ~ WHEN: April 1st 11:00am-8:30pm **WHERE:** Yuba-Sutter Fairgrounds (Franklin Hall) 442 Franklin Ave, Yuba City. **Pre-registration \$10, \$12 at the door**

37th ANNUAL NORTHERN CALIFORNIA WOMAN TO WOMAN CONFERENCE ~ WHEN: April 28th-30th. **WHERE:** 5321 Date Ave, Sacramento (Crowne Plaza Hotel)

DAILY ATTITUDE ADJUSTMENT 31ST ANNIVERSARY POTLUCK/ SPEAKER MEETING ~ WHEN: April 1st 5:00pm-10:00pm **WHERE:** 6826 Hazel Ave, Orangevale (Orangevale Community Center)

NORTH SACRAMENTO GROUP SPAGHETTI FEED AND SPEAKER MEETING ~ WHEN: 4/1, 6:00pm-8:00pm. **WHERE:** 2330 Fairfield St,

SPECIAL EVENTS Cont'd

APRIL

SACYPAA presents LIP SYNC BATTLE and SPEAKER MEETING~

WHEN: April 22nd **WHERE:** St. Mark's Methodist Church 2391 St. Mark's Way, Sacramento. Speaker meeting at 7:00pm. Lip Sync Event at 8:00pm. \$5 suggested donation

SUPPORT NCCAA EVENT ~ WHEN: April 8th **WHERE:** North Highlands Community Center 6040 Watt Ave, North Highlands. Taco Bar will open at 6:00pm, Speaker: Cavi C. of Sacramento at 8:00pm. [\\$10 donation at the door](#)

MAY

NORTH SACRAMENTO GROUP 73rd ANNIVERSARY BARBECUE AND SPEAKER MEETING ~ WHEN: May 6th 4:30pm-8:00pm. **WHERE:** 2330 Fairfield St, Sacramento

45th ANNUAL HOSPITAL AND INSTITUTION CONFERENCE ~ WHEN: May 5th, 5pm- May 7th, 12 noon. **WHERE:** 770 Montague Expressway, San Jose. www.handinorcal.org/Events/Events.php

ROSEVILLE 5TH STREET FELLOWSHIP OF AA 26TH ANNIVERSARY CELEBRATION ~ WHEN: May 6th 6:00pm-10:00pm **WHERE:** (Johnson Hall) 800 All American City Blvd, Roseville. Dessert potluck at 6pm, Speaker meeting at 8pm, dance and raffle to following meeting.

TRADITIONAL GROUP'S 42ND ANNIVERSARY PICNIC ~ WHEN: May 21st, 10:00am-4:00pm **WHERE:** Rusch Park in Citrus Heights. *Hamburgers & Hot Dogs will be provided. Bring drinks and a side dish to share*

the WEDNESDAY NIGHT FOLSOM GROUP of ALCOHOLICS ANONYMOUS invites you to join their 64TH ANNUAL CELEBRATION ~ WHEN: May 10th, 7:15pm-9:00pm **WHERE:** 320 Montrose Dr, Folsom (Mt. Olive Lutheran Church)

SOUTHPORT SERENITY GROUP of ALCOHOLICS ANONYMOUS 20TH ANNIVERSARY POTLUCK/SPEAKER MEETING ~ WHEN: May 19th 6:30pm potluck, 7:30pm speaker meeting **WHERE:** 1275 Starboard Dr, West Sacramento (Center for Spiritual Awareness)

JUNE

28TH ANNUAL EDI WOMEN'S RETREAT ~ WHEN: June 2nd-4th. **WHERE:** Galilee Episcopal Camp and Retreat Center (Camp Galilee) 1776 US-50, Glenbrook, NV 89413

SEPTEMBER

2017 NATIONAL AA TECHNOLOGY WORKSHOP ~ WHEN: September 8th-10th **WHERE:** Hilton Sacramento Arden West Hotel 2200 Harvard St, Sacramento

OCTOBER

2017 CENTRAL FOOTHILL WOMEN'S CONFERENCE ~ WHEN: October 7th **WHERE:** American Legion Hall, Sutter Creek

Selfishness

So our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn't think so. Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible.

- *Big Book*, p 62



Two Ounces a Day

After a little sobriety, some of the craziness of the drinking days gets to be funny. It feels good to laugh about it, but it's bittersweet humor with an edge of pathos and lunacy not far below the surface. When someone bristles at the word "insanity" in Step Two, I remember that I did, too - and I think of this episode.

A few months before I stopped drinking I took my first physical in years. I took a bunch of tests, and my liver put some bad numbers on the board.

Did I drink? the doctor asked.

"Some," I said.

He said he wanted me to limit myself to two ounces a day or risk serious damage to my liver. "Would that be a problem?"

"No problem," I said.

I didn't want to blow out my liver, but I didn't want to give up martinis, either. So I tiptoed up the edge of the limit the doctor had set: Each day I took my bottle of gin and my measuring cup and poured precisely two ounces for my single, skimpy martini. I felt deprived, of course, but kept it up for a week.

Then I got to thinking. The doctor said two ounces of alcohol, and this gin was only eighty proof - just forty percent alcohol - so I was shortchanging myself. I did the math. To get two ounces of real alcohol, I'd have to drink five ounces of gin!

So I measured out that more generous serving for another week or so, but still felt cramped. I was a busy guy, after all, and didn't have time to fool with measuring cups. What the doctor really meant, I decided, was to limit myself to two drinks a day. So I forgot about the measuring cup and made myself two martinis a day - in a glass the size of a goldfish bowl.

Of course, even that discipline soon was abandoned.

My mental gyrations made perfect sense at the time, but a little sobriety made me see the bizarre episode for what it was: A doctor told me I faced serious health problems because I was drinking too much, and I responded by playing games.

If he had told me that chocolate bars were causing a life-threatening problem, I wouldn't merely have cut back; I would have quit, that day, because chocolate bars weren't that important to me. And that's the insanity: Alcohol had become important enough to me to die for.

Excerpt from our featured Book of the Month:

Step by Step: Real AAs, Real Recovery

G.S., Royal Oak, Michigan

- July 1993

AA UNITY

Johnny, 21 yrs Hal, 18 yrs
 Kristin, 10 yrs Steve, 8 yrs

BY THE GRACE

Yvonne W., 43 yrs Kathy C., 15 yrs

CITRUS HEIGHTS GROUP

Jim L., 41 yrs Jerry W., 28 yrs
 Randy C., 26 yrs Cliff L., 20 yrs
 Will D., 3 yrs Mark J., 3 yrs

CORDOVA SERENITY SEEKERS

Yvonne W., 43 yrs John M., 21 yrs

COURAGE TO CHANGE

Valorie B., 27 yrs Linda Z., 4 yrs
 Sydney L., 4 yrs

DAILY ATTITUDE ADJUSTMENTS

Steve M., 29 yrs Diane R., 26 yrs
 Mike C., 16 yrs Sheila N., 12 yrs
 Susie W., 9 yrs Jonathan J., 7 yrs
 Tim H., 6 yrs Will D., 3 yrs
 Michael R., 1 yr Kaary O., 1 yr
 Bill G., 1 yr

DAVIS HOPE GROUP

Connie N., 41 yrs Trent W., 39 yrs
 Tony A., 33 yrs Steve B., 32 yrs
 Janet A., 31 yrs Kristen P., 26 yrs
 Lara, 21 yrs Steve Z., 20 yrs
 Reggie L., 18 yrs Debbie, 18 yrs
 Judy P., 18 yrs Bupe M., 16 yrs
 Karla G., 15 yrs Penny, 15 yrs
 Melaine C., 10 yrs Julie B., 9 yrs
 Lars C., 9 yrs Paula D., 9 yrs
 Barb B., 8 yrs David B., 8 yrs
 Anthony A., 8 yrs David M., 5 yrs
 Maureen T., 5 yrs John C., 3 yrs
 Lynne C., 1 yr Ave., 1yr

DAVIS FRIDAY NOON GROUP

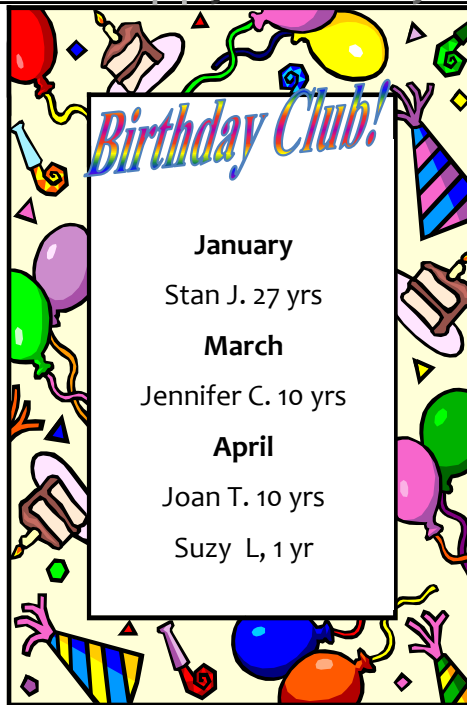
Norm B., 50 yrs Connie N., 41 yrs
 Trent W., 39 yrs Vicki R., 34 yrs
 Kirsten, 26 yrs Debbie G., 18 yrs
 JD B., 17 yrs Sheila H., 16 yrs
 Will R., 11 yrs David L., 8 yrs
 Tanye T., 9 yrs Bindi, 5 yrs
 Lynne C., 1 yr

EAST YOLO

Captain Bob., 35 yrs Kelly H., 14 yrs
 Debbie C., 13 yrs Roger Mc., 11 yrs
 Barbara B., 10 yrs Charlie S., 10 yrs
 Wendy H., 8 yrs Phillippe, 7 yrs
 Deb G., 6 yrs Nicky P., 6 yrs
 Brandy L., 5 yrs Joey S., 3 yrs
 Kim R., 2 yrs

ELK GROVE FELLOWSHIP

Mel P., 35 yrs Buddy F., 33 yrs
 Alan L., 31 yrs Marty F., 28 yrs
 Lynn F., 20 yrs Pete S., 18 yrs



GROUP THREE

Larry J., 40 yrs Mike R., 40 yrs
 Zoe K., 38 yrs Donna M., 37 yrs
 Marion D., 35 yrs John S., 35 yrs
 Kate H., 33 yrs Cindy P., 33 yrs
 Cindy F., 31 yrs Candi E., 29 yrs
 John B-C., 28 yrs Toby T., 27 yrs
 Cathi A., 26 yrs Shawn D., 26 yrs
 Vicki T., 26 yrs Cheryl H., 25 yrs
 Greg H., 25 yrs Chris J., 25 yrs
 Mike M., 24 yrs Glen S., 23 yrs
 Susanne B., 21 yrs Mary F., 20 yrs
 Diane H., 20 yrs Tanya P., 19 yrs
 Mark P., 16 yrs Victoria S., 16 yrs
 Colleen V., 15 yrs Mike M., 14 yrs
 John C., 13 yrs Robby K., 13 yrs
 Jenna P., 12 yrs Hank R., 11 yrs
 Claudia V., 11 yrs Barbara B., 10 yrs
 Colby R., 10 yrs Joan T., 10 yrs
 Carolyn W., 10 yrs Art H., 9 yrs
 Christina R., 9 yrs Nikki S., 9 yrs
 Duane B., 8 yrs Martin C., 8 yrs
 Vera F., 8 yrs David H., 8 yrs
 Theresa H., 8 yrs Dorothy J., 8 yrs
 Ginger K., 8 yrs Nicholas L., 8 yrs
 Amie M., 8 yrs Cori R., 8 yrs
 John R., 8 yrs John S., 8 yrs
 Mark T., 8 yrs Don W., 8 yrs
 Zacky, 8 yrs Andrea A., 7 yrs
 Erin D., 7 yrs Sue G., 7 yrs
 Frank L., 7 yrs Allen M., 7 yrs
 Margaret M., 7 yrs Kent O., 7 yrs
 David P., 7 yrs Phillip T., 7 yrs
 Aaron W., 7 yrs John W., 7 yrs
 Ronald B., 6 yrs Mike C., 6 yrs
 Tom G., 6 yrs Chruck H., 6 yrs
 Mary H., 6 yrs Ashley L., 6 yrs
 Terry M., 6 yrs Pam, 6 yrs
 Trevor S., 6 yrs Jeff T., 6 yrs
 Jason V., 6 yrs Emily B., 5 yrs
 Dori J., 5 yrs James K., 5 yrs
 Heather R., 5 yrs Gene S., 5 yrs
 Kevin S., 5 yrs Marcella, 5 yrs
 Emma B., 4 yrs Nina F., 4 yrs
 John M., 4 yrs Cathi M., 4 yrs
 Jill P., 4 yrs Kurtin P., 3 yrs
 Gerald R., 3 yrs Kirish S., 3 yrs
 Scott, 3 yrs Sabrina V., 3 yrs
 Brent B., 2 yrs Sean H., 2 yrs
 Bud S., 2 yrs Scott Y., 2 yrs
 Gregory D., 1 yr Ron D., 1 yr
 Chris F., 1 yr Alex G., 1 yr
 Stan J., 1 yr Scott W., 1 yr

ELK GROVE FELLOWSHIP Con't

Andy E., 11 yrs Jeff S., 11 yrs
 Roger Mc., 11 yrs Lisa W., 9 yrs
 Kiselle S., 4 yrs Laurelle M., 3 yrs
 Anthony A., 2 yrs Gary P., 2 yrs
 Ron H., 1 yr Ryan D., 1 yr
 Yvonne N., 1 yr

GALT

Patty W., 32 yrs Buck, 19 yrs

GIBBONS NOON

Maurine B., 51 yrs Bob K., 35 yrs
 Armon C., 30 yrs Valorie B., 27 yrs
 Sylvia S., 22 yrs Robin H., 20 yrs
 Trudy S., 10 yrs Dolly L., 10 yrs
 Jill B., 9 yrs Tom H., 8 yrs
 John R., 4 yrs Cherie C., 4 yrs
 Cindy T., 3 yrs Avery A., 2 yrs
 Karin M., 1 yr Eric B., 1 yr

GREENHAVEN GROUP

Gay W., 14 yrs Debra G., 6 yrs
 Jesus C., 6 yrs Alex T., 2 yrs
 Pamela T., 2 yrs Jasmine, 2 yrs
 Paul Z., 1 yr

GROUP ONE

Linda M., 25 yrs Serrena Y., 23 yrs
 Sharon, 12 yrs Tracey K., 9 yrs
 Wendy H., 3 yrs Alyssa D., 3 yrs
 Elaine H., 3 yrs Kevin H., 2 yrs
 Vincent O., 2 yrs Jennie P., 2 yrs
 Casey S., 2 yrs Shayla P., 2 yrs
 Phil S., 2 yrs Daniel M., 1 yr
 Topher, 1 yr Meme, 1 yr

HAPPY DESTINY GROUP

Patti B., 23 yrs Sara M., 2 yrs

INTO ACTION GROUP

Kirsten, 5 yrs Allyson, 4 yrs
Ricky, 4 yrs Cheri, 3 yrs

NEW HOPE GROUP

Jeff N., 36 yrs Jeff C., 3 yrs
Karen J., 3 yrs Will D., 3 yrs
Moique M., 1 yr Sonja E., 1 yr

OAK TREE FELLOWSHIP

GiGi L., 40 yrs Tom L., 33 yrs
Allen L., 31 yrs Kurt VG., 29 yrs
Susannah L., 28 yrs Michelle K., 9 yrs
Virginia M., 7 yrs Jesus C., 6 yrs
Catherine M., 3 yrs Eric A., 3 yrs
Casey, 2 yrs John B., 1 yr
Crystal O., 1 yr Paul Z., 1 yr
Craig G., 1 yr

ORANGEVALE OPEN GROUP

Jackie, 7 yrs John A., 5 yrs

RIO LINDA

Trish M., 23yrs Mark F., 20 yrs
Millie F., 20 yrs Linda B., 9 yrs
Jake F., 9 yrs George E. 6 yrs
Gloria G., 4 yrs Patrick W. 4 yrs
Christina E.B. 3 yrs Chris J., 2 yrs
Louise E., 1 yr Rick E., 1 yr
Pamela B., 1 yr Jocelyn C., 1 yr
Debby H., 1 yr Jim H., 1 yr

ROCKLIN RACETRACK

Jerry J., 38 yrs Laudon R., 31 yrs
Jenna P., 12 yrs Donna B., 11 yrs
Becky B., 8 yrs Karla S., 6 yrs
Scott S., 2 yrs Tori Y., 2 yrs
Joshua V., 1 yr Gary E., 1 yr

ROSEVILLE TUES NIGHT GROUP

Bud B., 43 yrs Yvonne W., 43 yrs
Don S., 33 yrs Barney P., 29 yrs
Jenn G., 29 yrs Linda Q., 27 yrs
Diane R., 26 yrs Sherman S., 25 yrs
Robin H., 20 yrs Cliff L., 20 yrs
Chris T., 18 yrs Joe P., 14 yrs
Ron O., 14 yrs Teri S., 13 yrs
Harold P., 13 yrs Melissa B., 11 yrs
Abel R., 10 yrs Christine S., 9 yrs
Malissa, 9 yrs Chris W., 9 yrs
Colleen V., 9 yrs Candy G., 6 yrs
Stacey D., 6 yrs Dave W., 3 yrs
Pam S., 2 yrs Jerry B., 2 yrs
Mark P., 2 yrs Scott S., 2 yrs
Larry S., 2 yrs Josie C., 2 yrs
Karen J., 2 yrs Vicki H., 1 yr
Denise S., 1 yr Bob N., 1 yr
Scott K., 1 yr Tommy B., 1 yr
Kait B., 1 yr Mario Q., 1 yr

ROUND TABLE

Robin H., 20 yrs

SERENITY BOOK STUDY

Kathy A., 26 yrs Bonnie R., 3 yrs
Jennifer 2 yrs

SHARING AND CARING

Alicia H., 14 yrs Leah M., 9 yrs
Brian V., 6 yrs Laurelle M., 3 yrs
David K., 2 yrs Joe S., 1 yr

Mike G., 1 yr

STEP TWO MEN'S GROUP

George T., 35 yrs Bill B., 34 yrs
Terry P., 24 yrs John M., 4 yrs

SUNRISE-SUNSET MEETING

Dixie T., 39 yrs Robin H., 20 yrs
Trish M., 12 yrs Brian V., 6 yrs

TRADITIONAL

Daniel R., 31 yrs Mark B., 26 yrs
Chris J., 25 yrs Troy M., 24 yrs
Bruce B., 22 yrs Gerald B., 21 yrs
Mary M., 15 yrs Mayola W., 12 yrs
Dawn S., 11 yrs Ted L., 7 yrs
Elena S., 5 yrs Angela D., 5 yrs
Scott W., 3 yrs Jesse T., 3 yrs
David K., 2 yrs Justin K., 2 yrs
Suzy L., 1 yr Karen F., 1 yr
Paul O., 1 yr Cassandra H., 1 yr
Teresa C., 1 yr Bruce K., 1 yr

WHITE FLAG

Roy B., 10 yrs Joe B., 2 yrs
Kevin T., 1 yr

WINTERS KITCHEN TABLE

Ben L., 33 yrs Keri M., 28 yrs

Dewey B., 5 yrs

WOODLAND GROUP

Ginger R., 42 yrs Journey B., 27 yrs
Steve L., 22 yrs Cass S., 21 yrs
Ryan E., 6 yrs Jesse F., 3 yrs
Rod C., 3 yrs Eric J., 2 yrs
Santos V., 1 yr Gigi D., 1 yr

WOODLAND TRADITIONAL

Norm B. 50 yrs Bill P. 42 yrs
Jessie M., 39 yrs Lee R., 34 yrs
Jim R., 32 yrs Dave S., 29 yrs
Lisa V., 17 yrs Mike G., 11 yrs
Jauaya K., 6 yrs Eric J., 1 yr
Jordon D., 1 yr Christina R., 1 yr
Edward R., 1 yr Ludora T., 1 yr
Camilo J., 1 yr

LATE SUBMISSIONS (MARCH)

SHARING AND CARING

Valerie K., 35 yrs John L., 30 yrs
Phil L., 27 yrs Gene B., 25 yrs
Cynthia H., 19 yrs Grayson L., 7 yrs
Tom O., 3 yrs Greg E., 2 yrs
Tracie D., 2 yrs Adam D., 1 yr
Ana D., 1 yr Amber H., 1 yr
Angie F., 1 yr Geordie H., 1 yr
Jennifer, 1 yr Jan M., 1 yr
Kristy C., 1 yr Robert H., 1 yr
Sarah M., 1 yr

April Birthdays
Total years!!
5,163



The Fourth Step

“Made a searching and fearless moral inventory of ourselves.”

“Once we have a complete willingness to take inventory, and exert ourselves to do the job thoroughly, a wonderful light falls upon this foggy scene. As we persist, a brand-new kind of confidence is born, and the sense of relief at finally facing ourselves is indescribable. These are the first fruits of Step Four.”

- Twelve & Twelve, page 50 -

The Fourth Tradition

Fourth Tradition (Long Form)

“With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the Trustees of the General Service Board. On such issues our common welfare is paramount.”

From the Big Book pg.563

The Fourth Concept

The Fourth Concept (Short Form)

“At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.”

From the Big Book pg.574

E L E E N L Y E D E R E T N E V E N T N
 D N N N I G L Y E R S T W H I L E S O T
 I T D C E N T E T H N I C P F A K I A O
 T I O O N D C H A E I G H T R I T Y L I
 E N R U R H A M M R K L Y N R I D K C S
 D E S R E S X S I W X V E C D A E E O E
 X R V A D V E U T S A S I E W V H V H C
 O S T G I U O M S U T M T X S W S E O N
 K U W E V O L V E L O S N C A R I N L E
 T V A M J I I J Y N T W I A I S L T I I
 W C R V U R T O C A T O U X V T B K C R
 H V A U W U S E L A P S E D E D A X R E
 E A R L I E S T U W S T A X V R T R E P
 D E D U L C X E A V N E V E L E S K R X
 E D U C K V A K S Y L E V I T C E F F E

**WORD SEARCH Step
 Four -Tradition Four &
 Concept Four**

- | | |
|-------------|--------------|
| EACH | EIGHT |
| EVENT | EXISTS |
| EDITED | ELEVEN |
| EVOLVE | ETHNIC |
| ELAPSED | ENTERED |
| EDITION | ERRATIC |
| EXACTLY | EARLIEST |
| EARNESTLY | EXCLUDED |
| ECONOMIC | ENCOURAGE |
| ERSTWHILE | ESTIMATED |
| ESTABLISHED | EFFECTIVELY |
| EXPERIENCES | ENDORSEMENTS |

WORDSMITHY

- self-centered fear -

"...fear that we would lose something we already possessed or would fail to get something we demanded."



From the Big Book dictionary

Quote of the Day

"Life in contented sobriety seems to be a matter of looking at the reality of myself in my attitudes, actions, and character rather than trying to run away from it."

"The Reality of Myself," Tasmania, Australia, September 2008 AA Grapevine

5 Faithful Fivers 5

86 Members !

Register with Central Office as a Faithful Fiver member so you'll receive a charitable contribution receipt at the end of the year.

You can donate in any of the following ways:

- a) Mail a check every month to: CCFAA Faithful Fivers, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827, OR
- b) Bring a check or cash into the office every month, OR
- c) Try the Preferred Method! Use your online banking bill pay to set up a recurring payment:

Payee: CCFAA Faithful Fivers

Central Office address, as above

Account number: Your Name

As Bill Sees It

Page 154

"It does not seem to pay to argue with 'slippers' about the proper method of getting dry. After all, why should people who are drinking tell people who are dry how it should be done?"

"Just kid the boys along - ask them if they are having fun. If they are too noisy or troublesome, amiably keep out of their way."

(Letter, 1942)

**FAITHFUL FIVERS ARE
 GRATEFUL GIVERS**

I. Opening

A. Call to order at 3:00 PM
 D. CCFAA Preamble read by Frank D
 G. Birthdays – 0

B. Open with Serenity Prayer
 E. 7th Tradition -

C. 12 Traditions read by Jill J
 F. Delegate Check-in/Group Announcements

II. Preliminary Business:**A. Delegate Check-in:**

Total Delegates – revised 45

Quorum met: Yes

Group Name	Delegate	Last Attended	Group Name	Delegate	Last Attended
AA Unity Group	Steve M	3/18/2017	Into Action Group Foresthill	Absent	10/15/2016
All Tribes	Bobby R	3/18/2017	Lincoln Sisters in Sobriety	Mari G	3/18/2017
Antelope Women's Group	Absent	8/20/2016	M.L.K.A.A. Group	Absent	2/18/2017
As Bill Sees It Men's Group	Absent	10/15/2016	Midtown Solutions	Bill D	2/18/2017
Auburn Fellowship	Sharon D	3/18/2017	MNNYPAA	Aaron B	3/18/2017
Babes in Recovery	Absent	2/18/2017	Natomas Group	Absent	8/20/2016
Back to Basics Rocklin	Absent	1/21/2017	New Hope Group	Adam J	3/18/2017
Been There Done That	Absent	1/21/2017	North Hall Group	Absent	2/18/2017
By The Grace	Yvonne W	3/18/2017	North Sacramento Group	Frank D	3/18/2017
Capital City Men's Group	Absent	12/17/2016	Oak Park Fellowship	Jeremy M	3/18/2017
Cathedral Group	Kim M	3/18/2017	Oak Tree Fellowship	Absent	8/20/2016
Cenacle Group	Chelsea S	3/18/2017	Orangevale Open Group	Richard D	3/18/2017
Center Parkway AA Book Study	Absent	2/18/2017	Rio Linda Fellowship	Michael R	2/18/2017
Citrus Heights Group	Steve R	3/18/2017	Rocklin Fellowship	Aunna M	3/18/2017
Cordova Good Morning Group	Absent	12/17/2016	Rocklin Racetrack Group	Dave W	3/18/2017
Cordova Lunch Bunch	Steve S	3/18/2017	Roseville Eastside	Absent	1/21/2017
Cordova Serenity Seekers	Bob H	2/18/2017	Roseville 5 th Street Fellowship	Dan O	3/18/2017
Cordova Thursday Night Group	Jimmy	3/18/2017	Roseville Tuesday Night Group	Marilyn D	3/18/2017
Creekside	Absent	12/17/2016	SACYPAA	Terren G	3/18/2017
Daily Attitude Adjustment – Fair Oaks	Wendy S	3/18/2017	Sacramento Spring Fling	Absent	12/17/2016
Davis Hope Group	Abe J	3/18/2017	Saturday Morning Reflections	Absent	8/20/2016
Davis Young People's	Sophie B	3/18/2017	Serenity Book and Study Group	Dlorah B	3/18/2017
Destiny Group	Absent	2/18/2017	Sharing and Caring	Emily L	3/18/2017
Downtown Young People's	Carlos A	3/18/2017	Sixty Minute Solution	Absent	2/18/2017
Dubious Luxury	Absent	2/18/2017	Southport Serenity	KathrynM	3/18/2017
East Yolo Fellowship	Ron B	3/18/2017	Sunday Morning Serenity	Roger M	3/18/2017
Elk Grove Fellowship	Steve S	3/18/2017	Sunrise Sunset Gibbons	Absent	10/15/2016
Fair Oaks Beginners	Alan	3/18/2017	Sunset Saturday Group	Absent	4/16/2016
Folsom Big Book	Absent	2/18/2017	Tahoe Park Group	Absent	4/16/2016
Folsom Saturday Morning Group	Jill J	3/18/2017	Thursday Night Men's Group	David B	3/18/2017
Fourth Dimension Group	Absent	2/18/2017	Too Young Group	Absent	9/17/2016
Freedom Group	Absent	11/19/2016	Traditional Group	Michael C	3/18/2017
Friday Night Free Thinkers	Absent	1/21/2017	Triangle Group	Absent	2/18/2017
Galt Fellowship	Absent	2/18/2017	Tuesday Cordova KISS Group	Stan J	3/18/2017
Gibbons Noon	Howard H	3/18/2017	Tuesday Night Beginners	Absent	2/18/2017
Girls Night Out	Absent	2/18/2017	We Care Group	Tricia C	3/18/2017
Good For Nothing	Sam C	3/18/2017	We Surrender Men's Group	HowardH	3/18/2017
Greenhaven Group	Absent	10/15/2016	Welcome Group	Dreigh P	3/18/2017
Group One	Jeff S	3/18/2017	What a Way to Start a Weekend Women	Sharon H	3/18/2017
Group Three	Joan T	3/18/2017	White Flag Men's Group	Charlie S	3/18/2017
Happy Hour Group of AA	Andre B	3/18/2017	Willing Women	Sharon Z	3/18/2017
Into Action – Citrus Heights	Absent	2/18/2017	Woodland Group	Absent	2/18/2017

B. Attending Elected Positions

CCFAA Chair	Kathryn C	Present	NCCAA Liaison	Roger M	Present
Assistant Chair	Amy T	Present	Birthdays/Faithful Fivers Chair	Wendy S	Present
Treasurer	John G	Present	OOB Chair	Carlos A	Present
Recording Secretary	Karen Y	Present	OOB Member	Dreigh P	Present
TeleService Chair	Al E	Present	OOB Member	Dlorah B	Present
By Laws & Procedures Chair	Kim M	Present	OOB Member	David B	Present
PI/CPC Chair	Joan T	Present	Picnic Chair	Betty K	Absent
H&I Liaison	Terri N	Absent	Special Events Chair	Vacant	
Special Needs Chair	Erik C	Present			

C. New Groups and Delegates –**New Groups-****New Delegates-**

Davis Hope Group	Abe J	█ SACYPAA Alt	Will D
Lincoln Sisters in Sobriety	Mari G	We Surrender Men's Group	Howard H

III. Approval of Minutes

Motion to accept February minutes was made and passed with corrections. IV.F, when referring to the Deaf community, the 'd' should be capitalized.

IV. Trusted Servant Reports**A. Chairperson Report – Kathryn C**

Welcome to the February CCF Delegate's meeting!

As we move into the year, I would like to remind all delegates that you can contact me with questions, comments, concerns, or items to be put on the agenda. My contact information is below.

As the weather turns warmer, please continue to post your events in the By The Way! It is a great resource to stay busy and find fellowship!

We are still looking for a Special Events Chair!

Thank you all for your dedication and service.

Today is a great day to be sober!

Kathryn C

CCF Chairperson, 2016

"...principles before personalities."

B. Assistant Chair/CNIA Liaison – Amy T

There were over 1,000 attendees to PRAASA.

C. Office Operations Committee – Carlos A

The meeting was cancelled as a quorum was not met.

D. Office Manager's Report – Rae W

March 14, 2017

- A. We have restocked our AAWS literature after 8 weeks of heavy sales volume. We have AA Grapevine literature on order.
- B. Our insurance broker is behind in the processing of our Certificate of Insurance (COI) renewals and requests. Our policy has been renewed and COI's will be distributed to us before the end of our enrollment period which is March 30, 2017.
- C. If your group or meeting needs insurance or you need to renew your COI, please do so by March 30, 2017. You can find details under the Resources Tab on our website at www.aasacramento.org.
- D. Thank you to Kathy P. and Cathy N. for your service at Central Office. You will be missed.
And all is well....Rae W.

E. A. Treasurer's Report –John G

In February we had a small net negative income, but year to date net income remains positive. Common area maintenance costs or "CAM" has gone up relative to budget expectations, which means rental cost could conceivably be over our Initial budget.

F. Special Needs Chairperson's Report – Erik C

Accessible meetings: The issue is that some meetings listed as accessible have a bathroom that is not actually accessible. Maybe we could list them as partially accessible in the directory. Jon notes you can sort meetings on aasacramento.org for whether they are wheelchair accessible and get one, long list.

Special Needs Committee voted to fund ASL interpreter for NCAC Meeting: The motion is \$25 per meeting. There was some discussion of funding it long-term and how to fund it long-term. Motion passed.

Special Needs Committee will have tables at the Auburn Unity Day on Saturday June 17, 11am-5pm at church in Auburn, and Sacramento Unity Day, Saturday June 3 at Discovery Park. Time not determined yet.

CCF Special Needs Requests: Six guys and two women stepped up from Erik's home group. Right now it's okay.

Lauren: are there closed web meetings? There are Russian-speaking people (alcoholics or potential alcoholics) she interacts with in her employment. Jon brings up Remote Communities and the work the CCF PI/CPC committee is doing with the Russian speaking community.

In Gratitude,

Erik

G. Teleservice Chairperson's Report – Al E

Submitted by: Al E. Teleservice Chair & Pete B - Teleservice Co-Chair

Date submitted: 3/12/17

Website : <http://aasacramento.org/service-opportunities/teleservice/>

Shift Call Numbers: Feb 2017 (as of 3/12/17)

12 Step = 46 YTD 89

Info = 238 532

Total = 284 621

New Business:

- Always a need for dedicated volunteers to provide Step Work
 - Working to Integrate Special Needs & Additional Languages
 - Currently have all shifts covered & we have ~ 10 potential volunteers in queue
 - A Great Winter Spring Teleservice Workshop occurred on March 4th (Updates from Al)
 - **Teleservice Survey sent to ~40 volunteers (Shift Coordinators and TS Volunteers)**
- Survey feedback Attached Page #2 - Chair, Co-Chair will review and address back out to the Teleservice Team**
- Spring Fling Update 13 sign ups & lots of great feedback at the Teleservice table.
 - **and ...** Looking forward to same setup and fun August Picnic

Next CCFAA Holiday Closure:

Cesar Chavez Day Friday 3/31/17 - One shift covered as of 3/12/17

Regular Business:

Weekly Meetings with Chair, Co-Chair & Orientation Coordinator as check in

We need dedicated volunteers to provide Step Work

We send updates bi-weekly Sunday: Teleservice updates sent to 32 Shift Volunteers + 7 Shift Coordinators and CCFAA Office. These bi-weekly updates include Updated Teleservice (TS) Flyer, Shift, Sub and 12 Step Lists. CCFAA Teleservice Web page is updated with open shifts. Teleservice Volunteer Online Form submission works very well, very grateful for that!

H. By-Laws & Procedures Chairperson's Report –Vacant

No Report

I.PI/CPC – Joan T

The month of March was off to a great start with an invitation to the Russian Community Breakfast March 7th. Joan and Jon attended. Ron had another comment and was not available to attend. The Committee has put into action what we learned at the workshop last month. Working with the Courts, Mike formulated a letter to the Judges, Joan wrote a presentation to the Judges, Marshall wrote a letter to Chief Probation Officer in Charge of Release to see if we could be of service in that capacity. I'm very happy about the direction the committee is headed. If all goes well we will help a lot of still suffering alcoholics.

In Love and Service

Joan Terrell- Chairperson

J. Birthday Club/Faithful Fivers – Wendy S

Spread the message of the Birthday Club and Faithful Fivers to your home groups. The Birthday Club is \$1 per year of sobriety and you get your name in the ByTheWay. The Faithful Fivers is \$5, \$10 or whatever you deem affordable, given monthly to support the Central California Fellowship in caring the message to alcoholics.

V. Reports – Special Committees, Delegates, Liaisons & Invited Guests –**A. NCCAA Liaison – Roger**

- Sacramento will be hosting the 70th Anniversary Summer Conference June 9, 10 & 11, 2017 at McClellan Park. The Planning Committee Meetings are held the first Sunday of the month at Group Three at noon. Please come out and be of service. There are several positions still available and many volunteers are needed.
- There will be a Speaker Meeting and Taco Bar April 8, 2017 at the North Highlands Community Center, 6040 Watt Ave, North Highlands; Taco Bar at 6PM and Speaker Meeting at 8PM. Cavi C will be the speaker. \$10 donation.

B. Picnic Committee- Betty K

1. The first Picnic Committee Meeting will be: April 14th, 6:15pm, At Central Office

2. Service Positions remaining "open":

- | | |
|------------------------|-------------------|
| ● Softball Coordinator | Food Ticket Sales |
| ● Raffle Ticket Sales | Pull Tabs Sales |
| ● Kids Games | Bingo |
| ● Cake Walk & Pastries | Crafts & Sales |
| ● Book Sales | |

3. Theme/Logo Contest: 2017 CCF PICNIC

The Group or person who submits the "selected" theme/logo idea for this year's picnic will receive a \$50 gift card. Contest ends: May 19th.

A. Hospitals & Institutions – Absent, reported by Roger M

- The H&I Committee Meeting is held the 3rd Thursday at Denny's (Howe Ave & Hwy 50) at 6:00 pm. The 45th H&I Conference will be held in San Jose on May 5, 6 & 7, 2017. Information is available at handinorcal.org.
- In November 2016 H&I proposed to distribute excess funds in one of three ways. In February at the General Committee Meeting, it was voted 51 ayes – 6 nays to distribute \$50,000 to the intergroup offices of northern California.
- People are needed to facilitate meetings in institutions. See your group's H&I Rep or contact Roger M @916/271-3019.

B. District 23 Liaison- Carlos

No report

C. Special Events Chair – Vacant

No report

VI. Old Business –

Special Events Chair position remains vacant for the third month. If anyone is interested, please contact the CCF Chair.

VII. New Business –

The By-Laws and Operating Procedures Chair has been assumed as resigned as she missed three meetings. Kim M was re-elected as By-Laws and Operating Procedures Chair.

III. Closing – Meeting closed at 4:29 PM

Respectfully submitted, Karen Y, Recording Secretary



Courage and Prudence

When fear persisted, we knew it for what it was, and we became able to handle it. We began to see each adversity as a God-given opportunity to develop the kind of courage which is born of humility, rather than of bravado.

~~~

Prudence is a workable middle ground, a channel of clear sailing between the obstacles of fear on the one side and of recklessness on the other. Prudence in practice creates a definite climate, the only climate in which harmony, effectiveness, and consistent spiritual progress can be achieved.

~~~

"Prudence is rational concern without worry."

"My emotional bottom came in sobriety ... I actually had to sit and feel all those feelings I had worked so hard to drown out with alcohol."

"Attitude Adjustment," New York, New York, January 2006

Beginner's Book: Getting and Staying Sober in AA

The Traditions

"The Traditions are neither rules, regulations, nor laws. No sanctions or punishments can be invoked for their infractions. Perhaps in no other area of society would these principles succeed. Yet in this Fellowship of alcoholics, the unenforceable Traditions carry a power greater than that of law."

	Feb 17	Jan - Feb 17	YTD Budget
Ordinary Income/Expense			
Income			
4020 · Literature Sales	6,808.53	14,969.59	12,166.66
4025 · In-House Publication Sales	1,362.09	2,540.51	2,583.32
4035 · Medallion Sales	3,683.07	8,088.37	7,000.00
4100 · Group Contributions	5,668.29	17,958.98	16,333.32
4110 · Anonymous Contribution	5.00	5.00	50.00
4120 · Birthday Contributions	56.00	308.00	400.00
4125 · Office services revenue	2,529.28	2,798.91	1,433.32
4130 · Faithful Fivers	866.00	1,680.00	1,916.66
4440 · Interest Income	0.25	0.50	
4460 · Picnic Revenue	4.00	22.00	0.00
4480 · Special Events Revenue	0.00	0.00	1,000.00
Total Income	20,982.51	48,371.86	42,883.28
Cost of Goods Sold			
5000 · Literature Costs			
5010 · Cost of AAWS literature sold	5,194.97	11,313.78	8,666.66
5015 · Other Literature	172.95	539.79	250.00
5025 · In-House Publication			
5030 · Paper Stock and Staples	60.60	767.66	583.32
5035 · Printing Equipment	1,083.92	2,201.34	2,000.00
5040 · Copy Costs	0.00	815.04	333.32
Total 5025 · In-House Publication	1,144.52	3,784.04	2,916.64
5000 · Literature Costs - Other	0.00	581.79	50.00
Total 5000 · Literature Costs	6,512.44	16,219.40	11,883.30
5050 · Medallion Costs	1,231.89	2,962.82	2,083.32
Total COGS	7,744.33	19,182.22	13,966.62
Gross Profit	13,238.18	29,189.64	28,916.66
Expense			
Equipment Expense	39.90	398.48	608.30
Insurance	614.80	614.80	909.48
Meetings/Conference Expense	0.00	0.00	283.28
Office Expense	2,179.54	4,972.18	4,899.94
Professional Fees	156.00	281.95	579.30
Utilities	807.47	1,462.84	1,408.32
5400 · Payroll Expenses	9,664.54	19,452.91	19,667.82
5500 · Payroll Expense Accrued	0.00	-2,946.81	
5686 · Bad Debt Expense	0.00	0.00	16.66
5690 · Bank Charges	206.99	348.60	383.32
5900 · Special Events	0.00	0.00	500.00
6200 · Other Committees			
5990 · Picnic Committee	0.00	0.00	0.00
6210 · PI/CPC	0.00	97.68	91.66
6220 · Special Needs Committee	0.00	65.00	63.32
6230 · Teleservice Committee	0.00	47.00	33.32
Total 6200 · Other Committees	0.00	209.68	188.30
Total Expense	13,669.24	24,794.63	29,444.72
Net Ordinary Income	-431.06	4,395.01	-528.06
Net Income	-431.06	4,395.01	-528.06

THE FOUR ABSOLUTES

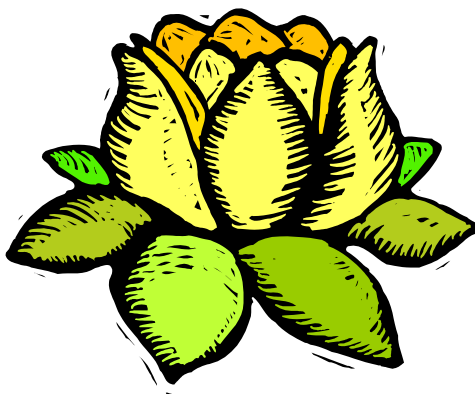
LOVE

(The 3rd Absolute)

We often learn more by questions, than answers. Did you ever hear a question that caused you to think for days or even weeks? The questions which have no easy answers are often the key to the truth. However, in this series on the four Absolutes, we are concerned with the questions we should be asking ourselves over and over again in life. The integrity of our answers to these questions will determine the quality of our life, may even determine the continuance of our sobriety.

A good question to ask ourselves on love might be, "Is it ugly or is it beautiful?" We are experts on ugliness. We have really been there. We are not experts on beauty but we have tasted a little, and we are hungry for more. Love is beauty. Coming from the depths of fear, physical agony, mental torture and starvation, we feel completely unloved, impregnated with self-pity, poisoned by resentment, and devoured by a prideful ego which with alcohol has brought complete blindness. We receive understanding and love from strangers and we make progress as we in turn give it to new strangers. It's as simple as that. Fortunately for us love is inspiring from the very beginning, even in kindergarten which is where many of us still are.

The old song tells us that love is in giving it we receive it. But the joy real thrill of giving. Consider which is ours is seldom experienced you have a new reason for gratitude. Fewer have the rich experience of a second life. Love is God. We reach our twelfth step man who is poor today, as we were poor yesterday. A man too proud to know he is poor, has turned away from God with or without alcohol. We have been there too. But if he has a drinking problem, we can show him the way through love, understanding and our own experience.



a many splendored thing. In giving of receiving can never match the that this great mission of love ended by the non-alcoholic, and tude. Few are privileged to save rience of being God's helper in a poor man's beginning toward when we give love to the new

When we live for our own sobriety, we again become beggars in spiritual rags, blind once again with the dust of pride and self. Soon we shall be starving with the hunger of devouring ourselves, perhaps even lose sobriety. Love is "giving of yourself" and unless we do, our progress will be lost. Each one owes the gift of this second life of sobriety to every other human being he meets in the ceaseless presence of God, and especially to other alcoholics who still suffer. Not to give of himself brings the desolation of a new poverty to the sober alcoholic.

When we offer love, we offer our life; are we prepared to give it? When another offers us love, he offers his life; have we the grace to receive it? When love is offered, God is there; have we received Him? The will to love is God's will; have we taken the Third Step? Ask yourself, "Is this ugly or is it beautiful?" If it's truly beautiful then it is the way of love, it is the way of AA, and it is the will of God as we understand Him.

DR. BOB'S LAST TALK: Cont'd from Pg. 1

I would be willing to give him a little bit if it didn't require much effort. I never would injure him at all. But love him? For a long time, I just couldn't do it.

I think I overcame this problem to some extent when I was forced to do it, because I had to either love this fellow or attempt to be helpful to him, or I would probably get drunk again. Well, you could say that was just a manifestation of selfishness, and you'd be quite correct. I was selfish to the extent of not wanting Bob hurt; so, to keep from getting Bob hurt, I would go through the motions of trying to be helpful to the other fellow. Debate it any way you want to, but the fact remains that the average individual can never acquire absolute love. I suspect there are a few people who do; I think maybe I know some who come pretty close to it. But I could count them on the fingers of one hand. I don't say that in any disparaging manner; I have some wonderful friends. But I'm talking about the final aspects of absolute love, particularly as it applies to A.A.

I don't think we can do anything very well in this world unless we practice it. And I don't believe we do A.A. too well unless we practice it. The fellows who win great world awards in athletic events are people who practice, have been practicing for years, and still have to practice. To do a good job in A.A., there are a number of things we should practice. We should practice, as I've said, acquiring the spirit of service. We should attempt to acquire some faith, which isn't easily done, especially for the person who has standards of society today. But I think faith has to be cultivated. That was not easy for everyone else.

Another thing that was difficult for me (and I matter of tolerance. We are all inclined to That's one reason why some people find our to find out too much about it, for various considered effeminate. But it's quite toward the other fellow's ideas. I think I have enough yet. If somebody crosses me, I'm apt that many times, much to my regret. And more about it than I did. I'd have been mouth shut.



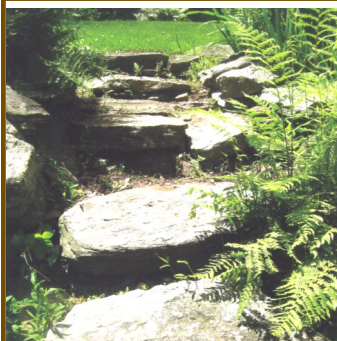
always been very materialistic, following the can be acquired; it can be acquired slowly; it me, and I assume that it is difficult for

probably don't do it too well yet) was the have closed minds, pretty tightly closed. spiritual teaching difficult. They don't want personal reasons, like the fear of being important that we do acquire tolerance more of it that I did have, although not to make a rather caustic remark. I've done then, later on, I find that the man knew much infinitely better off if I'd just kept my big

Another thing with which most of us are not too blessed is the feeling of humility. I don't mean the fake humility of Dickens' Uriah Heep. I don't mean the doormat variety; we are not called upon to be shoved around and stepped on by anyone; we have a right to stand up for our rights. I'm talking about the attitude of each and every one of us toward our Heavenly Father. Christ said, *"Of Myself, I am nothing – My strength cometh from My Father in heaven."* If He had to say that, how about you and me? Did you say it? Did I say it? No. That's exactly what we didn't say. We were inclined to say instead, "Look me over, boys. Pretty good, huh?" We had no humility, no sense of having received anything through the grace of our Heavenly Father.

I don't believe I have any right to get cocky about getting sober. It's only through God's grace that I did it. I can feel very thankful that I was privileged to do it. I may have contributed some activity to help, but basically, it was only through His kindness. If my strength does come from Him, who am I to get cocky about it? I should have a very, very humble attitude toward the source of my strength; I should never cease to be grateful for whatever blessings come my way. And I have been blessed in very large measure.

You know, as far as everybody's ultimate aim is concerned, it doesn't make much difference whether we're drinking or whether we're sober. Either way, we're all after the same thing, and that's happiness. We want peace of mind. The trouble with us alcoholics was this: We demanded that the world give us happiness and peace of mind in just the particular way we wanted to get it – by the alcohol route. And we weren't successful. But when we take time to find out some of the spiritual laws, and familiarize ourselves with them, and put them into practice, then we do get happiness and peace of mind. I feel extremely fortunate and thankful that our Heavenly Father has let me enjoy them. Anyone can get them who wishes to. There seem to be some rules that we have to follow, but happiness and peace of mind are always here, open and free to anyone. And that is the message we can give to our fellow alcoholics.

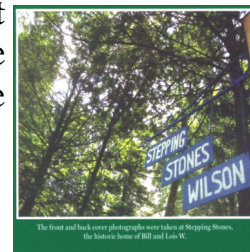


STEP BY STEP
Real AAs, Real Recovery

BOOK OF THE MONTH

Step by Step: Real AAs, Real Recovery shows how AA members of all ages, from all lifestyles and from around the world, followers of mainstream religions and atheists, newcomers and old-timers, have recovered and found a new way of life by working the Twelve Steps. Here is a variety of experiences that AAs have written about the Steps and sent to the Grapevine over the course of its existence, from the 1940s to the present.

Quoted from *Step by Step* back cover.
Also, read an excerpt on page 21.



THIS PRECIOUS GIFT

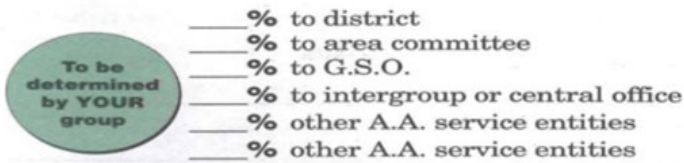
They say four billion years ago life showed its face on earth.
And as it happened, man became, the product of that birth
Then grapes appeared upon the vine, eight thousand years just past.
Their juice, when crushed, seemed harmless, when enjoyed with repast.
But like most things that seem so fine, and too good to be true,
A darker side revealed the lure that many came to rue.
When smitten by this patient foe the bearers have no shield,
And when the choice is yea or nay, the stricken always yield.
So shameful was this malady, a moral thing they said.
Their families kept their secret safe, long after they were dead.
Centuries have come and gone, since first it got its grip,
And one in ten would pay the price, when venturing one sip.
Then God saw fit to intervene and offer up a choice,
And Bill and Bob were listening, and heard his loving voice.
How fortunate we are today, to be among the first,
to have been chosen, at this time, to quell that deadly thirst.
The wisdom of eight thousand years is laid there at our feet.
How blessed to have it waiting, when I stumbled in defeat.
When pondering the suffering crossed, that vast expanse of time,
I would not waste one moment of, His precious gift sublime.

Rick R.

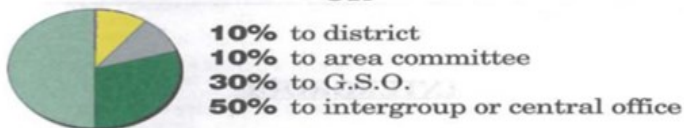
Samples of Group Contributions to A.A. Service Entities

Distribution Plan of _____
(YOUR GROUP NAME)

Your Group Service # _____
(Be sure to write group name and service # on all contributions.)



OR



OR

If you have no intergroup/central office.



Online Intergroup of Alcoholics Anonymous

The Online Intergroup

<<http://www.aa-intergroup.org/>> is a service entity established pursuant to Tradition Nine of Alcoholics Anonymous (AA) to operate on behalf of the participating online AA groups in accordance with AA's Twelve Traditions and Twelve Concepts since 1996. The Intergroup exists to aid the online groups in their common purpose of carrying the AA message to the alcoholic who still suffers.

HOW A FLOCK OF PIGEONS HELPED START AA.

Ebby T. is the person who carried his alcoholic solution to Bill W. Clarence S., Cleveland AA founder, is quoted: **“Bill might have scored the touchdown, but it was Ebby who handed him the ball.”** Ebby grew up under ideal circumstances; his brother was mayor of Albany, NY, as was his uncle and grandfather in previous years. There is even a park named after his family name in his home town of Albany NY—**John Boyd Thacher State Park**. In 1932, his older brother, Mayor Jack Thacher, was a candidate NY State Governor when FDR became US President. But Ebby found himself repeatedly caught up in drinking scrapes which is not good news for such a political family; thus came the suggestion that he leave Albany and take residence in their family summer home in the prestigious township of Manchester, VT.

Ebby’s family doubtless hoped that the relative tranquility of the Manchester resort community would bring about at least some moderation of his drinking sprees, and it did – sort of. After a few months, Ebby joined a group who spent the entire winter clearing the trails of the Green Mountains.. He claimed to have drunk two pints of gin on the first day, but there was no more to be had for the next six months of pseudo isolation. He spent the winter of 1932 – 33 work and doing lots weekends. Upon enjoying the rugged hunting on the weekends. Upon the return to Manchester he continued to stay dry for a few more months; but soon thereafter his drinking bouts resumed. Ebby moved into one of the furnished rooms of the large family residence on Taconic Avenue in Manchester during the spring of 1934.



Ebby’s sprees brought about two slight brushes with the Manchester authorities; he was fined only five dollars on each occasion, but with the warning that the third time it could go hard on him. Perhaps it was remorse that led to Ebby to follow his brother’s urging to paint the huge family summer ‘cottage’ that summer. But not surprisingly that task was too much for one person, so a professional helper was hired for added assistance and the job was finished that summer. He must have felt a great satisfaction, for who wouldn’t be proud of such a large scale accomplishment! There is no evidence of this, but perhaps Ebby was celebrating with a little hooch when he noticed a flock of ungrateful pigeons on the roof. Out came his shotgun—and doubtless the neighbors, as well — as loud blasts shattered the tranquility of this calm and peaceful community (Robert Todd Lincoln, the President’s son, once lived across the street).

Ebby faced six months in Windsor Prison or Brattleboro Insane Asylum, but lucky for us, the judge let him off the hook, under the custody of millionaire Rowland H. (P. 26). Ebby eventually landed in Calvary Mission in lower Manhattan. Being sober several months, he gleefully carried his sober message to Bill W. on a bleak November day of 1934—and you know the rest of the story. But don’t forget the pigeons!

Bob S.

	Mar 1 - 25, 17	TOTAL		Mar 1 - 25, 17	TOTAL
11TH STEP MEDITATION MEETING	0.00	20.00	PROMISES GROUP - DIXON	40.00	40.00
12 AND 12 BOOK STUDY (ROCKLIN)	0.00	240.00	RANCHO MURIETA GROUP	0.00	1,031.08
A WAY OUT	31.50	97.50	RIO LINDA FELLOWSHIP	0.00	100.00
AA NOONER	0.00	182.50	ROCKLIN FELLOWSHIP	0.00	100.00
AA UNITY GROUP	0.00	420.00	ROSEVILLE EASTSIDE GROUP	211.35	211.35
ARDEN MORSE GROUP	0.00	100.00	ROSEVILLE FIFTH STREET FELLOWSHIP	166.97	728.06
ATTITUDE ADJUSTMENT GROUP OF DAVIS	0.00	55.00	ROSEVILLE TUESDAY NIGHT GP	1,000.00	1,000.00
AUBURN FELLOWSHIP	0.00	50.00	SACRAMENTO DOWNTOWN MEN'S GROUP	0.00	200.00
BABES IN RECOVERY	0.00	55.93	SATURDAY MORNING REFLECTIONS GP	85.54	85.54
BANGOR GROUP	0.00	60.42	SERENITY BOOK & STEP STUDY GP	77.36	284.50
BEEN THERE DONE THAT	300.00	300.00	SIERRA STEP SISTERS GROUP	0.00	62.70
BROWNSVILLE SERENITY GROUP	0.00	40.00	SIERRA WEDNESDAY AM GROUP	0.00	60.00
BY THE GRACE	0.00	50.00	SIXTY MINUTE SOLUTION GROUP	138.94	219.49
CAMERON PARK WOMEN'S GROUP	145.75	145.75	SO THIS IS IT	10.00	20.00
CENACLE GROUP	0.00	142.50	SOBRIETY SPEAKS GROUP	250.00	250.00
CENTRAL FOOTHILL WOMEN'S CONF.	300.00	300.00	SOUTHPORT SERENITY	0.00	192.00
CITRUS HEIGHTS AA @ NOON	0.00	510.00	SPRING FLING GROUP	4,003.36	4,003.36
CORDOVA GOOD MORNING GROUP	0.00	65.00	STEP SISTERS-ANTELOPE	0.00	38.26
CORDOVA LUNCH BUNCH	254.14	616.01	SUNRISE SPEAKER MEETING	373.14	373.14
COURAGE TO CHANGE GROUP	0.00	150.86	SUNSET SATURDAY	0.00	100.00
DAILY ATTITUDE ADJUSTMENT GROUP	1,733.00	1,866.00	THANK YOU, THANK YOU, THANK YOU	0.00	60.00
DAILY DIRECTION AA	100.00	275.00	THREE LEGACIES GROUP	0.00	90.00
DAVIS YOUNG PEOPLE GROUP	0.00	97.04	THURSDAY MORNING BOOK/STEP STUDY GROUP	0.00	50.00
DESTINY GROUP	0.00	60.00	TOO YOUNG GROUP	0.00	50.00
EAST YOLO FELLOWSHIP	16.00	48.00	TRADITIONAL GROUP	1,620.57	1,749.99
ELK GROVE FELLOWSHIP	0.00	510.00	TRIANGLE GROUP	0.00	17.02
ELK GROVE GROUP	156.00	156.00	TUESDAY MIDTOWN GROUP	0.00	220.00
FIELDS, MARY C.	5.00	5.00	WELCOME GROUP	0.00	66.50
FIRST THINGS FIRST GROUP	0.00	236.00	WHITE FLAG MEN'S GROUP	100.00	300.00
FIT FOR LIFE GROUP	0.00	202.19	WILD WOMEN	0.00	206.34
FOLSOM BIG BOOK GROUP	0.00	1,098.11	WILLING WOMEN GROUP, THE	0.00	79.15
FOLSOM FRIDAY NIGHT GROUP	0.00	50.00	WINTERS KITCHEN TABLE GROUP	0.00	180.20
FOLSOM SATURDAY MORNING	0.00	441.00	WOMEN FOR WOMEN FAIR OAKS GROUP	0.00	33.00
FOLSOM WEDNESDAY NIGHT AA GROUP	0.00	111.56	WOMEN IN RECOVERY, MARYSVILLE	0.00	102.20
FOURTH DIMENSION GROUP	500.00	500.00	WOMEN OF EXTRAVAGANT PROMISES	0.00	76.00
FREEDOM GROUP	0.00	95.32	WOMEN UNDER CONSTRUCTION	0.00	306.91
FRIDAY FELLOWSHIP OF DOUBLE A	0.00	160.60	WOODLAND GROUP	0.00	30.00
GIBBONS NOON	0.00	300.00	WOODLAND TRADITIONAL GROUP	0.00	20.00
GNO GIRLS NIGHT OUT	0.00	233.88	TOTAL	12,457.28	30,416.26
GO TO ANY LENGTH GROUP	0.00	163.00	Addresses where contributions can be sent:		
GROUP ONE	0.00	20.00	CENTRAL OFFICE CCFAA		
GROUP THREE	0.00	600.00	9960 BUSINESS PARK DR., STE. 110		
HAND IN HAND WOMEN'S DAY OF UNITY	0.00	795.98	SACRAMENTO, CA 95827-1719		
HANGTOWN AA GROUP	0.00	100.00	GSO		
HAPPY CAMPERS	180.00	180.00	GENERAL SERVICE OFFICE		
HAPPY DESTINY GROUP	0.00	115.25	PO Box 459		
HAPPY HOUR RANCHO GROUP	250.56	343.87	NEW YORK, NY 10163		
HAPPY HOUR WOMEN	0.00	50.00	CNIA 7		
HELPING HANDS GROUP	0.00	466.44	CALIFORNIA NORTHERN INTERIOR AREA 7		
HIGH FLYERS GROUP	40.00	489.87	PO Box 161712		
LINCOLN THURSDAY NIGHT GROUP	0.00	345.00	SACRAMENTO, CA 95816-1712		
Live Oak	0.00	25.00	DISTRICT INFORMATION IS LISTED ON PAGE 39 OF THE CURRENT		
LIVING SOBER WOMEN'S FRIDAY GROUP	0.00	63.57	MEETING SCHEDULE. OR VISIT CNIA.ORG		
LOOMIS WOMEN'S STEP STUDY	0.00	361.04			
MIDTOWN SOLUTIONS	0.00	202.90			
MONDAY WOMEN'S STEP STUDY	0.00	33.20			
NEW HOPE GROUP	0.00	825.00			
NORTH HALL GROUP	0.00	595.22			
NORTH HIGHLANDS FIRESIDE GROUP	0.00	25.00			
NUMBER ONE OFFENDERS	0.00	280.45			
OAK TREE GROUP	168.10	1,169.57			
PATHWAY TO SPIRITUALITY GROUP	0.00	81.94			
PINE GROVE FELLOWSHIP	200.00	200.00			
PLACERVILLE SUNRISE ATTITUDE ADJUSTMENT	0.00	100.00			



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