





## MAY 2017



I May not be there yet,  
But I 'm closer than I was yesterday.

 **Central Office will be Closed**   
**May 27 – 29th for the  
Memorial Day Holiday**

◆ Master Calendar	2-3
◆ Speaker Meetings	4
◆ Group News	4-6
◆ Special Events	5-6
◆ Birthdays	7-8
◆ Minutes	10-13
◆ Treasurer's Income & exp. & Balance sheet	14
◆ Group Contributions	15
	19

### THE INSANITY OF ALCOHOLISM

The INSANITY of alcoholism is NOT the goofy behavior that people exhibit when they are drunk. Everyone who ingests enough alcohol will act goofy.

The insanity of alcoholism is the alcoholic's persistent return to alcohol in the face of overwhelming evidence that it is destroying his or her life, over and over again.

There are some in our fellowship of AA who have serious mental problems, but most of us joke about how "insane" or crazy or "goofy" we are or have been, when what we really are talking about is our emotional immaturity, our impulsiveness, our lack of self discipline...our character defects if you will. Most of us would have a hard time describing many of our thoughts and actions as being insane. In fact, in some areas of life, we may exhibit a high degree of sanity.

However, there is something about the way we perceive the world around us that has always caused us a great deal of discomfort in simply living our lives.

Our general discomfort with living has much to do with the way we perceive the effects of alcohol. Our falling short of what is called "well adjusted" is definitely a part of our makeup as an alcoholic. However, that alone does not separate us much from the general population. It is our physical as well as our mental response to alcohol that is insane, and that is what separates the alcoholic from the non-alcoholic. There are two problems alcoholics have with alcohol (1) the obsession of the mind, and (2) the compulsion of the body-an incomprehensible craving. Somewhere along the line, early or late, we develop obsession with the idea that alcohol eases our minds and solves our problems. Then, our physical response to alcohol manifests in what the "Big Book" calls an allergy. Our alcoholic bodies process the alcohol in a manner which causes us to crave more, and more. The alcoholic insanity of our minds tells us that it is a good idea to drink to relieve our stress and to have fun. Once we start, our alcoholic bodies tell us we must drink more to satisfy the craving.

As every alcoholic should know, that is where the well known cycle begins, and continues over and over again, leading to death, incarceration, or "wet brain" insanity. What Dr. Silkworth called the phenomenon of "craving", manifesting as an "allergy", is so overpowering that all else comes in second to our primary concern of getting the next drink, even life itself takes second place.

That, my friends is the "INSANITY OF ALCOHOLICISM". It is only relieved and arrested by Total abstinence, and as we have found, by and through the application of the 12 Steps of AA in our lives, in all our affairs, to achieve a psychic change, a "spiritual awakening," leading to growth and maturity, and a firm grasp of the reality of life and the world about us.

As a young man (with tears in his eyes) in his first AA meeting said, "I'm here because I just want to live. That's it. I just want to live." It is as simple as that.

Barefoot Bob, Denver CO.

**Deadline Dates for Submissions  
for the By The Way and Monthly flyers 2017**

MONTH	FLYERS DEADLINE	BY THE WAY DEADLINE
May	Wed 10th	Sat. April 15th
June	Sat 10th	Mon. May 15th
July	Mon 10th	Thurs. June 15th

**All submissions need to be in by 5:00PM. Email ALL submissions to: [centraloffice@aasacramento.org](mailto:centraloffice@aasacramento.org)**

**2017 Central Office Volunteer Days**

Central Office would like to have volunteers arrive at 9:30AM on the dates below. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

**Please call (916) 454-1771 if you plan to attend.**

**Volunteer Dates for 2017 Mailings**

	Flyer Mailing	By The Way Mailing
May	Thursday 11th	Friday June 2nd
June	Monday 12th	Friday June 30th
July	Tuesday 11th	Monday July 31st

*By The Way* is published monthly by the Central California Fellowship (CCF), 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is \$12.00 per year. Opinions, letters, and stories printed in *By The Way* are not to be attributed to Alcoholics Anonymous, the Central California Fellowship or any group within Alcoholics Anonymous unless otherwise stated or attributed. All reprinted articles are included with the permission of their respective publisher.



**TELE-SERVICE DESK**

Volunteers answer the hotline from 9AM to 1PM or 1PM to 5PM Monday through Friday at Central Office. We are looking for volunteers who can substitute in the absence of the regular volunteers. This is a great way to be of service and to help the alcoholic who still suffers.



\*Volunteers need a minimum of six months of sobriety to answer the hotline.  
**hotlinehelpers@gmail.com**

**CCFAA Delegates' Meeting**

**Saturday, May 20, 2017**

**Meeting begins at 3:00pm**

New Delegates arrive at 2:00pm

Traditional Group Meeting Hall

2625 Alta Arden Expressway, Sac., 95825

**GROUP DELEGATES**

Please let us know who you are so we can send your group a **FREE** copy of the By The Way and the flyer mailing each month.

*We want to be sure we have up-to-date info about your meeting location, day, time, and format.*

**CCFAA is here to be of service to you and your group.**

**Please feel free to visit your Central Office located at: 9960 Business Park Dr., Suite 110 in Sacramento!**

**PI/CPC COMMITTEE**

Meets on the 2nd Friday of the month at 6:00 PM

Faith Presbyterian Church

625 Florin Road, Sacramento 95831

**OFFICE OPERATIONS COMMITTEE**

Tuesday, **May 16th** at 6:00PM at Central Office  
9960 Business Park Dr. Suite 110, Sac., CA 95827

**H&I MONTHLY MEETING**

3rd Thursday, at 6PM

Denny's Restaurant

7900 College Town Dr., Sacramento, 95826  
(Howe Ave & Hwy 50)

*We have an ongoing need for volunteers.*


**Contact the Area 40 Chairman, Roger M., for more information:**


**CCFAA 2017 Annual Picnic Planning Committee Meetings**


**9960 Business Park Dr., Suite 110, Sacramento. 6:15pm**

May 19th	August 4th
June 16th	August 11th
July 14th	August 18th

**A.A. Teleservice Needs YOU!!**

 Alcoholics Anonymous Teleservice, also known as the A.A. hotline, services alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.

 This is a great way to be of service to your fellow alcoholics. All you need is the use of a phone and a current meeting schedule. From the comfort of your own home on a landline telephone or even while you're out and about with the use of a cell phone you can be of service.

 We would love to have you join our team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: hotlinehelpers@gmail.com

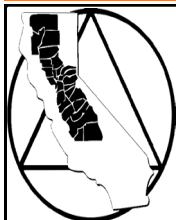
"I can't explain why I didn't hang up. I just sat there on the floor, with the receiver to my ear. The next thing I heard was "Good afternoon. Alcoholics Anonymous. May we help you?"  
"Came to Believe" PG 23



**SERVICE OPPORTUNITIES @ CCFAA!**

We need volunteers to help with the assembly of the flyer mailing on *Thursday, May 11th* at 9:30 a.m. and the **By The Way** mailing on *Friday, June 2nd* at 9:30 a.m. **Donuts - Coffee - Fellowship - and Fun!**

**PI/CPC Committee is looking for Russian Speaking AA members to participate with PI/CPC Committee to start Russian Speaking AA meeting. If interested contact Central Office at 916-454-1771.**



**NCCAA 70th Annual Summer Conference June 9 - 11, 2017**  
Lions Gate Hotel , McClellan, CA  
3410 Westover St. McClellan Park, 95652



**NEWS FROM VOLUNTEER CENTRAL WHERE GRATITUDE IS AN ACTION WORD!**

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

In service during the month of **March:**  
**TeleDesk Volunteers & Subs:** Cindy F. - Dlorah B. -Lynn S. - Kathy K. - Cheryl G. - John F. - Marie G. - Peter G. - Dale M. - Dennis O.- Lorrie D .  
**Sales Desk:** Ron H. - Karen Y. - Cindy F. - Cindy Jo M. - Beth B. - Melissa Z. - Carlos A. - Rebecca B.  
**BTW & Flyer Mailing:** Pete G. - Mike K. - Carol L. - Craig L - Beth B. - Steven O. - Bill E. - Sherri KW - Jason S. - Mike R.  
**Bulk Mailing:** - Rae W., Jason S. **Webmaster:** Pete B.  
**BTW :** Layout & Design - Karina K.

**Celebrating MAY Birthdays:**

**Mary M. 38 yrs and Kevin N. 37 yrs**



**Honesty**

We went back through our lives. Nothing counted but thoroughness and honesty. When we were finished we considered it carefully.

- Alcoholics Anonymous, p. 65



**Teleservice Activity Report March 2017**

Teleservice	Mar.	YTD
12 Step	39	128
Meetings/Info	217	749
Total Calls	256	877

**Teledesk Activity Report March 2017**

Teledesk	Mar.	YTD
12 Step	13	38
Meetings/Info	421	1165
Total Calls	434	1203

## WEEKLY SPEAKER MEETINGS

**CAMERON PARK GROUP ~ WHEN:** Every Saturday, 8:00pm. **WHERE:** Light of the Hills Church, 3100 Rodeo Dr. Cameron Park. Last Saturday is Birthday Night. Come! We need your support!

**FOLSOM WAY OF LIFE GROUP ~ WHEN:** Every Thursday, 7:00pm. **WHERE:** Journey Church, 450 Blue Ravine Road, Folsom,.

**FOURTH DIMENSION GROUP ~ WHEN:** Every Thursday, 8:00pm. Speaker Meeting. **WHERE:** Church of Christ, 1799 Cirby Way, Roseville,. More details @ [fourthdimensiongroup.org](http://fourthdimensiongroup.org).

**FOXHALL GROUP ~ WHEN:** Tuesday, 7:00pm. **WHERE:** Church of Christ, 1321 Peachtree Lane (Multipurpose Room), Yuba City,.

**ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN:** Every Saturday, 8:00pm-9:30pm. **WHERE:** 315 Lincoln St, Roseville, 5/6-Joe G. of Folsom, 5/13-TBA, 5/20-Teresa D. of Sacramento, 5/27-TJ M. of Reno, 6/3-Jim H. of California, 6/10-Ryan C. of Rancho Cordova

**SUNRISE SPEAKER MEETING ~ WHEN:** Every Sunday from 11:00am-12:00pm. **WHERE:** Sunset No-Al Alano Club, 5809 Gibbons Drive, Carmichael,. We have local speakers who inspire and inform.

**TRIPLE A SPEAKER/PARTICIPATION MEETING ~ WHEN:** Friday, 7:00pm. **WHERE:** 18014 Applegate Rd, Applegate,.



## MONTHLY SPEAKER MEETINGS

**AUBURN FELLOWSHIP ~ WHEN:** Every third Saturday, 7:30pm. **WHERE:** 244 Palm Ave, Auburn,.

**BEEN THERE DONE THAT FWP ~ WHEN:** Third Saturday of each month 6:30pm-7:30pm. **WHERE:** (Madhouse) - 8934 Madison Ave. Fair Oaks,. **Speaker:** Timmy P. from Good For Nothing Group

**DAVIS HOPE GROUP ~ WHEN:** First Saturday of each month at 7:00pm. **WHERE:** St. Martin's Church, 640 Hawthorn Ln, Davis,.

**ELK GROVE FELLOWSHIP ~ WHEN:** Fourth Saturday of every month. Potluck at 6:00pm. Speaker at 8:00pm. **WHERE:** Native Sons Hall, 9151 Grove St, Elk Grove, (corner of Kent and Grove St).

**GALT FELLOWSHIP ~ WHEN:** First Saturday of every month. Dinner: 6:00pm. **Speaker:** 7:00pm. Group supplies main course. Join us! Bring a side dish or just yourself and some friends. **WHERE:** 229 4th St, Galt,.

**GROUP ONE ~ WHEN:** Third Sunday of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St, Sacramento

**GROUP THREE ~ WHEN:** Third Saturday of the month at 6:00pm. **WHERE:** 9940 Business Park Dr, Ste. 110, Sacramento.

**HI-FLYERS ~ WHEN:** Last Sunday of the month at 7:00pm. **WHERE:** 3077 Alhambra Drive, Suite E, Cameron Park,.

**MIDTOWN SOLUTIONS ~ WHEN:** Third Saturday, 7:00pm-8:15pm. 20 min. Speaker: **WHERE:** 2903 30<sup>th</sup> St, Sacramento,.

**NEW HOPE GROUP ICE CREAM SOCIAL/BIRTHDAY/SPEAKER MEETING ~ WHEN:** Last Saturday of every month, 7:00pm. **WHERE:** St. Francis Episcopal Church, 11430 Fair Oaks Blvd, Fair Oaks, . **Ice Cream is served at 5:30pm**

**NORTH HALL GROUP ~ WHEN:** Third Saturday of the month, 8:00pm. **WHERE:** 3501 2nd Ave, Sacramento,.

**NORTH SACRAMENTO GROUP ~ WHEN:** First Saturday of the month, 7:00pm. **WHERE:** 2330 Fairfield St, Sacramento,.

**RIO LINDA MONTHLY SPEAKER MEETING ~ WHEN:** Second Friday. Doors open at 6:00pm. **WHERE:** Rio Linda Fellowship, Calvary Lutheran Church, 515 L St, Rio Linda,.

## MONTHLY SPEAKER MEETINGS Cont'd

**Sacramento Monthly Speaker Meeting of Alcoholics Anonymous ~ WHEN:** 2nd Saturday of Every Month at 8:00pm. **WHERE:** Centennial Methodist Church, 5401 Freeport Boulevard, Sacramento, CA. (1 block north of the intersection of Fruitridge & Freeport) **Speaker:** 5/13- Steve L. of LA, 6/10-Kristina W. of Marin, 7/8-Don L. of Bellevue, 8/12-Nancy N. of LA, 9/9-Bob D. of Las Vegas (36th Anniversary). Please join us for dinner with the speaker & committee at Marie Callender's (at 6:00pm.) on Freeport. For dinner Reservations contact: Randy J

**SACYPAA ~ WHEN/WHERE:** Please go to [sacypaa.org](http://sacypaa.org) for more info.

**TRADITIONAL GROUP SPEAKER MEETING ~ WHEN:** Fourth Sunday of the month, 12:00 noon. **WHERE:** 2625 Alta Arden Expy, Sacramento,.

## QUARTERLY SPEAKER MEETING

**EAST YOLO FELLOWSHIP ~ WHEN:** Quarterly - March, June, September and December on the Third Saturday of the month at 7:00pm. **WHERE:** 1040 Soule St, West Sacramento, . Potluck at 6:00pm. Bring a dish to share and enjoy the fellowship.

**NORTH AUBURN GROUP POTLUCK/QUARTERLY SPEAKER MEETING ~ WHEN:** Quarterly - March, June, September and December on the First Saturday of the month. Doors open at 5:00pm. **WHERE:** 4076 HWY 49 E., Auburn. Potluck at 6:00pm. Bring a dish to share and enjoy the fellowship. *June Speaker: Marion D.*

**WEST SLOPE UNITY GROUP ~ WHEN:** Quarterly - January, April, July and October on the Fourth Saturday of the month at 7:00pm. **WHERE:** 3734 China Garden Rd, Diamond Springs, . Doors open at 6:00pm. Dessert Potluck. Please bring a sweet treat to share. Gift Basket Raffle and DJ following meeting. We encourage each group to donate a themed basket for our annual spring raffle.

## GROUP UPDATES &amp; CHANGES



**ANTELOPE WOMEN'S GROUP ~ Discontinued ~ WHEN:** Wednesday, 6:30pm-7:30pm. **WHERE:** 7850 Watt Ave,.

**BACK TO BASICS ROCKLIN ~ Discontinued ~ WHEN:** Monday, 7:00pm **WHERE:** Life House Church 4800 Sierra College Blvd,

**BOTTLE TO THE BOOK AA ~ Discontinued ~ WHEN:** Monday at 7:00pm. **WHERE:** 720 7th St, Sacramento

**BYO BOOK STUDY ~ Update (was Loomis 12X12 Study Group) ~ New Location ~ WHEN:** Thursday, 7:00pm-8:00pm. **WHERE:** 145 Park Dr., Roseville (Christian Science Church)

**CORDOVA THURSDAY NIGHT GROUP ~ New Location starting April 6<sup>th</sup> ~ WHEN:** Thursday at 7:00pm. **WHERE:** United Methodist Church 2101 Zinfandel Dr, Rancho Cordova

**DRY DIGGINS GROUP ~ New Location ~ Bethlehem Lutheran Church, 1279 High St, Auburn. WHEN:** Thursday at 7:00pm

**FOUNTAIN OF YOUTH ~ New Location ~ WHEN:** Thursday 7:00pm. **WHERE:** 914 Cirby Way, Roseville

**FORESTHILL INTO ACTION GROUP ~ Time Change ~ WHEN:**

Thursday 7:00pm-8:00pm. **WHERE:** 20801 Todd Valley Rd, Foresthill  
**GALT FELLOWSHIP ~ New Location ~ All Meetings. Speaker Meeting - 1<sup>st</sup> Saturday of the Month; Birthday Meeting - Last Saturday of the Month. WHERE:** 229 4th St, Galt. by railroad tracks, between B and C

## GROUP UPDATES &amp; CHANGES cont'd

**HOPE & SERENITY SPEAKER MEETING** ~ Discontinued ~ **WHEN:** 1st Sat. of the month at 7:00pm. **WHERE:** Marriott Courtyard, 4422 Y St,  
**MONDAY NIGHT BIG BOOK** ~ Discontinued ~ **WHEN:** Monday at 7:00pm. **WHERE:** 7300 Wyndham Dr, Sacramento  
**MONDAY NIGHT CLUB** ~ Time Change ~ **WHEN:** Monday, 6:00pm. **WHERE:** 1430 J St, Sacramento (St. Paul's Episcopal Church)  
**ORANGEVALE 11<sup>TH</sup> STEP MEDITATION** ~ Time Change ~ **WHEN:** Thursday, 6:30pm-7:30pm. **WHERE:** American River Alano Club, 9346 Greenback Ln, Orangevale.  
**PRIMARY PURPOSE GROUP** ~ Time Change ~ **WHEN:** Sunday, 11:00am. **WHERE:** 1120 Rodeo Way, Sacramento.  
**SERENITY SISTERS** ~ New Location ~ **WHEN:** Thursday 6:30pm-7:30pm **WHERE:** (Elk Grove Congregational Church) 9524 Melrose Ave, Elk Grove  
**SHARING AND CARING** ~ Update ~ **WHEN:** Mondays, 10:00pm. This meeting is now a **Young People** meeting. **WHERE:** 4955 Marconi Avenue Suite A, Carmichael  
**SHARING AND CARING** ~ Update ~ **WHEN:** Sundays, 12:00pm. This meeting is now a **Men's, Open** meeting. **WHERE:** 4955 Marconi Avenue Suite A, Carmichael  
**STEP SISTERS** ~ Time Change ~ **WHEN:** Thursday, 5:30pm-6:30pm. **WHERE:** St. Andrews Church, Antelope  
**TAHOE PARK GROUP** ~ Discontinued ~ **WHEN:** Monday 7:00pm Only **WHERE:** Journey Church, Fellowship Hall, 5801 2nd Ave, Sacramento.  
**THANK GOD IT'S SIMPLE** ~ New Location ~ **WHEN:** Friday 7:00pm **WHERE:** 9001 Foothills Blvd, Roseville.  
**THE FOCUS GROUP** ~ Discontinued ~ **WHEN:** Wednesday, 8:00pm. **WHERE:** 9346 Greenback Ln (American River Alano Club)  
**TRADITIONS & CONCEPTS GROUP** ~ Discontinued ~ **WHEN:** 1<sup>st</sup> & 2<sup>nd</sup> Tuesdays, 7:00pm. **WHERE:** 11427 Fair Oaks Presbyterian Church  
**WOODLAND TRADITIONAL GROUP** ~ Birthday Night will now be on the Last Thursday of the month. Sacramento,

## NEW GROUPS AND MEETINGS

**ALL TRIBES AA FWP** ~ New Book Study Meeting ~ **WHEN:** Friday, 7:00pm-8:30pm. **WHERE:** 2627 J St, Sacramento. (Parking & entrance in the Alley)  
**AUBURN FELLOWSHIP** ~ New LGBT Meeting~ **WHEN:** Sundays, 7:30pm-8:30pm Starting May 7th. **WHERE:** 244 Palm Ave, Auburn.  
**CENTER PARKWAY AA BOOK STUDY** ~ New Meeting ~ **WHEN:** Saturday, 2:00pm **WHERE:** 7595 Center Pkwy, Sacramento. This is an Open, 1 1/2 hour Book Study  
**DUBIOUS LUXURY GROUP** ~ New Meeting ~ **WHEN:** Wednesday 12:00pm **WHERE:** (The Crossing Church) 1227 N Market Blvd, Sacramento. This is an Open, One hour, Book study.  
**FAIR OAKS BEGINNERS GROUP** ~ New Meeting ~ **WHEN:** Monday's 6:00pm. This is an open, beginners, study meeting. **WHERE:** Advent Lutheran Church, 5901 San Juan Ave, Citrus Heights.  
**FRIDAY NIGHT FREETHINKERS** ~ New Meeting ~ **WHEN:** Friday's 8:00pm. This is an open, one hour, non-smoking wheelchair access meeting **WHERE:** St. Paul's Episcopal Church, 1430 J St., Sacramento.  
**GROUP ONE** ~ "We Agnostics" ~ New Meeting ~ **WHEN:** Friday, 9:00pm-10:00pm. This is an open meeting. **WHERE:** 2804 T St, Sacramento.



## NEW GROUPS AND MEETINGS cont'd

**TOO YOUNG** ~ New Group ~ **WHEN:** Thursdays, 7:30pm-8:30pm. Open, one-hour group, non-smoking, wheelchair access, young people. **WHERE:** St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento.  
**West Slope Fellowship** ~ New Meeting ~ **WHEN:** Saturday, NOON. **WHERE:** Senior Citizen Center, 5581 Gail Rd, Pollock Pines. off Forebay Rd. Meeting is an open, one-hour women's meeting.  
**WHOLESALE MIRACLES** ~ New Group ~ **WHEN:** Friday, 6:00pm-7:00pm. This is an open, study meeting for gay members. **WHERE:** Lambda Center, 1927 L. St. Sacramento.  
**WOODLAND GROUP** ~ New Meeting ~ **WHEN:** Sunday, 6:30am. This is an Open, one-hour, study meeting. **WHERE:** 96 West Main Street, Woodland.



## GROUP ANNOUNCEMENTS

**DRY DIGGINS GROUP** ~ We've Moved! **WHEN:** Thursday, 7:00pm. **WHERE:** Auburn Grace Community Church Rm 100, 2376 Zinfandel Dr, Rancho Cordova.  
**EAST YOLO FELLOWSHIP** ~ Secretary Workshop ~ Second Saturday of March, June, September and December at Noon. **WHERE:** 1040 Soule St, West Sacramento.  
**EAST YOLO FELLOWSHIP** ~ Change to 1 Hour Meetings~ **WHEN:** Monday 8pm, Tuesday 8pm, Wednesday 8pm and Saturday 9pm **WHERE:** 1040 Soule St, West Sacramento. **These meetings will now be 1 hour meetings**  
**GOLDEN GIRL'S GROUP** ~ This is a very Special AA meeting for Women age Fifty & older. But open to all interested recovering women. **WHEN:** Monday, 10:00am-11:30am. **WHERE:** Sunset No-Al Club, 5809 Gibbons Dr, Carmichael.  
**SO THIS IS IT GROUP** ~ Needs Support! ~ **WHEN:** Thursday at 8:00pm **WHERE:** Advent Lutheran Church, 5901 San Juan Ave, Citrus Heights.  
**STUDENTS OF SOBRIETY** ~ Needs Support! ~ **WHEN:** Saturday at 9:00pm **WHERE:** American River Alano Club 9346 Greenback Ln, Ste. 8, Orangevale. *A safe place for fellowship, late on Saturday night.*  
**GROUP THREE NCCAA SUMMER CONFERENCE HOST COMMITTEE MEETINGS** ~Volunteers Needed ~ **WHEN:** Sundays - 3/5, 4/2, and 6/4, 12:00 noon. **WHERE:** 9940 Business Park Drive, Sacramento.  
**Newcastle Friday Night Meeting of Alcoholics Anonymous** ~ Invites you to join us! ~ **WHEN:** Friday, 7:00-8:15pm. **WHERE:** Newcastle United Methodist Church - 410 Buena Vista Ave. (off Old State Hwy) Speaker and Discussion.  
**ROUND TABLE AA GROUP** ~ Needs Support! **WHEN:** Monday, 8-9pm. **WHERE:** 7850 Watt Ave, Antelope., St. Andrew's Episcopal Church. OPEN, one hour, non-smoking, wheelchair accessible meeting.  
**WOMEN FOR WOMEN GROUP** ~ Come Join Us! ~ **WHEN:** Wednesday Mornings from 8:00am-9:00am **WHERE:** St. Francis Church, 11438 Fair Oaks Blvd, Fair Oaks. Open 60 minute meeting just for women every Wednesday. Easy parking, easy access and lots of fellowship.

## SPECIAL EVENTS

## MAY

**AUBURN FELLOWSHIP'S ANNUAL MEMORIAL DAY AA PICNIC IN THE PARK** ~ **WHEN:** May 29th 11am-5pm **WHERE:** 123 Recreation Dr., Auburn. Speaker: Vietnam John from Foresthill. Bring a dessert or side dish to share. Event Chair: Joan-

## SPECIAL EVENTS Cont'd

## MAY

**NORTH SACRAMENTO GROUP 73<sup>rd</sup> ANNIVERSARY BARBECUE AND SPEAKER MEETING** ~ WHEN: May 6<sup>th</sup> 4:30pm-8:00pm. WHERE: 2330 Fairfield St.,

**45<sup>th</sup> ANNUAL HOSPITAL AND INSTITUTION CONFERENCE** ~ WHEN: May 5<sup>th</sup>, 5pm- May 7<sup>th</sup>, 12 noon. WHERE: 770 Montague Expressway, San Jose. [www.handinorcal.org/Events/Events.php](http://www.handinorcal.org/Events/Events.php)

**DISTRICT 27 WORKSHOP- The ABC's of How it Work's** ~ WHEN: May 7<sup>th</sup> 2:00pm-3:30pm WHERE: 9346 Greenback Ln, Ste 8, American River Alano Club. Panel speakers with Q&A afterwards. Dessert, coffee and lemonade will be served

**ROSEVILLE 5<sup>TH</sup> STREET FELLOWSHIP OF AA 26<sup>TH</sup> ANNIVERSARY CELEBRATION** ~ WHEN: May 6<sup>th</sup> 6:00pm-10:00pm WHERE: (Johnson Hall) 800 All American City Blvd, Roseville. Dessert potluck at 6pm, Speaker meeting at 7pm, dance and raffle to following meeting.

**8th ANNUAL DAVIS YOUNG PEOPLE'S AA GROUP POTLUCK & SPEAKER MTG.** WHEN: Friday May 19th Starts at 5:30pm. Potluck 6-7 Speaker: Diane C. of Weaverville CA 7 - 8:30pm. 9 - 11:30pm After Party . Where: **St. Martin's Church, 640 Hawthorn Ln. Davis**, Contact Tom J. or Steven R. for more information

**TRADITIONAL GROUP'S 42<sup>ND</sup> ANNIVERSARY PICNIC** ~ WHEN: May 21<sup>st</sup>, 10:00am-4:00pm WHERE: Rusch Park in Citrus Heights. *Hamburgers & Hot Dogs will be provided. Bring drinks and a side dish to share. Speakers- 20min: Dave Y., Main: Dorian G.*

**the WEDNESDAY NIGHT FOLSOM GROUP of ALCOHOLICS ANONYMOUS invites you to join their 64<sup>TH</sup> ANNUAL CELEBRATION** ~ WHEN: May 10<sup>th</sup>, 7:15pm-9:00pm WHERE: 320 Montrose Dr, Folsom (Mt. Olive Lutheran Church)

**SACYPAA presents The God Gave us Brains to Use SCIENCE FAIR** ~ WHEN: May 27<sup>th</sup> 7:00pm WHERE: 2391 St. Mark's Way (St. Mark's Church). Science Project and Costume Contest, Hot Dog Dinner, Speaker: Phil H. on the Science of Addiction

**SOUTHPORT SERENITY GROUP of ALCOHOLICS ANONYMOUS 20<sup>TH</sup> ANNIVERSARY POTLUCK/SPEAKER MEETING** ~ WHEN: May 19<sup>th</sup> 6:30pm potluck, 7:30pm speaker meeting WHERE: 1275 Starboard Dr, West Sacramento (Center for Spiritual Awareness)

## JUNE

**28<sup>TH</sup> ANNUAL EDI WOMEN'S RETREAT** ~ WHEN: June 2<sup>nd</sup>-4<sup>th</sup>. WHERE: Galilee Episcopal Camp and Retreat Center (Camp Galilee) 1776 US-50, Glenbrook, NV 89413

**AUBURN UNITY DAY 2017** ~ WHEN: June 17<sup>th</sup> WHERE: 707 Bell Road, Auburn. Speaker panels, marathon meetings, info table, snack bar, dinner, dessert buffet

**EAST YOLO FELLOWSHIP** ~ WHEN: Saturday, June, 17th, at 6:00pm. WHERE: 1040 Soule St, West Sacramento,. Potluck at 6:00pm. Bring a dish to share. 7:00pm.Speakers: Michele H. Al-Anon. Mark H. AA

**THE 12 and 12 BOOK STUDY 14<sup>TH</sup> ANNUAL SPEAKER MEETING/ DESSERT POTLUCK** ~ WHEN: June 20<sup>th</sup> WHERE: 209 Technology Way, Rocklin (Creekside Church). Dessert Potluck 7:00pm-7:45pm, Speaker -Sally F. from Newport Beach 8:00pm-9:00pm

**HAPPY CAMPERS GROUP 27<sup>TH</sup> ANNUAL POTLUCK/SPEAKER MEETING** ~ WHEN: June 20<sup>th</sup> WHERE: 3201 Winding Way, Carmichael (Sacramento Metro Church). Short Speaker: Jason S., Main Speaker: Ron D, of Lincoln

## SPECIAL EVENTS Cont'd

## JUNE

**LOOMIS FELLOWSHIP ICE-CREAM SOCIAL and SPEAKER MEETING** ~ WHEN: June 3rd, 6:00pm-9:00pm. WHERE: 6414 Brace Rd, Loomis

**ROCKLIN FELLOWSHIP ANNUAL PICNIC** ~ WHEN: June 4th, 11:00am-4:00pm. WHERE: 5480 5<sup>th</sup> St, Rocklin (Springview Park). Hamburgers and Hotdogs provided, bring a side dish

**TRADITIONAL GROUP SPONSORSHIP WORKSHOP** ~ WHEN: June 24th, 12:00pm-1:30pm. WHERE: 2625 Alta Arden Expy, Sacramento,

## JULY

**Group 3 Alkathon** ~ WHEN: July 3rd. starts at 6:00pm and continue every 2 hours until July 4th at 8:00pm Join us for food & fellowship.

## AUGUST

**CCFAA ANNUAL PICNIC** ~ WHEN: **Sunday August 19**, 9am to 4pm. WHERE: Elk Grove Park, 99500 Elk Grove-Florin Rd, Elk Grove, CA Join us for lots of fun, food, fellowsjhip and games.

## SEPTEMBER

**2017 NATIONAL AA TECHNOLOGY WORKSHOP** ~ WHEN: Sept. 8<sup>th</sup>-10<sup>th</sup> WHERE: Hilton Sacramento Arden West Hotel 2200 Harvard St, Sac.

**11<sup>TH</sup> ANNUAL HAND AND HAND WOMEN'S DAY OF UNITY** ~ WHEN: September 9<sup>th</sup> 8:30am-4:30pm WHERE: Winewood Community Church 1900 West Vine St., Lodi

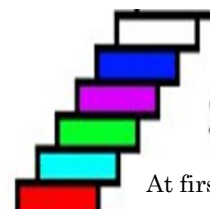
## OCTOBER

**2017 CENTRAL FOOTHILL WOMEN'S CONFERENCE** ~ WHEN: October 7<sup>th</sup> WHERE: American Legion Hall, Sutter Creek



## Step Five Timetable

The information for Step Five began with a sincere session of spontaneous writing where I asked God to make clear my selfishness, dishonesty, resentment and fear. This awareness, plus my "official" Fourth Step inventory process (directly out of the Big Book), provided a new awareness of the lurking demons (grosser handicaps) At first opportunity P. 74



that had kept me drunk year after year. These destructive fiends freely frolicked in my unapproachable subconscious. They were protected from the Sunlight- Of-The-Spirit of truth by a dense dark and distorted fog of falsehood and deceit. This Fourth Step awareness did not make them disappear, but, at least, I had found honest information for use in Step Five. Someone said,

"Continued on pg. 18

**AA UNITY**

Fred, 32 yrs  
Barbara 16 yrs  
Michael 3 yrs

**CITRUS HEIGHTS GROUP**

Lucky Larry, 28 yrs  
Russ H., 26 yrs  
Carolyn W., 11 yrs  
Charlene M., 7 yrs  
Raymond A., 4 yrs  
Kyle G., 3 yrs  
Corrine D., 2 yrs

**COURAGE TO CHANGE**

Jack D., 33 yrs  
Dorie H., 19 yrs

**DAILY ATTITUDE ADJUSTMENTS**

Mike C., 31 yrs  
Mo W., 25 yrs  
Sheri J., 15 yrs  
Bryan N., 11 yrs  
Brendan N., 9 yrs  
Rebecca B., 3 yrs  
Terry O., 2 yrs

**DAVIS HOPE GROUP**

Jack B., 37 yrs  
Mary Jane M., 29 yrs  
Suzy H., 18 yrs  
Tiff S., 16 yrs  
Steve S., 14 yrs  
Chris H., 14 yrs  
Larry F., 11 yrs  
Melissa V., 9 yrs  
Anthony, 7 yrs  
Jason B., 3 yrs  
Andrew, 2 yrs

**DAVIS FRIDAY NOON GROUP**

Shorty G., 43 yrs  
Laurie H., 28 yrs

**ELK GROVE FELLOWSHIP**

Brian C., 19 yrs  
Renee P., 15 yrs  
Sarah M., 12 yrs  
Mike S., 8 yrs  
Vania C., 4 yrs  
John K., 4 yrs  
Lori O., 3 yrs  
Mike P., 1 yr  
Dave A., 1 yr



**GIBBONS NOON**

Susan S., 36 yrs  
Bill C., 25 yrs  
Richard G., 21 yrs  
Skip K., 11 yrs  
Barb L., 3 yrs  
Jake E., 2 yrs

Betty K. 28 yrs  
Robin 9 yrs



Bill S., 25 yrs  
Dave S., 11 yrs  
Gino B., 10 yrs  
Jamie R., 6 yrs  
Katie M., 3 yrs  
David R., 3 yrs  
Dave W., 1 yr

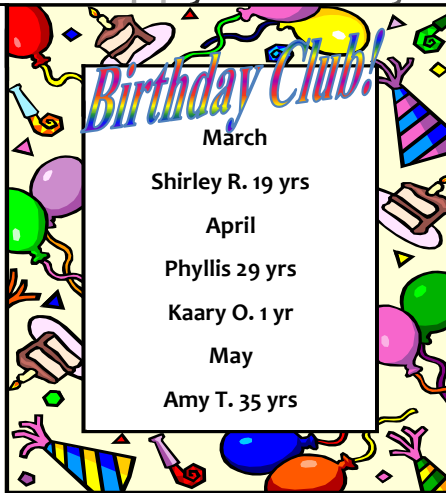
Bill C., 25 yrs  
Connie F., 4 yrs

Lynn S., 28 yrs  
Craig S., 22 yrs  
Heather B., 14 yrs  
Geno B., 10 yrs  
Eric H., 7 yrs  
John F., 2 yrs

John G., 34 yrs  
Brett D., 21 yrs  
Andrew O., 17 yrs  
Rob S., 16 yrs  
Justin J., 15 yrs  
Anita O., 13 yrs  
Angela A., 10 yrs  
Lisa D., 7 yrs  
Marivel, 6 yrs  
Daniele B., 2 yrs  
Dennis W., 2 yrs

Elisabeth S., 31 yrs  
Leigh P., 6 yrs  
Barbara L., 16 yrs  
James L., 13 yrs  
Hyman D., 8 yrs  
Tracy B., 7 yrs  
Tausha B., 4 yrs  
Mario C., 3 yrs  
Steve P., 1 yr  
Jerry W., 1 yr

Mo, 25 yrs  
Faith D., 21 yrs  
Ken Y., 12 yrs  
Deserre, 4 yrs  
Bill C., 3 yrs  
AJ, 1 yr



**GROUP THREE**

Sy P., 47 yrs  
Lou G., 38 yrs  
Seth A., 34 yrs  
Marcia H., 32 yrs  
Russel H., 26 yrs  
Bonnie C., 21 yrs  
Jim D., 19 yrs  
Renee D., 15 yrs  
Ed K., 11 yrs  
Tiji J., 10 yrs  
Brian M., 10 yrs  
Joanie F., 9 yrs  
Kristyn P., 9 yrs  
Michael B., 8 yrs  
Daniell F., 8 yrs  
Therese H., 8 yrs  
Debra M., 8 yrs  
Whitney M., 8 yrs  
Mandy S., 8 yrs  
Alica W., 8 yrs  
Chris D., 7 yrs  
Elma F., 7 yrs  
Chris L., 7 yrs  
Susan S., 7 yrs  
Brian T., 7 yrs  
Starla B., 6 yrs  
Madelyn C., 6 yrs  
Katherine F., 6 yrs  
Kirk L., 6 yrs  
Katheleen O., 6 yrs  
Sharon P., 6 yrs  
Walter S., 6 yrs  
Sylvia, 6 yrs  
Phil D., 5 yrs  
Karen W., 5 yrs  
Greg A., 3 yrs  
Kevin R., 3 yrs  
Debby D., 2 yrs  
Debra J., 2 yrs  
Jessica M., 2 yrs  
Tiffany S., 2 yrs  
Dyana Z., 1 yr



**INTO ACTION**

Susan A., 34 yrs  
Roni B., 3 yrs

**MIDTOWN SOLUTIONS**

Zephor F., 34 yrs  
Bill H., 18 yrs  
Robert H., 16 yrs  
Auzie R. 8 yrs  
Clyde W., 3 yrs  
Fran S., 3 yrs  
Lonny F., 3 yrs  
Gypsy, 2 yrs  
Drew W., 1 yr  
Jason "Jay S., 1 yr

**OAK TREE**

Nancy B., 34 yrs  
Kenn C., 29 yrs  
Jennifer A., 4 yrs  
Erin B., 1 yr  
Phillip R., 33 yrs  
David C., 16 yrs  
Rick E., 10 yrs  
Linda O., 8 yrs

**RIO LINDA**

Jim M., 9 yrs  
Cristin C., 2 yrs



**ROCKLIN RACETRACK**

Tim G., 31 yrs  
Daniel L., 11 yrs  
Steve C., 3 yrs  
Colleen M., 1 yr

**ROSEVILLE HAPPY DESTINY**

Susan A., 34 yrs

**ROSEVILLE TUESDAY NIGHT GROUP**

Dana M., 44 yrs  
David L., 25 yrs  
Pete L., 14 yrs  
Craig K., 11 yrs  
Debbie R., 7 yrs  
Dani S., 6 yrs  
David R., 5 yrs  
Jillian J., 2 yrs  
Pat R., 2 yrs  
Jackie S., 2 yrs  
Charlee B., 2 yrs  
Christina C., 2 yrs  
Lesley S., 1 yr  
Virginia, 1 yr  
Cathi W., 1 yr

**SERENITY BOOK & STEP STUDY**

Whitney, 1 yr

**SERENITY SEEKERS**

Jerry K., 42 yrs

Gary A., 13 yrs

Will T., 25 yrs  
Allison B., 16 yrs  
Doug M., 9 yrs

Nate S., 3 yrs  
Lori O., 3 yrs  
John T., 3 yrs  
Tiffany S., 1 yr  
Erin B., 1 yr

Lee Z., 29 yrs  
Chris B., 25 yrs  
Katherine F., 3 yrs  
Ami L., 1 yr

Randy L., 19 yrs  
Jody McC., 13 yrs  
Barbie V., 9 yrs  
Sam C., 2 yrs

Ian C., 4 yrs

Debbie S., 24 yrs  
Tom T., 9 yrs  
LisaBeth K., 3 yrs

Terry W., 26 yrs  
Jerry H., 16 yrs  
Gill, 11 yrs  
Erika V., 7 yrs  
Michele T., 6 yrs  
Alicia G., 5 yrs  
Steve B., 3 yrs  
Cindy D., 2 yrs  
Mike B., 2 yrs  
Alex M., 2 yrs  
Mary F., 2 yrs  
Zach T., 1 yr  
Mitch W., 1 yr  
Beau P., 1 yr  
Tonya J., 1 yr

Doug B., 29 yrs

**SHARING AND CARING**

Jerold H., 20 yrs  
 Jamie, 6 yrs  
 Deserre, 4 yrs  
 Michelle L., 1 yr

Jimmy S., 20 yrs  
 Lizzy M., 6 yrs  
 Laiq L., 1 yr

**SUNRISE SUNSET**

Susan S., 36 yrs  
 Bob W., 11 yrs

Richard G., 21 yr

**STEP 2 MEN'S**

David K., 28 yrs



**TRADITIONAL**

Mary Mc., 38 yrs  
 Glenn T., 33 yrs  
 Alice N., 31 yrs  
 Doug L., 29 yrs  
 Margaret D., 26 yrs  
 Julia H., 17 yrs  
 Terri N., 13 yrs  
 Tammy C., 3 yrs  
 Ally H., 2 yrs  
 Margaret H., 2 yrs  
 Wayne McM., 1 yr  
 Mike O'B., 1 yr

Mary S., 36 yrs  
 Paul G., 31 yrs  
 Mary P., 30 yrs  
 Larry J., 28 yrs  
 Ray M., 22 yrs  
 Tracy P., 16 yrs  
 Alisia J., 5 yrs  
 Ren H., 3 yrs  
 Kim C., 2 yrs  
 Brigid C., 1 yr  
 Aracely M., 1 yr

**WHAT A WAY TO START A WEEKEND**

Jan V., 31 yrs

Debbie S., 24 yrs

**WHITE FLAG GROUP**

Bob M., 20 yrs

Gene S., 8 yrs

**WINTERS KITCHEN TABLE GROUP**

Marianne H., 30 yrs

Robert H., 5 yrs

**WOODLAND GROUP**

Barb N., 31 yrs  
 Linda M., 21 yrs  
 Heather S., 12 yrs  
 Victor M., 3 yrs  
 Gigi, 1 yr  
 Ava E., 1 yr  
 Don P., 1 yr  
 Joe D., 1 yr

Bill Z., 23 yrs  
 Jerry S., 13 yrs  
 Nick R., 7 yrs  
 Susan F., 2 yrs  
 Nate B., 1 yr  
 Ramiro P., 1 yr  
 Chuck, 1 yr  
 Daniel W., 1 yr

**WOODLAND TRADITIONAL**

Ann T., 30 yrs  
 Ron H., 22 yrs  
 Bernice G., 11 yrs  
 Tony F., 3 yrs  
 Kevin D., 2 yrs  
 Jason C., 2 yrs  
 Vanessa Mc., 2 yrs  
 Daniel W., 1 yr



Vince O., 24 yrs  
 Sammy H., 19 yrs  
 David M., 11 yrs  
 Susan F., 2 yrs  
 Richard A., 2 yrs  
 Mark G., 2 yrs  
 Silvia R., 1 yr

**Late Submissions: April Birthdays**

**Oak Tree - Sabrina Z. 11 yrs**



**May Birthdays**  
**3,790 Total years!!**



**The Fifth Step**

**“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs”**

“A.A. experience has taught us we cannot live alone with our pressing problems and the character defects which cause or aggravate them. If we have swept the searchlight of Step Four back and forth over our careers, and it has revealed in stark relief those experiences we’d rather not remember, if we have come to know how wrong thinking and action have hurt us and others, then the need to quit living by ourselves with those tormenting ghosts of yesterday gets more urgent than ever. We need to talk to someone about them.”

*Twelve Steps and Twelve Traditions, pg.55*

**The Fifth Tradition**

**“Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.”**

“ Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying the message to the alcoholic who still suffers.” *Short Form*

**The Fifth Concept**

**“Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.”**

“We believe the spirit of democracy in our Fellowship and in our world service structure will always survive, despite the counter forces which will no doubt continue to beat upon us. Fortunately we are not obliged to maintain a government that enforces conformity by inflicting punishments. We need to maintain only a structure of service that holds aloft our Traditions, that forms and executes our policies thereunder, and so steadily carries our message to those who suffer. Hence we believe that we shall never be subjected to the tyranny of either the majority or the minority, provided we carefully define the relations between them and forthwith tread the path of world service in the spirit of our Twelve Steps, our Twelve Traditions, and our Conference Charter—...” *Twelve Concepts for World Service—by Bill W.*

**SPIRITUAL EXPERIENCE**

The terms “spiritual experience” and “spiritual awakening” are used many times in this book which, upon careful reading, shows that the personality change sufficient to bring about recovery from alcoholism has manifested itself among us in many different forms.

Yet it is true that our first printing gave many readers the impression that these personality changes, or religious experiences, must be in the nature of sudden and spectacular upheavals. Happily for everyone, this conclusion is erroneous.

In the first few chapters a number of sudden revolutionary changes are described. Though it was not our intention to create such an impression, many alcoholics have nevertheless concluded that in order to recover they must acquire an immediate and overwhelming “God-consciousness” followed at once by a vast change in feeling and outlook.

Among our rapidly growing membership of thousands of alcoholics such transformations, though frequent, are by no means the rule. Most of our experiences are what the psychologist William James calls the “educational variety” because they develop slowly over a period of time. Quite often friends of the newcomer are aware of the difference long before he is himself. He finally realizes that he has undergone a profound alteration in his reaction to life; that such a change could hardly have been brought about by himself alone. What often takes place in a few months could seldom have been accomplished by years of self-discipline. With few exceptions our members find that they have tapped an unsuspected inner resource which they presently identify with their own conception of a Power greater than themselves.

Most of us think this awareness of a Power greater than ourselves is the essence of spiritual experience. Our more religious members call it “God-consciousness.”

Most emphatically we wish to say that any alcoholic capable of honestly facing his problems in the light of our experience can recover, provided he does not close his mind to all spiritual concepts. He can only be defeated by an attitude of intolerance or belligerent denial.

We find that no one need have difficulty with the spirituality of the program. *Willingness, honesty and open mindedness are the essentials of recovery. But these are indispensable.*

“There is a principle which is a bar against all information, which is proof against all arguments and which cannot fail to keep a man in everlasting ignorance—that principle is contempt prior to investigation.”

—Herbert Spencer

*Alcoholics Anonymous* Fourth Edition pp 367-368

**In Memoriam Birthday’s**

Alan W. 22yrs  
 of Traditional





E S F P W N G Q L S A S D C O  
 D C E H E M C A R R Y E F R S  
 U A V L M R E D Q G F D R E R  
 T S P H C P S Q E E C E A A E  
 I T Y A P A Q O C V V U B T F  
 T U N A E U T T N O I X H O F  
 T V M Y W G S S C A A G O R U  
 A I D X U L Y S B M L K A Z S  
 R E Y R A M I R P O E E G Z O  
 D I S K A D M I T T E D E D X  
 X P G O E M O Q D L C Z R L Q  
 W O H H P X D O W B O M D P E  
 Z S C J T R U U O Y W H F Y K  
 G W R J I T U Z C V Z M B J Y  
 O Y N F W X B P N M Y W V T X

**WORD SEARCH Step,  
 Tradition & Concept Five**

- ADMITTED
- CARRY
- DEFECTS
- OUT
- PURPOSE
- APPEAL
- CAST
- DISCOVER
- PERSONAL
- RIGHT
- ATTITUDE
- CREATOR
- OBSTACLES
- PRIMARY
- SUFFERS



**WORDSMITHY**

**- Vicissitude -**

*(vuh sis uh tood) or (vye sis uh tood)*

**Difficulty / hardships / change  
 or variation in life  
 circumstances**

From the Big Book dictionary – pg. 56 BB

**5 Faithful Fivers 5**

**86 Members!**

Register with Central Office as a Faithful Fiver member so you'll receive a charitable contribution receipt at the end of the year.

You can donate in any of the following ways:

- a) Mail a check every month to: CCFAA Faithful Fivers, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827, OR
- b) Bring a check or cash into the office every month, OR
- c) Try the Preferred Method! Use your online banking bill pay to set up a recurring payment:

Payee: CCFAA Faithful Fivers

Central Office address, as above

Account number: Your Name

**Quote of the Day**

"I've been told to shake hands and have started doing so, even though it feels awkward ... I know one thing and one thing only: Today I'm sober and loved by members of my home group, even though I might not love myself yet."

"Head Full of AA and a Belly Full of Beer,"  
 Waukesha, Wis., March 2006 AA Grapevine

**Just for laughs**



"... And in fifty-seven months and six days, I'll have five years!"

**FAITHFUL FIVERS ARE  
 GRATEFUL GIVERS**

**I. Opening**

A. Call to order at 3:01 PM  
 D. CCFAA Preamble read by Pierre DP  
 G. Birthdays – 35

B. Open with Serenity Prayer  
 E. 7th Tradition -

C. 12 Traditions read by Joan T  
 F. Delegate Check-in/Group Announcements

**II. Preliminary Business:****A. Delegate Check-in:**

Total Delegates – 40

Quorum met: Yes

Group Name	Delegate	Last Attended	Group Name	Delegate	Last Attended
AA Unity Group	Absent	3/18/2017	Into Action Group Foresthill	Absent	10/15/2016
All Tribes	Absent	3/18/2017	Lincoln Sisters in Sobriety	Absent	3/18/2017
Antelope Women's Group	Absent	8/20/2016	M.L.K.A.A. Group	Absent	2/18/2017
As Bill Sees It Men's Group	Absent	10/15/2016	Midtown Solutions	Bill D	4/15/2017
Auburn Fellowship	Sharon D	4/15/2017	MNNYPAA	Aaron B	4/15/2017
Babes in Recovery	Debralee	4/15/2017	Natomas Group	Absent	8/20/2016
Back to Basics Rocklin	Absent	1/21/2017	New Hope Group	Dustin T	4/15/2017
Been There Done That	Absent	1/21/2017	North Hall Group	Bill S	4/15/2017
By The Grace	Absent	3/18/2017	North Sacramento Group	Frank D	4/15/2017
Capital City Men's Group	Absent	12/17/2016	Oak Park Fellowship	Absent	3/18/2017
Cathedral Group	Kim M	4/15/2017	Oak Tree Fellowship	Absent	8/20/2016
Cenacle Group	Chelsea S	4/15/2017	Orangevale Open Group	Richard D	4/15/2017
Center Parkway AA Book Study	Absent	2/18/2017	Rio Linda Fellowship	Michael R	4/15/2017
Citrus Heights Group	Steve R	4/15/2017	Rocklin Fellowship	Lindsay S	4/15/2017
Cordova Good Morning Group	Absent	12/17/2016	Rocklin Racetrack Group	Absent	3/18/2017
Cordova Lunch Bunch	Steve S	4/15/2017	Roseville Eastside	Absent	1/21/2017
Cordova Serenity Seekers	Jennifer Q	4/15/2017	Roseville 5 <sup>th</sup> Street Fellowship	Dan O	4/15/2017
Cordova Thursday Night Group	Jimmy	4/15/2017	Roseville Tuesday Night Group	Absent	3/18/2017
Creekside	Absent	12/17/2016	SACYPAA	Absent	3/18/2017
Daily Attitude Adjustment – Fair Oaks	Teresa M	4/15/2017	Sacramento Spring Fling	Phil L	4/15/2017
Davis Hope Group	Absent	3/18/2017	Saturday Morning Reflections	Absent	8/20/2016
Davis Young People's	Absent	3/18/2017	Serenity Book and Study Group	Dlorah B	4/15/2017
Destiny Group	Kelly MC	4/15/2017	Sharing and Caring	Jessie P	4/15/2017
Downtown Young People's	Carlos A	4/15/2017	Sixty Minute Solution	Absent	2/18/2017
Dubious Luxury	Absent	2/18/2017	Southport Serenity	Absent	3/18/2017
East Yolo Fellowship	Phillippe W	4/15/2017	Sunday Morning Serenity	Roger M	4/15/2017
Elk Grove Fellowship	Steve S	4/15/2017	Sunrise Sunset Gibbons	Absent	10/15/2016
Fair Oaks Beginners	Al E	4/15/2017	Sunset Saturday Group	Absent	4/16/2016
Folsom Big Book	Absent	2/18/2017	Tahoe Park Group	Absent	4/16/2016
Folsom Saturday Morning Group	Absent	3/18/2017	Thursday Night Men's Group	David B	4/15/2017
Fourth Dimension Group	Absent	2/18/2017	Too Young Group	Absent	9/17/2016
Freedom Group	Absent	11/19/2016	Traditional Group	Michael C	4/15/2017
Friday Night Free Thinkers	Absent	1/21/2017	Triangle Group	Absent	2/18/2017
Galt Fellowship	Absent	2/18/2017	Tuesday Cordova KISS Group	Absent	3/18/2017
Gibbons Noon	Howard H	4/15/2017	Tuesday Night Beginners	Absent	2/18/2017
Girls Night Out	Absent	2/18/2017	We Care Group	Tricia C	4/15/2017
Good For Nothing	Sam C	4/15/2017	We Surrender Men's Group	Howard H	4/15/2017
Greenhaven Group	Pierre G	4/15/2017	Welcome Group	Dreigh P	4/15/2017
Group One	Jeff S	4/15/2017	What a Way to Start a Weekend Women	Sharon H	4/15/2017
Group Three	Joan T	4/15/2017	White Flag Men's Group	Absent	3/18/2017
Happy Hour Group of AA	Absent	3/18/2017	Willing Women	Renee H	4/15/2017
Into Action – Citrus Heights	Bill B	4/15/2017	Woodland Group	Absent	2/18/2017

**B. Attending Elected Positions**

CCFAA Chair	Kathryn C	Absent	NCCAA Liaison	Roger M	Present
Assistant Chair	Amy T	Present	Birthdays/Faithful Fivers Chair	Wendy S	Absent
Treasurer	John G	Present	OOB Chair	Carlos A	Present
Recording Secretary	Karen Y	Present	OOB Member	Dreigh P	Present
TeleService Chair	Al E	Present	OOB Member	Dlorah B	Present
By Laws & Procedures Chair	Kim M	Present	OOB Member	David B	Present
PI/CPC Chair	Joan T	Present	Picnic Chair	Betty K	Present
H&I Liaison	Terri N	Present	Special Events Chair	Vacant	
Special Needs Chair	Erik C	Absent			

**New Delegates- and Visitors**

Greenhaven Group  
District 24

Pierre DP  
Paul

East Yolo Fellowship  
Sunset Women

Phillippe W  
Becky

**III. Approval of Minutes**

Motion to accept February minutes with corrections was made and passed. Corrections: Bill D (MTS) Last attended 3/18/2017, Jennifer Q for Cordova Serenity Seekers.

**IV. Trusted Servant Reports****A. Chairperson Report – Kathryn C (Absent) reported by Amy T**

Welcome to the April CCF Delegate's meeting!

A big thank you to Amy for covering for me today!

Remember that if you are looking for things to do, consult the BY The Way! Twice a month the Central office needs volunteers (p. 2) you will be paid in coffee and doughnuts!

Teleservice is always looking for volunteers on page three!

Pages four through six are all the events! Check them out!

Ok, I'll stop reading the By The Way for you. This is a great resource for newcomers and members that may feel detached or bo red. It is a great feeling to know that there is a meeting with the fellowship I seek right around the corner.

It is a great feeling that you all are hear taking care of AA in Northern California. Thank you all for your dedication and service.

Today is a great day to be sober!

Kathryn C

CCF Chairperson, 2016

[KathrynC](#)

*"...principles before personalities."*

**B. Assistant Chair/CNIA Liaison – Amy T**

No report, no CNIA meeting, everybody at Pre-Conference meeting in Modesto.

**C. Office Operations Committee – Carlos A**

1. In answer to a question last month, why is insurance so high, "if you can find better, get it".
2. Somehow CCFAA was signed up for Amazon.Smile; we have asked to be removed from their donations in keeping with our Traditions.
3. We have asked that meetings from our website not be included on the SIMeetings website because it is not up -to-date. Please announce at your meetings that our official website is aasacramento.org
4. WACYPAAs donated \$627.87 to CCFAA
5. Received surplus books from a Cal-fire AA meeting.

**D. Office Manager's Report – Rae W**

Manager's Report

April 14, 2017

1. March 30, 2017 was the last day for filing for meeting insurance coverage. Special Event Insurance is available throughout the year. The application is on our website: aasacramento.org, under the Resources tab.
2. We received a donation of new books from Cal Fire. The books have been entered into inventory for April.
3. CCFAA was listed as a participant in The Amazon Smile donation program. Amazon has been contacted and a request has been made to have our name removed from their list of participants. We adhere to Tradition 7 and will not accept outside contributions.
4. The simeetings.com is a website that list AA meetings throughout the US. The site is not up -to-date while attempting to duplicate our meeting content. The Northern CA Office Managers have contacted the webmaster and ask that he not list our meetings.
5. Please announce at your groups that the official web address for CCFAA is: aasacramento.org.
6. We received a donation of \$627.87 from the WACYPAAs Conference. Thank you WACYPAAs 2016!
7. First quarter payroll and sales tax reports and deposits will be made by the April 30<sup>th</sup> due date.
8. Sacramento Property Tax Form 571-L (Business Personal Property) has been filed.

*And all is well...Rae W.*

**E. Treasurer's Report –John G**

March was a good month: books are near budget and medallions are strong.

**F. Special Needs Chairperson's Report – Erik C**

No report

**. Teleservice Chairperson's Report – Al E**

**Submitted by:** Al E. Teleservice Chair & Pete B - Teleservice Co-Chair

**Date submitted:** 4/11/17

**Website:** <http://aasacramento.org/service-opportunities/teleservice/>

**Shift Call Numbers: Mar 2017 (as of 4/11/17)**

12 Step = 39 YTD 128

Info = 217 749

Total = 256 877

**New Business:**

- Always a need dedicated volunteers to provide Step Work
- Working to Integrate Special Needs & Additional Languages
- Currently have all shifts covered & we have ~14 potential volunteers in queue
- Looking forward to a Teleservice Workshop in July 2017
- And more fun for August Picnic

**Next CCFAA Holiday Closure:**

Memorial Day - Monday 5/29/17 - No shifts covered as of 4/11/17

**Regular Business:**

Current Teleservice Potential Volunteer Count = 14

Current Teleservice Volunteer Count = 42

Break out (32) Shift + (7) Shift Coord + (1) Orientation + (1) Co Chair + (1) Chair

Current Teleservice Substitute Count = 56

Current Teleservice 12 Step Count = 88

**Total = 200**

**Weekly Meetings with Chair + Co Chair as check in****We need dedicated volunteers to provide Step Work**

**We send updates bi-weekly Sunday:** These bi-weekly updates include Updated Teleservice (TS) Flyer, Shift, Sub and 12 Step Lists. CCFAA Teleservice Web page is updated with open shifts. Teleservice Volunteer Online Form submission works very well, very grateful for that!

**\*\* We need people on the 12-Step List that are willing to answer the telephone from an unfamiliar number, our teleservice personnel rotate regularly so there are always new phones added. We need 12-Step people that answer the phone.\*\***

**H. By-Laws & Procedures Chairperson's Report –Kim M**

No Report

**I.PI/CPC – Joan T**

1. The committee welcomed one new member from SACYPAA this month. The committee received a request for the ARC Health Fair May 6<sup>th</sup>. Mike, Marshall, Mitch and Maddy will attend.
  2. Mitch sent letters to the DUI schools; Marshall's letter to the Probation Office is ready to be sent; Mike's letters to the Judges in Family Court and Traffic Court are ready to go.
  3. Mike is going to have a stamp made for the Committee with the CCF Hotline number for all literature we give away.
- In love and Service, Joan T, Chairperson

**J. Birthday Club/Faithful Fivers – Absent**

No report

**V. Reports – Special Committees, Delegates, Liaisons & Invited Guests –****A. NCCAA Liaison – Roger M**

Sacramento will be hosting the 70<sup>th</sup> Anniversary Summer Conference June 9, 10 & 11, 2017 at McClellan Park. The pre-registration is \$20 and we would like 750 pre-regs and we need to fill 150 rooms at Lionsgate Hotel. The Planning Committee Meetings are held the first Sunday of the month at Group Three at noon. Please come out and be of service. There are several positions still available and many volunteers are needed.

**B. Picnic Committee- Betty K**

The first picnic meeting was held Friday April 14<sup>th</sup> at the Central Office. It was sparsely attended, but the 'food' people showed up. We won't see them again till August but there will be Polish sausage, Hot Dogs and Hamburgers! Used Books booth is now covered, as well as Coffee and the Triangle Group will handle the tickets.

At the Delegates Meeting several people stepped up: Jessie of the Traditional Group volunteered as the Softball Chairperson; SACYPAA volunteered to co-ordinate the Clean-Up; Pierre of Greenhaven Group requested Bingo; Debralee of Babes in Recovery stepped up to do bubbles and face painting again.

We are still looking for someone or group to suggest a theme and/or logo for the picnic. There is \$50 gift certificate as incentive.

**A. Hospitals & Institutions** – Absent, reported by Roger M

- The H&I Committee Meeting is held the 3<sup>rd</sup> Thursday at Denny's (Howe Ave & Hwy 50) at 6:00 pm. The 45<sup>th</sup> H&I Conference will be held in San Jose on May 5, 6 & 7, 2017. Information is available at handinorcal.org.
- The H&I Steering Committee Meeting will be held June 11, 2017 in Sacramento at the North Highlands Community Center 11am-3pm. If you have any questions or concerns bring them to this meeting.
- People are needed to facilitate meetings in institutions. See your group's H&I Rep or contact Roger M

**B. District 23 Liaison-** Carlos

No report

**C. District 24 Liaison-** Paul

They are planning a post conference report session with Vikki R, Delegate. More to come.

**D. Special Events Chair** – Vacant

No report

**VI. Old Business** –

Special Events Chair position remains vacant for the fourth month. If anyone is interested, please contact the CCF Chair.

**VII. New Business** –

No new business.

**VIII. Closing – Meeting closed at 4:11 PM**

Respectfully submitted, Karen Y, Recording Secretary



### Thoroughness

Calm, thoughtful reflection upon personal relations can deepen our insight. We can go far beyond those things which were superficially wrong with us, to see those flaws which were basic, flaws which sometimes were responsible for the whole pattern of our lives.

Thoroughness, we have found, will pay—and pay handsomely.

- 12 Steps & 12 Traditions, p. 80

### Thought to Ponder . . .

Humility is not thinking less of myself,  
but thinking of myself less.

### Humility

To those of us who have hitherto known only excitement, depression, or anxiety—in other words, to all of us—this newfound peace is a priceless gift. Something new indeed has been added. Where humility had formerly stood for a forced feeding on humble pie, it now begins to mean the nourishing ingredient which can give us serenity.

- 12 Steps & 12 Traditions, p. 74

	March	YTD	Prorate Budget	Budget
<b>Income</b>				
4020 · AAWS Literature Sales	5,422	20,391	18,250	73,000
4025 · In-House Publication Sales	1,379	3,920	3,875	15,500
4035 - Medallion Sales	4,221	12,310	10,500	42,000
4100 · Group Contributions	13,207	31,165	24,500	98,000
4110 · Anonymous Contributions	33	38	75	300
4120 · Birthday Contributions	48	356	600	2,400
4125 · Office Services Revenue	2,216	5,015	5,015	8,600
4130 - Faithful Fivers	608	2,288	2,875	11,500
4440 - Interest Income	0	2	0	0
4460 - Picnic Revenue	6	28	0	9,300
4480 - Special Event Revenue	628	628	1,500	6,000
<b>Total Income</b>	<b>27,769</b>	<b>76,141</b>	<b>67,190</b>	<b>266,600</b>
<b>Cost of Goods Sold</b>				
5000 - Literature Costs				
5010 · Cost of AAWS Literature Sold	4,031	15,345	13,000	52,000
Literature Costs/Adjustment	0	582	75	300
<b>Total 5010 - AAWS Literature</b>	<b>4,031</b>	<b>15,927</b>	<b>13,075</b>	<b>52,300</b>
<b>Net Income AAWS Literature</b>	<b>1,390</b>	<b>4,464</b>	<b>5,175</b>	<b>20,700</b>
5015 · Other Literature	184	724	375	1,500
5025 · In-House Publication				
5030 · Paper Stock & Staples	306	1,074	875	3,500
5035 · Printing Equipment	1,084	3,285	3,000	12,000
5040 - Copy costs	69	884	500	2,000
<b>Total 5025 · In-House Publication</b>	<b>1,459</b>	<b>5,243</b>	<b>4,375</b>	<b>17,500</b>
<b>Net Income In-House Publication</b>	<b>(80)</b>	<b>(1,324)</b>	<b>(500)</b>	<b>(2,000)</b>
Cost of Medallions	1,457	4,420	3,125	12,500
<b>Net Income Medallion Sales</b>	<b>2,764</b>	<b>7,890</b>	<b>7,375</b>	<b>29,500</b>
<b>Total Cost Of Goods Sold</b>	<b>7,132</b>	<b>26,314</b>	<b>20,950</b>	<b>83,800</b>
<b>Gross Income (after cost of goods)</b>	<b>20,637</b>	<b>49,827</b>	<b>46,240</b>	<b>182,800</b>
<b>Expense</b>				
Equipment Expense				
<b>Total Equipment Expense</b>	<b>139</b>	<b>537</b>	<b>913</b>	<b>3,650</b>
Insurance				
<b>Total Insurance</b>	<b>565</b>	<b>1,180</b>	<b>1,364</b>	<b>5,457</b>
Meetings/Conference Expense				
<b>Total Meetings/Conference Expense</b>	<b>139</b>	<b>139</b>	<b>425</b>	<b>1,700</b>
Office Expense				
<b>Total Office Expense</b>	<b>2,586</b>	<b>7,558</b>	<b>7,350</b>	<b>29,400</b>
Utilities - 5770				
<b>Total 5770 Utilities</b>	<b>620</b>	<b>2,083</b>	<b>2,113</b>	<b>8,450</b>
Other Committees - 6200				
5900 · Special Events	0	-	0	3,000
5990 - Picnic Committee	0	-	0	6,200
6210 - PI/CPC Expense	88	185	138	550
6220 - Special Needs Committee	0	65	95	380
6230 - Teleservice Committee	0	47	50	200
<b>Total Other Committees</b>	<b>88</b>	<b>297</b>	<b>283</b>	<b>10,330</b>
Professional Fees				
<b>Total Professional Fees</b>	<b>36</b>	<b>318</b>	<b>869</b>	<b>3,476</b>
Payroll Expenses				
Salaries and wages	8,537	21,679	24,668	98,672
Taxes and Benefits	1,614	4,979	4,834	19,335
<b>Total 5400 · Payroll Expenses</b>	<b>10,151</b>	<b>26,658</b>	<b>29,502</b>	<b>118,007</b>
Bad Debt Expense - 5686	0	-	25	100
Credit Card Fees - 5895	183	532	563	2,250
Bank Charges - 5690	0	-	13	50
Other				
<b>Total Expense</b>	<b>14,507</b>	<b>39,302</b>	<b>43,418</b>	<b>182,870</b>
<b>Net Other Income / (Expense)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Net Income</b>	<b>6,130</b>	<b>10,525</b>	<b>2,823</b>	<b>(70)</b>

Prepared by Treasurer CCFAA

	<u>Mar 31, 17</u>	<u>Dec 31, 16</u>
<b>ASSETS</b>		
Current Assets		
Checking/Savings		
001060 · General Fund	17,400.04	19,385.75
1030 · Savings Acct 5905	10,001.89	10,001.64
1040 · Certificate of Deposit -0546	7,252.62	7,251.90
1041 · Certificate of Deposit -0438	18,466.46	18,465.57
1065 · Cash Drawer	<u>231.56</u>	<u>231.56</u>
Total Checking/Savings	53,352.57	55,336.42
Accounts Receivable		
1200 · Accounts Receivable	<u>2,094.41</u>	<u>2,797.06</u>
Total Accounts Receivable	2,094.41	2,797.06
Other Current Assets		
1070 · PrePaid Expense-Picnic	663.40	0.00
1072 · Security Deposits	1,582.69	1,582.69
1075 · Advance Payments	3,465.53	2,698.26
1500 · Inventory Asset	<u>33,727.80</u>	<u>26,946.74</u>
Total Other Current Assets	<u>39,439.42</u>	<u>31,227.69</u>
Total Current Assets	94,886.40	89,361.17
Fixed Assets		
1810 · Leasehold Improvements	137.92	137.92
1820 · Furniture & Equipment	19,354.19	19,354.19
1825 · Acc. Depreciation-Furniture and	-18,891.29	-18,891.29
1840 · Computer Software	2,752.02	2,752.02
1845 · Acc. Depreciation-software	<u>-2,752.02</u>	<u>-2,752.02</u>
Total Fixed Assets	<u>600.82</u>	<u>600.82</u>
<b>TOTAL ASSETS</b>	<u><u>95,487.22</u></u>	<u><u>89,961.99</u></u>
<b>LIABILITIES &amp; EQUITY</b>		
Liabilities		
Current Liabilities		
Accounts Payable		
2100 · Accounts Payable	<u>153.00</u>	<u>3,108.40</u>
Total Accounts Payable	153.00	3,108.40
Other Current Liabilities		
2200 · Payroll Liabilities	2,659.27	2,105.37
2220 · Accrued Paid Time Off	0.00	2,946.81
2253 · Event Funds Payable	0.00	6.25
2310 · Sales Tax Payable	<u>2,978.94</u>	<u>2,625.35</u>
Total Other Current Liabilities	<u>5,638.21</u>	<u>7,683.78</u>
Total Current Liabilities	<u>5,791.21</u>	<u>10,792.18</u>
Total Liabilities	5,791.21	10,792.18
Equity		
3300 · Unrestricted Fund Balance	61,710.25	61,710.25
3600 · Retained Earnings	17,459.56	14,547.54
Net Income	<u>10,526.20</u>	<u>2,912.02</u>
Total Equity	<u>89,696.01</u>	<u>79,169.81</u>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<u><u>95,487.22</u></u>	<u><u>89,961.99</u></u>

## Experiencing God

On retiring one evening my mind turned to some of the men and women I was then sponsoring. They were having difficulty, not with the concept of God, but with the idea of having a personal relationship with God; really experiencing God. How was I to share with them my experience in this area, my strength, and my hope? Upon awakening the next morning I was vividly impressed with an analogy that so aptly described my experience. The impression was so strong, that I was compelled to put it to pen and paper immediately before it faded from my mind.

So, what is it like for me to experience God? Consider this: It can be likened to being a member of a small church choir where the only requirement for membership is a desire to sing. Not having much of a voice, my range is limited. I can't even stay on key, so it's a good thing the entrance requirements are so lax. I would never consider singing solo with accompaniment; and acapella? forget about it. But I am pleased to be a part of something outside myself.

One day the great Pavarotti comes to visit our humble little choir. He enters the choir loft and positions himself directly behind me. At his urging I begin to sing as the musical piece begins. He then tells me to rest my back against his chest and after a few moments he begins to sing also. His voice resonates deeply in my chest and comes effortlessly out of my mouth with a richness and power I have never before experienced, full of vibrato, perfectly on key. I reach every high note with ease, as I have never before dreamed was possible. The experience is utterly exhilarating. I am so pleased. More than that, I am at once elated, honored, and privileged to have experienced the great Pavarotti singing through me.

Oh what it would be to sing like that always!

Afterward, members from the congregation come forward and exclaim how wonderfully I sang, how they were moved just by listening. They could hear my voice distinctly, and what a wonderful voice it is. They see me in a new light, but as they try to give me credit I feel compelled to tell them, it wasn't me at all! It was the great Pavarotti was singing through me.

Spiritually speaking God does the same thing, expressing himself through me, blessing and benefiting others by doing something for them, or to them through me. The experience for me is profound. I wouldn't think of accepting compliment without giving credit its proper due. God does in me and through me what I can never do for myself. The experiences rocket me into another dimension of existence I never knew existed.

From time to time as I am willing and the occasion arises he visits me again and again, acting through me to touch someone. Each time I share in such an experience I realize myself the bystander, a channel through which God touches another life. But I am quite sure that I have been more blessed than anyone by being able to serve in such a way.

I begin to appreciate that I have to *give it away to keep it*, that *it is more blessed to give than to receive*. It instills in me the desire to always be in that place, with God at my back, his spirit resonating through my being, leading me to accomplish things I could never do for myself.

Suddenly I realize that I have become a living, walking miracle!





## Did You Know?

There came next to the lectern a figure that not many A.A.'s had seen before, the Episcopal clergyman Sam Shoemaker. It was from him that Dr. Bob and I in the beginning had absorbed most of the principles that were afterward embodied in the Twelve Steps of Alcoholics Anonymous, steps that express the heart of A.A.'s way of life. Dr Silkworth gave us the needed knowledge of our illness, but Sam Shoemaker had given us the concrete knowledge of what we could do about it. One showed us the mysteries of the lock that held us in prison; the other passed on the spiritual keys by which we were liberated.

Dr. Sam looked scarcely a day older than he had almost twenty-one years earlier when I first met him and his dynamic group at Calvary's parish house in New York. As he began to speak, his impact fell on us there in the Kiel Auditorium just as it had upon Lois and me years before. As always, he called a spade a spade, and his blazing eagerness, earnestness, and crystal clarity drove home his message point by point. With all his vigor and power of speech, Sam nevertheless kept himself right down to our size. Here was a man quite as willing to talk about his sins as about anyone else's. He made himself a witness of God's power and love just as any A.A. might have done.

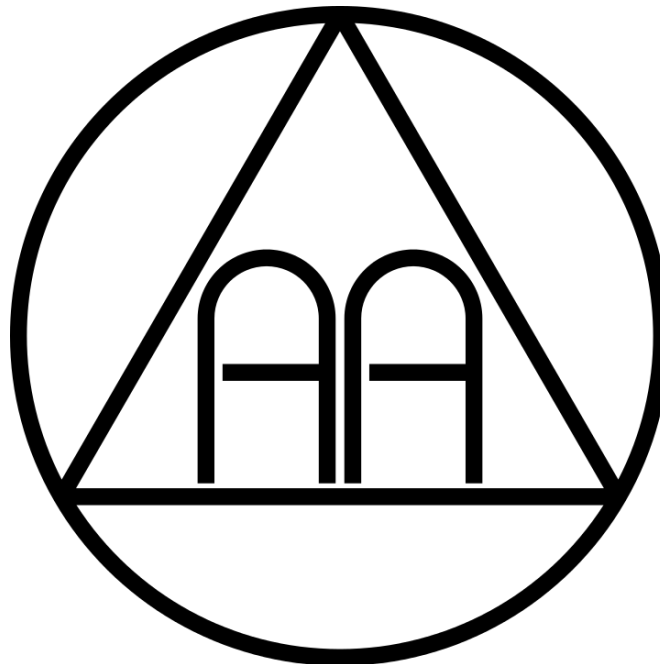
Sam's appearance before us was further evidence that many a channel had been used by Providence to create Alcoholics Anonymous. And none had been more vitally needed than the one opened through Dr. Sam Shoemaker and his Oxford Group associates of a generation before. The basic principles which the Oxford Groupers had taught were *ancient and universal ones, the common property of mankind*. Certain of the former O.G. attitudes and applications had proved unsuited to A.A.'s purpose, and Sam's own conviction about Oxford Groups had changed and views of today. But the important got its ideas of self examination, character defects, restitution for with others straight from the from Sam Shoemaker, their and from nowhere else. He will annals as the one whose inspired most to show us how to create which we alcoholics may survive A.A. owes a debt of timeless sent us through Sam and his infancy.

*Bill W, AA Comes Of Age pp.38-40*

While I was still reminiscing about the names of more of my alcoholic remembered Henry P., my partner book enterprise. Among all the pointed out to me at Towns the first to sober up. He had been salesman, and he turned his really the formation of the New York group. Many a Jerseyite can remember his impact over there, too. When in 1938 the Foundation found it could not raise money to publish the A.A. book, it was largely Henry's insistence that caused us to set up Works Publishing, Inc., and while we were working on the book, his endless hounding of the subscribers to Works Publishing kept enough money trickling in (barely enough) to finish the job.

About that time, there appeared on the New York scene another character, Fitz M., one of the most loveable people that A.A. will ever know. Fitz was a minister's son and deeply religious, an aspect of his nature which is revealed in his story entitled "Our Southern Friend" in the Big Book. Fitz fell at once into hot argument with Henry about the religious content of the coming volume. A newcomer named Jimmy B., who like Henry was an ex-salesman and former atheist, also got into the hassles. Fitz wanted a powerfully religious document; Henry and Jimmy would have none of it. They wanted a psychological book which would lure the reader in; when he finally arrived among us, there would be enough time to tip him off about the spiritual character of our society. As we worked feverishly on this project Fitz made trip after trip to New York from his Maryland home to insist on raising the spiritual pitch of the A.A. book. Out of this debate came the spiritual form and substance of the document, notably the expression "God as we understood him," which proved to be a ten-strike. As umpire of these disputes, I was obliged to go pretty much down the middle, writing in spiritual rather than religious or entirely psychological terms.

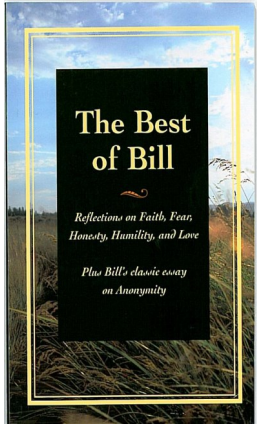
*Bill W, AA Comes Of Age pp.16-17*



these lesser aspects of the become more like our A.A. thing is this: the early A.A. acknowledgement of harm done, and working Oxford Groups and directly former leader in America, always be found in our example and teaching did the spiritual climate in and then proceed to grow. gratitude for all that God friends in the days of A.A.'s

the old times in New York, friends loomed up. I in Works Publishing and the prospects Dr. Silkworth had Hospital, Henry in 1935 was a big-time executive and prodigious enthusiasm into

**BOOK OF THE MONTH**



“ An energetic and prolific writer, Bill W. authored nearly 150 articles in the Grapevine. In its pages, he chronicled the events of AA’s pioneer years, and out of that early, arduous process of trial and error, he derived the principles that would unite and sustain this extraordinary fellowship. Ranging over a wide variety of topics, from the basic principles of AA’s Steps and Traditions to the personal search for “emotional sobriety,” Bill’s words hold meaning not only for AA members but for anyone on a spiritual quest.

In 1988, as a result of the many requests over the years for reprints of five of these articles—”Faith,” “Fear.” “Honesty,” “Humility,” and “Love”—a collection entitled *The Best of Bill* was compiled. The enduring popularity of this little booklet has prompted the current editors of the Grapevine to issue [ this ... ] a gift edition. As a fitting complement to these inspiring reflections on the spiritual life, [there] is included Bill’s classic essay *Why Alcoholics Anonymous is Anonymous*.

**Step Five Timetable** Cont’d from pg. 6)

The truth will set you free,” but I have come to believe there is more to it than simple awareness. I have found that continued action is needed to *face and be rid of* my now-obvious shortcomings and defects. This was to take place in Step Five. The Big Book tells me to do Step Five at “first opportunity,” which turned out to be about five minutes after the Step Four session (I love the Big Book timetable!). I confided to my sponsor a detailed revelation of those little demons and devils of conceit, jealousy, carelessness, intolerance, ill temper, and all the rest of it—not only to my sponsor, but to GOD! My sponsor had not the power to relieve me of this new-found ‘bondage of self,’ but luckily the Big Book tells me that God could and would if he were sought! (p. 60) Those dangerous demons cannot survive in the sunlight of God’s Truth! The Fifth Step promises, on page 75, tell us that we now begin to have a spiritual experience. Well, the realization that God is soon-to remove the very things that blocked me from seeing and acting on the truth-in-drink indeed speaks of a radical inner transformation! I believe the main goal of this vital step is to bring realization of what dominant inner forces have blocking the truth-in-drink.

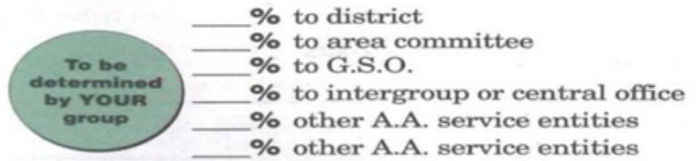
Following Step Five I knew what imperfections to ask God to remove in Steps Six and Seven. It was very important that I acted before my mind decided to remember only what it wanted to remember. I believe that the Big Book timetable is very important here! We are told to do Step Four ‘at once,’ Step Five at ‘First opportunity,’ review for a short period and ‘then’ (not later) do Step Six, go right into Step Seven ‘when ready.’ My sponsor helped me via the Big Book time-table directions. I haven’t had a drink of booze since!

~~ Bob S.

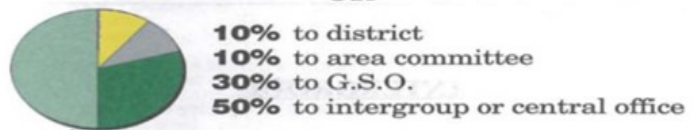
**Samples of Group Contributions to A.A. Service Entities**

Distribution Plan of \_\_\_\_\_  
(YOUR GROUP NAME)

Your Group Service # \_\_\_\_\_  
(Be sure to write group name and service # on all contributions.)



OR



OR

If you have no intergroup/central office.



**Online Intergroup of Alcoholics Anonymous**

**The Online Intergroup**

<<http://www.aa-intergroup.org/>> is a service entity established pursuant to Tradition Nine of Alcoholics Anonymous (AA) to operate on behalf of the participating online AA groups in accordance with AA’s Twelve Traditions and Twelve Concepts since 1996. The Intergroup exists to aid the online groups in their common purpose of carrying the AA message to the alcoholic who still suffers.

	Apr 17	Jan - Apr 17		Apr 17	Jan - Apr 17
11TH STEP MEDITATION MEETING	65.00	85.00	HIGH FLYERS GROUP	0.00	489.87
12 AND 12 BOOK STUDY (ROCKLIN)	0.00	240.00	LINCOLN THURSDAY NIGHT GROUP	0.00	345.00
12 AND 12 TOUCHSTONE GROUP	324.00	324.00	Live Oak	0.00	25.00
5TH TRADITION BIG BOOK STUDY	35.65	35.65	LIVING SOBER WOMEN'S FRIDAY GROUP	71.58	135.15
605 CHRISTIAN VALLEY GROUP	100.00	100.00	LOOMIS WEDNESDAY BIG BOOK	160.00	160.00
A WAY OUT	0.00	97.50	LOOMIS WOMEN'S STEP STUDY	0.00	361.04
AA NOONER	0.00	182.50	MIDTOWN SOLUTIONS	189.62	392.52
AA UNITY GROUP	0.00	420.00	MONDAY WOMEN'S STEP STUDY	0.00	33.20
ALL TRIBES GROUP	335.00	335.00	NATOMAS GROUP	155.88	155.88
AMERICAN RIVER LITERATURE	0.00	165.00	NEW HOPE GROUP	0.00	825.00
ARDEN MORSE GROUP	0.00	100.00	NORTH HALL GROUP	0.00	595.22
ATTITUDE ADJUSTMENT GROUP OF DAVIS	0.00	55.00	NORTH HIGHLANDS FIRESIDE GROUP	0.00	25.00
AUBURN FELLOWSHIP	700.00	750.00	NUMBER ONE OFFENDERS	0.00	280.45
AUBURN WEDNESDAY NIGHT YOUNG PEOPLE	241.00	241.00	OAK TREE GROUP	207.00	1,376.57
AUBURN WOMEN'S STEP STUDY	60.00	60.00	PATHWAY TO SPIRITUALITY GROUP	0.00	81.94
BABES IN RECOVERY	0.00	55.93	PINE GROVE FELLOWSHIP	0.00	200.00
BANGOR GROUP	0.00	60.42	PLACERVILLE SUNRISE ATTITUDE ADJUSTMENT	0.00	100.00
BEEN THERE DONE THAT	0.00	300.00	PROMISES GROUP - DIXON	0.00	40.00
BROWNSVILLE SERENITY GROUP	0.00	40.00	RANCHO MURIETA GROUP	0.00	1,031.08
BY THE GRACE	0.00	50.00	RIO LINDA FELLOWSHIP	100.00	200.00
CAMERON PARK WOMEN'S GROUP	0.00	145.75	RIVER PARK RECOVERY	0.00	232.00
CENACLE GROUP	0.00	142.50	ROAD TO FREEDOM	54.00	54.00
CENTRAL FOOTHILL WOMEN'S CONF.	0.00	300.00	ROCKLIN FELLOWSHIP	0.00	150.00
CHAPTER THREE GROUP	100.00	100.00	ROSEVILLE EASTSIDE GROUP	0.00	211.35
CITRUS HEIGHTS AA @ NOON	0.00	510.00	ROSEVILLE FIFTH STREET FELLOWSHIP	0.00	728.06
CITRUS HEIGHTS GROUP	214.74	214.74	ROSEVILLE FRIDAY NIGHT WOMEN'S GROUP	0.00	22.50
CORDOVA GOOD MORNING GROUP	0.00	65.00	ROSEVILLE TUESDAY NIGHT GP	0.00	1,000.00
CORDOVA LUNCH BUNCH	101.50	717.51	SACRAMENTO DOWNTOWN MEN'S GROUP	0.00	200.00
COURAGE TO CHANGE GROUP	70.35	221.21	SATURDAY MORNING REFLECTIONS GP	0.00	85.54
DAILY ATTITUDE ADJUSTMENT GROUP	133.00	1,999.00	SERENITY BOOK & STEP STUDY GP	152.83	437.33
DAILY DIRECTION AA	100.00	375.00	SIERRA STEP SISTERS GROUP	37.00	99.70
DAVIS YOUNG PEOPLE GROUP	0.00	97.04	SIERRA WEDNESDAY AM GROUP	0.00	60.00
DESTINY GROUP	0.00	60.00	SISTERS OF SOBRIETY (PLACERVILLE)	25.20	25.20
EAST YOLO FELLOWSHIP	16.00	64.00	SIXTY MINUTE SOLUTION GROUP	0.00	219.49
EL DORADO HILLS GROUP	60.00	60.00	SO THIS IS IT	10.00	30.00
ELK GROVE FELLOWSHIP	0.00	510.00	SOBRIETY FIRST GROUP	71.99	71.99
ELK GROVE GROUP	0.00	156.00	SOBRIETY SPEAKS GROUP	0.00	250.00
ESPEE FELLOWSHIP	0.00	150.00	SOUTHPORT SERENITY	0.00	192.00
FELLOWSHIP OF THE SPIRIT BIG BOOK STUDY	40.00	40.00	SPIRITUALLY SPEAKING GROUP	143.12	143.12
FIELDS, MARY C.	0.00	5.00	SPRING FLING GROUP	0.00	4,003.36
FIRST THINGS FIRST GROUP	0.00	236.00	STEP SISTERS-ANTELOPE	0.00	38.26
FIT FOR LIFE GROUP	0.00	202.19	STEPS TO SERENITY	32.00	32.00
FOLSOM BIG BOOK GROUP	1,132.50	2,230.61	SUNRISE SPEAKER MEETING	0.00	373.14
FOLSOM FRIDAY NIGHT GROUP	0.00	50.00	SUNSET SATURDAY	0.00	100.00
FOLSOM SATURDAY MORNING	0.00	441.00	TAHOE PARK GROUP	51.97	51.97
FOLSOM WEDNESDAY NIGHT AA GROUP	0.00	111.56	THANK YOU, THANK YOU, THANK YOU	0.00	60.00
FOUNTAIN OF YOUTH GROUP	0.00	130.00	THREE LEGACIES GROUP	0.00	90.00
FOURTH DIMENSION GROUP	0.00	500.00	THURSDAY MORNING BOOK/STEP STUDY GROUP	0.00	50.00
FREEDOM GROUP	0.00	95.32	TIME TO START LIVING GROUP	74.00	74.00
FRIDAY FELLOWSHIP OF DOUBLE A	0.00	160.60	TOO YOUNG GROUP	56.91	106.91
Friday Lunch Bunch	200.00	200.00	TRADITIONAL GROUP	0.00	1,749.99
GIBBONS NOON	0.00	300.00	TRIANGLE GROUP	0.00	17.02
GNO GIRLS NIGHT OUT	81.50	315.38	TUESDAY MIDTOWN GROUP	0.00	220.00
GO TO ANY LENGTH GROUP	0.00	163.00	WE SURRENDER MEN'S GROUP	200.00	200.00
GROUP ONE	0.00	20.00	WELCOME GROUP	0.00	66.50
GROUP THREE	0.00	600.00	WEST SLOPE FELLOWSHIP	90.00	90.00
HAND IN HAND WOMEN'S DAY OF UNITY	0.00	795.98	WHITE FLAG MEN'S GROUP	0.00	300.00
HANGTOWN AA GROUP	0.00	100.00	WILD WOMEN	0.00	206.34
HAPPY CAMPERS	0.00	180.00	WILLING WOMEN GROUP, THE	0.00	79.15
HAPPY DESTINY GROUP	0.00	115.25	WINTERS KITCHEN TABLE GROUP	0.00	180.20
HAPPY HOUR RANCHO GROUP	0.00	343.87	WOMEN FOR WOMEN FAIR OAKS GROUP	0.00	33.00
HAPPY HOUR WOMEN	0.00	50.00	WOMEN IN RECOVERY, MARYSVILLE	114.70	216.90
HELPING HANDS GROUP	0.00	466.44	WOMEN OF EXTRAVAGANT PROMISES	0.00	76.00
			WOMEN UNDER CONSTRUCTION	0.00	306.91
			WOODLAND GROUP	0.00	30.00
			WOODLAND TRADITIONAL GROUP	0.00	20.00
			<b>TOTAL</b>	<b>6,108.04</b>	<b>37,273.80</b>

CENTRAL CALIFORNIA FELLOWSHIP  
9960 BUSINESS PARK DR., SUITE 110  
SACRAMENTO, CALIFORNIA 95827

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
PERMIT NO.  
449  
SACRAMENTO  
CA

**\*CHANGE SERVICE REQUESTED**

2017 BTW MAY



### Want to join the Birthday Club?

Send a dollar ( +/- ) per year of sobriety to:

**Central California Fellowship**  
9960 Business Park Dr., Ste. 110,  
Sacramento, CA 95827.



Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Birthday/Years: \_\_\_\_\_  
Phone Number: \_\_\_\_\_



### Have you moved?



**Be sure to tell us so you don't miss  
your next issue of By The Way!**

Name: \_\_\_\_\_  
Old Address: \_\_\_\_\_  
**New Address:** \_\_\_\_\_  
**City/State/Zip:** \_\_\_\_\_  
Phone Number: \_\_\_\_\_

### By The Way Subscription



To have the By The Way delivered to your home or if your group needs additional copies, just fill out this form and mail it to Central California Fellowship, 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Please check one:

- Gift Subscription   
New Subscription   
Additional Group Subscription   
Renewal Subscription

Subscription price (1 year) \$ 12.00  
Number of subscriptions x \_\_\_\_\_  
Total \$ \_\_\_\_\_

Please send By The Way to:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_