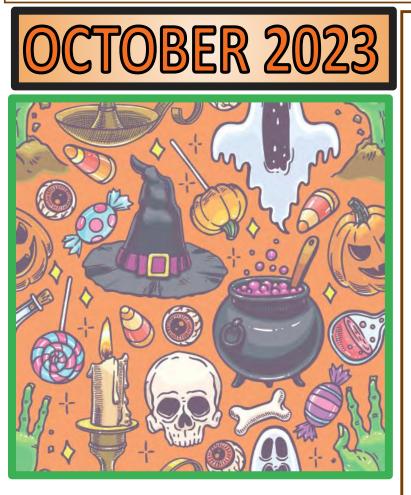


## Central California Fellowship of AA

By The Wav



9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org 916-454-1771



# Central Office Bookstore **Grand Opening Event!** More details inside Pg 8 **Come join us!**

Monday, October 23rd 9am-7pm



ee coffee and cupcakes!

### One Day at a Time

I'm blessed to be alive today. I made my mistakes in my past but who hasn't, right? If I ponder on them I get depressed. Then if I worry about things, I'm future trippin and this is usually based on my past experiences anyway. So then I'm wasting the day away, when I can try something new and eventually come out the other side, with a healthier habit and a new perspective this will create a new path for me.

It took me a while to finally surrender to this program of AA, a program of abstinence because I could not imagine never being able to drink again, but today I don't have to look that far, I stay in today and this simple program, the principles that I practice each day has brought me to 9 months of sobriety One Day at A Time. I actually have a life worth living and a whole bunch of AA friends to share it with. I know it works... and I only have to do it One Day at A Time.

It's kind of like starting a new diet or a new workout routine. We are training new muscles, we must practice the simple program of AA, One Day at a Time and know nothing grows overnight. It's almost magical because we've been taught to do it by faith. Then when we start to feel better and look better and with continued practice of the principles in our daily lives we eventually live better. So, then the miracle happens and a person like me, who was once a hopeless alcoholic gains a life worth living, knowing I only have today.

For this I am so grateful and knowing how much I am loved, here, keeps me from that first drink. These immeasurable gifts I have gained One Day at a Time remind me of the reasons I desire not to drink.

So not only have I gained a new life One Day at a Time, but my sponsor, who has taken me through the 12 steps has also rendered me her wisdom of how I should care for myself, take a look at myself in the mirror and allow myself to heal from the pain caused by the ignorance of my once untreated disease of Alcoholism. Alcoholics Anonymous has given me hope and a new beginning and for that I am grateful for practicing the principle of One Day at a Time.

-Angie G., Sacramento, CA

	V		_		_
*	Master Calendar	2-3	*	Delegate Election Information	11
<	Speaker Meetings, Group News & Events	4-5	*	September Delegate Meeting Minutes	13-17
<	Birthdays	6-7	*		18
*	October - 10 <sup>th</sup> Step/Traditions/Concept	9	*	Group Contributions	19

# BTW SUBSCRIPTION SERVICE delivered to your home, inbox, or both!



Mail only - \$15 Email only- \$5 Combo - \$19

## Subscribe yourself, Or gift a fellow!

### **Deadline Dates for Submissions** for the By The Way and Monthly flyers 2023

MONTH FLYERS DEADLINE		BY THE WAY DEADLINE
October	Thu., October 5th	Fri., September 15th
November	Sun., November 5th	Sun., October 15th
December	Tue., December 5th	Weds., November 15th
January	Fri., January 5th	Fri., December 15th

All submissions need to be in by **5:00 PM**. Email **ALL submissions to: <u>centraloffice@aasacramento.org</u>** 

# **Teleservice / Teledesk Hotline Updates**

Alcoholics Anonymous Teleservice, also known as the A.A. Hotline, serves alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.

**Teledesk** - AA Hotline calls at CCF Office (M-F 9a-5p) **Teleservice** - AA Hotline calls w/Volunteers (All other days hours)

https://aasacramento.org/service-opportunities/teleservice/

We would love to have you join our Hotline team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: hotlinehelpers@gmail.com

### **Teleservice Activity Report July 2023**

See the monthly Teleservice Report in Delegates Minutes

Teleservice	August	YTD
12 Step	50	299
Meetings/Info	191	1,091
Total Calls	241	1,390

### TeleDesk Activity Report August 2023

TeleDesk	August	YTD	
12 Step	8	87	
Meetings/Info	150	1,861	
Total Calls	158	1,948	

# **CCF DELEGATES' MEETING**

Saturday, October 21, 2023 Meeting Begins at 3:00PM New delegates arrive at 2:30pm Online only, Zoom Meeting Meeting ID: 929 9218 9084 Dial in: +1 669 900 6833 code 929 9218 9084# Password: 912051 Meets the third Saturday each month



### SUBMIT GROUP U New Delegate? New Treasurer? New Meeting Info? Change of Meeting Schedule? Change of Group Mailing Address? Tell CCFAA all about it!



# **PI/CPC COMMITTEE**

Including all members from Area 7 - Central California Interior Area Wednesday, October 4, 2023 at 6:30 PM Zoom Meeting ID: 920 7882 8921 Passcode: 013192 To volunteer email: ccfpicpc@aascramento.org Meets on the 1st Wednesday of the month

# **H & I MONTHLY MEETING**

Tuesday, October 17, at 6PM @ Denny's 7900 College Town Dr - Howe Ave & Hwy 50 We have an ongoing need for volunteers. Contact the Area 42 Chairman, Leslie M. for more information email: area42handi@gmail.com Meets monthly on the 3rd Tuesday

# **BOARD OF DIRECTORS COMMITTEE**

Tuesday, October 17, 2023 Meeting Begins at 6:00PM Online, Zoom Meeting ID: 924 5843 5425 Password: 791746 Meets monthly the Tues. before the CCF Delegate's Meeting

**By The Way** is published monthly by the Central California Fellowship (CCF), 9960 Business Park Dr., Suite 110, Sacramento, CA 95827. Current subscription rate is \$15.00 per year. Opinions, letters, and stories printed in By The Way (BTW) are not to be attributed to Alcoholics Anonymous (AA), the CCF or any group within AA unless otherwise stated or attributed.

All reprinted articles are included with the permission of their respective publisher. BTW editorial policy is located <u>here</u>.



South

Central California Fellowship

Mon. - Fri. 9a - 5p

Saturday hours 10a-2p

allowe

# THE WAY NEWSLETTER SERVICE

We need volunteers to help with the assembly of the Flyer Mailing on Tuesday, Oct 10<sup>th</sup> at 9:30 a.m. & Tuesday, Oct 31st the By The Way mailing on at 9:30 a.m.

BTar Volunteer Dates for Upcoming 2023 Mailings Central Office would like to have volunteers arrive at 9:30AM on the dates below. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

	Flyer Mailing	By The Way Mailing
October	Tue., October 10	Tue., October 31
November	Mon., November 13	Thu., November 30
December	Mon., December 11	Fri., December 29
January	Wed., January 10	Wed., January 31

### **Central Office is always** looking for volunteers!!!

There are many ways to be of service at the main office or even from the comfort of your home.

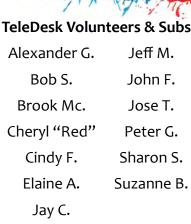
Service opportunities such as; BTW Newsletter, answering phones, volunteering in the bookstore, and 12-step call work.

If you are interested in getting more information about these and other service positions, please give us a call at 916-454-1771.



Central California Fellowship of Alcoholics Anonymous

Central Office Needs Teledesk Volunteers for morning and afternoon shifts. There is also a Volunteer Coordinator position open, if you are interested give Central Office a call at 916-454-1771. All you need is 6 months of sobriety to help, call 916-454-1771.



Cente

### Sales Desk

Ann A.	Cindy Jo M
Beth B.	Dale M
Cindy F.	Ron H.

Bulk Mailings - Jason S.

Webmaster - Teague S.

BTW & Flyer Mailing				
Elaine A.	Mike K.			
Gary S.	Pete G.			

Elaine A.	Mike K.
Gary S.	Pete G.
Greg K.	Phred S.
Houston H.	Steve O.
Jay R.	Suzanne B

**BTW Committee** Angie G. Phred S. Karina K. Tom J.

Celebrating October Birthdays!

> Pete G. - 41 Years Dale M. - 40 Years Jose S. - 2 Years

# WHERE **GRATITUDE** IS AN ACTION WORD!

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

# WEEKLY SPEAKER MEETINGS

**EL DORADO HILLS GROUP - WEEKLY SUNDAY NIGHT SPEAKER - WHEN:** Sundays @ 7-8p **WHERE:** 101 Olson Lane, El Dorado Hills, St. Stephen's Lutheran Church, Rm: Community Hall

**FOLSOM WAY OF LIFE GROUP ~ WHEN:** Every Thursday, 7:00p. Speaker/participation meeting. **WHERE:** 450 Blue Ravine Rd., Journey Church Fellowship Hall, Folsom.

RIVER CITY SPEAKERS - WHEN: Fridays @ 7p WHERE: 7595 Center Parkway, Sacramento. St Luke's Lutheran Church (10/6) Joe C. - San Diego, (10/13) Allen B. -Los Angeles, (10/20) Bryce E. - Belflower (10/27) Reuben G. - Yorba Linda

ROSEVILLE TUESDAY NIGHT GROUP WHEN: Saturdays @ 7p - WHERE: 315 Lincoln St, Roseville. SPEAKERS: (10/7) Ron D., - Lincoln (10/14) Annie T., - S.I.S. Group, (10/21) Ivy S., - Rule 62 (10/28) Sheila., - Rule 62

WOODLAND TRADITIONAL GROUP ~ WHEN: Thursdays 7:30p WHERE: 418 Main Street, Woodland ~ Behind Timothy's Bakery, Entrance through the rear of the building.

## **MONTHLY SPEAKER MEETINGS**

AUBURN FELLOWSHIP ~ WHEN: Third Sat. @6:30p WHERE: 244 Palm Ave, Auburn.

DAVIS HOPE GROUP ~ WHEN: First Sat of the month at 7p WHERE: St. Martin's Church, 640 Hawthorn Ln, Davis.

**DRUNK SQUAD ~ WHEN:** Last Friday of the month @ 7p-8:15 p **WHERE:** 11549 Fair Oaks Blvd., Fair Oaks Park (behind Library). Bring a chair to sit on.

**ELK GROVE FELLOWSHIP POTLUCK/SPEAKER/BIRTHDAY MEETING ~ WHEN:** Last Sat. Potluck: 6p, Speaker: 7p, Birthdays: (with Cake) 8p **WHERE:** Native Sons Hall, 9151 Grove St, Elk Grove, (corner of Kent and Grove St).

FORESTHILL BENT NICKEL GROUP ~ BIRTHDAY NIGHT/SPEAKER MEETING ~ WHEN: Thu. @7p Birthday Celebration, @7:30p-8:15p Speaker Meeting. WHERE: 20801 Todd Valley Rd, Forrest Hill, Calvary Bible Church.

**FREEDOM GROUP SPEAKER/BIRTHDAY ~ WHEN:** Last Mon of the month 7:30p **WHERE:** Faith United Methodist Church, 3600 J St, Sacramento.

GALT FELLOWSHIP ~ WHEN: First Sat of the month. Dinner: 6p Speaker: 7p WHERE: Galt Methodist Church, 571 C St, Galt.

**GROUP ONE ~ WHEN:** Third Sun of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St, Sacramento.

**GROUP THREE ~ WHEN:** Third Sat of the month at 6p **WHERE:** 9940 Business Park Dr #110, Sac and concurrently on **Zoom ID:** 198-018-629 PW: 1945, No Speaker Meetings November or December.

HI-FLYERS ~ WHEN: Last Sun of the month at 7p WHERE: 3077 Alhambra Drive, Suite E, Cameron Park.

**LGBT DIVERSITY FELLOWSHIP ~ WHEN:** Last Fri of the month at 7p **WHERE:** Woodland Group, 96 West Main St Suite B., Woodland.

MIDTOWN SOLUTIONS ~ WHEN: Last Sat of the month at 7p -8:15p. WHERE: 2903 30th St, Sacramento.

**MOTHERLODE FELLOWSHIP ~ WHEN:** First Sat of the month at 7:30p **WHERE:** 677 Pleasant Valley Rd, Diamond Springs.

NEW HOPE GROUP ~ WHEN: Last Sat of every month at 630p WHERE: United Methodist Church, 9849 Fair Oaks Blvd, Fair Oaks.

NORTH HALL GROUP ~ WHEN: Third Sat of the month at 8p WHERE: 3501 2nd Ave, Sacramento.

NORTH SACRAMENTO GROUP ~ WHEN: First Sat of the month at 7p-8:30p WHERE: 2330 Fairfield St, Sacramento.

OAK PARK FELLOWSHIP ~ WHEN: Third Fri of the month at 7p WHERE: 2940 42nd St, Sacramento.

# **MONTHLY SPEAKER MEETINGS**

**PLAYPAA MEETING ~ WHEN:** First Sat of the month; 6-7:30p. **WHERE:** 301 Tahoe Ave. Roseville. Followed by an event.

**RIO LINDA FELLOWSHIP ~ WHEN:** Second Fri of the month. Cookies/Coffee @6p, Speaker @7p **WHERE:** Rio Linda Fellowship, Calvary Lutheran Church, 515 L St, Rio Linda.

SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN: 2nd Sat Monthly Doors @7, Meeting @8p-9:30p SPEAKER: Julie T., Seattle, WA. WHERE: Centennial United Methodist Church, 5401 Freeport Blvd, Sacto. Please Join us & the speaker before the meeting at Selland's Market Café, 915 Broadway, Sacramento

SACYPAA ~ WHEN: 4th Sat of the month. WHERE: Go to www.sacypaa.org for more info.

**TRADITIONAL GROUP - MONTHLY SPEAKER MEETING - WHEN:** Oct 21 @ 8p **WHERE:** 1355 Fulton Ave. Sacramento **SPEAKERS:** (20 Min.) Gene C. -Traditional Group; (Main) Angela V. – North Hall

WOODLAND GROUP ~ WHEN: First Sat of every month. Potluck 6p. , Speaker 7p WHERE: 96 E. Main St., Behind All Seasons Paint Store

WOODLAND TRADITIONAL GROUP OPEN SPEAKER MEETING ~ WHEN: Thursday's @730p WHERE: 418 Main St., Woodland

# **NEW GROUPS & MEETINGS**

**5TH TRADITION BIG BOOK STUDY ~ (O, H, BB) ~ WHEN:** Wed @7:30p **WHERE:** 8938 Madison Ave. Clean & Sober Transitional Living (meets in the cottage.)

AA MORNING COFFEE - (Open, 1HR, Daily Reflection) WHEN: Meets Daily @ 8:30 am ~ WHERE: Yuba City Online Mtg ID: 2981342597 PW: 944506 ACCEPTANCE IS THE ANSWER ~ WHEN: Thurs @ 7:30p WHERE: 1100 Blue Ravine Rd, Folsom. Oak Hills Church. Open, 1 hour, Womens', 12 x 12 Study GOOD FOR NOTHING GROUP ~ (Men, O, H, Step Study) ~ WHEN: Thu @7 pm WHERE: 4430 Granite Dr, Rocklin, Mosaic Christian Church GRACE ABOUNDS - (Open, 1HR) WHEN: Thursdays @ 6:30 pm ~ WHERE: 4800 Sierra College Blvd.. Rocklin. In the Coffeehouse at The

WHERE: 4800 Sierra College Blvd., Rocklin, In the Coffeehouse at The Lifehouse Church

**WEST SLOPE UNITY GROUP - QUARTERLY SPEAKER MEETING ~ WHEN:** Oct 14th Doors Open 5p, Meeting 7p **SPEAKER:** Tim A - Laguna Beach **WHERE:** 4561 Greenstone Rd., Placerville, The American Legion Hall

**Auburn FWP** - (Open, 1HR) **WHEN:** Wednesday's 7:30-8:30 pm. ~ **WHERE:** 534 Auburn Ravine Rd. Auburn

**EMOTIONAL SOBRIETY** (Closed, Women's) **WHEN:** Mon. @ 5:3p **WHERE:** 1031 Thompson Way, Placerville, Federated Church

GROUP THREE ~ TYPE: In-Person WHEN: Thu @8p WHERE: 9940 Business Park Dr., STE#110, Sacramento

**GROUP THREE ~ TYPE:** Women, In-Person **WHEN:** Sun @3p **WHERE:** 9940 Business Park Dr., STE#110, Sacramento

NATOMAS GROUP (Open,1 hr., Women's & 730p, Open, 1 hr., Men's) WHEN: Mon @ 6p, WHERE: 4221 N Freeway Blvd #A1, Sac., Life Words Church NEW BEGINNINGS WOMEN'S GP (Closed, Women's) WHEN: Fri @ 10a

WHERE: 18560 Penn Valley Dr, Butter Maker's Cottage

NORTH HALL ~ New LGBQT+ Mtg - WHEN: Thu @ 8p ~ WHERE: 3501 2nd Ave., Sacramento

**SPEAKEASY** ~ Meditation Mtg ~ **WHEN:** Sun @5p **WHERE:** 556 Second St., Yuba City

THE ACID TEST - (Open, 1 Hour, Discussion, Speaker, Topic: Emotional Sobriety) WHEN: Mondays @ 7-8p ~ WHERE: 5265 H Street, Sacramento, The Table UMC, Upstairs Room 205. ~ Doors locked at 7pm per church agreement THE WAY OUT - (Open, 1HR, Secular, 20 min speaker/discussion) WHEN: Fridays @ 7:30 am WHERE: Zoom ID: 2981342597 PW: 944506

# **GROUP UPDATES & CHANGES**

AUBURN FWP~ We Moved!~ NEW LOCATION: 534 Auburn Ravine Rd., Auburn (close to Twin Dragons)

BACK TO BASICS ROCKLIN ~ TEMPORARILY CLOSED ~ WHEN: Mon 730p WHERE: Granite Dr, Rocklin. Looking for a new location. Please check the Schedule for updates. GOTTAWANNA GROUP ~ MEETING CLOSURE ~ WHEN: Fri @6p WHERE:

McKinley Park

NATOMAS GROUP ~ NEW LOCATION ~ WHEN: Mon 7p Open, 1 hr. WHERE: 4221 N Freeway Blvd #A1, Sac., Life Words Church

NORTH SACRAMENTO GROUP ~ FORMAT CHANGE ~ WHEN: Sat @ noon. WHERE: 2330 Fairfield St, Sac. Now is an Open, 1 hour, Women Only Meeting.

NORTH SACRAMENTO GROUP (MTG CANCELLATION) WHEN: Sat @2p. WHERE: 2330 Fairfield St, Sac.

ROCKLIN FWP - NEW MEETING ID - WHEN: Sun, Mon, Tue, Wed @1:00 pm WHERE: NEW mtg ID 847-4273-6459 PW: Rocklin

ROCKLIN FWP - Online Mtg Closure - WHEN: Thu, Fri, Sat @1:00 pm WHERE: online only. These three (3) meetings have been temporarily discontinued.

SHARING & CARING MTG CLOSURES WHEN: Fridays @ 10 pm WHERE: 4955 A. Marconi, Carmichael

SOBER BREATH GP ~ MEETING CLOSURE ~ WHEN: Tue & Thu @Noon WHERE: 2376 Zinfandel Dr, St Clements Church

**SOBER SHOTS ~ HAS MOVED ~ WHEN:** Mon 7 pm & Fri 8 pm **WHERE:** 1415 Rushden Dr., Sac @ Arden Manor Recreation Club House

WILLIAMS GP ~ GROUP CLOSURE ~ WHEN: Wed & Sat @ 7:00p WHERE: 936 G. St. Parkside United Methodist Church

# **GROUP ANNOUNCEMENTS**

**EAST YOLO FELLOWSHIP ~ BACK TO BASICS ~** Work all 12 steps in four weeks. Bring your 4th edition Big Book. ~ **WHEN:** First 4 Wednesdays @730p **WHERE:** 910 Sacramento Ave. West Sacramento.

WEDNESDAY NIGHT 12X12 BOOK STUDY ~ (OPEN, 1 hr) Re-opened and needs support ~ WHEN: Wed @6:30p WHERE: 9346 Greenback Ln, Orangevale, American River Alano Club

# **Got Special Event Flyers?**

Central Office can **print and mail** your Group's Event Flyers to 300+ CCFAA Groups to get the word out!

Email your announcements, flyers, and printing requests to: <u>centraloffice@aasacramento.org</u>

Printing & Postage Fees HERE



# **SPECIAL EVENTS**

**12th Tradition Big Book Group 5th Anniversary Speaker Meeting & Potluck ~ WHEN:** Oct 7th **WHERE:** 1100 Blue Ravine Rd., Folsom, Oak Hills Church. Doors Open @ 5:30p, Dinner @ 6p, Speaker @ 7p – Jerome S. from Corona, CA

16TH ANNUAL CENTRAL FOOTHILL WOMEN'S CONFERENCE ~ WHEN: Sat., October 7th @8:30a to 4:00p ~ WHERE: 12134 Airport Rd. Sutter Creek, American Legion Hall. ~ MAIN SPEAKER ~ Lynne R., Stockton ~ REGISTRATION: Pre-reg. Ends 9/25

https://aasacramento.org/event/16th-annual-central-foothill-womens-con ference/

NCCAA 74th ANNUAL FALL CONFERENCE ~ WHEN: October 13th-15th WHERE: Fresno DoubleTree Hotel 2233 Ventura St, Fresno, CA. Pre-Register by Oct 1st., Book your hotel by 9/28 to receive Convention Rate. <u>https://norcalaa.org/</u>

ROSEVILLE TUESDAY NIGHT GROUP (RTNG) - ANNUAL MEMBERS SPAGHETTI FEED & WHITE ELEPHANT AUCTION WHEN: Saturday, October 14, 2023 WHERE: RTNG Hall located at 315 Lincoln Street, Roseville. Dinner to be served at 3:00 p.m., Auction at 4:00-6:00 p.m., Speaker Meeting 7p

WEST SLOPE UNITY GROUP-QUARTERLY SPEAKER MEETING WHEN: Oct 14th Doors Open 5:30p, Meeting 7p SPEAKER: Tim A- Laguna Beach WHERE: 4561 Greenstone Rd., Placerville, The American Legion Hall TELESERVICE 'VIRTUAL' WORKSHOP ~ WHEN: Oct 18th @ 530p -730p WHERE: Zoom Meeting ID: 847 0568 8871 Passcode TS2023 DRUNK SQUAD ~ 5th Anniversary BBQ & Speaker ~ When: Sat 10/21 4p to 8:30 p Where: 5807 Walnut Ave., Orangevale Grange ~ Speaker: @7p Steve H. from North Hall

FOLSOM WAY OF LIFE ANNUAL POTLUCK & SPEAKER MEETING 28TH Annual Potluck ~ WHEN: Sat October 21st, Doors: 530p Potluck: 6p Speaker 730p WHERE: Journey Church 450 Blue Ravine in Folsom. Speaker: Lindsey L. of Novato. RAFFLE!

**NEWCASTLE BIG BOOK GROUP'S 24TH ANNIVERSARY** - Join us for a sweet and savory potluck and speaker meeting. All are welcome! **WHEN:** Monday, October 30th, 6:00pm-8:15pm. WHERE: 410 Buena Vista Av. Newcastle, United Methodist Church. **SCHEDULE:** Doors open at 6:00 for fellowship and savory snacks. Speaker Meeting 7:00-8:15pm.

CCFAA PRESENTS SHARING GRATITUDE FOR OUR 3 LEGACIES DESSERT POTLUCK ~ WHEN: Sun 11/5, 2-5p WHERE: 5301 Dewey DR, Carmichael @ Living Hope Church. Bring your Favorite Dessert to Share! Also a raffle. FOLSOM FRIDAY NIGHT'S 43RD ANNIVERSARY COOKIE SOCIAL CELEBRATION & SPEAKER MEETING ~ WHEN: Nov 17th WHERE: 410 Wool St, Folsom, Trinity Episcopal Church. Social starts @6p, Speaker @ 7p -Speakers 15 min Stacey Y/Main - Ron D.

# THANKSGIVING ALCATHONS

STAY TUNED FOR THANKSGIVING ALKATHON UPDATES



**GROUP THREE ~ THANKSGIVING ALKATHON ~ WHEN:** 11/22/23 @6p - 11/23/23 8p, Meetings every 2 hours **WHERE** 9940 Business Park Dr. #110 Sacramento

By The Way	На	ppy Birthday!	C	ELEBRATING E	BIRTHDAY	S Happy	y Birthday	! Octobe	r 2023
r · · · · ·	YEARS		YEARS	100		 1 1	YEARS		YEARS
	_'	EAST YOLO FS (con	' it.)	NOCIO	BER	GROUP 3 (cont.)	'	GROUP ONE (Con	' nt.)
Sara B.	   45	Tim K.		BIRTH	DASY	¦ !Betheina F.	 ¦ 2	¦ ¦Mary N.	 
Dale	40	Barbara E.			B	¦ ¦Brandon W.		Jessica R.	1
Joyce		Tim G.				Courtney B.		Ronnie M.	
					44 Years 40 Years	Garrett H.		+	
Chris	-i	Stephanie P.			I 39 Years			Kristin M.	
Lanette	19	Reuben N.	6			¦Kaila M. ¦	i 2 	¦Nicholas B. ¦	1
Tomi	¦ 18 -	Mark S.	¦ 5			iKathy D.	¦ 2	'Mary N.	1
Jennifer	¦ 1 _'	Kristine M.	5			¦Paul N.	2	¦Gil A.	1
CITRUS HEIGHTS AT	NOON	Jessica C.	2			Reina K.	2	HAPPY DESTINY	
Walter S.	39	ELK GROVE FELLO	NSHIP	GROUP 3 (cont.)		Soledad A.	2	Eve F.	32
CITRUS HEIGHTS GF	ROUP	Dale M.	40	Rocky B.	11	Brandon D.		INTO ACTION	
Gary S.	20	Rob K.	36	Alice M.	10	Candance A.	1	Sarah W.	14
John T.	6	¦Mario W.	17	Daniel W.	9	¦Candie S.		¦Ken B.	13
Todd G.	2	George M.	3	Wichael M.	9	¦Emma R.	1	¦Jerry M.	8
Martha V.	¦ 1	River D.	2	Tracy T.	9	¦Kara S.	¦ 1	Brian B	2
	   	Scott D.	1	Jimi M.	8	Kristie K.	1	OAKTREE FELLOW	/SHIP
COURAGE TO CHAN	IGE	Shane S.	1	Liz O.	7	Melissa C.	1	Nick	37
Pete Green	41	GREENHAVEN GRO	DUP	Edward D.	6	Melodee H.	1	Terry H.	35
Walter S.	39	Pierre D.	39	Jay VR	6	Nicholas K.	1	David C.	17
Jerry M.	¦ 8 _'	Vicki M.	23	Kelly Mc.	5	Richard H.	1	Karen C.	¦ 12
DAILY DIRECTION	_,	¦Rae W.	21	¦Armida S.	5	¦Walt M.	1	¦Amelia	¦ 6
Michelle F.	2	¦Mariano C.	6	¦Dale L. _'	¦ 5 	GROUP ONE	,	¦Terese H. ↓	¦ 5
Avonlea O.	1 _!	¦Sara M.	¦ 5	¦Loretta D. 	¦ 5	¦Marlon T.	34	¦Parris H.	4
Dirk M.	¦ 1 _'	¦Francisco	4	¦Matt R. 	¦ 5	¦Debbie C.	21	¦Roger C.	2
EAST YOLO FELLOW	/SHIP 	¦Marina V.	4	¦Nicole W.	¦ 5	'John K.	!	Delayna S.	į 1
Tina H.	41	Andre	4	Rebecca K.	¦ 5	Chris B.	¦ 18	PRIMORDIAL OO	
Jules O.	35	GROUP 3		Shannon V.	¦ 5	Victor T.	¦ 15	Jay S.	14
John V.	35	James B.	39	Ash A.	4	Susan K.	¦ 11	Clark S.	10
Laurena M.	30 	Gene B.	36	Mary J.	4	Anthony W.	9	¦Ryan C.	4
Beth R.	18 	Robert H.	¦ 33	¦Savannah Z.	4	Jillian E.	8		
Misty H.	¦ 16	Jeff S.	32	Stefanie S.	4 	Rene EP.		¦Todd B.	19
Jan C.	16	Cindy S.	31	¦Wayne H. 	4	Josh S.	i 7 	¦Victor T.	¦ 15
Heidi W.	¦ 15 -¦	Deborah H	30	'Will H. 	4	¦John M. 	7 	Continued	on page 7
Eddie	15	Geno N.	30	Zack C.	4	Duane N.	7 !		
Steve S.	14	Ted M.	26	Angela G.	3	David S.	7		
Ronie B.	13	Rodney J.	25	Jean S.	3	Jayne S.	7		
Jason M.	13	Tracy S.	23 ¦	Jon S.	3	¦Jen V.		OCTO	
Steve L.	-i   13	Bob M.	21	-I ¦Kelly P.	 ! 3	¦Angela D.	¦ ¦ 5		days
Miriam G.	_i   12	·			-+ ! 3		¦ ¦ 5		777
Lydia S.		Dave L.							
						- <u>-</u>			
Annette M.	¦ 11 -¦	Pete L.	14 	- Tammy B.	3	¦Chelsea R. -¦	3	TOTAL YI	ears of
Tommy K.	10	Mark R.	13	Allyn M.	¦ 2	Donald C.	2	SOBR	IETY!

By The Wa	у		
OCTOBER BI	RTHDAYS	CONTINUED FROM	A Pg. 6
₩ = = ! !	YEARS	<b>r</b> I I	YEARS
RIO LINDO FELLOWS	SHIP (Cont.)	SHARING & CARING	   
¦Sean P.	8	Terry B.	30
Michelle B.	5	Luke M.	20
Michelle K.	4	Ilana K.	20
Diego M.	2	Jimmy L.	19
¦Gavin G.	2	Mike C.	17
Keith M.	1	Ang H.	16
¦Yesenia R.	1	Erica T.	2
Tyler C.	1	Mandy M.	1
RJ P.	1	Nan N.	1
Dave L.	1	TRADITIONAL	
Yabier S.	1	Lynn S.	44
		Kristi B.	44
John S.	37	Jim T.	32
Patricia R.	37	Joe P.	31
Tricia C.	36	Diane M.	24
Mark B.	36		21
Jim A.	17	Pamela O.	19
Kristy R.	9	Lanette H.	19
¦Michael M.	7	Susan E.	9
Steve S.	3	Garrett N.	8
Carrie J.	2	Jeff B.	6
ROSEVILLE TUESDAY	NIGHT	Amelia S.	6
Gayle C.	48	Dirk W.	4
Dick B.	44	Dale M.	4
Tracy S.	24	Zack C.	4
Greg.	13	Erica T.	2
Lisa Michele	10	Lori S.	2
Albert	7	Roger C.	2
Ashley M.	4	Richard M.	2
April C.	4	Kevin D.	1
Dee B.	3	Marisa C.	1
Hayden	3	Glenn N.	1
David M.	1	WHAT A WAY TO STAR	
Duane B.	1	Tina H.	41
Jenny H.	1	Ellen MC	36
Colleen T	1	Nancy F.	5
Michelle K.       4       Ilana K.       20         Diego M.       2       Jimmy L.       19         Gavin G.       2       Mike C.       17         Keith M.       1       Ang H.       16         Yesenia R.       1       Erica T.       2         Tyler C.       1       Mandy M.       1         RAP.       1       IrrADITIONAL       1         Xabier S.       1       Lynn S.       44         Iohn S.       37       Jim T.       32         Patricia R.       37       Joe P.       31         Tricia C.       36       Diane M.       24         Mark B.       36       Debbie C.       21         Jim A.       17       Pamela O.       19         Kristy R.       9       Lanette H.       19.         Michael M.       7       Susan E.       9         Steve S.       3       Garrett N.       8         Carrie J.       2       Jeff B.       6         ROSEVILLE TUESDAY NIGHT       Amelia S.       6       6         Roseville Tuesoday Nigett       Amelia S.       2       2         Idick B.       44			
Mike B.	17	Nancy F.	5
SERENITY BOOK STEP	STUDY	Val P.	2

LATE SEPTEN	IBER		
	YEARS	In Men	noriam Birthdays
PRIMORDIAL OOZE			3
John O.	40		ublication in memor
Simon C.	15		e@aasacramento.org
Keith S.	13		
Robert F.	7		
Peter H.	4	НАРРУ	
Kelby	3 1	BIRTHDAY	Publish your
Ron V.	3	to you	l v
Tommy H.	3		Home Group's
WHAT A WAY TO START A WEEK	(END	IAN STILL	Birthdays
Chris B.	36	/ JOIN THE	
Valerie P.	32		here in the BTV
Shelby C.	11		To make a submission, have a group Birthday
Christine	5	PHUMA CHIE	person or
Debra F.	5	INIIIIIIIIII 1949P	representative
mandan	Selle on	SEND \$ AMOUNT	contact Central Office for the appropriate
🕤 wordsm	n ( ing 1	(+/-) YEARS	form.
PERS	EVERE '	OF SOBRIETY TO	centraloffice@aasacr amento.org
Continue in spite of ob	stacles	CENTRAL OFFICE!	NOVEMBER
"Having persevered wi		SEE PAGE 6	submissions due
rest of the program' Alcoholics Anonymous		FOR OCT LIST	by October 15,
, aconones / anonymous	luge / j		2023
110	0		a la l
We wa	nt y	our w	orr:
		work, writings	
line.			

By The Way always welcomes content contributions! The theme for each month is the step, tradition, and concept for the number of each month.

> Submit to centraloffice@aasacramento.org by the 15<sup>th</sup> of each month.

> > Can't think of a worthy topic to write about? Consider these suggestions as a starting point to your journaling or submit to By The Way!

# Writing Prompt:

"No matter what, I don't pick up!"... it's another one of those slogans. It sounds easier said than done, but hey let's give it a try. What are some of the obstacles you faced in sobriety and how did you overcome them? How did you persevere? Submit your story of how you used faith to conquer fear. We would love to hear from YOU!

33

10

Marsha G.

2

¦Kathryn M.

**CCFAA** 

Alice M.

### October 2023



# **Bookstore Remodel**

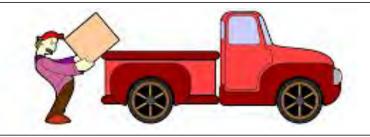
The bookstore will remain open. We encourage all groups and members to stock up on their literature needs by Friday October 13th.



# **Seeking Handy Volunteers**

## October 15th - 22nd

Central Office needs volunteers to help move inventory & bookshelves, patch & paint walls, haul furniture, restock new bookshelves. If you are interested in helping or learning more, please contact Tracey at 916-454-1771 or email: <u>centraloffice@aasacramento.org</u>



# Pick Up Free Furniture for your Groups – All Items Must Go! –

- Storage Cabinet 80.5"x 13.74"
- Storage Cabinet 91"x15.74"
- Pegboard 4'x6' with 33 clear plastic pamphlet holders
- Pegboard 4'x8' with 45 clear plastic pamphlet holders
- Round wood table 42" plus four upholstered blue chairs
- Round glass table 42" plus solid wood table base

# **Bookstore Grand Opening Event!**

# Monday, October 23rd 9am-7pm

9960 Business Park Drive, Suite 110 Sacramento

Complimentary Coffee & Cupcakes will be provided.





# **NEW GRAPEVINE APP!**

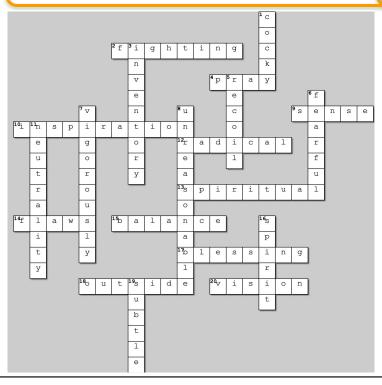


With a Digital subscription, you'll be able to read the new magazine each month, explore the Grapevine or La Viña archive, send stories to friends, listen to the audio of each article in the magazine, listen to the podcast, enter your own sobriety date for a daily calculation, build your own spiritual maintenance daily checklist, and much more.

### Subscribe to the digital magazine and archive for \$2.99 per month, or \$29.99 per year.



https://www.aagrapevine.org/apps



# **The Tenth Step**

### "Continued to take personal inventory and when we were wrong promptly admitted it."

As we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul. Then comes the acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions? Page 88,

-12 steps and 12 Traditions.

# **The Tenth Tradition**

"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

No A.A. Group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues -- particularly those of politics, alcohol re- form, or sectarian religion. The Alcoholics Anonymous Groups oppose no one. Concerning such matters they can express no views whatever.

Bill W. , A.A. Grapevine, September 1948

# **The Tenth Concept**

### "Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined."

An outstanding characteristic of every good operational structure is that it guarantees harmonious and effective function by relating its several parts and people in such a way that none can doubt what their respective responsibilities and corresponding authorities actually are. Unless these attributes are well defined; unless those holding the final authority are able and willing properly to delegate and maintain a suitable operational authority; unless those holding such delegated authority feel able and willing to use their delegated authority freely as trusted servants; and unless there exists some definite means of interpreting and deciding doubtful situations then personal clashes, confusion, and ineffectiveness will be inevitable.

Page C33,

-THE A.A. SERVICE MANUAL combined with TWELVE CONCEPTS FOR WORLD SERVICE

# Program Puzzler: Step, Tradition, and Concept Ten

W R Y L Е С UR Т S Ν 0 С Ο 0 U Ρ Ε S Κ GΖ W Q QA U D Е Ρ Ρ E Ν V S D GΚ L н Y 0 U I V R R Μ 0 Ε M Ε U Κ V Т R Т U Μ Ρ н S ΗТ V 0 Е Ν U Μ т Ρ G W Y Α F Е Α R 0 G Μ Μ Ν 1 Х V S Е R O Т Ν ΕV NI G ΖL Ν Ρ В Ρ G Т Ρ Α E Ρ F С Н O P Е Y R ΝZ Κ Т E S Κ Ρ Е С С Е S N D T Х ОН Y Т Х R 0 L Q 1 L G MΒ ΕZ NX А В S Е VΖ Υ Ζ F С L Α Q C Α A С R Ρ Т А R Y 0 Т Т В U В Ν D S DΖ L Т ΜF Т 1 Ρ Е Ρ U В Т Ν G D Y Х S Т ΗD А Х Ρ R 0 ΚL NI L Х Ζ Н Е Ρ С U Ρ R 0 Ρ Е Y Y R Μ Y Ζ L 1 Ρ D МОН Е Y Ρ Ρ R F В Х T U L Κ Α R C Т ODC DK ΟΥ F ΗWY Т Y Κ C C E 

Admitted Continued Constructively Debit Disagreeable Disturbed Implicate Inventories Opinion Promptly Remembering Triumphs



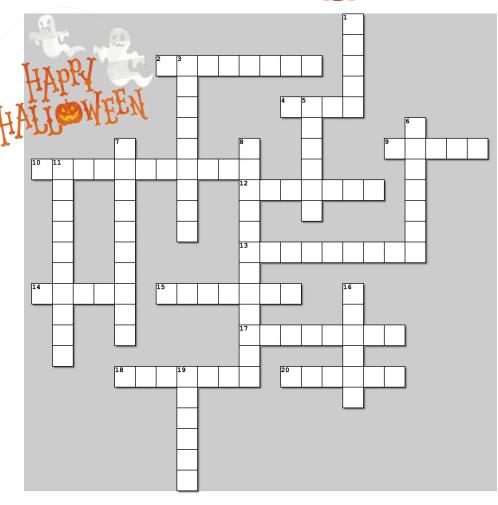
October 2023

### Across

- 2. We have ceased \_\_\_\_\_ anything or anyone
- 4. We are careful never to for our own selfish ends
- 9. We have begun to develop this vital sixth \_\_\_\_
- 10. Here we ask God for \_\_\_\_
- 12. Such a \_\_\_\_\_ change in our outlook will take time 13. Keep fit condition
- 14. Learning daily to spot, admit and correct these
- 15. Draw up a \_\_\_\_ sheet for the day
- 17. Thank God for the \_\_\_ we have received
- 18. Alcoholics Anonymous has no opinion
- on \_\_issues
- 20. We must carry the \_\_\_ of God's will

### Down

- 1. Neither \_\_\_\_ nor are we afraid
- 3. Continued to take personal
- 5. If tempted, we \_\_\_ from it as from a hot flame
- 6. When prideful, angry, jealous, anxious, or \_\_\_\_
- 7. We commenced this way of living
- 8. Stop making \_\_\_\_ demands upon those we love
- 11. We feel as though we had been placed in a position of \_\_\_\_
- 16. We have entered the world of the \_\_\_\_
- 19. Alcohol is a \_\_\_\_ foe



### Solution to puzzle on p. 9

CCFAA ANNUAL ELECTIONS NOVEMBER 18, 2023 2:00 PM         Elections will be held Saturday, at the November 18 <sup>th</sup> Delegate's Meeting Zoom: Meeting ID: 929 9218 9084 Passcode: 912051 Start Time: 2PM         Qualification for Directors and Officers per CCFAA By Laws 4.9.a.i: Present and past delegates provided they have had at least one (1) year of service in CCFAA, and have regularly attended Delegate Meetings in the twelve (12) months prior to their nomination, as determined by the Board of Directors.         * Selection of Board Chair per CCFAA Operating Procedures 14.2.11: Board Chair must be selected from one of the four elected At Large Delegates. Note: This occurs at the January Board of Directors Meeting.					
DELEGATE CHAIR *	5-Years	Have served as a Group Secretary or Group Delegate to the CCFAA (shall relinquish delegate status). *	1-year		
ASSISTANT DELEGATE CHAIR/AREA LIAISON *	5-Years	Have served as a Group Secretary or Group Delegate to the CCFAA (shall relinquish delegate status). *	1-year		
TREASURER *	5-Years	A knowledge of bookkeeping procedures and office experi- ence is desired (shall relinquish delegate status). *	2-year		
RECORDING SECRETARY *	2-Years	Have served as a Group Secretary or Group Delegate to the CCFAA (shall relinquish delegate status). *	1-year		
(2)DIRECTOR AT LARGE * (BOARD CHAIR **)	3-Years	Be familiar with financial administration, office management and general business administration. * 2 elected each year	2-years		
TELESERVICE CHAIR	3-Years	Have served at least 6 months as a member of the Teleservice Committee. May serve two terms in succession	1-year		
BY-LAWS & PROCEDURES CHAIR	5-Years	Have served as a Group Secretary or Group Delegate to the CCFAA . May serve two terms in succession	1-year		
BIRTHDAY & FAITHFUL FIVERS' CHAIR	2-Years	Have served as a Group Secretary or Group Delegate to the CCFAA. May serve two terms in succession	1-year		
PI/CPC CHAIR	2-Years	Have served as a Group Secretary or Group Delegate to the CCFAA. May serve two terms in succession	1-year		
NORTHERN CALIFORNIA COUNCIL (NCCAA)DELEGATE	5-Years	Have served as a Group Secretary or Group Delegate to the CCFAA (elected in even number years—2004, 2006, etc.) Must wait 1 term before being re-elected	2-years		
2024 PICNIC CHAIR	2-Years	Have a minimum of two years of continuous and immediate sobriety. May serve two terms in succession	1-year		
2024 SPECIAL EVENTS	2-Years	Have a minimum of two years of continuous and immediate	1-year		

Contact your Group's CCFAA Delegate or phone Central Office at 916-454-1771 for more Information.

CCFAA

### CCFAA Proposed 2024 Budget

	2023 YTD Jan - Aug	Projected 2023	Budget 2023	Proposed 2024
dinary Income/Expense				
Income				
4020 - Literature Sales 4030 - Literature sales-nontaxable	45.75	22.02	0.00	0.00
4030 · Literature sales - Other	15.75 53.865.48	23.63 80,798.22	0.00 72.000.00	85.000.00
Total 4020 · Literature Sales	53,881.23	80,821.85	72,000.00	85,000.00
4025 · In-House Publication Sales	5,440.72	8,161.08	8,500.00	8,500.00
4035 · Medallion Sales	25,633.30	38, <mark>449.9</mark> 5	35,000.00	37,500.00
4100 · Group Contributions				
4135 - Gratitude Month Contributions 4100 - Group Contributions - Other	0.00	0.00 154.027.92	0.00	144,000.00
Total 4100 · Group Contributions	102,685.28	154,027.92	129,000.00	144,000.00
4110 · Anonymous Contribution	1,818.81	2.728.22	3,500.00	3,000.00
4120 - Birthday Contributions	1,215.00	1,822.50	2,000.00	1,500.00
4125 - Office services revenue				
4127 · Insurance Program	9,715.00	9,715.00	6,500.00	9,500.00
4125 · Office services revenue - Other	5,876.60	8,814.90	5,500.00	8,500.00
Total 4125 · Office services revenue	15,591.60	18,529.90	12,000.00	18,000.00
4130 · Faithful Fivers 4440 · Interest Income	7,366.00	11,049.00 39.95	15,000.00	11,000.00
4440 · Miscellaneous income	122.37	183.56	200.00	200.00
4460 · Picnic Revenue	122.01	100.00	200.00	200.00
4461 · Baseball	1,400.00	1,400.00	1,000.00	1,000.00
4462 · Raffle	2,661.00	2,661.00	4,250.00	3,500.00
4463 · Food	3,926.46	3,926.46	3,750.00	3,750.00
4464 · White Elephant Sale	993.50	993.50	1,000.00	1,000.00
4465 · Book Sales 4466 · T-Shirt Income	209.00	209.00 1,245.00	500.00 1,000.00	250.00
4466 · 1-Shirt Income 4467 · Plants and Things	1,245.00	1,245.00	0.00	1,000.00
4468 · Pastries & Coffee	280.00	280.00	0.00	250.00
4460 · Picnic Revenue - Other	1,839.00	1,839.00	500.00	750.00
Total 4460 · Picnic Revenue	13,615.96	13,615.96	12,000.00	12,000.00
4480 - Special Events Revenue	0.00	0.00	2,000.00	2,000.00
4482 - Anniversary Event	0.00	0.00	0.00	0.00
49900 · Uncategorized Income	0.00	0.00	0.00	0.00
Total Income	227,396.90	329,429.87	291,225.00	322,725.00
Cost of Goods Sold 5000 - Literature Costs				
5010 · Cost of AAWS literature sold	39,415.74	59,123.61	55,775.00	61,195.00
5015 · Other Literature	2,558.58	3,837.87	2,000.00	4,000.00
5025 · In-House Publication				
5030 · Paper Stock and Staples	1,768.99	2,653.49	2,500.00	3,250.00
5035 · Printing Equipment	5,703.67	8,555.51	10,500.00	8,500.00
5040 · Copy Costs	1,978.81	5,266.81	3,500.00	5,425.00
5025 · In-House Publication - Other	189.96	284.94	0.00	325.00
Total 5025 · In-House Publication 5000 · Literature Costs - Other	9,641.43 321.83	16,760.74 482.75	16,500.00 0.00	17,500.00
Total 5000 · Literature Costs	51,937,58	80.204.97	74,275.00	82.695.00
5050 - Medallion Costs	9,651.16	14,476.74	15,500.00	16,000.00
Total COGS	61,588.74	94,681.71	89,775.00	98,695.00
Gross Profit	165,808.16	234,748.17	201,450.00	224,030.00
Expense				
Equipment Expense				
5670 · Equipment Rental	594.00	891.00	800.00	1,000.00
5675 · Equipment Purchase 5765 · Equipment Repairs & Maint.	158.00 0.00	237.00 0.00	1,500.00	2,000.00
Total Equipment Expense	752.00	1,128.00	3,300.00	4,000.00
Insurance				
5680 · Worker's Compensation	655.41	983.12	1,350.00	1,500.00
5684 · D & O Insurance	1,223.65	1,835.48	1,600.00	2,000.00
5685 · General Liability Total Insurance	1,281.03 3,160.09	1,921.55	1,950.00	2,200.00
Interest Expense	5,100.03	4,740.14	4,000.00	3,700.00
Loan Interest	0.00	0.00	0.00	0.00
Total Interest Expense	0.00	0.00	0.00	0.00
Meetings/Conference Expense			the second second	
5620 · Manager Training	360.35	540.53 0.00	500.00 350.00	350.00
5655 · Delegates Meeting 5785 · Employee Travel	0.00 894.56	0.00	350.00	250.00 2,500.00
5786 · NCCAA Delegates Expense	0.00	0.00	350.00	500.00
Meetings/Conference Expense - Other	0.00	0.00	500.00	500.00
Total Meetings/Conference Expense	1,254.91	1,882.37	2,700.00	4,100.00
Office Expense	1015.00	4 500 50	0 500 05	0.400.00
5640 · Postage & Delivery 5650 · Licenses & Permits	1,015.00	1,522.50	2,500.00	2,400.00
5650 · Licenses & Permits 5700 · Office Supplies	60.00 1,408.46	2,112.69	2,000.00	3,000.00
5720 - Occupancy Improvement	1,120.10		_,	1,000,00
5725 - Janitorial	0.00	0.00	400.00	0.00
5720 · Occupancy Improvement - Other	0.00	0.00	600.00	500.00
Total 5720 · Occupancy Improvement	0.00	0.00	1,000.00	500.00
5740 - Miscellaneous Expense 5760 - Rent	311.26 18,032.95	466.89 27,049.43	1,000.00 29,500.00	1,000.00 29,500.00
5770 · Office/Network Software	377.48	566.22	1,000.00	1,000.00
		0.00	0.00	0.00
Office Expense - Other	0.00			

	2023 YTD Jan - Aug	Projected 2023	Budget 2023	Proposed 2024
Professional Fees		-	85	
5610 · Accounting	2,765.00	4,147.50	1,500.00	2,000.00
5613 · Legal Expense	0.00	0.00	200.00	2.000.00
5625 · Website Admin	555.84	833.76	750.00	1,000.00
5630 - Network Admin	120.00	180.00	1,200.00	1,200.00
5645 · Office Systems Admin	175.04	262.56	250.00	250.00
5699 · Professional Fees Other	510.00	765.00	800.00	850.00
Total Professional Fees	4,125.88	6,188.82	4,700.00	7,300.00
Utilities				
5790 · Gas & Electric	2,671.03	4,006.55	4,000.00	4,500.00
5791 · HVAC Maint	990.00	1,485.00	0.00	1,000.00
5792 · Website/Info Technology	0.00	0.00	500.00	500.00
5795 · Telephone	6,152.93	9,229.40	5,800.00	9,000.00
5796 - Security System	338.40	507.60	750.00	650.00
Utilities - Other	0.00	0.00	0.00	0.00
Total Utilities	10,152.36	15,228.54	11,050.00	15,650.00
5400 · Payroll Expenses				10000
5410 · Management Salary	42,196.67	63,295.01	63,295.00	67,075.00
5415 - Clerical Wages	23,086.00	34,629.00	43,250.00	47,100.00
5416 - Payroll Tax Expense	5,526.58	8,289.87	8,500.00	9,750.00
5470 · Retirement Plan 5681 · Healthcare Benefits	1,200.00 3,500.00	1,800.00	1,800.00 5,250.00	1,905.00
5400 · Payroll Expenses - Other	3,500.00	5,250.00	5,250.00	6,150.00
Total 5400 · Payroll Expenses	75,509.25	113,263.88	122.095.00	131,980.00
5500 · Payroll Expenses	15,509.25	0.00	0.00	0.00
5686 - Bad Debt Expense	15.43	23.15	0.00	0.00
5688 - Theft Loss	0.00	0.00	0.00	0.00
5690 · Bank Charges	0.00	0.00		0.00
5695 · Credit Card Services Fees	2,972.58	4,458,87	4.000.00	4.500.00
5696 - PavPal Fees	123.61	185.42	200.00	250.00
5690 - Bank Charges - Other	0.00	0.00	0.00	0.00
Total 5690 · Bank Charges	3,096.19	4,644,29	4,200,00	4,750.00
5900 · Special Events				
5950 - ANNIVERSARY EXPENSE				
5955 - ADS & FLYERS	0.00	0.00	0.00	0.00
5950 · ANNIVERSARY EXPENSE - Other	0.00	0.00	0.00	0.00
Total 5950 · ANNIVERSARY EXPENSE	0.00	0.00	0.00	0.00
5900 · Special Events - Other		0.00	2,000.00	2,000.00
Total 5900 · Special Events	0.00	0.00	2,000.00	2,000.00
6200 - Other Committees				
5990 - Picnic Committee				
5910 · Raffles & Prizes	450.00	450.00	0.00	750.00
5911 · T-Shirts	1,950.31	1,950.31	0.00	2,000.00
5912 · Picnic Supplies	1,660.98	1,660.98	0.00	1,650.00
5913 · Park Rental Expense	2,628.67	2,628.67	0.00	2,750.00
5914 · Equipment Rental	1,244.00	1,244.00	0.00	1,200.00
5915 · Softball Expense	167.80	167.80		200.00
5990 · Picnic Committee - Other	1,116.00	1,116.00	6,000.00	1,250.00
Total 5990 · Picnic Committee	9,217.76	9,217.76	6,000.00	9,800.00
6210 - PI/CPC	88.05	132.08	1,000.00	500.00
6220 - Special Needs Committee	0.00	0.00	0.00	0.00
6230 - Teleservice Committee	144.00	216.00	500.00	500.00
6200 · Other Committees - Other	0.00	0.00	0.00	0.00
Total 6200 · Other Committees	9,449.81	9,565.84	7,500.00	10,800.00
6300 - Contingency Funds			1,405.00	0.00
Total Expense	128,721.07	188,472.73	201,450.00	224,030.00
let Income	37,087.09	46,275.44	0.00	0.00

October 2023



https://www.aa.org/self-support-where-money-and-spirituality-mix

#### **Where Money and Spirituality Mix**

"Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Office. If it were not for those entities, many new people would never discover the miracles of A.A."

**CCFAA** 

- I. Opening September 16, 2023 A. Call to order at 3:00 pm
- D. CCFAA Preamble read by Bernard

By The Way

G. Birthdays: Diane U. - 49 years; Michael P. 18 years

For a TOTAL OF 67 years of sobriety! HAPPY BIRTHDAY!

#### **II. Preliminary Business:**

A. Delegate Check-in: Total Delegates = 52

#### B. Quorum met – Yes

GROUP NAME	FIRST	LAST	LAST	GROUP NAME	FIRST	LAST	LAST
11th Step Meditation Meeting	Mary	F	9/16/2023	Folsom Saturday Morning Group	Stacy	F.	9/16/2023
12th Tradition Big Book Grp	Toni	5.	9/16/2023	Falsom Way of Life	Dartmore	H.	9/16/2023
6:30AM Daily Reflections	Dale	M.	4/15/2023	Found in the Big Book	Regina	N.	2/18/2023
A Way Out Men's Group	Paul	G.	8/19/2023	Freedom Group	Sigi	G.	9/16/2023
AA Morning Coffee	Bernard	E.	9/16/2025	Friday Night Unity Group	Gerrie	G.	9/16/2023
AA Unity Group	Sheiby	Ġ.	9/16/2023	Gibbons Noon Group	Lauren	R.	6/17/2023
Acceptance is the Answer	Deenise	K.	7/15/2023	Girls Night Out	Bonnie	11.0	9/16/2023
Alano American River Big Book	Christie	Q.	7/15/2023	Gold Country Irregulars	Kir	W.	2/18/2025
AIR. Artists in Recovery	Rod	<b>F</b> .	9/16/2023	Grace Abounds	Kristina	A.	8/19/2023
Arcade Mens Group	Kevin	C.	9/16/2023	Greenhaven Group	Chris	G.	9/16/2023
Attitude Adjustment Group Davis	Barry	M.	8/19/2025	Group None	Peter	R.	9/16/2025
Auburn Fellowship	Loki	P.	9/16/2023	Group One	Ryan	M.	9/16/2023
Babes in Recovery	Rosa		11/19/2022	Group Three	David	G.	9/16/2023
Back to Basics Orangevale	Alison	E.	5/20/2023	Happy Hour Rancho	Elaine	A.	9/16/2023
Best is Yet to Come	Maria	C.	9/16/2025	Into Action	AL	Y.	8/19/2025
By The Groce	Sasha		1/21/2023	Jaywalkets	Regina	N.	9/16/2023
Capital City Men's Grp	David	B.	9/16/2023	KISS, As Bill Sees it - Womens Group	Garnet	H.	2/18/2023
Cothedral Group	Scott	C	9/16/2023	Lavender Heights Y.P.	Madison	C,	4/15/2023
Citrus Heights Group	Michael	R	9/16/2025	Midtown Solutions	Kate	D.	9/16/2023
Colfax Fellowship	Brian	R	1/21/2023	Monday Night Big Book Study	Angela	M.	9/16/2023
Cordova Lunch Bunch	Kevin	W.	9/16/2023	Newcastle Big Book Group	Morgan	H.	12/17/2022
Cordova Screnity Seekers	Bob	H.	11/19/2022	New Hope	Tim	H.	9/16/2023
Courage to Change	Richard	M	9/16/2023	North Hall Group	Louri	5.	9/16/2023
Courage to Change Women's Meeting	Nancy	W.	9/16/2023	Number One Offenders	Sandy	W.	9/16/2023
Daily Attitude Adjustment	Linda	J.	8/19/2023	Oak Park Fellowship	Andy	5.	7/15/2023
Daily Direction AA Group	Shannon	R.	8/19/2023	Oak Tree Fellowship	Casey	T.	9/16/2023
Davis Hope	Terri	L	1/21/2023	Orangevale Thursday Night Mens 12x12	Horst	К.	2/18/2023
Davis Young People's	Lindsay	G.	7/15/2023	Precisely, How we have Recovered	Jimmie	5.	10/15/2022
Dixon No Name Group	Scot	B.	9/16/2023	Primary Purpose 2020	Rochel	T.	4/15/2023
Downtown Young Peoples	Dan	E.	9/16/2023	Primordial Ooze Men's Book Study	Nick	G.	9/16/2023
East Yolo Fellowship	Anthony	A.	9/16/2025	Reflections in Pajamas	Heidi	N.	9/16/2025
El Dorado Hills Group	Jim	C.	9/19/2023	Rescue Women's Meeting	Cinda	W.	2/18/2023
Elk Grove Fellowship	Alyse	R.	2/18/2023	Rio Linda Fellowship	Michelle	S.	9/16/2023
Esparto Fellowship	Roe	D.	10/15/2022	River City Speakers	Austin	F.	9/16/2023
Fair Oaks Beginners	Russ	Н.	9/16/2023	Rocklin Fellowship	Bill	T,	9/16/2023
Fair Oaks Village	Mike	К.	8/19/2023	Rocklin Racetrack	John	D.	4/15/2023
Fireside Book Study	Mark	В.	8/19/2023	Roseville 5th Street Fellowship	Laura	B.	4/15/2023
Folsom Big Book	Whitnee	Mc	9/16/2023	Roseville Tuesday Nights Group	Ashley	M.	9/16/2023
Folsom Friday Night	Eric	S.	2/18/2023				

ED	GROUP NAME	FIRST	LAST	LAST
23	SACYPAA	Tanner	E,	4/15/2023
23	Soc Town Coffee House	Nea	E.	5/20/2023
23	Saturday Morning Women's Reflections	Susan	I	8/19/2025
23	Saved & Sober AA	Denise	W	12/17/2022
23	Serenity Book & Step Study Group	Dione	A.	9/16/2023
23	Serenity in the Book	Salvador	R	2/18/2023
23	Sharing And Caring Group	Michelle	W.	9/16/2023
23	Sisters in Sobriety Orangevale	Kathy	J.	9/16/2023
23	Sisters in Solution	Mari	S.	9/16/2023
23	Sixty Minute Solution	Melissa	F	9/16/2025
25	Sober Breathe Group	Karlos	A.	1/21/2023
23	Sobriety Rocks	Bobby	Н.	5/20/2023
25	Spiritual Sunday	Steve	ĸ	3/18/2023
23	Step 2 Men's Group	Mark	Q.	2/18/2023
25	Sunlight of the Spirit - 11th Step Meditation	Julie	Z.	8/20/2022
23	Tahoe Park Group	Ted	M.	1/21/2023
23	The Best is Yet to Come	Morie	C.	9/16/2023
23	The How and the Why of it Men's Group	Greg	8.	8/19/2023
23	The Way Out	Bernard	E.	9/16/2025
23	Thursday Night Men's Group	David	8.	9/16/2023
22	Traditional Group	Rod	F.	9/16/2023
23	Tuesday Cordava KISS Group	Sheila	S.	2/18/2023
23	Tuesday Night Beginners	Anthony	G.	9/16/2025
23	We Care	Tomi	N.	7/15/2023
23	We Do Recover	Leslie	M.	9/16/2023
23	We Surrender Men's Group	Luke	M.	9/16/2023
23	Welcome Group	Kevin	H.	8/19/2023
22	West Roseville AA Group	John	I.	1/21/2023
23	What A Way to Start a Weekend Women's Grp	Shoron	H.	9/16/2023
25	What A Way Wednesday	Shoron	H	8/19/2023
25	White Flag Men's Group	Brian	B.	9/16/2023
23	Willing Women	Karina	ĸ	3/18/2023
23	Wisdom to Know	Cyndi	W.	3/18/2023
23	Women for Women	Nancy	E.	9/16/2023
23	Woodland Group	Donald	M.	3/18/2023
23	Woodland Online Group	Leslie	Mc.	9/16/2025
23	Yuba City 329	Jessica	Н.	9/16/2023

C. 12 Traditions read by - Russ H.

F. Delegate Check-in/Group Announcements

#### C. Attending Elected Positions:

Position	Name	Attendance	Position	Name	Attendance
Delegate Chair	Laura B.	Absent	BLOPS Chair	Greg B.	Absent
Assistant Chair/Area Liaison	Diane U.	Present	Birthday/Faithful Fiver Chair	Kate D.	Present
Treasurer	AI E.	Absent	PICPC Chair	Annie R.	Absent
Recording Secretary	Stefanie A.	Present	Picnic Chair	Paul G.	Absent
Board Chair	Jason S.	Present	Special Events Chair	Nicole F.	Present
Director At Large	Russ H.	Present	NCCAA Delegate Liaison	Robert F.	Absent
Director At Large	Dartmore H.	Present	H & I Liaison	Leslie M.	Present
Director At Large	Betty K.	Present	Office Manager	Robin T.	Present
Teleservice Chair	Dawn D.	Absent	WebMaster	Teague S.	Present

#### D. New Delegates:

Group Name	<b>Delegate</b>
New Beginnings	Arline Y.
Emotional Sobriety	M'Liss K.
Jay Walkers	Regina N.

#### Welcome new delegates!!

#### E. Visitor: None

#### I. Approval of Minutes

August 19, 2023 minutes reviewed by Jason S. (Board Chair), motion introduced by Rod F.; Russ H. (2nd the motion) passed unanimously.

#### II. Trusted Servant Reports

Delegate Chair's Report – Laura B. 

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E. 7th Tradition - Jason S.

B. Open with Serenity Prayer

### □ Assistant Chair/CNIA Liaison's Report - Diane U.

### September 2023 – New Groups

- New Beginnings Women's Group \ Western Gateway's Butter Maker's Cottage, 18560 Penn Valley Dr., Penn Valley, CA 95946 Friday 10am 11am, Closed, 1 hr., Women Only
- Emotional Sobriety \ Federated Church 1031 Thompson Way, Placerville, CA Monday 5:30pm 7:00pm Closed Women Only, Wheelchair Access

### CNIA 07 NEWS

- District 19 is hosting a Unity Day in Yuba City on September 30th at Sam Brennan Park
- Alternate Delegate Matthew and Bridging the Gap Chair, Brad, attended the BTG Workshop in Houston, Texas.

In service, Diane U, ccfassistantchair@aasacramento.org

### □ Board Chair's Report – Jason S.

I attended the Board meeting this past Tuesday September 12 at 6pm. All members were present. We reviewed reports given by our Office manager, Treasurer, and BLOPS Chair. Please be sure to take the information you learn at this meeting back to your groups.

- Here are some items I wish to share and highlight.
  - The CCFAA Annual Elections Meeting will be held at our Delegates Meeting on November 18th. Please note that we will start the Meeting at 2pm instead of 3pm. Please plan accordingly. If you would like to find out more information about each position, I suggest reaching out to the current trusted servant or review the Bylaws and Operating Procedures available on our website at the following at <u>www.aasacramento.org/about-ccfaa/</u>
  - We reviewed and approved for your consideration the proposed 2024 CCFAA Budget It will be presented later to you under New Business. Please take it back to your groups for discussion. We will be answering any questions at the October Delegates Meeting and Voting on it in November. AA Grapevine/La Vina App There is a great new way to access your AA Grapevine/LaVina Subscription and always have access to all the great information and stories quick and easy, right on your smartphone. You can download the New App from your phone's app store or scan the QR Code. The Application is free to download, and Subscriptions are \$2.99/month or \$29.99/year.
  - I want to express my heartfelt gratitude to Paul and all of those who volunteered to make this year's Picnic such a wonderful event.
     I know I had a great time and hope you all did as well. If you didn't get a chance to pick up a T-Shirt (\$15) on Tank Top (\$13), we still have plenty available to purchase at the bookstore.
- My thanks to Robin, her staff, and volunteers for all they do to support our Central office and the Greater Sacramento Area AA meetings, Groups, and Fellowships.
   Submitted in Love and Service, Jason S. Board Chair
  - Jason S. Board Chair

#### □ Treasurer's Report – Al E.

Please reference the <u>Profit and Loss YTD Comparison for August 2023</u> included in the attachments. Highlighted items reflect information in this report. Thank you to **our Volunteers, and Special Workers, Robin Office Manager, Tracy Asst. Manager, Gerald and Cristin.** 

<u>August's</u> deposits, expenses, payables, and bank reconciliation have been audited. Everything checks out and signed copies are on file at the CCFAA office.

- 1. Literature sales were down for the month at \$4,995 on a budget of \$6,000. [line 4020]
- 2. Medallion sales were up with \$3,456 with a \$2917 budget [line 4035].
- 3. Group Contributions were off a bit at \$9,086 as we budgeted \$10,750 [line 4100]. Thanks to all the groups for the contributions to keep the office going for our fellowship.
- 4. Birthday contributions were great at \$266 on a budget of \$167 [line 4120]. <u>Thank you AA for my sobriety!!!</u> Get the word out and HAPPY BIRTHDAY.
- 5. Faithful Fivers income was off \$837 as we budgeted \$1,250 [line4130]. (Great way for us, as individuals, to directly monthly support CCFAA. Sign up today at www.aasacramento.org
- 6. August income from the picnic committee was \$11,952, for a grand total of <u>\$13,615</u> for the picnic. Special Thanks to Paul G. and the committee for an OUTSTANDING DAY OF FELLOWSHIP. A lot of planning went into making this a special day.
- 7. Total Income was good for August (drum roll please) with \$32,033 on a budget of \$23.268. [Total Income line] Thanks to the picnic to keep us on budget.
- 8. Cost-of-Goods-Sold were down, \$6,103 with our budget of \$7,481. [Total COGS].
- 9. Expenses were up due to picnic expenses. \$20,292 as our budget is \$16,787. Thanks to our office manager [Total Expenses].
- 10. <u>August's</u> net income was GREAT \$5,609 thanks to the picnic.

Prudent Reserve – Is currently \$101,042 which is 6 months of operating expenses for that next rainy day. We are reviewing this regularly.

# We, as members of Alcoholics Anonymous, are helping to make great investments in the future of our Central Office. Thanks to each and every one and your groups for that.

Thank you ALL for your support and involvement with CCFAA. Bring a friend.

### **CCFAA Delegate's Meeting September**

### October 2023

\*Please take the following back to your groups -

- a) Supporting CCFAA helps bring service to our AA groups and meetings with Literature, Hot Line, Special
- Events, By The Way Newsletter, Sobriety Chips, and so much more.
- b) The store is open (Open Mon-Fri 9-5 and Saturdays 10-2)
- c) Contributions can also be made by Venmo, PayPal, Check, or Cash Any questions can be directed to my contact information below. Regards, Al Edwards cfo@aasacramento.org

#### Business Office Manager's Report – Robin T.

- Bookstore Renovations Sunday, October 15th through Sunday, October 22nd
  - Business Office to Remain Open during renovation and we will continue to sell literature and a. medallions during this time.
  - b. Seeking Volunteers- We are in need of volunteers to help with preparations, painting, offer of trucks to haul items, ladders, and hand power tools. If you are interested in helping or learning more, please contact Tracey at 916-454-1771 or email: centraloffice@aasacramento.org
  - Grand Opening Event- Monday, October 23rd from 9am-7pm. Complimentary Coffee & c. Cupcakes will be provided.
- Teague and I had the chance to attend the NAATW workshop, and I'm excited about sharing the valuable insights and information we received this year. Over the next month, I will compile a comprehensive report for your review. This is just a sneak peek of one of the takeaways: How to Most Effectively Use Literature in a Virtual Meeting. More to come.....
- This month we have presented the 2024 Budget to the Delegates for distribution to groups and fellowships for discussion with your members. During the upcoming October Delegates Meeting, we will hold a Q&A session to address any questions that may have arisen during group-level discussions. In the subsequent November Delegates Meeting, we will conduct the vote to decide on the acceptance of the 2024 Budget. If you or your group have any questions regarding this process or the budget itself, please do not hesitate to contact the Business Office.
- 38th Annual ICOAA Seminar- October 12 th through October 15th
- I will be out of town attending this year's Intergroups/Central Offices/AAWS/AAGV seminar. Your office assistant Tracey will be available to help if you need anything during this time, feel free to reach out to her at 916-454-1771 or email: centraloffice@aasacramento.org Always working together,

Robin T.

#### Teleservice Chair's Report – Dawn D.

Submitted by: Dawn D. - TeleService Chair & Rick S. - TeleService Asst. Chair Date submitted: 9/14/2023 Website: http://aasacramento.org/service-opportunities/teleservice/

> Shift Call Numbers: August (as of 9/14/2023) 12 Step = 58/ YTD 357 Info = 200/ YTD 1291 Total = 258/YTD 1648

### New Business:

- TS Shift Coordinators monthly check in on the 2nd Wednesday of each month Great turnout for Sept.
  - TS Virtual Workshop on Wednesday Oct 18, 2023 5:30 7:30 PM
    - 0 Meeting ID: 847 0568 8871 Passcode: TS2023
      - Please print flier and spread the word
- 0 Potential appreciation potluck in Nov for TS volunteers. Date and location TBA

Next CCFAA Holiday Office Closures - Teleservice will cover these day (s):

No coverage needed in October.

Thank you for letting me be of service! - Dawn D.

#### Webmaster's Report – Teague S.

New Business:

- NAATW was great!
- Tech committee: design and usability
- Home page & newcomer focus
- Service stories?

Old (Open) Business:

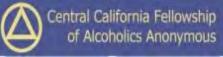
- **Open Web Priorities:** 0
  - Redo PHP back end Amazon Web Services test!
  - 0 Redo back end Admin Tool(s)
    - 0 **Reskin Site**

Questions please send to webmaster@aasacramento.org



Your contributions to CCF keep our office running. Here are easy 7th tradition donation QR codes for CCF Venmo and CCF Paypal.





#### □ By Laws & Procedures Chair's Report – Rod F.

- The Committee members are Rod F. from the Traditional Group, Shelby G. from the AA Unity Group, and Greg B. from The How and The Why of It Men's Group.
- The Committee has met three times since the last Delegate Meeting to work on revising the Delegate Handbook, as requested by the Board of Directors.
  - $\circ$   $\qquad$  We plan to have a draft for review by the Board at the October Board meeting.
  - Our next Committee meeting will be Sunday, September 24, 2023 at 4 p.m. to continue work on a draft of the updated Delegate Handbook.
- Thank you for the opportunity to serve CCFAA.

### □ PI/CPC Chair's – Annie R.

Not present, No report

Birthday Club/Faithful Fivers Chair's Report – Kate D. Not present, No report

#### □ Special Events Chair's Report – Nicole F.

- We are having a "Sharing Our Gratitude for our 3 Legacies" Dessert Potluck!! At Living Hope Community Church in Carmichael from 2-5PM on Sunday Nov. 5,2023. Doors Open at 1:30PM
  - Dessert Potluck with raffle prizes
  - Raffle-hoping groups would consider donating a basket
  - Looking for Volunteers!!
  - Need help with set up, clean up, greeters, readers, etc.

• Planning to hold a committee meeting (probably over zoom) on Sunday Sep. 24, 2023 at 3PM, Meeting ID: 822 4635 5945 Passcode: SE2023 Contact Information: <u>ccfspecialevents@aasacramento.org</u> or contact Central office.

In Service,

Nicole F. Special Events Chair

#### D Picnic Chair's Report – Paul G.

First I must apologize for maybe not being able to attend the Delegate meeting. I am working at the Tulare County Fair this weekend.

The CCFAA Picnic - Aug 20 at Elk Grove Regional Park was a success in many areas. My thanks go out to the volunteers and groups that made it successful. All areas where donations were needed, we seemed to get plenty of help. The raffle, book sale, plant sale bake sale, cake walk, white elephant sale all benefited from the largess of the AA Fellowship and it is appreciated. This included large and small donations from a large TV, tools, down to small items like a single book. In addition, the groups involved in the food operations dug into their own pockets as well as their groups pockets to buy everything that was sold except for the meat itself. Especially thanks to the ball teams who put up \$ 200.00 each which helped us cover the cost of the facility. All this ensured that most of the profits would benefit the CCFAA office operations. But the biggest praise goes to the many folks that gave up their day to come out and participate in the event. Without you none of this would be possible. When the funds were all counted, we had around \$13,600.00 dollars. Our expenses were around 9,200.00 dollars so around \$4,400.00 was raised for the CCFAA operations. This net amount was significantly down from prior years. Two things came into play one we did not push the raffle tickets out to the delegates as we have in past years so the revenue dropped off in this area. The other issue that took a long time to navigate was Elk Grove Park District, due to our attendance numbers, changed our event designation to a special event. Our cost rose from \$791.00 dollars in 2022 to \$2628.00 in 2023. We would have had the same problem in the Sacramento City Parks. On the bright side our speaker canceled three days out due to his house being in the path of Hilary in LA. We were able to find an able replacement and want to thank Ron Dobin for stepping in. The experiment with the softball complex did not pan out due to field maintenance issues. We will return to the smaller fields next year and lower the registration fee for the teams. In other highlights Betty K's plant booth was a smashing success. Bottom line most attendees enjoyed themselves and had a great time. Thanks to all the people who work so hard to make this event successful and of course thanks for letting me be of service, Greg B.

#### I. Reports – Special Committees, Delegates, Liaisons & Invited Guests

#### □ Hospitals & Institutions Liaison's Report – Leslie Mc.

All is well with Hospitals and institutions. There are LOTS of opportunities to be of service through H & I and we have some new facilities with positions that need to be filled. All are invited to attend our monthly meeting the 3rd Tuesday of every month at Denny's 7900 College Town Drive, Sac. 95826 3rd Tuesday, 6pm

Inside Volunteer Sponsorship Service (IVSS)

IVSS is starting up at Folsom and is looking for volunteers. Please contact Joe to be of service with inside sponsorship at Folsom prison. As this is just starting, there is a big need for lots of volunteers. This is the program where AA members enter the prison as visitors and take inmates through the 12 steps! Currently only available for men at Fols Thanks

Leslie M

### □ NCCAA Delegate Liaison's Report – Robert F.

Not Present, no report

#### I. Old Business

- 1. <u>Employee Retention Credit Vote</u> VOTE: 21 yes 20 no 9 abstain. Delegates have the right of decision to change their vote based on listening to minority opinion which was shared after the vote. Any money used has to be voted on by delegates. Some feedback don't accept money from outside, risks with lines being blurred with 12 traditions, arguments with money.
- 2. Jason called a second vote 19 yes 27 no, 7 abstain. Group conscience, Motion does NOT pass.
- 3. The Board will determine what is or isn't owed to the CPA and will bring it back to the delegate body.
- OPS Motions sections 9.5, 9.8, 9.11.10, 15.1.1, 21.8, and General Clean-up edits Questions/Discussion: Next month will be voting on operating procedures.

#### II. New Business

CCFAA 2024 Budget - Please review this budget, questions in October, vote in November before elections.

#### III. Closing

Invitation to close the meeting - motion to close introduced by Beth R., Sharon H. (2nd the motion).

The next meeting will be on Saturday October 21, 2023 and will start at 3:00pm on Zoom, Meeting ID: 929 9218 9084 – Passcode: 912051. The meeting closed at 4:50pm with the "Responsibility Pledge".

\*\*Respectfully submitted by Stefanie A., CCFAA Recording Secretary

\*\*Present issues to Laura B. at <u>ccfchair@aasacramento.org</u> Issues will be presented to the Board of Directors for review; however, it may have been covered in past meetings or may not be an issue for the Delegate Meeting. The chairperson will add them to the next Delegate Meeting Agenda when appropriate. Thank you.

## Coming soon! NOVEMBER THE FELLOWSHIP CELEBRATES GRATITUDE MONTH!

### THANK YOU FOR YOUR SUPPORT OF OUR CENTRAL OFFICE

**Gratitude Month:** During the month of November, many groups pass a second collection basket, sending contributions directly to Central Office. These donations are critical to fulfill our mission of assisting the alcoholic who still suffers. Some groups hold Traditions meetings or topic meetings focused on gratitude. Many hold Gratitude Dinners, combining home cooked meals with A.A. speaker meetings and fellowship, renting halls, selling tickets for the meal, and sending any proceeds raised to their local intergroup/central office.

**If your group chooses to participate**, please indicate on payment "gratitude" when paying by check, credit card, PayPal or Venmo (for example, group name and "Gratitude Month, 2023"). Have some fun and make your own basket or pick-up a Gratitude Can at Central Office.



Scan. Pay. Go.

Your contributions to CCF keep our office running. Here are easy "Gratitude 2023" donation QR codes for CCF Venmo and CCF Paypal.

Gratitude Cans will be available for Pickup at Central Office Starting October 23rd at the Remodeled Bookstore Grand Opening Party!





venmo

## AUGUST 2023 - Profit and Loss

October 2023

OT US CON Y (OT VS)	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	10.71.7	Prorate	1.0	10.00
	Aug 23	Jan - Aug 23	Budget	\$ Change	Budget
Ordinary Income/Expense		1	Sec. 1.	Sec	10. ma
Income					
4020 · Literature Sales	4,995.03	53,881.23	48000.00	5,881.23	72000.0
4025 · In-House Publication Sales	649.48	5,440.72	5666.64	-225.92	8500.0
4035 · Medallion Sales	3,456.70	25,633.30	23333.36	2,299.94	35000.0
4100 · Group Contributions	9,086.92	102,685.28	86000.00	16,685.28	129000.0
4110 · Anonymous Contribution	157.38	1,818.81	2333.36	-514.55	3500.0
4120 · Birthday Contributions	266.00	1,215.00	1333.36	-118.36	2000.0
4125 · Office services revenue	612.08	15,591.60	8000.00	7,591.60	12000.0
4130 · Faithful Fivers	837.00	7,366.00	10000.00	-2,634.00	15000.0
4440 · Interest Income	3.43	26.63	16.72	9.91	25.0
4450 - Miscellaneous	16.15	122.37	133.36	-10.99	200.0
4460 · Picnic Revenue	11,952.96	13,615.96	8000.00	5,615.96	12000.0
4480 · Special Events Revenue					
4480 · Special Events Revenue	0.00	0.00			
4482 - Anniversary Event	0.00	0.00			
Total 4480 · Special Events Revenue	0.00	0.00	1333.36	-1,333.36	2000.0
Total Income	32,033.13	227,396.90	194150.16	33,246.74	291225.0
Cost of Goods Sold					-
5000 · Literature Costs					
5010 · Cost of AAWS literature sold	3,647.73	39,415.74	37183.28	2,232.46	55775.0
5015 · Other Literature	312.43	2,558.58	1333.36	1,225.22	2000.0
5025 · In-House Publication					
5030 · Paper Stock and Staples	0.00	1,768.99	1666.64	102.35	2500.0
5035 · Printing Equipment	717.64	5,703.67	7000.00	-1,296.33	10500.0
5040 · Copy Costs	0.00	2,168.77	2333.36	-164.59	3500.0
Total 5025 · In-House Publication	717.64	9,641.43	11000.00	-1,358.57	16500.0
5000 · Literature Costs - Other	0.00	321.83			
Total 5000 · Literature Costs	4,677.80	51,937.58	49,516.64	2,420.94	74275.0
5050 · Medallion Costs	1,452.78	9,651.16	10333.36	-682.20	15500.0
Total COGS	6,130.58	61,588.74	59850.00	1,738.74	89775.0
Gross Profit	25,902.55	165,808.16	134300.16	31,508.00	201450.0
Expense			1		1.
Equipment Expense	0.00	752.00	2200.00	-1,448.00	3300.0
Insurance	314.15	3,160.09	3266.64	-106.55	4900.0
Meetings/Conference Expense	45.00	1,254.91	1800.08	-545.17	2700.0
Office Expense	2,909.73	21,205.15	25066.56	-3,861.41	37600.0
Professional Fees	178.55	4,125.88	3133.36	992.52	4700.0
Utilities	1,121.48	10,152.36	7366.64	2,785.72	11050.0
5400 - Payroll Expenses	10,233.69	75,509.25	81396.72	-5,887.47	122095.0
5686 Bad Debt	0.00	15.43			
5688 · Theft Loss	0.00	0.00			
5690 - Bank Charges	398.22	3,096.19	2800.00	296.19	4200.0
5900 · Special Events	0.00	0.00	1333.36	-1,333.36	2000.0
6200 Other Committees	0.00				
5990 · Picnic Committee	5,091.75	9,217.76	4000.00	5,217.76	6000.0
6210 · PI/CPC	0.00	88.05	666.64	-578.59	1000.0
6230 · Teleservice Committee	0.00	144.00	333.36	-189.36	500.0
Total 6200 · Other Committee	5,091.75	9,449.81	5000.00	4,449.81	7500.0
6300 · Contingency Funds	0.00	0.00	936.72	-936.72	1405.0
Total Expense	20,292.57	128,721.07	134300.08	-5,579.01	201450.0
Net Ordinary Income	5,609.98	37,087.09	0.08	37,087.01	0.0
Net Income	5,609.98	37,087.09	0.08	37,087.01	0.0

CCFAA

### **Group Contributions**

# From all of us at Central California Fellowship, Thank you so much!

As of September 25th	Sep 23	Jan - Sep 23	As of September 25th	Sep 23	Jan - Sep 23	As of September 25th	Sep 23	Jan - Sep 23	As of September 25th	Sep 23 .	Jan - Sep 23
11TH STEP MEDITATION MTG	0.00	60.22	FIRESIDE BOOK STUDY	0.00		MORN BIG BOOK STUDY GRP	0.00	52.00	SISTERS IN SOBRIETY	0.00	150.00
12 & 12 TOUCHSTONE GRP	0.00	666.40	FIRST THINGS FIRST GRP	0.00	40.00	MOTHERLODE FWP	0.00	864.33	SISTERS IN SOLUTION	0.00	325.00
12TH TRADITION BIG BOOK GRP	0.00	900.00	FIT FOR LIFE GRP		1,527.70	MYSTIC CHIX GRP	0.00	170.00	SISTERS OF SOBRIETY (PLACERVILLE	0.00	24.23
630AM DAILY REFLECTIONS MTG	0.00	75.00	FOLSOM BIG BOOK GRP	0.00			202.00	202.00	SISTERS OF SOBRIETY GRP-Rancho	0.00	350.00
AA UNITY GRP	10.00	10.00		0.00	2,434.00	NEW LIGHT FWP		202.00	SIXTY MINUTE SOLUTION GRP	0.00	42.00
ALL TRIBES GRP	0.00	120.00	FOLSOM FRI NIGHT GRP	0.00	578.61	NEW LIGHT FWF	0.00	120.00	SMOKIN SOBRIETY	0.00	255.00
ARCADE MEN'S GRP	0.00	733.00	FOLSOM NOON NEW LIFE	0.00		NEWCASTLE FRI NITE GRP	200.00	450.00	SOBRIETY FIRST	0.00	296.75
AS BILL SEES IT MEN'S GRP	40.00	80.00	FOLSOM SATURDAY MORN	0.00		NORTH AUBURN GRP OF AA	0.00		SPEAK EASY	0.00	84.90
AS BILL SEES IT PLACERVILLE	0.00	100.00	FOLSOM TUE NIGHT MEN'S AA	0.00	600.00	NORTH HALL GRP	0.00	6.25	SPIRITUALLY SPEAKING ORANGEVALE	0.00	316.00
ATTITUDE ADJMNT GRP OF DAVIS	0.00	250.00	FOLSOM WAY OF LIFE GRP	0.00	3,679.10	NUMBER ONE OFFENDERS	0.00	185.27	SPRING FLING GRP	0.00	8,578.00
AUBURN FWP	800.00	1,050.00	FORESTHILL BENT NICKEL GRP	0.00	25.00		0.00	596.00 204.00	STEP 2 MEN'S GRP	0.00	500.00
			FOUNTAIN OF YOUTH GRP	0.00	195.00	OAK PARK FWP OAK TREE GRP			SUNDAY MORN AA	247.15	1,142.94
AUBURN YOUNG PEOPLE'S	0.00	338.00	FREEDOM GRP	0.00	645.99		0.00	995.00	SUNDAY NIGHT RECOVERY HOUR	0.00	1,100.00
BABES IN RECOVERY	51.75	486.04	FRI LUNCH BUNCH	0.00	192.50	OLD ELK GROVE FWP	0.00	573.23	SUNLIGHT OF THE SPIRIT 11TH STEP MED	0.00	100.00
BROWNSVILLE SERENITY GRP	0.00	20.00	FRI NIGHT UNITY GRP	0.00	950.00	ONE DAY AT A TIME GRP	0.00	50.00	SUNRISE SUNSET GRP	80.00	144.65
CAMERON PARK GRP	0.00	85.00	FRI WAY OUT GRP	0.00	433.00	ORANGEVALE BIG BOOK	0.00	180.93	SUNRIVER PARK MTG	0.00	422.51
CAPITOL CITY MEN'S GRP	0.00	1,002.00	FRUITVALE GRP	0.00	217.09	ORANGEVALE CAME TO BELIEVE	0.00	222.00	SUNSET HAPPY HOUR WOMEN'S GRP	0.00	780.00
CATHEDRAL GRP	0.00	631.00	GIBBONS NOON	0.00	1,524.00	ORANGEVALE THU NIGHT MENS 12X12	81.00	81.00	SUNSET WED WOMEN	0.00	360.00
CENTRAL FOOTHILL WOMEN'S CONF.	0.00	300.00	GIFTS OF SOBRIETY	0.00	78.00	OVER 50 GRP	0.00	180.00	SUTTER BUTTES ROUNDUP GRP	0.00	180.00 130.56
CITRUS HEIGHTS AA @ NOON	0.00	794.39	GNO GIRLS NIGHT OUT	0.00	738.34	PARKING LOT MTG	0.00	2,500.00	TAHOE PARK GRP THE COLUSA GRP	0.00	200.00
CITRUS HEIGHTS GRP	250.00	565.00	GOOD FOR NOTHING	0.00	1,272.00	PATHWAY TO SPIRITUALITY GRP	0.00	312.23	THE HOW & THE WHY OF IT MEN'S C	0.00	416.48
COLFAX FWP	0.00	152.12	GOOD ORDERLY DIRECTION	0.00	150.00	PLACERVILLE SUNRISE ATTITUDE ADJMN	0.00	278.04	THE JOY OF LIVING	83.00	165.00
COME AS YOU ARE GRP	0.00	440.00	GREENHAVEN GRP	0.00	373.45	PRIMARY PURPOSE BIG BOOK STDY	0.00	100.00	THU MORN BOOK/STEP STUDY GRP	0.00	257.00
CORDOVA LUNCH BUNCH	0.00	788.78	GRP NONE	0.00	32.00	PRIMORDIAL OOZE MEN'S BOOK STDY	0.00	650.00	THU NIGHT MEN'S GRP	0.00	450.00
CORDOVA THU NIGHT GRP	0.00	85.00	GRP ONE	0.00	160.00	PROMISE SEEKERS	142.92	245.42	TRADITIONAL GRP	0.00	816.15
COTTAGE 12X12 STEP STUDY	0.00	210.00	GRP THREE	0.00	2,160.00	PROMISES GRP - DIXON	0.00	48.00	TRIANGLE GRP	0.00	123.00
	0.00	526.06	HAPPY CAMPERS	0.00	450.00	QUARTER TIL YOUNG PEOPLE	0.00	236.00	TUE CORDOVA KISS GRP	0.00	196.00
COURAGE TO CHANGE GRP			HAPPY DESTINY GRP	60.00	120.00	RANCHO MURIETA GRP	0.00	1,457.06	TUE NIGHT BEGINNERS GRP	0.00	184.00
COURAGE TO CHANGE WOMENS MTG	0.00	50.00	HAPPY HOUR RANCHO GRP	448.30	448.30	REFLECTIONS IN PAJAMAS	0.00	108.00	TUE NIGHT BYOB AUBURN	0.00	184.50
DAILY DIRECTION AA	520.32	5,192.99	HELPING H&S GRP	0.00	780.15	RESCUE MENS STAG GP	55.00	358.00	TUE NITE MEN'S AA	300.00	486.00
DAVIS FRI NOON GRP	0.00	259.76	HIGH FLYERS GRP	73.36	282.74	RESCUE WOMEN'S MTG	0.00	186.50	WE CARE GRP	0.00	615.80
DAVIS HOPE GRP	0.00	330.00	INDIAN CHARLIE'S	67.19	208.31	RINGSIDE RECOVERY	0.00	148.94	WE DO RECOVER	25.65	84.08
DAVIS WED WOMEN STEP STDY	0.00	217.38	INTO ACTION GRP	0.00	200.00	RIO LINDA FWP	0.00	1,644.77	WED NIGHT YP GRP	0.00	428.00
DESTINY GRP	0.00	600.00	INTO ACTION ONLINE GRP WOMEN'S	0.00	309.00	RIVER PINES GRP OF AA	0.00	20.00	WELCOME GRP	0.00	845.57
DISTRICT 25	0.00	250.00	IONE-CAMANCHE GRP	0.00	162.00	ROCKLIN FWP	50.00	6,569.77	WEST SLOPE FELLoWSHIP	0.00	3.81
DIXON NO NAMES GRP	0.00	100.00	JAYWALKERS GRP	42.00	337.00	ROCKLIN LEGACY GRP	0.00	358.30	WEST SLOPE UNITY	0.00	0.00
DOBBIN'S WILD BUNCH	0.00	100.00	JOY OF LIVING	0.00	63.00	ROCKLIN RACETRACK GRP	0.00	750.00	WHAT A WAY WEEKEND WOMENS GRP	0.00	150.00
DOWNTN YOUNG PEOPLE'S GRP	0.30	550.80	JUST AA	0.00	100.00	ROCKLIN YOUNG PEOPLE	0.00	262.50	WHEATL& GRP	150.00	300.00
	405.90	405.90	L& PARK MEN'S MTG		1 060 05	ROSEVILLE EASTSIDE GRP	0.00	283.00	WHITE FLAG MEN'S GRP	0.00	450.00
DRUNK SQUAD			LINCOLN GRP FRI NIGHT MTG	1,069.85	100.00	ROSEVILLE FIFTH STREET FWP	0.00	3,690.00	WILLING WOMEN GRP, THE	0.00	444.19
DRY DIGGINS GRP	0.00	209.08			100.00	ROSEVILLE TUE NIGHT GP	375.00	1,533.00	WINTERS KITCHEN TABLE GRP	0.00	542.86
DRY DOCK GRP	0.00	86.59	LINCOLN THU NIGHT GRP	0.00	548.00	ROUND TABLE GRP	60.00	60.00	WOMAN'S 1212 STUDY GRP	0.00	241.93
EARLY BIRD GRP OF AA	0.00	188.00	LIVING SOBER WOMEN'S FRI GRP	0.00	403.97		0.00	850.00	WOMEN'S STEP STUDY II GRP	0.00	450.00
EAST YOLO FWP	0.00	1,140.00	LOOMIS FWP	0.00	200.00	SATURDAY EDI GRP	0.00	79.93	WOMEN IN RECOVERY, PLACERVILLE	20.00	60.00
EDEN VALLEY AT APPLEGATE GRP	0.00	217.64	LOOMIS WED BIG BOOK	0.00	198.00	SAT MORN WOMEN'S REFLECTIONS GP	0.00	1,059.01	WOMEN OF EXTRAVAGANT PROMISES	0.00	416.91
EL DORADO HILLS GRP	0.00	552.20	LOOMIS WOMEN'S STEP STUDY	0.00	500.47	SECOND CHANCE GRP	0.00	960.00	WOMEN SEEKING SERENITY	0.00	250.00
ELK GROVE FWP	0.00	1,377.38	MEDITATION WORKSHOP	0.00		SERENITY BOOK & STEP STUDY GP	179.88	1,364.85	WOMEN TO WOMEN CONFINORCAL	0.00	1,025.00
ELK GROVE SOBRIETY SISTERS	0.00	470.00	MEN AT WORK	0.00		SERENITY ON THE HILL	0.00	302.00	WOMENS 5PM GIBBONS	300.00	300.00
ESPEE FWP	0.00	625.00	MNNYPAA	0.00		SERENITY SEEKERS	0.00	337.50	WOODL& ONLINE GRP WOODL& TRADITIONAL GRP	0.00	155.00 370.00
EVERY IMAGINABLE REMEDY	0.00	143.74	MON NIGHT BIG BOOK STUDY	36.00		SHARING & CARING FWP	0.00	1.51	YUBA CITY 329 GRP	0.00	47.00
			MON PM WOMEN GRP	120.24		SIERRA STEP SISTERS GRP	0.00	173.16	TOTAL	1 · · · · · ·	109,362.09
FAIR OAKS BEGINNERS GRP	0.00	673.03	MORE WILL BE REVEALED	0.00	300.00	SIERRA WED AM GRP	120.00	360.00	na ang pan		

Meeting Name: \_\_\_\_\_

Meeting City: Day:

Meeting Address: \_\_\_\_\_ Phone #:

\$ Amt:\_

Group ID# \_\_\_\_\_

Time:\_\_\_\_\_ OAM OPM

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