



# By The Way

9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 [www.aasacramento.org](http://www.aasacramento.org) 916-454-1771

## SEPTEMBER 2023



### CCFAA PICNIC RAFFLE WINNERS!!

**Are you a winner?**

Capture photo on this QR code to find out

Bring the winning ticket to Central Office and claim your prize!



#### Step Nine: Captain Chaos

BY: SKITCH F. | ALBUQUERQUE, NEW MEXICO

An AA realizes the high cost of "freebies"

I made up my own definition for the word "freebie" when I was in my late teens and already an alcoholic. The word described when I got out of doing something I really didn't want to do, but didn't want anyone to know it. For instance, if someone else had to cancel a meeting that I didn't want to show up for--it was a "freebie." Not only did I get out of it, but I also got credit for doing something I didn't do. Does that make sense?

Then, along came sobriety, the Steps, and my sponsor. My sponsor said, "You better do a Fifth before you pick up a fifth." I did my Fifth Step right before my first anniversary. Although it took months for me to do Steps Six and Seven (a story of its own involving stealing but finally making it through the grocery store without grazing), I finally got to Steps Eight and Nine. My first wife was on my list of amends. When the kids were teenagers, we'd gotten divorced, after being married for over seventeen years. When I was coming up on a couple years of sobriety, I went to see her to make amends. She said, "Oh, I know what you're going to do. I'm just glad you're sober, and you don't have to do this." The book says we don't push anyone who doesn't want it. Wow, I thought, a great big freebie.

Years of sobriety followed this experience, and it was not a bad life by any means, especially compared to the life I'd lived as a drunk. I kept my sponsor, even when his company gave him a new assignment and he moved. I became friends with Jim P. If I couldn't reach my sponsor, Jim was there. He was an active old-time twelfth-stepper. I still had a big resentment about my first marriage, and Jim said I needed to pray that she'd get the things I wanted for myself. I said that she'd already gotten all my things (money and material things). But he said he was also talking about security, peace of mind, and, in general, the things I'd robbed myself and my family of in my years of alcoholic terrorism. I'd pray, because I believed Jim, but I didn't have faith in a Higher Power. Things changed, but very slowly.

Five more years passed. One day, I was talking to my sponsor about a problem I was having. Before I finished, he said, "Tell me about your Ninth Step with your first wife." Whoa. I said, "This problem has nothing to do with that." I reminded him that my first wife said that she didn't want to hear it. He replied, "We need to work on it now." He said I needed to do a Ninth Step with my first wife.

There was a lot of work for me to do. I had to list the nature of the harms I had done--the miserable life in our home as a result of my alcoholic drinking. I was unpredictable and kept the house in turmoil. My family even had a name for me: Captain Chaos. Pretty flattering, huh? The things I'd taken from the family were the things that, years before, Jim had told me to pray about. My sponsor and I talked about it every week for a few months.

Finally, I was ready. We decided that I was going to ask her to have lunch with me. My daughter was having a party for one of my grand-kids in a couple of weeks. My sponsor said while we were all at the party, I could ask my first wife to go to lunch. When the day arrived, there just wasn't the right opportunity. I looked across the room and saw my first wife and her new husband opening the door to leave. I yelled out her name and asked, "Will you go to lunch with me?" The whole room took a breath and stood still, waiting for her reply.

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# BTW SUBSCRIPTION SERVICE

delivered to your home, inbox, or both!



Mail only - \$15

Email only- \$5

Combo - \$19

Subscribe yourself,  
Or gift a fellow!

## CCF DELEGATES' MEETING

Saturday, September 16, 2023

Meeting Begins at 3:00PM

New delegates arrive at 2:30pm

Online only, Zoom Meeting

Meeting ID: 929 9218 9084

Dial in: +1 669 900 6833 code 929 9218 9084#

Password: 912051

Meets the third Saturday each month



### Deadline Dates for Submissions for the By The Way and Monthly flyers 2023

MONTH	FLYERS DEADLINE	BY THE WAY DEADLINE
September	Tue., September 5th	Tue., August 15th
October	Thu., October 5th	Fri., September 15th
November	Sun., November 5th	Sun., October 15th
December	Tue., December 5th	Weds., November 15th

All submissions need to be in by 5:00 PM.

Email ALL submissions to: [centraloffice@aasacramento.org](mailto:centraloffice@aasacramento.org)

## Teleservice / Teledesk Hotline Updates

Alcoholics Anonymous Teleservice, also known as the A.A. Hotline, serves alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.

**Teledesk** - AA Hotline calls at CCF Office (M-F 9a-5p)

**Teleservice** - AA Hotline calls w/Volunteers (All other days hours)

<https://aasacramento.org/service-opportunities/teleservice/>

We would love to have you join our Hotline team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: [hotlinehelpers@gmail.com](mailto:hotlinehelpers@gmail.com)



### Teleservice Activity Report August 2023

See the monthly Teleservice Report in Delegates Minutes

Teleservice	August YTD	
12 Step	50	299
Meetings/Info	191	1,091
Total Calls	241	1,390

### TeleDesk Activity Report August 2023

TeleDesk	August YTD	
12 Step	11	79
Meetings/Info	154	1,711
Total Calls	165	1,790

## GROUP DELEGATES

Please let us know who you are so we can send your group a **FREE copy of the By The Way** and the flyer mailing each month.

We want to be sure we have up-to-date info about your meeting location, day, time, and format.

**CCF is here to be of service to you and your group!**

Please feel free to visit your Central Office located at: 9960 Business Park Dr., Suite 110 in Sacramento!

## PI/CPC COMMITTEE

Including all members from Area 7 - Central California Interior Area

Wednesday, September 6, 2023 at 6:30 PM

Zoom Meeting ID: 920 7882 8921 Passcode: 013192

To volunteer email: [ccfpicpc@aasacramento.org](mailto:ccfpicpc@aasacramento.org)

Meets on the 1st Wednesday of the month

## BOARD OF DIRECTORS COMMITTEE

Tuesday, September 12<sup>th</sup>, 2023

Meeting Begins at 6:00PM

Online, Zoom Meeting ID: 924 5843 5425

Password: 791746

Meets monthly the Tues. before the CCF Delegate's Meeting

## H & I MONTHLY MEETING

Tuesday, September 19<sup>th</sup> at 6PM @ Denny's

7900 College Town Dr - Howe Ave & Hwy 50

We have an ongoing need for volunteers.

Contact the Area 42 Chairman, Leslie M. for more information email: [area42handi@gmail.com](mailto:area42handi@gmail.com)

Meets monthly on the 3rd Tuesday



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**Moving?**

Contact us with with change of address.



# BY THE WAY NEWSLETTER SERVICE

We need volunteers to help with the assembly of the Flyer Mailing on Monday, **Sept 11th** at 9:30 a.m. & **Friday, Sept 29th** the By The Way mailing on at 9:30 a.m.



## Volunteer Dates for Upcoming 2023 Mailings

Central Office would like to have volunteers arrive at 9:30AM on the dates below. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

	Flyer Mailing	By The Way Mailing
September	Mon., September 11th	Fri., September 29th
October	Tue., October 10th	Tue., October 31st
November	Mon., November 13th	Thu., November 30th
December	Mon., December 11th	Fri., December 29th

## SERVICE CORNER



**Central Office is always looking for volunteers!!!**

There are many ways to be of service at the main office or even from the comfort of your home.

Service opportunities such as; BTW Newsletter, answering phones, volunteering in the bookstore, and 12-step call work.

If you are interested in getting more information about these and other service positions, please give us a call at 916-454-1771.



Central California Fellowship of Alcoholics Anonymous

**Central Office Needs Teledesk Volunteers** for morning and afternoon shifts. There is also a Volunteer Coordinator position open, if you are interested give Central Office a call at 916-454-1771.

**All you need is 6 months of sobriety to help, call 916-454-1771.**

## Central California Fellowship

# Central Office Hours

Mon. - Fri. 9a - 5p

Saturday hours 10a-2p

\*\*\*\*\*

**CLOSURE: LABOR DAY SAT, SEPT 2 & MON, SEPT 4**

# Volunteers

### TeleDesk Volunteers & Subs

- Alexander G. Jeff M.
- Bob S. John F.
- Cheryl "Red" Peter G.
- Cindy F. Sharon S.
- Elaine A. Suzanne B.
- Jay C.

### Sales Desk

- Ann A. Cindy Jo M.
- Beth B. Dale M
- Cindy F. Ron H.

**Bulk Mailings** - Jason S.

**Webmaster** - Teague S.

### BTW & Flyer Mailing

- Bill E. Jason S.
- Elaine A. Jay R.
- Fred S. Mike K.
- Gary S. Pete G.
- Houston H. Steve O.

### BTW Committee

- Angie G. Tom J.
- Karina K. Verne T.
- Phred S.

### Celebrating September Birthdays!



- Bill E. - 32 Years
- Taylor D. - 19 Years
- Nicole M. - 4 Years
- Sharon S. - 15 Years

## WHERE GRATITUDE IS AN ACTION WORD!

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

**WEEKLY SPEAKER MEETINGS**

**EL DORADO HILLS GROUP - WEEKLY SUNDAY NIGHT SPEAKER - WHEN:** Sundays @ 7-8p **WHERE:** 101 Olson Lane, El Dorado Hills, St. Stephen's Lutheran Church, Rm: Community Hall

**FOLSOM WAY OF LIFE GROUP ~ WHEN:** Every Thursday, 7:00p. Speaker/participation meeting. **WHERE:** 450 Blue Ravine Rd., Journey Church Fellowship Hall, Folsom.

**RIVER CITY SPEAKERS - WHEN:** Fridays @ 7p **WHERE:** 7595 Center Parkway, Sacramento. St Luke's Lutheran Church (9/1) Joe C. - San Diego, (9/8) Sharon C. - Rio Linda, (9/15) Kandis B. - Placerville (9/22) Shelly R. - Concord (9/29) Nick H. - Belvedere

**ROSEVILLE TUESDAY NIGHT GROUP WHEN:** Saturdays @ 7p - **WHERE:** 315 Lincoln St, Roseville. **SPEAKERS:** (9/2) Ellen B. - Newcastle (9/9) Kendry M. - Phoenix FWP, (9/16) Amanda. - Rio Linda (9/23) Victor S. - Sacramento (9/30) Kentucky Dave - Plymouth

**WOODLAND TRADITIONAL GROUP ~ WHEN:** Thursdays 7:30p **WHERE:** 418 Main Street, Woodland ~ Behind Timothy's Bakery, Entrance through the rear of the building.

**MONTHLY SPEAKER MEETINGS**

**AUBURN FELLOWSHIP ~ WHEN:** Third Sat. @6:30p **WHERE:** 244 Palm Ave, Auburn.

**DAVIS HOPE GROUP ~ WHEN:** First Sat of the month at 7p **WHERE:** St. Martin's Church, 640 Hawthorn Ln, Davis.

**DRUNK SQUAD ~ WHEN:** Last Friday of the month @ 7p-8:15 p **WHERE:** 11549 Fair Oaks Blvd., Fair Oaks Park (behind Library). Bring a chair to sit on.

**ELK GROVE FELLOWSHIP POTLUCK/SPEAKER/BIRTHDAY MEETING ~ WHEN:** Last Sat. Potluck: 6p, Speaker: 7p, Birthdays: (with Cake) 8p **WHERE:** Native Sons Hall, 9151 Grove St, Elk Grove, (corner of Kent and Grove St).

**FORESTHILL BENT NICKEL GROUP ~ BIRTHDAY NIGHT/SPEAKER MEETING ~ WHEN:** Thu. @7p Birthday Celebration, @7:30p-8:15p Speaker Meeting.

**WHERE:** 20801 Todd Valley Rd, Forrest Hill, Calvary Bible Church. **SPEAKERS:** (7/27) Heidi W. - Rocklin FWP, (8/31) Lance H. - Woodland Group, (9/28) Morgan H. - Auburn Fellowship

**FREEDOM GROUP SPEAKER/BIRTHDAY ~ WHEN:** Last Mon of the month 7:30p **WHERE:** Faith United Methodist Church, 3600 J St, Sacramento.

**GALT FELLOWSHIP ~ WHEN:** First Sat of the month. Dinner: 6p Speaker: 7p **WHERE:** Galt Methodist Church, 571 C St, Galt.

**GROUP ONE ~ WHEN:** Third Sun of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St, Sacramento.

**GROUP THREE ~ WHEN:** Third Sat of the month at 6p **WHERE:** Zoom ID: 198-018-629 PW: 1945

**HI-FLYERS ~ WHEN:** Last Sun of the month at 7p **WHERE:** 3077 Alhambra Drive, Suite E, Cameron Park.

**LGBT DIVERSITY FELLOWSHIP ~ WHEN:** Last Fri of the month at 7p **WHERE:** Woodland Group, 96 West Main St Suite B., Woodland.

**MIDTOWN SOLUTIONS ~ WHEN:** Last Sat of the month at 7p -8:15p. **WHERE:** 2903 30th St, Sacramento.

**MOTHERLODE FELLOWSHIP ~ WHEN:** First Sat of the month at 7:30p **WHERE:** 677 Pleasant Valley Rd, Diamond Springs.

**NEW HOPE GROUP ~ WHEN:** Last Sat of every month at 6:30p **WHERE:** United Methodist Church, 9849 Fair Oaks Blvd, Fair Oaks.

**NORTH HALL GROUP ~ WHEN:** Third Sat of the month at 8p **WHERE:** 3501 2nd Ave, Sacramento.

**NORTH SACRAMENTO GROUP ~ WHEN:** First Sat of the month at 7p-8:30p **WHERE:** 2330 Fairfield St, Sacramento.

**OAK PARK FELLOWSHIP ~ WHEN:** Third Fri of the month at 7p **WHERE:** 2940 42nd St, Sacramento.

**MONTHLY SPEAKER MEETINGS**

**PLAYPAA MEETING ~ WHEN:** First Sat of the month; 6-7:30p. **WHERE:** 301 Tahoe Ave. Roseville. Followed by an event.

**RIO LINDA FELLOWSHIP ~ WHEN:** Second Fri of the month. Cookies/Coffee @6p, Speaker @7p **WHERE:** Rio Linda Fellowship, Calvary Lutheran Church, 515 L St, Rio Linda.

**SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN:** 2nd Sat. Doors @7, Mtg @8p-9:30p **SPEAKERS:** (9/9) Jerad D, Dallas, TX. (10/14) Julie T., Seattle, WA - **WHERE:** Centennial United Methodist Church, 5401 Freeport Blvd, Sacto. Please Join us & the speaker before the meeting at Selland's Market Café, 915 Broadway, Sacramento

**SACYPAA ~ WHEN/WHERE:** 4th Sat of the month. Go to [www.sacypaa.org](http://www.sacypaa.org) for more info.

**TRADITIONAL GROUP - MONTHLY SPEAKER MEETING - WHEN:** 9/16 @ 8p **WHERE:** 1355 Fulton Ave. Sacramento **SPEAKERS:** (20 Min.) Cory D. - Traditional Group; (Main) Cynthia H-Elk Grove FWP

**WOODLAND GROUP ~ WHEN:** First Sat of every month. Potluck 6p. , Speaker 7p **WHERE:** 96 E. Main St., Behind All Seasons Paint Store

**QUARTERLY SPEAKER MEETINGS**

**ROCKLIN FELLOWSHIP - QUARTERLY SPEAKER MEETING ~ WHEN:** 9/2/2023 Dessert potluck & bad coffee from 6-7P, Speaker meeting from 7-8:30P. **SPEAKER:** Brenda W. from Los Angeles **WHERE:** Johnson Springview Park, 5480 Fifth St, Rocklin <https://aasacramento.org/event/rocklin-fellowship-quarterly-speaker-meeting-4/>

**EAST YOLO FELLOWSHIP - QUARTERLY SPEAKER MEETING ~ WHEN:** 9/16/2023 Quarterly - March, June, September, and November on the Third Saturday of the month at 7:00 pm. Potluck @6p ~ 9/16 **SPEAKERS:** Jessica F. (CR Fair Oaks) & Candy T. (East Yolo Fellowship) **WHERE:** 910 Sacramento Ave West Sacramento <https://aasacramento.org/event/east-yolo-fellowship-quarterly-aa-speaker-meeting-3/>

**NEW GROUPS & MEETINGS**

**5TH TRADITION BIG BOOK STUDY ~ (O, H, BB) ~ WHEN:** Wed @7:30p **WHERE:** 8938 Madison Ave. Clean & Sober Transitional Living (meets in the cottage.)

**AA MORNING COFFEE - (Open, 1HR, Daily Reflection) WHEN:** Meets Daily @ 8:30 am ~ **WHERE:** Yuba City Online Mtg ID: 2981342597 PW: 944506

**ACCEPTANCE IS THE ANSWER ~ WHEN:** Thurs @ 7:30p **WHERE:** 1100 Blue Ravine Rd, Folsom. Oak Hills Church. Open, 1 hour, Womens', 12 x 12 Study

**GOOD FOR NOTHING GROUP ~ (Men, O, H, Step Study) ~ WHEN:** Thu @7 pm **WHERE:** 4430 Granite Dr, Rocklin, Mosaic Christian Church

**GRACE ABOUND - (Open, 1HR) WHEN:** Thursdays @ 6:30 pm ~ **WHERE:** 4800 Sierra College Blvd., Rocklin, In the Coffeeshouse at The Lifehouse Church

**GROUP THREE ~ TYPE:** In-Person **WHEN:** Thu @8p **WHERE:** 9940 Business Park Dr., STE#110, Sacramento

**GROUP THREE ~ TYPE:** Women, In-Person **WHEN:** Sun @3p **WHERE:** 9940 Business Park Dr., STE#110, Sacramento

**NORTH HALL ~ New LGBQT+ Mtg - WHEN:** Thu @ 8p ~ **WHERE:** 3501 2nd Ave., Sacramento

**ROSEVILLE TUESDAY NIGHT GROUP ~ TYPE:** 12 & 12, Open **WHEN:** Thu. @4:30p **WHERE:** 315 Lincoln St, Roseville

**SPEAKEASY ~ Meditation Mtg ~ WHEN:** Sun @5p **WHERE:** 556 Second St., Yuba City

**THE WAY OUT - (Open, 1HR, Secular, 20 min speaker/discussion) WHEN:** Fridays @ 7:30 am ~ **WHERE:** Yuba City Online Mtg ID: 2981342597 PW: 944506



## GROUP UPDATES & CHANGES

**AA UNITY GROUP ~ TIME CHANGE ~ WHEN:** Thursday @ 7:p now meets @ 7:30p ~ **WHERE:** Zoom Meeting ID: 275-143-4405

**AUBURN FWP~ We Moved!~ NEW LOCATION:** 534 Auburn Ravine Rd., Auburn (close to Twin Dragons)

**AUBURN FELLOWSHIP BIRTHDAY NIGHT ~ ZOOM CANCELLATION ~ WHEN:** Last Saturday of the month @6:30 p **WHERE:** 244 Palm Ave., Auburn ~ now meets in-person only ~

**COLFAX FWP ~ DAY CHANGE ~ WHEN:** Sun.@6:3p now meets Wed.@6:3p **WHERE:** 59 West Church St. Methodist Church

**COUNTRY CLUB GROUP ~ TIME CHANGE ~ WHEN:** Thurs 7:30p now meets at 7p **WHERE:** 3235 Pope Ave, Sac., Northminster Presbyterian Church

**DRY DOCK GROUP ~ TIME CHANGE ~ WHEN:** Friday @ 8p now meets @ 7p ~ **WHERE:** 450 W. El Camino Ave., Stanford House

**GOTTAWANNA GROUP ~ MEETING CLOSURE ~ WHEN:** Fri @6p **WHERE:** McKinley Park

**HIGH FLYERS ~ MEETING CLOSURE ~ WHEN:** Wed.@6a **WHERE:** 3077 Alhambra Dr, #D, Cameron Park

**INTO ACTION ONLINE GP ~ MEETING CLOSURE/CANCELLED ~ WHEN:** Mon. @6a **WHERE:** Online - this meeting is no longer available.

**LUNACY COMMISSION ~ ZOOM ID & PW CHANGE ~ WHEN:** Mon@10a **WHERE:** Updated to Zoom Meeting ID: 821-8390-1542 PW: Lunacy

**ROCKLIN FWP - New Mtg ID - WHEN:** Sun, Mon, Tue, Wed @1:00 pm **WHERE:** NEW mtg ID 847-4273-6459 PW: Rocklin

**ROCKLIN FWP - Online Mtg Closure - WHEN:** Thu, Fri, Sat @1:00 pm **WHERE:** online only. These three (3) meetings have been temporarily discontinued.

**ROSEVILLE TUESDAY NIGHT GROUP ~ WOMEN ONLINE MTG CANCELED ~ WHEN:** Saturday @9a **WHERE:** 315 Lincoln St, Roseville now meets in-person only

**RULE 62 ROSEVILLE ~ LOCATION CHANGE ~ WHEN:** Thurs @7p **WHERE:** now at 5400 Barton Rd, Loomis, Shepherd of the Sierra Presbyterian Church

**SERENITY NOW SATURDAY WOMENS MTG ~ MEETING CLOSURE ~ WHEN:** Sat. @10a **WHERE:** Online meeting has closed down.

**SHARING & CARING MTG CLOSURES WHEN:** Fridays @ 10 pm **WHERE:** 4955 A. Marconi, Carmichael

**SISTERS OF SOBRIETY ~ TIME CHANGE ~ WHEN:** Sat. @9a now meets @10a **WHERE:** 3109 Sacramento St., St. Patrick's Church

**SOBER BREATH GP ~ MEETING CLOSURE ~ WHEN:** Tue & Thu @Noon **WHERE:** 2376 Zinfandel Dr, St Clements Church

**TRADITIONAL GROUP ~ MEETING CLOSURE ~ WHEN:** Sat @ 9a **WHERE:** Online meeting is now closed/cancelled

**WILLIAMS GP ~ GROUP CLOSURE ~ WHEN:** Wed & Sat @ 7:00p **WHERE:** 936 G. St. Parkside United Methodist Church

**WOMEN OF EXTRAVAGANT PROMISES ~ MEETING CLOSURE ~ WHEN:** Tue. @ 7:30 pm **WHERE:** Online - this meeting is no longer available.

## GROUP ANNOUNCEMENTS

**EAST YOLO FELLOWSHIP ~ BACK TO BASICS ~** Work all 12 steps in four weeks. Bring your 4th edition Big Book. ~ **WHEN:** First 4 Wednesdays @730p **WHERE:** 910 Sacramento Ave. West Sacramento.

**WEDNESDAY NIGHT 12X12 BOOK STUDY ~ (OPEN, 1 hr) Re-opened and needs support ~ WHEN:** Wed @6:30p **WHERE:** 9346 Greenback Ln, Orangevale, American River Alano Club

*To post your group announcements,  
updates, and changes*  
Email: [centraloffice@asacramento.org](mailto:centraloffice@asacramento.org)

## SPECIAL EVENTS

**HAND IN HAND WOMEN'S DAY OF UNITY ~ WHEN:** September 9th, 8:30 am - 4:30 pm **WHERE:** 1900 West Vine St Lodi, Vinewood Community Church. **REGISTRATION INFO:**

<https://asacramento.org/event/hand-in-hand-womens-day-of-unity-2>

**SHARING & CARING Annual BBQ-Potluck & Speaker Meeting ~ When:** Sep 9th 11a-5p **Where:** Carmichael Park, 5750 Grant Ave, Carmichael. Speaker Meeting at 1p. Under the covered patio, Enter @ North Ave

**STEPS AND RELATIONSHIPS WORKSHOP ~ WHEN:** September 16 @ 2:00 pm - 3:30 pm **WHERE:** American River Alano Club, 9346 Greenback Lane, Orangevale, CA

**EAST YOLO FWP PRESENTS - Theatre Play & Food ~ James Bond Agent**

**AA7 in Live and Let Live ~ WHEN:** Fri, Sep 22 @7:3p **WHERE:** 910 Sacramento Ave, West Sacramento. ~ Subway sandwiches will be provided!

**H&I PANEL - WHEN:** Sep 23rd, Noon-1:30 P **WHERE:** 1355 Fulton Ave. Sacramento, Traditional GP **FOOD:** Pizza will be provided. Please bring a dessert to share - Thank you!

<https://asacramento.org/event/hi-panel-pizza-fun-learn/>

**DISTRICT 21'S BIENNIAL FALL SERVICE FAIRE - for fun and for free!! ~**

Featuring a Sponsorship Workshop, Service Panel, and two past-delegate speakers for a General Service Overview and Speaker Meeting. **WHEN:** Sat, September 30th, 10am-3:30pm **WHERE:** 5400 Barton Road in Loomis, Shepard of the Sierra Church. **LUNCH:** lunch will be provided at no charge!

**16TH ANNUAL CENTRAL FOOTHILL WOMEN'S CONFERENCE ~ WHEN:**

Sat., October 7th @8:30a to 4:00p ~ **WHERE:** 12134 Airport Rd. Sutter Creek, American Legion Hall. ~ MAIN SPEAKER ~ Lynne R., Stockton ~

**REGISTRATION:** Pre-reg. Ends 9/25

<https://asacramento.org/event/16th-annual-central-foothill-womens-conference/>

**NCCAA 74th ANNUAL FALL CONFERENCE ~ WHEN:** October 13th-15th

**WHERE:** Fresno DoubleTree Hotel 2233 Ventura St, Fresno, CA.

Pre-Register by Oct 1st., Book your hotel by 9/28 to receive Convention

Rate. <https://norcalaa.org/>

**ROSEVILLE TUESDAY NIGHT GROUP (RTNG) - ANNUAL MEMBERS**

**SPAGHETTI FEED & WHITE ELEPHANT AUCTION WHEN:** Saturday, October

14, 2023 **WHERE:** RTNG Hall located at 315 Lincoln Street, Roseville. Dinner

to be served at 3:00 p.m., Auction at 4:00-6:00 p.m., Speaker Meeting 7p

**NEWCASTLE BIG BOOK GROUP'S 24TH ANNIVERSARY -** Join us for a sweet

and savory potluck and speaker meeting. All are welcome! **WHEN:**

Monday, October 30th, 6:00pm-8:15pm. **WHERE:** 410 Buena Vista Av.

Newcastle, United Methodist Church. **SCHEDULE:** Doors open at 6:00 for

fellowship and savory snacks. Speaker Meeting 7:00-8:15pm.

**SACYPAA Presents SERVICEPALOOZA 2023 ~ WHEN:** Sept 16 @7

pm **WHERE:** 2700 L St, Sacramento, Pioneer Church - Come listen

to the panel share about service opportunities! - Free Pie &

Karaoke to follow!

**WEST SLOPE UNITY GROUP-QUARTERLY SPEAKER MEETING**

**WHEN:** Oct 14th Doors Open 5:30p, Meeting 7p **SPEAKER:** Tim A-

Laguna Beach **WHERE:** 4561 Greenstone Rd., Placerville, The

American Legion Hall

YEARS		YEARS		YEARS		YEARS			
<b>CITRUS HEIGHTS AT NOON</b>		<b>ELK GROVE FELLOWSHIP</b>		<b>GROUP ONE (Cont.)</b>		<b>OAKTREE FELLOWSHIP (cont.)</b>			
Sue V.	38	James M.	33	Isaac R.	4	Gayle M.	4		
<b>CITRUS HEIGHTS GROUP</b>		Sharon S.	15	Tony G.	4	Paul S.	3		
Jim M.	43	Rick W.	12	Patrick	4	Renaë B.	1		
Covie	36	Margaret R.	10	Bre B.	4	Kyle	1		
Janet B.	36	John T.	5	Kim C.	3	Rachelle	1		
Garret V.	30	Rob S.	4	Meeghan R.	3	<b>RIO LINDO FELLOWSHIP</b>			
Michael J.	21	Susan R.	3	Susan R.	3	Jeanette M.	21		
Mike P.	18	Kyle C.	2	C. Byrum	3	Christina L.	19		
Rick R.	4	Paula W.	1	M. Rocchi	3	Alisa Mc.	9		
Rachel P.	2	<b>GROUP 3</b>		Ross	2	Ken J.	9		
Robert T.	2	Robert J.	41	Tim R.	2	Butch S.	9		
Kevin D.	1	Kent O.	40	Roxanne A.	2	Sarah P.	5		
<b>COURAGE TO CHANGE</b>		Frank V.	38	JJ	2	Melanie M.	4		
Don M.	50	Mike C.	34	Serena S.	4	Jason C.	1		
Faye M.	42	Mitch O.	32	Jessica B.	4	Shane S.	1		
Mary L.	37	Alexis C.	31	Renee H.	4	Richard A.	1		
Taylor D.	18	Terri TH	31	Diana Z.	4	<b>HAPPY DESTINY</b>	Don B.	2	
Karlie B.	6	Rae W.	30	Nicole M.	4	Patty G.	8	Rachel F.	2
Sarah S.	4	Tammy M	23	Jim S.	4	<b>INTO ACTION</b>	Jerry C.	2	
Casey K.	2	Michael J.	21	Carl T.	4	Tricia W.	47	Clay	1
<b>DAILY ATTITUDE ADJUST</b>		Jim R.	21	Gina D.	3	Jannette F.	34	Nate	1
Gilda O.	9	Taylor D.	18	Mets	3	Julie W.	23	Jesse R.	1
Alicia	8	Kolya B.	18	Niki R.	3	Leslie B.	8	Kary M.	1
<b>DAILY DIRECTION</b>		Michael P.	17	Daniel N.	3	Sandy	1	Diana G.	1
Gilda O.	9	Stefani A.	17	Colleen C.	3	<b>OAKTREE FELLOWSHIP</b>	Jess	1	
Amy D.	8	Dave T.	16	Katharine S.	2	JJ	43	<b>ROCKLIN RACETRACK</b>	
Shandra M.	5	Dick E.	7	Eric H.	2	Diane J.	37	Gary W.	47
Michelle O.	1	Stephanie G.	7	Chris H.	2	James F.	33	Sigi G.	37
<b>EAST YOLO FELLOWSHIP</b>		Joshua H.	6	Kelly S.	1	Cate B.	14	Walt D.	35
John H.	17	Paul H.	6	Nicholas G.	1	Danny H.	17	Shelley H.	23
Lydia T.	13	Jon B.	6	Brad G.	1	Dick B.	16		
Sean G.	11	Richard E.	6	Wesley R.	1	Dave T.	16		
Sheri E.	10	Laurie N.	5	Oxana G.	1	Kathy J.	12		
Allyson H.	9	Laurie C.	5	<b>GROUP ONE</b>		Tom H.	11		
Jodi R.	5	Kelly B.	5	Johnny W.	16	David Y.	8		
Sean O.	2	Jeramie S.	4	Jeff S.	10	Andrew I.	6		
Josielyn G.	2	Melanie M.	4	Madeline M.	7	Gabriel	6		
Theresa S.	2	Shelby H.	4	Fred M.	6	Brennan	5		
Liz C.	2	Kaline F.	4	Sharon	6	Lisa W.	5		
Michelle P.	1	Dustin C.	4	Megan W.	6	Terry M.	5		
Eddie V.	1	Jessica R.	4	John C.	5	Heather	4		

**SEPTEMBER BIRTHDAY CLUB**



Richard M. - 48 Years  
 Annie C. - 40 Years  
 Bonnie J. - 24 Years  
 Lori M. - 11 Years  
 Gilda O. - 9 years  
 Tim N. - 6 Years  
 Katherine S. - 2 Years  
 Michelle O. - 1 Year

**HAPPY BIRTHDAY**



... Continued on page 7 ...



**SEPTEMBER Birthdays**

**3,142**

**TOTAL YEARS OF SOBRIETY!**

SEPTEMBER BIRTHDAYS CONTINUED FROM Pg. 6

LATE AUGUST & JULY

In Memoriam Birthdays



**Don J.**  
Former member of White Flag, Most recent The How & Why of it. Sobriety date March 13, 1992. He will be deeply missed and forever in our hearts.



Submit for publication in memory of a loved one:  
[centraloffice@aaasacramento.org](mailto:centraloffice@aaasacramento.org)



SEND \$ AMOUNT (+/-) YEARS OF SOBRIETY TO CENTRAL OFFICE!  
SEE PAGE 6 FOR SEPT 2023 LIST



HAPPY BIRTHDAY to you

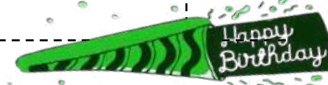


Publish your Home Group's Birthdays here in the BTW

To make a submission, have a group Birthday person or representative contact Central Office for the appropriate form

[centraloffice@aaasacramento.org](mailto:centraloffice@aaasacramento.org)

OCTOBER submissions due by SEPT 15, 2023



	YEARS		YEARS		YEARS	LATE AUGUST (cont.)	
ROCKLIN RACETRACK (cont.)		ROUND TABLE AA		TRADITIONAL (Cont.)		OAKTREE AUGUST (cont.)	
Sandra E.	18	Jim G.	35	Pedar R.	2	Sean	8
Jabin	17	SERENITY BOOK STEP STUDY		Will K.	2	Jenny	8
Ray W.	10	Curtis J.	44	Mango	2	Liz S.	6
Dillon E.	9	Robert J.	41	Marie-Louise	2	Howard	6
Debi C.	8	Chris B.	36	Dani	1	Aune	6
Steve L.	8	Wally B.	20	Joanne B.	1	Natalie D.	5
KJ M.	8	Judy G.	11	Kevin D.	1	Dalia V.	5
Christina S.	8	Hailey M.	9	Susan A.	1	Tim S.	5
Sheri A.	1	Debbie E.	1	WOMEN FOR WOMEN		Steve S.	5
ROSEVILLE EAST SIDE		SHARING & CARING		Valery P.	32	Allyn G.	4
Abel S.	13	Craig P.	27	WOODLAND GROUP		Eloise B.	4
Daniel M.	3	Ron G.	11	Mitch O.	32	Ann M.	4
ROSEVILLE TUESDAY NIGHT		Lynn B.	3	Will H.	28	Caty	1
John O.	40	Chris H.	2	Tania	19	ROSEVILLE EAST SIDE AUGUST	
Janet B.	37	Howard S.	1	Herb W.	19	Amber S.	28
Randy R.	33	Lauren	1	David D.	18	Teresa	20
Mark V.	27	Gregory W.	1	Kathleen M.	18	Sam P.	13
Sam C.	24	Jamie E.	1	John P.	17	SERENITY BOOK STEP STUDY AUGUST	
Paul C.	23	TRADITIONAL		Robert	17	Teresa T.	3
Jeff W.	22	Isabelle N.	44	Stephenie K.	10	WHAT A WAY TO START WEEKEND AUGUST	
Valerie F.	20	Frank V.	38	Chelsea V.	4	Chris B.	36
Michael G.	20	L.R. H.	28	Charlotte C.	3	Valerie P.	32
Sandra E.	18	Kris V.	27	Stuart Z.	2	Shelby C.	11
Mike P.	18	Lynne B.	22	Susan D.	1	Christine H.	5
John G.	16	Michael J.	22	Norma D.	1	Debra F.	5
Simon C.	15	Cory D.	18	LATE AUGUST		LATE JULY	
Stacey D.	15	Evangelina	16	CITRUS HEIGHTS AUGUST		GREENHAVEN GROUP JULY	
Caren C.	13	Ty T.	13	Linda M.	43	Dennis B.	43
James G.	12	Chad G.	8	Al E.	40	Eric L.	34
Linda F.	9	Dave Y.	8	Jay M.	6	Kris HD	33
Alissa	9	Cheri F.	7	OAKTREE AUGUST		Stephan B.	6
Don L.	6	Max M.	7	Rose B.	41	Denise K.	4
Vicki S.	6	Kamal M.	7	Larry C.	38	Sheila A.	4
Erin R.	6	Macy	6	Annie	31	Bonnie S.	2
Steve V.	5	Rachael S.	6	John D.	31	Natalie L.	1
Stephanie C.	5	Joshua J.	6	Rufus	28	Michele K.	1
Daniel M.	3	Allison V.	5	Rudy R.	20	SERENITY BOOK STEP STUDY JULY	
Rick S.	3	Darrin F.	5	Tom S.	13	Jessica P.	35
Shari	1	Lynn B.	3	Ellen S.	10	Vanessa C.	22
Marjorie P.	1	Helen H.	2	Jay S.	9		
Kyle T.	1	Alex R.	2	Kelly S.	9		



Alcoholics Anonymous | General Service Office of Alcoholics Anonymous  
www.aa.org 475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Contact: Public Information Desk  
pressinfo@aa.org  
(212) 870-3119

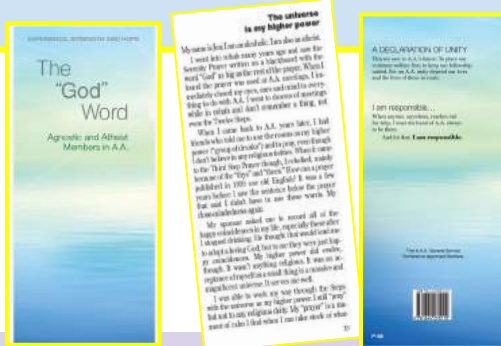
FOR IMMEDIATE RELEASE  
Attn: Reporters, editors, and producers



### Understanding Alcoholics Anonymous and Spirituality A.A. welcomes anyone seeking help for a drinking problem and is not aligned with any religious tradition or beliefs. (NEW YORK, August 15, 2023)

From the A.A. pamphlet [“The ‘God’ Word: Agnostic and  
Atheist Members in A.A.”](#):  
(available for free online at hyperlink from [aa.org](#))

“There is room in A.A. for people of all shades of belief and non-belief. Many members believe in some sort of god, and we have members who come from and practice all sorts of religions, but many are also atheist or agnostic. It’s important to remember that A.A. is not a religious organization; we have a simple idea that there is a power greater than us as individuals. What we all have in common is that the program helps us find an inner strength that we were previously unaware of — where we differ is in how we identify the source.”



## Thought to Ponder: Turn fear into faith.



A declaration that something will happen

Are these extravagant promises?

Alcoholics Anonymous p 84.

...Continued from front page story...

"Sure. Give me a call," she said.

Two weeks later, in a restaurant, I made a real Ninth Step amends, and she listened. Things aren't the greatest between us, but we can at least speak civilly to each other. The amends helped my now-adult kids and grandkids, too.

First Jim, and then my sponsor, taught me, with their experience, strength, and hope, about what is important in life, what the book Twelve Steps and Twelve Traditions says at the start of Step Eight. "Steps Eight and Nine are concerned with personal relations." People and relationships, my part in them, and how I treat others, are important in my life. Jim used to say, "When I came to AA, I loved things and used people. But since I've been in AA, I've learned to love people and use things." Jim passed a month short of fifty-three years of sobriety a few years ago. He taught me so much. With the help of AA, my sponsor, and Jim, I've come to realize how expensive a "freebie" can be. To know "a new freedom and a new happiness," I need to watch out for that easier, softer way that can distract me from working the Steps of Alcoholics Anonymous.

The Grapevine September 2007

Step Nine: Captain Chaos



BY: SKITCH F. | ALBUQUERQUE, NEW MEXICO

An AA realizes the high cost of "freebies"

# We want your work!

Submit recovery artwork, writings, jokes...

By The Way always welcomes content contributions!  
The theme for each month is the step, tradition, and concept  
for the number of each month.

Submit to [centraloffice@aaasacramento.org](mailto:centraloffice@aaasacramento.org) by the  
15<sup>th</sup> of each month.



Can't think of a worthy topic to write about? Consider these suggestions as a starting point to your journaling or submit to By The Way!

## Writing Prompt:

I don't know about you but before I came to AA I believed promises were meant to be broken but when I read the 9th step promises at a meeting I couldn't help but wonder what this really meant. Could it be true? Could the power that restored me to sanity also create a new life for me?

So I committed myself to go to any length and ask for guidance from my sponsor to make my amends. As I began this step in my recovery, immediately the Promises were revealed to me.

What I didn't know was that when I surrendered this led me into faith, that faith led me into willingness, the willingness to set my wrongs right and then the promises began to unfold behind me...once I looked back...I noticed a beautiful thing had occurred. Not only did I gain most of what I had lost, but I believed in myself again and I began to embark on a new journey called life.

We would love to hear how setting your wrongs right made a difference in your life.



## CENTRAL OFFICE SPECIAL OF THE MONTH

# Ceramic Medallions



Sale \$ .75<sup>+ tax</sup>



Perfect for anyone in their  
first year of sobriety!

Available in-store only

### 6 options to choose from:

- 24-Hour (Grey)
- 1-Month (Red)
- 2-Month (Yellow)
- 3-Month (Green)
- 6-Month (Blue)
- 9-Month (Purple)

## The Ninth Step

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

Most of us begin making certain types of direct amends from the day we join Alcoholics Anonymous.

-Alcoholics Anonymous, pg. 83

## The Ninth Tradition

“Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

“The least possible organization, that’s our universal ideal. No fees, or dues, no rules imposed on anybody, one alcoholic bringing recovery to the next; that’s the substance of what we most desire, isn’t it?”

But how shall this simple ideal best be realized? Often a question, that.

We have, for example, the kind of AA who is for simplicity. Terrified of anything organized, he tells us that AA is getting too complicated. He thinks money only makes trouble, committees only make dissension, elections only make politics, paid workers only make professionals, and clubs only coddle slippers. Says he, let’s get back to coffee and cakes by cozy firesides. If any alcoholics stray our way, let’s look after the. But that’s enough. Simplicity is our answer. Copyright © The A.A. Grapevine, Inc., August 1948

-- Alcoholics Anonymous, *Twelve Steps and Twelve Traditions*, pg. 171

## The Ninth Concept

They lead us  
by example.  
They don't  
boss!



“Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.”

<https://www.aa.org/twelve-concepts-world-service-illustrated>

# Program Puzzler: Step, Tradition, and Concept Nine

## WORD SEARCH

A R X E C H Y K A X H M L A M O U F  
 U C E M N O B I U S M P O Q M P V V  
 Z W T C I W N G P E B E V Y O P U V  
 A F D I E M I F B P V B N H R O R K  
 B R F E O P E L I J S Q C D Z R B D  
 W P E A O N T J L D F O W H R T B E  
 R M U L M N L I D I E G V M A U E Z  
 J H S T I I W M O J N N J X J N U A  
 L K U O F E L L D N J G T Q T I G F  
 E U F Y R Q F Y Y R Z Y D S P T Z E  
 K L L C N D I S C L O S U R E Y D F  
 M C O U R A G E I Z A M E N D S O T

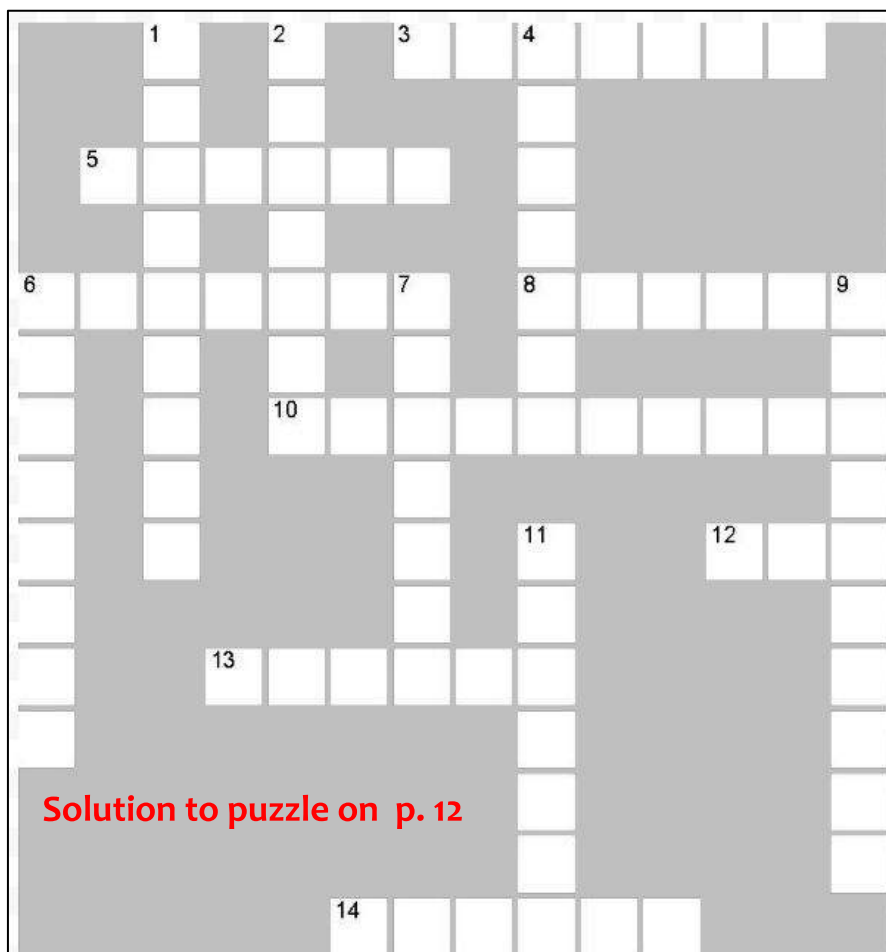
OPPORTUNITY  
 DISCLOSURE  
 RECEPTION  
 CONFIDENT  
 COURAGE  
 WILLING  
 AMENDS  
 ACTION  
 FAMILY  
 RELIEF  
 CHANGE  
 MEND

**Across**

- 3 Location of AA's headquarters (city) (7)
- 5 Bill W. referred to Dr. Bob as the "\_\_\_ of Twelfth Steppers." (6)
- 6 "We needn't wallow in excessive \_\_\_." (12x12, p.86) (7)
- 8 Step 9 is about making \_\_\_. (6)
- 10 Main focus of Concept IX (10)
- 12 Abbr. for the A.A. General Service Office (3)
- 13 Fellowship for families/friends of alcoholics (6)
- 14 Location of the office set up by Bill W. in late 1930s (city) (6)

**Down**

- 1 Dr. Bob's College (9)
- 2 A \_\_\_ office is an AA service office that involves a partnership among groups in a community. (7)
- 4 Declaration of Unity states we should place our common \_\_\_ first. (7)
- 6 AA's 12 step program of \_\_\_ (8)
- 7 "Let's not talk prudence while practicing \_\_\_." (12x12 p.85) (7)
- 9 Like individual groups, GSO is self- \_\_\_. (10)
- 11 Worked with Dr. Bob at St. Thomas Hospital - Sr. Mary \_\_\_ (7)



Solution to puzzle on p. 12





# CCFAA ANNUAL ELECTIONS

## NOVEMBER 18, 2023

### 2:00 PM

Elections will be held Saturday, at the November 18<sup>th</sup> Delegate's Meeting  
 Zoom: Meeting ID: 929 9218 9084 Passcode: 912051  
**Start Time: 2PM**

\*Qualification for Directors and Officers per CCFAA By Laws 4.9.a.i: Present and past delegates provided they have had at least one (1) year of service in CCFAA, and have regularly attended Delegate Meetings in the twelve (12) months prior to their nomination, as determined by the Board of Directors.

\*\* Selection of Board Chair per CCFAA Operating Procedures 14.2.11: Board Chair must be selected from one of the four elected At Large Delegates. Note: This occurs at the January Board of Directors Meeting.

Service Position	Sobriety Requirement	Qualifications	Terms
DELEGATE CHAIR *	5-Years	Have served as a Group Secretary or Group Delegate to the CCFAA (shall relinquish delegate status). *	1-year
ASSISTANT DELEGATE CHAIR/AREA LIAISON *	5-Years	Have served as a Group Secretary or Group Delegate to the CCFAA (shall relinquish delegate status). *	1-year
TREASURER *	5-Years	A knowledge of bookkeeping procedures and office experience is desired (shall relinquish delegate status). *	2-year
RECORDING SECRETARY *	2-Years	Have served as a Group Secretary or Group Delegate to the CCFAA (shall relinquish delegate status). *	1-year
(2)DIRECTOR AT LARGE * (BOARD CHAIR **)	3-Years	Be familiar with financial administration, office management and general business administration. * 2 elected each year	2-years
TELESERVICE CHAIR	3-Years	Have served at least 6 months as a member of the Teleservice Committee. May serve two terms in succession	1-year
BY-LAWS & PROCEDURES CHAIR	5-Years	Have served as a Group Secretary or Group Delegate to the CCFAA . May serve two terms in succession	1-year
BIRTHDAY & FAITHFUL FIVERS' CHAIR	2-Years	Have served as a Group Secretary or Group Delegate to the CCFAA. May serve two terms in succession	1-year
PI/CPC CHAIR	2-Years	Have served as a Group Secretary or Group Delegate to the CCFAA. May serve two terms in succession	1-year
NORTHERN CALIFORNIA COUNCIL (NCCAA)DELEGATE	5-Years	Have served as a Group Secretary or Group Delegate to the CCFAA (elected in even number years—2004, 2006, etc.) Must wait 1 term before being re-elected	2-years
2024 PICNIC CHAIR	2-Years	Have a minimum of two years of continuous and immediate sobriety. May serve two terms in succession	1-year
2024 SPECIAL EVENTS CHAIR	2-Years	Have a minimum of two years of continuous and immediate sobriety. May serve two terms in succession	1-year

Contact your Group's CCFAA Delegate or phone Central Office at 916-454-1771 for more information.







**Join the BTW Committee in Service!!**

In 2020, the By the Way newsletter transitioned to using an online platform, and a BTW committee was formed. The committee could begin to collaborate and work alongside Central Office workers to create and publish the BTW each month.

The BTW committee seeks volunteers with the same spirit Pete carried while with us. His legacy lives on in each publication!

**Anyone interested in learning how you can be of service to our BTW committee, please contact [thetbw@aaacramento.org](mailto:thetbw@aaacramento.org) or contact Central Office.**

*All computer skill sets are valuable, and we will train and orient anyone interested in service!*

Some examples: Content collectors, “proof-readers”, typists, editors, writers, artists

**Let’s allow the Hands of AA always to be there!**

# JUST ARRIVED!

## At CCF Central Office Bookstore

A.A.W.S is delighted to announce that a new “soft touch velvet” cover treatment is now being used on our softcover Big Books!



This cover treatment makes use of the one of the most commonly used cover finishes available—that will eliminate the need for the special order of high-cost materials, which also have come to be accompanied by long lead times resulting in backorders.

Often used on classic editions, the “soft touch velvet” finish is well known among readers everywhere for its high-quality look and feel—and its durability.

**A.A.W.S. encourages ordering of literature and other items via your local groups, Intergroups and Central Offices.**

## National AA Technology Workshop “Solving, Sharing, and Scaling Solutions”



<https://naatw.org/>

**Inviting all AA members in Service  
(and Geeks in Recovery)**

September 8th - 10th, 2023

We would love for you to join us in person  
if you can make it  
or we'll see you on Zoom!

Shenandoah University  
Winchester, VA

*Hotel rooms available—Event & Hotel Registration coming soon!*

I. Opening – August 19, 2023

A. Call to order at 3:00 pm  
 D. AA Preamble read by -  
 CCFAA Preamble read by – Jessica H.

B. Open with Serenity Prayer  
 E. 7th Tradition - Laura B.

C. 12 Traditions read by - Bernard E.  
 F. Delegate Check-in/Group Announcements

G. A total of 78 years for August Birthdays!

II. Preliminary Business:

A. Delegate Check-in: Total Delegates = 52      B. Quorum met – Yes

GROUP NAME	FIRST	LAST	LAST ATTENDED	GROUP NAME	FIRST	LAST	LAST ATTENDED	GROUP NAME	FIRST	LAST	LAST ATTENDED
11th Step Meditation Meeting	Mary	F.	8/19/2023	Folsom Saturday Morning Group	Jan	P.	3/18/2023	SACYPAA	Tanner	E.	4/15/2023
12th Tradition Big Book Grp	Toni	S.	8/19/2023	Folsom Way of Life	Dartmore	H.	8/19/2023	Sac Town Coffee House	Noa	E.	5/20/2023
6:30AM Daily Reflections	Dale	M.	4/15/2023	Found in the Big Book	Regina	N.	2/18/2023	Saturday Morning Women's Reflections	Susan	I.	8/19/2023
A Way Out Men's Group	Paul	G.	8/19/2023	Freedom Group	Paul	E.	8/19/2023	Saved & Sober AA	Denise	W.	12/17/2022
AA Morning Coffee	Bernard	E.	8/19/2023	Friday Night Unity Group	Gerrie	G.	8/19/2023	Serenity Book & Step Study Group	Diane	A.	8/19/2023
AA Unity Group	Shelby	G.	8/19/2023	Gibbons Noon Group	Lauren	R.	6/17/2023	Serenity in the Book	Salvador	R.	2/18/2023
Acceptance is the Answer	Deenise	K.	7/15/2023	Gold Country Irregulars	Kit	W.	2/18/2023	Sharing And Caring Group	Michelle	W.	8/19/2023
Alano American River Big Book	Christie	O.	7/15/2023	Grace Abounds	Kristina	A.	8/19/2023	Sisters in Sobriety Orangevale	Kathy	J.	7/15/2023
AIR. Artists in Recovery	Rod	F.	8/19/2023	Greenhaven Group	Chris	G.	8/19/2023	Sisters in Solution	Sara	B.	8/19/2023
Attitude Adjustment Group Davis	Barry	M.	8/19/2023	Group None	Peter	R.	8/19/2023	Sixty Minute Solution	Melissa	F.	8/19/2023
Auburn Fellowship	Loki	P.	7/15/2023	Group One	Ryan	M.	8/19/2023	Sober Breathe Group	Karlos	A.	1/21/2023
Babes in Recovery	Rosa		11/19/2022	Group Three	David	G.	8/19/2023	Sobriety Rocks	Bobby	H.	5/20/2023
Back to Basics Orangevale	Alison	F.	5/20/2023	Happy Hour Rancho	Elaine	A.	8/19/2023	Spiritual Sunday	Steve	K.	3/18/2023
Best is Yet to Come	Maria	C.	7/15/2023	Jaywalkers	Oscar	G.	11/19/2022	Step 2 Men's Group	Mark	Q.	2/18/2023
By The Grace	Sasha		1/21/2023	KISS, As Bill Sees it - Womens Group	Garnet	H.	2/18/2023	Sunlight of the Spirit - 11th Step Meditation	Julie	Z.	8/20/2022
Capital City Men's Grp	David	B.	8/19/2023	Into Action	Al	Y.	8/19/2023	Tahoe Park Group	Ted	M.	1/21/2023
Cathedral Group	Scott	C.	8/19/2023	Lavender Heights Y.P.	Madison	C.	4/15/2023	The Best is Yet to Come	Maria	C.	7/15/2023
Citrus Heights Group	Michael	P.	3/18/2023	Midtown Solutions	Kate	D.	4/15/2023	The How and the Why of it Men's Group	Greg	B.	8/19/2023
Colfax Fellowship	Brian	R.	1/21/2023	Monday Night Big Book Study	Angela	M.	7/15/2023	The Way Out	Bernard	E.	8/19/2023
Cordova Lunch Bunch	Kevin	W.	8/19/2023	Newcastle Big Book Group	Morgan	H.	12/17/2023	Thursday Night Men's Group	David	B.	8/19/2023
Cordova Serenity Seekers	Bob	H.	11/19/2022	New Hope	Tim	H.	8/19/2023	Traditional Group	Rod	F.	8/19/2023
Courage to Change	Richard	M.	8/19/2023	North Hall Group	Lauri	S.	8/19/2023	Tuesday Cordova KISS Group	Sheila	S.	2/18/2023
Courage to Change Women's Meeting	Nancy	W.	8/19/2023	Number One Offenders	Sandy	W.	8/19/2023	Tuesday Night Beginners	Anthony	G.	8/19/2023
Daily Attitude Adjustment	Linda	J.	8/19/2023	Oak Park Fellowship	Andy	S.	7/15/2023	We Care	Tami	N.	7/15/2023
Daily Direction AA Group	Shanno	R.	8/19/2023	Oak Tree Fellowship	Casey	T.	8/19/2023	We Do Recover	Yvonne	U.	6/17/2023
Davis Hope	Terri	T.	1/21/2023	Orangevale Thursday Night Mens	Horst	K.	2/18/2023	We Surrender Men's Group	Luke	M.	7/15/2023
Davis Young People's	Lindsay	G.	7/15/2023	Precisely, How we have Recovered	Jimmie	S.	10/15/2022	Welcome Group	Kevin	H.	8/19/2023
Destiny Group	Shari	P.	9/17/2022	Primary Purpose 2020	Rachel	T.	4/15/2023	West Roseville AA Group	John	I.	1/21/2023
Dixon No Name Group	Scott	B.	5/20/2023	Primordial Ooze Men's Book Study	Nick	G.	8/19/2023	What A Way to Start a Weekend Women's Grp	Sharon	H.	8/19/2023
Downtown Young Peoples	Dan	F.	5/20/2023	Reflections in Pajamas	Heidi	N.	7/15/2023	What A Way Wednesday	Sharon	H.	8/19/2023
East Yolo Fellowship	Anthony	A.	8/19/2023	Rescue Women's Meeting	Cinda	W.	2/18/2023	White Flag Men's Group	Brian	B.	8/19/2023
El Dorado Hills Group	Jim	C.	9/19/2023	Rio Linda Fellowship	Michelle	K.	8/19/2023	Willing Women	Karina	K.	3/18/2023
Elk Grove Fellowship	Alyse	R.	2/18/2023	River City Speakers	Austin	F.	8/19/2023	Wisdom to Know	Cyndi	W.	3/18/2023
Esparto Fellowship	Rae	D.	10/15/2022	Rocklin Fellowship	Bill	T.	8/19/2023	Women for Women	Nancy	F.	8/19/2023
Fair Oaks Beginners	Russ	H.	8/19/2023	Rocklin Racetrack	John	D.	4/15/2023	Woodland Group	Donald	M.	3/18/2023
Fair Oaks Village	Mike	K.	8/19/2023	Roseville 5th Street Fellowship	Laura	B.	4/15/2023	Woodland Online Group	Leslie	Mc.	6/17/2023
Fireside Book Study	Mark	B.	8/19/2023	Roseville Tuesday Nights Group	Claire	D.	8/19/2023	Yuba City 329	Michelle	M.	8/19/2023
Folsom Big Book	Whitney	Mc	8/19/2023								
Folsom Friday Night	Eric	S.	2/18/2023								

C. Attending Elected Positions:

Position	Name	Attendance
Delegate Chair	Laura B.	Present
Assistant Chair/Area Liaison	Diane U.	Present
Treasurer	Al E.	Present
Recording Secretary	Stefanie A.	Present
Board Chair	Jason S.	Present
Director At Large	Russ	Present
Director At Large	Dartmore H.	Present
Director At Large	Betty K.	Absent
Teleservice Chair	Dawn D.	Present

Position	Name	Attendance
BLOPS Chair	Greg B.	Present
Birthday/Faithful Fiver Chair	Kate D.	Present
PICPC Chair	Annie R.	Present
Picnic Chair	Paul G.	Present
Special Events Chair	Nicole F.	Absent
NCCAA Delegate Liaison	Robert F.	Present
H & I Liaison	Leslie M.	Absent
Office Manager	Robin T.	Present
WebMaster	Teague S.	Present

D. New Delegates:

Grace Abounds	Kristina A.
The Way Out	Bernard E.
AA Morning Coffee	Bernard E.

Welcome new delegates!!

E. Visitors: Kim M. - District 24

III. Approval of Minutes

July 15, 2023 minutes reviewed by Laura B. (Delegate Chair), Motion introduced by Rod F., Greg B. (2nd the motion) - passed unanimously.

## IV. Trusted Servant Reports

## Delegate Chair's Report – Laura B.

I attended the Board of Directors meeting on August 15, 2023. Several topics of importance were discussed, including matters of proposed amendments to operating procedures which are presented to the delegate body today, and are also posted on our website: <https://aasacramento.org/about-ccfaa/motions/>. Please review with your groups and bring any questions you have back to the Delegate body in September. An informed group conscience will be taken for these amendments in October.

Thank you to our Office Manager Robin T. for your hard work in all the matters you will be bringing before the delegate body today. Thank you to Greg B., and all the members of the BLOPS committee, for the amazing and intensive work you all did to bring well informed and congruent revisions before the Delegate body. Thank you to our Board Chairperson, Jason S., and all the members of the Board for your continued service and commitment to bringing these matters before the Delegate Body in a manner which makes it easy to comprehend and digest.

Let us review the next steps each Delegate will need to take over the course of the following two months. Please refer to the Delegates Handbook for an explanation of the Delegate responsibilities. Feel free to ask for clarification:

“The delegate’s job is to carry the informed group conscience from his/her group to the Delegates Meeting where a collective group conscience is taken. The delegate gives a thorough and accurate report of the issues raised at the CCFAA Delegates Meeting at his/her group’s business meeting. The issues are discussed, votes taken, and the group conscience carried back to the next Delegates Meeting. It is also within the spirit of the Twelve Concepts that delegates should be able to make decisions based on additional information that was not available when the group conscience was taken or if an emergency arises.” (CCFAA, 2017, p.7).

Delegates, please plan to attend your group’s next business meeting, and present these matters to your group. If you cannot attend, please have the Alternate Delegate for your group attend. If neither of you can attend the next business meeting, please consult with your group’s General Secretary to find another alternative. Please bring any questions for clarification back to the Delegate Body in September. Please take a vote of your group’s conscience and plan to bring that information to the Delegates Meeting in October.

Thank you, Delegates, for your service. You are deeply appreciated!

In love and service,

Laura B.

## Assistant Chair/CNIA Liaison's Report - Diane U.

## August 2023 – New Groups

- ~~New Beginnings Women's Group \ Western Gateway's Butter Maker's Cottage, 18560 Penn Valley Dr., Penn Valley, CA 95946 Friday 10am – 11am, Closed, 1 hr., Women Only~~ - No Representative Present - Not Voted on.
- **Grace Abounds** \ The Life House Church 4800, Sierra College Blvd. Rocklin, CA 95677; Thursday 6:30pm – 7:30pm Open, 1 hr., Wheelchair Access
- **The Way Out**, from Yuba City \ Online Meeting ID: 2981342597 PW: 944506, Friday 7:30am – 8:30am, Open, 1 hr., Secular Speaker/Discussion Meeting
- **AA Morning Coffee**, from Yuba City \ Online Meeting ID: 2981342597 **PW: 944506**, 8:30am – 9:30am Every Day, Open, 1 hr., Daily Reflections/Discussion Meeting

## NCIA 07 NEWS

A Unity Day is being formed for September 24, 2023, at beautiful Lake Yosemite in Merced California. Speakers include Present and Past delegates and other Service Area Representatives. Treasurer Holly reports that the Report is always available in both Spanish and English.

The NCIA Archives Library will be open the First Saturday of each month between 10 am and 2 pm Please contact the archivist before attending. Location: 1807 Navy Drive (at Fresno Ave) Suite #11, Stockton, CA 95555. The new NCIA Website is up and running with much more valuable information.

In service, Diane U, [ccassistantchair@aasacramento.org](mailto:ccassistantchair@aasacramento.org)

## Board Chair's Report – Jason S.

I attended the Board Meeting this past Tuesday, August 15<sup>th</sup>. All members were in attendance, and it was great to welcome Russ H. to the 2023 Board of Directors. I want to personally thank all the Board Members for their service and dedication to CCFAA. It is an honor to be able to be of service alongside them. We reviewed reports and information from our Office Manager, Treasurer, and BLOPS Chair, which they will share with you during their reports today. Here are a couple of items that I would like to highlight.

· Sunday August 20<sup>th</sup> is our CCFAA Annual Picnic at Elk Grove Regional Park. My sincere thanks to Paul and the Picnic Committee for all their hard work and preparation. I look forward to the CCFAA Picnic all year; I am excited to be there tomorrow. We have some great speakers ready to share with us, the Softball Tournament, all our regular booths, not to mention some great food. Grab a friend, your sponsor, and a newcomer and come join us and hear the message and enjoy the fun and fellowship.

· Please take back to you groups that CCFAA needs a Website Designer/ Front End Webmaster. Someone that can work with Teague and the Office staff to help us redesign the front end of our website. Otherwise, it may be necessary to employ a company to assist with it in the New Year. Anyone interested please contact Robin at [officemanager@aasacramento.org](mailto:officemanager@aasacramento.org).

Our Office Manager will be on much deserved vacation August 22<sup>nd</sup> – Sept 5<sup>th</sup>. If you need assistance at the Office, please contact our Office Assistant Tracey S. at 916-454-1771 or [centeroffice@aasacramento.org](mailto:centeroffice@aasacramento.org)

Thank each of you and to all groups for your continued support of our Central Office.

In Service, Jason S. (Board Chair)



**Treasurer’s Report – Al E.**

Please reference the Profit and Loss YTD Comparison for July 2023 included in the attachments. **Highlighted** items reflect information in this report. Drop into the office and day hello and thank you to **our Volunteers, office staff: Office Manager Robin, Asst. Manager Tracy, Gerald and Cristin.** July’s deposits, expenses, payables, and bank reconciliation have been audited. Everything checks out and signed copies are on file at the CCFAA office. We are halfway through the year folks.

1. Literature sales were amazing for the month at \$8,515 on a budget of \$6,000. [line 4020]
2. Medallion sales were good at \$3,074 with a \$2917 budget [line 4035].
3. Group Contributions were marvelous at \$17,087 as we budgeted \$10,750 [line 4100]. Thanks to all the groups for the contributions to keep the office going for our fellowship. Our fellowship is something else!
4. Birthday contributions are #@%\* \$2 on a budget of \$167 [line 4120]. **Thank you, AA, for my sobriety!!!! Get the word out and celebrate what one has so gratefully received.**
5. Faithful Fivers income was off \$902 as we budgeted \$1,250 [line4130]. **(Great way for us, as individuals, to directly monthly support CCFAA.)**
6. We are starting to see some income from the picnic committee of \$1,620.
7. Total Income was overwhelming-good for July (drum roll please) with \$32,657 on a budget of \$24,268. [Total Income line]
8. Cost-of-Goods-Sold were UP (we sold MORE), \$8,573 with our budget of \$7,481. [Total COGS].
9. Expenses are right on target \$16,702 as our budget is \$16,787. Thanks to our office manager [Total Expenses].
10. July’s net income was GREAT \$7,381.

Prudent Reserve – Is currently \$101,035 which is 6 months of operating expenses for that next rainy day. We are reviewing this regularly.

**We, as members of Alcoholics Anonymous, are helping to make great investments in the future of our Central Office. Thanks to each one of you and your groups for that.** Thank you ALL for your support and involvement with CCFAA. Bring a friend.

\*Please take the following back to your groups -

- a) **Supporting CCFAA helps bring service to our AA groups and meetings with Literature, Hot Line, Special Events, By the Way Newsletter, Sobriety Chips, and so much more.**
- b) The store is open (**Open Mon-Fri 9-5 and Saturdays 10-2**)
- c) Contributions can also be made by Venmo, PayPal, Check, or

Any question can be directed to my contact information below.

Regards, Al Edwards [cfo@aaasacramento.org](mailto:cfo@aaasacramento.org) 916-622-4660

**Business Office Manager’s Report – Robin T.**

1. **September Special of the Month – Ceramic Medallions on Sale 50% OFF \$ .75+tax** – These fun medallions are perfect for those celebrating a milestone in their first year. Come check out our stock of 24-hour, 1-month, 2- month, 3-month, 6-month, & 9-month chips for newcomers. They will also be available at the CCFAA Picnic Booth, Elk Grove Regional Park on August 20<sup>th</sup>. See you there!!!
2. Contribution dollars are used in support of the operations of your Intergroup. Without you, our Twelfth Step work would not be possible. Thank you to all the groups, fellowships, and members for your continued support and dedication to Central Office. We can receive online payments and contributions through our website at [aaasacramento.org](http://aaasacramento.org). You can also contribute via Venmo @CCFAA or PayPal @CCFAA
3. **Registration is Now Open for NAATW 2023-** (National AA Technology Workshop) This year’s workshop will be held in person at Shenandoah University, Winchester, VA, and online via Zoom September 8-10, 2023. **Visit <https://naatw.org/> for all the details!**
4. **Budget-** The 2024 budget process has started!!! We are excited as we look forward to a bright new year for the Central Office. With the help of all of our members, groups, and fellowships CCFAA is in the position to make proposals for updates to our accounting system, remodel our bookstore, reskin our website, and revisit all of our in-house publications. Look for more information on each of these exciting goals for your Central Office coming soon.

**5. Looking for a Web Talent**

- a. Currently we are looking for a web designer or someone with “mad graphic skills” to help CCFAA design our new website. There has been a lot of work that has already been done on this project on the back end, so we are now looking for assistance with the “look, feel, and design” of the new site.
- b. We are also looking for someone who would be interested in working alongside Teague as a Co Webmaster as well as with our Office Manager to maintain the [aaasacramento.org](http://aaasacramento.org) website.
- c. If you or anyone you know may be interested or have the skills we need, please contact Robin at 916- 454-1771 or email: [officemanager@aaasacramento.org](mailto:officemanager@aaasacramento.org)

**6. CCFAA YP Advertising Review-** Per our Operating Procedures, the Delegate Body is to review our Ads for CCFAA. 9.9 ADVERTISEMENTS:

- 9.9.1 The Office Manager maintains ads in such news media as the delegates may deem necessary.
- 9.9.2 Ads are to be considered at the August Delegates’ Meeting. Below are the current ads that we have in the Yellow Pages and the cost:

Current Print Charges				
Product	Product Duration	Activity Date	Description	Amount Due
FAIR OAKS FOLSOM GRANITE BAY	05/01/23-10/31/24	07/01/23-07/31/23	Advertising Charge	10.00
PLACERVILLE CAMERON PARK	02/01/23-07/31/24	07/01/23-07/31/23	Advertising Charge	11.00
SACRAMENTO	11/01/22-04/30/24	07/01/23-07/31/23	Advertising Charge	30.35
YOLO CO	01/01/23-06/30/24	07/01/23-07/31/23	Advertising Charge	7.00
YUBA & SUTTER COUNTIES	10/01/22-03/31/24	07/01/23-07/31/23	Advertising Charge	9.70
<b>Total Current Print Charges</b>				<b>\$68.05</b>



**Teleservice Chair's Report – Dawn D.**

Monthly Teleservice Report to Delegates for the month of: **August 2023**

**Website:** <http://aasacramento.org/service-opportunities/teleservice/>

**Shift Call Numbers:** May (as of 8/17/2023)

**12 Step = 50/ YTD 299**

**Info = 191/ YTD 1091**

**Total = 241/YTD 1390**

**New Business:**

- TS Shift Coordinators monthly check in on the 2nd Wednesday of each month.
- Did not receive word back from Rae to coordinate the Sept. workshop in Davis - will move to virtual meeting in Oct. 2023
- Potential appreciation potluck in Nov for TS volunteers. Date and location TBA

**Next CCFAA Holiday Office Closures - Teleservice will cover these day (s):**

- Monday 8/21/2023 All shifts covered during office hours

Thank you for letting me be of service!

Dawn D. (408.250.2887)

**Webmaster's Report – Teague S.**

Open Web Priorities:

1. Redo PHP back end - **Amazon Web Services test!**
2. Redo back-end Admin Tool(s)
3. Reskin Site

Questions, please send to [webmaster@aasacramento.org](mailto:webmaster@aasacramento.org)

**By Laws & Procedures Chair's Report – Greg B.**

1. The Committee members are Rod F. from the Traditional Group, Shelby G. from the AA Unity Group, Sara P. from the Sisters in Solution Group, and Greg B. from The How and The Why of It Men's Group.
2. The Committee has met twice since the last Board meeting, July 30, 2023, and August 6, 2023. a. Draft minutes from those meetings accompany this report.
  - a. They have not been approved by the Committee as of this date.
3. The Committee has drafted and approved recommendations for revisions to the Operating Procedures.
  - a. Motions to adopt the revisions in the recommended format for presentation to the Board and the Delegates accompany this report.
4. The next order of business for the Committee will be to finish recommendations for revisions to the Delegate Handbook, which will continue at our next meeting.
5. Our next Committee meeting will be Sunday August 13 at 4 p.m.
6. Input from the Board, Officers, and Delegates is appreciated.

**PI/CPC Chair's – Annie R.**

1. Meetings within the CCFAA area are requesting approximately 1000 PI/CPC Community Outreach Cards per month, being delivered by members to their area's free clinics, police stations, EMT's, and nearby businesses. If your group would like PI/CPC to mail your group cards, please email us at [ccfpicpc@aasacramento.org](mailto:ccfpicpc@aasacramento.org) the name and address of your group and to whose attention we should mail them.
2. Come find us at tomorrow's Annual Picnic! Cool off under our white canopy! Help yourself to lots of PI/CPC swag.
3. We have a FANTASTIC new committee member from Rocklin, Kristy R. Kristy has been giving 1-hour lectures to EMT's and other professionals who are in daily contact with the suffering alcoholic. These men & women are rarely trained in identifying the signs of alcoholism or what Alcoholics Anonymous is and is not.
4. If anyone in your group is interested in training to be a speaker to the professional, please forward our information located on CCFAA's website, email us at: PI/CPC at [ccfpicpc@aasacramento.org](mailto:ccfpicpc@aasacramento.org) or join our 1-hour monthly Zoom meetings on the:
  - 1st Wednesday of the month beginning at 6:30.

We encourage those new to PI/CPC to join us at 6pm to acquaint those new to PI/CPC. **Zoom Meeting: 920 8828 8921/Passcode: 013192**

Thank you for allowing us to be of service.

Annie R., Chair

CCFAA PICPC

**Birthday Club/Faithful Fivers Chair's Report – Kate D.**

No report

**Special Events Chair's Report – Nicole F.**

No report/Not in attendance

**Picnic Chair's Report – Paul G.**

The main reason you should attend CCFAA BBQ. (BB page 152) “Yes, there is a substitute, and it is vastly more than that. It is a fellowship in Alcoholics Anonymous. There you will find release from care, boredom, and worry. Your imagination will be fired. Life will mean something at last. The most satisfactory years of your existence lie ahead. Thus, we find the fellowship, and so will you.”

We have two exceptional speakers at 10:00 A.M. Todd B. of Roseville for the local speaker and at 2:00 P.M. Jack G, of Huntington Beach, California. The day will be highlighted with Plant Sales, Softball, Hamburgers, Hot Dogs, Snow Cones, Face Painting, Kids Games, Cake Walk, White Elephant Sale, Raffles, Music, AA Speakers, Fellowship, AA Programs, Archives, Information, Sobriety, and especially FUN.

Come on out where else can you get a full meal for \$4.00.

**DONATIONS to bring:**

(Your donation of these items helps fund the Central Office and makes the picnic more FUN!) **Raffle: We need Basket donations!** Please bring any donation of baskets to the picnic.

**Book Sale:** Both paperback and hardcover books gently used for our book sale booth.

**Plant Sale:** House plants, garden starts, decorative pots or garden nick-nacks.

**Cake Walk:** Cakes and more Cakes also cookies, pies, tarts, and cupcakes accepted.

**White Elephant Sale Items:** Anything gently used and sale-able that you can carry in two arms to bring to a picnic.

**Softball:** 8:00 A.M. start time on the 20<sup>th</sup>. We are playing at the Kloss Softball Complex which is attached to the Elk Grove Regional Park. We have 3 competitive teams and 4 Easy Does it teams. It is a little bit of a hike from the picnic site to the games but is a short drive.

**White Elephant Sale:** Donated Items can include clothing, furniture, knickknacks, lamps, utensils, party favors, tools, and any other item you don't need but might be useful to other people. **No item will be accepted that cannot be carried in two (2) hands by one (1) person!**

**Raffle:** Items include Tools, Appliances, Gift Baskets, Large Screen TV, and \$350,00 in cash prizes. Don't miss out as tickets are seven (7) tickets for five (5) dollars or one (1) dollar for a single ticket.

Raffle prizes not claimed at the picnic will be available at the Central Office on Monday. Bring a winning raffle ticket to claim the item.

**V. Reports – Special Committees, Delegates, Liaisons & Invited Guests****Hospitals & Institutions Liaison's Report – Leslie Mc.**

There are LOTS of opportunities to be of service. All are invited to attend our monthly meeting the 3rd Tuesday of every month at Denny's 7900 College Town Drive, Sac. 95826 - 3rd Tuesday, 6pm

**Inside Volunteer Sponsorship Service (IVSS)**

IVSS is starting up at Folsom and is looking for volunteers. Please contact Joe at 916-969-9110 to be of service with inside sponsorship at Folsom prison. As this is just starting there is a big need for lots of volunteers. This is the program where AA members enter the prison as visitors and take inmates through the 12 steps!

In love and service Leslie M. Recording Secretary-Area 42 H & I

**NCCAA Delegate Liaison's Report – Robert F.**

The Fresno Conference Host Committee is doing an awesome job for hosting the October 13 thru 15th NCCAA Conference! They sponsored a picnic and made 5000 bucks to add to the conference kitty!

\* San Jose to Host Spring 2024 NCCAA Conference. Proposed dates of March 15 thru 17th!

\* Rocklin is still in the running for possible host of the NCCAA Conference in Fall of 2024!

\* NCCAA is still looking for more involvement/participants. Currently open are Chair positions for Spanish and AI-Anon. The Treasurer Chair has a temporary fill in (thank you Jason S.!!!).

Delegates Representing Groups, Counties, Towns! All will be considered.

\* Fresno Conference Flyer and more information available on NCCAA Website @ [www.norcalaa.org](http://www.norcalaa.org)

**VI. Old Business**

a. Voted on Bylaws Motions addressing sections: 4.1 (40-yes/7-abstain PASSED 85%), 4.7 (40-yes/1-no/6-abstain PASSED 85%), 5.2 (41-yes/6-abstain PASSED 87%), 5.4 (38-yes/1-no/8-abstain PASSED 81%), 5.8 (39-yes/1-no/8-abstain 81%), 5.9 (37-yes/9-abstain PASSED 80%), 6.3 (41-yes/7-abstain PASSED 85%), Clean-Up (41-yes/5-abstain PASSED 89%).

b. Employee Retention Credit Discussion/questions - Many questions were answered by the Board so the delegates can take them back to their groups to be voted on at the September Delegate's Meeting. See <https://aasacramento.org/wp-content/uploads/2023/08/DELEGATE-MINUTES-7-15-23-final.pdf> Pages 5-6 for more detailed information.

**VII. New Business**

a. Yellow Pages Listings Review - voted on 27-yes/11-no/4-abstain PASSED 64%

b. Purchase of QuickBooks Online - voted on 37-yes/2-abstain PASSED 95%

c. Bookstore Remodel - voted on 32-yes/4-abstain PASSED 89%

d. OPS Motions addressing sections 9.5, 9.8, 9.11.10, 15.1.1, 21.8, and General Clean-up edits of the

Operating Procedures - Reviewed and discussed;

1. The proposed motions are located here:

<https://aasacramento.org/about-ccfaa/motions/>

2. Questions in September and Vote in October

\*\*Present issues to Laura B. at [ccfchair@aasacramento.org](mailto:ccfchair@aasacramento.org) Issues will be presented to the Board of Directors for review; however, it may have been covered in past meetings or may not be an issue for the Delegate Meeting. The chairperson will add them to the next Delegate Meeting Agenda when appropriate. Thank you.

**VIII.. Closing**

Invitation to close the meeting - motion to close introduced by AI Y., Cryin Mary (2nd the motion). The Delegates voted to extend the meeting to complete all business items.

The next meeting will be on Saturday September 16, 2023 and will start at 3:00pm on Zoom, Meeting ID: 929 9218 9084 – Passcode: 912051. The meeting closed at **5:36pm** with the “Responsibility Pledge”.

\*\*Respectfully submitted by Stefanie A., CCFAA Recording Secretary



# Profit & Loss

	<u>Jul 23</u>	<u>Jan - Jul 23</u>	<u>Prorate Budget</u>	<u>\$ Change</u>	<u>Budget</u>
<b>Ordinary Income/Expense</b>					
<b>Income</b>					
4020 · Literature Sales	8,515.28	48,886.20	42000.00	6,886.20	72000.00
4025 · In-House Publication Sales	621.61	4,791.24	4958.31	-167.07	8500.00
4035 · Medallion Sales	3,074.67	22,176.60	20416.69	1,759.91	35000.00
4100 · Group Contributions	17,087.36	93,598.36	75250.00	18,348.36	129000.00
4110 · Anonymous Contribution	80.67	1,661.43	2041.69	-380.26	3500.00
4120 · Birthday Contributions	2.00	949.00	1166.69	-217.69	2000.00
4125 · Office services revenue	1,095.05	14,979.52	7000.00	7,979.52	12000.00
4130 · Faithful Fivers	902.00	6,529.00	8750.00	-2,221.00	15000.00
4440 · Interest Income	3.43	23.20	14.63	8.57	25.00
4450 · Miscellaneous	-344.82	106.22	116.69	-10.47	200.00
4460 · Picnic Revenue	1,620.00	1,663.00	7000.00	-5,337.00	12000.00
4480 · Special Events Revenue					
4480 · Special Events Revenue	0.00	0.00			
4482 · Anniversary Event	0.00	0.00			
<b>Total 4480 · Special Events Revenue</b>	<u>0.00</u>	<u>0.00</u>	<u>1166.69</u>	<u>-1,166.69</u>	<u>2000.00</u>
<b>Total Income</b>	<u><b>32,657.25</b></u>	<u><b>195,363.77</b></u>	<u><b>169881.39</b></u>	<u><b>25,482.38</b></u>	<u><b>291225.00</b></u>
<b>Cost of Goods Sold</b>					
5000 · Literature Costs					
5010 · Cost of AAWS literature sold	5,881.51	35,768.01	32535.37	3,232.64	55775.00
5015 · Other Literature	312.75	2,246.15	1166.69	1,079.46	2000.00
5025 · In-House Publication					
5030 · Paper Stock and Staples	467.52	1,768.99	1458.31	310.68	2500.00
5035 · Printing Equipment	717.64	4,986.03	6125.00	-1,138.97	10500.00
5040 · Copy Costs	0.00	2,168.77	2041.69	127.08	3500.00
<b>Total 5025 · In-House Publication</b>	<u>1,185.16</u>	<u>8,923.79</u>	<u>9625.00</u>	<u>-701.21</u>	<u>16500.00</u>
5000 · Literature Costs - Other	30.00	321.83			
<b>Total 5000 · Literature Costs</b>	<u>7,409.42</u>	<u>47,259.78</u>	<u>43,327.06</u>	<u>3,932.72</u>	<u>74275.00</u>
5050 · Medallion Costs	1,164.20	8,198.38	9041.69	-843.31	15500.00
<b>Total COGS</b>	<u>8,573.62</u>	<u>55,458.16</u>	<u>52368.75</u>	<u>3,089.41</u>	<u>89775.00</u>
<b>Gross Profit</b>	<u><b>24,083.63</b></u>	<u><b>139,905.61</b></u>	<u><b>117512.64</b></u>	<u><b>22,392.97</b></u>	<u><b>201450.00</b></u>
<b>Expense</b>					
Equipment Expense	198.00	752.00	1925.00	-1,173.00	3300.00
Insurance	-49.95	2,845.94	2858.31	-12.37	4900.00
Meetings/Conference Expense	90.00	1,209.91	1575.07	-365.16	2700.00
Office Expense	2,576.37	18,295.42	21933.24	-3,637.82	37600.00
Professional Fees	235.24	3,947.33	2741.69	1,205.64	4700.00
Utilities	1,009.34	9,030.88	6445.81	2,585.07	11050.00
5400 · Payroll Expenses	9,923.39	65,275.56	71222.13	-5,946.57	122095.00
5686 · Bad Debt	0.00	15.43			
5688 · Theft Loss	0.00	0.00			
5690 · Bank Charges	453.57	2,697.97	2450.00	247.97	4200.00
5900 · Special Events	0.00	0.00	1166.69	-1,166.69	2000.00
6200 · Other Committees					
5990 · Picnic Committee	2,216.34	4,126.01	3500.00	626.01	6000.00
6210 · PI/CPC	50.30	88.05	583.31	-495.26	1000.00
6230 · Teleservice Committee	0.00	144.00	291.69	-147.69	500.00
<b>Total 6200 · Other Committee</b>	<u>2,266.64</u>	<u>4,358.06</u>	<u>4375.00</u>	<u>-16.94</u>	<u>7500.00</u>
6300 · Contingency Funds	0.00	0.00	819.63	-819.63	1405.00
<b>Total Expense</b>	<u><b>16,702.60</b></u>	<u><b>108,428.50</b></u>	<u><b>117512.57</b></u>	<u><b>-9,084.07</b></u>	<u><b>201450.00</b></u>
<b>Net Ordinary Income</b>	<u><b>7,381.03</b></u>	<u><b>31,477.11</b></u>	<u><b>0.07</b></u>	<u><b>31,477.04</b></u>	<u><b>0.00</b></u>
<b>Net Income</b>	<u><b>7,381.03</b></u>	<u><b>31,477.11</b></u>	<u><b>0.07</b></u>	<u><b>31,477.04</b></u>	<u><b>0.00</b></u>



# From all of us at Central California Fellowship, Thank you so much!

	Aug 23	Jan - Aug 23		Aug 23	Jan - Aug 23		Aug 23	Jan - Aug 23		Aug 23	Jan - Aug 23
11TH STEP MEDITATION MEETING	5.00	60.22	FIT FOR LIFE GROUP	0.00	1,527.70	NEW LIGHT FELLOWSHIP	0.00	294.96	SISTERS OF SOBRIETY GRP-Rancho	100.00	350.00
12 AND 12 TOUCHSTONE GROUP	0.00	666.40	FOLSOM BIG BOOK GROUP	0.00	2,434.00	NEWCASTLE BIG BOOK GP	0.00	120.00	SIXTY MINUTE SOLUTION GROUP	0.00	42.00
12TH TRADITION BIG BOOK GROUP	0.00	900.00	FOLSOM FRIDAY NIGHT GROUP	0.00	578.61	NEWCASTLE FRIDAY NITE GROUP	0.00	250.00	SMOKIN SOBRIETY	0.00	255.00
630AM DAILY REFLECTIONS MEETING	0.00	75.00	FOLSOM NOON NEW LIFE	0.00	616.00	NORTH AUBURN GROUP OF AA	0.00	6.25	SOBRIETY FIRST	97.90	296.75
ALL TRIBES GROUP	0.00	120.00	FOLSOM SATURDAY MORNING	0.00	223.50	NORTH HALL GROUP	0.00	185.27	SPEAK EASY	0.00	84.90
ARCADE MEN'S GROUP	333.00	733.00	FOLSOM TUESDAY NIGHT MEN'S AA	0.00	600.00	NUMBER ONE OFFENDERS	0.00	596.00	SPIRITUALLY SPEAKING ORANGEVALE	0.00	316.00
AS BILL SEES IT MEN'S GROUP	0.00	40.00	FOLSOM WAY OF LIFE GROUP	0.00	3,679.10	OAK PARK FELLOWSHIP	204.00	204.00	SPRING FLING GROUP	0.00	8,578.00
AS BILL SEES IT PLACERVILLE	0.00	100.00	FORESTHILL BENT NICKEL GROUP	0.00	25.00	OAK TREE GROUP	0.00	995.00	STEP 2 MEN'S GROUP	0.00	500.00
ATTITUDE ADJUSTMENT GROUP OF	0.00	250.00	FOUNTAIN OF YOUTH GROUP	120.00	195.00	OLD ELK GROVE FELLOWSHIP	199.10	573.23	SUNDAY MORNING AA	0.00	895.79
AUBURN FELLOWSHIP	0.00	250.00	FREEDOM GROUP	0.00	645.99	ONE DAY AT A TIME GROUP	0.00	50.00	SUNDAY NIGHT RECOVERY HOUR	0.00	1,100.00
AUBURN YOUNG PEOPLE'S	0.00	338.00	FRIDAY LUNCH BUNCH	0.00	192.50	ORANGEVALE BIG BOOK	0.00	180.93	SUNLIGHT OF THE SPIRIT 11TH STEP MEI	100.00	100.00
BABES IN RECOVERY	70.45	434.29	FRIDAY NIGHT UNITY GROUP	0.00	950.00	ORANGEVALE CAME TO BELIEVE	0.00	222.00	SUNRISE SUNSET GROUP	24.00	64.65
BROWNSVILLE SERENITY GROUP	0.00	20.00	FRIDAY WAY OUT GROUP	0.00	433.00	OVER 50 GROUP	0.00	180.00	SUNRIVER PARK MEETING	0.00	422.51
CAMERON PARK GROUP	0.00	85.00	FRUITVALE GROUP	0.00	217.09	PARKING LOT MEETING	0.00	2,500.00	SUNSET HAPPY HOUR WOMEN'S GRP	0.00	780.00
CAPITOL CITY MEN'S GROUP	0.00	1,002.00	GIBBONS NOON	1,200.00	1,524.00	PATHWAY TO SPIRITUALITY GROUP	123.00	312.23	SUNSET WEDNESDAY WOMEN	0.00	360.00
CATHEDRAL GROUP	0.00	631.00	GIFTS OF SOBRIETY	78.00	78.00	PLACERVILLE SUNRISE ATTITUDE ADJU'	0.00	278.04	SUTTER BUTTES ROUNDUP GROUP	0.00	180.00
CENTRAL FOOTHILL WOMEN'S CONF.	0.00	300.00	GNO GIRLS NIGHT OUT	0.00	738.34	PRIMARY PURPOSE BIG BOOK STUDY	0.00	100.00	TAHOE PARK GROUP	0.00	130.56
CITRUS HEIGHTS AA @ NOON	0.00	794.39	GOOD FOR NOTHING	1,272.00	1,272.00	PRIMORDIAL OOZE MEN'S BOOK STUD'	200.00	650.00	THE COLUSA GROUP	0.00	200.00
CITRUS HEIGHTS GROUP	0.00	315.00	GOOD ORDERLY DIRECTION	0.00	150.00	PROMISE SEEKERS	0.00	102.50	THE HOW AND THE WHY OF IT MEN'S G	20.00	416.48
COLFAX FELLOWSHIP	0.00	152.08	GREENHAVEN GROUP	0.00	373.45	PROMISES GROUP - DIXON	0.00	48.00	THE JOY OF LIVING	0.00	82.00
COME AS YOU ARE GROUP	0.00	440.00	GROUP NONE	0.00	32.00	QUARTER TIL YOUNG PEOPLE	0.00	236.00	THURS MORNING BOOK/STEP STUDY GI	0.00	257.00
CORDOVA LUNCH BUNCH	156.96	388.78	GROUP ONE	20.00	160.00	RANCHO MURIETA GROUP	0.00	1,457.06	THURSDAY NIGHT MEN'S GROUP	0.00	450.00
CORDOVA THURSDAY NIGHT GROUP	0.00	85.00	GROUP THREE	480.00	2,160.00	REFLECTIONS IN PAJAMAS	0.00	108.00	TRADITIONAL GROUP	314.49	816.15
COTTAGE 12X12 STEP STUDY	0.00	210.00	HAPPY CAMPERS	0.00	450.00	RESCUE MENS STAG GP	37.00	303.00	TRIANGLE GROUP	0.00	123.00
COURAGE TO CHANGE GROUP	0.00	526.06	HAPPY DESTINY GROUP	0.00	60.00	RESCUE WOMEN'S MEETING	0.00	186.50	TUESDAY CORDOVA KISS GROUP	0.00	196.00
COURAGE TO CHANGE WOMENS MTG	0.00	50.00	HELPING HANDS GROUP	0.00	780.15	RINGSIDE RECOVERY	0.00	148.94	TUESDAY NIGHT BEGINNERS GROUP	0.00	184.00
DAILY DIRECTION AA	338.23	4,672.67	HIGH FLYERS GROUP	43.00	209.38	RIO LINDA FELLOWSHIP	0.00	1,644.77	TUESDAY NIGHT BYOB AUBURN	0.00	184.50
DAVIS FRIDAY NOON GROUP	0.00	259.76	INDIAN CHARLIE'S	0.00	141.12	RIVER PINES GROUP OF AA	0.00	20.00	TUESDAY NITE MEN'S AA	0.00	186.00
DAVIS HOPE GROUP	150.00	330.00	INTO ACTION GROUP	0.00	200.00	ROCKLIN FELLOWSHIP	81.92	6,519.77	WE CARE GROUP	435.80	615.80
DAVIS WED WOMENS STEP STUDY	0.00	217.38	INTO ACTION ONLINE GRP WOMEN'S M	0.00	309.00	ROCKLIN LEGACY GROUP	198.94	358.30	WE DO RECOVER	0.00	58.43
DESTINY GROUP	300.00	600.00	IONE-CAMANCHE GROUP	0.00	162.00	ROCKLIN RACETRACK GROUP	250.00	750.00	WEDNESDAY NIGHT YP GROUP	0.00	428.00
DISTRICT 25	0.00	250.00	JAYWALKERS GROUP	180.00	295.00	ROCKLIN YOUNG PEOPLE	0.00	262.50	WELCOME GROUP	0.00	845.57
DIXON NO NAMES GROUP	0.00	100.00	JOY OF LIVING	0.00	63.00	ROSEVILLE EASTSIDE GROUP	0.00	283.00	WEST SLOPE FELLOWSHIP	0.00	3.81
DOBBIN'S WILD BUNCH	0.00	100.00	JUST AA	0.00	100.00	ROSEVILLE FIFTH STREET FWP	0.00	3,690.00	WEST SLOPE UNITY	0.00	0.00
DOWNTOWN YOUNG PEOPLE'S GRP	158.00	550.50	LINCOLN GROUP FRIDAY NIGHT MTG	0.00	100.00	ROSEVILLE TUESDAY NIGHT GP	158.00	1,158.00	WHAT A WAY WEEKEND WOMENS GRC	0.00	150.00
DRY DIGGINS GROUP	0.00	209.08	LINCOLN THURSDAY NIGHT GROUP	0.00	548.00	SACYPAA	0.00	850.00	WHEATLAND GROUP	0.00	150.00
DRY DOCK GROUP	0.00	86.59	LIVING SOBER WOMEN'S FRIDAY GRP	0.00	403.97	SATURDAY EDI GROUP	0.00	79.93	WHITE FLAG MEN'S GROUP	0.00	450.00
EARLY BIRD GROUP OF AA	0.00	188.00	LOOMIS FELLOWSHIP	200.00	200.00	SAT MORNING WOMEN'S REFLECTIONS	0.00	1,059.01	WILLING WOMEN GROUP, THE	0.00	444.19
EAST YOLO FELLOWSHIP	80.00	1,140.00	LOOMIS WEDNESDAY BIG BOOK	0.00	198.00	SECOND CHANCE GROUP	0.00	960.00	WINTERS KITCHEN TABLE GROUP	0.00	542.86
EDEN VALLEY AT APPLGATE GROUP	0.00	217.64	LOOMIS WOMEN'S STEP STUDY	0.00	500.47	SERENITY BOOK & STEP STUDY GP	0.00	1,184.97	WOMAN'S 1212 STUDY GROUP	0.00	241.93
EL DORADO HILLS GROUP	158.68	552.20	MEDITATION WORKSHOP	0.00	150.00	SERENITY ON THE HILL	0.00	302.00	WOMEN'S STEP STUDY II GROUP	0.00	450.00
ELK GROVE FELLOWSHIP	0.00	1,377.38	MEN AT WORK	0.00	200.00	SERENITY SEEKERS	0.00	337.50	WOMEN IN RECOVERY, PLACERVILLE	0.00	40.00
ELK GROVE SOBRIETY SISTERS	0.00	470.00	MNNYPAA	0.00	100.00	SHARING AND CARING FELLOWSHIP	0.00	1.51	WOMEN OF EXTRAVAGANT PROMISES	0.00	416.91
ESPEE FELLOWSHIP	75.00	625.00	MONDAY NIGHT BIG BOOK STUDY	88.00	183.00	SIERRA STEP SISTERS GROUP	29.41	173.16	WOMEN SEEKING SERENITY	0.00	250.00
EVERY IMAGINABLE REMEDY	0.00	143.74	MORE WILL BE REVEALED	0.00	300.00	SIERRA WEDNESDAY AM GROUP	0.00	240.00	WOMEN TO WOMEN CONFERENCE NOR CA	1,000.00	1,025.00
FAIR OAKS BEGINNERS GROUP	0.00	673.03	MORNING BIG BOOK STUDY GROUP	0.00	52.00	SISTERS IN SOBRIETY	0.00	150.00	WOODLAND ONLINE GROUP	0.00	155.00
FIRESIDE BOOK STUDY	0.00	84.00	MOTHERLODE FWP	0.00	864.33	SISTERS IN SOLUTION	0.00	325.00	WOODLAND TRADITIONAL GROUP	10.00	360.00
FIRST THINGS FIRST GROUP	0.00	40.00	MYSTIC CHIX GROUP	0.00	170.00	SISTERS OF SOBRIETY (PLACERVILLE)	0.00	24.23	YUBA CITY 329 GROUP	0.00	47.00



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Aug 23 Jan - Aug 23  
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Meeting Name: \_\_\_\_\_ Meeting Address: \_\_\_\_\_  
 Meeting City: \_\_\_\_\_ Group ID#: \_\_\_\_\_ Phone #: \_\_\_\_\_  
 Day: \_\_\_\_\_ Time: \_\_\_\_\_ oAM oPM \$ Amt: \_\_\_\_\_



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