



Sacramento Spring Fling 2024



Pre-Registration is \$40 (\$45 at the door)
Pre-registration is also available online through

PayPal

www.sacspringfling.org

Pre-registration final date is January 31, 2024

Souvenir pre-orders final date is Jan. 19, 2024

Spring Fling Lineup of Events

Registration Hours:

Friday: 12:00 noon to 8:00 p.m.

Saturday: 9:00 a.m. to 8:00 p.m.

Sunday - Registration closed

NO SAVING SEATS 15 MINUTES PRIOR TO MEETINGS

Friday 2/09/2024

12:00 noon: A Archives (closed during speaker mtgs)
3:30 p.m.: Kick-off Speaker: Chris R., Sacramento
5:00 p.m.: Al-Anon Speaker: Tom B., Westminster CO
7:00 p.m.: AA Speaker: Danny B., Spring TX
9:00 p.m.: Comedian Mark Lundholm (Fundraiser-add'l \$25)

Saturday 2/10/2024

10:00 a.m. to 10:00 p.m.: AA Archives (closed during speaker meetings)
10:00 a.m.: AA Speaker: Deborah C., Laguna Beach CA
1:00p.m.: Al-Anon Speaker: Judy K., Reno NV
3:00 p.m.: Young People: Allen W., Tustin, CA
5:30p.m.: Banquet Speaker: Steve L., Nashville TN
8:00 p.m.: AA Speaker: Deb H., Akron, OH
10:00 p.m.: Dance and Karaoke

Sunday 2/11/2024

10:00 a.m.: AA Speaker: Polly P., Jacksonville FL

H&I panels, Al-Anon meetings, Big Book studies, and Marathon meetings are held throughout the weekend.

Sacramento Spring Fling Group of
Alcoholics Anonymous
(with Al-Anon participation)
is hosting the
46th Annual Spring Fling
Conference



February 9, 10, 11, 2024
DOUBLETREE BY HILTON
2001 Point West Way
Sacramento, CA 95815
Free Parking

LODGING RESERVATIONS
800-686-3775

MUST BOOK BY JAN. 19TH FOR CONFERENCE RATE

REMEMBER

When booking your room:
Please say you're with the

"SACRAMENTO SPRING FLING"



Chairperson: Paul G. (916) 997-4870
Co-Chair: Cathy S. (916) 708-2382
Registration: Text - Cyndi G. (916) 968-3212

Spring Fling Pre-Registration

Pre-Registration is \$40 (\$45 at the door)
(price includes thumb drive of all speakers)

AA Registration @ \$40 each = _____

Al-Anon Registration @ \$40 each = _____

Scholarship/Donation \$ _____

AA Banquet _____ @ \$65 each = _____

Al-Anon Banquet _____ @ \$65 each = _____

Banquet Choice:

Salmon _____ Chicken _____ Vegie Pasta _____

Comedian Mark Lundholm (Fri. night Fundraiser)

_____ tickets @ \$25 each = _____

Dance (Sat night) _____ tickets @ \$5 each = _____

Yoga (Sat. at 8 am & 10:30 am) \$2 at the event

SOUVENIRS

Limited souvenirs available at the conference.

Hoodie Pullover Sweatshirt: _____ @ \$30 each = _____

Circle Size: S M L XL 2X 3X 4X _____

Crew Neck Sweatshirt: _____ @ \$30 each = _____

Circle Size: S M L XL 2X 3X 4X _____

Short-Sleeve T-Shirt: _____ @ \$15 each = _____

Circle size: S M L XL 2X 3X 4X _____

PLEASE ADD \$3 EACH FOR SIZES 3X AND 4X _____

Souvenir Tote Bag _____ @ \$10 each = _____

Personalized Souvenir Mugs sold at the conference.

TOTAL AMOUNT ENCLOSED: \$ _____

PLEASE PRINT LEGIBLY:

Name _____

Email _____

Phone Number _____

PLEASE MAKE CHECKS PAYABLE AND MAIL TO:

Sacramento Spring Fling

P.O. Box 661685

Sacramento, CA 95866-1685