



Central California Fellowship of AA



By The Way

9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org 916-454-1771

MARCH 2024



42nd Annual Woman to Woman Conference



**Fri-Sun, April
12, 13 & 14,
2024**

**Check out
p11 of
BTW for
more info!**

Step Three and the Serenity Prayer

Then it is explained that other Steps of the A.A. program can be practiced with success only when Step Three is given a determined and persistent trial. This statement may surprise newcomers who have experienced nothing but constant deflation and a growing conviction that human will is of no value whatever. They have become persuaded, and rightly so, that many problems besides alcohol will not yield to a headlong assault powered by the individual alone. But now it appears that there are certain things which only the individual can do. All by him self, and in the light of his own circumstances, he needs to develop the quality of willingness. When he acquires willingness, he is the only one who can make the decision to exert himself. Trying to do this is an act of his own will. All of the Twelve Steps require sustained and personal exertion to conform to their principles and so, we trust, to God's will.

It is when we try to make our will conform with God's that we begin to use it rightly. To all of us, this was a most wonderful revelation. *Our whole trouble had been the misuse of willpower. We had tried to bombard our problems with it instead of attempting to bring it into agreement with God's intention for us.* To make this increasingly possible is the purpose of A.A.'s Twelve Steps, and Step Three opens the door.

Once we have come into agreement with these ideas, it is really easy to begin the practice of Step Three. In all times of emotional disturbance or indecision, we can pause, ask for quiet, and in the stillness simply say: "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference. Thy will, not mine, be done."

Twelve Steps and Twelve Traditions, Page 40-41.

❖ Master Calendar	2-3
❖ Speaker Meetings, Group News & Events	4-5
❖ Birthdays	6-7
❖ Group Insurance	8

❖ March 3 rd Step/Traditions/Concept	9
❖ Feb Delegate Meeting Minutes	13-16
❖ NCCAA 75th Annual Conference Flyer	18
❖ Group Contributions	19

BTW SUBSCRIPTION SERVICE



delivered to your home, inbox, or both!
Mail only - \$15 Email only- \$5 Combo - \$19

Gift a lucky fellow a
BTW subscription!

CCF DELEGATES' MEETING

Saturday, March 16th

Meeting Begins at 3:00PM
New delegates arrive at 2:30pm
Online only, Zoom Meeting
Meeting ID: 929 9218 9084

Dial in: +1 669 900 6833 code 929 9218 9084#

Password: 912051

Meets the third Saturday each month



SUBMIT GROUP UPDATES

New Delegate?
New Treasurer?
New Meeting Info?
Change of Meeting Schedule?
Change of Group Mailing Address?

Tell CCFAA all about it!



PI/CPC COMMITTEE

Including all members from Area 7 -

Central California Interior Area

Tuesday, March 26th at 6:30 PM

Zoom Meeting ID: 920 7882 8921 Passcode: 013192

To volunteer email: picpc@aasacramento.org

NEW!! Now Meets on the 4th Tuesday of the month

H & I MONTHLY MEETING

Tuesday, March 19th at 6PM @ Denny's

7900 College Town Dr - Howe Ave & Hwy 50

We have an ongoing need for volunteers.

Contact the Area 42 Chairman, Roger M.. for more
information email: centraloffice@aasacramento.org

Meets monthly on the 3rd Tuesday

BOARD OF DIRECTORS COMMITTEE

Tuesday, March 12th

Meeting Begins at 6:00PM

Online, Zoom Meeting ID: 924 5843 5425

Password: 791746

Meets monthly the Tues. before the CCF Delegate's Meeting

Teleservice / Teledesk Hotline Updates

Alcoholics Anonymous Teleservice, also known as the A.A. Hotline, serves alcoholics who are in need of help. We help them to locate meetings in their area or provide them with someone to talk to in times of crisis.

Teledesk - AA Hotline calls at CCF Office (M-F 9a-5p)

Teleservice - AA Hotline calls w/Volunteers (All other days hours)

<https://aasacramento.org/service-opportunities/teleservice/>

We would love to have you join our Hotline team. If you have at least six (6) months of sobriety and would like to be of service please contact Central Office at 916-454-1771 or email: hotlinehelpers@gmail.com



Teleservice Activity Report December 2023

See the monthly Teleservice Report in Delegates Minutes

Teleservice	January YTD	
12 Step	33	33
Meetings/Info	156	156
Total Calls	189	189

TeleDesk Activity Report January 2024

TeleDesk	January YTD	
12 Step	9	9
Meetings/Info	282	282
Total Calls	291	291

BY THE WAY NEWSLETTER SERVICE

We need volunteers to help with the assembly of the Flyer Mailing on **Mon, March 11th** at 9:30 a.m. & **Fri, March 29th** the By The Way mailing on at 9:30 a.m.



Volunteer Dates for Upcoming 2024 Mailings

Central Office would like to have volunteers arrive at 9:30AM on the dates below. Free coffee and donuts are available in exchange for a couple of hours of your time to assist in the monthly mailings.

	<u>Flyer Mailing</u>	<u>By The Way Mailing</u>
March	Mon., March 11	Fri., March 29
April	Wed., April 10	Wed., May 1
May	Fri., May 10	Fri., May 31
Jun	Mon., June 10	Fri., June 28



SERVICE CORNER

*Join the
BTW Committee!*
~Service to CCFAA~

Anyone interested in learning how you can be of service to our BTW committee, please contact thebtw@aasacramento.org or contact Central Office.

- We will train and orient anyone interested in service, on the job, throughout your service
- All computer skill sets are valuable
- Some examples of roles always in need: Content collectors, "proof-readers", typists, editors, writers, artists, graphic/content designers
- Most service can be done from comfort of your home on your own time
- We meet monthly online, and collaborate as needed

**WANTED:
BTW
Committee
members**

**Let's allow
the Hands of
AA always
to be there!**

Central Office Hours

Mon. - Fri. 9a - 5p
Saturday 10a - 2p

APRIL CLOSURES:

Caesar Chavez Day - Mon, April 1st



Volunteers

TeleDesk Volunteers & Subs

Alexander G.	Jose S.
Bob S.	Kim J.
Cheryl "Red"	Peter G.
Cindy F.	Sharon S.
Elaine A.	Suzanne B.
John F.	

Sales Desk

Ann A.	Jason S.
Beth B.	Jose S.
Cindy F.	Ron H.
Cindy Jo M	Suzanne B.
Dale M.	

Bulk Mailings - Jason S.

Webmaster - Teague S.

BTW & Flyer Mailing

Bill E.	Mike K.
Dlorah B.	Pete G.
Gary S.	Steve O.
Jay R.	Vim

BTW Committee

Angie G.	Phred S.
Karina K.	Tom J.

Celebrating March Birthdays!

Steven O. - 37 Years
Mike K. - 22 Years
Jeannie L. - 7 Years
Jeff M. - 4 Years
Houston - 2 Years



WHERE GRATITUDE IS AN ACTION WORD!

We at Central Office are very grateful for those who show up on a regular basis and those who just drop by and ask if there is any way that they can be of service. We could not provide the services to the groups in such an efficient manner without the help of our reliable and willing volunteers.

WEEKLY SPEAKER MEETINGS

EL DORADO HILLS GROUP - WHEN: Sundays @ 7-8p **WHERE:** 1001 Olson Lane, El Dorado Hills, St. Stephen's Lutheran Church, Rm: Community Hall

FOLSOM WAY OF LIFE GROUP - WHEN: Thursdays @7p Speaker/Participation meeting. **WHERE:** 450 Blue Ravine Rd., Journey Church Fellowship Hall, Folsom.

RIVER CITY SPEAKERS ~ NEW LOCATION ~ WHEN: Fri 7:30p **WHERE:** 3532 Whitney Ave., Sac @ Faith Legacy Church. **SPEAKERS:** (3/1) Gabe C. - Napa (3/8) Dannon C. - Fair Oaks (3/15) TBD (3/22) John A. - Dallas, TX

ROSEVILLE TUESDAY NIGHT GROUP ~ WHEN: Saturdays @ 7p - **WHERE:** 315 Lincoln St, Roseville. **SPEAKERS:** (3/2) Joe P., Primordial Ooze (3/9) Erica C., RTNG (3/16) Ralph C., Pioneer (3/23) Warren T., Rocklin Racetrack (3/30) Diego C., A Way Out

WOODLAND TRADITIONAL GROUP - WHEN: Thursdays 7:30p **WHERE:** 418 Main Street, Woodland ~ Behind Timothy's Bakery, Entrance through the rear of the building.

MONTHLY SPEAKER MEETINGS

AUBURN FELLOWSHIP ~ WHEN: Third Sat. of the month @6:30p **WHERE:** 244 Palm Ave, Auburn.

DAVIS HOPE GROUP ~ WHEN: First Sat. of the month @ 7p **WHERE:** St. Martin's Church, 640 Hawthorn Ln, Davis.

DRUNK SQUAD ~ WHEN: Last Fri. of the month @7p-8:15p **WHERE:** The Hut, 7973 Park Dr. #E, Fair Oaks. Bring a chair to sit on.

ELK GROVE FELLOWSHIP POTLUCK/SPEAKER/BIRTHDAY MEETING ~ WHEN: Last Sat. of the month. Potluck: 6p, Speaker: 7p, Birthdays: (with Cake) 8p **WHERE:** Native Sons Hall, 9151 Grove St, Elk Grove, (corner of Kent and Grove).

FORESTHILL BENT NICKEL GROUP ~ BIRTHDAY NIGHT/SPEAKER MEETING ~ WHEN: Last Thu. of the month @7p Birthday Celebration, @7:30p-8:15p Speaker Meeting. **WHERE:** 20801 Todd Valley Rd, Forrest Hill, Calvary Bible Church.

FREEDOM GROUP SPEAKER/BIRTHDAY ~ WHEN: Last Mon of the month 7:30p **WHERE:** Faith United Methodist Church, 3600 J St, Sacramento.

GALT FELLOWSHIP ~ WHEN: First Sat. of the month. Dinner: 6p Speaker: 7p **WHERE:** Galt Methodist Church, 571 C St, Galt.

GROUP ONE ~ WHEN: Third Sun of the month, the noon meeting is a speaker meeting. **WHERE:** 2804 T St, Sacramento.

GROUP THREE ~ WHEN: Third Sat of the month @6p **WHERE:** 9940 Business Park Dr #110, Sac. No Speaker Meetings in Nov. or Dec. Speakers: 10 Min -TBA, Main-TBA.

GROUP THREE ONLINE ~ WHEN: First Sat of the month @6p **WHERE:** Meeting ID: 198-018-629 PW: 1945, No Speaker Meetings November or December

LGBT DIVERSITY FELLOWSHIP ~ WHEN: Last Fri of the month at 7p **WHERE:** Woodland Group, 96 West Main St Suite B., Woodland.

MIDTOWN SOLUTIONS ~ WHEN: Last Sat of the month at 7p -8:15p. **WHERE:** 2903 30th St, Sacramento.

MOTHERLODE FELLOWSHIP ~ WHEN: First Sat of the month at 7:30p **WHERE:** 677 Pleasant Valley Rd, Diamond Springs.

MONTHLY SPEAKER MEETINGS cont'd

NEW HOPE GROUP ~ WHEN: Last Sat of every month at 630p **WHERE:** United Methodist Church, 9849 Fair Oaks Blvd, Fair Oaks.

NORTH HALL GROUP ~ WHEN: Third Sat of the month at 8p **WHERE:** 3501 2nd Ave, Sacramento.

NORTH SACRAMENTO GROUP ~ WHEN: First Sat of the month at 7p-8:30p **WHERE:** 2330 Fairfield St, Sacramento.

OAK PARK FELLOWSHIP ~ WHEN: Third Fri of the month at 7p **WHERE:** 2940 42nd St, Sacramento.

PLAYPAA MEETING ~ WHEN: First Sat of the month; 6-7:30p. **WHERE:** 301 Tahoe Ave. Roseville. Followed by an event.

RIO LINDA FELLOWSHIP ~ WHEN: Second Fri of the month. Cookies/Coffee @6p, Speaker @7p ~ **WHERE:** Rio Linda Fellowship, Calvary Lutheran Church, 515 L St, Rio Linda.

SACRAMENTO MONTHLY SPEAKER MEETING ~ WHEN: Second Sat. of the month. Doors @7, Meeting @8p-9:30p ~ **WHERE:** Centennial United Methodist Church, 5401 Freeport Blvd, Sacto. **SPEAKER:** Ken M., - Vacaville. Please Join us & the speaker before the meeting at Selland's Market Café, 915 Broadway, Sacramento

SACYPAA ~ WHEN/WHERE: 4th Sat of the month. Go to www.sacypaa.org for more info.

SHARING & CARING ~ MONTHLY SPEAKER MEETING ~ WHEN: Second Sat. of the month @ 8-9:30 p **WHERE:** 4955 A. Marconi, Carmichael

TRADITIONAL GROUP ~ MONTHLY SPEAKER MEETING ~ WHEN: Third Sat. of the month @ 8p **WHERE:** 1355 Fulton Ave. Sacramento

WOODLAND GROUP MONTHLY SPEAKER MEETING & POTLUCK ~ WHEN: First Sat. Potluck @6p Speaker Meeting @7p **WHERE:** 96 West Main St. SUITE #B, Woodland

QUARTERLY SPEAKER MEETINGS

EAST YOLO FELLOWSHIP QUARTERLY SPEAKER MEETING/POTLUCK ~ WHEN: 3/16th Potluck starts at 6p/ Speaker at 7p. **WHERE:** 910 Sacramento Ave, W. Sac. **SPEAKERS:** Maria C. of Happy Hour & Kristen O. of Oak Tree ~

NEW GROUPS & MEETINGS

DAVIS HOPE GROUP (1 Hour, Open, Literature Meeting) ~ **WHEN:** Wed 4p **WHERE:** 2990 5th St., Davis, Creekside Apartment Community Room. Park on Street. 4th Wed is a Speaker Meeting.

FE Y ESPERANZA ~ (Open, Spanish) ~ **WHEN:** Mon-Fri @ 8p-10p **WHERE:** 2751 Fruitridge Rd, Sacramento

GROUP ONE ~ (open, newcomer) ~ **WHEN:** Sun @ 7p ~ **WHERE:** 2804 T St., Downtown Sacramento

KEEP IT SIMPLE GP ~ (Open, Online) ~ **WHEN:** Wed @ 7:30p **WHERE:** Zoom ID: 686-135-1823 PW: SOBERLIFE

MIDTOWN SOLUTIONS ~ (Open, Newcomer, Discussion) ~ **WHEN:** Mon @ 10p **WHERE:** 2907 30th St., Sacramento

NAMASTE AA ~ (Closed, Women, Hour) ~ **WHEN:** Sun @ 1:30p **WHERE:** 93496 Greenback Ln, Orangevale - American River Alano Club

NORTH HALL ~ (Open, LGBTQ+, Living Sober) - **WHEN:** Sat @ 6p ~ **WHERE:** 3501 2nd Ave., Sacramento, and online MTG ID: 988-533-643

NEW GROUPS & MEETINGS (cont'd)

NORTH HALL ~ (Open, LGBTQ+) - **WHEN:** Fri @ 6p ~ **WHERE:** 3501 2nd Ave., Sacramento

RECOVERY AT NOON GP ~ (Open, Hour) **WHEN:** Mon-Fri @ Noon **WHERE:** MTG ID: 89452369560 PW: nooners

RESTORED TO SANITY ~ (Closed, Yoga, Big Book) ~ **WHEN:** Wed 4p - 5:15p **WHERE:** 9346 Greenback Ln, Orangevale American River Alano Club

ROCKLIN FWP ~ (Open, Online) ~ **WHEN:** Fri @ 1p (Open, 12&12) & Sat @ 1p (Open) **WHERE:** Zoom ID: 847 4273 6459, PW: Rocklin

SIGUE VINIENDO ~ (Open, Spanish) ~ **WHEN:** Tue @ 7p **WHERE:** 770 Pole Line Rd, Davis - Pole Line Road Baptist Church

TRADITIONAL GROUP ~ (Open, Daily Reflections) ~ **WHEN:** Tue & Thu @ 7a **WHERE:** 1355 Fulton Avenue, Sacramento

GROUP ANNOUNCEMENTS

GRANITE BAY LAKESIDE GP ~ NEEDS SUPPORT! ~ WHEN: SAT @ 7p **WHERE:** 6365 Douglas Blvd, Granite Bay - Lutheran Church

THE BEST IS YET TO COME (TBIYTC) ~ MOVED! ~ WHERE: 10370 Old Placerville Rd. Ste 107, The Salvation Army Rancho Cordova Community Hub

GROUP UPDATES & CHANGES

GROUP ONE ~ WOMEN'S MTG CHANGE ~ WHEN: now meets Sat @ 5:30p **WHERE:** 2804 T St., Downtown Sacramento

MEDITATION WORKSHOP ~ TIME CHANGE ~ WHEN: M,W,F @ 10 am **WHERE:** 9346 Greenback Ln., Orangevale, American River Alano Club

OAK TREE FWP ~ ONLINE MTG CLOSURE ~ WHEN: Fri @ 6:30 online meeting is canceled

PHOENIX FWP ~ NEW MTG ID ~ WHEN: Tues 5:30p **WHERE:** New Zoom Mtg ID 837-9937-9987 PW: 1212

ROCKLIN FWP ~ ONLINE MTG CLOSURES ~ WHEN: Fri & Sat @ 7:00 pm **WHERE:** online only. These two (2) meetings have been temporarily discontinued.

THE BEST IS YET TO COME (TBIYTC) ~ WE'RE MOVING! ~ WHEN: Jan 9th ~ **WHERE:** 10370 Old Placerville Rd. Ste 107, The Salvation Army Rancho Cordova Community Hub

THE ONLY REQUIREMENT ~ DAY CHANGE ~ WHEN: now meets Fri @ 5:30p, not Thu ~ **WHERE:** The Well Church, 301 Tahoe Ave., Roseville

TUESDAY CORDOVA K.I.S.S. ~ TIME CHANGE ~ WHEN: Tue new start time is 7p ~ **WHERE:** 11223 Trinity River Dr, Sun River Church

SPECIAL EVENTS

NCCAA 75th SPRING CONFERENCE ~ WHEN: March 15th – 17th **WHERE:** Holiday Inn San Jose – Silicon Valley 1350 North 1st, San Jose, CA 95112
Pre-Register by March 1st., Book your hotel by 2/13 to receive Convention Rate. <https://norcalaa.org/>

NCCAA SACRAMENTO HOST COMMITTEE PLANNING MEETINGS ~ HYBRID ~ WHEN: 3/24 @ 12pm **WHERE:** Group Three 9940 Business Park Dr. #110, Sac. & MEETING ID: 845 0473 0296 PASS: NCCAAAsac.
NCCAA is in Sacramento again, celebrating 75th Annual Fall Conference. Come be of service and be part of the Host Committee. Monthly meetings scheduled for 3/24, 4/21, 5/5, 6/30, 7/21. Visit norcalaa.org for more information

DAILY ATTITUDE ADJUSTMENT H & I WORKSHOP ~ WHEN: 3/27 @ 11am **WHERE:** 8137 Sunset Ave #150, Fair Oaks. We will have food and fellowship

27th ANNUAL SUTTER BUTTES ROUNDUP ~ WHEN: 4/20 10a – 9p **WHERE:** [1333 Butte House Rd, Yuba City](https://aasacramento.org/event/27th-sutter-buttess-roundup/) @ Ettl Hall Pre-Registration \$17 by 4/10 \$20 at the door. More Details <https://aasacramento.org/event/27th-sutter-buttess-roundup/>

TELESERVICE WORKSHOP ~ WHEN: 4/24 6p-8p **WHERE:** Online – Meeting ID: 844 2868 1354 Pass: TS2024

DAILY ATTITUDE ADJUSTMENT ~ 37TH ANNUAL SPEAKER MTG / POTLUCK ~ WHEN: Sat. May 4th Doors @ 5p **Main Speaker @ 7p** (Tim A from Laguna Beach), Dance & DJ till 10p. **WHERE:** Mission Oaks Community Center ~ 4701 Gibbons Dr, Carmichael ~ **FOOD:** Meat & coffee provided, Drinks available for purchase.

5TH ST. ROSEVILLE 33RD ANNIVERSARY ~ Beyond Your Wildest Dreams * Speaker Mtg/Dessert Potluck ~ WHEN: May 11 @ 6-9p Raffle & Dance to follow. **WHERE:** Maidu Community Center, 1550 Maidu Dr, Roseville


Got Special Event Flyers?

Central Office can **print and mail** your Group's Event Flyers to 300+ CCFAA Groups to get the word out!

Email your announcements, flyers, and printing requests to:
centraloffice@aasacramento.org

Printing & Postage Fees [HERE](#):



	YEARS		YEARS			YEARS		YEARS	
AA UNITY		ELK GROVE FWSHIP (cont.)				GROUP 3 (cont.)		NEWCASTLE FRIDAY NIGHT	
Verle V.	30	Bradley O.	11	<div><h1>MARCH</h1><h2>Birthday Club</h2><p>Chris J. - 40 Years Stan J. - 34 years - 1/7/90 Dartmore H. - 31 years Jenny C. - 17 years - 3/13/07</p></div>		Thomas A.	2	Jan P.	44
Teena	22	Rita S.	4			Angel L.	1	Jay H.	35
Mike K.	22	Shanel L.	2			Frank E.	1	Tom M.	8
Cynthia	20	Leticia	2			Isahis R.	1	Case J.	7
Teri	8	Cece D.	2			Jena N.	1	NORTH HALL	
CITRUS HEIGHTS GROUP		Jason A.	1	GROUP 3 (cont.)		Keven S.	1	Inez S.	49
Betty H.	24	Erin P.	1			Kimberly B.	1	Steve W.	40
John W.	18	Eric J.	1			Lance W.	1	Margarita M.	33
Monica D.	7	FAIR OAKS BEGINNERS		Sue C.	32	Rick Mc.	1	Rikki	33
Darrin T	2	Carol C.	32	Kelly L.	27	Rudy	1	Roy A.	14
COURAGE TO CHANGE		Brenda W.	29	Connie S.	22	GROUP ONE		Kyle K.	9
Ron U.	38	John W.	18	Carrie R.	16	Mark S.	14	Adrian	7
Caroline S.	36	Lesley R.	2	David G.	16	Bob B.	14	Randi R.	7
Sharon W.	36	Linda	2	Don H.	12	Aaron B.	12	Michelle S.	3
Norm J.	32	Jess T.	1	Lois K.	12	Sarah W.	10	Tim B.	3
Sharon S.	28	FRIDAY NIGHT CARMICHAEL		Trennie R.	12	Joann P.	9	Mal N.	2
Peggy M.	9	Nancy	20	Fidel P.	10	Mark T.	8	OAKTREE FELLOWSHIP	
DAILY ATTITUDE ADJUSTMENT		GIBBONS NOON GROUP		Stacey B.	10	Chase T.	6	Linda M.	40
Shirley R.	26	Memphis	46	Chris C.	8	Debby T.	5	Patrick H.	37
Mike K.	22	Chris J.	40	Nik S.	8	Michelle W.	4	Dereck J.	26
Jenny C.	17	John D.	39	Jeannie L.	7	David C.	4	Susan R.	20
Jake C.	10	Jersey Bill	12	Brian V.	6	Paula R.	3	Lisa A.	16
Kevin B.	6	Dave B.	10	Kevin B.	6	Sara C.	3	Nona	16
Jeffery S.	5	Kenny P.	6	LaVina T.	6	Steve W.	2	Angela	9
Renee R.	3	Sven L.	5	Cassondra H.	5	Johnny S.	2	Wayne	7
DAILY DIRECTION		Jeremy B.	3	Erinn E.	5	Shelby P.	2	Kate M.	5
Jenny C.	17	Brian H.	1	Steve A.	5	Raushaah A.	2	Casey T.	3
Mike S.	16	Meg H.	1	Briena K.	3	Rori J.	2	Ann S.	2
Peter T.	16	GREENHAVEN GROUP		Brittany G.	3	Trevor S.	2	Kurt Z.	2
John W.	10	Lynn	11	Debby D.	3	Jessica H.	2	Sherry	1
Kelly D.	8	Kim J.	1	Kayden PW.	3	Connor W.	1	Page B.	1
April V.	1	GROUP 3		Kelly P.	3	Kristopher J.	1	<div>MARCH Birthdays</div> <div>... Continued on page 7</div>	
Jason N.	1	Robert S.	43	Maliah F.	3	Evan H.	1		
ELK GROVE FELLOWSHIP		Tom S.	43	Alisia R.	2	Sunny	1		
Mark C.	41	Dean M.	41	Angela P.	2	Oleander A.	1	<div>3,875</div> <div>TOTAL YEARS OF SOBRIETY!</div>	
Linda M.	40	Steve W.	40	Cecilia D.	2	INTO ACTION			
Verle S.	30	Jim R.	35	Dave B.	2	John D.	39		
Kathy C.	25	Harriet B.	34	Emily T.	2	Candy M.	20		
Lupe V.	13	Randy J.	34	Kate M.	2	Nancy H.	20		
Roger N.	13	Brooke Mc.	32	Kimberly P.	2	Nicki B.	6		
Kent A.	11	Melissa B.	32	Mikala B.	2	Jenifer W.	2		

MARCH Birthdays

... Continued on page 7

3,875

TOTAL YEARS OF SOBRIETY!

MARCH BIRTHDAYS CONTINUED FROM Pg. 6

LATE FEBRUARY

YEARS	YEARS	YEARS	YEARS
RANCHO MURIETA GROUP	ROSEVILLE 5TH STREET (cont.)	SERENITY BOOK & STEP (cont.)	WHAT A WAY TO START WKND
Nancy W. 19	Bruce H. 8	Caroline 36	Sharon B. 14
Johnna Y. 7	Daniel A. 6	Phil. L. 34	Bonnie F. 1
Christine N. 5	Alex H. 3	Tonja S. 22	Jennifer M. 1
RIO LINDA FELLOWSHIP	Casey C. 2	Jeffrey S. 5	Lesley R. 1
Lynne S. 42	Emma H. 2	SERENITY SEEKERS	WOMEN FOR WOMEN
Margarita M. 33	Rob L. 2	Georgia H. 45	Shirley R. 26
Theresa C. 29	Sean M. 2	Linda D. 33	WOODLAND GROUP
Alvie R. 15	Sophie M. 2	Alan C. 24	Susie R. 29
Barb D. 11	Travis R. 2	TRADITIONAL	Maurie R. 18
Lloyd Mc. 10	John N. 1	Dean M. 43	Krista S. 16
Tabatha S. 10	Nathan G. 1	Tom S. 43	Michael M. 15
Marie R. 9	ROSEVILLE EAST SIDE	Tim R. 34	Brenda M. 7
Colleen B. 6	Lisa D. 20	Tim W. 23	Lucia L. 5
Salvador R. 5	ROSEVILLE TUESDAY NIGHT	Pauline D. 22	Jeneca 3
Tom O. 4	Terry W. 44	Teena W. 22	Chris K. 2
Michelle S. 3	Dan B. 41	Tonja S. 22	Elliot R. 2
Chelsea W. 2	Renee 38	Mark N. 20	Blake F. 1
Seth M. 2	Jospeh S. 36	Tina C. 19	Joshua R. 1
Marcus C. 2	Debby D. 19	Shannon J. 14	Michael M. 1
Steven T. 1	Kimi C. 17	Ann L. 13	Nikki T. 1
Brenda H. 1	Sarah V. 15	Tracie D. 9	
Steve M. 1	Jenn R. 10	Claudia K. 8	
ROCKLIN RACETRACK	Noreen D. 8	Patty T. 7	
Wendy R. 42	Manu 7	Maurice S. 6	
Mike C. 34	Alex B. 3	Sandra C. 6	
Amy F. 32	Debbie 3	Debbie T. 5	
Gordie M. 30	Jeneca K. 3	Darren T. 4	
Thomas K. 22	Kimberly S. 3	Aaron M. 3	
Pam S. 10	Stephanie B. 3	Becky J. 3	
Michelle G. 8	Deanna M. 2	Eric W. 3	
Craig P. 5	Arturo 1	Anne E. 2	
Becky J. 3	Inna 1	Corrie F. 2	
ROSEVILLE 5TH STREET	Mitzi 1	Robert W. 2	
Bruce O. 39	Pat J. 1	Sarah J. 2	
Greg S. 36	Sarita A. 1	Tom K. 2	
Renee P. 28	Shayne 1	Brian S. 1	
Rick B. 21	ROUND TABLE AA	Cork P. 1	
Greg M. 18	David W. 5	John E. 1	
Larry S. 18	Kim S. 3	Ruth T. 1	
Lisa T. 15	SERENITY BOOK & STEP STUDY	Tom U. 1	
Michaleen M. 9	Loretta C 37		

DAILY DIRECTION	
MargaretRose	22
Timo H.	11
Amber C.	8
John B.	4
Sandy S.	4
Jay C.	2
GREENHAVEN GROUP	
Tony W.	22
Rob S.	22
Benjamin W.	5
Keith L.	3
Matthew M.	1
SERENITY SEEKERS	
Bob B.	45
Jennifer Q.	29
Bonnie S.	42
Bonnie R.	11



In Memoriam Birthdays



Terry F., 30 yrs Rio Linda FWP

Submit publication in memory of a loved one: centraloffice@aasacramento.orgPublish your
Home Group's

Birthdays

here in the BTW

APRIL submissions due by
FRIDAY, MARCH 15, 2024SEND \$ AMOUNT (+/-)
YEARS
OF SOBRIETY TO
CENTRAL OFFICE!SEE PAGE 6 FOR
CURRENT BIRTHDAY CLUB LIST

GROUP INSURANCE



Starting **January 15, 2024** we will begin
open enrollment for group insurance.

All groups in need of insurance must fill out an
application and submit payment by

March 31, 2024

regardless of previous insurance status.

Any questions contact Central Office at 916-454-1771 Mon - Fri: 9-2pm
or email centraloffice@aaasacramento.org

PREVIOUS POLICIES DO NOT ROLL OVER

PRICING & FAQ

[Group Insurance Pricing & FAQ Flyer](#) << Updated for 2024

ANNUAL GROUP AA MEETING INSURANCE

[Group-Application and Renewal Insurance 2024 – PDF](#) << Updated for 2024

[Group-Application and Renewal Insurance 2024 – Word Doc](#) << Updated for 2024

SPECIAL EVENT INSURANCE (e.g. Alkathons, Picnics, Workshops, Anniversary Events, Dances/Potlucks)

[Special Event- Application Insurance 2024 – PDF](#) << Updated for 2024

[Special Event – Application Insurance 2024 – Word Doc](#) << Updated for 2024

Central Pricing Guide and Application are
available online at aaasacramento.org or at
the **Central Office**
9960 Business Park Dr. Ste #110
Rancho Cordova, CA 95827



[https://aaasacramento.org/other-resources/
group-insurance/](https://aaasacramento.org/other-resources/group-insurance/)

AA GRAPEVINE

The International Journal of Alcoholics Anonymous

Dear Friends and Fellows

AA GRAPEVINE, the international journal of Alcoholics Anonymous, will increase the price of its print magazine for the first time in over 12 years. The new price for a yearly subscription is \$36.00, effective April 15, 2024.

Grapevine has held the print magazine price steady through challenging times over the past four years — with costs for paper, printing, and shipping all increasing substantially. The Grapevine Board recognizes that we can no longer sustain the magazine's costs at the current price. Subscribers will receive discounts when ordering over multiple years, or by purchasing the "Complete" option, which includes the print magazine and full access to the website and our new mobile app. Digital subscription prices will stay at the current rates. Active subscribers will stay at their current rate until their term ends.

Please click the button below to read the complete announcement including full price change information, from the Publisher.

[Complete Announcement here](https://www.aagrapevine.org/announcement)

<https://www.aagrapevine.org/announcement>

The Third Step

"Made a decision to turn our will and our lives over to the care of God as we understood Him."

Step Three is like opening of a locked door. How shall we let God into our lives? Willingness is the key.

Page 139, Twelve Steps and Twelve Traditions

The Third Tradition

"The only requirement for A. A. Membership is a desire to stop drinking."

You are an A.A. member if you say so. You can declare your self in; nobody can keep you out. No matter who you are, no matter how low you've gone, no matter how grave your emotional complications—even your crimes—we still can't deny you A.A.

Page 139, Twelve Steps and Twelve Traditions

The Third Concept

To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."

"....every trusted servant and every A.A. entity—at all levels of service—has the right to "to decide ... how they will interpret and apply their own authority and responsibility to each particular problem or situation as it arises."

Pamphlet 8 - The Twelve Concepts for World Service Illustrated



wordsmithy

DECISION

Conclusion / Determination / Choice

"Made a decision to turn our will and our lives over to the care of God as we understood him." Pg 59 in *Alcoholics Anonymous*

We always welcome content contributions!

Submit recovery artwork, writings, jokes, and more!

The theme for each month is the step, tradition, and concept for the number of each month.

Writer's block?

Submit to centraloffice@aasacramento.org by the 15th of each month.

Can't think of a worthy topic to write about?

Consider this as a starting point to your journaling or submit to By The Way for a chance to be published!

Writing Prompt:

Can you think of things you have shown to give over to your Higher Power?

Can you remember what happened? Explain your experience, strength, and hope.

Program Puzzler: Step, Tradition, & Concept Three

L H D I D F L O R C D N L O G P M P Z Y
 C N E Z B K U B M O T E S E C U R E B U
 S P P K C M J L T N T H I X G D J T P N
 L E E Z O U Z W B T B J L C B R E H R D
 K H N M M U O V I E O N Y O Y F P B T E
 I H D O M F E C P M P P C M R Z O O N R
 J G E V E Q P H K P E V Q F T D W Q Q S
 R D N G N U Z M I L I H U O R W E P A T
 F E C D C F Q P U A Q S X R G H R D U O
 E C E K E T G U H T I D O T F W F C K O
 X I Q B A C T O R E H H Z A A M U X A D
 E S E L F I S H N E S S A B J T L N D J
 R I C O N V I N C E D N C L M U D D V G
 T O E Z U N P R E Q U I R E M E N T W B
 V N Z Q U F K A U L S P I R I T U A L J

COMMENCE
 SELFISHNESS
 UNDERSTOOD
 REQUIREMENT
 ACTOR
 COMFORTABLE
 CONTEMPLATE
 CONVINCED
 POWERFUL
 DECISION
 DEPENDENCE
 EXERT
 SPIRITUAL
 SECURE

WORD SEARCH

Across

3. sounds _____ and remote
6. to the _____ of God
9. a most wonderful _____
10. all sorts of _____ things followed
11. develop the quality of _____
13. take away my _____
16. backed by _____
17. bear _____
18. to the care, protection and _____
19. the _____ doesn't come off very well
20. this kind of _____

Down

1. this is only the _____
2. be _____ upon
4. first _____ is that we be convinced
5. driven by a hundred forms of _____
7. safe _____
8. how _____ we claim
12. as we _____ him
14. nothing short of _____ action
15. _____ with something or somebody



Solution to puzzle is on p. 12

42st Annual Woman to Woman Conference Fri-Sun, April 12, 13 & 14, 2024



- ★ Main Speakers 8p Friday & Saturday
- ★ AA and AlAnon Workshops, Panel & Topic discussion Meetings
- ★ Big Book Trivia - 630-730 pm Friday
- ★ Raffle
 - Contact to donate raffle basket

Conference Location

Wyndham Sacramento Hotel
5321 Date Ave, Sacramento, CA 95841

Online registration is now open!

<https://ncwomantowoman.org/>

You can also register in person at the
conference for \$40
starting at 3:00 PM on Friday April 12th

HISTORY OF THE NO. CA. WOMAN TO WOMAN CONFERENCE

The Thursday 5:45 PM meeting at Gibbons Club in Carmichael started Woman to Woman. The name of the group is Women's Happy Hour group and is still in existence.

A newly formed committee held a small meeting in 1980. It was at the home of Alma F. Gayle C. Pat V. Toni C. and Mary D. began the adventure. Shortly Doris S. and Jan V. became involved. It was held at the El Rancho Motel in West Sacramento. There were 60 women in attendance. There were meetings as well as a banquet speaker.

In 1981 we collected our own registrations and with that money bought flyers. No one had computers, printers or cell phones at that time. We had to hustle to get women interested. We always had to "sweat it out" to see if we had enough money to pay the bills. We had to learn to follow the AA traditions carefully. We check this out with AA New York office as well as our central office and were officially registered.

The 2nd conference was at the Woodlake Inn. The committee took turns be the chairperson for the conference and everyone pitched in to help. At the Woodlake Inn we bootlegged the hospitality coffee as we had no money for hotel coffee. Coffee was made in my bathroom and we supplied popcorn and munchies.

One year at the banquet speaker meeting we forgot the 7th tradition. Paying the hotel bill the next day was a scary adventure but our Higher Power must have helped because no checks bounced.

After 9 years we turned the gavel over to the Saturday morning women's group. The conference has continued to grow over the years and has become a very successful conference for women in AA.

Wow!

Wow! I thought I was tough all along. Liquid courage they say! Don't you know once I had arrived in Alcoholics Anonymous I became nothing but fear. Little did I know when saying the serenity prayer I was asking for courage. Which is standing in the face of fear and doing it anyway.

So at each step of fear, it became an opportunity to practice becoming courageous and my belief in a power greater than myself became known it was real. All I had to do was have a glimpse of hope and believe it is real. I saw it in you. I must work for myself too.

My sponsor taught me that it wasn't about the destination, it was about the journey. I wanted her to make the pain of my early sobriety days go away. Too much for any human. So I learned to believe there was a power greater than me. So I set on my way, with much fear, shame and guilt, to do the next right thing. It was just that simple. Not to worry about what tomorrow will bring, just not take a drink no matter what. And don't you know through these little actions I was learning to take little leaps of faith, and with continued support from the fellowship, my family and of course my sponsor and doing my part I suddenly realized together we made it through the rough stuff and freedom was the result. Faith was gained.

Angie G, Sacramento CA

Your contributions to CCF keep our office running. Here are easy 7th tradition donation QR codes for CCF Venmo and CCF Paypal.



January 3, 2024

Check out this Credit Policy update!

CCFAA Credit Policy

1. Policy Statement

The purpose of the policy is to make it easier for our members to support A.A.'s mission of carrying the message of recovery by facilitating the ability to purchase goods and services. This Credit Policy clearly sets out the processes for the issue, payment, and retention of invoices. It also states the requirement for Registered Groups to keep CCFAA apprised of contact information.

Check out on aasacramento.org:
CCF Policy Statements [CCFAA Credit Policy](#)

Coming soon!



This year we are working to bring a full and comprehensive report about 2023 to the Fellowship. This report will include information such as; meeting stats, financials, service work of our committees, highlights for the year, and so much more.

Look for the 2023 Annual Report online at aasacramento.org at the end of April or ask your group's CCFAA Delegate for more information.



**Word Search
Puzzler
p. 10
Solution**

I. Opening – February 17, 2024

- A. Call to order at 3:00 pm
- B. Open with Serenity Prayer
- C. 12 Traditions read by - Jacob O.
- D.CCFAA Preamble read by - Alie T.
- E. 7th Tradition - Laura B.
- F. Delegate Check-in/Group Announcements

II. Preliminary Business:

Delegate Check-in: Total Delegates= 60

Quorum met: YES

GROUP NAME	FIRST	LAST	LAST ATTENDED	GROUP NAME	FIRST	LAST	LAST ATTENDED	GROUP NAME	FIRST	LAST	LAST ATTENDED
11th Step Meditation Meeting	Mary	F.	2/17/2024	Folsom Saturday Morning Group	Stacy	F.	1/20/2024	Roseville 5th Street Fellowship	Laura	B.	11/18/2023
12th Tradition Big Book Grp	Ryan	O.	1/20/2024	Folsom Way of Life	Dartmore	H.	2/17/2024	Roseville Tuesday Nights Group	Ashley	M.	2/17/2024
6:30AM Daily Reflections	Dale	M.	4/15/2023	Freedom Group	Max	C.	2/17/2024	Rule 62 - Roseville	Alie	T.	2/17/2024
A Way Out Men's Group	Cameron	M.	2/17/2024	Friday Night Unity Group	Gerrie	G.	1/20/2024	SACYPAA	Tanner	E.	4/15/2023
AA Morning Coffee	Bernard	E.	12/16/2023	Gibbons Noon Group	Lauren	R.	6/17/2023	Sac Town Coffee House	Noa	E.	5/20/2023
AA Unity Group	Shelby	G.	2/17/2024	Girls Night Out	Bonnie	A.	12/16/2023	Saturday Morning Women's Reflections	Susan	I	10/21/2023
Acceptance is the Answer	Deenise	K.	7/15/2023	Good For Nothing	Kellen	W.	11/18/2023	Serenity Book & Step Study Group	Kathryn	M.	2/17/2024
Alano American River Big Book	Christie	O.	7/15/2023	Grace Abounds	Kristina	A.	8/19/2023	Sharing And Caring Group	Michelle	W.	2/17/2024
AIR. Artists in Recovery	Rod	F.	12/16/2023	Granite Bay Lakeside Group	Tom	M.	12/16/2023	Sigue Viviendo	Willy	P.	2/17/2024
Arcade Mens Group	Kevin	C.	1/20/2024	Greenhaven Group	Chris	G.	2/17/2024	Sisters in Sobriety Orangevale	Kathy	J.	12/16/2023
Attitude Adjustment Group Davis	Barry	M.	2/17/2024	Group None	Peter	R.	2/17/2024	Sisters in Solution	Mari	S.	2/17/2024
Auburn Fellowship	Anna	C.	2/17/2024	Group One	Monica	P.	2/17/2024	Sixty Minute Solution	Melissa	F.	9/17/2023
Babes in Recovery	Marsha	G.	1/20/2024	Group Three	Melissa	P.	1/20/2024	Sobriety Rocks	Bobby	H.	5/20/2023
Back to Basics Orangevale	Alison	F.	5/20/2023	Happy Hour Rancho	Elaine	A.	2/17/2024	Spiritual Sunday	Steve	K.	3/18/2023
Capital City Men's Grp	David	B.	2/17/2024	In the Solution	Jessica	B.	10/21/2023	Step 2 Men's Group	Mark	Q.	2/17/2024
Cathedral Group	Scott	C.	2/17/2024	Into Action	Al	Y.	2/17/2024	Step Sisters	Dannin	C.	10/21/2023
Citrus Heights Group	Steve	R.	2/17/2024	Jaywalkers	Regina	N.	2/17/2024	Sunset Happy Hour	Diane	R.	2/17/2024
Cordova Lunch Bunch	Kevin	W.	2/17/2024	Lavender Heights Y.P.	Ryan	R.	1/20/2024	The Best is Yet to Come	Jake	F.	2/17/2024
Courage to Change	Richard	M.	9/16/2023	Midtown Solutions	Kate	D.	11/18/2023	The Hope and Serenity Meeting	Jim	S.	10/21/2023
Courage to Change Women's Meeting	Teres	L.	10/21/2023	Monday Night Big Book Study	Angela	M.	9/16/2023	The How and the Why of it Men's Group	Greg	B.	2/17/2024
Daily Attitude Adjustment	Lori		2/17/2024	Namaste AA	Cheryl	W.	1/20/2024	The Way Out	Bernard	E.	12/16/2023
Daily Direction AA Group	Gilda	O.	2/17/2024	New Hope	Tim	H.	2/17/2024	The Way Out Women	Sarah	K.	2/17/2024
Davis Young People's	Lindsay	G.	1/20/2024	North Auburn Group	Anna	C.	1/20/2024	Thursday Night Men's Group	David	B.	2/17/2024
Destiny Group	Barbara	S.	2/17/2024	North Hall Group	Jose	S.	2/17/2024	Traditional Group	Rod	F.	2/17/2024
Dixon No Name Group	Scot	B.	2/17/2024	Number One Offenders	Sandy	W.	2/17/2024	Tuesday Night Beginners	Anthony	G.	1/20/2024
Downtown Young Peoples	Dan	F.	9/16/2023	Oak Park Fellowship	Andy	S.	11/18/2023	We Care	John	D.	12/16/2023
Drunk Squad	Stacy	K.	2/17/2024	Oak Tree Fellowship	Teri	H.	2/17/2024	We Do Recover	Leslie	M.	12/16/2023
Early Birds Group	Gary	H.	2/17/2024	Original Gold Quartz Group	Rita	B.	10/21/2023	We Surrender Men's Group	Luke	M.	2/17/2024
East Yolo Fellowship	Debbie	M.	2/17/2024	Primary Purpose 2020	Rachel	T.	4/15/2023	Welcome Group	Kevin	H.	8/19/2023
El Dorado Hills Group	Jim	C.	2/17/2024	Primordial Ooze Men's Book Study	Nick	G.	2/17/2024	What A Way to Start a Weekend Women's Grp	Debra	F.	2/17/2024
Elk Grove Fellowship	Alyse	R.	2/17/2024	Rancho Murieta Group	Jeff	M.	2/17/2024	White Flag Men's Group	Ryan	O.	2/17/2024
Fair Oaks Beginners	Laura	K.	2/17/2024	Recovery at Noon Group	Stephanie	N.	2/17/2024	Willing Women	Karina	K	12/16/2023
Fair Oaks Village	Mike	K.	2/17/2024	Reflections in Pajamas	Heidi	N.	9/16/2023	Wisdom to Know	Cyndi	W.	3/18/2023
Fe Y Esperanza	Vikki	C.	1/20/2024	Rio Linda Fellowship	Colleen	B.	2/17/2024	Women for Women	Nancy	F.	2/17/2024
Fireside Book Study	Mark	B.	2/17/2024	River City Speakers	Matt	C.	1/20/2024	Woodland Group	Donald	M.	3/18/2023
Folsom Big Book	Whitnee	Mc	2/17/2024	Rocklin Fellowship	Bill	T.	2/17/2024	Woodland Online Group	Leslie	Mc.	12/16/2023
				Rocklin Racetrack	Sue	B.	1/20/2024	Yuba City 329	Jessica	H.	2/17/2024

Board of Directors:

Position	Name	Attendance	Position	Name	Attendance
Delegate Chair	Laura B.	Present	BLOPS Chair	OPEN	
Assistant Chair/Area Liaison	OPEN		Birthday/Faithful Fiver Chair	Michelle W.	Present
Treasurer	Greg B.	Present	PICPC Chair	Sigi G.	Absent
Recording Secretary	Stefanie A.	Present	Picnic Chair	Stacy K.	Present
Board Chair	Tim H.	Present	Special Events Chair	Nicole C.	Present
Director At Large	Russ H.	Present	NCCAA Delegate Liaison	OPEN	
Director At Large	Elaine A.	Present	H & I Liaison	Jennifer F.	Present
Director At Large	Dartmore H.	Present	Office Manager	Robin T.	Absent
Teleservice Chair	Dawn D.	Present	WebMaster	Teague S.	ABsent

New Delegates:

Group Name	Delegate
We Surrender Mens Group	Jacob O.
Early Bird	Gary H.
Rule 62 Loomis	Alie T.
Happy Hour	Wendy M.
Freedom Group	Max C.
Daily Direction	Gilda O.
Way Out Men's Group	Jon B.
Elk Grove Fellowship	Markus V.
Traditional Group	Julia W.
Roseville Tuesday Night Group	Chris L.
Rocklin Racetrack	Sheri A. Alternate
Alburn Fellowship	Doug Z.
Greenhaven Group	Fred G.
What a Way to Start a Weekend	Debra F.
East Yolo Fellowship	Cathy O. alternate
The How and The Way of it	Charlie S.

Welcome new delegates!!

Sobriety Birthdays - A total of 68 years! HAPPY BIRTHDAY!

III. Approval of Minutes

January 20, 2024 minutes reviewed by Laura B. (Delegate Chair), motion introduced by Tim H., Dawn D. (2nd the motion) - passed unanimously.

I.V Trusted Servant Reports

- **Delegate Chair's Report – Laura B.**

One month into the new year of service, I want to welcome all new and returning delegates. This is a new and exciting service position for many of you! Questions about the specifics of your role and your responsibilities in that role, can be addressed each month in the 2:30 orientation right before the Delegates meeting at 3:00 pm.

Every delegate is encouraged to come a little early and attend the orientation, especially those delegates who have not attended in a while, for a “refresher.” I want to invite every delegate, new and returning, to take an active role by joining committees, and with lively participation in discussions.

In this meeting we will be hearing the report from the Special Audit Committee. They completed their audit ahead of schedule this year and presented their findings to you. Very big thanks to all of the Special Audit Committee members for their generous service; Mary F., Sue B., and Whitnee M.; and to our Treasurer, Greg B. for his wisdom and guidance, and especially to our Superhero Office Manager, Robin T.

For old business this month, we will be discussing any questions the Delegates have brought back from their groups regarding the by-laws change in expenditure approval ceiling presented in our January Delegate Meeting.

I attended the Board of Directors meeting on February 13th. A proposed change to the Prudent Reserve was approved to bring our Central Office into better alliance with generally accepted business operations procedures. We will discuss this matter in new business for the Delegate Body to take to their groups for approval.

In new business we will also be calling for nominations for our three open service positions; Assistant Chairperson/CNIA Liaison; By-laws & Operating Procedures (BLOPS) Chairperson; NCCAA Delegate.

Thank you to every Delegate member for your continued service. CCFAA is YOU. It is all of us. It is every group that has stepped forward to be part of this intergroup effort. Supporting CCFAA is not supporting some other organization or office. It is supporting our own ability to collectively carry the message.

In love and service, Laura Bishop

- **Assistant Chair Report - OPEN**

No report

- **Board Chair's Report – Tim H.**

Board meeting was started at 6:00 by Tim H. Board Chair. Roll call was taken and a quorum was established with one board member absent. Motion to accept the minutes for the January 2024 board meeting minutes was made and accepted. Minutes for this meeting will be posted on the CCFAA website in the coming weeks.

In the last week we have received resignation letters from both our Assistant Delegate Chair and our BLOPS Chair and will be discussing this later on in this meeting.

On January 8th the office migrated to QuickBooks Online and it is working well. Our office manager is working diligently to implement some of the tools that QuickBooks online has that will save us money in the future.

On February 1st the office migrated to a new phone system Vonage and it is working well. More Updates to come.

Thank you for allowing me to be of service, Tim H.

- **Treasurer's Report – Greg B.**

Please reference the Statement of Activity Actual vs. Budget January 2024 included in the attachments. Highlighted items reflect information in this report.

Thank you to our volunteers, special workers, Office Manager Robin, and staff.

January's deposits, expenses, payables, and bank reconciliation have been audited. Everything checks out and signed copies are on file at the CCFAA office.

1. Literature sales were strong for the month at \$8,478 on a budget of \$7,083. [line 4020]
2. Medallion sales were good at \$4,092 compared to a \$3,125 budget [line 4035].
3. Group Contribution was strong at \$18,263, as we budgeted \$12,000 [line 4100]. Thanks to all the groups for the contributions to keep the office going for our fellowship.
4. Birthday contributions were good at \$256 on a budget of \$125 [line 4120]. Get the word out and HAPPY BIRTHDAY!
5. Faithful Fivers income was off slightly at \$880, as we budgeted \$917 [line 4130]. This is a great way for us, as individuals, to directly support CCFAA each month. Sign up today at www.aasacramento.org click on DONATE then FAITHFUL FIVER.
6. Total Income was up for January at \$36,211 on a budget of \$26,894. [Total Income line]. Most groups make contributions at the end of each quarter. This was the quarter-end month.
7. Cost-of-Goods-Sold was good, \$8,980 with our budget of \$82,25, reflecting higher than budget literature and medallion sales. [Total COGS].
8. Payroll Expense was \$10,995 in line with the budget amount of \$10,998. [Total Payroll Expenses].
9. Insurance Expense of \$1,420 was high versus the budget of \$475 due to the payment of the annual Workers' Compensation insurance premium. [Total Insurance].
10. Utilities expense was high due to higher than budgeted telephone expenses. This is due to the transition from AT&T to Vonage. The actual amount for the month was \$2,287 versus the \$1,304 budget. [Total Utilities].
11. Expenses were slightly high at \$20,444 compared to the \$18,669 budget, primarily due to Insurance and Utilities expenses, as explained above. [Total Expenditures].

12. January's net income was \$6,788 versus a break-even budget of \$0. [Net Revenue]. We, as members of Alcoholics Anonymous, are helping to make great investments in the future of our Central Office. Thanks to each and every one and your groups for that. Thank you ALL for your support and involvement with CCFAA. Bring a friend.

*Please take the following back to your groups -

a) Supporting CCFAA helps bring service to our AA groups and meetings with Literature, Hot Line, Special Events, By The Way Newsletter, Sobriety Chips, and so much more.

b) The NEWLY REMODELED store is open (Open Mon-Fri 9-5 and Saturdays 10-2)

c) Contributions can also be made anytime by Venmo, PayPal, Check, or Cash.

Any question can be directed to my contact information below.

Regards, Greg B. cfo@aaasacramento.org

● Business Office Manager's Report – Robin T.

1. All 4th Quarter payroll and sales tax reports, deposits, and returns were completed by the January 31st due date.

2. Our Workers' Comp Insurance has been renewed for the period 01-19-2024 to 01-19-2025.

3. The enrollment period for meeting insurance opened on January 15th and will close on March 31st. Please note that you must reapply for insurance each year even if you are currently enrolled in our program. After March 31st only applications for special events coverage, groups who had a policy in 2023, and newly registered groups will be accepted. Any questions, please go to our website: aaasacramento.org under the resources tab or call our office Monday-Friday 9am-3pm at 916-454-1771

4. New Invoicing Policy Starting February 1, 2024, a new invoicing policy went into effect for any group that INVOICES literature or medallions through the Central Office. If your group does use this service with the office, we ask that you have a current mailing address, email, and contact person (preferably the treasurer) on file with us. All groups were mailed a copy of the new policy and the request for contact information. If you have any questions, please contact the business office.

5. Special of the Month – Praying Hands Glitter Painted Medallions on Sale \$12.95+tax – A wonderful revision to a classic keepsake, this medallion features the timeless symbol of contact with ones' higher power, the praying hands, featured on a background of blue glitter under a glossy surface. Description: Pewter, 1 5/1 diameter with glitter paint.



Always working together.

● Teleservice Chair's Report – Dawn D.

Website: <http://aaasacramento.org/service-opportunities/teleservice/>

Shift Call Numbers: January 2024

12 Step = 33/ YTD 33

Info = 156/ YTD 156

Total = 189/YTD 189

New Business:

- TS Shift Coordinators monthly check-in on the 2nd Wednesday of each month.
- New Teleservice phone service, Vonage went live on 2/1/2024. – Jordan A. stepped up to the plate researching and learning the Vonage App to train all the volunteers before going live. As expected, there have been a handful of hick-ups, and he got through them with grace. His passion does not go unnoticed.
- We have 3 Shift Coordinator positions open currently and are looking to fill these positions ASAP. I have 2 Coordinators covering 4 days currently.
- Virtual Workshop for Teleservice Volunteers.
 - Wednesday, April 24 th , 2024, 6-8 PM
 - Please encourage any who are interested and are already a volunteer to join. This is a great opportunity to learn about the new system, hear about the updates to our guidelines, and be a part of an amazing team.

Next CCFAA Holiday Office Closures - Teleservice will cover these day (s): Monday 2/20/2024 Presidents Day will be covered

Thank you for letting the Teleservice Team be of service! Dawn D.



● Webmaster's Report – Teague S.

New Business: None

Old (Open) Business: Open Web Priorities:

- Linode, intermediate site upgrade before final migration to new server
- Redo PHP back end - Amazon Web Services in progress
- Reskin Site
- Form tech committee

Questions please send to webmaster@aaasacramento.org

● PI/CPC Chair's – Sigi G. - Report read by Laura B.

We've had a recent uptick in attendees to the PI/CPC monthly business meeting, many offering great ideas for PI/CPC work, but we are still in need of sober alcoholics to volunteer for activities such as 'information table' coverage at events like Spring Fling. Calling for Delegates to invite members of their group interested in service to email Sigi at: picpc@aaasacramento.org, and join the next monthly business meeting (details on the CCF website and the By The Way).

- We will have elections at our next business meeting in March. Positions include: PI/CPC Co-Chair, Treasurer, and others
- We had a recent inquiry regarding Elk Grove Unified School District, and will be exploring how best to support them.

In Service, Sigi G.

● By Laws & Procedures Chair's Report – OPEN

V. Reports – Special Committees, Delegates, Liaisons & Invited Guests

- Hospitals & Institutions Liaison's Report – Jennifer F.**

All is well with Hospitals and institutions.

There are LOTS of opportunities to be of service through H & I and we have some new facilities with positions that need to be filled. We are in need of some facility coordinators, secretaries and speakers. I have a list of opportunities if you ask me. The Local Jail is speeding up the approval processes in order to help with an influx of individuals with substance abuse issues, so if that is something that interests you, please get in contact with me.

All are invited to attend our monthly meeting the 3rd Tuesday of every month at: Denny's 7900 College Town Drive, Sac. 95826 - 3rd Tuesday, 6pm.

- NCCAA Delegate Liaison's Report – OPEN**

- Birthday Club/Faithful Fivers Chair's Report – Michelle W.**

Several meetings did not have pamphlets Looking for input on how to better support Central Office

- Special Events Chair's Report – Nicole - See Flyer page 18**

- Picnic Chair's Report – Stacy K.**

The CCFAA Picnic is scheduled for Aug 18th at Elk Grove Regional Park with contract executed and space paid for last month. Will be sending a copy of the fully executed contract to the Central Office.

Currently reviewing what will be needed for the Fire Marshall inspection to make sure deadlines are met.

A Picnic Roster has been created and I'm currently reaching out to prior committee members to see if interested in helping this year and/or sharing "lessons learned" from prior events.

Working on a flier to announce the event date, location and begin reaching out for volunteers. I will run the flier by Central Office staff for any feedback before starting to solicit. I will also begin attending meetings outside of my norm to plant the bug.

Please pass on to your groups that we would love to have their help organizing the event. They can reach me at 858.883.1238 stacykennedy70@gmail.com.

- Audit Committee Report - Mary F.**

Special Audit Committee Members: Laura Bishop, Sue Bornemann, Mary Fields, Whitnee McCollum

Consultants: Greg Burke, Treasurer; Robin Thompson, Office Manager

We met at the Central Office on Friday February 2, 2024. The Office Manager, Robin, provided copies of audit committee requested procedures and reports used for the Central Office business. Robin also answered questions raised as the committee reviewed the reporting and documenting procedures throughout the audit. We reviewed transactions, journal entries and supporting documents for the audit period of October 2023. Our audit included examining asset accounts including cash, accounts receivable, and inventory; liability accounts including accounts payable and accrued taxes; income accounts; costs of goods sold; and disbursement categories. We reviewed aging processes for receivables, payables, and accrued vacation/sick time.

The special audit committee found no discrepancies.

Special thanks to Greg for much needed education and guidance and to Robin for assisting the committee with the office space and answering questions throughout the audit process.

Respectfully submitted, Mary Fields

VI. Old Business:

Bylaw Changes - change in the financials from \$500 to \$1,000 to allow the Board to spend without Delegate approval.

- Proposal was a dollar amount and not looking at inflation percentage, Julia felt maybe a consideration of this might be added.
- Who is allowed to spend the money? CCFAA Officer Manager.
- We lease the office but we are responsible for repairs such as HVAC per the lease agreement.
- How did we come up with \$1000? In an emergency situation, the By laws allows 2 Board members to approve an expenditure subject to reporting back to the Delegates ASAP.

VII. New Business: Prudent Reserve Expenditures adjustment

- Expenditures projected for 2024 \$224,000 for wage increase, legal and professional costs
- Increase prudent reserve by \$11,000, conservative, may not hit \$224,000 spend
- Increase prudent reserve - Half annual \$112,000, have \$101,000 now, transfer \$11,000
- Check account - requires one month of prudent reserve, needs a small increase
- Take this back to your groups to bring questions back to the March Delegates meeting

Elections for Open positions

- Assistant Chair position/CNIA Liaison - Patricia Cook volunteered, not in attendance, Al Y, Michelle W. 37, 11 passed
- Bylaws and Operating Procedures BLOPS - Jim C. volunteered, Mary F. Michelle W 2nd 39, 3 passed
- NCCAA Delegate -

5:01pm - Russ H. Dawn D. to extend meeting

VIII. Closing

Invitation to close the meeting - motion to close by Tim H., Greg B. (2nd the motion).

The next meeting will be on Saturday March 16, 2024 and will start at 3:00pm on Zoom, Meeting ID: 929 9218 9084 – Passcode: 912051. The meeting closed at 5:11pm with the "Responsibility Pledge".

**Respectfully submitted by Stefanie A., CCFAA Recording Secretary

****Present issues to Laura B. at ccfchair@aasacramento.org Issues will be presented to the Board of Directors for review; however, it may have been covered in past meetings or may not be an issue for the Delegate Meeting. The chairperson will add them to the next Delegate Meeting Agenda when appropriate. Thank you.**

Central California Fellowship of Alcoholics Anonymous

Statement of Financial Position

As of December 31, 2023

	Total
ASSETS	
Current Assets	
Bank Accounts	
001062 Operations Account	\$ 50,141.15
1065 Cash Drawer	250.00
BUSINESS ADVANTAGE SAVINGS	101,056.18
Total Bank Accounts	\$ 151,447.33
Accounts Receivable	
1200 Accounts Receivable	1,226.95
Total Accounts Receivable	\$ 1,226.95
Other Current Assets	
1072 Security Deposits	4,690.90
1500 Inventory Asset	27,901.31
Total Other Current Assets	\$ 32,592.21
Total Current Assets	\$ 185,266.49
Fixed Assets	
1820 Furniture & Equipment	21,733.74
1821 Computer Equipment	718.76
1825 Acc. Depreciation-Furniture and	-20,360.75
1826 Acc. Depreciation- Computer Equ	-151.00
1840 Computer Software	2,752.02
1845 Acc. Depreciation-software	-2,752.02
Total Fixed Assets	\$ 1,940.75
TOTAL ASSETS	\$ 187,207.24
LIABILITIES AND EQUITY	
Liabilities	
Current Liabilities	
Total Accounts Payable	\$ 4,287.44
Other Current Liabilities	
2200 Payroll Liabilities	2,323.23
2220 Accrued Paid Time Off	11,006.89
Board of Equalization Payable	2,790.41
Total Other Current Liabilities	\$ 16,120.53
Total Current Liabilities	\$ 20,407.97
Total Liabilities	\$ 20,407.97
Equity	
3300 Unrestricted Fund Balance	60,089.79
3600 Retained Earnings	85,984.05
3610 Prior Period Adjustments	-3,776.19
Net Revenue	24,501.62
Total Equity	\$ 166,799.27
TOTAL LIABILITIES AND EQUITY	\$ 187,207.24

**NCCAA
75th Annual
Spring Conference**

*"Celebrating 75 years
of Conferences!"*

Northern California Council of Alcoholics Anonymous

San Jose, CA

**Holiday Inn San Jose – Silicon
Valley**

1350 North 1st St., San Jose, CA 95112

March 15, 16, 17, 2024

<u>Friday March 15, 2024</u>	<u>Saturday March 16, 2024</u>	<u>Sunday March 17, 2024</u>
2:00 PM Registration Opens 5:00 PM Long Timer's Panel 8:00 PM Open Speaker Meeting	8:00 AM – Steering Committee 11:00 AM – NCCAA Delegates 8:00 PM Open Speaker Meeting	8:00 AM Meditation Meeting 10:00 AM Open Speaker Meeting
Ronald W. Los Angeles, CA	Sarah I. Philadelphia, PA YP Speaker	Rick K. Sunol, CA
Additional program information on back of flyer		

Al-Anon and Spanish Speakers & Participation



Area 06 & 07 Updates – Marathon Meetings

Saturday Night Dance – Free Drawing

Sunday Morning Meditation Meeting

Introducing New Officers at this Conference

Visit NCCAA website for more information on how to be of Service to NCCAA.

NCCAA WEBSITE = <http://norcalaa.org>

PRE-REGISTRATION CUT OFF DATE IS March 1st, 2024

CONFERENCE RATE FOR HOTEL CUT OFF DATE IS February 13th, 2024

PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$35.00

VISIT OUR WEBSITE AT -- <http://norcalaa.org>

	Total	
	Feb 2024	Jan - Feb, 2024 (YTD)
11TH STEP		
MEDITATION MTG	20.00	32.00
12TH TRADITION BIG BOOK GROUP		800.00
630AM DAILY REFLECTION MTG	21.00	54.00
A WAY OUT MENS GROUP		1,080.00
AA MORNING COFFEE	20.00	20.00
AA UNITY GROUP		10.00
AA WOMEN'S STEP STUDY		61.40
ATTITUDE ADJ'T GROUP OF DAVIS AUBURN		130.00
FELLOWSHIP		300.00
AUBURN YOUNG PEOPLE'S GP		271.50
BABES IN RECOVERY BROWNSVILLE		31.00
SERENITY GROUP	25.00	25.00
CATHEDRAL GROUP	461.00	461.00
CENTRAL FOOTHILL WOMEN'S CONF.		100.00
CITRUS HEIGHTS GROUP	150.00	150.00
COLFAX FELLOWSHIP		118.37
COME AS YOU ARE GROUP		300.00
CORDOVA LUNCH BUNCH		258.83
CORDOVA THURSDAY NIGHT GROUP	60.00	60.00
COURAGE TO CHANGE GROUP		141.00
DAILY DIRECTION AA	588.21	1,070.32
DAVIS HOPE GROUP	360.00	360.00
DAVIS WED WOMEN'S STEP STUDY		36.86
DESTINY GROUP	480.00	480.00
DIXON NO NAME GROUP		162.88
EARLY BIRD GROUP OF AA		125.00
EAST YOLO FELLOWSHIP	80.00	160.00
EASY DOES IT GROUP ("EDI") of AA		611.81
EDEN VALLEY AT APPLGATE GROUP		172.00
EL DORADO HILLS GROUP		249.02
ELK GROVE FELLOWSHIP		1,200.00
ELK GROVE SOBRIETY SISTERS		267.00
FAIR OAKS BEGINNERS GROUP		536.82
FIRESIDE BOOK STUDY	22.13	22.13
FOLSOM BIG BOOK GROUP	189.00	189.00
FOLSOM SATURDAY MORNING	670.00	670.00
FREEDOM GROUP		243.47
FRIDAY NIGHT UNITY GROUP	100.00	210.00
GIBBONS NOON		600.00
GOOD FOR NOTHING GREENHAVEN GROUP	387.00	387.00
GROUP ONE	82.34	82.34
GROUP ONE	20.00	40.00
GROUP THREE		480.00
H.O.W. GROUP		108.00

	Total	
	Feb 2024	Jan - Feb, 2024 (YTD)
HELPING HANDS GROUP	786.40	786.40
HIGH FLYERS GROUP	0.01	52.03
INDIAN CHARLIE'S		87.50
JAYWALKERS GROUP	38.00	63.00
LAND PARK MEN'S MEETING	173.00	173.00
LINCOLN GROUP		
FRIDAY NIGHT MEETING		200.00
LINCOLN THURSDAY NIGHT GROUP		100.00
LIVING SOBER WOMEN'S GROUP		252.00
MEDITATION WORKSHOP	24.00	57.00
MEN AT WORK		100.00
MONDAY NIGHT BIG BOOK STUDY		28.00
MOTHERLODE FWP		324.27
MYSTIC CHIX GROUP		298.00
NUMBER ONE OFFENDERS		330.00
OAK TREE FELLOWSHIP	245.78	245.78
ORANGEVALE BIG BOOK		100.29
PATHWAYS TO SPIRITUALITY		133.00
PHOENIX FELLOWSHIP		100.00
PRIMORDIAL OOZE		
MEN'S BOOK STUDY		200.00
QUARTER TIL YOUNG PEOPLE		144.00
RANCHO MURIETA GROUP		0.40
RANCHO MURIETA MENS GROUP	1,201.96	1,201.96
RECOVERY AT NOON GROUP		20.00
REFLECTIONS IN PAJAMAS		61.65
RESCUE MEN'S STAG GP	45.71	45.71
RESCUE WOMEN'S MEETING		99.00
RIO LINDA FELLOWSHIP		150.00
ROCKLIN FELLOWSHIP	199.62	1,049.62
ROCKLIN LEGACY GROUP		223.20
ROCKLIN RACETRACK GROUP	250.00	250.00
ROCKLIN YOUNG PEOPLE'S GROUP		152.50
ROSEVILLE EASTSIDE GROUP	40.00	40.00
ROSEVILLE TUESDAY NIGHT GP	125.50	250.50
ROUND TABLE GROUP	100.00	100.00
SATURDAY MORNING WOMEN'S REFLECTIONS GROUP		590.78
SERENITY BOOK & STEP STUDY GP		173.55
SERENITY ON THE HILL		237.00
SERENITY SEEKERS (Rancho Cordova)		239.09
SHINGLE SPRINGS GROUP		10.00
SIERRA STEP SISTERS GROUP		64.00
SIERRA WEDNESDAY AM GROUP		192.00
SIGUE VINIENDO		20.00
SISTERS IN SOLUTION	244.00	244.00
SISTERS OF SOBRIETY GROUP-Rancho		100.00
SOBRIETY FIRST		77.31
SPRING FLUNG GROUP	5.00	5.00
STEP SISTERS - ORANGEVALE	108.00	108.00

	Total	
	Feb 2024	Jan - Feb, 2024 (YTD)
STUDENTS OF SOBRIETY		91.00
SUNDAY NIGHT RECOVERY HOUR		200.00
SUNRISE SUNSET GROUP	60.00	134.00
SUNSET HAPPY HOUR		
WOMEN'S GROUP	300.00	300.00
SUNSET WEDNESDAY WOMEN		306.00
THE HOW AND THE WHY OF IT MEN'S GROUP		43.48
THE PROMISES GROUP - DIXON		40.00
THE WELCOME GROUP		65.64
TRIANGLE GROUP	441.02	441.02
TUESDAY CORDOVA KISS GROUP		180.00
WEDNESDAY WOMEN'S GROUP		550.00
WEST SLOPE FELLOWSHIP	39.00	39.00
WHAT A WAY WEEKEND WOMENS GROUP		240.00
WILLING WOMEN GROUP, THE		207.46
WINTERS KITCHEN TABLE GROUP		354.87
WOMEN FOR WOMEN FAIR OAKS GROUP	25.00	45.00
WOMEN UNDER CONSTRUCTION		596.55
WOODLAND GROUP		225.00
WOODLAND TRADITIONAL GP	10.00	20.00
YUBA CITY 329 GROUP		34.10
TOTAL	\$ 8,197.68	\$ 26,460.41

As of Friday, Feb 23, 2024 03:59:53 PM

Samples of Group Contributions to A.A. Service Entities

Distribution Plan of _____
(YOUR GROUP NAME)

Your Group Service # _____
(Be sure to write group name and service # on all contributions.)

To be determined by YOUR group

_____ % to district

_____ % to area committee

_____ % to G.S.O.

_____ % to intergroup or central office

_____ % other A.A. service entities

_____ % other A.A. service entities

OR

10% to district

10% to area committee

30% to G.S.O.

50% to intergroup or central office

OR

If you have no intergroup/central office.

40% to district

30% to area

30% to G.S.O.

CENTRAL CALIFORNIA FELLOWSHIP
9960 BUSINESS PARK DR., SUITE 110
SACRAMENTO, CALIFORNIA 95827

***ELECTRONIC SERVICE REQUESTED**

**NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
PERMIT NO. 449
SACRAMENTO, CA.**

2024 BTW March

By The Way Subscription

You can have the By The Way delivered to your home, inbox, or both. To Subscribe or Renew, Click the Link, Scan the QR Code or, just fill out this form and mail it into Central California Fellowship, 9960 Business Park Dr., Suite 110, Sacramento, CA. 95827, along with payment. Please check one:

☐ Gift ☐ New ☐ Additional ☐ Renewal

☐ Mail - \$15
☐ Email - \$5
☐ Combo - \$19

Subscription price (1 year) \$ _____
Number of subscriptions x _____
Total \$ _____

Print Legibly Please

Please send By The Way to:

Name: _____
Address: _____
City/State/Zip : _____
email : _____



QR scan for BTW



Want to join the Birthday Club?

Send a dollar (+/-) per year of sobriety to:
Central California Fellowship
9960 Business Park Dr., Ste. 110,
Sacramento, CA 95827.



Name: _____
Address: _____
City/State/Zip: _____
Birthday/Years: _____
Phone Number: _____



Have you moved?

Be sure to tell us so you don't miss
your next issue of By The Way!



Name: _____
Old Address: _____
New Address: _____
City/State/Zip: _____
Phone Number: _____