

# Central California Fellowship of Alcoholics Anonymous

9960 Business Park Dr. Ste. 110, Sacramento, CA 95827 www.aasacramento.org 916-454-1771

## ANNUAL REPORT 2023



Greetings	Greetir	ngs
-----------	---------	-----

- At Your Service
- Highlights
- Central Office
- Bookstore Sales
- Meetings

-	2	)	
4	_	•	

3

4

5

6

7

- Service Committees
- Financials at a Glance
- Budget vs. Actuals
- Statement of Financial Position
- 2023 Groups Contributors

8

9 4

10

11

**12** 

### Greetings

Dear Members of the Central California Fellowship,

When reflecting on the essence of CCFAA, I often find myself highlighting the crucial services we provide in bolstering local 12th Step efforts. From overseeing Central Office operations to distributing A.A. literature and maintaining comprehensive meeting schedules and websites, our role extends far beyond these tasks. For the past 58 years since our inception, CCFAA has been instrumental in linking the local Fellowship to diverse service opportunities, educating the public and professionals about A.A., and offering vital support to newcomers through our Teleservice hotlines and online resources. Your contributions to our local Intergroup resonate deeply with our shared commitment to carrying the message of A.A. to those who still suffer from alcoholism.

We extend our heartfelt gratitude to all who contributed in 2023. Your generosity has been instrumental in our endeavors, and we invite you to peruse this report showcasing the highlights of our collective efforts. Please share it within your groups and with your sponsees. As the 2023 Board Chair, I take immense pride in the accomplishments made possible through your support.

Here are some key highlights:

• 24-Hour Support: Through our dedicated Special Workers, Teledesk, and Teleservice Volunteers, we responded to over 5025 calls in 2023. CCFAA stands out for providing round-the-clock access to a sober member of Alcoholics Anonymous. It's a profound manifestation of the Twelve Steps in action, ensuring that anyone seeking assistance finds understanding and guidance.

- Investing in Our Future: With your backing, significant strides were made towards enhancing the long-term sustainability of our Intergroup in 2023:
  - The remodeling of our Bookstore was approved in the Fall, resulting in a refreshed layout, new furnishings, and positive feedback from our community. If you haven't visited yet, we encourage you to stop by soon.
  - Approval was granted for the acquisition of a new Phone System (VOIP) to better serve both our volunteers and the individuals reaching out for support.
  - Recognizing the need to upgrade our accounting software, we successfully transitioned to Quickbooks Online on January 1st, 2024, ensuring efficiency and compliance with modern standards. Embracing change isn't always easy, but I'm immensely proud of our Fellowship for recognizing the importance of investing in our future.

We urge you to review this report and share your feedback. It underscores how Intergroup is fulfilling its responsibilities and innovating to support our collective journey toward sobriety and outreach to newcomers. We eagerly anticipate the opportunities and growth that 2024 will bring.

CCFAA remains steadfast in its commitment to spreading hope and recovery, and your continued support is indispensable in advancing this noble mission. Together, we ensure that the hand of A.A. is always there for those in need. Thank you for your unwavering dedication.

With heartfelt gratitude,

Jason S.

2023 Board Chair



### At Your Service

In existence since 1965, Central California Fellowship of Alcoholics Anonymous carries the message of Alcoholics Anonymous, serving more than 461 groups and fellowships across the nine counties.

- Amador County
- Butte County
- Colusa County
- El Dorado County
- Nevada County
- Placer County
- Sacramento County
- Sutter Yuba County
- Yolo County

#### 2023 Board of Directors:

- Board Chair- Jason S.
- Delegate Chair- Laura B.
- Asst. Delegate Chair/Area Liaison-Diane U.
- ❖ Treasurer- Al E.
- Recording Secretary- Stefanie A.
- ❖ BLOPS Chair- Greg B.
- Director at Large- Betty K.
- Director at Large- Dartmore H.
- Director at Large- Russ H.

#### **Special Workers:**

- Office Manager- Robin T.
- Office Assistant- Tracey S.
- ❖ Bookstore Assistant- Jerry H.
- Sales Assistant- Cristin C.



#### **Central Office Hours:**

Monday to Friday 9am - 5pm Saturday 10am - 2pm

#### Location:

Central California Fellowship 9960 Business Park Drive, Suite 110 Sacramento, CA 95827-1719

#### **Mailing Address:**

3609 Bradshaw Rd. Ste. H PMB 176 Sacramento, CA 95827-3275



#### **Contact Us:**

Hotline: (916) 454-1100

Business Office: (916) 454-1771

aasacramento.org

centraloffice@aasacramento.org

## Highlights

These are a couple highlights from our work last year:

- CCFAA Survey
  - We conducted our first Intergroup survey on record. The feedback from our groups helps to ensure we continue to be responsive and serve the Fellowship more effectively. See the survey results at <u>aasacramento.org</u> Delegates page.
- Bookstore Remodel
  - With the invaluable approval of the Delegate and Board of Directors, we embarked on an exciting transformation. The Bookstore now boasts a calm and serene light blue/grey color scheme, achieved within a budget-friendly framework of under \$2,000. This spending allowed us to get 10 stylish white bookshelves, a useful cabinet, and a new display of over 100 pamphlet holders, making the whole place look "fresh" against the modern grey walls.

**Before** 



**After** 



## Central Office

Here at the Central Office we feel like a *big family*. Volunteers see it as an integral part of their lives. When asked..."What do you like most about volunteering at Central Office?" One response was, "I love volunteering because I feel part of an AA family, and because it provides me a form of service." Another shared, "Hearing that vulnerability and honest desire to live in a more wholesome way from someone reaching outside themselves for help is immeasurably rewarding. P.S. And remember...when you meet someone, treat them as you would treat yourself. For in them you either find yourself or lose yourself."

Our office Manager is a full-time paid special worker that oversees all the functions of the office, from the administrative duties, to finances and ordering of inventory, working closely with the Board of Directors, and on behalf of our Fellowship. We also have three paid special worker assistant positions who work a combined 48 hours a week to assist with the operations of the office.

So how does Central Office operate a 24 hour hotline, a bookstore 6 days a week, fill web orders, create & distribute a monthly newsletter, mail out a monthly flyer packet, and so much more? Well, only one way.... With the help of all our DEDICATED VOLUNTEERS!!!!

Below are the fun facts about our big happy AA Central Office family.

Favorite Beverage: CO Office Coffee 1. Volunteers 2. Diet Coke Total Sobriety Top Donuts: 545.5 years Apple Fritter 2. Cinnamon Roll 3. Buttermilk Favorite Snacks: Bars **Peanut Butter Pretzels** 36 miles Farthest Mini Chocolates Distance Driven **Popcorn** for Volunteer at CO

## Bookstore Sales

Distributing A.A. literature to alcoholics is one of Intergroup primary functions.

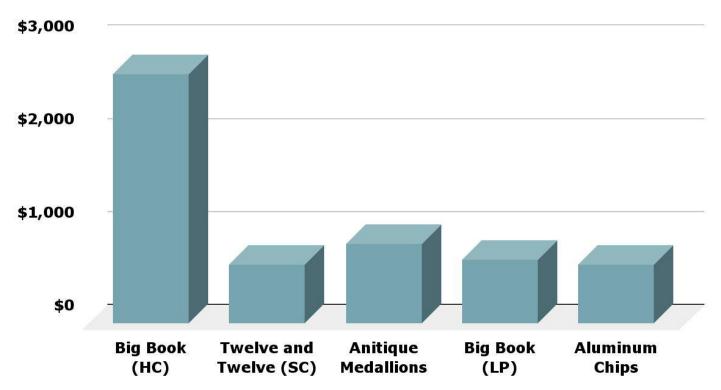
#### Top 5 items sold in bookstore

- 1. Sobriety medallions-12,369
- 2. A.A. pamphlets-7,507
- 3. Alcoholics Anonymous book (all formats)-4,255
- 4. Schedules-2,181
- 5. Twelve and Twelve book (all formats)–1,448

#### In 2023 Central Office had 423 literature orders through our website

- 298– Picked up at the Bookstore
- 102-Shipped
- 22–Shipped out of state
- 1–Shipped to a military base

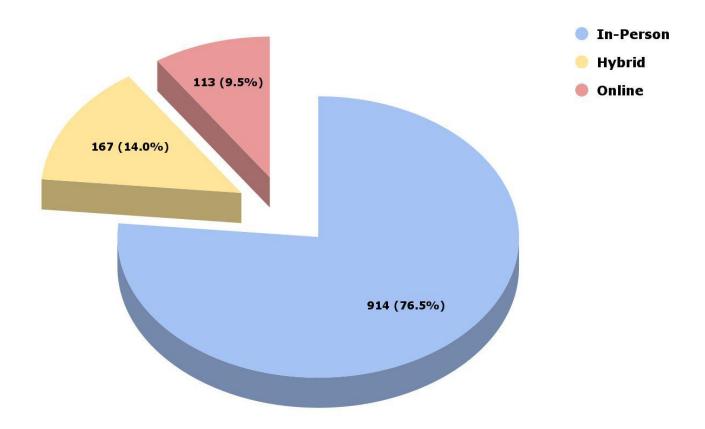
#### Top 5 Web Earners



# Meetings

Dating as far back as July 1964, CCFAA has published group meeting information, special events such as BBQs, picnics, anniversaries, alcathons, and annual events. Today you will still find this information published in our newsletter, *By The Way*, and online on our events calendar at <a href="mailto:assacramento.org">assacramento.org</a>

#### A.A. Meeting Types in Northern California



#### Other interesting facts about our meetings in 2023....

- We have 1194 meetings per week
- 1009 weekly meetings are OPEN
- 185 weekly meetings are CLOSED
- This year our groups and fellowships hosted 32 Alcathon events for the holidays
- 5 groups hold a weekly speaker meeting
- 24 groups hold a monthly speaker meeting
- 4 or 5 groups have a quarterly speaker meeting

### Service Committees

Central Office provides service opportunities at the local level to reach more alcoholics in need. The CCFAA Intergroup has 8 active Service Committees:

- Special Audit Committee
- Bylaws Committee
- Picnic Committee
- Special Events Committee
- PI/CPC Committee
- Teleservice Committee
- NCCAA
- By The Way Committee (Ad Hoc Committee under Business Office)
- Hospitals and Institutions (*H & I Area 42*)

In November each year we hold our CCFAA elections of Officers and Chairs for these committees. For more information on how to become more involved in service work by joining a committee go to our website <u>aasacramento.org</u> "Service Opportunities" tab or contact the Central Office 916-454-1771.

#### **Hotline 2023 (Teleservice & Teledesk)**

Teleservice is essential to both our Central Office and Fellowship. Dedicated volunteers staff the phones during critical periods—after hours, overnight, weekends, and holidays—offering crucial support to those in need. Some of these generous individuals are bilingual, conduct meetings for people with special needs, and are on standby for our 12-step call list, providing one-on-one conversations for as long as needed.

To join this rewarding committee, simply complete a form on our website at <u>aasacramento.org</u> "Service Opportunities/Teleservice"

Tele	edesk Teleservice					
# of Volunteers						
2	7	177				
Monthly Call Average						
12 Step	9	12 Step	40			
Meeting/Info	219	Meeting/Info	150			
Busiest Month						
January -	383 Calls	July - 244 Calls				
Quietest Month						
September	- 144 Calls	September – 1	31 Calls			

## Financials at a Glance

"The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup." –Bill W., 1949

Thanks to the support of our members, groups, and fellowships, we're ending this year on a high note. We've seen positive support for our CCFAA events, overwhelming contributions from the Faithful Fiver and groups, remarkable literature sales, and sustained interest in both print and email newsletter subscriptions.

Your generosity enables us to uphold our mission of supporting A.A.'s goal of "helping the alcoholic that still suffers."

We extend our heartfelt gratitude for your support!

**Total Revenue** 

\$ 324,425

**Total Expenditures** 

\$ 204,407

**Net Revenue** 

\$ 24,502

**Prudent Reserve** 

\$ 101,056

# Budget vs. Actual

#### Central California Fellowship of Alcoholics Anonymous Budget vs. Actuals: FY\_2023 - FY23 P&L

January - December 2023

	Total						
	£0:	Actual		Budget	0	ver Budget	% of Budget
Revenue							
4020 Literature Sales		84,786.14		72,000.00		12,786.14	118%
4100 Group Contributions		144,425.99		129,000.00		15,425.99	112%
4125 Office services revenue		19,123.40		12,000.00		7,123.40	159%
4460 Picnic Revenue		13,791.96		12,000.00		1,791.96	115%
4480 Special Events Revenue	87	847.28	i i	2,000.00		(1,152.72)	42%
Total Revenue	\$	324,424.69	\$	291,225.00	\$	33, 199.69	111%
Cost of Goods Sold							
Literature Costs		81,338.51		74,275.00		7,063.51	110%
Medallion Costs	VII.	14,177.78		15,500.00		(1,322.22)	91%
Total Cost of Goods Sold	\$	95,516.29	\$	89,775.00	\$	5,741.29	106%
Gross Profit	\$	228,908.40	\$	201,450.00	\$	27,458.40	114%
Expenditures							
5400 Payroll Expenses		116,285.31		122,095.00		(5,809.69)	95%
5500 Payroll Expense Accrued		8,278.95		0.00		8,278.95	
5686 Bad Debt Expense		15.43				15.43	
5690 Bank Charges		4,503.57		4,200.00		303.57	107%
5900 Special Events		880.95		2,000.00		(1,119.05)	44%
6200 Other Committees		10,347.21		7,500.00		2,847.21	138%
6300 Contingency Funds		691.68		1,405.00		(713.32)	49%
Total Equipment Expense		1,030.00		3,300.00		(2,270.00)	31%
Total Insurance		3,754.41		4,900.00		(1,145.59)	77%
Total Meetings/Conference Expense		2,076.55		2,700.00		(623.45)	77%
Total Office Expense		33,320.48		37,600.00		(4,279.52)	89%
Total Professional Fees		6,198.49		4,700.00		1,498.49	132%
Total Utilities		17,023.75		11,050.00		5,973.75	154%
Total Expenditures	\$	204,406.78	\$	201,450.00	\$	2,956.78	101%
Net Operating Revenue		24,501.62		0.00		24,501.62	

## Statement of Financial Position

### Central California Fellowship of Alcoholics Anonymous Statement of Financial Position

As of December 31, 2023

ASSETS		
Bank Accounts		
001062 Operations Account	\$	50,141.15
1065 Cash Drawer	\$	250.00
BUSINESS ADVANTAGE SAVINGS	\$	101,056.18
Total Bank Accounts	\$	151,447.33
1200 Accounts Receivable	\$	1,226.95
1072 Security Deposits	\$	4,690.90
1500 Inventory Asset	\$	27,901.31
Total Other Current Assets	\$	32,592.21
Total Current Assets	\$	185,266.49
Fixed Assets		
1820 Furniture & Equipment	\$	21,733.74
1830 Computer Equipment	\$	718.76
1840 Computer Software	\$	2,752.02
1850 Accumulative Depreciation	\$	(23,263.77)
Total Fixed Assets	\$	1,940.75
TOTAL ASSETS	\$	187,207.24
LIABILITIES AND EQUITY		
2100 Accounts Payable	\$	4,287.44
2200 Payroll Liabilities	\$	2,323.23
2220 Accrued Paid Time Off	\$	11,006.89
Board of Equalization Payable	\$	2,790.41
Total Liabilities	\$	20,407.97
Equity		
3300 Unrestricted Fund Balance	\$	60,089.79
3600 Retained Earnings	\$ \$	85,984.05
3610 Prior Period Adjustments	\$	(3,776.19)
Net Revenue	\$ \$	24,501.62
Total Equity	\$	166,799.27
TOTAL LIABILITIES AND EQUITY	\$	187,207.24

## 2023 Group Contributors

11TH STEP MEDITATION GROUP 12 AND 12 TOUCHSTONE GROUP 12 AND 12 TOOCHSTONE GROUP 12TH TRADITION BIG BOOK GROUP 630AM DAILY REFLECTION MEETING AA UNITY GROUP AA WOMEN'S STEP STUDY ALL TRIBES GROUP ARCADE MEN'S GROUP AS BILL SEES IT MEN'S GROUP AS BILL SEES IT PLACERVILLE ATTITUDE ADJUSTMENT GROUP OF DAVIS AUBURN FELLOWSHIP AUBURN YOUNG PEOPLE'S GP BABES IN RECOVERY BROWNSVILLE SERENITY GROUP CAMERON PARK GROUP CAPITOL CITY MEN'S GROUP CATHEDRAL GROUP CENTRAL FOOTHILL WOMEN'S CONF. CHAPTER THREE GROUP CITRUS HEIGHTS AA @ NOON CITRUS HEIGHTS GROUP CLARKSBURG FELLOWSHIP COLFAX FELLOWSHIP COME AS YOU ARE GROUP CORDOVA LUNCH BUNCH CORDOVA THURSDAY NIGHT GROUP COTTAGE 12X12 STEP STUDY COURAGE TO CHANGE GROUP COURAGE TO CHANGE WOMENS MTG DAILY DIRECTION AA DAVIS FRIDAY NOON GROUP DAVIS HOPE GROUP DAVIS WEDNESDAY WOMEN'S STEP STUDY **DESTINY GROUP** DISTRICT 25 DIXON DRY DOCK GROUP DIXON NO NAME GROUP DOBBIN'S WILD BUNCH DOWNTOWN YOUNG PEOPLE'S GROUP DRUNK SQUAD DRY DIGGINS GROUP DRY DOCK GROUP EARLY BIRD GROUP OF AA EAST YOLO FELLOWSHIP EASY DOES IT GROUP("EDI") of AA EDEN VALLEY AT APPLEGATE GROUP EL DORADO HILLS GROUP **ELEPHANT SQUAD** ELK GROVE FELLOWSHIP **ELK GROVE SOBRIETY SISTERS** ESPEE FELLOWSHIP **EVERY IMAGINABLE REMEDY** FAIR OAKS BEGINNERS GROUP FAIR OAKS VILLAGE GROUP FIRESIDE BOOK STUDY FIRESIDE BOOK STODY FIRST THINGS FIRST GROUP FIT FOR LIFE GROUP FOLSOM BIG BOOK GROUP FOLSOM FRIDAY NIGHT GROUP FOLSOM NOON NEW LIFE FOLSOM SATURDAY MORNING FOLSOM SUNDAY BOOK STUDY GROUP FOLSOM TUESDAY NIGHT MEN'S AA FOLSOM WAY OF LIFE GROUP FORESTHILL BENT NICKEL GROUP FOUNTAIN OF YOUTH GROUP FREEDOM GROUP FRIDAY LUNCH BUNCH FRIDAY NIGHT UNITY GROUP FRIDAY WAY OUT GROUP FRUITVALE GROUP

GIBBONS NOON

GIFTS OF SOBRIETY GNO GIRLS NIGHT OUT GO TO ANY LENGTH GROUP GOOD FOR NOTHING GOOD ORDERLY DIRECTION GREENHAVEN GROUP GROUP NONE GROUP THREE HAPPY CAMPERS HAPPY DESTINY GROUP HAPPY HOUR RANCHO GROUP HELPING HANDS GROUP HIGH FLYERS GROUP INDIAN CHARLIE'S INTO ACTION GROUP IONE COMANCHE GP JAYWALKERS GROUP JOY OF LIVING JUST AA LAND PARK MEN'S MEETING LINCOLN GROUP FRIDAY NIGHT MEETING LINCOLN HILLS GROUP LINCOLN HILLS GROUP LINCOLN THURSDAY NIGHT GROUP LIVING SOBER WOMEN'S GROUP LOOMIS FELLOWSHIP LOOMIS WEDNESDAY BIG BOOK LOOMIS WOMEN'S STEP STUDY MEDITATION WORKSHOP MEN AT WORK MNNYPAA MODEM TO MODEM GROUP MONDAY NIGHT BIG BOOK STUDY MONDAY PM WOMEN GROUP MORE WILL BE REVEALED MORNING BIG BOOK STUDY GROUP MOTHERLODE FWP MYSTIC CHIX GROUP NEW HOPE GROUP NEW LIGHT FELLOWSHIP NEWCASTLE BIG BOOK GP NEWCASTLE FRIDAY NIGHT NORTH AUBURN GROUP NORTH HALL GROUP NUMBER ONE OFFENDERS OAK PARK FELLOWSHIP OAK TREE FELLOWSHIP OLD ELK GROVE FELLOWSHIP ONE DAY AT A TIME GROUP ORANGEVALE 11TH STEP MEDITATION GROUP ORANGEVALE BIG BOOK ORANGEVALE DIG BOOK
ORANGEVALE CAME TO BELIEVE
ORANGEVALE THURSDAY NIGHT MENS 12X12 OVER 50 GROUP PARKING LOT MEETING PATHWAYS TO SPIRITUALITY PEOPLE GOD HAD IN MIND PHOENIX FELLOWSHIP PLACERVILLE SUNRISE ATTITUDE ADJUSTMENT PRIMARY PURPOSE BIG BOOK STUDY PRIMORDIAL OOZE MEN'S BOOK STUDY PROMISE SEEKERS QUARTER TIL YOUNG PEOPLE RANCHO MURIETA GROUP REFLECTIONS IN PAJAMAS RESCUE MEN'S STAG GP RESCUE WOMEN'S MEETING RINGSIDE RECOVERY RIO LINDA FELLOWSHIP RIVER PINES GROUP OF AA ROCKLIN FELLOWSHIP ROCKLIN LEGACY GROUP ROCKLIN YOUNG PEOPLE'S GROUP

ROSEVILLE EASTSIDE GROUP ROSEVILLE FIFTH STREET FWP ROSEVILLE TUESDAY NIGHT GP ROUND TABLE GROUP **RULE 62 ORANGEVALE** SACYPAA SATURDAY MORNING WOMEN'S REFLECTIONS GROUP SECOND CHANCE GROUP SERENITY BOOK & STEP STUDY GP SERENITY ON THE HILL SERENITY SEEKERS (Rancho Cordova) SHARING AND CARING FELLOWSHIP SIERRA STEP SISTERS GROUP SIERRA WEDNESDAY AM GROUP SISTERS IN SOBRIETY SISTERS IN SOLUTION SISTERS OF SOBRIETY (PLACERVILLE) SISTERS OF SOBRIETY GROUP-Rancho SIXTY MINUTE SOLUTION GROUP SMOKIN SOBRIETY GROUP SOBRIETY FIRST SOBRIETY ROCKS SPEAKEASY SPIRITUALLY SPEAKING ORANGEVALE SPRING FLING GROUP STEP 2 MEN'S GROUP STRAIGHT MEN'S GROUP SUNDAY MORNING AA SUNDAY NIGHT RECOVERY HOUR SUNLIGHT OF THE SPIRIT 11TH STEP MED MTG SUNRISE SUNSET GROUP SUNRIVER PARK MEETING SUNSET HAPPY HOUR WOMEN'S GROUP SUNSET SATURDAY SUNSET WEDNESDAY WOMEN SUTTER BUTTES ROUNDUP GROUP TAHOE PARK GROUP THE COLUSA GROUP THE HOW AND THE WHY OF IT MEN'S GROUP THE JOY OF LIVING THE PROMISES GROUP - DIXON THE WELCOME GROUP THE WILLING WOMEN GROUP THURSDAY MORNING BOOK/STEP STUDY GROUP THURSDAY NITE MEN'S GP TRADITIONAL GROUP TRIANGLE GROUP TUESDAY CORDOVA KISS GROUP TUESDAY NIGHT BEGINNERS GROUP TUESDAY NIGHT BYOB AUBURN TUESDAY NIGHT CARMICHAEL
TUESDAY NITE MEN'S AA WE CARE GROUP WE DO RECOVER WEDNESDAY NIGHT YP GROUP WEST SLOPE FELLOWSHIP WEST SLOPE UNITY WHAT A WAY WEEKEND WOMEN'S GROUP WHAT A WAY WEDNESDAY WHEATLAND GROUP WHITE FLAG MEN'S GROUP WINTERS KITCHEN TABLE GROUP WISDOM TO KNOW WOMAN TO WOMAN CONFERENCE WOMAN'S 1212 STUDY GROUP WOMEN IN RECOVERY, PLACERVILLE WOMEN OF EXTRAVAGANT PROMISES
WOMEN SEEKING SERENITY
WOMEN'S STEP STUDY II GROUP WOMENS 5PM GIBBONS WOODLAND ONLINE GROUP WOODLAND TRADITIONAL GP YUBA CITY 329 GROUP

2023

CCFAA Page 12

ROCKLIN RACETRACK GROUP